

2026 Canadian Track & Field Championships - 2026-06-17 to 2026-06-21
Results

Women Shot Put Seated Throws

Name	Year	Team	Finals	
Finals				
1 T72/F33 O'Brien, Kate	88	WC Race Seri	J6.96m	RAZA 940
	5.81m	5.96m 6.53m 6.96m 6.91m 6.19m		
2 F56 Robichaud, Christel	92	Aetos Athlet	J6.66m	RAZA 731
	6.53m	6.40m 6.66m 6.52m 6.58m 6.34m		
3 F55 Nnaji, Patricia F54	77	London Weste	J6.31m	RAZA 716
	5.91m	6.09m 6.15m 6.11m 5.82m 6.31m		
4 F56 Arnold, Tracey	78	Saskatoon TF	J6.15m	RAZA 622
	6.15m	6.12m 6.02m 6.13m 6.05m 5.90m		
5 F34 DesRoches, Valerie F	84	C.A. Univ. L	J5.80m	RAZA 502
	5.58m	5.74m 5.40m 5.45m 5.80m 5.64m		
6 F34 Lee, Joanne F34	98	Cruisers Spo	J5.65m	RAZA 466
	5.29m	5.16m 5.65m 5.60m 5.44m 5.51m		
7 F33 Fanizza, Amanda	95	Saint-Lauren	J4.49m	RAZA 377
	4.05m	4.26m 3.99m 4.49m 4.28m 3.98m		
8 F34 Meunier, Karine	81	Saint-Lauren	J4.89m	RAZA 290
	4.88m	4.73m 4.87m 4.40m 4.89m 4.64m		
9 F57 Norek, Claire	05	Saskatoon TF	J6.16m	RAZA 277
	5.86m	6.16m 6.02m 5.96m 5.95m 5.97m		

Women Discus Throw Seated Throws

Name	Year	Team	Finals	
1 F34 DesRoches, Valerie F	84	C.A. Univ. L	J16.99m	RAZA 700
	16.07m	16.99m FOUL FOUL 15.75m 16.20m		
2 F56 Robichaud, Christel	92	Aetos Athlet	J17.55m	RAZA 680
	16.53m	16.52m 16.32m 17.55m FOUL 16.47m		
3 F33 Fanizza, Amanda	95	Saint-Lauren	J11.25m	RAZA 659
	10.21m	10.13m 9.98m 10.04m 10.30m 11.25m		
4 F55 Nnaji, Patricia F54	77	London Weste	J15.83m	RAZA 448
	15.83m	13.06m FOUL 15.02m 10.22m 12.08m		
5 F34 Lee, Joanne F34	98	Cruisers Spo	J13.39m	RAZA 419
	10.23m	12.66m 12.93m 13.03m 12.86m 13.39m		
6 F57 Norek, Claire	05	Saskatoon TF	J19.21m	RAZA 399
	17.29m	19.21m 18.27m 17.06m 16.61m 18.07m		
7 F56 Arnold, Tracey	78	Saskatoon TF	J13.34m	RAZA 363
	11.36m	13.21m 13.34m 11.26m 12.78m 12.98m		
8 F52 Sandoval Gustafs, Ma	50	Cruisers Spo	J7.41m	RAZA 227
	7.41m	7.25m 7.21m 6.95m 6.96m 7.29m		
9 F34 Meunier, Karine	81	Saint-Lauren	J9.29m	RAZA 117
	FOUL	9.29m 8.12m 6.26m 9.13m 8.00m		

Women Javelin Throw Seated Throws

Name	Year	Team	Finals	
1 F33 Fanizza, Amanda	95	Saint-Lauren	J9.11m	RAZA 434
	9.11m	8.58m 7.79m 8.93m 8.34m FOUL		
2 F34 DesRoches, Valerie F	84	C.A. Univ. L	J10.74m	RAZA 242
	9.27m	9.26m 10.74m 9.75m 9.85m FOUL		
3 F56 Arnold, Tracey	78	Saskatoon TF	J11.79m	RAZA 213
	10.90m	11.65m 11.12m 11.79m 11.27m 11.44m		
4 F56 Robichaud, Christel	92	Aetos Athlet	J10.72m	RAZA 145
	10.61m	10.43m 10.56m 9.69m 10.72m 10.40m		
5 F34 Meunier, Karine	81	Saint-Lauren	J8.90m	RAZA 113
	7.74m	7.92m 7.80m FOUL 8.48m 8.90m		

6 F52 Sandoval Gustafs, Ma 50 Cruisers Spo 35.12m RAZA 106
 4.68m 4.86m 4.95m 4.93m 4.94m 5.12m

Women 100 Meter Dash Wheelchair Frame Running

Name	Year Team	Finals	Wind
1 T72/F33 O'Brien, Kate	88 WC Race Seri	17.18	3.0

Women 100 Meter Dash Wheelchair

Top 8 Advance by Time

Name	Year Team	Prelims	Wind
Preliminaries			
1 T53 Lewis, Jessica T53	93 BC Unattache	16.08q	1.6 RAZA 982
2 T54 Sharma, Nandini T54	97 ON Unattache	17.09q	1.6 RAZA 817
3 T54 Vujicic, Isabella	11 Cruisers Spo	19.84q	1.6 RAZA 270
4 T54 Volkman, Britney T54	01 Green And Go	19.95q	1.6 RAZA 251
5 T54 Redwood, Lauren T54	02 Cruisers Spo	21.19q	1.6 RAZA 93

Women 100 Meter Dash Wheelchair

Name	Year Team	Finals	Wind
Finals			
1 T53 Lewis, Jessica T53	93 BC Unattache	J16.06	1.9 RAZA 984
2 T54 Sharma, Nandini T54	97 ON Unattache	J16.69	1.9 RAZA 885
3 T54 Volkman, Britney T54	01 Green And Go	J20.26	1.9 RAZA 203
4 T54 Vujicic, Isabella	11 Cruisers Spo	J20.44	1.9 RAZA 177
5 T54 Redwood, Lauren T54	02 Cruisers Spo	J21.56	1.9 RAZA 64

Women 200 Meter Dash Wheelchair

Name	Year Team	Finals	Wind
1 T54 Vujicic, Isabella	11 Cruisers Spo	38.22	1.2

Women 400 Meter Dash Wheelchair

Name	Year Team	Prelims
Top 8 Advance by Time		
Preliminaries		
1 T54 Volkman, Britney T54	01 Green And Go	1:16.35q RAZA 60
2 T54 Vujicic, Isabella	11 Cruisers Spo	1:16.78q RAZA 54
-- T54 Redwood, Lauren T54	02 Cruisers Spo	DQ WPA 18.5
-- T53 Lewis, Jessica T53	93 BC Unattache	DQ WPA 18.5
-- T54 Sharma, Nandini T54	97 ON Unattache	DQ WPA 18.5

Women 400 Meter Dash Wheelchair

Name	Year Team	Finals
Finals		
1 T54 Volkman, Britney T54	01 Green And Go	J1:20.75 RAZA 19
2 T54 Vujicic, Isabella	11 Cruisers Spo	J1:41.45 RAZA 0

Women 800 Meter Run Wheelchair

Name	Year Team	Finals
Finals		
1 T54 Vujicic, Isabella	11 Cruisers Spo	2:43.26 RAZA 16
1:21.925 (1:21.925)	2:43.260 (1:21.335)	
2 T54 Volkman, Britney T54	01 Green And Go	2:47.63 RAZA 8

1:21.373 (1:21.373)

2:47.630 (1:26.257)

Women 1500 Meter Run Wheelchair

Name	Year Team	Finals
1 T54 Redwood, Lauren T54	02 Cruisers Spo	5:47.14 RAZA 0
1:03.362 (1:03.362)	2:30.053 (1:26.692)	4:05.649 (1:35.596)
5:47.139 (1:41.490)		
2 T54 Volkman, Britney T54	01 Green And Go	6:08.34 RAZA 0
1:04.737 (1:04.737)	2:34.536 (1:29.800)	4:19.193 (1:44.658)
6:08.334 (1:49.141)		

Women 100 Meter Dash Ambulatory

Top 8 Advance by Time

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 T47 Dunbar, Chloe	09 Crown Athlet	12.48q	0.2	3 RAZA 943
2 T64 Papaconstantinou, Ma	99 ON Unattache	J13.22q	+0.0	2 RAZA 848
3 T47 Haase, Sheriauna T47	06 ON Unattache	J12.96q	0.2	3 RAZA 843
4 T38 White, Madison	03 Ottawa Lions	17.42q	0.1	1 RAZA 38

Women 100 Meter Dash Ambulatory

Name	Year Team	Finals	Wind
Finals			
1 T47 Dunbar, Chloe	09 Crown Athlet	J12.27	3.6 RAZA 980
2 T47 Haase, Sheriauna T47	06 ON Unattache	J12.49	3.6 RAZA 941
3 T64 Papaconstantinou, Ma	99 ON Unattache	J13.00	3.6 RAZA 895
4 T38 White, Madison	03 Ottawa Lions	J17.41	3.6 RAZA 38

Women 200 Meter Dash Ambulatory

Top 8 Advance by Time

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 T47 Dunbar, Chloe	09 Crown Athlet	25.65q	1.4	4 RAZA 937
2 T46 Rummery, Amanda T46	97 Green And Go	26.78q	1.3	1 RAZA 823
3 T64 Papaconstantinou, Ma	99 ON Unattache	27.67q	1.4	3 RAZA 773
4 T38 Thirsk, Natalie T38	02 Edmonton Roy	28.83q	1.3	1 RAZA 762
5 T47 Martel, Léa	04 Sherbrooke	30.05q	1.3	1 RAZA 413
6 T38 White, Madison	03 Ottawa Lions	36.82q	1.3	1 RAZA 71

Women 200 Meter Dash Ambulatory

Name	Year Team	Finals	Wind
Finals			
1 T47 Dunbar, Chloe	09 Crown Athlet	J25.22	0.6 RAZA 974
2 T46 Rummery, Amanda T46	97 Green And Go	J26.60	0.6 RAZA 843
3 T64 Papaconstantinou, Ma	99 ON Unattache	J27.30	0.6 RAZA 815
4 T38 Thirsk, Natalie T38	02 Edmonton Roy	J29.29	0.6 RAZA 709
5 T47 Martel, Léa	04 Sherbrooke	J30.18	0.6 RAZA 397
6 T38 White, Madison	03 Ottawa Lions	J36.66	0.6 RAZA 41

Women 400 Meter Dash Ambulatory

Name	Year Team	Finals
1 T38 Thirsk, Natalie T38	02 Edmonton Roy	1:07.19 RAZA 661

Women Long Jump Ambulatory

Name	Year Team	Finals	Wind
1 T38 Rissling, Tianna	93 Caltaf Athle	4.08m	1.1
4.08m(1.1) FOUL	3.89m(1.5) 3.77m(0.8) 3.59m(1.3) 3.71m(0.4)		

Women Shot Put Ambulatory

Name	Year Team	Finals
1 F46 Pegg, Katie	04 NS Unattache	J11.97m RAZA 982
11.40m 11.19m 11.17m 11.97m 11.13m 11.43m		
2 F41 Bolton, Charlotte F4	03 Sisu Throws	J9.14m RAZA 900
8.54m 8.64m 8.90m 9.14m 8.94m FOUL		
3 F64 Franceschini, Addisy	07 Lakehead Tra	J9.85m RAZA 869
9.24m 9.85m FOUL 9.32m FOUL		
4 F37 Hiltz, Carleigh	92 Truro Lions	J10.51m RAZA 843
10.51m 9.96m 10.17m 10.29m 10.15m 9.95m		
5 F46 Edwards, Jasmyn	93 Caltaf Athle	J8.40m RAZA 540
7.96m 7.79m 7.79m 8.40m 8.03m 7.73m		
6 F37 Calovini, Laura F37	01 Cruisers Spo	J8.28m RAZA 519
8.21m 7.95m 7.87m 8.07m 8.28m 8.00m		
7 F20 Langdale, Torie F20	98 Green And Go	J7.31m RAZA 175
7.31m 6.92m 7.17m 7.11m 7.21m 7.21m		

Women Discus Throw Ambulatory

Name	Year Team	Finals
1 F38 Foessel, Renee F38	95 ON Unattache	J34.65m RAZA 912
34.65m 33.85m 32.52m 31.48m 33.70m 31.85m		
2 F41 Bolton, Charlotte F4	03 Sisu Throws	J28.71m RAZA 824
28.71m FOUL 26.92m 26.27m 27.73m 27.94m		
3 F64 Franceschini, Addisy	07 Lakehead Tra	J32.04m RAZA 778
29.94m 31.73m 27.02m 31.36m 24.87m 32.04m		
4 F37 Calovini, Laura F37	01 Cruisers Spo	J22.19m RAZA 499
22.19m 21.48m 19.54m 21.49m 20.76m 19.98m		

Women Javelin Throw Ambulatory

Name	Year Team	Finals
1 T13 Renneberg, Ash	05 Vancouver Th	32.29m
FOUL 32.29m FOUL 25.42m FOUL FOUL		

Women 100 Meter Dash U20 Qualifying

Top 8 athletes advance

Canadian: @ 11.21 1981-08-15 Angela Bailey, UTTC

Championship: # 11.38 2024-06-28 Jorai Oppong-Nketiah, Ottawa Lions

Name	Year Team	Finals	Wind	H#
1 Tapa, Athéa-Faye	10 Gatineau	12.05	-0.3	3
2 Kadji Majo, Kayla Divine	10 Saint-Jean O	12.06	-0.6	2
3 Johnson, Aliina	08 Caltaf Athle	12.08	-0.3	3
4 ^dekpo, Maël D.	08 Vainqueurs P	12.33	-0.3	3
5 Smikle, Shaniece	07 ASEA	12.37	-0.3	3 12.364
6 Jean, Sasha	09 Athlétisme L	12.37	-0.6	2 12.367
7 Cloutier, Kali	07 Speed Academ	12.46	-0.6	2
8 Huang, Asia Lu	07 Vainqueurs P	12.52	-0.3	3
9 Saïd, Ève	07 C.A. Univ. L	12.54	-0.3	3 12.535
10 Self, Makenna	07 Coquitlam Ch	12.54	-0.3	3 12.536
11 Inniss, Gabriella	09 Quest Sports	12.59	0.9	1 12.586
12 Malcolm, Arianna	07 Motown Athle	12.59	-0.6	2 12.590

13	Duffus, Olivia	08	Saint John R	12.61	-0.6	2	
14	Dendani-Ramirez, Sarah	08	Corsaire-Cha	12.69	0.9	1	
15	Basque, Maude Camille	07	Aetos Athlet	12.75	0.9	1	
16	Emanuel, Raelynn	08	Monte Cristo	12.83	0.9	1	
17	Castonguay, Naomie	07	Corsaire-Cha	12.95	-0.6	2	
18	Bouchard, Florence	08	Athlétisme R	12.98	0.9	1	
19	MacKinnon, Isabelle	07	Islanders Tr	13.36	0.9	1	13.351
20	Buffone, Livia	09	Ottawa Lions	13.36	-0.6	2	13.356

Women 200 Meter Dash U20 Qualifying

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Top 6 athletes advance

Canadian: @ 22.86 1981-08-14 Angela Bailey, UTTC

Championship: # 23.51 2022 Ella Clayton

Name	Year	Team	Finals	Wind	H#		
1	Baptiste, Pradjie Sarah	09	Gatineau	24.55	0.9	4	
2	Lofstrom, Kaylie	10	Okanagan Ath	24.74	0.8	6	
3	Marles, Cali	07	Windsor Legi	25.01	0.8	6	
4	Johnson, Aliina	08	Caltaf Athle	25.02	0.8	6	
5	MacVicar, Lillian	07	Islanders Tr	25.06	1.2	5	
6	Malo, Ariane	08	Sherbrooke	25.09	0.8	6	
7	Mostowy, Siena	08	Okanagan Ath	25.11	0.8	6	
8	Gravesande, Simone	08	Hamilton Oly	25.21	0.8	6	
9	Jean, Sasha	09	Athlétisme L	25.35	1.2	5	
10	Gervais, Emilie	09	Laurel Creek	25.46	1.2	5	
11	Hutcheson, Mackenzie	08	Laurel Creek	25.59	0.8	6	
12	Bugbee, Anna	08	Caltaf Athle	25.60	1.0	3	
13	Moumou, Ghina	09	Athlétisme L	25.64	1.4	2	25.632
14	Cloutier, Kali	07	Speed Academ	25.64	1.2	5	25.635
15	Gauvin Jonckea, Nikita	08	Sherbrooke	25.74	1.0	3	
16	Brown, Olivia	08	Saint John R	25.79	1.0	3	
17	Castonguay, Naomie	07	Corsaire-Cha	25.81	1.2	5	
18	Saïd, Ève	07	C.A. Univ. L	25.93	0.9	4	25.925
19	Tobac, Kate	09	Winnipeg Opt	25.93	0.9	4	25.926
20	Kulik, Milena	07	Track North	25.94	1.4	2	
21	Pollydore, Kimara	07	Speed Academ	25.99	0.9	4	
22	Cheam, Jordan	10	Laurel Creek	26.04	1.2	5	
23	Ambeau, Taylor	08	Royal City A	26.06	0.9	4	
24	Duffus, Olivia	08	Saint John R	26.26	1.4	2	
25	Inniss, Gabriella	09	Quest Sports	26.27	1.0	3	
26	Rubio, Sienna	08	Saint-Lauren	26.31	0.9	4	
27	Kowalchuk, Ally	07	Winnipeg Opt	26.37	1.4	2	26.361
28	Bergeron, Soléanne	08	Corsaire-Cha	26.37	1.0	3	26.368
29	Basque, Maude Camille	07	Aetos Athlet	26.46	1.0	3	
30	Batangdon, Norah	09	Gatineau	26.60	1.0	3	
31	Paul, Jade	10	Speed Academ	26.67	1.2	5	
32	Daye, Kelis	07	Brantford T.	26.84	0.9	4	
33	Mani, Anissah	08	Corsaire-Cha	26.87	1.4	2	
34	Buffone, Livia	09	Ottawa Lions	26.93	0.9	4	
35	Dendani-Ramirez, Sarah	08	Corsaire-Cha	26.98	1.0	3	
36	Ryan, Saphira	09	Speed Academ	27.00	1.5	1	
37	Nousten Kamko, Maria Kim	08	Athlétisme L	27.10	1.4	2	
38	Heard, Danielle	07	ON Unattache	27.12	1.4	2	
39	Green Kopeck, Claire	07	Monte Cristo	27.36	1.5	1	
40	Audet, Florence	08	Corsaire-Cha	27.39	1.5	1	
41	MacKinnon, Isabelle	07	Islanders Tr	27.63	1.5	1	
42	Schmidhuber, Hanna	08	Laurel Creek	27.70	1.4	2	

Women 400 Meter Dash U20 Qualifying

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Top 4 athletes advance

Canadian: @ 51.85 1984-07-25 Jillian Richardson

Championship: # 52.30 2014 Madeline Price

Name	Year	Team	Finals	H#
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1	Sinclair, Audree	09	ASEA	56.12	3	
2	MacVicar, Lillian	07	Islanders Tr	56.61	3	
3	Rubio, Sienna	08	Saint-Lauren	57.43	3	
4	Zwolinski, Patrycja	07	Royal City A	57.68	2	
5	Tobac, Kate	09	Winnipeg Opt	57.72	3	
6	Malo, Ariane	08	Sherbrooke	58.25	3	
7	Omorogbe, Anya	08	Calgary Warr	58.27	2	
8	Pollydore, Kimara	07	Speed Academ	58.41	2	
9	Syncox, Amanda	08	Airblastoff	58.46	3	
10	Ambeau, Taylor	08	Royal City A	58.90	2	
11	Kowalchuk, Ally	07	Winnipeg Opt	59.01	3	
12	Daye, Kelis	07	Brantford T.	59.24	3	
13	Mortimer, Felicia	07	Saint John R	59.54	2	
14	Catireu, Paula	07	Athlétisme L	59.63	2	
15	Sakiyama, Autumn	10	Ottawa Lions	1:00.24	1	1:00.236
16	Zhu, Sophia	10	Club Allianc	1:00.24	1	1:00.238
17	Ryan, Saphira	09	Speed Academ	1:00.33	1	
18	Browne, Lillianna	08	Calgary Inte	1:00.45	1	
19	Gauvin Jonckea, Nikita	08	Sherbrooke	1:01.64	2	

Women 800 Meter Run U20 Qualifying

Top 15 athletes advance					
Canadian: @ 2:02.38 2026-05-30 Chloe Symon, TBIR					
Championship: # 2:04.89 2013 Vanessa McLeod					
Name	Year	Team	Finals	H#	
1	Harris, Ruby	07	Athletics Ea	2:14.29	3
	1:05.848 (1:05.848)		2:14.290 (1:08.443)		
2	Provencher, Maéva	08	Jakours Athl	2:16.12	3
	1:06.076 (1:06.076)		2:16.112 (1:10.036)		
3	Williams, Haley	09	Durham Drago	2:16.17	3
	1:06.870 (1:06.870)		2:16.163 (1:09.294)		
4	Battershill-Azimyt, Zari	08	Club Allianc	2:19.47	3
	1:07.350 (1:07.350)		2:19.470 (1:12.121)		
5	Mortimer, Felicia	07	Saint John R	2:19.61	2
	1:10.544 (1:10.544)		2:19.607 (1:09.064)		
6	Lambert, Élodie	09	Zénix De La	2:19.62	2
	1:10.791 (1:10.791)		2:19.615 (1:08.824)		
7	Sakiyama, Autumn	10	Ottawa Lions	2:20.30	2
	1:10.301 (1:10.301)		2:20.298 (1:09.998)		
8	Iwano-Rivers, Natsuki	07	Boardwalk RC	2:20.35	2
	1:10.413 (1:10.413)		2:20.349 (1:09.937)		
9	Dewar, Shannon	08	Ottawa Lions	2:21.96	3
	1:06.519 (1:06.519)		2:21.951 (1:15.432)		
10	Fleury, Élisabeth	07	Gatineau	2:22.13	2
	1:10.829 (1:10.829)		2:22.128 (1:11.299)		
11	Lange, Jersey	08	Riversdale A	2:22.37	1
	1:09.053 (1:09.053)		2:22.369 (1:13.316)		
12	Bardon, Amélie	08	Élite Distan	2:22.38	3
	1:08.493 (1:08.493)		2:22.379 (1:13.886)		
13	Browne, Lillianna	08	Calgary Inte	2:22.64	1
	1:08.764 (1:08.764)		2:22.635 (1:13.871)		
14	Villeneuve, Ciara	07	Ottawa Lions	2:22.97	2
	1:10.739 (1:10.739)		2:22.969 (1:12.230)		
15	Hunte, Alexane	07	Athlétisme R	2:23.12	3
	1:07.854 (1:07.854)		2:23.113 (1:15.259)		
16	McIntyre, Sophia	07	Ottawa Lions	2:23.78	3
	1:08.261 (1:08.261)		2:23.772 (1:15.511)		
17	Gordon, Erika	07	Monte Cristo	2:24.31	3
	1:08.446 (1:08.446)		2:24.306 (1:15.860)		
18	Savignac, Flavie	08	C.A. Univ. L	2:25.64	2
	1:10.103 (1:10.103)		2:25.631 (1:15.529)		
19	Lipari, Daphné	07	Gatineau	2:26.12	1

20 Tymko, Petra	1:09.635 (1:09.635)	07 AB Unattache	2:26.115 (1:16.480)	2:27.84	1
	1:10.491 (1:10.491)		2:27.839 (1:17.348)		
21 Mailloux, Amélie	1:12.083 (1:12.083)	08 Élite Distan	2:29.512 (1:17.430)	2:29.52	1
	1:12.083 (1:12.083)		2:29.512 (1:17.430)		
22 Weber, Anaka	1:10.896 (1:10.896)	07 Capital City	2:30.171 (1:19.276)	2:30.18	2
	1:10.896 (1:10.896)		2:30.171 (1:19.276)		
23 Lyons, Waverley	1:11.756 (1:11.756)	07 Ottawa Lions	2:31.408 (1:19.652)	2:31.41	1
	1:11.756 (1:11.756)		2:31.408 (1:19.652)		
24 Hutt, Elissande	1:09.332 (1:09.332)	08 Ottawa Lions	2:31.425 (1:22.093)	2:31.43	1
	1:09.332 (1:09.332)		2:31.425 (1:22.093)		
25 Koffi, Gabrielle	1:11.421 (1:11.421)	08 Élite Distan	2:34.061 (1:22.641)	2:34.07	1
	1:11.421 (1:11.421)		2:34.061 (1:22.641)		

Women 1500 Meter Run U20 Qualifying

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Top 14 athletes advance

Canadian: @ 4:06.71 1972-09-04 Glenda Reiser
 Championship: # 4:18.53 2013 Julia Zrinyi

Name	Year	Team	Finals	H#
1 Einarson, Sarah	10	Saint-Lauren	4:45.05	2
			1:01.043 (1:01.043)	
			2:17.838 (1:16.796)	
			3:34.331 (1:16.494)	
			4:45.043 (1:10.712)	
2 De Smet, Annika	08	Winnipeg Opt	4:45.74	2
			1:00.170 (1:00.170)	
			2:17.207 (1:17.037)	
			3:33.625 (1:16.418)	
			4:45.736 (1:12.112)	
3 Iwano-Rivers, Natsuki	07	Boardwalk RC	4:47.08	1
			57.030 (57.030)	
			2:15.910 (1:18.880)	
			3:32.644 (1:16.734)	
			4:47.073 (1:14.430)	
4 Chaudhry, Zaira	07	Boardwalk RC	4:47.39	1
			56.603 (56.603)	
			2:15.401 (1:18.798)	
			3:32.803 (1:17.402)	
			4:47.381 (1:14.578)	
5 Provencher, Maéva	08	Jakours Athl	4:47.39	2
			1:00.352 (1:00.352)	
			2:17.315 (1:16.963)	
			3:33.835 (1:16.521)	
			4:47.386 (1:13.551)	
6 Bardon, Amélie	08	Élite Distan	4:47.82	2
			1:00.829 (1:00.829)	
			2:17.789 (1:16.961)	
			3:34.032 (1:16.243)	
			4:47.812 (1:13.780)	
7 Benchimol, Sarah	07	Saint-Lauren	4:48.56	2
			1:00.952 (1:00.952)	
			2:18.069 (1:17.117)	
			3:35.105 (1:17.036)	
			4:48.559 (1:13.455)	
8 Wilson, Chloe	09	Central Toro	4:49.14	2
			1:00.035 (1:00.035)	
			2:16.998 (1:16.963)	
			3:33.591 (1:16.593)	
			4:49.138 (1:15.548)	
9 Gordon, Erika	07	Monte Cristo	4:49.69	2
			1:00.457 (1:00.457)	
			2:17.481 (1:17.024)	
			3:34.499 (1:17.018)	
			4:49.688 (1:15.190)	
10 Lemaire, Juliana	07	Aetos Athlet	4:52.21	1
			57.174 (57.174)	
			2:15.910 (1:18.737)	
			3:33.130 (1:17.220)	
			4:52.203 (1:19.073)	
11 Carnaghan, Alyssa	08	Durham Drago	4:53.42	1
			57.726 (57.726)	
			2:17.870 (1:20.144)	
			3:38.476 (1:20.606)	
			4:53.415 (1:14.940)	
12 Hunte, Alexane	07	Athlétisme R	4:55.82	2
			1:00.627 (1:00.627)	
			2:17.593 (1:16.966)	
			3:34.806 (1:17.213)	
			4:55.817 (1:21.012)	
13 Lange, Jersey	08	Riversdale A	4:58.95	1
			56.827 (56.827)	
			2:15.668 (1:18.841)	
			3:35.234 (1:19.566)	
			4:58.945 (1:23.712)	
14 Mailloux, Amélie	08	Élite Distan	5:00.39	1
			58.197 (58.197)	
			2:18.186 (1:19.990)	
			3:40.408 (1:22.222)	
			5:00.389 (1:19.982)	
15 Tymko, Petra	07	AB Unattache	5:03.49	1
			57.243 (57.243)	
			2:16.107 (1:18.864)	
			3:39.398 (1:23.291)	

