

2026 Outdoor Rankings

Master Women

Time/Dist	Athlete	Date	Location
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50 Metres

6.88	0.0	Kerri Lovelace	82	STFC	06-04-2026	Saskatoon
7.81	0.0	Kelly Silcox	66	SPME	06-04-2026	Saskatoon
8.52	0.0	Muriel Gieni	58	RIVA	06-04-2026	Saskatoon

100 Metres

12.48	1.8	Kerri Lovelace	82	STFC	05-09-2026	Regina
14.23	0.0	Kelly Silcox	66	SPME	07-19-2026	Regina
16.03	1.9	Laurie Hutton	82	EXCL	05-09-2026	Regina
17.52	1.9	Carol LaFayette-Boyd	42	EXCL	05-09-2026	Regina
17.88	1.9	Katherine Borysiuk	53	TNMC	05-09-2026	Regina
45.11	1.9	Gwen Boivin	34	UNSK	05-09-2026	Regina

200 Metres

26.39	0.0	Kerri Lovelace	82	STFC	07-05-2026	Saskatoon
29.01	-0.4	Kate Congreves	87	RIVA	06-14-2026	Saskatoon
30.20	0.2	Kelly Silcox	66	SPME	08-28-2026	Daegu, South Korea
30.38	-0.4	Val Hardy	69	RIVA	06-14-2026	Saskatoon
39.66	0	Katherine Borysiuk	53	TNMC	07-05-2026	Saskatoon
47.31	-0.4	Gladys McCarthy	47	TNMC	06-14-2026	Saskatoon

400 Metres

1:12.96	Val Hardy	69	RIVA	06-13-2026	Saskatoon
1:18.77	Danielle Johnston	65	RWAC	06-13-2026	Saskatoon
1:27.48	Heather Osborne	61	TNMC	05-12-2026	Saskatoon
1:46.09	Katherine Borysiuk	53	TNMC	06-13-2026	Saskatoon
1:58.08	Gladys McCarthy	47	TNMC	06-13-2026	Saskatoon

800 Metres

2:56.53	Danielle Johnston	65	RWAC	08-01-2026	Laval
3:21.04	Lynne Wawryk-Epp	55	RWAC	08-24-2006	Daegu, South Korea
3:27.73	Gwyneth Woodson	51	RIVA	06-13-2026	Saskatoon
3:34.60	Iryna Khovrenkov	81	EXCL	05-09-2026	Regina

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1500 Metres						
6:03.02		Danielle Johnston	65	RWAC	08-01-2026	Laval
6:29.10		Lynne Wawryk-Epp	55	RWAC	06-13-2026	Saskatoon
7:09.94		Gwyneth Woodson	51	RIVA	06-13-2026	Saskatoon
8:42.44		Lynn Gorecki	48	TNMC	06-13-2026	Saskatoon
8:42.87		Judy Warick	49	TNMC	06-13-2026	Saskatoon
3000 Metres						
13:57.39		Lynne Wawryk-Epp	55	RWAC	06-04-2026	Saskatoon
5000 Metres						
27:48.64		Gwyneth Woodson	51	RIVA	08-27-2026	Daegu, South Korea
80m Hurdles						
17.03	0.4	Sandi Arnason	73	RIVA	08-22-2026	Daegu, South Korea
Wind/No Wind						
16.75	3.4	Sandi Arnason	73	RIVA	05-09-2026	Regina
One Mile						
6:32.18		Danielle Johnston	65	RWAC	07-05-2026	Saskatoon
7:44.48		Gwyneth Woodson	51	RIVA	07-05-2026	Saskatoon
High Jump						
1.16m		Sandi Arnason	73	RIVA	05-09-2026	Regina
1.12m		Jo-Ann Kennedy	58	UNSK	06-13-2026	Saskatoon
Pole Vault						
3.14m		Teresa Hill	87	RIVA	07-05-2026	Saskatoon
1.56m		Sandi Arnason	73	RIVA	07-05-2026	Saskatoon

