2026 Regina Friendship Games - 2026-12-05

Regina Fieldhouse

TENATIVE SCHEDULE

Session: 1 Track - Saturday December 5, 2026 - Morning

Day 1 - Saturday 2026-12-05 - Starts at 09:00 AM

	Event		Round
9:00 AM	#11	Girls Open 800 Meter Run U14	Finals
9:10 AM	#12	Boys Open 800 Meter Run U14	Finals
9:20 AM	#29	Girls Open 800 Meter Run U16	Finals
9:30 AM	#30	Boys Open 800 Meter Run U16	Finals
9:40 AM	#79	Women Open 800 Meter Run OPEN	Finals
9:40 AM	#101	Women Open 800 Meter Run MASTERS	Finals
9:50 AM	#80	Men Open 800 Meter Run OPEN	Finals
9:50 AM	#102	Men Open 800 Meter Run MASTERS	Finals
10:00 AM	#73	Women Open 60 Meter Dash OPEN	Prelims
10:10 AM	#74	Men Open 60 Meter Dash OPEN	Prelims
10:20 AM	#95	Women Open 60 Meter Dash MASTERS	Finals
10:25 AM	#96	Men Open 60 Meter Dash MASTERS	Finals
10:30 AM	#45	Women Open 60 Meter Dash U18	Finals
10:35 AM	#46	Men Open 60 Meter Dash U18	Finals
10:40 AM	#23	Girls Open 60 Meter Dash U16	Finals
10:45 AM	#24	Boys Open 60 Meter Dash U16	Finals
10:50 AM	#5	Girls Open 60 Meter Dash U14	Finals
11:00 AM	#6	Boys Open 60 Meter Dash U14	Finals
11:10 AM	#1	Triathlon: #1 Girls Open 60 Meter Dash U12	Finals
11:15 AM	#2	Triathlon: #1 Boys Open 60 Meter Dash U12	Finals
11:25 AM	#73	Women Open 60 Meter Dash OPEN	Finals
11:30 AM	#74	Men Open 60 Meter Dash OPEN	Finals
11:40 AM	#9	Girls Open 300 Meter Dash U14	Finals
11:45 AM	#10	Boys Open 300 Meter Dash U14	Finals
11:50 AM	#27	Girls Open 300 Meter Dash U16	Finals
11:55 AM	#28	Boys Open 300 Meter Dash U16	Finals
12:00 PM	#99	Women Open 300 Meter Dash MASTERS	Finals
12:05 PM	#100	Men Open 300 Meter Dash MASTERS	Finals
12:10 PM	#77	Women Open 300 Meter Dash OPEN	Finals
12:15 PM	#78	Men Open 300 Meter Dash OPEN	Finals

2026 Regina Friendship Games - 2026-12-05

Regina Fieldhouse

TENATIVE SCHEDULE

Session: 2 Track Saturday December 5, 2026 - Afternoon

Day 1 - Saturday 2026-12-05 - Starts at 09:00 AM

	Event		Round
1:00 PM	#84	Men Open 60 Meter Hurdles OPEN	Prelims
1:00 PM	#68	Men Open 60 Meter Hurdles U20	Prelims
1:10 PM	#83	Women Open 60 Meter Hurdles OPEN	Prelims
1:10 PM	#67	Women Open 60 Meter Hurdles U20	Prelims
1:15 PM	#34	Boys Open 60 Meter Hurdles U16	Finals
1:15 PM	#106	Men Open 60 Meter Hurdles MASTERS	Finals
1:25 PM	#33	Girls Open 60 Meter Hurdles U16	Finals
1:25 PM	#105	Women Open 60 Meter Hurdles MASTERS	Finals
1:35 PM	#55	Women Open 60 Meter Hurdles U18	Finals
1:45 PM	#83	Women Open 60 Meter Hurdles OPEN	Finals
1:45 PM	#67	Women Open 60 Meter Hurdles U20	Finals
1:50 PM	#56	Men Open 60 Meter Hurdles U18	Finals
1:55 PM	#68	Men Open 60 Meter Hurdles U20	Finals
1:55 PM	#84	Men Open 60 Meter Hurdles OPEN	Finals
2:00 PM	#3	Girls Open 600 Meter Run U12	Finals
2:05 PM	#4	Boys Open 600 Meter Run U12	Finals
2:10 PM	#13	Girls Open 1200 Meter Run U14	Finals
2:20 PM	#14	Boys Open 1200 Meter Run U14	Finals
2:30 PM	#31	Girls Open 1200 Meter Run U16	Finals
2:40 PM	#32	Boys Open 1200 Meter Run U16	Finals
2:50 PM	#81	Women Open 1500 Meter Run OPEN	Finals
2:50 PM	#103	Women Open 1500 Meter Run MASTERS	Finals
3:00 PM	#82	Men Open 1500 Meter Run OPEN	Finals
3:00 PM	#104	Men Open 1500 Meter Run MASTERS	Finals
3:15 PM	#7	Girls Open 200 Meter Dash U14	Finals
3:25 PM	#8	Boys Open 200 Meter Dash U14	Finals
3:35 PM	#25	Girls Open 200 Meter Dash U16	Finals
3:45 PM	#26	Boys Open 200 Meter Dash U16	Finals
3:55 PM	#75	Women Open 200 Meter Dash OPEN	Finals
3:55 PM	#97	Women Open 200 Meter Dash MASTERS	Finals
4:05 PM	#98	Men Open 200 Meter Dash MASTERS	Finals
4:05 PM	#76	Men Open 200 Meter Dash OPEN	Finals
4:15 PM	#117	Girls Open 4x100 Meter Relay U12	Finals
4:20 PM	#118	Boys Open 4x100 Meter Relay U12	Finals
4:25 PM	#119	Girls Open 4x100 Meter Relay U14	Finals
4:30 PM	#120	Boys Open 4x100 Meter Relay U14	Finals
4:35 PM	#121	Girls Open 4x100 Meter Relay U16	Finals
4:40 PM	#122	Boys Open 4x100 Meter Relay U16	Finals
4:45 PM	#125	Women Open 4x100 Meter Relay OPEN	Finals
4:50 PM	#126	Men Open 4x100 Meter Relay OPEN	Finals