5:03.484 (1:24.086)
 16 Verdecampo, Talia 08 Athlétisme R 5:06.54 2
 1:01.220 (1:01.220) 2:18.524 (1:17.304) 3:42.158 (1:23.634)
 5:06.535 (1:24.378)
 17 Desmarais, Catherine 08 Club Allianc 5:10.72 1
 58.477 (58.477) 2:19.441 (1:20.964) 3:45.670 (1:26.229)
 5:10.712 (1:25.043)

Women Pole Vault U20 Qualifying

=====
 Start: 2.60m by 20cm to 2.80m then by 15cm to 2.95m
 Then by 10cm up to 3.05m then by 5cm
 Top 3 athletes advance
 Canadian: @ 4.40m 2013-08-25 Alysha Newman, LLTA
 Championship: # 4.15m 2022 Heather Abadie

Name	Year	Team	Finals
1 Popp, Carlie	08	North Bay Le	3.05m
2.60 2.80 2.95 3.05			
--- --- --- 0			
1 Chouikhi, Balqis	07	York Univers	3.05m
2.60 2.80 2.95 3.05			
--- --- --- 0			
3 Kozoletova, Aurelia	07	Red Deer Tit	J3.05m
2.60 2.80 2.95 3.05			
--- --- X0 0			
4 Morales, Charlotte	10	Ottawa Lions	2.80m
2.60 2.80 2.95			
0 0 XXX			
5 Sage, Charlee	10	Quinte Legio	2.60m
2.60 2.80			
XX0 XXX			

Women Triple Jump U20 Qualifying

=====
 Top 1 athletes advance
 Canadian: @ 13.53m 2004-01-16 Tabia Charles, EEDG
 Championship: # 13.08m 2023-07-30 Asia Phillips, Flying Angel

Name	Year	Team	Finals	Wind
1 Awosoga, Mercy	07	Chinook Trac	11.55m	1.7
11.53m(1.4) 11.55m(1.7) 11.31m(-2.2)				
2 Gardiner, Roxanne	09	Ottawa Lions	11.30m	-1.1
FOUL FOUL 11.30m(-1.1)				
3 Jones, Jenah	09	Saint John R	11.18m	0.4
11.17m(1.0) 11.18m(0.4) 11.03m(1.4)				
4 Takpara, Esmeralda Fumil	09	Impulsion	11.04m	0.5
FOUL FOUL 11.04m(0.5)				
5 Kuate, Laila Carelle	07	Athlétisme L	10.57m	1.2
10.57m(1.2) FOUL 10.26m(0.6)				
6 MacDonald, Kathryn	08	ON Unattache	10.56m	1.8
FOUL 10.37m(-0.6) 10.56m(1.8)				
7 Noel Bertin, Ariane	07	Aetos Athlet	9.61m	2.3
9.61m(2.3) FOUL 9.56m(0.1)				

Women Shot Put U20 Qualifying

=====
 Top 1 athlete advance
 Canadian: @ 17.24m 2019-08-09 Trinity Tutti, SISU
 Championship: # 16.39m 2009 Julie Labonte

Name	Year	Team	Finals
1 Burbick, Saige	09	Project Athl	11.46m
11.08m 11.46m FOUL			
2 Divizio, Sofia	10	Project Athl	11.31m

11.10m 11.08m 11.31m
 3 Rickard, Blaire 10 Project Athl 11.02m
 10.41m 11.02m 10.23m

Women Hammer Throw U20 Qualifying

=====
 Top 4 athletes advance
 Canadian: @ 65.61m 2018-04-27 Camryn Rogers, KJAK
 Championship: # 61.95m 2017 Camryn Rogers
 Name Year Team Finals
 =====
 1 Barnett, Aszura 07 Boost Athlet 44.11m
 39.45m 42.41m 44.11m
 2 Bunston, Jenna 07 Nanaimo & Di 43.14m
 FOUL 42.60m 43.14m
 3 Rickard, Blaire 10 Project Athl 42.43m
 41.03m 41.57m 42.43m
 4 Burbick, Saige 09 Project Athl 41.28m
 41.28m FOUL FOUL
 5 Keen, Kari 07 Project Athl 38.70m
 FOUL 36.18m 38.70m
 6 Gilbert, Sadie 07 Ottawa Lions 35.89m
 35.89m FOUL FOUL

Women 100 Meter Dash U20

=====
 8 Advance: Top 2 Each Heat plus Next 2 Best Times
 Advance Top 2 + 2
 Canadian: @ 11.21 1981-08-15 Angela Bailey, UTTC
 Championship: # 11.38 2024-06-28 Jorai Oppong-Nketiah, Ottawa Lions
 Name Year Team Prelims Wind H#
 =====

Preliminaries

Name	Year	Team	Prelims	Wind	H#
1 Tannis, Elizabeth	08	Speed Academ	11.59Q	2.0	3
2 Jones, Alexia	09	Mississauga	11.61Q	1.1	1 11.602
3 Porteous, Tia	09	Quest Sports	11.67Q	0.7	2 11.670
4 Dennis, Jaylah	10	Coquitlam Ch	11.61Q	1.1	1 11.605
5 Findley, Kyla	08	Winnipeg Opt	11.67Q	2.0	3 11.663
6 Zolaturiuk, Victoria	08	Hamilton Oly	11.80Q	0.7	2
7 Doiron, Melina	08	Airblastoff	11.83q	1.1	1
8 Lofstrom, Kaylie	10	Okanagan Ath	11.84q	1.1	1
9 Akerele, Crystal	09	Mississauga	11.89	0.7	2
10 Reyes, Tatiana	07	Caltaf Athle	11.92	1.1	1
11 Enavworhe, Naomi	08	St. Albert M	11.94	2.0	3
12 Kadji Majo, Kayla Divine	10	Saint-Jean O	12.01	2.0	3 12.006
13 Bailey, Jaela	07	Border City	12.01	2.0	3 12.010
14 Tapa, Athéa-Faye	10	Gatineau	12.09	2.0	3
15 Corbin, Jullianna	09	Split City S	12.10	0.7	2
16 Eruotor, Fega	07	C.A.N.I. Ath	12.13	2.0	3
17 Woodcock, Kaiya	07	Royal City A	12.15	0.7	2
18 Johnson, Aliina	08	Caltaf Athle	12.19	1.1	1
19 Cloutier, Kali	07	Speed Academ	12.33	2.0	3
20 ^dekpo, Maël D.	08	Vainqueurs P	12.38	1.1	1
21 Jean, Sasha	09	Athlétisme L	12.47	0.7	2
22 Huang, Asia Lu	07	Vainqueurs P	12.52	1.1	1
23 Saïd, Ève	07	C.A. Univ. L	12.65	0.7	2
24 Smikle, Shaniece	07	ASEA	12.67	0.7	2

Women 100 Meter Dash U20

=====
 Advance Top 2 + 2
 Canadian: @ 11.21 1981-08-15 Angela Bailey, UTTC
 Championship: # 11.38 2024-06-28 Jorai Oppong-Nketiah, Ottawa Lions
 Name Year Team Finals Wind
 =====

Finals

1	Porteous, Tia	09	Quest Sports	11.44	1.2
2	Dennis, Jaylah	10	Coquitlam Ch	11.58	1.2
3	Jones, Alexia	09	Mississauga	11.60	1.2
4	Tannis, Elizabeth	08	Speed Academ	11.60	1.2
5	Zolaturiuk, Victoria	08	Hamilton Oly	11.77	1.2
6	Doiron, Melina	08	Airblastoff	11.85	1.2
7	Lofstrom, Kaylie	10	Okanagan Ath	11.88	1.2
8	Findley, Kyla	08	Winnipeg Opt	28.43	1.2

Women 200 Meter Dash U20

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Advance Top 2 + 2

Canadian: @ 22.86 1981-08-14 Angela Bailey, UTTC

Championship: # 23.51 2022 Ella Clayton

Name	Year	Team	Prelims	Wind	H#
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Preliminaries

1	Zolaturiuk, Victoria	08	Hamilton Oly	23.71Q	-0.1	2	
2	Porteous, Tia	09	Quest Sports	23.90Q	0.6	1	
3	Woodhouse, Hailee	07	Saskatoon TF	23.92Q	2.3	3	
4	Jones, Alexia	09	Mississauga	24.06Q	2.3	3	
5	Reyes, Tatiana	07	Caltaf Athle	24.10Q	0.6	1	
6	Latore, Alexia	08	Universal At	24.30Q	-0.1	2	
7	Lovell, Reagan	08	Mississauga	24.33q	-0.1	2	
8	Enavworhe, Naomi	08	St. Albert M	24.36q	0.6	1	
9	Akerele, Crystal	09	Mississauga	24.42	-0.1	2	
10	Doiron, Melina	08	Airblastoff	24.56	2.3	3	24.555
10	Tannis, Elizabeth	08	Speed Academ	24.56	0.6	1	24.555
12	Eruotor, Fega	07	C.A.N.I. Ath	24.59	0.6	1	
13	Bailey, Jaela	07	Border City	24.76	2.3	3	
14	Lofstrom, Kaylie	10	Okanagan Ath	24.82	0.6	1	
15	Campbell, Aliyah	08	Speed Academ	24.83	2.3	3	
16	MacVicar, Lillian	07	Islanders Tr	24.84	0.6	1	
17	Baptiste, Pradjie Sarah	09	Gatineau	24.93	2.3	3	
18	Malo, Ariane	08	Sherbrooke	24.94	2.3	3	
19	Trépanier, Maïtée	09	C.A. Univ. L	25.07	-0.1	2	
20	Marles, Cali	07	Windsor Legi	25.12	-0.1	2	
21	Mostowy, Siena	08	Okanagan Ath	25.13	-0.1	2	25.126
22	Johnson, Aliina	08	Caltaf Athle	25.13	2.3	3	25.128
23	Thompson, Shadae	07	Speed Academ	25.37	0.6	1	
24	Johnson, Ashley	07	Mississauga	25.53	-0.1	2	

Women 200 Meter Dash U20

Advance Top 2 + 2

Canadian: @ 22.86 1981-08-14 Angela Bailey, UTTC

Championship: # 23.51 2022 Ella Clayton

Name	Year	Team	Finals	Wind
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Finals

1	Reyes, Tatiana	07	Caltaf Athle	23.29	3.1	
2	Zolaturiuk, Victoria	08	Hamilton Oly	23.32	3.1	
3	Jones, Alexia	09	Mississauga	23.46	3.1	23.451
4	Woodhouse, Hailee	07	Saskatoon TF	23.46	3.1	23.454
5	Lovell, Reagan	08	Mississauga	23.91	3.1	
6	Latore, Alexia	08	Universal At	23.98	3.1	
7	Akerele, Crystal	09	Mississauga	24.34	3.1	
8	Enavworhe, Naomi	08	St. Albert M	24.50	3.1	

Women 400 Meter Dash U20

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Canadian: @ 51.85 1984-07-25 Jillian Richardson

Championship: # 52.30 2014		Madeline Price			
Name	Year	Team	Prelims	H#	
=====					
Preliminaries					
1	Bosma, Charlotte	07	Kajaks Track	54.24Q	3
2	Woodhouse, Hailee	07	Saskatoon TF	55.17Q	1
3	Gravesande, Simone	08	Hamilton Oly	55.71Q	2
4	Draper, Arianna	08	U Of C Athle	55.34Q	1
5	Salwonchuk, Sasha	07	Speed Academ	55.80Q	2
6	Bouchard, Cassidy	07	Alberta Spee	57.11Q	3
7	Latore, Alexia	08	Universal At	55.94q	2
8	MacVicar, Lillian	07	Islanders Tr	56.06q	2
9	Chan, Anieu	09	Windsor Legi	56.21	2
10	Steunebrink, Jolene	07	Royal City A	56.26	1
11	Sinclair, Audree	09	ASEA	56.28	2
12	McLaughlin, Jaedyn	07	Coquitlam Ch	56.40	1
13	Zenone, Sofia	10	Langley Must	56.48	1
14	Owens, Sophie	09	ASEA	56.49	2
15	Cremers, Makayla	09	Speed Academ	57.08	1
16	Watson, Alexandra	08	St. Albert M	57.33	3
17	Johnson, Ashley	07	Mississauga	57.53	3
18	Rubio, Sienna	08	Saint-Lauren	57.58	2
19	Tobac, Kate	09	Winnipeg Opt	57.60	1
20	Woods, Naysa	08	Riversdale A	57.66	3
21	Zwolinski, Patrycja	07	Royal City A	57.97	3
22	Paul, Jade	10	Speed Academ	58.33	3
--	Baker, Finley	07	Speed Academ	DQ	3

TR17.2.3

Women 400 Meter Dash U20

=====

Canadian: @ 51.85 1984-07-25 Jillian Richardson

Championship: # 52.30 2014 Madeline Price

Name	Year	Team	Finals
=====			

Finals

1	Bosma, Charlotte	07	Kajaks Track	53.44
2	Woodhouse, Hailee	07	Saskatoon TF	54.35
3	Draper, Arianna	08	U Of C Athle	54.46
4	Latore, Alexia	08	Universal At	54.96
5	Gravesande, Simone	08	Hamilton Oly	55.48
6	Salwonchuk, Sasha	07	Speed Academ	55.57
7	MacVicar, Lillian	07	Islanders Tr	55.75
8	Chan, Anieu	09	Windsor Legi	56.12

Women 800 Meter Run U20

=====

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Canadian: @ 2:02.38 2026-05-30 Chloe Symon, TBIR

Championship: # 2:04.89 2013 Vanessa McLeod

Name	Year	Team	Prelims	H#
=====				

Preliminaries

1	Chan, Anieu	09	Windsor Legi	2:10.92Q	3
	1:07.316 (1:07.316)		2:10.920 (1:03.604)		
2	Symon, Chloe	07	Vancouver Th	2:11.23Q	2
	1:06.085 (1:06.085)		2:11.222 (1:05.137)		
3	MacLean, Mary	08	Leduc Track	2:11.56Q	1
	1:04.710 (1:04.710)		2:11.556 (1:06.846)		
4	Markowska, Maya	08	Burlington T	2:11.10Q	3
	1:07.195 (1:07.195)		2:11.098 (1:03.904)		
5	Owens, Sophie	09	ASEA	2:11.65Q	1
	1:04.390 (1:04.390)		2:11.646 (1:07.256)		
6	O'Brien, Rory	07	Victoria End	2:13.20Q	2
	1:05.823 (1:05.823)		2:13.195 (1:07.372)		
7	Lou, Amelia-Ahn	09	Okanagan Ath	2:11.60q	3

1:07.236 (1:07.236)	2:11.594 (1:04.358)		
8 Conrad, Jenna	07 Excel Athlet	2:12.03q	3
1:07.493 (1:07.493)	2:12.021 (1:04.528)		
9 Harris, Ruby	07 Athletics Ea	2:14.05	2
1:06.347 (1:06.347)	2:14.045 (1:07.698)		
10 Woods, Naysa	08 Riversdale A	2:14.92	1
1:04.775 (1:04.775)	2:14.915 (1:10.140)		
11 Craig, Mackenzie	07 Monte Cristo	2:15.16	1
1:05.387 (1:05.387)	2:15.152 (1:09.765)		
12 Bardon, Amélie	08 Élite Distan	2:18.10	3
1:07.969 (1:07.969)	2:18.097 (1:10.129)		
13 Gates, Hannah	08 Excel Athlet	2:18.16	2
1:07.992 (1:07.992)	2:18.156 (1:10.164)		
14 Williams, Haley	09 Durham Drago	2:18.24	1
1:05.494 (1:05.494)	2:18.234 (1:12.740)		
15 Lambert, Élodie	09 Zénix De La	2:18.37	1
1:06.272 (1:06.272)	2:18.369 (1:12.098)		
16 Browne, Lillianna	08 Calgary Inte	2:18.87	1
1:05.979 (1:05.979)	2:18.870 (1:12.892)		
17 Dewar, Shannon	08 Ottawa Lions	2:19.27	2
1:08.413 (1:08.413)	2:19.269 (1:10.856)		
18 Mortimer, Felicia	07 Saint John R	2:19.70	3
1:08.442 (1:08.442)	2:19.698 (1:11.256)		
19 Hunte, Alexane	07 Athlétisme R	2:20.42	1
1:06.084 (1:06.084)	2:20.413 (1:14.330)		
20 Iwano-Rivers, Natsuki	07 Boardwalk RC	2:20.43	3
1:08.706 (1:08.706)	2:20.427 (1:11.722)		
21 Fleury, Élisabeth	07 Gatineau	2:20.71	2
1:08.960 (1:08.960)	2:20.709 (1:11.750)		
22 Provencher, Maéva	08 Jakours Athl	2:20.85	3
1:07.710 (1:07.710)	2:20.841 (1:13.131)		
23 Battershill-Azimy, Zari	08 Club Allianc	2:21.54	2
1:08.419 (1:08.419)	2:21.537 (1:13.118)		
24 Villeneuve, Ciara	07 Ottawa Lions	2:22.75	2
1:08.692 (1:08.692)	2:22.747 (1:14.055)		
25 Lange, Jersey	08 Riversdale A	2:22.99	3
1:08.329 (1:08.329)	2:22.983 (1:14.654)		
26 Sakiyama, Autumn	10 Ottawa Lions	2:25.09	1
1:05.811 (1:05.811)	2:25.087 (1:19.276)		
-- Carswell, Micah	09 ON Unattache	DQ	2 TR17.1.2
1:05.949 (1:05.949)	2:11.614 (1:05.666)		

Women 800 Meter Run U20

=====
 Canadian: @ 2:02.38 2026-05-30 Chloe Symon, TBIR
 Championship: # 2:04.89 2013 Vanessa McLeod

=====
 Name Year Team Finals
 =====

Finals

1 MacLean, Mary	08 Leduc Track	2:06.03
1:02.907 (1:02.907)	2:06.026 (1:03.119)	
2 Chan, Anieu	09 Windsor Legi	2:06.29
1:03.626 (1:03.626)	2:06.289 (1:02.664)	
3 Symon, Chloe	07 Vancouver Th	2:06.56
1:03.088 (1:03.088)	2:06.560 (1:03.472)	
4 Markowska, Maya	08 Burlington T	2:06.63
1:03.394 (1:03.394)	2:06.629 (1:03.235)	
5 Lou, Amelia-Ahn	09 Okanagan Ath	2:09.36
1:03.816 (1:03.816)	2:09.360 (1:05.545)	
6 Owens, Sophie	09 ASEA	2:09.47
1:02.742 (1:02.742)	2:09.466 (1:06.724)	
7 Conrad, Jenna	07 Excel Athlet	2:10.29
1:03.777 (1:03.777)	2:10.286 (1:06.510)	
8 O'Brien, Rory	07 Victoria End	2:13.15
1:04.068 (1:04.068)	2:13.142 (1:09.075)	

Women 1500 Meter Run U20

=====
 12 Advance: Top 5 Each Heat plus Next 2 Best Times

Canadian: @ 4:06.71 1972-09-04 Glenda Reiser

Championship: # 4:18.53 2013 Julia Zrinyi

Name	Year Team	Prelims	H#
=====			
Preliminaries			
1 Wasson, Allison	08 ASEA	4:36.03Q	1
55.056 (55.056)	2:10.532 (1:15.476)	3:24.433 (1:13.902)	
4:36.030 (1:11.597)			
2 Norland, Avery	08 Sarnia Athle	4:37.74Q	2
55.906 (55.906)	2:13.702 (1:17.797)	3:28.064 (1:14.362)	
4:37.740 (1:09.676)			
3 Yeomans, Morgan	07 Central Toro	4:38.88Q	2
55.555 (55.555)	2:13.327 (1:17.772)	3:28.283 (1:14.956)	
4:38.879 (1:10.596)			
4 Charest, Kiana	09 Edge Sport T	4:44.39Q	1
55.273 (55.273)	2:11.448 (1:16.176)	3:25.643 (1:14.196)	
4:44.389 (1:18.746)			
5 Matonovich, Raiya	07 Kamloops Tra	4:38.95Q	2
55.607 (55.607)	2:13.410 (1:17.804)	3:28.373 (1:14.963)	
4:38.941 (1:10.568)			
6 Markowska, Maya	08 Burlington T	4:44.50Q	1
55.119 (55.119)	2:11.736 (1:16.617)	3:25.953 (1:14.218)	
4:44.491 (1:18.538)			
7 Provencher, Maéva	08 Jakours Athl	4:39.59Q	2
55.806 (55.806)	2:13.562 (1:17.756)	3:28.578 (1:15.016)	
4:39.589 (1:11.011)			
8 Lou, Amelia-Ahn	09 Okanagan Ath	4:44.62Q	1
55.396 (55.396)	2:12.175 (1:16.780)	3:26.643 (1:14.468)	
4:44.617 (1:17.975)			
9 Reid, Emily	08 Mississauga	4:41.27Q	2
56.415 (56.415)	2:14.081 (1:17.666)	3:29.154 (1:15.073)	
4:41.267 (1:12.114)			
10 Gates, Hannah	08 Excel Athlet	4:44.75Q	1
55.370 (55.370)	2:11.986 (1:16.616)	3:26.206 (1:14.220)	
4:44.742 (1:18.536)			
11 Pribaz, Rebecca	09 Central Toro	4:41.49q	2
56.213 (56.213)	2:13.970 (1:17.757)	3:29.326 (1:15.356)	
4:41.488 (1:12.163)			
12 Einarson, Sarah	10 Saint-Lauren	4:46.18q	2
57.116 (57.116)	2:15.365 (1:18.249)	3:33.339 (1:17.974)	
4:46.174 (1:12.836)			
13 De Smet, Annika	08 Winnipeg Opt	4:49.27	1
55.834 (55.834)	2:15.383 (1:19.549)	3:36.099 (1:20.717)	
4:49.270 (1:13.171)			
14 Bardon, Amélie	08 Élite Distan	4:49.41	2
56.699 (56.699)	2:14.348 (1:17.649)	3:31.274 (1:16.926)	
4:49.402 (1:18.129)			
15 Benchimol, Sarah	07 Saint-Lauren	4:49.52	1
55.974 (55.974)	2:15.121 (1:19.147)	3:34.906 (1:19.786)	
4:49.515 (1:14.610)			
16 Lemaire, Juliana	07 Aetos Athlet	4:50.53	2
56.128 (56.128)	2:13.922 (1:17.795)	3:30.291 (1:16.369)	
4:50.524 (1:20.233)			
17 Iwano-Rivers, Natsuki	07 Boardwalk RC	4:55.18	1
56.877 (56.877)	2:17.485 (1:20.608)	3:37.222 (1:19.738)	
4:55.175 (1:17.954)			
18 Wilson, Chloe	09 Central Toro	4:59.54	2
57.293 (57.293)	2:17.327 (1:20.034)	3:40.520 (1:23.193)	
4:59.532 (1:19.013)			
19 Gordon, Erika	07 Monte Cristo	4:59.63	1
56.257 (56.257)	2:16.295 (1:20.038)	3:38.533 (1:22.238)	

4:59.630 (1:21.098)			
20 Lange, Jersey	08 Riversdale A	5:00.00 1	
56.491 (56.491)	2:15.807 (1:19.316)	3:36.776 (1:20.970)	
4:59.998 (1:23.222)			
21 Hunte, Alexane	07 Athlétisme R	5:03.46 1	
56.183 (56.183)	2:14.848 (1:18.666)	3:37.325 (1:22.477)	
5:03.452 (1:26.128)			
22 Mailloux, Amélie	08 Élite Distan	5:09.30 1	
57.456 (57.456)	2:18.995 (1:21.540)	3:44.556 (1:25.561)	
5:09.291 (1:24.736)			
23 Desmarais, Catherine	08 Club Allianc	5:17.57 2	
1:00.944 (1:00.944)	2:26.522 (1:25.578)	3:53.586 (1:27.065)	
5:17.562 (1:23.976)			

Women 1500 Meter Run U20

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Canadian: @ 4:06.71 1972-09-04 Glenda Reiser
 Championship: # 4:18.53 2013 Julia Zrinyi

Name	Year Team	Finals
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Finals

1 Wasson, Allison	08 ASEA	4:23.27	
55.383 (55.383)	2:04.252 (1:08.870)	3:13.329 (1:09.078)	
4:23.270 (1:09.941)			
2 Matonovich, Raiya	07 Kamloops Tra	4:25.45	
55.549 (55.549)	2:04.505 (1:08.956)	3:13.759 (1:09.255)	
4:25.446 (1:11.687)			
3 Markowska, Maya	08 Burlington T	4:26.52	
56.208 (56.208)	2:05.739 (1:09.531)	3:14.929 (1:09.191)	
4:26.519 (1:11.590)			
4 Yeomans, Morgan	07 Central Toro	4:31.62	
55.815 (55.815)	2:05.992 (1:10.178)	3:17.727 (1:11.735)	
4:31.613 (1:13.886)			
5 Norland, Avery	08 Sarnia Athle	4:32.81	
55.813 (55.813)	2:07.921 (1:12.109)	3:22.630 (1:14.709)	
4:32.806 (1:10.176)			
6 Gates, Hannah	08 Excel Athlet	4:33.59	
55.619 (55.619)	2:04.551 (1:08.932)	3:14.027 (1:09.476)	
4:33.588 (1:19.561)			
7 Charest, Kiana	09 Edge Sport T	4:35.76	
55.493 (55.493)	2:06.823 (1:11.330)	3:22.365 (1:15.543)	
4:35.759 (1:13.394)			
8 Lou, Amelia-Ahn	09 Okanagan Ath	4:37.38	
55.977 (55.977)	2:07.284 (1:11.307)	3:22.273 (1:14.990)	
4:37.371 (1:15.098)			
9 Pribaz, Rebecca	09 Central Toro	4:39.75	
56.479 (56.479)	2:09.489 (1:13.011)	3:27.254 (1:17.765)	
4:39.748 (1:12.494)			
10 Provencher, Maéva	08 Jakours Athl	4:50.64	
56.004 (56.004)	2:06.976 (1:10.972)	3:26.085 (1:19.109)	
4:50.639 (1:24.554)			
11 De Smet, Annika	08 Winnipeg Opt	4:53.37	
56.857 (56.857)	2:13.557 (1:16.700)	3:35.096 (1:21.539)	
4:53.369 (1:18.274)			