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Long Jump

3.66m	0.0	Sandi Arnason	73	RIVA	05-09-2026	Regina
3.48m	0.7	Muriel Gieni	58	RIVA	05-09-2026	Regina
3.05m	1.8	Carol LaFayette-Boyd	42	EXCL	05-09-2026	Regina
2.87m	0.5	Jo-Ann Kennedy	58	UNSK	05-09-2026	Regina
1.10m	0.2	Gwen Boivin	34	UNSK	05-09-2026	Regina

Wind/No Wind

3.05m	3.2	Jo-Ann Kennedy	58	UNSK	06-13-2026	Saskatoon
1.11m	4.4	Gwen Boivin	34	UNSK	05-09-2026	Regina

Triple Jump

6.28m	0.8	Jo-Ann Kennedy	58	UNSK	05-09-2026	Regina
2.70m	1.4	Gwen Boivin	34	UNSK	05-09-2026	Regina

Shot Put

8.73m		Muriel Gieni	58	RIVA	05-09-2026	Regina
7.47m		Sandi Arnason	73	RIVA	07-05-2026	Saskatoon
7.04m		Gillian Gracie	43	TNMC	05-09-2026	Regina
6.86m		Brenda Hudey	67	EXCL	05-09-2026	Regina
6.51m		Laurie Hayes	60	RWAC	07-05-2026	Saskatoon
6.28m		Marilyn McCloy Cornish	55	TNMC	07-05-2026	Saskatoon
5.84m		Iryna Khovrenkov	81	EXCL	05-09-2026	Regina
3.29m		Gwen Boivin	34	UNSK	05-09-2026	Regina

Athlete with a Disability

6.67m		Tracey Arnold	78	STFC	06-13-2026	Saskatoon
3.76m		Nikita Ens	88	STFC	06-13-2026	Saskatoon

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Discus					
30.25m	Cora Andreas	80	UNSK	05-16-2026	Lethbridge
19.16m	Jean Healey	48	TNMC	06-13-2026	Saskatoon
14.96m	Gillian Gracie	43	TNMC	06-13-2026	Saskatoon
11.61m	Joanne Sorenson	46	TNMC	06-13-2026	Saskatoon
Athlete with a Disability					
17.41m	Tracey Arnold	78	STFC	06-04-2026	Saskatoon
7.14m	Nikita Ens	88	STFC	05-09-2026	Regina
Hammer					
27.51m	Laurie Hayes	60	RWAC	07-05-2026	Saskatoon
23.39m	Jean Healey	48	TNMC	05-09-2026	Regina
21.69m	Caroline Bedier	54	RWAC	06-13-2026	Saskatoon
19.50m	Gillian Gracie	43	TNMC	08-31-2026	Calgary
18.46m	Joanne Sorenson	46	TNMC	06-13-2026	Saskatoon
17.57m	Brenda Hudey	67	EXCL	07-05-2026	Saskatoon
16.56m	Marilyn McCloy Cornish	55	TNMC	06-13-2026	Saskatoon
Javelin					
23.01m	Sandi Arnason	73	RIVA	08-25-2026	Daegu, South Korea
19.29m	Brenda Hudey	67	EXCL	07-05-2026	Saskatoon
14.90m	Caroline Bedier	54	RWAC	07-05-2026	Saskatoon
14.70m	Marilyn McCloy Cornish	55	TNMC	07-05-2026	Saskatoon
11.00m	Gillian Gracie	43	TNMC	06-13-2026	Saskatoon
Athlete with a Disability					
13.31m	Tracey Arnold	78	STFC	08-31-2026	Calgary
6.48m	Nikita Ens	88	STFC	06-13-2026	Saskatoon
Weight Throw					
6.77m	Gillian Gracie	43	TNMC	08-31-2026	Calgary