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Regina Fieldhouse

TENATIVE SCHEDULE

Session: 3 Field - Jumps - Saturday December 5, 2026

Day 1 - Saturday 2026-12-05 - Starts at 09:00 AM

		Event	Round
9:00 AM	#1	Triathlon: #2 Girls Open Long Jump U12	Finals
10:00 AM	#2	Triathlon: #2 Boys Open Long Jump U12	Finals
9:00 AM	#17	Girls Open Long Jump U14	Finals
10:15 AM	#18	Boys Open Long Jump U14	Finals
11:30 AM	#39	Girls Open Long Jump U16	Finals
1:00 PM	#40	Boys Open Long Jump U16	Finals
2:15 PM	#89	Women Open Long Jump OPEN	Finals
2:15 PM	#61	Women Open Long Jump U18	Finals
2:15 PM	#111	Women Open Long Jump MASTERS	Finals
3:30 PM	#90	Men Open Long Jump OPEN	Finals
3:30 PM	#62	Men Open Long Jump U18	Finals
3:30 PM	#112	Men Open Long Jump MASTERS	Finals
9:00 AM	#87	Women Open Pole Vault OPEN	Finals
9:00 AM	#109	Women Open Pole Vault MASTERS	Finals
9:00 AM	#59	Women Open Pole Vault U18	Finals
9:00 AM	#37	Girls Open Pole Vault U16	Finals
10:15 AM	#88	Men Open Pole Vault OPEN	Finals
10:15 AM	#110	Men Open Pole Vault MASTERS	Finals
10:15 AM	#60	Men Open Pole Vault U18	Finals
10:15 AM	#38	Boys Open Pole Vault U16	Finals
12:00 PM	#15	Girls Open High Jump U14	Finals
12:00 PM	#35	Girls Open High Jump U16	Finals
12:00 PM	#107	Women Open High Jump MASTERS	Finals
1:15 PM	#85	Women Open High Jump OPEN	Finals
1:15 PM	#57	Women Open High Jump U18	Finals
2:30 PM	#86	Men Open High Jump OPEN	Finals
2:30 PM	#58	Men Open High Jump U18	Finals
3:45 PM	#108	Men Open High Jump MASTERS	Finals
3:45 PM	#36	Boys Open High Jump U16	Finals
3:45 PM	#16	Boys Open High Jump U14	Finals

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TENATIVE SCHEDULE

Session: 4 Field - Throws - Saturday December 5, 2026

Day 1 - Saturday 2026-12-05 - Starts at 09:00 AM

	Event		Round
9:00 AM	#19	Girls Open Shot Put U14	Finals
9:00 AM	#20	Boys Open Shot Put U14	Finals
9:00 AM	#114	Men Open Shot Put MASTERS	Finals
9:00 AM	#113	Women Open Shot Put MASTERS	Finals
10:15 AM	#92	Men Open Shot Put OPEN	Finals
10:15 AM	#70	Men Open Shot Put U20	Finals
10:15 AM	#64	Men Open Shot Put U18	Finals
10:15 AM	#42	Boys Open Shot Put U16	Finals
11:30 AM	#1	Triathlon: #3 Girls Open Shot Put U12	Finals
12:30 PM	#2	Triathlon: #3 Boys Open Shot Put U12	Finals
1:30 PM	#91	Women Open Shot Put OPEN	Finals
1:30 PM	#63	Women Open Shot Put U18	Finals
1:30 PM	#41	Girls Open Shot Put U16	Finals
1:30 PM	#127	Women Open Shot Put Wheelchair Wheelchair	Finals
2:45 PM	#128	Men Open Shot Put Wheelchair Wheelchair	Finals
3:30 PM	#94	Men Open Weight Throw OPEN	Finals
3:30 PM	#116	Men Open Weight Throw MASTERS	Finals
3:30 PM	#72	Men Open Weight Throw U20	Finals
3:30 PM	#66	Men Open Weight Throw U18	Finals
3:30 PM	#44	Boys Open Weight Throw U16	Finals
3:30 PM	#22	Boys Open Weight Throw U14	Finals
4:45 PM	#93	Women Open Weight Throw OPEN	Finals
4:45 PM	#115	Women Open Weight Throw MASTERS	Finals
4:45 PM	#65	Women Open Weight Throw U18	Finals
4:45 PM	#43	Girls Open Weight Throw U16	Finals
4:45 PM	#21	Girls Open Weight Throw U14	Finals