Women 3000 Meter Run U20

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Canadian: @ 8:53.50 2025-02-15 Rachel Forsyth, LWTF
 Championship: # 9:14.62 2009 Kendra Schaaf

Name	Year Team	Finals	H#
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1 Buitelaar, Adrianna	08 Valley Royal	9:19.29	3
39.210 (39.210)	1:57.300 (1:18.090)	3:12.350 (1:15.050)	
4:28.186 (1:15.837)	5:43.965 (1:15.779)	6:57.402 (1:13.437)	
8:09.407 (1:12.006)	9:19.287 (1:09.880)		

2 Wasson, Allison	08 ASEA	9:22.81	3
38.970 (38.970)	1:56.950 (1:17.980)	3:12.051 (1:15.102)	
4:28.218 (1:16.168)	5:44.178 (1:15.960)	6:57.693 (1:13.516)	
8:10.062 (1:12.369)	9:22.810 (1:12.748)		
3 Downie-Back, Airlie	09 Durham Drago	9:32.52	3
39.692 (39.692)	1:57.594 (1:17.902)	3:12.160 (1:14.566)	
4:28.436 (1:16.277)	5:44.632 (1:16.196)	6:58.780 (1:14.149)	
8:16.307 (1:17.527)	9:32.512 (1:16.205)		
4 Voykin, Eleanor	08 Blue Devils	9:40.71	3
38.915 (38.915)	1:57.174 (1:18.259)	3:12.306 (1:15.132)	
4:28.422 (1:16.116)	5:44.403 (1:15.982)	7:00.154 (1:15.751)	
8:20.861 (1:20.708)	9:40.705 (1:19.844)		
5 Norland, Avery	08 Sarnia Athle	9:42.68	3
39.097 (39.097)	1:57.898 (1:18.801)	3:13.227 (1:15.330)	
4:30.384 (1:17.157)	5:50.112 (1:19.728)	7:11.183 (1:21.072)	
8:30.550 (1:19.367)	9:42.672 (1:12.123)		
6 Rogers, Katherine	07 Riversdale A	9:45.77	3
39.418 (39.418)	1:58.568 (1:19.150)	3:13.425 (1:14.858)	
4:31.407 (1:17.982)	5:51.027 (1:19.620)	7:10.872 (1:19.846)	
8:30.760 (1:19.888)	9:45.766 (1:15.007)		
7 Andrecyk, Athena	08 Physi-Kult	9:48.13	3
39.450 (39.450)	1:56.828 (1:17.378)	3:11.976 (1:15.148)	
4:28.148 (1:16.172)	5:44.911 (1:16.764)	7:03.016 (1:18.105)	
8:24.594 (1:21.578)	9:48.128 (1:23.535)		
8 Malik, Vicky	10 Physi-Kult	9:49.10	3
40.400 (40.400)	1:59.946 (1:19.546)	3:15.114 (1:15.168)	
4:32.308 (1:17.194)	5:53.061 (1:20.754)	7:13.368 (1:20.308)	
8:33.652 (1:20.284)	9:49.091 (1:15.440)		
9 Garron, Ella	09 Etobicoke Tr	9:49.59	3
39.295 (39.295)	1:57.502 (1:18.207)	3:12.563 (1:15.062)	
4:29.455 (1:16.892)	5:50.378 (1:20.923)	7:11.538 (1:21.160)	
8:31.935 (1:20.398)	9:49.582 (1:17.648)		
10 Pribaz, Rebecca	09 Central Toro	9:51.15	3
40.098 (40.098)	1:59.684 (1:19.586)	3:16.658 (1:16.974)	
4:35.556 (1:18.898)	5:56.390 (1:20.835)	7:18.586 (1:22.196)	
8:40.469 (1:21.884)	9:51.144 (1:10.676)		
11 Ryan, Mikala	08 Bisons Track	9:52.04	3
40.863 (40.863)	1:59.608 (1:18.746)	3:15.424 (1:15.816)	
4:33.317 (1:17.893)	5:52.768 (1:19.451)	7:13.098 (1:20.330)	
8:33.900 (1:20.802)	9:52.031 (1:18.132)		
12 Charest, Kiana	09 Edge Sport T	9:56.79	3
39.893 (39.893)	1:58.956 (1:19.064)	3:13.574 (1:14.618)	
4:31.989 (1:18.416)	5:53.484 (1:21.496)	7:17.711 (1:24.227)	
8:41.761 (1:24.050)	9:56.789 (1:15.028)		
13 Birmingham, Kieva	08 Central Toro	9:58.82	3
40.653 (40.653)	1:59.963 (1:19.310)	3:16.903 (1:16.940)	
4:35.733 (1:18.830)	5:56.191 (1:20.458)	7:17.894 (1:21.703)	
8:41.004 (1:23.111)	9:58.812 (1:17.808)		
14 Nagy, Kate	09 Newmarket Hu	9:58.83	3
40.145 (40.145)	1:59.306 (1:19.162)	3:16.287 (1:16.981)	
4:35.119 (1:18.832)	5:55.999 (1:20.880)	7:18.020 (1:22.022)	
8:41.396 (1:23.376)	9:58.821 (1:17.426)		
15 Jeffrey, Bridget	07 Saint John R	10:00.00	2
38.070 (38.070)	1:59.373 (1:21.303)	3:22.618 (1:23.246)	
4:42.295 (1:19.677)	6:02.605 (1:20.310)	7:24.623 (1:22.018)	
8:43.686 (1:19.064)	9:59.993 (1:16.308)		
16 Popovic, Maya	09 Toronto West	10:04.37	2
38.300 (38.300)	1:59.725 (1:21.425)	3:23.255 (1:23.531)	
4:42.861 (1:19.606)	6:02.488 (1:19.627)	7:24.616 (1:22.128)	
8:44.271 (1:19.656)	10:04.369 (1:20.098)		
17 Kirova, Anastasia	07 Newmarket Hu	10:13.91	1
38.622 (38.622)	2:01.157 (1:22.535)	3:25.350 (1:24.194)	
4:49.219 (1:23.869)	6:12.057 (1:22.838)	7:34.509 (1:22.452)	
8:56.390 (1:21.882)	10:13.901 (1:17.511)		
18 Forero Rodriguez, Camila	10 Edge Sport T	10:15.05	2

	37.589 (37.589)	1:59.064 (1:21.475)	3:22.795 (1:23.731)
	4:44.865 (1:22.071)	6:08.835 (1:23.970)	7:33.323 (1:24.488)
	8:57.391 (1:24.068)	10:15.050 (1:17.660)	
19 Richter, Leah		07 ON Unattache	10:16.55 2
	38.330 (38.330)	2:00.175 (1:21.846)	3:22.898 (1:22.723)
	4:42.539 (1:19.641)	6:03.209 (1:20.671)	7:27.640 (1:24.431)
	8:52.486 (1:24.846)	10:16.542 (1:24.056)	
20 Ray, Sydney		09 Edge Sport T	10:17.42 1
	37.656 (37.656)	2:00.152 (1:22.497)	3:23.828 (1:23.676)
	4:47.438 (1:23.610)	6:11.003 (1:23.566)	7:34.614 (1:23.611)
	8:57.220 (1:22.607)	10:17.416 (1:20.196)	
21 Boucher-Herbas, Juliette		09 C.A. Univ. L	10:19.49 2
	37.956 (37.956)	1:59.593 (1:21.637)	3:23.499 (1:23.907)
	4:44.903 (1:21.404)	6:09.153 (1:24.250)	7:35.967 (1:26.814)
	9:02.469 (1:26.502)	10:19.483 (1:17.014)	
22 Kinch, Abigail		08 Newmarket Hu	10:22.00 2
	39.262 (39.262)	2:00.857 (1:21.596)	3:24.210 (1:23.353)
	4:47.318 (1:23.108)	6:12.203 (1:24.885)	7:38.499 (1:26.296)
	9:03.401 (1:24.903)	10:21.996 (1:18.595)	
23 Wilson, Chloe		09 Central Toro	10:22.04 2
	37.943 (37.943)	1:59.947 (1:22.004)	3:24.069 (1:24.123)
	4:46.987 (1:22.918)	6:12.367 (1:25.380)	7:39.098 (1:26.731)
	9:04.439 (1:25.341)	10:22.035 (1:17.596)	
24 Silvera, Abbigail		08 Newmarket Hu	10:22.13 2
	39.127 (39.127)	2:00.693 (1:21.566)	3:23.988 (1:23.296)
	4:47.169 (1:23.182)	6:12.069 (1:24.900)	7:39.055 (1:26.986)
	9:05.651 (1:26.597)	10:22.127 (1:16.476)	
25 Claveau, Aurélie		07 C.A. Univ. L	10:22.98 3
	40.727 (40.727)	2:00.693 (1:19.966)	3:21.980 (1:21.287)
	4:44.480 (1:22.500)	6:08.946 (1:24.466)	7:34.369 (1:25.424)
	8:59.486 (1:25.118)	10:22.978 (1:23.492)	
26 Lauter, Kyra		08 Ottawa Lions	10:24.45 1
	37.825 (37.825)	2:00.356 (1:22.531)	3:24.505 (1:24.150)
	4:48.234 (1:23.729)	6:11.806 (1:23.573)	7:36.531 (1:24.725)
	9:03.583 (1:27.052)	10:24.443 (1:20.860)	
27 Benchimol, Sarah		07 Saint-Lauren	10:25.82 1
	38.182 (38.182)	2:00.220 (1:22.039)	3:24.103 (1:23.883)
	4:47.696 (1:23.593)	6:11.862 (1:24.166)	7:41.576 (1:29.715)
	9:07.974 (1:26.398)	10:25.815 (1:17.842)	
28 Knight, Tessa		07 Ottawa Lions	10:29.33 1
	38.318 (38.318)	2:00.960 (1:22.642)	3:25.674 (1:24.715)
	4:50.676 (1:25.002)	6:16.807 (1:26.131)	7:43.798 (1:26.991)
	9:10.258 (1:26.461)	10:29.328 (1:19.070)	
29 Castellanos, Marcela		08 Burlington T	10:30.82 2
	37.607 (37.607)	1:59.285 (1:21.678)	3:22.963 (1:23.679)
	4:45.083 (1:22.120)	6:10.565 (1:25.482)	7:36.757 (1:26.192)
	9:03.130 (1:26.374)	10:30.817 (1:27.687)	
30 Liu, Vicky		08 Newmarket Hu	10:32.49 1
	38.868 (38.868)	2:01.443 (1:22.576)	3:25.941 (1:24.498)
	4:50.271 (1:24.330)	6:16.436 (1:26.166)	7:42.110 (1:25.674)
	9:08.340 (1:26.230)	10:32.483 (1:24.144)	
31 Sherwin, Mackenzie		10 Etobicoke Tr	10:33.21 1
	37.478 (37.478)	2:00.524 (1:23.046)	3:25.344 (1:24.820)
	4:50.531 (1:25.188)	6:16.186 (1:25.656)	7:42.576 (1:26.390)
	9:09.643 (1:27.068)	10:33.206 (1:23.563)	
32 Lortie, Juliana		08 Burlington T	10:33.42 1
	38.070 (38.070)	2:00.681 (1:22.612)	3:24.849 (1:24.168)
	4:49.170 (1:24.321)	6:13.238 (1:24.069)	7:38.826 (1:25.588)
	9:06.010 (1:27.185)	10:33.420 (1:27.410)	
33 Nordigarden, Selma		09 Toronto Olym	10:33.59 2
	38.633 (38.633)	1:59.871 (1:21.238)	3:23.792 (1:23.921)
	4:46.818 (1:23.026)	6:11.531 (1:24.714)	7:38.327 (1:26.796)
	9:05.167 (1:26.840)	10:33.582 (1:28.416)	
34 Sherwin, Ainsley		09 Etobicoke Tr	10:34.37 1
	37.765 (37.765)	2:00.952 (1:23.187)	3:24.866 (1:23.914)

4:49.658 (1:24.793)	6:16.481 (1:26.823)	7:44.120 (1:27.640)
9:11.280 (1:27.160)	10:34.370 (1:23.090)	
35 Martin, Norah	09 Club Allianc	10:42.81 1
37.406 (37.406)	1:59.968 (1:22.562)	3:24.666 (1:24.699)
4:49.712 (1:25.046)	6:17.304 (1:27.593)	7:46.306 (1:29.002)
9:16.542 (1:30.236)	10:42.806 (1:26.265)	
36 Crowe, Violet	09 Edge Sport T	10:43.97 1
37.906 (37.906)	2:00.589 (1:22.684)	3:25.132 (1:24.544)
4:50.108 (1:24.976)	6:17.163 (1:27.055)	7:45.089 (1:27.926)
9:15.546 (1:30.457)	10:43.968 (1:28.422)	

Women 5000 Meter Run U20

=====
Canadian: @ 15:43.81 2025-05-18 Rachel Fosyth, LWTF
Championship: # 16:31.74 2023-07-27 Chloe Turner, CALTAF
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Name	Year Team	Finals
1 Buitelaar, Adrianna	08 Valley Royal	16:27.02#
43.295 (43.295)	2:05.368 (1:22.074)	3:28.429 (1:23.062)
4:51.173 (1:22.744)	6:10.625 (1:19.453)	7:28.368 (1:17.743)
8:45.534 (1:17.166)	10:01.408 (1:15.874)	11:17.281 (1:15.874)
12:35.001 (1:17.720)	13:53.275 (1:18.274)	15:11.252 (1:17.977)
16:27.017 (1:15.766)		
2 Downie-Back, Airlie	09 Durham Drago	16:41.03
43.003 (43.003)	2:05.531 (1:22.529)	3:28.598 (1:23.067)
4:51.419 (1:22.822)	6:10.787 (1:19.368)	7:28.493 (1:17.706)
8:45.655 (1:17.163)	10:01.669 (1:16.014)	11:18.151 (1:16.482)
12:37.849 (1:19.698)	13:59.096 (1:21.248)	15:21.389 (1:22.293)
16:41.025 (1:19.637)		
3 Andrecyk, Athena	08 Physi-Kult	16:46.71
43.546 (43.546)	2:05.293 (1:21.748)	3:28.385 (1:23.092)
4:51.227 (1:22.842)	6:10.875 (1:19.649)	7:28.584 (1:17.709)
8:45.825 (1:17.242)	10:03.490 (1:17.665)	11:22.167 (1:18.678)
12:43.241 (1:21.074)	14:03.905 (1:20.665)	15:26.022 (1:22.117)
16:46.703 (1:20.682)		
4 Rogers, Katherine	07 Riversdale A	17:04.71
43.799 (43.799)	2:05.545 (1:21.746)	3:28.551 (1:23.007)
4:51.375 (1:22.824)	6:11.389 (1:20.014)	7:29.511 (1:18.122)
8:50.552 (1:21.042)	10:11.819 (1:21.268)	11:34.193 (1:22.374)
12:58.065 (1:23.872)	14:20.878 (1:22.813)	15:45.311 (1:24.433)
17:04.703 (1:19.393)		
5 Jeffrey, Bridget	07 Saint John R	17:19.43
43.576 (43.576)	2:05.825 (1:22.249)	3:28.766 (1:22.942)
4:51.577 (1:22.811)	6:11.661 (1:20.084)	7:30.345 (1:18.684)
8:51.447 (1:21.102)	10:14.494 (1:23.048)	11:39.983 (1:25.490)
13:04.861 (1:24.878)	14:30.925 (1:26.064)	15:57.807 (1:26.883)
17:19.428 (1:21.621)		
6 Ryan, Mikala	08 Bisons Track	17:23.87
43.251 (43.251)	2:05.653 (1:22.402)	3:28.720 (1:23.067)
4:51.533 (1:22.813)	6:11.132 (1:19.600)	7:30.087 (1:18.955)
8:51.207 (1:21.120)	10:14.286 (1:23.080)	11:39.980 (1:25.694)
13:06.536 (1:26.556)	14:33.334 (1:26.798)	16:00.838 (1:27.504)
17:23.870 (1:23.032)		
7 Aiello, Lilianna	08 Winnipeg Opt	17:46.12
43.845 (43.845)	2:06.009 (1:22.164)	3:29.111 (1:23.103)
4:52.077 (1:22.966)	6:13.015 (1:20.939)	7:34.869 (1:21.854)
8:58.564 (1:23.695)	10:24.022 (1:25.458)	11:51.533 (1:27.511)
13:20.867 (1:29.334)	14:50.309 (1:29.443)	16:19.878 (1:29.569)
17:46.120 (1:26.242)		
8 Forero Rodriguez, Camila	10 Edge Sport T	17:46.30
42.905 (42.905)	2:06.130 (1:23.225)	3:29.283 (1:23.154)
4:52.734 (1:23.451)	6:18.637 (1:25.903)	7:46.163 (1:27.527)
9:14.379 (1:28.216)	10:41.318 (1:26.940)	12:08.311 (1:26.993)
13:35.610 (1:27.300)	15:03.223 (1:27.613)	16:28.193 (1:24.971)
17:46.299 (1:18.106)		

9 Chaudhry, Zaira	07 Boardwalk RC	17:52.10
43.473 (43.473)	2:06.297 (1:22.825)	3:28.971 (1:22.674)
4:51.857 (1:22.886)	6:14.260 (1:22.404)	7:41.579 (1:27.319)
9:09.563 (1:27.984)	10:38.410 (1:28.848)	12:07.227 (1:28.817)
13:35.810 (1:28.584)	15:03.377 (1:27.567)	16:28.895 (1:25.519)
17:52.099 (1:23.204)		
10 Richard, Camille	08 C.A. Univ. L	20:05.09
44.553 (44.553)	2:14.502 (1:29.950)	3:44.589 (1:30.087)
5:16.345 (1:31.757)	6:50.701 (1:34.356)	8:27.271 (1:36.570)
10:06.845 (1:39.574)	11:46.747 (1:39.902)	13:27.671 (1:40.925)
15:08.875 (1:41.204)	16:50.842 (1:41.968)	18:31.069 (1:40.227)
20:05.081 (1:34.013)		
11 Richard, Jeanne	08 C.A. Univ. L	20:09.81
44.923 (44.923)	2:15.067 (1:30.144)	3:45.814 (1:30.748)
5:19.655 (1:33.842)	6:55.965 (1:36.310)	8:34.463 (1:38.499)
10:13.077 (1:38.614)	11:52.832 (1:39.756)	13:33.326 (1:40.494)
15:14.224 (1:40.898)	16:54.634 (1:40.410)	18:33.468 (1:38.834)
20:09.807 (1:36.339)		

Women 100 Meter Hurdles U20

=====
 8 Advance: Top 2 Each Heat plus Next 2 Best Times
 Canadian: @ 13.31 2018-06-13 Keira Christie-Galloway, OTTL
 Championship: # 13.57 2004 Frances Keeting

Name	Year Team	Prelims	Wind	H#
=====				
Preliminaries				
1 Scott, Jordynn	08 Speed Academ	13.65Q	0.7	2 13.643
2 Taylor, Brooklyn	07 York Univers	13.65Q	1.1	1 13.646
3 Montaque, Kiara	08 Speed Academ	13.66Q	1.7	3
4 Steel-Douglas, Ella	07 Border City	13.67Q	1.1	1
5 Freeman, Sydney	07 Quest Sports	13.73Q	1.7	3
6 Gravelle, Madison	08 Windsor Esse	13.89Q	0.7	2
7 Scott, Jurnee	08 Speed Academ	13.95q	0.7	2
8 Davis, Jordyn	07 MB Unattache	13.96q	1.1	1
9 Paterson, Gabby	07 St. Albert M	14.04	1.7	3
10 Gervais, Emilie	09 Laurel Creek	14.41	1.1	1
11 Hutcheson, Mackenzie	08 Laurel Creek	14.44	1.7	3
12 Cheam, Jordan	10 Laurel Creek	14.57	1.1	1
13 Shambrook, Claire	07 Blue Devils	14.64	1.7	3
14 Phillips, Lily	07 ON Unattache	14.75	1.1	1
15 Schmidhuber, Hanna	08 Laurel Creek	15.20	1.7	3
16 Agudelo, Sofia	07 Athlétisme L	15.31	0.7	2
17 Shaw, Morgan	07 ON Unattache	15.65	0.7	2
18 MacKinnon, Isabelle	07 Islanders Tr	15.69	1.7	3
-- Kuzman, Grey	08 University O	DNF	1.1	1
-- Joseph, Makenzie	07 Speed Academ	DQ	0.7	2 TR22.6.3
-- Green Kopeck, Claire	07 Monte Cristo	DQ	1.7	3 TR22.6

Women 100 Meter Hurdles U20

=====
 Canadian: @ 13.31 2018-06-13 Keira Christie-Galloway, OTTL
 Championship: # 13.57 2004 Frances Keeting

Name	Year Team	Finals	Wind
=====			
Finals			
1 Scott, Jordynn	08 Speed Academ	13.33#	0.7
2 Taylor, Brooklyn	07 York Univers	13.36#	0.7
3 Steel-Douglas, Ella	07 Border City	13.73	0.7
4 Freeman, Sydney	07 Quest Sports	13.76	0.7
5 Davis, Jordyn	07 MB Unattache	13.91	0.7
6 Gravelle, Madison	08 Windsor Esse	13.92	0.7
7 Scott, Jurnee	08 Speed Academ	14.01	0.7
-- Montaque, Kiara	08 Speed Academ	DQ	0.7 TR22.6.3

Women 400 Meter Hurdles U20

8 Advance: Top 2 Each Heat plus Next 2 Best Times
 Canadian: @ 56.55 1986-07-28 Donalda Duprey, SAUG
 Championship: # 57.66 1992 Erica Peterson

Name	Year	Team	Prelims	H#
Preliminaries				
1 Freeman, Sydney	07	Quest Sports	1:00.41Q	1
2 Fink, Kate	08	Split City S	1:00.74Q	3
3 Costa, Ciara	08	Royal City A	1:01.17Q	2
4 Gravelle, Kaitlyn	08	Windsor Esse	1:01.58Q	1
5 Bouchard, Cassidy	07	Alberta Spee	1:01.59Q	3
6 Phillips, Lily	07	ON Unattache	1:02.76Q	2
7 Cremers, Makayla	09	Speed Academ	1:03.07q	3
8 List, Emma	08	Monte Cristo	1:03.33q	2
9 Davis, Janelle	08	Border City	1:03.54	2
10 Zenone, Sofia	10	Langley Must	1:03.88	2
11 Omorogbe, Anya	08	Calgary Warr	1:04.12	2
12 Popp, Carlie	08	North Bay Le	1:04.34	2
13 Bourgie, Léa-Rose	09	Lanaudière-0	1:04.97	3
14 Harris, Ruby	07	Athletics Ea	1:05.27	3
15 Shambrook, Claire	07	Blue Devils	1:06.26	3
16 Zwolinski, Patrycja	07	Royal City A	1:06.27	1
17 Syncox, Amanda	08	Airblastoff	1:06.52	1
18 Catireu, Paula	07	Athlétisme L	1:11.17	1
19 Pyka, Charlize	08	Ottawa Lions	1:11.66	3
20 Lepine, Norah	08	Ottawa Lions	1:12.77	3

Women 400 Meter Hurdles U20

Canadian: @ 56.55 1986-07-28 Donalda Duprey, SAUG
 Championship: # 57.66 1992 Erica Peterson

Name	Year	Team	Finals
Finals			
1 Fink, Kate	08	Split City S	58.51
2 Freeman, Sydney	07	Quest Sports	58.69
3 Gravelle, Kaitlyn	08	Windsor Esse	59.89
4 Bouchard, Cassidy	07	Alberta Spee	1:00.83
5 Cremers, Makayla	09	Speed Academ	1:01.54
6 Costa, Ciara	08	Royal City A	1:01.57
7 Phillips, Lily	07	ON Unattache	1:02.71
8 List, Emma	08	Monte Cristo	1:03.16

Women 3000 Meter Steeplechase U20

Canadian: @ 9:44.62 2016-07-22 Chatlotte Prouse, LLTA
 Championship: # 10:16.25 2017 Laura Dickinson

Name	Year	Team	Finals
Finals			
1 Macleod, Frances	07	Athletics Ea	10:36.51
1:37.812 (1:37.812)		3:07.286 (1:29.474)	4:36.778 (1:29.492)
6:07.722 (1:30.945)		7:39.086 (1:31.364)	9:11.010 (1:31.924)
10:36.504 (1:25.495)			
2 Voykin, Eleanor	08	Blue Devils	10:39.25
1:37.945 (1:37.945)		3:06.753 (1:28.808)	4:36.900 (1:30.147)
6:07.700 (1:30.800)		7:38.885 (1:31.186)	9:09.430 (1:30.545)
10:39.250 (1:29.821)			
3 Popovic, Maya	09	Toronto West	11:07.66
1:41.439 (1:41.439)		3:13.969 (1:32.530)	4:48.995 (1:35.026)
6:23.885 (1:34.890)		7:59.392 (1:35.508)	9:34.692 (1:35.300)
11:07.654 (1:32.963)			
4 Lemaire, Juliana	07	Aetos Athlet	11:23.19
1:41.155 (1:41.155)		3:13.677 (1:32.522)	4:48.813 (1:35.136)

6:24.914 (1:36.101)	8:05.328 (1:40.415)	9:48.379 (1:43.051)
11:23.190 (1:34.811)		
5 Knight, Tessa	07 Ottawa Lions	11:23.79
1:42.524 (1:42.524)	3:16.718 (1:34.194)	4:53.716 (1:36.999)
6:33.842 (1:40.126)	8:13.363 (1:39.522)	9:52.039 (1:38.676)
11:23.786 (1:31.747)		
6 Lauter, Kyra	08 Ottawa Lions	11:32.64
1:41.923 (1:41.923)	3:14.868 (1:32.946)	4:50.516 (1:35.648)
6:29.074 (1:38.559)	8:09.974 (1:40.900)	9:51.733 (1:41.759)
11:32.639 (1:40.906)		

