

2026 Outdoor Rankings

Senior Women

Time/Dist	Athlete	Date	Location
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100 Meters

Provincial Outdoor 11.36 Jun-11-23 Michelle Harrison STFC
 Open Outdoor 11.36 June-11-23 Michelle Harrison STFC

11.67	0.4	Daniella Oyenuga	04	UNSK	04-17-2026	Chester, PA
11.73	1.8	Michelle Harrison	92	STFC	05-09-2026	Regina
12.01	0.8	Selena Keyowski	04	STFC	06-27-2026	Calgary
12.05	0.0	Shelaine Pritchard	04	UofR	07-05-2026	Saskatoon
12.16	0.4	Katiana Gilbert	05	UNSK	05-16-2026	Elon, NC
12.18	2.0	Heidi Branning	01	UofR	05-31-2026	London
12.35	-0.4	Kendyl Dziadyk	05	STFC	06-04-2026	Saskatoon
12.56	1.8	Emnet Nixon	02	UNSK	05-09-2026	Regina
15.84	0.2	Kamryn Brausse	05	RWAC	05-09-2026	Calgary

Wind/No Wind

11.99	2.9	Selena Keyowski	04	STFC	05-26-2026	Saskatoon
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200 Metres

Provincial Outdoor 23.13 Jun-24-01 L. Antoine-Watkins RAT/22.8h May-29-76 J. McTaggart UofS
 Open Outdoor 22.85 Aug-02-81 Angela Taylor ON

23.65	-2.4	Michelle Harrison	92	STFC	07-05-2026	Saskatoon
23.75	0.7	Daniella Oyenuga	04	UNSK	04-17-2026	Chester, PA
23.85	-1.6	Selena Keyowski	04	STFC	06-13-2026	Saskatoon
24.04	1.1	Tayen Werner	06	UNSK	04-16-2026	Long Beach, CA
24.32	1.2	Shelaine Pritchard	04	UofR	06-20-2026	Ottawa
24.48	-1.6	Emma Egert	05	UofS	06-13-2026	Saskatoon
25.12	0.5	Katiana Gilbert	05	UNSK	05-01-2026	Princeton, NJ
25.45	0.5	Heidi Branning	01	UofR	05-31-2026	London
25.91	0.0	Kaidyn Keith	04	UofR	05-31-2026	London
26.09	0.0	Reese Drake	04	STFC	05-12-2026	Saskatoon
26.59	1.5	Jessamy Sundby	02	UofS	06-27-2026	Calgary

Wind/NoWind

25.31	3.3	Heidi Branning	01	UofR	05-09-2026	Regina
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400 Metres

Provincial Outdoor 50.62 Jul-13-25 Savannah Sutherland STFC
 Open Outdoor 50.62 Jul-13-25 Savannah Sutherland STFC

51.21	Savannah Sutherland	03	STFC	07-12-2026	Edmonton
53.90	Avery Pearson	03	RWAC	04-17-2026	Azuza, CA
54.09	Tayen Werner	06	UNSK	04-18-2026	Azuza, CA
56.23	Emma Egert	05	UofS	05-12-2026	Saskatoon
1:01.10	Reese Drake	04	STFC	06-27-2026	Calgary
1:02.40	Abigail Peace	04	RIVA	07-18-2026	Regina

800 Metres

Provincial Outdoor 2:00.88 Aug-14-21 Julianne Labach STFC
 Open Outdoor 2:00.88 Aug-14-21 Julianne Labach STFC

2:00.91	Avery Pearson	03	RWAC	04-17-2026	Azuza, CA
2:09.53	Courtney Hufsmith	98	RWAC	07-25-2026	Calgary
2:18.40	Kyra Shelton	06	STFC	06-04-2026	Saskatoon
2:20.55	Abigail Peace	04	RIVA	07-05-2026	Saskatoon
2:23.40	Shelaine Pritchard	04	UofR	06-20-2026	Ottawa

1500 Metres

Provincial Open 4:10.25 Aug-2-19 Courtney Hufsmith STFC
 Open Outdoor 4:10.25 Aug-2-19 Courtney Hufsmith STFC

4:15.22	Courtney Hufsmith	98	RWAC	08-15-2026	Portland, OR
4:41.77	Jadyn Palaschuk	05	UNSK	03-13-2026	Fullerton, CA
4:49.51	Angelina Beveridge Waric	06	RIVA	06-13-2026	Saskatoon
5:03.69	Kaylee Tymo	00	UofR	05-26-2026	Saskatoon

1 Mile

Provincial Open 4:54.53 Jun-14-08 Kendra Schaaf QCS
 Open Outdoor 4:54.53 Jun-14-08 Kendra Schaaf QCS

4:37.64	Courtney Hufsmith	98	RWAC	09-05-2026	Stirling, Scotland
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3,000 Metres

Provincial Open 9:13.19 Jul-26-09 Danette Doetzel QCS
 Open Outdoor 9:13.19 Jul-26-09 Danette Doetzel QCS

9:34.67	Courtney Hufsmith	98	RWAC	07-04-2026	Quebec City
10:13.96	Angelina Beveridge Waric	06	RIVA	06-04-2026	Saskatoon

