

Saskatchewan Athletics Masters Women Road Running Records

As of June 24, 2026

Women 30-34

| Distance | Time | Name | Date | Event | Location |
|---------------|---------|-----------------|-----------|--------------------------|--------------------|
| Road Mile | | | | | |
| 5km | 18:16 | Hailey Thompson | 22-Sep-24 | Step Up Run 5km | Saskatoon, SK, CAN |
| 10km | 39:36 | Hailey Thompson | 16-Jun-24 | Manitoba Marathon 10km | Winnipeg, MB, CAN |
| Half Marathon | 1:28:37 | Hailey Thompson | 17-Aug-25 | Edmonton Marathon 21.1km | Edmonton, AB, CAN |
| Marathon | | | | | |

Women 35-39

| Distance | Time | Name | Date | Event | Location |
|---------------|---------|------------------|-----------|---------------------------|--------------------|
| Road Mile | | | | | |
| 5km | 23:29 | Adrienne Vangool | 26-May-24 | Saskatchewan Marathon 5km | Saskatoon, SK, CAN |
| 10km | 33:30 | Danette Sheehan | 17-May-26 | Sydney 10, Olympic Park | Sydney, AUS |
| Half Marathon | 1:14:01 | Danette Sheehan | 25-Apr-26 | Ballarat Road Races | Ballarat, AUS |
| Marathon | | | | | |

Women 40-44

| Distance | Time | Name | Date | Event | Location |
|---------------|---------|--------------|-----------|------------------------------|--------------------|
| Road Mile | | | | | |
| 5km | 19:09 | Brandi Venne | 16-Jul-24 | Sunset 5km Series Race 2 | Saskatoon, SK, CAN |
| 10km | 39:19 | Brandi Venne | 22-Sep-24 | Step Up Run 10km | Saskatoon, SK, CAN |
| Half Marathon | 1:23:59 | Brandi Venne | 26-May-24 | Saskatchewan Marathon 21.1km | Saskatoon, SK, CAN |
| Marathon | 2:51:01 | Robyn Luthi | 03-Nov-24 | NYC Marathon | New York, NY, USA |

Women 45-49

| Distance | Time | Name | Date | Event | Location |
|---------------|---------|----------------|-----------|------------------------------|--------------------|
| Road Mile | | | | | |
| 5km | | | | | |
| 10km | 49:39 | Sarah Williams | 25-May-25 | Saskatchewan Marathon 10km | Saskatoon, SK, CAN |
| Half Marathon | 1:48:28 | Amber Rollack | 31-May-26 | Saskatchewan Marathon 21.1km | Saskatoon, SK, CAN |

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|----------|--|--|--|--|--|
| Marathon | | | | | |
|----------|--|--|--|--|--|

Women 50-54

| Distance | Time | Name | Date | Event | Location |
|---------------|-------|----------------|-----------|------------------|--------------------|
| Road Mile | | | | | |
| 5km | 24:15 | Tracy Fisher | 11-May-24 | Royal Road Race | Regina, SK, CAN |
| 10km | 49:12 | Yuka Yamaguchi | 27-Apr-24 | Run Your Ice Off | Saskatoon, SK, CAN |
| Half Marathon | | | | | |
| Marathon | | | | | |

Women 55-59

| Distance | Time | Name | Date | Event | Location |
|---------------|-------|----------------|-----------|------------------|--------------------|
| Road Mile | | | | | |
| 5km | 25:51 | Valerie Hardy | 22-Sep-24 | Step Up Run 5km | Saskatoon, SK, CAN |
| 10km | 54:41 | Lisa Pasishnik | 22-Sep-24 | Step Up Run 10km | Saskatoon, SK, CAN |
| Half Marathon | | | | | |
| Marathon | | | | | |

Women 60-64

| Distance | Time | Name | Date | Event | Location |
|---------------|---------|----------------|-----------|------------------------------|--------------------|
| Road Mile | | | | | |
| 5km | 23:50 | Jan Smith | 26-May-24 | Saskatchewan Marathon 5km | Saskatoon, SK, CAN |
| 10km | 50:25 | Colleen Walker | 25-May-25 | Saskatchewan Marathon 10km | Saskatoon, SK, CAN |
| Half Marathon | 1:49:33 | Colleen Walker | 26-May-24 | Saskatchewan Marathon 21.1km | Saskatoon, SK, CAN |
| Marathon | | | | | |

Women 65-69

| Distance | Time | Name | Date | Event | Location |
|---------------|-------|-----------|-----------|---------------------------|--------------------|
| Road Mile | | | | | |
| 5km | 23:31 | Jan Smith | 25-May-25 | Saskatchewan Marathon 5km | Saskatoon, SK, CAN |
| 10km | 52:00 | Jan Smith | 10-May-25 | Royal Road Race | Regina, SK, CAN |
| Half Marathon | | | | | |
| Marathon | | | | | |

Women 70-74

| Distance | Time | Name | Date | Event | Location |
|---------------|---------|------------------|-----------|------------------------------|--------------------|
| Road Mile | 7:18 | Lynne Wawryk-Epp | 20-Sep-25 | Montreal Marathon 1 Mile | Montreal, QC, CAN |
| 5km | 24:42 | Lynne Wawryk-Epp | 25-May-25 | Saskatchewan Marathon 5km | Saskatoon, SK, CAN |
| 10km | 52:57 | Gwyneth Woodson | 25-May-25 | Saskatchewan Marathon 10km | Saskatoon, SK, CAN |
| Half Marathon | 2:01:23 | Ali Bergeron | 26-May-24 | Saskatchewan Marathon 21.1km | Saskatoon, SK, CAN |
| Marathon | | | | | |

Women 75-79

| Distance | Time | Name | Date | Event | Location |
|---------------|---------|-----------------|-----------|----------------------------|--------------------|
| Road Mile | | | | | |
| 5km | 26:57 | Gwyneth Woodson | 31-May-26 | Saskatchewan Marathon 5km | Saskatoon, SK, CAN |
| 10km | 1:13:11 | Jean Healey | 26-May-24 | Saskatchewan Marathon 10km | Saskatoon, SK, CAN |
| Half Marathon | | | | | |
| Marathon | | | | | |

Women 80-84

| Distance | Time | Name | Date | Event | Location |
|---------------|------|------|------|-------|----------|
| Road Mile | | | | | |
| 5km | | | | | |
| 10km | | | | | |
| Half Marathon | | | | | |
| Marathon | | | | | |

Women 85-89

| Distance | Time | Name | Date | Event | Location |
|---------------|------|------|------|-------|----------|
| Road Mile | | | | | |
| 5km | | | | | |
| 10km | | | | | |
| Half Marathon | | | | | |
| Marathon | | | | | |

Women 90-94

| Distance | Time | Name | Date | Event | Location |
|---------------|------|------|------|-------|----------|
| Road Mile | | | | | |
| 5km | | | | | |
| 10km | | | | | |
| Half Marathon | | | | | |
| Marathon | | | | | |