Women 4x100 Meter Relay club U20

Canadian: @ 44.42 2019-07-20 Canada
 Aholou, Leger, Green, Pierre-Webster
 Championship: # 45.96 2024-06-30 Speed Academy, Speed Academ
 S Blair, C Fraser, K Vincic, R Green

Team	Finals
1 Mississauga T.F.C. 'A'	45.47#
1) Johnson, Ashley 07	2) Lovell, Reagan 08
3) Akerele, Crystal 09	4) Jones, Alexia 09
2 Gatineau 'A'	47.88
1) Batangdon, Norah 09	2) Baptiste, Pradjie Sarah 09
3) Labrecque, Maély 10	4) Tapa, Athéa-Faye 10
3 Laurel Creek T.F.C 'A'	48.07
1) Hutcheson, Mackenzie 08	2) Cheam, Jordan 10
3) Schmidhuber, Hanna 08	4) Gervais, Emilie 09
4 Brockville Legion Track Club 'A'	51.61
1) Givogue, Lauren 09	2) Opalka, Hannah 08
3) Griffiths, Emily 10	4) Nandoo, Emma 09
-- Ottawa Lions T.F.C 'A'	DNF
1) Casselman, Teagan 09	2) Martineau, Chloë 09
3) Buffone, Livia 09	4) Gardiner, Roxanne 09

Women 4x100 Meter Relay mixed team U20

Championship: # 44.78

Team	Finals
1 Athlétisme Québec 'A'	47.44
1) ^dekpo, Maël D. 08	2) Jean, Sasha 09
3) Trépanier, Maitée 09	4) Kadji Majo, Kayla Divine 10

Women 4x400 Meter Relay club U20

Canadian: @ 3:30.68 2019-07-21 Canada
 Gale, Rynda, March, Leger
 Championship: # 3:43.28 2008 U of T

Team	Finals	
1 Laurel Creek T.F.C 'A'	3:53.11	
1) Schmidhuber, Hanna 08	2) Hutcheson, Mackenzie 08	
3) Cheam, Jordan 10	4) Gervais, Emilie 09	
1:59.166 (1:59.166)	2:55.909 (56.743)	3:53.105 (57.196)
2 Ottawa Lions T.F.C 'A'	3:54.10	
1) Sakiyama, Autumn 10	2) Dewar, Shannon 08	
3) Nitta Mackay, Norah 09	4) McIntyre, Sophia 07	
2:00.631 (2:00.631)	2:56.077 (55.446)	3:54.095 (58.018)
3 Ottawa Lions T.F.C 'B'	4:13.85	
1) Muir, Anabelle 10	2) Lyons, Waverley 07	
3) Hutt, Elissande 08	4) Villeneuve, Ciara 07	
2:07.957 (2:07.957)	3:12.674 (1:04.717)	4:13.850 (1:01.176)

Women High Jump U20

=====

1.45m by 5cm to 1.60m, then by 4cm to 1.68m, then by 3cm
to 1.71, then by 2cm
Canadian: @ 1.92m 1993-08-08 Wanita Dykstra
Championship: # 1.83m 1988 Coalea Brown

Name	Year	Team	Finals
1 Dennis, Jaylah	10	Coquitlam Ch	1.80m
1.45 1.50 1.55 1.60 1.64 1.68 1.71 1.73 1.75 1.77 1.80 1.84			
---	0	0 0 0 0	XXO XXO XXX
2 Van Nes, Laura	07	Royal City A	1.75m
1.45 1.50 1.55 1.60 1.64 1.68 1.71 1.73 1.75 1.77			
---	0	0 0 0 X--	0 XXX
3 Gayle, Amairah	09	Thorold Elit	J1.75m
1.45 1.50 1.55 1.60 1.64 1.68 1.71 1.73 1.75 1.77			
---	0	0 X0 0 X0	XXO XXX
4 Heer, Payton	08	Kamloops Tra	1.68m
1.45 1.50 1.55 1.60 1.64 1.68 1.71			
---	0	0 XXO XXX	
5 Bredick, Vienne	09	Vernon Amate	1.64m
1.45 1.50 1.55 1.60 1.64 1.68			
---	0	0 XXX	
6 Mathieson, Alyssa	07	Red Deer Tit	J1.64m
1.45 1.50 1.55 1.60 1.64 1.68			
---	0	0 XXO XXX	
7 Felix, Aliya	08	Edmonton Thu	1.60m
1.45 1.50 1.55 1.60 1.64			
---	0	0 XXX	
7 Burke, Roisin	08	U Of C Athle	1.60m
1.45 1.50 1.55 1.60 1.64			
---	0	0 0 0 XXX	
9 Wilson, Myka	09	Truro Lions	J1.60m
1.45 1.50 1.55 1.60 1.64			
---	0	0 X0 XXX	
10 Lyons, Waverley	07	Ottawa Lions	1.55m
1.45 1.50 1.55 1.60			
---	0	0 0 XXX	
11 Noel Bertin, Ariane	07	Aetos Athlet	J1.55m
1.45 1.50 1.55 1.60			
---	0	0 X0 XXX	
12 Sloetjes, Breanna	08	St Thomas Le	1.50m
1.45 1.50 1.55 1.60			
---	0	0 X R	

Women Pole Vault U20

=====

2.60m by 20cm to 3.00m, then by 15cm up to 3.45m, then by 10cm
Canadian: @ 4.40m 2013-08-25 Alysha Newman, LLTA
Championship: # 4.15m 2022 Heather Abadie

Name	Year	Team	Finals
1 Hurtubise, Mackenzie	07	BC Unattache	4.05m
2.60 2.80 3.00 3.15 3.30 3.45 3.55 3.65 3.70 3.75 3.80 3.85 3.90 3.95 4.00 4.05 4.10 4.16			
---	0	0	XXO --- XO --- XXO PPP XXX
2 Kryorka, Nella	08	Bolton Pole	3.85m
2.60 2.80 3.00 3.15 3.30 3.45 3.55 3.65 3.70 3.75 3.80 3.85 3.90 3.95			
---	0	0	XO --- XXX
3 Jasinskis, Ali	08	London Weste	J3.85m
2.60 2.80 3.00 3.15 3.30 3.45 3.55 3.65 3.70 3.75 3.80 3.85 3.90 3.95			
---	0	0 XXO	--- XO --- XXX
4 Bibby, Isla	08	Quinte Legio	3.55m
2.60 2.80 3.00 3.15 3.30 3.45 3.55 3.65			
---	0	0 X0 0 XXX	
5 Hogarth, Kyra	08	Winnipeg Opt	3.45m
2.60 2.80 3.00 3.15 3.30 3.45 3.55			

	---	---	---	---	0	X0	XXX		
6	Muir, Anabelle				10	Ottawa Lions		J3.45m	
	2.60	2.80	3.00	3.15	3.30	3.45	3.55		
	---	---	0	XX0	0	XX0	XXX		
7	Francois-LaPalme, Debora				09	Saint-Lauren		3.30m	
	2.60	2.80	3.00	3.15	3.30	3.45			
	---	---	X0	0	0	XXX			
8	Popp, Carlie				08	North Bay Le		J3.30m	
	2.60	2.80	3.00	3.15	3.30	3.45			
	---	---	0	XX0	XX0	XXX			
9	Kozoletova, Aurelia				07	Red Deer Tit		3.15m	
	2.60	2.80	3.00	3.15	3.30				
	---	0	X0	0	XXX				
10	Chouikhi, Balqis				07	York Univers		J3.15m	
	2.60	2.80	3.00	3.15	3.30				
	---	---	---	XX0	XXX				
11	Morales, Charlotte				10	Ottawa Lions		3.00m	
	2.60	2.80	3.00	3.15					
	0	0	0	XXX					

Women Long Jump U20

Canadian: @ 6.52m 2002-02-23 Krysha Bayley, COQC						
Championship: # 6.11m 1985 Keri-Ann Mitchell						
Name	Year	Team	Finals	Wind		
1 Taylor, Brooklyn	07	York Univers	5.84m	0.3		
	5.47m(0.6)	FOUL	5.84m(0.3)	5.63m(3.0)	5.68m(1.1)	FOUL
2 Bourgeois, Livia	08	Sherbrooke	5.63m	1.6		
	5.25m(0.5)	5.24m(0.2)	5.42m(0.6)	5.20m(0.3)	5.59m(1.8)	5.63m(1.6)
3 Gayle, Amairah	09	Thorold Elit	5.62m	0.8		
	5.37m(2.5)	5.34m(0.4)	5.25m(1.2)	5.45m(0.7)	5.62m(0.8)	5.52m(1.0)
4 Awosoga, Mercy	07	Chinook Trac	5.50m	0.3		
	5.48m(0.1)	FOUL	5.29m(0.4)	FOUL	FOUL	5.50m(0.3)
5 Brown, Mya	07	ON Unattache	5.33m	0.6		
	5.33m(0.6)	FOUL	3.81m(0.3)	FOUL	4.60m(1.3)	4.57m(1.2)
6 Self, Makenna	07	Coquitlam Ch	5.28m	2.0		
	5.26m(1.2)	5.21m(-0.4)	5.28m(2.0)	4.93m(0.3)	5.12m(0.4)	5.24m(0.5)
7 Burke, Roisin	08	U Of C Athle	5.26m	2.8		
	4.77m(-0.1)	5.26m(2.8)	4.96m(2.3)	FOUL	FOUL	4.88m(0.3)
8 Wilson, Myka	09	Truro Lions	5.07m	2.3		
	5.06m(1.1)	5.06m(0.6)	4.80m(1.4)	4.73m(2.0)	5.07m(2.3)	4.65m(0.7)
9 Adeleye, Deborah	08	C.A.N.I. Ath	5.05m	0.1		
	5.05m(0.1)	FOUL	4.70m(0.9)			
10 Varma, Sofia	07	Kajaks Track	4.99m	0.7		
	FOUL	4.99m(0.7)	4.93m(1.3)			
11 Razakamanana, Antsa	07	Sherbrooke	4.97m	0.4		
	4.97m(0.4)	4.85m(0.5)	4.71m(-0.2)			
-- Thero-Soto, Mia	07	St. Albert M	FOUL			
	FOUL	FOUL	FOUL			

Women Triple Jump U20

Canadian: @ 13.53m 2004-01-16 Tabia Charles, EEDG						
Championship: # 13.08m 2023-07-30 Asia Phillips, Flying Angel						
Name	Year	Team	Finals	Wind		
1 Oriakhi, Divine	08	Flying Angel	12.49m	1.3		
	11.83m(2.1)	12.41m(1.6)	12.49m(1.3)	11.72m(0.4)	11.70m(-0.1)	12.02m(0.2)
2 Ishaka, Igbunuoghene	07	Calgary Spar	12.19m	0.7		
	12.06m(1.8)	FOUL	12.08m(0.9)	12.09m(0.3)	11.95m(-0.2)	12.19m(0.7)
3 Cross, Shiloh	07	Flying Angel	12.17m	1.6		
	FOUL	FOUL	12.17m(1.6)	12.05m(0.7)	12.01m(0.3)	11.83m(0.1)
4 Zhou, Linda	09	Athletics Vi	11.86m	1.9		
	11.34m(2.0)	11.31m(0.5)	11.86m(1.9)	11.71m(0.5)	11.40m(0.2)	11.75m(0.5)

5	Woolverton, Kit	09	Edmonton Thu	11.70m	-0.1
	10.82m(0.4)	11.43m(0.7)	11.22m(1.9)	10.99m(0.8)	10.78m(0.7)
6	Awosoga, Mercy	07	Chinook Trac	11.52m	1.9
	11.01m(2.1)	11.52m(1.9)	11.37m(2.1)	11.14m(0.4)	10.88m(0.2)
7	Douma, Olivia	08	Windsor Esse	11.33m	1.5
	10.51m(1.0)	11.33m(1.5)	11.06m(2.2)	10.98m(0.6)	11.15m(0.3)
8	Mullings, Abigail	07	Flying Angel	11.31m	0.7
	FOUL	11.31m(0.7)	11.23m(0.7)	FOUL	FOUL
				11.04m(-0.6)	
9	Cohen, Zara	08	Flying Angel	11.29m	1.4
	11.19m(2.6)	11.07m(0.7)	11.29m(1.4)		
10	Wilson, Myka	09	Truro Lions	J11.29m	1.4
	11.01m(2.1)	FOUL	11.29m(1.4)		
11	Varma, Sofia	07	Kajaks Track	J11.29m	2.6
	10.88m(2.6)	9.41m(1.0)	11.29m(2.6)		
12	Brown, Mya	07	ON Unattache	11.11m	1.8
	11.02m(2.2)	10.99m(1.8)	11.11m(1.8)		

Women Shot Put U20

Canadian: @ 17.24m 2019-08-09 Trinity Tutti, SISU
 Championship: # 16.39m 2009 Julie Labonte

Name	Year	Team	Finals
1 Phangura, Talia	08	BC Unattache	14.65m
	13.66m	13.76m	13.20m
	13.96m	13.20m	14.65m
2 LeBlanc, Audrée	07	ASEA	14.21m
	12.94m	13.30m	12.52m
	13.00m	13.46m	14.21m
3 Tunks, Jenna	09	London Weste	13.48m
	13.26m	13.39m	12.86m
	13.48m	FOUL	13.37m
4 Turland, Adalee	09	Sisu Throws	13.11m
	12.22m	13.10m	12.89m
	13.11m	12.20m	12.07m
5 Bentley, Brooke	07	ON Unattache	12.98m
	11.83m	12.72m	12.98m
	FOUL	FOUL	FOUL
6 Francis, Abigail	08	ON Unattache	12.02m
	11.79m	12.02m	11.55m
	12.00m	12.01m	11.52m
7 Henry, Jencie	08	Predator Ath	11.81m
	11.81m	FOUL	FOUL
	FOUL	FOUL	11.23m
8 McKenzie, Ciara Faith	08	Athletics Vi	11.22m
	11.09m	11.22m	10.79m
	FOUL	FOUL	FOUL
9 Divizio, Sofia	10	Project Athl	11.19m
	10.38m	11.01m	11.19m
10 Caba, Mackenzie	09	ON Unattache	11.17m
	10.24m	10.88m	11.17m
11 Gilbert, Sadie	07	Ottawa Lions	10.89m
	10.31m	10.85m	10.89m
-- Burbick, Saige	09	Project Athl	FOUL
	FOUL	FOUL	FOUL

Women Discus Throw U20

Canadian: @ 63.58m 2026-04-18 Julia Tunks, LWTF
 Championship: # 56.95m 2019 Trinity Tutti

Name	Year	Team	Finals
1 Tunks, Jenna	09	London Weste	51.33m
	47.72m	47.26m	48.98m
	50.33m	51.33m	FOUL
2 McKenzie, Ciara Faith	08	Athletics Vi	44.64m
	FOUL	FOUL	42.71m
	FOUL	44.64m	39.53m
3 LeBlanc, Audrée	07	ASEA	42.94m
	36.21m	40.18m	36.17m
	42.69m	42.05m	42.94m
4 Mullin, Madeline	08	London Weste	42.42m
	39.63m	FOUL	FOUL
	FOUL	42.42m	FOUL
5 Turland, Adalee	09	Sisu Throws	40.93m
	FOUL	35.73m	FOUL
	37.87m	40.93m	FOUL
6 Johnson, Sydney	08	Quinte Legio	35.81m

	29.42m	31.61m	34.72m	35.81m	31.77m	33.83m	
7	Scott-Fleming, Adair		08 Stratford Sa				35.47m
	33.29m	35.47m	FOUL	30.94m	34.03m	FOUL	
8	Rickard, Blaire		10 Project Athl				35.13m
	34.03m	29.09m	34.99m	34.11m	FOUL	35.13m	
9	Burbick, Saige		09 Project Athl				33.61m
	33.61m	FOUL	FOUL				
10	Noel Bertin, Ariane		07 Aetos Athlet				28.94m
	FOUL	28.94m	28.48m				
11	Divizio, Sofia		10 Project Athl				28.61m
	FOUL	FOUL	28.61m				
12	Henry, Jencie		08 Predator Ath				28.15m
	FOUL	FOUL	28.15m				

Women Hammer Throw U20

Canadian: @ 65.61m 2018-04-27 Camryn Rogers, KJAK
 Championship: # 61.95m 2017 Camryn Rogers

Name	Year	Team	Finals
1	Scarlett, Mykayla	08 Project Athl	55.53m
	52.40m	FOUL	53.73m
	FOUL	FOUL	55.53m
	FOUL		
2	Pilsner Roberts, Elliott	08 Chinook Trac	54.23m
	50.89m	47.46m	52.06m
	49.37m	53.20m	54.23m
3	Mander, Gurleen	07 BC Unattache	54.00m
	FOUL	48.48m	FOUL
	54.00m	50.44m	FOUL
4	Anderson, Sierra	07 Project Athl	49.98m
	48.12m	49.98m	FOUL
	49.64m	48.98m	49.65m
5	Gharehcheloo, Tara	09 Sisu Throws	48.93m
	47.66m	47.28m	48.93m
	48.10m	43.36m	44.65m
6	Phangura, Talia	08 BC Unattache	48.84m
	FOUL	46.64m	47.72m
	48.84m	48.06m	FOUL
7	Francis, Abigail	08 ON Unattache	47.41m
	44.51m	FOUL	47.41m
	FOUL	43.72m	46.67m
8	Bunston, Jenna	07 Nanaimo & Di	46.90m
	46.90m	FOUL	FOUL
	42.83m	FOUL	42.53m
9	Barnett, Aszura	07 Boost Athlet	42.72m
	FOUL	38.52m	42.72m
10	Rickard, Blaire	10 Project Athl	38.13m
	38.13m	FOUL	FOUL
--	Burbick, Saige	09 Project Athl	FOUL
	FOUL	FOUL	FOUL
--	Bentley, Brooke	07 ON Unattache	FOUL
	FOUL	FOUL	FOUL

Women Javelin Throw U20

Canadian: @ 53.67m 2016-06-17 Brittini Wolczyk, UNBC
 Championship: # 50.86m 2006 Elizabeth Gleadle

Name	Year	Team	Finals
1	Campbell, Ava	07 Athletics Vi	45.73m
	42.46m	44.82m	FOUL
	45.73m	40.71m	42.89m
2	Bell, Catarina (Cat)	07 Caltaf Athle	40.93m
	40.93m	FOUL	36.91m
	FOUL	35.83m	36.19m
3	McMullin, Mallea	09 Ottawa Lions	38.51m
	FOUL	38.12m	FOUL
	38.51m	FOUL	35.14m
4	McCarty, Ella	07 Real North A	36.06m
	FOUL	34.32m	36.06m
	35.46m	34.54m	35.77m
5	Policicchio, Georgia	09 ON Unattache	35.86m
	34.40m	35.63m	34.40m
	FOUL	FOUL	35.86m
6	Dalziel, Alexis	08 West Island	31.62m
	31.32m	27.57m	31.62m
	29.32m	FOUL	FOUL
7	Brooks, Eleya	08 Truro Lions	30.10m
	25.80m	FOUL	27.85m
	30.10m	29.99m	27.43m

8 Opalka, Hannah 08 Brockville L 28.26m
 26.94m 26.86m 26.89m 27.96m 28.26m 22.91m

Heptathlon: #4 Women 200 Meter Dash U20 Heptathlon

Championship: # 25.80

Name	Year Team	Finals	Wind	Points
1 Worton, Skarlit	08 Sarnia Athle	25.22	2.2	867
2 Lavoie, Clémence	07 Athlétisme L	25.29	2.2	860
3 Chopin, Noémie	08 C.A. Univ. L	25.54	2.2	838
4 Bell, Tessa	09 Nanaimo & Di	25.75	2.2	819
5 Zinger, Paige	07 U Of C Athle	26.03	2.2	795
6 Boily, Jessica	08 Trail Track	26.81	2.2	728
7 Catenacci, Cassie	08 Windsor Legi	27.72	2.2	653
8 Bélanger, Laurence	08 Zénix De La	27.97	2.2	633

Heptathlon: #7 Women 800 Meter Run U20 Heptathlon

Championship: # 2:24.18

Name	Year Team	Finals	Points
1 Lavoie, Clémence	07 Athlétisme L	2:19.46#	831
1:09.327 (1:09.327)	2:19.451 (1:10.124)		
2 Chopin, Noémie	08 C.A. Univ. L	2:20.59#	816
1:09.057 (1:09.057)	2:20.582 (1:11.525)		
3 Zinger, Paige	07 U Of C Athle	2:21.97#	797
1:09.979 (1:09.979)	2:21.964 (1:11.985)		
4 Catenacci, Cassie	08 Windsor Legi	2:28.10	717
1:09.344 (1:09.344)	2:28.097 (1:18.753)		
5 Bell, Tessa	09 Nanaimo & Di	2:33.57	649
1:12.666 (1:12.666)	2:33.565 (1:20.899)		
6 Boily, Jessica	08 Trail Track	2:35.74	623
1:12.561 (1:12.561)	2:35.740 (1:23.179)		
7 Bélanger, Laurence	08 Zénix De La	2:55.27	410
1:21.174 (1:21.174)	2:55.262 (1:34.088)		

Heptathlon: #1 Women 100 Meter Hurdles U20 Heptathlon

Championship: # 14.80

Name	Year Team	Finals	Wind	Points
1 Zinger, Paige	07 U Of C Athle	14.13	2.3	960
2 Lavoie, Clémence	07 Athlétisme L	14.34	2.3	931
3 Chopin, Noémie	08 C.A. Univ. L	14.50	2.3	909
4 Worton, Skarlit	08 Sarnia Athle	14.52	2.3	906
5 Bell, Tessa	09 Nanaimo & Di	14.61	2.3	894
6 Bélanger, Laurence	08 Zénix De La	16.17	2.3	694
7 Catenacci, Cassie	08 Windsor Legi	16.26	2.3	683
8 Boily, Jessica	08 Trail Track	16.49	2.3	655

Heptathlon: #2 Women High Jump U20 Heptathlon

Championship: # 1.61m

Name	Year Team	Finals	H#	Points
1 Zinger, Paige	07 U Of C Athle	1.65m#	1	795
1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68				
--- --- --- XO 0 0 XXO XXX				
2 Bell, Tessa	09 Nanaimo & Di	1.56m	2	689
1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59				
--- --- --- 0 XO XO 0 0 XXX				
2 Lavoie, Clémence	07 Athlétisme L	1.56m	1	689
1.47 1.50 1.53 1.56 1.59				
XO 0 0 XO XXX				

2	Chopin, Noémie	08 C.A. Univ. L	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56	1.59	1.56m	2	689
			---	---	---	---	0	XX0	0	XX0	XXX			
2	Boily, Jessica	08 Trail Track	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56	1.59	1.56m	2	689
			---	---	---	0	0	X0	0	0	XXX			
6	Worton, Skarlit	08 Sarnia Athle	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56		1.53m	2	655
			---	---	0	0	0	0	0	XXX				
6	Bélanger, Laurence	08 Zénix De La	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56		1.53m	2	655
			---	---	0	X0	0	0	0	XXX				
8	Catenacci, Cassie	08 Windsor Legi	1.35	1.38	1.41	1.44	1.47					1.44m	2	555
			---	---	XX0	X0	XXX							

Heptathlon: #5 Women Long Jump U20 Heptathlon

Championship: # 5.52m

Name	Year Team	Finals	Wind	Points
1 Lavoie, Clémence	07 Athlétisme L	5.51m	0.8	703
		5.28m(1.4)		5.25m(0.7)
2 Bell, Tessa	09 Nanaimo & Di	5.49m	1.2	697
		5.36m(1.0)		5.37m(1.0)
3 Chopin, Noémie	08 C.A. Univ. L	5.41m	1.2	674
		5.25m(1.2)		5.41m(1.2)
4 Zinger, Paige	07 U Of C Athle	5.29m	0.2	640
		FOUL		5.17m(0.6)
5 Boily, Jessica	08 Trail Track	5.06m	2.0	576
		5.06m(2.0)		4.76m(0.9)
6 Worton, Skarlit	08 Sarnia Athle	4.97m	1.1	551
		4.81m(1.0)		4.97m(1.1)
7 Bélanger, Laurence	08 Zénix De La	4.87m	0.8	524
		4.66m(1.0)		4.76m(0.9)
8 Catenacci, Cassie	08 Windsor Legi	4.51m	0.5	431
		4.51m(0.5)		4.39m(1.1)
				FOUL

Heptathlon: #3 Women Shot Put U20 Heptathlon

Championship: # 11.10m

Name	Year Team	Finals	Points
1 Chopin, Noémie	08 C.A. Univ. L	11.11m#	602
		11.11m	10.42m
2 Lavoie, Clémence	07 Athlétisme L	10.39m	555
		10.39m	9.83m
3 Boily, Jessica	08 Trail Track	9.23m	479
		9.23m	8.86m
4 Bélanger, Laurence	08 Zénix De La	8.80m	451
		8.65m	8.80m
5 Bell, Tessa	09 Nanaimo & Di	8.58m	437
		8.49m	8.58m
6 Catenacci, Cassie	08 Windsor Legi	8.45m	428
		7.55m	8.45m
7 Zinger, Paige	07 U Of C Athle	8.42m	427
		7.75m	8.29m
8 Worton, Skarlit	08 Sarnia Athle	7.85m	390
		7.75m	7.03m
			7.85m

Heptathlon: #6 Women Javelin Throw U20 Heptathlon

Championship: # 32.85m

Name	Year Team	Finals	Points
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1	Chopin, Noémie	08 C.A. Univ. L	33.24m#	538
	30.38m 33.24m 30.63m			
2	Lavoie, Clémence	07 Athlétisme L	33.04m#	534
	33.04m FOUL FOUL			
3	Boily, Jessica	08 Trail Track	32.00m	515
	21.92m 32.00m 27.51m			
4	Bell, Tessa	09 Nanaimo & Di	31.25m	500
	29.41m 31.25m 28.40m			
5	Zinger, Paige	07 U Of C Athle	30.69m	490
	FOUL 27.15m 30.69m			
6	Bélanger, Laurence	08 Zénix De La	26.24m	406
	25.04m 23.19m 26.24m			
7	Catenacci, Cassie	08 Windsor Legi	25.79m	397
	FOUL FOUL 25.79m			

Women Heptathlon U20

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Canadian: @ 6021 2017-04-07 Nina Schultz, NWSA
Name Year Team Finals H#
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1	Lavoie, Clémence	07 Athlétisme L	5103	
2	Chopin, Noémie	08 C.A. Univ. L	5066	
3	Zinger, Paige	07 U Of C Athle	4904	
4	Bell, Tessa	09 Nanaimo & Di	4685	
5	Boily, Jessica	08 Trail Track	4265	
6	Catenacci, Cassie	08 Windsor Legi	3864	
7	Bélanger, Laurence	08 Zénix De La	3773	