5,000 Metres

Provincial Open 15:46.76 May-02-09 Danette Doetzel QCS
 Open Outdoor 15:46.76 May-02-09 Danette Doetzel QCS

17:37.03	Angelina Beveridge Waric	06	RIVA	06-27-2026	Burnaby
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100m Hurdles

Provincial Outdoor 12.74 Jul-24-22 Michelle Harrison STFC
 Open Outdoor 12.74 Jul-24-22 Michelle Harrison STFC

12.86	1.0	Michelle Harrison	92	STFC	07-12-2026	Edmonton
13.63	1.7	Selena Keyowski	04	STFC	07-05-2026	Saskatoon
13.82	2.0	Kendyl Dziadyk	05	STFC	05-26-2026	Saskatoon
14.18	1.4	Shelaine Pritchard	04	UofR	04-10-2026	Santa Clarita, CA
15.83	0.7	Jessamy Sundby	02	UofS	06-27-2026	Calgary

Wind/No Wind

13.57	3.5	Selena Keyowski	04	STFC	05-26-2026	Saskatoon
13.82	3.5	Shelaine Pritchard	04	UofR	05-26-2026	Saskatoon

400m Hurdles

Provincial Outdoor 52.46 Jun-14-25 Savannah Sutherland MICH/STFC
 Open Outdoor 52.46 Jun-14-25 Savannah Sutherland MICH/STFC

54.16	Savannah Sutherland	03	STFC	07-31-2026	Glasgow, Scotland
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High Jump

Provincial Outdoor 1.89m May-30-15 Brianne Theisen-Eaton UNSK
 Open Outdoor 1.89m May-30-15 Brianne Theisen-Eaton UNSK

1.63m	Jocelyn Hanson	06	U of S	06-20-2026	Ottawa
1.50m	Shelaine Pritchard	04	UofR	04-10-2026	Santa Clarita, CA

Long Jump

Provincial Outdoor 6.72m May-31-15 Brianne Theisen-Eaton UNSK
 Open Outdoor 6.72m May-31-15 Brianne Theisen-Eaton UNSK

5.86m	0.6	Shelaine Pritchard	04	UofR	05-09-2026	Regina
5.71m	1.6	Daniella Oyenuga	04	UNSK	04-04-2026	Princeton, NJ

Wind/No Wind

5.87m	3.2	Shelaine Pritchard	04	UofR	06-07-2026	Windsor
5.12m	3.2	Kaidyn Keith	04	UofR	05-09-2026	Regina

Triple Jump

Provincial Outdoor 12.74m Apr-30-94 Tracy Dulmage RAT
 Open Outdoor 12.74m Apr-30-94 Tracy Dulmage RAT

11.59m	1.2	Kaidyn Keith	04	UofR	05-09-2026	Regina
10.37m	1.6	Tira Schafer	05	STFC	06-04-2026	Saskatoon

Shot Put 4kg

Provincial Outdoor 17.88m Apr-04-16 Taryn Suttie UNSK
 Open Outdoor 17.88m Apr-4-16 Taryn Suttie UNSK

13.18m	Shelaine Pritchard	04	UofR	04-10-2026	Santa Clarita, CA
10.74m	Paige Rolles	06	RWAC	06-13-2026	Saskatoon
10.54m	Jessamy Sundby	02	UofS	06-27-2026	Calgary
7.06m	Kamryn Brausse	05	RWAC	07-05-2026	Saskatoon

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Shot Put - Cont'd

Athlete with a Disability

6.35m	Claire Norek	05	STFC	07-05-2026	Saskatoon
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Discus 1kg

Provincial Outdoor 57.70m Sep-08-88 Gale Dolegiewicz TMSK
 Open Outdoor 57.70m Sep-08-88 Gale Dolegiewicz TMSK

Athlete with a Disability

19.21m	Claire Norek	05	STFC	06-20-2026	Ottawa
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Hammer 4kg

Provincial Outdoor 61.74m Jun-18-06 Megan Reid STFC
 Open Outdoor 62.15m Aug-9-09 Heather Steacy TM AB

19.68m	Kamryn Brausse	05	RWAC	06-13-2026	Saskatoon
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Javelin 600g

Provincial Outdoor 52.30m Jul-27-94 Stephanie Proctor UNSK
 Open Outdoor 57.76m Jun-14-81 Tessa Sanderson GBR

36.01m	Shelaine Pritchard	04	UofR	05-09-2026	Regina
28.89m	Jessamy Sundby	02	UofS	06-27-2026	Calgary

Heptathlon

Provincial Outdoor 6808 pts 05-31-15 Brianne Theisen-Eaton UNSK
 Open Outdoor 6808 pts 05-31-15 Brianne Theisen-Eaton UNSK

5373pts	Shelaine Pritchard	04	UofR	04-10-2026	Santa Clarita, CA
100mH - 13.94/HJ - 1.50m/SP - 12.18m/24.39 - 200m LJ - 5.86m/JT - 36.01m/800m - 2:25.52					