Women 100 Meter Dash Senior Qualifying

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Top 9 athletes advance
Canadian: @ 10.94 2025-07-13 Audrey Leduc, GATI
Championship: # 11.06 2025 Audrey Leduc, Gatineau
Name Year Team Finals Wind H#
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1	Sobkowich, Hanna	03 BC Unattache	11.74	0.5	5	11.740
1	Reed, Jordyn	05 BC Unattache	11.74	0.5	5	11.740
3	Suchowiecka, Paula	89 Masters of S	12.00	0.5	5	
4	Tedga, Roxane	06 Athlétisme R	12.01	0.5	5	
5	Gauthier, Alexe	02 Corsaire-Cha	12.09	0.5	5	
6	Tejiofo, Fiola	02 C.A. Univ. L	12.11	0.5	5	
7	Jacobson, Carys	04 NB Unattache	12.13	0.5	5	
8	Mounkala, Caly	06 Athlétisme L	12.16	-1.0	4	
9	Basu, Rose	05 Ottawa Lions	12.25	-1.0	4	
10	Reevie, Olivia	04 ON Unattache	12.26	-1.0	4	
11	Dakin, Soriyah	02 ON Unattache	12.41	-1.0	4	
12	Ntambue, Dianna	03 Saint-Lauren	12.62	0.2	3	
13	Mulvihill, Danica	06 Ottawa Lions	12.65	-1.0	4	
14	Dubois-Lemieux, Stéphani	06 C.A. Univ. L	12.74	-1.0	4	
15	Pomerleau, Rosalie	02 Lasalle Athl	12.91	+0.0	2	
16	Zhang, Amy	06 Ottawa Lions	12.98	0.2	3	
17	McGillivray, Kierra	06 Ottawa Lions	13.02	0.2	3	
18	Santema, Helana	01 U Of C Athle	13.03	0.2	3	
19	Cobby, Franckie	06 C.A.N.I. Ath	13.05	+0.0	2	
20	Church, Adele	04 University O	13.13	+0.0	2	
21	Holowchuk, Ella	06 Winnipeg Opt	13.14	0.1	1	
22	Voloshin, Diana	97 NorWesters T	13.17	0.2	3	
23	Vara, Diana	99 Gatineau	13.20	+0.0	2	
24	Di Mola, Ella	05 ON Unattache	13.27	0.2	3	
25	Manigat, Maria	01 Lasalle Athl	13.59	0.1	1	
26	Timothée, Danika	06 Ottawa Lions	13.74	+0.0	2	
27	Lacasse, Jade	06 Sherbrooke	13.90	0.1	1	
28	Francois, Anne	98 Athlétisme L	14.00	0.1	1	
29	Dubé-Beaudin, Marie-Fran	97 Saint-Lauren	14.06	0.1	1	
30	Chabibi, Nada	03 Lasalle Athl	14.45	0.1	1	

31 Alexis, Wendy 55 Ottawa Lions 14.55 0.1 1

Women 200 Meter Dash Senior Qualifying

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Top 12 athletes advance

Canadian: @ 22.36 2024-05-31 Audrey Leduc, GATI

Championship: # 22.55 2025 Audrey Leduc, Gatineau

Name	Year	Team	Finals	Wind	H#
1 Ulysse, Maria Thérésa	04	Athlétisme L	23.89	1.3	7
2 Igbiki, Grace	04	Calgary Inte	23.98	1.3	7
3 Sobkowich, Hanna	03	BC Unattache	24.17	1.3	7
4 Lawrence, Amira	06	MB Unattache	24.37	1.3	7
5 Dulude Bellavance, Sarah	01	C.A. Univ. L	24.47	1.3	7
6 Mounkala, Caly	06	Athlétisme L	24.59	1.5	6
7 Reed, Jordyn	05	BC Unattache	24.68	1.3	7
8 Gauthier, Alexe	02	Corsaire-Cha	24.78	1.5	6
9 Adeshida, Yulia	04	Les Coureurs	24.82	1.4	4
10 Basu, Rose	05	Ottawa Lions	24.91	1.5	6
11 Lucas, Katherine	98	BC Unattache	25.03	1.5	6
12 Jacobson, Carys	04	NB Unattache	25.14	1.5	6
13 Lewis, Jazmyn	99	Speed Academ	25.22	1.5	6
14 Ntambue, Dianna	03	Saint-Lauren	25.51	1.4	4
15 El Mairy, Rebecca	06	McGill Olymp	25.58	1.5	5
16 Moreland, Kathryn	05	Ottawa Lions	25.66	1.5	5
17 McQuinn, Cora	04	Ottawa Lions	25.70	1.5	6
18 Babkine, Natalya	06	McGill Olymp	25.73	1.4	4
19 Dubois-Lemieux, Stéphanie	06	C.A. Univ. L	25.98	1.5	5
20 Appiah-Kubi, Michaela	06	Mississauga	26.00	1.5	5
21 Walker, Makesha	02	Lasalle Athl	26.04	1.4	4
22 Cenac, Courtney	03	Ottawa Lions	26.18	1.5	5
23 Santema, Helana	01	U Of C Athle	26.20	1.5	5
24 Allen, Hazel	06	University O	26.32	1.4	4
25 Osborne, Manon	74	Gatineau	26.53	1.4	2
26 Mulvihill, Danica	06	Ottawa Lions	26.55	1.5	5
27 Bonilla, Alba	05	Extreme Velo	26.58	1.4	4
28 Diavolitsis, Alissa	06	Track North	26.63	1.4	3
29 T46 Rummery, Amanda T46	97	Green And Go	26.78	1.4	3
30 Church, Adele	04	University O	26.83	1.4	2
31 Holowchuk, Ella	06	Winnipeg Opt	26.96	1.4	3
32 Kehl, Morgan	06	Winnipeg Opt	27.07	1.4	3
33 McGillivray, Kierra	06	Ottawa Lions	27.15	1.4	2
34 Cobby, Franckie	06	C.A.N.I. Ath	27.25	1.4	2
35 Di Mola, Ella	05	ON Unattache	27.27	1.4	2
36 Pomerleau, Rosalie	02	Lasalle Athl	27.33	1.4	3
37 Vara, Diana	99	Gatineau	27.50	1.3	1
38 Voloshin, Diana	97	NorWesters T	27.53	1.4	3
39 Rajah, Maya	06	Speed Academ	27.61	1.4	3
40 Valiquette, Emma	00	Saint-Jean O	28.29	1.4	2
41 Chabibi, Nada	03	Lasalle Athl	30.09	1.3	1
42 Couture, Rose	04	C.A. Univ. L	1:50.32	1.5	6
-- Ojo, Hillary	04	York Univers	DNF	1.3	7

Women 400 Meter Dash Senior Qualifying

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Top 14 athletes advance

Canadian: @ 49.91 Payne & Richardson

Championship: # 50.57 1990 Charmaine Crooks

Name	Year	Team	Finals	H#
1 Lewis, Jazmyn	99	Speed Academ	54.61	4
2 Igbiki, Grace	04	Calgary Inte	54.63	4
3 Vallée, Julia	04	Corsaire-Cha	54.71	4
4 Somers, Anna	06	Saint John R	55.82	3
5 Dimarino, Sophia	05	Extreme Velo	55.99	4

6	Samuel, Sharelle	00	Ottawa Lions	56.22	4	
7	Babkine, Natalya	06	McGill Olymp	56.41	4	
8	Lucas, Katherine	98	BC Unattache	56.67	3	
9	Ojo, Hillary	04	York Univers	56.84	4	
10	Deslandes, Myriam	03	Saint-Lauren	56.97	4	
11	Moreland, Kathryn	05	Ottawa Lions	57.15	3	
12	Majer, Grace	04	Calgary Inte	57.25	3	
13	Mantel, Kelly	05	ON Unattache	57.34	3	
14	Leask, Stephanie	00	C.A.N.I. Ath	57.98	2	
15	Pender, Tatiana	05	Ottawa Lions	58.52	2	
16	McQuinn, Cora	04	Ottawa Lions	58.62	3	
17	Lee, Cassandra	98	Sherbrooke	58.74	3	
18	Cuza, Finlay	06	Track North	59.27	2	
19	Cloutier, Laurence	05	C.A. Univ. L	59.79	3	
20	Kehl, Morgan	06	Winnipeg Opt	59.99	2	
21	Bonilla, Alba	05	Extreme Velo	1:00.21	2	
22	Cenac, Courtney	03	Ottawa Lions	1:00.71	2	
23	Osborne, Manon	74	Gatineau	1:01.10	1	
24	Docherty, Peyton	06	University O	1:01.17	2	
25	Cassèus, Aleesha	06	Athlétisme L	1:02.94	2	
26	Thangarasa, Devika	95	Lyfestyle At	1:03.92	1	1:03.914
27	Lalonde, Marie-Christine	87	Athlétisme L	1:03.92	1	1:03.915
28	Fowler, Olajiire	05	ON Unattache	1:04.24	1	
29	Rajah, Maya	06	Speed Academ	1:04.31	1	
30	Yogarajah, Vaishnavy	96	Lyfestyle At	1:06.67	1	

Women 800 Meter Run Senior Qualifying

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 Top 14 athletes advance

Canadian: @ 1:57.01 2017-07-21 Bishop-Nriagu, OTTL

Championship: # 1:58.20 2024-06-29 Jazz Shukla, Royal City

Name	Year	Team	Finals	H#	
1	McCormick, Brooklyn	01	University O	2:09.20	2
	1:02.502 (1:02.502)		2:09.195 (1:06.694)		
2	Mercier, Gabrielle	04	Sherbrooke	2:09.31	3
	1:05.074 (1:05.074)		2:09.301 (1:04.228)		
3	Boutin, Julia	02	Saint-Lauren	2:09.57	2
	1:03.285 (1:03.285)		2:09.562 (1:06.277)		
4	Drouin, Morgane	04	Zénix De La	2:09.69	3
	1:05.449 (1:05.449)		2:09.687 (1:04.238)		
5	Kennedy, Catherine	97	Athletics Ea	2:09.73	2
	1:02.310 (1:02.310)		2:09.728 (1:07.418)		
6	Knelsen, Hallee	03	St Thomas Le	2:09.80	3
	1:05.035 (1:05.035)		2:09.791 (1:04.756)		
7	Veilleux, Emma	04	Saint-Lauren	2:10.19	2
	1:02.726 (1:02.726)		2:10.186 (1:07.460)		
8	Drebert, Meadow	06	Leduc Track	2:10.29	3
	1:05.420 (1:05.420)		2:10.289 (1:04.870)		
9	Rodrigues, Sierra	04	Saint John R	2:10.63	3
	1:05.774 (1:05.774)		2:10.621 (1:04.848)		
10	MacDonald, Cara	05	Athletics Ea	2:10.81	3
	1:05.887 (1:05.887)		2:10.808 (1:04.921)		
11	Hendrikx, Juliana	04	London Weste	2:11.10	2
	1:04.274 (1:04.274)		2:11.091 (1:06.818)		
12	Richardson, Chloe	01	Athletics Ea	2:11.29	1
	1:04.943 (1:04.943)		2:11.287 (1:06.344)		
13	Fullarton, Zoe	03	Athletics Ea	2:11.61	3
	1:05.553 (1:05.553)		2:11.601 (1:06.048)		
14	Stieh, Amy	01	Ottawa Lions	2:12.60	2
	1:03.123 (1:03.123)		2:12.592 (1:09.470)		
15	Hébert, Élodie	01	Sherbrooke	2:12.84	1
	1:05.155 (1:05.155)		2:12.831 (1:07.676)		
16	Sénéchal, Clara	05	Gatineau	2:13.07	1
	1:05.425 (1:05.425)		2:13.061 (1:07.637)		

17 Desjarlais, Laurie	98 Sherbrooke	2:13.66	2
1:04.650 (1:04.650)	2:13.660 (1:09.011)		
18 Bauer, Nicole	93 Calgary Inte	2:13.67	3
1:05.232 (1:05.232)	2:13.662 (1:08.431)		
19 Smailbegovic, Ena	06 Saint-Lauren	2:17.44	1
1:06.178 (1:06.178)	2:17.432 (1:11.254)		
20 Paquin, Geneviève	98 Saint-Lauren	2:17.84	2
1:03.995 (1:03.995)	2:17.839 (1:13.844)		
21 Elmzem, Camilia	06 Athlétisme L	2:19.56	1
1:07.999 (1:07.999)	2:19.557 (1:11.558)		
22 Klufas, Daria	06 Toronto West	2:20.07	1
1:08.017 (1:08.017)	2:20.065 (1:12.048)		
23 Chabot, Megane	04 C.A. Univ. L	2:20.11	1
1:06.459 (1:06.459)	2:20.102 (1:13.643)		
24 Tyman, Elliot	03 Ottawa Lions	2:22.02	1
1:08.743 (1:08.743)	2:22.013 (1:13.270)		
-- *essabar, Jade	03 Saint-Lauren	X2:09.91	3
1:04.585 (1:04.585)	2:09.910 (1:05.326)		
-- *ben Hamou-Kuijpers, Els	03 Sherbrooke	X2:09.99	2
1:03.507 (1:03.507)	2:09.990 (1:06.484)		

Women 1500 Meter Run Senior Qualifying

=====
 Top 12 athletes advance
 Canadian: @ 3:56.12 2019-10-05 Gabriela Debues-Stafford, UTTC
 Championship: # 4:04.51 2004 Malindi Elmore

Name	Year Team	Finals	H#
1 Macaskill, Olivia	01 Harbour Trac	4:35.69	2
59.532 (59.532)	2:13.368 (1:13.836)	3:25.373 (1:12.006)	
4:35.682 (1:10.310)			
2 Roxby, Megan	00 BC Unattache	4:36.07	2
58.704 (58.704)	2:12.890 (1:14.186)	3:25.591 (1:12.702)	
4:36.068 (1:10.478)			
3 Boudreau, Camille	01 C.A. Univ. L	4:36.19	2
58.937 (58.937)	2:12.640 (1:13.704)	3:25.137 (1:12.497)	
4:36.190 (1:11.053)			
4 Pattison, Sydney	98 Stridewise R	4:36.32	2
59.252 (59.252)	2:13.104 (1:13.852)	3:25.420 (1:12.316)	
4:36.318 (1:10.899)			
5 Lavigne, Sabrina	99 C.A. Univ. L	4:36.66	2
58.654 (58.654)	2:12.532 (1:13.879)	3:25.148 (1:12.616)	
4:36.660 (1:11.512)			
6 Martin, Nayla	04 Saint-Lauren	4:38.58	2
59.479 (59.479)	2:13.669 (1:14.190)	3:26.438 (1:12.770)	
4:38.579 (1:12.141)			
7 Giannotti, Jocelyn	06 Ottawa Lions	4:39.56	2
59.745 (59.745)	2:13.527 (1:13.782)	3:26.832 (1:13.305)	
4:39.558 (1:12.727)			
8 Fullarton, Zoe	03 Athletics Ea	4:41.51	2
59.060 (59.060)	2:13.151 (1:14.091)	3:26.448 (1:13.298)	
4:41.504 (1:15.056)			
9 Pestonji, Maeve	04 Royal City A	4:42.08	1
57.273 (57.273)	2:13.545 (1:16.272)	3:30.783 (1:17.238)	
4:42.072 (1:11.289)			
10 Drebert, Meadow	06 Leduc Track	4:42.22	2
59.272 (59.272)	2:13.399 (1:14.128)	3:28.355 (1:14.956)	
4:42.214 (1:13.859)			
11 Veilleux, Sofia	04 Saint-Lauren	4:42.84	1
57.750 (57.750)	2:14.002 (1:16.252)	3:31.956 (1:17.955)	
4:42.831 (1:10.875)			
12 Martel, Camille	06 C.A. Univ. L	4:44.16	1
58.192 (58.192)	2:14.033 (1:15.842)	3:31.547 (1:17.514)	
4:44.159 (1:12.612)			
13 Mercier, Coralie	05 C.A. Univ. L	4:44.78	1

	57.921 (57.921)	2:13.834 (1:15.913)	3:31.086 (1:17.252)
	4:44.774 (1:13.689)		
14 Marsh, Alice	03 C.A. Univ. L	4:46.84 1	
	58.287 (58.287)	2:14.265 (1:15.978)	3:32.208 (1:17.943)
	4:46.833 (1:14.626)		
15 Sénéchal, Clara	05 Gatineau	4:46.88 1	
	57.002 (57.002)	2:13.693 (1:16.692)	3:32.644 (1:18.951)
	4:46.880 (1:14.236)		
16 Hébert, Élodie	01 Sherbrooke	4:53.65 1	
	56.809 (56.809)	2:13.450 (1:16.641)	3:32.494 (1:19.044)
	4:53.642 (1:21.149)		
17 Porter, Gillian	04 ON Unattache	4:54.52 1	
	57.533 (57.533)	2:13.234 (1:15.701)	3:32.823 (1:19.590)
	4:54.518 (1:21.696)		
18 Labbé, Florence	06 Lavironde	4:55.69 1	
	57.890 (57.890)	2:14.152 (1:16.262)	3:34.840 (1:20.689)
	4:55.688 (1:20.848)		
19 Klufas, Daria	06 Toronto West	5:00.70 1	
	58.698 (58.698)	2:18.144 (1:19.447)	3:43.381 (1:25.237)
	5:00.692 (1:17.311)		
-- Richardson, Chloe	01 Athletics Ea	DNF 1	
	59.521 (59.521)		
-- Côté, Marianne	99 Lanaudière-0	DNF 2	
	59.164 (59.164)		
-- Drouin, Morgane	04 Zénix De La	DNF 2	
	59.783 (59.783)		
-- Rodrigues, Sierra	04 Saint John R	DNF 2	
	58.926 (58.926)	3:28.306 (2:29.381)	
-- Bauer, Nicole	93 Calgary Inte	DNF 2	
-- *ben Hamou-Kuijpers, Els	03 Sherbrooke	X4:38.82 2	
	59.542 (59.542)	2:13.800 (1:14.258)	3:27.131 (1:13.331)
	4:38.812 (1:11.682)		
-- *borgers, Emilie	04 Saint-Lauren	X4:59.65 1	
	59.148 (59.148)	2:20.764 (1:21.616)	3:44.922 (1:24.159)
	4:59.649 (1:14.727)		

Women High Jump Senior Qualifying

=====

Start: 1.50m by 5cm up to 1.60m, then by 4cm up to 1.64m
then by 3cm up to 1.67m, then by 2cm

Top 5 athletes advance

Canadian: @ 1.99m 1982-01-23 Debbie Brill, UNBC

Championship: # 1.95m 2008 Nicole Forrester

Name	Year Team	Finals
1 Boisvert, Laurie	03 Sherbrooke	1.60m
1.50 1.55 1.60		
--- --- 0		
1 Barnard, Hannah	06 Saint John R	1.60m
1.50 1.55 1.60		
--- 0 0		
1 Horak, Michele	06 London Weste	1.60m
1.50 1.55 1.60		
--- 0 0		
1 Hanson, Jocelyn	06 Saskatoon TF	1.60m
1.50 1.55 1.60		
--- 0 0		
1 Allen, Dani	05 ON Unattache	1.60m
1.50 1.55 1.60		
--- 0 0		
6 Rose, Eden	05 Ottawa Lions	1.55m
1.50 1.55 1.60		
0 0 XXX		
-- *najarian, Océane	02 Sherbrooke	XJ1.55m
1.50 1.55 1.60		

--- 0 XXX

Women Pole Vault Senior Qualifying

=====
Start 3.15m up by 15cm to 3.45m, then by 10cm upto 3.65m,
then by 5cm
Top 5 athletes advance
Canadian: @ 4.82m 2019-08-28 Alysha Newman, BTPV
Championship: # 4.75m 2024-06-28 Alysha Newman, Bolton Pole

Name	Year	Team	Finals
1 Elford, Grace	03	Windsor Esse	3.55m
3.00 3.15 3.30 3.45 3.55			
---			0
1 Lovercheck, Kelsey	03	BC Unattache	3.55m
3.00 3.15 3.30 3.45 3.55			
---			0
3 Ezeji-Okoye, Delaney	02	Edmonton Int	3.45m
3.00 3.15 3.30 3.45 3.55			
---			X0 ---
3 Fiedler, Erika	91	Bolton Pole	3.45m
3.00 3.15 3.30 3.45 3.55			
---			X0 ---
5 Bilenko, Alina	04	York Univers	3.30m
3.00 3.15 3.30 3.45 3.55			
---			0 0 --- ---
6 Lefebvre-Bertrand, Emili	83	Vainqueurs P	3.15m
3.00 3.15 3.30			
---			0 XXX
6 Robitaille, Chloé	01	C.A. Univ. L	3.15m
3.00 3.15 3.30			
---			0 XXX
-- Rueppell, Lucia	05	AB Unattache	NH
3.00 3.15			
---			XXX

Women Long Jump Senior Qualifying

=====
Top 2 athletes advance
Canadian: @ 6.99m 2015-05-29 Christabel Nettey, TBIR
Championship: # 6.63m 2022 Christabel Nettey

Name	Year	Team	Finals	Wind
1 *okwechime, Maria	00	Ottawa Lions	X5.89m	2.2
FOUL 5.86m(2.3) 5.89m(2.2)				
2 Tejiofo, Fiola	02	C.A. Univ. L	5.84m	3.8
5.73m(1.6) FOUL 5.84m(3.8)				
3 Adeshida, Yulia	04	Les Coureurs	5.75m	2.8
FOUL 5.75m(2.8) 5.58m(1.3)				
4 Angus, Haley	05	Saint John R	5.60m	1.9
5.54m(2.3) 5.52m(1.5) 5.60m(1.9)				
5 Ostapowich, Charlize	05	Edmonton Int	5.46m	2.3
5.43m(2.9) 5.39m(1.8) 5.46m(2.3)				
6 Gurley, Rasheeda	99	York Univers	5.43m	2.9
5.16m(2.8) 5.35m(3.1) 5.43m(2.9)				
7 Sweeney, Sierra	02	Grit Athleti	5.30m	2.5
5.00m(2.9) 5.30m(2.5) 5.21m(3.1)				
8 Diop, Sofi	06	Athlétisme L	5.06m	2.7
2.66m(1.0) 3.54m(2.0) 5.06m(2.7)				
9 Magennis, Sydney	05	MB Unattache	5.04m	1.5
FOUL 4.95m(3.3) 5.04m(1.5)				
10 Hladin, Shelley	03	Sherbrooke	4.87m	2.1
4.81m(2.2) 4.87m(2.1) 4.75m(1.8)				
-- Kane-Rissling, Madison	00	Capital City	FOUL	
FOUL FOUL FOUL				

-- *ouangre, Sarah 03 Ottawa Lions XJ5.55m 2.9
 5.25m(2.4) FOUL 5.55m(2.9)

Women Triple Jump Senior Qualifying

=====
 Top 10 athletes advance

Canadian: @ 14.03m 2023-05-28 Caroline Ehrhardt, LWTF

Championship: # 13.92m 2008 Tabia Charles

Name	Year	Team	Finals	Wind
1 Angus, Haley	05	Saint John R	12.17m	3.5
12.13m(2.0) 12.17m(3.5)		PASS		
2 Yao, Samira Akono	04	Athlétisme L	12.12m	2.4
12.12m(2.4) 12.03m(2.2)		PASS		
3 Rand, Brianna	04	London Weste	11.95m	3.0
FOUL 11.95m(3.0)		PASS		
4 Moreland, Elizabeth	03	Ottawa Lions	11.58m	3.1
11.14m(0.6) 11.36m(1.9) 11.58m(3.1)				
5 Hogue, Marilou	06	Impulsion	11.53m	2.1
10.39m(2.2) 10.97m(1.6) 11.53m(2.1)				
6 Sweeney, Sierra	02	Grit Athleti	11.27m	1.7
11.09m(2.1) 11.27m(1.7)		FOUL		
8 Kane-Rissling, Madison	00	Capital City	J11.05m	2.9
10.57m(8.4) 10.87m(2.1) 11.05m(2.9)				
9 Gilbert, Ella-Grace	03	Ottawa Lions	J11.04m	3.5
11.04m(3.5) 11.00m(2.5) 10.97m(2.6)				
10 Hladin, Shelley	03	Sherbrooke	J10.93m	1.3
FOUL 10.88m(1.6) 10.93m(1.3)				
11 Rajapakse, Dinu	01	Winnipeg Opt	J10.89m	0.8
10.89m(0.8) 10.63m(2.8) 10.85m(3.5)				
12 Magennis, Sydney	05	MB Unattache	J10.53m	4.0
9.85m(3.7) 10.53m(4.0) 10.47m(3.9)				
-- *ouangre, Sarah	03	Ottawa Lions	XJ11.06m	2.4
FOUL 10.92m(4.7) 11.06m(2.4)				

Women Hammer Throw Senior Qualifying

=====
 Top 7 athletes advance

Canadian: @ 78.88m 2025-07-05 Camryn Rogers, KJAK

Championship: # 77.43m 2023-07-28 Camryn Rogers, Kajaks Track

Name	Year	Team	Finals
1 Tcheutchoua, Miranda	01	Lasalle Athl	56.97m
56.97m 56.05m FOUL			
2 MacIsaac, Chelsea	01	Athletics Ea	54.69m
51.79m 54.69m 51.27m			
3 Tcheutchoua, Aisling	04	Lasalle Athl	54.12m
54.12m PASS FOUL			
4 Morrow, Ashley	06	MB Unattache	52.42m
52.28m 52.14m 52.42m			
5 Déry, Kassandra	04	C.A. Univ. L	52.38m
50.83m 52.38m 50.75m			
6 Drake, Elise	06	Kajaks Track	51.38m
50.24m 50.49m 51.38m			
7 Morin, Claudy	05	C.A. Univ. L	49.70m
49.70m FOUL FOUL			
8 Nimat, Myakim	04	Aetos Athlet	48.10m
48.10m FOUL 45.71m			
9 Sparenberg, Anij	02	London Weste	44.31m
42.92m 44.31m 43.53m			
10 Kubay, Danica	05	Flying M Ath	39.96m
38.81m 38.59m 39.96m			
11 Guy, Audrey	01	Sherbrooke	39.35m
FOUL 39.35m FOUL			
12 Gudmundson, Bryarre	97	Flying M Ath	33.40m

FOUL FOUL 33.40m

Women 100 Meter Dash Senior

=====
8 Advance: Top 2 Each Heat plus Next 2 Best Times

Advance Top 2 + 2

Canadian: @ 10.94 2025-07-13 Audrey Leduc, GATI

Championship: # 11.06 2025 Audrey Leduc, Gatineau

Name Year Team Prelims Wind H#

=====
Preliminaries

1	Leduc, Audrey	99	Gatineau	11.29Q	0.6	1	
2	McCreath, Sade	96	Flying Angel	11.30Q	1.6	3	
3	Cole, Gabrielle	04	Royal City A	11.55Q	1.0	2	
4	Leclair, Marie-Éloïse	02	Saint-Lauren	11.43Q	1.6	3	
5	Chiasson, Frédérique	02	C.A. Univ. L	11.58Q	1.0	2	
6	Marsh, Alyssa	00	ON Unattache	11.63Q	0.6	1	
7	Ulysse, Maria Thérèse	04	Athlétisme L	11.54q	1.6	3	
8	Madogo, Jacqueline	00	Royal City A	11.60q	1.0	2	
9	Reed, Jordyn	05	BC Unattache	11.75	1.0	2	11.742
10	Sobkowich, Hanna	03	BC Unattache	11.75	1.0	2	11.745
11	Ntambue, Donna	01	McGill Olymp	11.79	0.6	1	
12	Gbinije, Onome	02	ON Unattache	11.83	1.6	3	
13	Williams, Shanice	96	York Univers	11.85	1.6	3	
14	Tedga, Roxane	06	Athlétisme R	11.99	1.6	3	
15	Gauthier, Alexe	02	Corsaire-Cha	12.10	1.6	3	
16	Mounkala, Caly	06	Athlétisme L	12.13	1.6	3	
17	Basu, Rose	05	Ottawa Lions	12.16	1.0	2	
18	Suchowiecka, Paula	89	Masters of S	12.20	0.6	1	
19	Tejiofo, Fiola	02	C.A. Univ. L	12.27	1.0	2	12.267
20	Buchanan, Leya	96	ON Unattache	12.27	0.6	1	12.268
21	Jacobson, Carys	04	NB Unattache	12.36	0.6	1	
22	Reevie, Olivia	04	ON Unattache	12.48	0.6	1	

Women 100 Meter Dash Senior

=====
Advance Top 2 + 2

Canadian: @ 10.94 2025-07-13 Audrey Leduc, GATI

Championship: # 11.06 2025 Audrey Leduc, Gatineau

Name Year Team Finals Wind

=====
Finals

1	Leduc, Audrey	99	Gatineau	10.94	2.7
2	McCreath, Sade	96	Flying Angel	11.10	2.7
3	Leclair, Marie-Éloïse	02	Saint-Lauren	11.33	2.7
4	Marsh, Alyssa	00	ON Unattache	11.44	2.7
5	Cole, Gabrielle	04	Royal City A	11.51	2.7
6	Chiasson, Frédérique	02	C.A. Univ. L	11.56	2.7
7	Ulysse, Maria Thérèse	04	Athlétisme L	11.59	2.7

Women 200 Meter Dash Senior

=====
8 Advance: Top 2 Each Heat plus Next 2 Best Times

Advance Top 2 + 2

Canadian: @ 22.36 2024-05-31 Audrey Leduc, GATI

Championship: # 22.55 2025 Audrey Leduc, Gatineau

Name Year Team Prelims Wind H#

=====
Preliminaries

1	Leclair, Marie-Éloïse	02	Saint-Lauren	23.12Q	1.8	3	
2	Leduc, Audrey	99	Gatineau	23.24Q	0.3	1	
3	Marsh, Alyssa	00	ON Unattache	23.38Q	0.3	2	
4	Chiasson, Frédérique	02	C.A. Univ. L	23.27Q	1.8	3	
5	Goudros, Izzy	03	ON Unattache	23.43Q	0.3	1	
6	Proctor, Dianna	05	Edmonton Roy	23.65Q	0.3	2	23.643

7 Léger, Catherine	00 Saint-Lauren	23.63q	0.3	1	
8 Konrad, Grace	99 Capital City	23.65q	1.8	3	23.643
9 Igbiki, Grace	04 Calgary Inte	23.73	1.8	3	
10 Nijjar, Jasneet	01 Royal City A	23.74	0.3	2	
11 Cole, Gabrielle	04 Royal City A	23.82	0.3	2	
12 Chery, Orianne	02 Vainqueurs P	23.92	1.8	3	
13 Ulysse, Maria Thérésa	04 Athlétisme L	23.94	0.3	1	
14 Ntambue, Donna	01 McGill Olymp	24.12	0.3	1	
15 Lawrence, Amira	06 MB Unattache	24.32	1.8	3	
16 Sobkowich, Hanna	03 BC Unattache	24.36	0.3	2	
17 Dulude Bellavance, Sarah	01 C.A. Univ. L	24.52	0.3	2	
18 Reed, Jordyn	05 BC Unattache	24.66	0.3	1	
19 Basu, Rose	05 Ottawa Lions	24.84	1.8	3	
20 Lucas, Katherine	98 BC Unattache	24.90	0.3	1	
21 Adeshida, Yulia	04 Les Coureurs	24.96	0.3	2	
22 Mounkala, Caly	06 Athlétisme L	25.01	0.3	1	
23 Gauthier, Alexe	02 Corsaire-Cha	25.02	0.3	2	

Women 200 Meter Dash Senior

=====
Advance Top 2 + 2

Canadian: @ 22.36 2024-05-31 Audrey Leduc, GATI
Championship: # 22.55 2025 Audrey Leduc, Gatineau

Name	Year	Team	Finals	Wind
------	------	------	--------	------

=====
Finals

1 Leduc, Audrey	99	Gatineau	22.38#	2.0
2 Leclair, Marie-Éloïse	02	Saint-Lauren	22.87	2.0
3 Marsh, Alyssa	00	ON Unattache	22.95	2.0
4 Goudros, Izzy	03	ON Unattache	23.10	2.0
5 Chiasson, Frédérique	02	C.A. Univ. L	23.27	2.0
6 Léger, Catherine	00	Saint-Lauren	23.34	2.0
7 Proctor, Dianna	05	Edmonton Roy	23.45	2.0
8 Konrad, Grace	99	Capital City	23.72	2.0

Women 400 Meter Dash Senior

=====
8 Advance: Top 2 Each Heat plus Next 2 Best Times

Canadian: @ 49.91 Payne & Richardson
Championship: # 50.57 1990 Charmaine Crooks

Name	Year	Team	Prelims	H#
------	------	------	---------	----

=====
Preliminaries

1 Gale, Lauren	00	Ottawa Lions	51.78Q	1
2 Sherar, Zoe	99	Royal City A	53.12Q	2
3 Proctor, Dianna	05	Edmonton Roy	53.84Q	3
4 Nijjar, Jasneet	01	Royal City A	52.92Q	1
5 Clayton, Ella	03	Calgary Spar	54.08Q	2
6 Okpali, Favour	01	London Weste	54.33Q	3
7 Webb, Kiara	06	Speed Academ	53.23q	1
8 Vallée, Julia	04	Corsaire-Cha	54.64q	1
9 Igbiki, Grace	04	Calgary Inte	54.71	2
10 James, Jenna	03	Extreme Velo	54.76	2
11 Lewis, Jazmyn	99	Speed Academ	55.58	3
12 Dimarino, Sophia	05	Extreme Velo	56.07	1
13 Samuel, Sharelle	00	Ottawa Lions	56.14	2
14 Lucas, Katherine	98	BC Unattache	56.64	1
15 Somers, Anna	06	Saint John R	57.16	3
16 Babkine, Natalya	06	McGill Olymp	57.18	2
17 Moreland, Kathryn	05	Ottawa Lions	57.57	3
18 Mantel, Kelly	05	ON Unattache	57.87	2
19 Ojo, Hillary	04	York Univers	57.94	3
20 Pender, Tatiana	05	Ottawa Lions	58.49	1
21 McQuinn, Cora	04	Ottawa Lions	59.00	1
22 Leask, Stephanie	00	C.A.N.I. Ath	59.39	3

23 Lee, Kassandra	98 Sherbrooke	1:00.43	2	
-- Whyte, Rachel	05 Troy Univers	DQ	3	TR4.5 TR7.3 Red Card

Women 400 Meter Dash Senior

=====
Canadian: @ 49.91 Payne & Richardson
Championship: # 50.57 1990 Charmaine Crooks
Name Year Team Finals
=====

Finals

1	Gale, Lauren	00 Ottawa Lions	51.94
2	Proctor, Dianna	05 Edmonton Roy	52.33
3	Nijjar, Jasneet	01 Royal City A	53.34
4	Clayton, Ella	03 Calgary Spar	54.13
5	Sherar, Zoe	99 Royal City A	54.17
6	Okpali, Favour	01 London Weste	54.55
7	Webb, Kiara	06 Speed Academ	54.62
8	Vallée, Julia	04 Corsaire-Cha	55.88

Women 800 Meter Run Senior

=====
8 Advance: Top 2 Each Heat plus Next 2 Best Times
Advance Top 2 + 2
Canadian: @ 1:57.01 2017-07-21 Bishop-Nriagu, OTTL
Championship: # 1:58.20 2024-06-29 Jazz Shukla, Royal City
Name Year Team Prelims H#
=====

Preliminaries

1	McKenzie, Nicole	03 Royal City A	2:04.42Q	3
	1:01.962 (1:01.962)	2:04.416 (1:02.455)		
2	Dagenais, Emma	97 C.A. Univ. L	2:05.11Q	1
	1:00.850 (1:00.850)	2:05.102 (1:04.253)		
3	Rynda, Aurora	00 ON Unattache	2:06.98Q	2
	1:03.047 (1:03.047)	2:06.979 (1:03.932)		
4	Pearson, Avery	03 Running Wild	2:04.70Q	3
	1:02.040 (1:02.040)	2:04.700 (1:02.660)		
5	Trapeau, Maeliss	99 Ottawa Lions	2:05.36Q	1
	1:01.165 (1:01.165)	2:05.360 (1:04.195)		
6	Swartz, Jenica	03 Edmonton Col	2:07.05Q	2
	1:03.235 (1:03.235)	2:07.042 (1:03.808)		
7	Parker, Hollie	96 QC Indépenda	2:05.77q	1
	1:01.386 (1:01.386)	2:05.765 (1:04.379)		
8	Lenton, Jade	03 BC Unattache	2:05.88q	3
	1:02.240 (1:02.240)	2:05.874 (1:03.634)		
9	Drouin, Morgane	04 Zénix De La	2:06.52	1
	1:02.540 (1:02.540)	2:06.517 (1:03.978)		
10	Goveia, Isabella	04 WinCity Endu	2:07.19	2
	1:02.972 (1:02.972)	2:07.188 (1:04.216)		
11	Knelsen, Hallee	03 St Thomas Le	2:07.88	3
	1:02.623 (1:02.623)	2:07.879 (1:05.256)		
12	MacDonald, Cara	05 Athletics Ea	2:10.06	1
	1:02.946 (1:02.946)	2:10.056 (1:07.110)		
13	Kennedy, Catherine	97 Athletics Ea	2:10.13	1
	1:02.710 (1:02.710)	2:10.128 (1:07.419)		
14	Mercier, Gabrielle	04 Sherbrooke	2:10.16	2
	1:03.468 (1:03.468)	2:10.154 (1:06.686)		
15	McCormick, Brooklyn	01 University O	2:10.91	1
	1:02.176 (1:02.176)	2:10.907 (1:08.731)		
16	Boutin, Julia	02 Saint-Lauren	2:12.23	2
	1:03.708 (1:03.708)	2:12.229 (1:08.522)		
17	Veilleux, Emma	04 Saint-Lauren	2:12.24	3
	1:03.414 (1:03.414)	2:12.234 (1:08.820)		
18	Hébert, Élodie	01 Sherbrooke	2:13.68	2
	1:04.012 (1:04.012)	2:13.676 (1:09.664)		
19	Fullarton, Zoe	03 Athletics Ea	2:13.79	2

1:03.833 (1:03.833)	2:13.789 (1:09.956)		
20 Hendrikx, Juliana	04 London Weste	2:13.99	2
1:04.227 (1:04.227)	2:13.986 (1:09.759)		
21 Drebert, Meadow	06 Leduc Track	2:14.34	3
1:03.800 (1:03.800)	2:14.340 (1:10.540)		
22 Stieh, Amy	01 Ottawa Lions	2:14.41	1
1:04.081 (1:04.081)	2:14.404 (1:10.324)		
23 Sénéchal, Clara	05 Gatineau	2:14.45	3
1:03.992 (1:03.992)	2:14.448 (1:10.457)		
24 Richardson, Chloe	01 Athletics Ea	2:16.66	1
1:03.738 (1:03.738)	2:16.651 (1:12.914)		
-- *ben Hamou-Kuijpers, Els	03 Sherbrooke	X2:10.75	3
1:03.234 (1:03.234)	2:10.748 (1:07.514)		
-- *essabar, Jade	03 Saint-Lauren	X2:11.04	2
1:03.398 (1:03.398)	2:11.036 (1:07.638)		

Women 800 Meter Run Senior

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Advance Top 2 + 2

Canadian: @ 1:57.01 2017-07-21 Bishop-Nriagu, OTTL

Championship: # 1:58.20 2024-06-29 Jazz Shukla, Royal City

Name	Year	Team	Finals
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Finals

1 McKenzie, Nicole	03 Royal City A	2:01.92
1:00.195 (1:00.195)	2:01.912 (1:01.717)	
2 Trapeau, Maeliss	99 Ottawa Lions	2:01.95
59.762 (59.762)	2:01.947 (1:02.185)	
3 Pearson, Avery	03 Running Wild	2:02.34
59.466 (59.466)	2:02.333 (1:02.867)	
4 Rynda, Aurora	00 ON Unattache	2:03.23
59.558 (59.558)	2:03.226 (1:03.668)	
5 Dagenais, Emma	97 C.A. Univ. L	2:03.77
59.956 (59.956)	2:03.763 (1:03.807)	
6 Swartz, Jenica	03 Edmonton Col	2:05.00
1:00.329 (1:00.329)	2:04.999 (1:04.670)	
7 Parker, Hollie	96 QC Indépenda	2:06.82
59.884 (59.884)	2:06.816 (1:06.932)	
8 Lenton, Jade	03 BC Unattache	2:08.45
1:00.519 (1:00.519)	2:08.442 (1:07.923)	

Women 1500 Meter Run Senior

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12 Advance: Top 5 Each Heat plus Next 2 Best Times

Canadian: @ 3:56.12 2019-10-05 Gabriela Debues-Stafford, UTTC

Championship: # 4:04.51 2004 Malindi Elmore

Name	Year	Team	Prelims	H#
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Preliminaries

1 Stafford, Lucia	98 ON Unattache	4:14.48Q	1
51.777 (51.777)	2:01.091 (1:09.314)	3:10.103 (1:09.012)	
4:14.475 (1:04.372)			
2 Smith, Maggie	01 Athletics Ea	4:20.35Q	2
52.990 (52.990)	2:06.166 (1:13.177)	3:13.466 (1:07.300)	
4:20.347 (1:06.882)			
3 Townsend, Addy	97 BC Unattache	4:16.95Q	1
52.083 (52.083)	2:01.417 (1:09.334)	3:10.351 (1:08.934)	
4:16.945 (1:06.595)			
4 Fetherstonhaugh, Grace	00 Royal City T	4:20.71Q	2
53.160 (53.160)	2:06.042 (1:12.883)	3:13.414 (1:07.372)	
4:20.705 (1:07.291)			
5 Teschuk, Erin	94 ON Unattache	4:18.57Q	1
52.530 (52.530)	2:01.759 (1:09.230)	3:10.656 (1:08.897)	
4:18.565 (1:07.909)			
6 Boudreau, Camille	01 C.A. Univ. L	4:21.18Q	2

52.903 (52.903)	2:06.302 (1:13.400)	3:15.578 (1:09.276)
4:21.178 (1:05.600)		
7 Lavigne, Sabrina	99 C.A. Univ. L	4:19.72Q 1
52.679 (52.679)	2:02.209 (1:09.530)	3:11.906 (1:09.698)
4:19.713 (1:07.807)		
8 Vringer, Erin	04 NB Unattache	4:21.48Q 2
53.499 (53.499)	2:07.152 (1:13.653)	3:15.886 (1:08.734)
4:21.476 (1:05.591)		
9 Pattison, Sydney	98 Stridewise R	4:20.47Q 1
52.625 (52.625)	2:01.998 (1:09.373)	3:10.833 (1:08.836)
4:20.465 (1:09.632)		
10 Roxby, Megan	00 BC Unattache	4:21.76Q 2
52.773 (52.773)	2:06.540 (1:13.768)	3:15.518 (1:08.978)
4:21.760 (1:06.242)		
11 Olesen, Tatum	06 Ottawa Lions	4:22.10q 2
53.292 (53.292)	2:06.524 (1:13.232)	3:15.296 (1:08.773)
4:22.098 (1:06.802)		
12 Forsyth, Rachel	06 London Weste	4:23.67q 1
52.157 (52.157)	2:01.507 (1:09.350)	3:11.515 (1:10.009)
4:23.664 (1:12.149)		
13 Coutts, Sophie	03 London Weste	4:24.21 1
52.402 (52.402)	2:01.961 (1:09.559)	3:11.805 (1:09.844)
4:24.208 (1:12.404)		
14 Macaskill, Olivia	01 Harbour Trac	4:26.26 1
52.959 (52.959)	2:02.913 (1:09.954)	3:13.031 (1:10.119)
4:26.253 (1:13.222)		
15 Drebert, Meadow	06 Leduc Track	4:31.82 2
53.534 (53.534)	2:07.255 (1:13.722)	3:19.583 (1:12.328)
4:31.814 (1:12.232)		
16 Giannotti, Jocelyn	06 Ottawa Lions	4:33.37 2
53.930 (53.930)	2:08.525 (1:14.595)	3:21.473 (1:12.948)
4:33.362 (1:11.890)		
17 Pestonji, Maeve	04 Royal City A	4:35.57 1
53.235 (53.235)	2:05.195 (1:11.960)	3:22.137 (1:16.942)
4:35.565 (1:13.428)		
18 Martin, Nayla	04 Saint-Lauren	4:36.40 2
53.133 (53.133)	2:06.688 (1:13.556)	3:18.224 (1:11.536)
4:36.398 (1:18.174)		
19 Veilleux, Sofia	04 Saint-Lauren	4:37.10 1
53.618 (53.618)	2:05.462 (1:11.844)	3:21.791 (1:16.330)
4:37.091 (1:15.300)		
20 Martel, Camille	06 C.A. Univ. L	4:39.01 2
53.955 (53.955)	2:08.929 (1:14.974)	3:26.229 (1:17.300)
4:39.010 (1:12.781)		
21 Mercier, Coralie	05 C.A. Univ. L	4:45.98 2
53.722 (53.722)	2:07.958 (1:14.236)	3:25.960 (1:18.003)
4:45.976 (1:20.016)		
-- *ben Hamou-Kuijpers, Els	03 Sherbrooke	X4:34.22 2
52.522 (52.522)	2:06.982 (1:14.460)	3:19.728 (1:12.747)
4:34.214 (1:14.486)		

Women 1500 Meter Run Senior

=====
 Canadian: @ 3:56.12 2019-10-05 Gabriela Debues-Stafford, UTTC
 Championship: # 4:04.51 2004 Malindi Elmore

Name Year Team Finals
 =====

Finals

1 Stafford, Lucia	98 ON Unattache	4:08.66
51.581 (51.581)	1:59.154 (1:07.573)	3:06.660 (1:07.506)
4:08.657 (1:01.998)		
2 Smith, Maggie	01 Athletics Ea	4:12.73
51.745 (51.745)	1:59.321 (1:07.576)	3:07.478 (1:08.158)
4:12.729 (1:05.251)		
3 Fetherstonhaugh, Grace	00 Royal City T	4:13.55

	51.387 (51.387)	1:58.994 (1:07.608)	3:07.218 (1:08.224)
	4:13.550 (1:06.332)		
4	Teschuk, Erin	94 ON Unattache	4:17.42
	51.809 (51.809)	1:59.597 (1:07.788)	3:08.131 (1:08.534)
	4:17.415 (1:09.284)		
5	Boudreau, Camille	01 C.A. Univ. L	4:21.59
	52.132 (52.132)	2:02.321 (1:10.190)	3:13.790 (1:11.470)
	4:21.586 (1:07.796)		
6	Lavigne, Sabrina	99 C.A. Univ. L	4:21.78
	52.552 (52.552)	2:02.814 (1:10.262)	3:12.618 (1:09.804)
	4:21.777 (1:09.160)		
7	Roxby, Megan	00 BC Unattache	4:21.81
	52.350 (52.350)	2:03.202 (1:10.853)	3:14.373 (1:11.171)
	4:21.808 (1:07.435)		
8	Forsyth, Rachel	06 London Weste	4:22.77
	52.385 (52.385)	2:02.610 (1:10.226)	3:13.955 (1:11.345)
	4:22.764 (1:08.810)		
9	Pattison, Sydney	98 Stridewise R	4:25.26
	52.593 (52.593)	2:02.354 (1:09.761)	3:13.688 (1:11.334)
	4:25.252 (1:11.565)		
10	Olesen, Tatum	06 Ottawa Lions	4:27.91
	51.886 (51.886)	2:02.518 (1:10.632)	3:15.220 (1:12.702)
	4:27.908 (1:12.688)		
--	Townsend, Addy	97 BC Unattache	DNF
	51.680 (51.680)	2:00.696 (1:09.016)	3:12.856 (1:12.160)

Women 5000 Meter Run Senior

=====				
Canadian: @ 14:31.38 2022-02-11 Gabriela Debues-Stafford, UNON				
Championship: # 15:08.90 2003 Emilie Mondor				
Name	Year	Team	Finals	H#
=====				
1	Debues-Stafford, Gabriel	95 ON Unattache	15:23.26	2
	38.121 (38.121)	1:55.488 (1:17.367)	3:09.407 (1:13.920)	
	4:25.226 (1:15.820)	5:42.559 (1:17.333)	7:00.658 (1:18.099)	
	8:18.022 (1:17.365)	9:28.827 (1:10.805)	10:40.201 (1:11.374)	
	11:52.953 (1:12.752)	13:05.998 (1:13.045)	14:17.990 (1:11.992)	
	15:23.256 (1:05.267)			
2	Keeler, Jadyn	03 ON Unattache	15:30.49	2
	38.516 (38.516)	1:56.206 (1:17.690)	3:10.105 (1:13.900)	
	4:25.835 (1:15.730)	5:43.174 (1:17.339)	7:01.250 (1:18.076)	
	8:17.788 (1:16.539)	9:28.580 (1:10.792)	10:39.978 (1:11.398)	
	11:52.740 (1:12.762)	13:05.786 (1:13.046)	14:18.862 (1:13.077)	
	15:30.490 (1:11.628)			
3	Plourde, Simone	00 Saint-Lauren	15:40.03	2
	38.314 (38.314)	1:55.973 (1:17.659)	3:09.880 (1:13.908)	
	4:25.633 (1:15.753)	5:42.978 (1:17.346)	7:01.046 (1:18.068)	
	8:18.874 (1:17.828)	9:32.340 (1:13.466)	10:47.700 (1:15.361)	
	12:03.536 (1:15.836)	13:17.960 (1:14.424)	14:32.290 (1:14.330)	
	15:40.021 (1:07.731)			
4	Thomas, Chloe	03 ON Unattache	15:42.50	2
	38.078 (38.078)	1:55.739 (1:17.662)	3:09.670 (1:13.932)	
	4:25.475 (1:15.805)	5:42.790 (1:17.315)	7:00.882 (1:18.092)	
	8:18.611 (1:17.730)	9:32.104 (1:13.494)	10:47.472 (1:15.368)	
	12:03.294 (1:15.822)	13:17.717 (1:14.424)	14:32.040 (1:14.324)	
	15:42.499 (1:10.459)			
5	Courville, Sophie	03 Saint-Lauren	16:33.09	2
	39.260 (39.260)	1:59.432 (1:20.173)	3:18.599 (1:19.167)	
	4:36.877 (1:18.278)	5:55.634 (1:18.757)	7:14.578 (1:18.944)	
	8:34.450 (1:19.873)	9:52.830 (1:18.380)	11:12.608 (1:19.778)	
	12:33.172 (1:20.565)	13:53.593 (1:20.421)	15:15.115 (1:21.522)	
	16:33.084 (1:17.970)			
6	Hickson, Sadie-Jane	98 University O	16:40.21	2
	38.942 (38.942)	1:59.207 (1:20.265)	3:18.746 (1:19.539)	
	4:36.997 (1:18.252)	5:55.204 (1:18.208)	7:14.103 (1:18.899)	

8:34.636 (1:20.533)	9:53.457 (1:18.822)	11:14.648 (1:21.191)
12:36.389 (1:21.742)	13:59.732 (1:23.343)	15:22.339 (1:22.608)
16:40.206 (1:17.867)		
7 Poirier, Myriam	99 Saint-Lauren	16:42.57 1
42.863 (42.863)	2:03.853 (1:20.990)	3:23.024 (1:19.171)
4:43.305 (1:20.281)	6:03.719 (1:20.415)	7:24.085 (1:20.366)
8:44.399 (1:20.315)	10:04.985 (1:20.586)	11:25.353 (1:20.368)
12:45.902 (1:20.550)	14:06.414 (1:20.512)	15:27.055 (1:20.642)
16:42.565 (1:15.510)		
8 Newlove, Katie	02 Vancouver Th	16:47.87 1
42.429 (42.429)	2:03.498 (1:21.069)	3:22.865 (1:19.368)
4:43.045 (1:20.180)	6:03.409 (1:20.364)	7:23.754 (1:20.345)
8:44.135 (1:20.382)	10:04.689 (1:20.554)	11:24.986 (1:20.298)
12:46.220 (1:21.234)	14:06.972 (1:20.752)	15:28.709 (1:21.737)
16:47.863 (1:19.154)		
9 Linton, Maria	06 London Weste	16:54.91 2
38.782 (38.782)	1:59.082 (1:20.300)	3:19.078 (1:19.996)
4:37.242 (1:18.165)	5:55.406 (1:18.164)	7:14.339 (1:18.934)
8:34.847 (1:20.508)	9:55.982 (1:21.136)	11:19.866 (1:23.884)
12:44.071 (1:24.205)	14:10.282 (1:26.211)	15:33.728 (1:23.447)
16:54.905 (1:21.177)		
10 Couture, Marika	04 C.A. Univ. L	16:57.77 1
43.109 (43.109)	2:04.023 (1:20.915)	3:23.259 (1:19.236)
4:43.541 (1:20.282)	6:03.940 (1:20.400)	7:24.333 (1:20.394)
8:44.691 (1:20.358)	10:05.509 (1:20.818)	11:28.064 (1:22.556)
12:51.526 (1:23.462)	14:14.800 (1:23.274)	15:37.819 (1:23.019)
16:57.761 (1:19.942)		
11 McDougall, Alexandra	04 Royal City A	16:58.85 2
39.477 (39.477)	1:59.694 (1:20.217)	3:19.774 (1:20.081)
4:38.750 (1:18.976)	6:00.034 (1:21.284)	7:22.813 (1:22.779)
8:44.679 (1:21.866)	10:08.597 (1:23.918)	11:31.796 (1:23.199)
12:55.473 (1:23.678)	14:18.552 (1:23.080)	15:40.948 (1:22.396)
16:58.842 (1:17.895)		
12 Saboui, Yasmine	86 Athletics Yu	17:00.17 2
40.914 (40.914)	2:00.483 (1:19.570)	3:20.769 (1:20.286)
4:39.420 (1:18.651)	6:00.766 (1:21.347)	7:23.004 (1:22.238)
8:43.956 (1:20.952)	10:05.491 (1:21.535)	11:28.652 (1:23.162)
12:52.464 (1:23.812)	14:16.434 (1:23.970)	15:40.359 (1:23.925)
17:00.167 (1:19.808)		
13 Kapovic, Nikolina	06 Saint John R	17:14.74 1
43.440 (43.440)	2:04.919 (1:21.480)	3:24.900 (1:19.981)
4:44.734 (1:19.834)	6:05.795 (1:21.061)	7:26.471 (1:20.676)
8:47.627 (1:21.156)	10:10.910 (1:23.284)	11:35.463 (1:24.554)
13:00.136 (1:24.673)	14:24.783 (1:24.647)	15:50.057 (1:25.274)
17:14.731 (1:24.675)		
14 De Coene, Elodie	98 Saint-Lauren	17:18.38 2
40.452 (40.452)	2:00.178 (1:19.727)	3:20.146 (1:19.968)
4:38.923 (1:18.777)	6:00.210 (1:21.288)	7:22.522 (1:22.312)
8:44.629 (1:22.107)	10:08.122 (1:23.494)	11:31.554 (1:23.432)
12:56.409 (1:24.855)	14:24.784 (1:28.375)	15:52.217 (1:27.434)
17:18.372 (1:26.156)		
15 Black, Sophie	00 Aetos Athlet	17:24.76 2
39.096 (39.096)	1:59.356 (1:20.260)	3:18.900 (1:19.545)
4:37.353 (1:18.453)	5:56.837 (1:19.484)	7:17.191 (1:20.354)
8:37.323 (1:20.132)	9:58.560 (1:21.238)	11:20.433 (1:21.873)
12:44.302 (1:23.869)	14:10.956 (1:26.655)	15:40.044 (1:29.088)
17:24.756 (1:44.712)		
16 Fournier, Laurie	05 Jakours Athl	17:29.08 1
44.051 (44.051)	2:04.862 (1:20.811)	3:24.100 (1:19.238)
4:44.451 (1:20.351)	6:05.549 (1:21.099)	7:26.729 (1:21.180)
8:47.873 (1:21.145)	10:11.072 (1:23.199)	11:35.635 (1:24.563)
13:01.127 (1:25.493)	14:31.493 (1:30.366)	16:02.495 (1:31.003)
17:29.077 (1:26.582)		
17 Blackmore-Barnable, Mia	06 Saint-Lauren	17:33.36 1
43.374 (43.374)	2:04.281 (1:20.908)	3:23.868 (1:19.587)

4:44.183 (1:20.315)	6:05.663 (1:21.480)	7:27.877 (1:22.215)
8:52.003 (1:24.126)	10:18.869 (1:26.866)	11:46.129 (1:27.260)
13:14.315 (1:28.187)	14:42.481 (1:28.166)	16:11.658 (1:29.177)
17:33.352 (1:21.694)		
18 Coursol, Alexandrine	01 Saint-Lauren	17:37.94 1
44.805 (44.805)	2:06.101 (1:21.296)	3:28.235 (1:22.134)
4:52.157 (1:23.922)	6:17.579 (1:25.422)	7:42.927 (1:25.348)
9:08.680 (1:25.754)	10:34.809 (1:26.129)	12:00.389 (1:25.580)
13:27.007 (1:26.619)	14:52.829 (1:25.822)	16:19.892 (1:27.063)
17:37.936 (1:18.044)		
19 Morin, Josiane	03 C.A. Univ. L	17:44.55 1
44.638 (44.638)	2:05.953 (1:21.316)	3:28.070 (1:22.117)
4:51.999 (1:23.929)	6:17.443 (1:25.445)	7:42.795 (1:25.352)
9:08.299 (1:25.504)	10:34.313 (1:26.015)	12:00.027 (1:25.714)
13:26.747 (1:26.720)	14:53.117 (1:26.371)	16:20.099 (1:26.982)
17:44.547 (1:24.448)		
20 Foran, Gabrielle	90 Vainqueurs P	17:47.43 1
44.244 (44.244)	2:04.661 (1:20.417)	3:24.587 (1:19.927)
4:46.337 (1:21.750)	6:10.537 (1:24.200)	7:36.238 (1:25.702)
9:02.481 (1:26.243)	10:29.096 (1:26.616)	11:56.230 (1:27.134)
13:24.021 (1:27.791)	14:52.331 (1:28.311)	16:20.373 (1:28.042)
17:47.425 (1:27.052)		
21 Lajeunesse, Julie	80 QC Indépenda	17:49.61 2
41.244 (41.244)	2:00.863 (1:19.620)	3:21.202 (1:20.340)
4:39.739 (1:18.537)	6:00.988 (1:21.250)	7:23.345 (1:22.357)
8:45.160 (1:21.816)	10:08.943 (1:23.783)	11:32.422 (1:23.479)
13:06.168 (1:33.746)	14:45.454 (1:39.286)	16:21.858 (1:36.404)
17:49.607 (1:27.750)		
22 Trott, Sophie	05 Harbour Trac	17:49.63 1
42.654 (42.654)	2:03.771 (1:21.118)	3:23.613 (1:19.842)
4:43.965 (1:20.352)	6:05.945 (1:21.980)	7:27.600 (1:21.656)
8:51.723 (1:24.123)	10:19.213 (1:27.490)	11:47.164 (1:27.952)
13:18.355 (1:31.192)	14:52.062 (1:33.707)	16:23.407 (1:31.345)
17:49.621 (1:26.215)		
23 Bouchard, Coralie	04 Corsaire-Cha	17:56.10 1
43.778 (43.778)	2:05.557 (1:21.779)	3:27.773 (1:22.216)
4:51.684 (1:23.912)	6:17.141 (1:25.457)	7:42.520 (1:25.380)
9:08.610 (1:26.090)	10:34.683 (1:26.073)	12:01.306 (1:26.624)
13:29.845 (1:28.539)	14:59.301 (1:29.457)	16:29.273 (1:29.972)
17:56.094 (1:26.822)		
24 Gilbert, Stéphanie	06 C.A. Univ. L	18:13.07 1
45.374 (45.374)	2:06.736 (1:21.362)	3:29.053 (1:22.318)
4:53.533 (1:24.480)	6:19.869 (1:26.337)	7:47.673 (1:27.804)
9:15.043 (1:27.370)	10:42.529 (1:27.486)	12:10.495 (1:27.967)
13:40.736 (1:30.241)	15:12.043 (1:31.308)	16:43.259 (1:31.216)
18:13.068 (1:29.810)		
25 Choinière Lambert, Béat	06 Sherbrooke	18:44.31 1
45.126 (45.126)	2:06.487 (1:21.361)	3:28.796 (1:22.310)
4:53.259 (1:24.463)	6:19.568 (1:26.310)	7:48.555 (1:28.987)
9:18.050 (1:29.496)	10:49.632 (1:31.582)	12:22.675 (1:33.043)
13:58.663 (1:35.989)	15:34.809 (1:36.146)	17:12.067 (1:37.258)
18:44.304 (1:32.238)		
-- *garnier, Marine	00 Saint-Lauren	X17:00.96 2
41.102 (41.102)	2:00.654 (1:19.552)	3:20.449 (1:19.795)
4:39.255 (1:18.806)	6:00.530 (1:21.275)	7:23.122 (1:22.593)
8:44.909 (1:21.787)	10:08.335 (1:23.426)	11:31.174 (1:22.840)
12:53.985 (1:22.811)	14:18.947 (1:24.962)	15:43.019 (1:24.072)
17:00.958 (1:17.939)		

Women Half Marathon Walk - Track Senior

=====
Canadian: @ 1:43:21.00 2026-01-11 Olivia Lundman, UNB
Championship: # 1:42:11.00
Name Year Team Finals
=====

1 Drapeau, Rosalie	03 C.A. Univ. L	1:43:32.90	
1:52.592 (1:52.592)	3:50.752 (1:58.160)	5:49.502 (1:58.750)	
7:47.212 (1:57.710)	9:43.652 (1:56.440)	11:38.342 (1:54.690)	
13:33.382 (1:55.040)	15:30.742 (1:57.360)	17:31.802 (2:01.060)	
19:33.612 (2:01.810)	21:35.612 (2:02.000)	23:32.892 (1:57.280)	
25:32.712 (1:59.820)	27:33.302 (2:00.590)	29:33.622 (2:00.320)	
31:34.712 (2:01.090)	33:35.162 (2:00.450)	35:34.432 (1:59.270)	
37:34.712 (2:00.280)	39:35.812 (2:01.100)	41:35.962 (2:00.150)	
43:37.072 (2:01.110)	45:36.232 (1:59.160)	47:35.132 (1:58.900)	
49:34.072 (1:58.940)	51:34.592 (2:00.520)	53:33.592 (1:59.000)	
55:31.942 (1:58.350)	57:29.372 (1:57.430)	59:25.412 (1:56.040)	
1:01:24.352 (1:58.940)	1:03:23.222 (1:58.870)		
2 ^guignard, Diane	88 Bytown Walke	1:54:20.62	
1:53.152 (1:53.152)	3:47.672 (1:54.520)	5:43.412 (1:55.740)	
7:39.322 (1:55.910)	9:36.152 (1:56.830)	11:32.992 (1:56.840)	
13:31.122 (1:58.130)	15:30.422 (1:59.300)	17:31.342 (2:00.920)	
19:33.202 (2:01.860)	21:35.202 (2:02.000)	23:35.062 (1:59.860)	
25:37.482 (2:02.420)	27:42.672 (2:05.190)	29:47.542 (2:04.870)	
31:52.782 (2:05.240)	33:56.292 (2:03.510)	36:00.712 (2:04.420)	
38:07.482 (2:06.770)	40:13.812 (2:06.330)	42:20.452 (2:06.640)	
44:28.262 (2:07.810)	46:35.712 (2:07.450)	48:43.122 (2:07.410)	
50:52.912 (2:09.790)	53:04.352 (2:11.440)	55:14.162 (2:09.810)	
57:22.762 (2:08.600)	59:32.822 (2:10.060)	1:01:45.802 (2:12.980)	
1:03:57.922 (2:12.120)	1:06:07.952 (2:10.030)		
-- Menard, Gabrielle	01 Club Allianc	DNF	
2:13.932 (2:13.932)	4:30.992 (2:17.060)	6:49.532 (2:18.540)	
9:09.962 (2:20.430)	11:31.142 (2:21.180)	13:53.302 (2:22.160)	
16:15.652 (2:22.350)	18:40.022 (2:24.370)	21:06.032 (2:26.010)	
23:32.042 (2:26.010)	25:57.862 (2:25.820)	28:26.502 (2:28.640)	
30:56.062 (2:29.560)	33:27.692 (2:31.630)	35:58.252 (2:30.560)	
38:28.132 (2:29.880)	40:59.072 (2:30.940)	43:31.492 (2:32.420)	
46:03.312 (2:31.820)	48:35.242 (2:31.930)	51:10.152 (2:34.910)	
53:46.962 (2:36.810)	56:23.252 (2:36.290)	59:01.962 (2:38.710)	
1:01:43.232 (2:41.270)	1:04:22.422 (2:39.190)	1:07:02.682 (2:40.260)	
1:09:43.532 (2:40.850)	1:12:27.172 (2:43.640)	1:15:12.332 (2:45.160)	
1:17:58.852 (2:46.520)	1:20:49.032 (2:50.180)		
-- Lundman, Olivia	03 BC Unattache	DQ	TR-54.7.5
1:50.65 (1:50.65)	3:41.86 (1:51.21)	5:35.602 (1:53.75)	
7:28.902 (1:53.300)	9:21.212 (1:52.310)	11:15.002 (1:53.790)	
13:07.802 (1:52.800)	15:00.642 (1:52.840)	16:53.262 (1:52.620)	
18:47.292 (1:54.030)	20:42.922 (1:55.630)	22:38.202 (1:55.280)	
24:33.432 (1:55.230)	26:29.072 (1:55.640)	28:24.442 (1:55.370)	
30:19.852 (1:55.410)	32:16.132 (1:56.280)	34:12.292 (1:56.160)	
36:09.172 (1:56.880)	38:06.752 (1:57.580)	40:03.512 (1:56.760)	
42:00.742 (1:57.230)	43:57.692 (1:56.950)	45:53.712 (1:56.020)	
47:50.242 (1:56.530)	49:47.852 (1:57.610)	51:45.762 (1:57.910)	
55:38.992 (3:53.230)	57:34.102 (1:55.110)	59:29.502 (1:55.400)	
1:01:25.172 (1:55.670)			

Women 100 Meter Hurdles Senior

=====

8 Advance: Top 2 Each Heat plus Next 2 Best Times
Canadian: @ 12.46 2004-06-19 Perdita Felicien, OTHP
Championship: # 12.60 2004 Perdita Felicien

Name	Year Team	Prelims	Wind	H#
=====				
Preliminaries				
1 Harrison, Michelle	92 Saskatoon TF	13.00Q	1.7	2
2 Aholou, Tatiana	00 Saint-Lauren	13.05Q	2.2	3
3 Abdul-Rashid, Mariam	97 Speed Academ	13.30Q	1.1	1
4 MacDonald, Sienna	02 U Of C Athle	13.23Q	1.7	2
5 Goudros, Izzy	03 ON Unattache	13.32Q	1.1	1
6 St-Germain, Maoly	02 Lanaudière-0	13.50Q	2.2	3
7 Leger, Kendra	99 ON Unattache	13.44q	1.1	1
8 Lawrence, Madisson	99 Winnipeg Opt	13.69q	1.7	2

9	Abiodun, Nike	00	Royal City A	13.72	1.7	2
10	Colaïre, Shaleah	01	ON Unattache	13.76	1.1	1
11	Reid, Hailey	04	Royal City A	13.78	2.2	3
12	Dziadyk, Kendyl	05	Saskatoon TF	13.94	2.2	3
13	Cha, Amelia	05	Caltaf Athle	13.95	1.1	1
14	Allen, Dani	05	ON Unattache	14.06	1.7	2
15	Sangha, Manreet	01	Universal At	14.07	1.7	2
16	Edwards, Kimoya	03	Chinook Trac	14.13	2.2	3
17	Weir, Findlay	06	C.A.N.I. Ath	14.56	2.2	3
18	Brennan, Bridget	93	NB Unattache	14.95	1.7	2
19	Mulvihill, Danica	06	Ottawa Lions	15.48	1.1	1
20	Riendeau, Emma	06	Sherbrooke	16.84	1.7	2

Women 100 Meter Hurdles Senior

Canadian: @ 12.46 2004-06-19 Perdita Felicien, OTHP
 Championship: # 12.60 2004 Perdita Felicien

Name	Year	Team	Finals	Wind
=====				
Finals				
1	Aholou, Tatiana	00	Saint-Lauren	12.82 1.5
2	Harrison, Michelle	92	Saskatoon TF	13.03 1.5
3	Abdul-Rashid, Mariam	97	Speed Academ	13.24 1.5
4	MacDonald, Sienna	02	U Of C Athle	13.25 1.5
5	Goudros, Izzy	03	ON Unattache	13.37 1.5
6	St-Germain, Maoly	02	Lanaudière-0	13.40 1.5
7	Leger, Kendra	99	ON Unattache	13.79 1.5
8	Lawrence, Madisson	99	Winnipeg Opt	14.54 1.5

Women 400 Meter Hurdles Senior

8 Advance: Top 2 Each Heat plus Next 2 Best Times
 Canadian: @ 52.46 2025-06-14 Savannah Sutherland, STFC
 Championship: # 54.97 2017 Sage Watson

Name	Year	Team	Prelims	H#
=====				
Preliminaries				
1	Overholt, Brooke	00	London Legio	58.16Q 1
2	Sutherland, Savannah	03	Saskatoon TF	58.63Q 3
3	Poulin, Marie-Frédérique	99	C.A. Univ. L	59.29Q 2
4	Ellenwood, Georgia	95	BC Unattache	59.86Q 3
5	James, Jenna	03	Extreme Velo	1:01.06Q 1
6	Boug, Tyra	00	London Weste	1:01.26Q 2
7	Martin, Haley	06	Nanaimo & Di	1:00.59q 3
8	Majer, Grace	04	Calgary Inte	1:01.88q 2
9	Telford, Alexandra	96	Ottawa Lions	1:03.40 1
10	Deslandes, Myriam	03	Saint-Lauren	1:03.48 3
11	Mantel, Kelly	05	ON Unattache	1:03.85 2
12	Somers, Anna	06	Saint John R	1:04.19 2
13	McCready, Sheridan	06	Lakehead Tra	1:04.87 1
14	Rohu, Robin	05	Coquitlam Ch	1:05.20 3
15	Peters, Léah	05	CS Athlétism	1:05.29 1
16	Brennan, Emily	04	Ottawa Lions	1:05.54 1
17	Docherty, Peyton	06	University O	1:07.51 3

Women 400 Meter Hurdles Senior

Canadian: @ 52.46 2025-06-14 Savannah Sutherland, STFC
 Championship: # 54.97 2017 Sage Watson

Name	Year	Team	Finals
=====			
Finals			
1	Overholt, Brooke	00	London Legio 56.53
2	Poulin, Marie-Frédérique	99	C.A. Univ. L 58.16
3	Ellenwood, Georgia	95	BC Unattache 58.58

4 Martin, Haley	06 Nanaimo & Di	59.96
5 Boug, Tyra	00 London Weste	1:00.26
6 Majer, Grace	04 Calgary Inte	1:00.86

Women 3000 Meter Steeplechase Senior

Canadian: @ 9:22.40 2021-08-04 Genevieve Lalonde, UNNB
 Championship: # 9:24.82 2023-07-27 Regan Yee, Langley Must

Name	Year Team	Finals
1 Fetherstonhaugh, Grace	00 Royal City T	9:35.36
1:35.164 (1:35.164)	2:58.651 (1:23.488)	4:17.819 (1:19.168)
5:36.432 (1:18.614)	6:55.469 (1:19.037)	8:15.388 (1:19.920)
9:35.360 (1:19.972)		
2 Stewart-Barnett, Katelyn	03 Michigan State	9:40.80
1:35.222 (1:35.222)	2:58.852 (1:23.630)	4:18.443 (1:19.592)
5:38.992 (1:20.550)	7:00.277 (1:21.285)	8:21.900 (1:21.623)
9:40.796 (1:18.896)		
3 Yee, Regan	95 BC Unattache	9:53.48
1:35.822 (1:35.822)	3:00.294 (1:24.472)	4:22.832 (1:22.538)
5:45.104 (1:22.273)	7:07.790 (1:22.686)	8:32.926 (1:25.136)
9:53.480 (1:20.555)		
4 McCabe, Ceili	01 BC Unattache	10:00.32
1:36.213 (1:36.213)	2:59.885 (1:23.672)	4:22.315 (1:22.430)
5:45.815 (1:23.500)	7:10.562 (1:24.747)	8:35.956 (1:25.394)
10:00.319 (1:24.364)		
5 Brown, Emily	02 ON Unattache	10:11.47
1:35.888 (1:35.888)	3:00.095 (1:24.207)	4:23.340 (1:23.246)
5:51.503 (1:28.163)	7:19.200 (1:27.698)	8:48.490 (1:29.290)
10:11.466 (1:22.976)		
6 Lucki, Sophia	03 Michigan State	10:13.58
1:36.590 (1:36.590)	3:01.180 (1:24.590)	4:25.024 (1:23.844)
5:51.959 (1:26.936)	7:19.884 (1:27.926)	8:49.070 (1:29.186)
10:13.574 (1:24.505)		

Women 4x100 Meter Relay mixed team Senior

Championship: # 44.78 2025
 G Fletcher, D Proctor, A Odiase, G Cole

Team	Finals
1 Edmonton Royals Track And Fiel 'A'	45.16
1) Cole, Gabrielle 04	2) Proctor, Dianna 05
3) Ulysse, Maria Thérésa 04	4) Chiasson, Frédérique 02
2 Athlétisme Québec 'A'	48.40
1) Hogue, Marilou 06	2) Dubois-Lemieux, Stéphanie 06
3) Huang, Asia Lu 07	4) Saïd, Ève 07
3 Varsity Blues (Toronto) 'A'	49.33
1) Church, Adele 04	2) Allen, Hazel 06
3) Docherty, Peyton 06	4) Shambrook, Claire 07

Women 4x100 Meter Relay club Senior

Canadian: @ 42.46 2025-05-11 Canada
 S. McCreath, J. Madogo, M. Leclair, A. Leduc
 Championship: # 47.91 2023-07-30 Winnipeg Optimist Athletics, Winnipeg Opt
 M Lawrence, T Babalola, D Gordon, Z Nonato

Team	Finals
1 Ottawa Lions T.F.C 'A'	49.41
1) Basu, Rose 05	2) McQuinn, Cora 04
3) McGillivray, Kierra 06	4) Zhang, Amy 06
-- Lasalle Athletics 'A'	DQ TR24.7
1) Manigat, Maria 01	2) Pomerleau, Rosalie 02
3) Traore, Houria 03	4) Walker, Makesha 02

Women 4x400 Meter Relay mixed team Senior

Championship: # 3:47.39 2025

T Wallace, M Craig, H Knelsen, T Boug

Team	Finals
1 ON Unattached 'A'	3:51.47
1) Daye, Kelis 07	2) Baker, Finley 07
3) Craig, Mackenzie 07	4) Mantel, Kelly 05
1:57.375 (1:57.375)	2:55.525 (58.150)
	3:51.463 (55.939)
2 Team NB 'A'	3:52.54
1) Owens, Sophie 09	2) Brown, Olivia 08
3) Somers, Anna 06	4) MacVicar, Lillian 07
1:59.258 (1:59.258)	2:55.273 (56.015)
	3:52.535 (57.262)
3 Varsity Blues (Toronto) 'A'	4:02.24
1) Church, Adele 04	2) Docherty, Peyton 06
3) Allen, Hazel 06	4) Shambrook, Claire 07
2:02.455 (2:02.455)	3:03.569 (1:01.114)
	4:02.231 (58.662)

Women 4x400 Meter Relay club Senior

Canadian: @ 3:21.21 1984-08-11 Canada
 Crooks, Richardson, Killinbeck, Payne
 Championship: # 3:38.31 2025 Ottawa Lions T.F.C., Ottawa Lions
 A Telford, S Smith, M Trapeau, L Gale

Team	Finals
1 Ottawa Lions T.F.C 'A'	3:36.39#
1) Telford, Alexandra 96	2) Stieh, Amy 01
3) Samuel, Sharelle 00	4) Gale, Lauren 00
1:50.755 (1:50.755)	2:45.100 (54.345)
	3:36.385 (51.285)
2 Calgary International 'A'	3:50.00
1) Majer, Grace 04	2) Browne, Lillianna 08
3) Bauer, Nicole 93	4) Igbiki, Grace 04
1:57.686 (1:57.686)	2:56.493 (58.807)
	3:49.995 (53.502)
3 Ottawa Lions T.F.C 'B'	3:50.19
1) Brennan, Emily 04	2) McQuinn, Cora 04
3) Pender, Tatiana 05	4) Moreland, Kathryn 05
1:55.769 (1:55.769)	2:53.909 (58.140)
	3:50.190 (56.282)
4 Track North Athletic Club 'A'	4:01.11
1) Kulik, Milena 07	2) Ceccon, Barbara 08
3) Cuza, Finlay 06	4) Diavolitsis, Alissa 06
2:00.518 (2:00.518)	3:01.895 (1:01.377)
	4:01.110 (59.216)

Women High Jump Senior

1.55m by 4cm up to 1.67m, then by 3cm up to 1.79m, then by 2cm
 Canadian: @ 1.99m 1982-01-23 Debbie Brill, UNBC
 Championship: # 1.95m 2008 Nicole Forrester

Name	Year Team	Finals
1 Lorenzo, Marguerite	99 Saint-Lauren	1.83m
1.55 1.59 1.63 1.67 1.70 1.73 1.76 1.79 1.81 1.83 1.85 1.87		
---	0 --- XO 0 --- XXX	
2 Madourie, Tricia	05 Red Deer Tit	1.81m
1.55 1.59 1.63 1.67 1.70 1.73 1.76 1.79 1.81 1.83		
---	0 0 0 XXO XXX	
3 Lawrence, Madisson	99 Winnipeg Opt	1.79m
1.55 1.59 1.63 1.67 1.70 1.73 1.76 1.79 1.81		
---	0 0 0 XXO 0 XXX	
4 Tresnjo, Marlina	06 NorWesters T	1.76m
1.55 1.59 1.63 1.67 1.70 1.73 1.76 1.79		
---	0 --- XXO XXX	
5 Zaraska, Chloe	03 ON Unattache	1.73m

	1.55	1.59	1.63	1.67	1.70	1.73	1.76			
	---	---	0	---	0	0	XXX			
6	Barnard, Hannah						06	Saint John R	1.70m	
	1.55	1.59	1.63	1.67	1.70	1.73				
	0	0	0	0	0	XXX				
7	Boisvert, Laurie						03	Sherbrooke	J1.70m	
	1.55	1.59	1.63	1.67	1.70	1.73				
	---	---	0	X0	0	XXX				
8	Huggins, Dallyssa						98	York Univers	J1.70m	
	1.55	1.59	1.63	1.67	1.70	1.73				
	---	0	0	0	XX0	XXX				
9	Horak, Michele						06	London Weste	1.67m	
	1.55	1.59	1.63	1.67	1.70					
	0	0	X0	0	XXX					
10	Allen, Dani						05	ON Unattache	J1.67m	
	1.55	1.59	1.63	1.67	1.70					
	---	0	X0	X0	XXX					
11	Hanson, Jocelyn						06	Saskatoon TF	1.63m	
	1.55	1.59	1.63	1.67						
	0	0	0	XXX						

Women Pole Vault Senior

3.30m up by 15cm to 3.75m, then by 10cm up to 4.25m,
Then by 5cm

Canadian: @ 4.82m 2019-08-28 Alysha Newman, BTPV
Championship: # 4.75m 2024-06-28 Alysha Newman, Bolton Pole
Name Year Team Finals

1	Elizarov, Jennifer						03	Royal City A	4.45m					
	3.30	3.45	3.60	3.75	3.85	3.95	4.05	4.15	4.25	4.30	4.35	4.40	4.45	4.50
	---	---	---	---	---	---	XX0	0	0	---	0	X--	0	XX
2	Abadie, Heather						03	ON Unattache	4.40m					
	3.30	3.45	3.60	3.75	3.85	3.95	4.05	4.15	4.25	4.30	4.35	4.40	4.45	4.50
	---	---	---	---	---	---	0	XX0	---	XX0	---	0	X--	XX
3	Newell, Anicka						93	Project Athl	4.25m					
	3.30	3.45	3.60	3.75	3.85	3.95	4.05	4.15	4.25	4.30	4.35			
	---	---	---	---	---	---	---	0	0	---	XXX			
4	Urbanowicz, Sonya						04	BC Unattache	J4.25m					
	3.30	3.45	3.60	3.75	3.85	3.95	4.05	4.15	4.25	4.30				
	---	---	---	---	X0	---	0	0	0	XXX				
5	Grenke, Rachel						03	Edmonton Int	4.15m					
	3.30	3.45	3.60	3.75	3.85	3.95	4.05	4.15	4.25	4.30				
	---	---	---	---	---	X0	---	0	X--	XX				
6	Lovercheck, Kelsey						03	BC Unattache	4.05m					
	3.30	3.45	3.60	3.75	3.85	3.95	4.05	4.15						
	---	---	---	0	X0	0	X0	XXX						
6	Elford, Grace						03	Windsor Esse	4.05m					
	3.30	3.45	3.60	3.75	3.85	3.95	4.05	4.15						
	---	---	0	0	X0	0	X0	XXX						
8	Fiedler, Erika						91	Bolton Pole	3.85m					
	3.30	3.45	3.60	3.75	3.85	3.95								
	---	---	0	0	0	XXX								
9	Hurtubise, Mackenzie						07	BC Unattache	3.75m					
	3.30	3.45	3.60	3.75	3.85									
	---	---	---	X0	XXX									
10	Ezeji-Okoye, Delaney						02	Edmonton Int	3.60m					
	3.30	3.45	3.60	3.75										
	---	XX0	0	XXX										
11	Bilenko, Alina						04	York Univers	J3.60m					
	3.30	3.45	3.60	3.75										
	0	0	XX0	XXX										

Women Long Jump Senior

Canadian: @ 6.99m 2015-05-29 Christabel Nettey, TBIR
 Championship: # 6.63m 2022 Christabel Nettey

Name	Year	Team	Finals	Wind
1 Goudros, Izzy	03	ON Unattache	6.52m	-0.1
6.16m(-0.3) 6.21m(0.4) 6.23m(0.3) 6.34m(2.5) 6.52m(-0.1) FOUL				
2 MacDonald, Sienna	02	U Of C Athle	6.27m	0.3
6.27m(0.3) 6.24m(1.3) FOUL 6.11m(0.8) 6.17m(0.1) FOUL				
3 Omonzane, Peace	04	Flying Angel	6.10m	0.8
FOUL 5.94m(1.7) 5.96m(0.7) 6.10m(0.8) FOUL 5.97m(1.7)				
4 Parker, Rebecca	03	Windsor Legi	6.09m	1.8
6.08m(-0.3) PASS PASS 6.09m(1.8) 5.90m(-0.4) 6.07m(2.7)				
5 Tejiofo, Fiola	02	C.A. Univ. L	5.99m	3.3
5.72m(1.3) 5.75m(1.5) 5.99m(3.3) 4.50m(0.6) 5.82m(1.3) 5.89m(0.8)				
6 Jones, Leah	99	York Univers	J5.99m	2.1
5.79m(-0.1) FOUL 5.99m(2.1) 5.30m(1.6) 1.93m(0.1) 5.83m(-0.2)				
7 Davis, Von	98	Royal City A	5.93m	0.1
FOUL 5.93m(0.1) FOUL FOUL FOUL 5.53m(0.1)				
8 Habash, Milenne	02	Royal City A	5.85m	0.4
FOUL 5.84m(0.2) 5.85m(0.4) 5.73m(1.7) FOUL FOUL				
9 Cha, Amelia	05	Caltaf Athle	5.84m	0.3
5.83m(0.1) 5.84m(0.3) FOUL				
10 Lawrence, Madisson	99	Winnipeg Opt	5.77m	0.9
5.68m(0.7) 5.77m(0.9) 5.74m(3.6)				
12 Markovinovic, Celia	01	Royal City A	J5.72m	0.9
5.61m(1.2) 5.72m(0.9) FOUL				
13 Adeshida, Yulia	04	Les Coureurs	J5.35m	0.5
FOUL 5.35m(0.5) FOUL				
-- *okwechime, Maria	00	Ottawa Lions	XJ5.77m	0.2
5.77m(0.2) 5.51m(1.6) FOUL				

Women Triple Jump Senior

Canadian: @ 14.03m 2023-05-28 Caroline Ehrhardt, LWTF
 Championship: # 13.92m 2008 Tabia Charles

Name	Year	Team	Finals	Wind
1 Omonzane, Peace	04	Flying Angel	12.99m	0.8
12.84m(1.7) 12.99m(0.8) 12.87m(0.8) 12.88m(1.3) FOUL FOUL				
2 Yao, Samira Akono	04	Athlétisme L	12.23m	0.5
11.38m(0.5) 11.92m(0.9) PASS 11.74m(0.4) 12.02m(1.4) 12.23m(0.5)				
3 Windbiel, Olivia	04	BC Unattache	12.13m	0.9
11.66m(1.4) 11.55m(1.0) 12.04m(1.0) FOUL 11.83m(0.5) 12.13m(0.9)				
4 Rand, Brianna	04	London Weste	12.10m	0.5
FOUL 11.80m(1.8) 12.01m(0.3) FOUL 11.70m(0.5) 12.10m(0.5)				
5 Angus, Haley	05	Saint John R	11.96m	0.2
11.58m(0.7) 11.62m(0.3) 11.96m(0.2) 11.61m(0.4) 11.82m(1.9) FOUL				
6 Hogue, Marilou	06	Impulsion	11.59m	0.2
10.98m(-0.3) 11.40m(1.3) 11.38m(1.1) 11.33m(1.0) 11.06m(0.7) 11.59m(0.2)				
7 Moreland, Elizabeth	03	Ottawa Lions	11.41m	0.7
10.99m(1.4) 11.25m(1.8) 11.20m(0.9) FOUL 11.37m(0.4) 11.41m(0.7)				
8 Kane-Rissling, Madison	00	Capital City	11.25m	1.6
10.73m(1.0) 10.78m(2.0) 11.16m(0.8) 11.25m(1.6) 11.00m(0.2) 10.78m(0.6)				
9 Sweeney, Sierra	02	Grit Athleti	11.14m	0.9
11.10m(1.2) 11.14m(0.9) 11.00m(0.7)				
10 Gilbert, Ella-Grace	03	Ottawa Lions	10.79m	1.4
10.54m(+0.0) 10.76m(2.2) 10.79m(1.4)				
11 Rajapakse, Dinu	01	Winnipeg Opt	J10.79m	1.5
10.68m(0.7) 10.59m(0.4) 10.79m(1.5)				
12 Hladin, Shelley	03	Sherbrooke	10.73m	1.5
FOUL 10.57m(1.4) 10.73m(1.5)				
-- *ouangre, Sarah	03	Ottawa Lions	XJ10.93m	1.9
FOUL 10.93m(1.9) 10.76m(0.3)				

Women Shot Put Senior

Canadian: @ 20.68m 2024-05-11 Sarah Mitton, SISU
Championship: # 20.33m 2022 Sarah Mitton

Name	Year	Team	Finals
1 Mitton, Sarah	96	Sisu Throws	19.48m
18.80m 18.76m 19.44m		FOUL 19.11m 19.48m	
2 Sands, Liv	03	Sisu Throws	16.91m
16.33m FOUL FOUL 16.53m 16.91m FOUL			
3 Latham, Efe	02	Lasalle Athl	14.85m
13.04m 12.66m 14.65m 14.85m 14.71m 14.23m			
4 Gyamfi, Jessica	04	Ottawa Lions	13.09m
12.25m 11.68m 12.05m 12.62m 12.48m 13.09m			
5 Morin, Claudy	05	C.A. Univ. L	12.55m
11.86m 12.55m 10.84m FOUL 11.87m 11.77m			
6 Forshaw, Rose	04	ON Unattache	12.49m
12.36m 12.40m FOUL FOUL 12.49m FOUL			
7 Sparenberg, Anij	02	London Weste	12.33m
11.81m 11.51m 12.33m FOUL 11.65m FOUL			
8 Gallo, Nicole	05	London Weste	11.77m
11.38m 11.77m FOUL FOUL 11.13m FOUL			
9 Nimat, Myakim	04	Aetos Athlet	11.42m
10.21m 10.67m 11.42m			
10 Pagé, Amy	99	C.A. Univ. L	10.15m
10.15m 10.07m 9.72m			
11 Feberova, Natalie	05	Ottawa Lions	8.69m
7.82m 8.69m 8.53m			

Women Discus Throw Senior

Canadian: @ 62.95m 2025-04-06 Julia Tunks, LWTF
Championship: # 60.68m 2025 Julia Tunks, London Western

Name	Year	Team	Finals
1 Tunks, Julia	06	London Weste	57.97m
55.42m FOUL 57.90m 56.79m FOUL 57.97m			
2 Andres, Rachel	87	Caltaf Athle	53.10m
52.19m 52.77m 52.54m 51.17m 53.10m FOUL			
3 Gyamfi, Jessica	04	Ottawa Lions	46.74m
44.58m 44.72m 46.31m 46.74m FOUL 41.45m			
4 Poliquin, Lydie-Anne	01	Coriaces	44.92m
FOUL FOUL 41.60m 44.58m 44.67m 44.92m			
5 Forshaw, Rose	04	ON Unattache	40.89m
FOUL 40.89m 40.22m FOUL 40.78m 40.87m			
6 Kubay, Danica	05	Flying M Ath	37.26m
27.66m 37.26m FOUL 31.47m 37.15m FOUL			
7 Selkirk, Robin	03	London Weste	29.02m
21.74m FOUL 29.02m 27.58m 23.30m 25.59m			

Women Hammer Throw Senior

Canadian: @ 78.88m 2025-07-05 Camryn Rogers, KJAK
Championship: # 77.43m 2023-07-28 Camryn Rogers, Kajaks Track

Name	Year	Team	Finals
1 Rogers, Camryn	99	Kajaks Track	76.17m
FOUL 73.60m 74.66m 76.17m 75.66m 75.50m			
2 Weir, Jillian	93	ON Unattache	69.50m
66.13m FOUL 69.50m 68.53m 66.11m 68.72m			
3 Shomachuk, Jinaye	03	Chinook Trac	69.27m
FOUL 64.74m 66.30m 69.27m 66.92m 62.37m			
4 Tcheutchoua, Miranda	01	Lasalle Athl	59.04m
55.27m 56.24m 56.94m FOUL FOUL 59.04m			
5 Fray-Samuel, Zayna	03	Project Athl	56.45m
53.92m FOUL 56.45m FOUL FOUL 56.42m			

6 Tcheutchoua, Aisling	04 Lasalle Athl	56.32m
54.40m 56.32m 54.55m	FOUL FOUL FOUL	
7 Morrow, Ashley	06 MB Unattache	55.76m
55.76m 53.40m 52.66m	54.29m FOUL 53.50m	
8 Wilson, Mackenzie	01 Windsor Esse	53.37m
49.43m 53.37m 51.46m	52.29m FOUL FOUL	
9 Déry, Cassandra	04 C.A. Univ. L	52.79m
52.79m 51.95m 51.61m		
10 MacIsaac, Chelsea	01 Athletics Ea	50.48m
50.48m 48.14m FOUL		
11 Morin, Claudy	05 C.A. Univ. L	50.28m
50.28m FOUL FOUL		
12 Drake, Elise	06 Kajaks Track	47.23m
FOUL FOUL 47.23m		

Women Javelin Throw Senior

Canadian: @ 64.83m 2015-05-10 Elizabeth Gleadle, CHIN
 Championship: # 63.40m 2019 Elizabeth Gleadle

Name	Year Team	Finals
1 Reimer, Dayley	05 Caltaf Athle	46.82m
46.82m 42.69m 43.50m	43.25m 42.12m FOUL	
2 McLean, Madison	01 Windsor Esse	46.62m
45.25m 46.62m FOUL	FOUL 44.99m 41.31m	
3 Merritt, Olivia	91 ON Unattache	44.40m
44.40m 43.52m 42.55m	FOUL 43.86m 40.13m	
4 MacDonald, Sienna	02 U Of C Athle	39.86m
39.09m 39.05m 39.86m	38.53m 36.13m 38.87m	
5 Forshaw, Rose	04 ON Unattache	38.63m
38.63m FOUL 36.60m	FOUL 36.52m 37.99m	
6 Ganeshamurthi, Sajini	05 United Tamil	33.96m
33.96m 32.52m 31.79m	FOUL FOUL 31.26m	

Heptathlon: #4 Women 200 Meter Dash Senior Heptathlon

Championship: # 24.19

Name	Year Team	Finals	Wind	H#	Points
1 Pritchard, Shelaine	04 University O	24.32	1.2	2	950
2 Parker, Rebecca	03 Windsor Legi	24.63	1.2	2	921
3 Blair, Hannah	00 Royal City A	25.17	1.2	2	871
4 Robitaille, Riley	04 ON Unattache	25.80	1.2	2	815
5 Roy, Lyanna	03 C.A. Univ. L	25.97	1.2	2	800
6 Selkirk, Robin	03 London Weste	26.01	1.2	2	796
7 Fagnan, Mathilde	06 Saint-Lauren	26.14	1.2	2	785
8 Corriveau-Tozzi, Laetiti	02 Saint-Lauren	26.16	2.3	1	783
9 Beaudoin, Clémence	06 Saint-Lauren	26.40	2.3	1	763
10 Ropp, Anna	06 London Weste	26.79	2.3	1	729
11 Huggins, Dallyssa	98 York Univers	27.04	2.3	1	708
12 Donati-Stoyanov, Kalina	05 Sherbrooke	27.84	2.3	1	643
-- *najarian, Océane	02 Sherbrooke	X27.80	2.3	1	647

Heptathlon: #7 Women 800 Meter Run Senior Heptathlon

Championship: # 2:13.28

Name	Year Team	Finals	Points
1 Blair, Hannah	00 Royal City A	2:13.98	907
1:05.272 (1:05.272)	2:13.976 (1:08.704)		
2 Parker, Rebecca	03 Windsor Legi	2:14.37	902
1:04.722 (1:04.722)	2:14.365 (1:09.643)		
3 Robitaille, Riley	04 ON Unattache	2:18.30	847
1:07.502 (1:07.502)	2:18.298 (1:10.796)		
4 Roy, Lyanna	03 C.A. Univ. L	2:18.46	845

	1:07.662 (1:07.662)		2:18.452 (1:10.790)		
5	Huggins, Dallyssa	98	York Univers	2:22.47	790
	1:09.461 (1:09.461)		2:22.468 (1:13.007)		
6	Pritchard, Shelaine	04	University O	2:23.40	778
	1:09.383 (1:09.383)		2:23.397 (1:14.014)		
7	Corriveau-Tozzi, Laetiti	02	Saint-Lauren	2:31.97	668
	1:10.662 (1:10.662)		2:31.963 (1:21.301)		
8	Ropp, Anna	06	London Weste	2:36.55	613
	1:13.627 (1:13.627)		2:36.541 (1:22.914)		
9	Fagnan, Mathilde	06	Saint-Lauren	2:37.43	603
	1:12.544 (1:12.544)		2:37.428 (1:24.884)		
10	Beaudoin, Clémence	06	Saint-Lauren	2:38.80	587
	1:11.431 (1:11.431)		2:38.797 (1:27.366)		
11	Donati-Stoyanov, Kalina	05	Sherbrooke	2:41.03	561
	1:14.542 (1:14.542)		2:41.030 (1:26.488)		

Heptathlon: #1 Women 100 Meter Hurdles Senior Heptathlon

Championship: # 13.32

Name	Year Team	Finals	Wind	H#	Points
1 Parker, Rebecca	03 Windsor Legi	13.79	2.3	2	1008
2 Pritchard, Shelaine	04 University O	13.82	2.3	2	1004
3 Blair, Hannah	00 Royal City A	14.07	2.3	2	968
4 Selkirk, Robin	03 London Weste	14.46	2.3	2	914
5 Robitaille, Riley	04 ON Unattache	14.48	2.3	2	912
6 Corriveau-Tozzi, Laetiti	02 Saint-Lauren	14.50	2.3	2	909
7 Roy, Lyanna	03 C.A. Univ. L	14.90	2.3	2	855
8 Huggins, Dallyssa	98 York Univers	15.29	3.0	1	804
9 Ropp, Anna	06 London Weste	15.39	3.0	1	791
10 Beaudoin, Clémence	06 Saint-Lauren	15.40	3.0	1	790
11 Fagnan, Mathilde	06 Saint-Lauren	15.60	3.0	1	764
12 Donati-Stoyanov, Kalina	05 Sherbrooke	15.73	3.0	1	748
-- *najarian, Océane	02 Sherbrooke	X15.83	3.0	1	735

Heptathlon: #2 Women High Jump Senior Heptathlon

Championship: # 1.76m

Name	Year Team	Finals	H#	Points
1 Blair, Hannah	00 Royal City A	1.80m#	1	978
		1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83		
		--- --- --- --- --- --- 0 0 0 XO XO 0 XXX		
2 Huggins, Dallyssa	98 York Univers	1.74m	1	903
		1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 1.77		
		--- --- --- --- --- XX0 0 XO 0 0 XXX		
3 Parker, Rebecca	03 Windsor Legi	1.68m	1	830
		1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71		
		--- --- --- --- XX0 XO XX0 0 XXX		
4 Selkirk, Robin	03 London Weste	1.65m	1	795
		1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68		
		--- --- XO 0 0 XX0 XX0 XXX		
4 Corriveau-Tozzi, Laetiti	02 Saint-Lauren	1.65m	1	795
		1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68		
		--- 0 0 0 0 XO XX0 XXX		
6 Roy, Lyanna	03 C.A. Univ. L	1.62m	1	759
		1.47 1.50 1.53 1.56 1.59 1.62 1.65		
		0 0 XO XX0 XX0 0 XXX		
7 Beaudoin, Clémence	06 Saint-Lauren	1.59m	2	724
		1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62		
		--- --- --- --- 0 0 0 XO XO XXX		
8 Fagnan, Mathilde	06 Saint-Lauren	1.56m	2	689
		1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59		
		--- --- --- 0 0 0 XO XO XXX		
9 Robitaille, Riley	04 ON Unattache	1.53m	2	655

	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56			
	---	---	---	0	XX0	0	0	XXX			
9	Donati-Stoyanov, Kalina 05 Sherbrooke								1.53m	2	655
	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56			
	---	---	---	0	X0	0	X0	XXX			
11	Pritchard, Shelaine 04 University 0								1.50m	1	621
	1.47	1.50	1.53								
	---	0	XXX								
11	Ropp, Anna 06 London Weste								1.50m	2	621
	1.35	1.38	1.41	1.44	1.47	1.50	1.53				
	---	---	0	X0	0	X0	XXX				
--	*najarian, Océane 02 Sherbrooke								X1.65m	1	795
	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68			
	---	---	0	0	0	XX0	0	XXX			

Heptathlon: #5 Women Long Jump Senior Heptathlon

Championship: # 6.09m

Name	Year Team	Finals	Wind	Points	
1 Parker, Rebecca	03 Windsor Legi	6.10m#	0.8	880	
	6.10m(0.8) 5.87m(1.3) 5.92m(0.8)				
2 Blair, Hannah	00 Royal City A	5.73m	0.5	768	
	5.64m(0.9) FOUL 5.73m(0.5)				
3 Pritchard, Shelaine	04 University 0	5.47m	0.3	691	
	5.16m(0.7) 5.39m(1.9) 5.47m(0.3)				
4 Robitaille, Riley	04 ON Unattache	5.43m	1.3	680	
	5.24m(0.9) 5.42m(1.8) 5.43m(1.3)				
5 Fagnan, Mathilde	06 Saint-Lauren	5.01m	1.4	562	
	4.98m(0.1) 5.01m(1.4) 4.88m(1.2)				
6 Roy, Lyanna	03 C.A. Univ. L	4.97m	1.6	551	
	FOUL 4.97m(1.6)				
7 Huggins, Dallyssa	98 York Univers	4.95m	0.7	546	
	4.95m(0.7) 4.71m(0.5) 4.94m(0.2)				
8 Beaudoin, Clémence	06 Saint-Lauren	4.93m	0.3	540	
	4.73m(0.9) 4.93m(0.3) FOUL				
9 Selkirk, Robin	03 London Weste	4.90m	0.8	532	
	4.67m(0.4) 4.90m(0.8) FOUL				
10 Ropp, Anna	06 London Weste	4.79m	2.1	503	
	4.79m(2.1) FOUL FOUL				
11 Corriveau-Tozzi, Laetiti	02 Saint-Lauren	4.78m	0.5	500	
	4.75m(0.4) 4.78m(0.5) 4.59m(0.8)				
12 Donati-Stoyanov, Kalina	05 Sherbrooke	4.62m	0.1	459	
	4.36m(0.8) 4.49m(1.5) 4.62m(0.1)				
--	*najarian, Océane 02 Sherbrooke		X4.66m	1.2	469
	3.66m(2.0) 4.43m(0.5) 4.66m(1.2)				

Heptathlon: #3 Women Shot Put Senior Heptathlon

Championship: # 13.25m

Name	Year Team	Finals	Points
1 Pritchard, Shelaine	04 University 0	12.84m	717
	11.95m 12.84m 12.57m		
2 Huggins, Dallyssa	98 York Univers	12.83m	716
	11.49m 11.58m 12.83m		
3 Blair, Hannah	00 Royal City A	12.62m	702
	12.01m 12.02m 12.62m		
4 Robitaille, Riley	04 ON Unattache	11.06m	599
	10.24m 10.50m 11.06m		
5 Donati-Stoyanov, Kalina	05 Sherbrooke	10.93m	591
	10.93m 10.24m 10.17m		
6 Selkirk, Robin	03 London Weste	10.69m	575
	10.46m 10.69m FOUL		
7 Parker, Rebecca	03 Windsor Legi	10.66m	573

	10.66m	10.48m	10.17m			
8	Ropp, Anna			06	London Weste	10.35m 552
	10.35m	9.56m	9.98m			
9	Roy, Lyanna			03	C.A. Univ. L	10.17m 541
	FOUL	10.17m	9.13m			
10	Fagnan, Mathilde			06	Saint-Lauren	9.57m 501
	9.57m	9.25m	9.22m			
11	Corriveau-Tozzi, Laetiti			02	Saint-Lauren	8.91m 458
	8.29m	8.91m	8.14m			
12	Beaudoin, Clémence			06	Saint-Lauren	8.13m 408
	7.47m	8.08m	8.13m			
--	*najarian, Océane			02	Sherbrooke	X10.40m 556
	FOUL	10.40m	10.40m			

Heptathlon: #6 Women Javelin Throw Senior Heptathlon

Championship: # 43.67m

Name	Year	Team	Finals	Points
1 Beaudoin, Clémence	06	Saint-Lauren	35.49m	581
			34.43m 35.49m 30.65m	
2 Parker, Rebecca	03	Windsor Legi	34.94m	571
			30.07m 31.99m 34.94m	
3 Huggins, Dallyssa	98	York Univers	34.14m	555
			29.13m 34.14m 34.03m	
4 Blair, Hannah	00	Royal City A	33.10m	535
			24.47m FOUL 33.10m	
5 Robitaille, Riley	04	ON Unattache	30.64m	489
			25.16m 30.38m 30.64m	
6 Donati-Stoyanov, Kalina	05	Sherbrooke	28.81m	454
			28.81m 27.53m 28.15m	
7 Pritchard, Shelaine	04	University O	28.72m	452
			25.82m 27.85m 28.72m	
8 Corriveau-Tozzi, Laetiti	02	Saint-Lauren	28.70m	452
			FOUL 28.70m 26.69m	
9 Selkirk, Robin	03	London Weste	26.54m	411
			26.54m 24.01m 25.95m	
10 Fagnan, Mathilde	06	Saint-Lauren	25.38m	389
			25.38m 24.14m 21.17m	
11 Ropp, Anna	06	London Weste	25.10m	384
			25.10m 21.20m 22.05m	
12 Roy, Lyanna	03	C.A. Univ. L	23.45m	353
			23.45m 21.43m FOUL	
--	*najarian, Océane	02	Sherbrooke	X31.07m 497
			31.07m 30.74m FOUL	

Women Heptathlon Senior

Canadian: @ 6808 2015-05-31 Brianne Theisen-Eaton, UNSK				
Name	Year	Team	Finals	H#
1 Blair, Hannah	00	Royal City A	5729	
2 Parker, Rebecca	03	Windsor Legi	5685	
3 Pritchard, Shelaine	04	University O	5213	
4 Huggins, Dallyssa	98	York Univers	5022	
5 Robitaille, Riley	04	ON Unattache	4997	
6 Roy, Lyanna	03	C.A. Univ. L	4704	
7 Corriveau-Tozzi, Laetiti	02	Saint-Lauren	4565	
8 Beaudoin, Clémence	06	Saint-Lauren	4393	
9 Fagnan, Mathilde	06	Saint-Lauren	4293	
10 Ropp, Anna	06	London Weste	4193	
11 Donati-Stoyanov, Kalina	05	Sherbrooke	4111	

Women 20000 Meter Race Walk Track - On r Senior

Name	Year Team	Finals
1 Drapeau, Rosalie	03 C.A. Univ. L	1:38:33.20
1:52.592 (1:52.592)	3:50.752 (1:58.160)	5:49.502 (1:58.750)
7:47.212 (1:57.710)	9:43.652 (1:56.440)	11:38.342 (1:54.690)
13:33.382 (1:55.040)	15:30.742 (1:57.360)	17:31.802 (2:01.060)
19:33.612 (2:01.810)	21:35.612 (2:02.000)	23:32.892 (1:57.280)
25:32.712 (1:59.820)	27:33.302 (2:00.590)	29:33.622 (2:00.320)
31:34.712 (2:01.090)	33:35.162 (2:00.450)	35:34.432 (1:59.270)
37:34.712 (2:00.280)	39:35.812 (2:01.100)	41:35.962 (2:00.150)
43:37.072 (2:01.110)	45:36.232 (1:59.160)	47:35.132 (1:58.900)
49:34.072 (1:58.940)	51:34.592 (2:00.520)	53:33.592 (1:59.000)
55:31.942 (1:58.350)	57:29.372 (1:57.430)	59:25.412 (1:56.040)
1:01:24.352 (1:58.940)	1:03:23.222 (1:58.870)	
2 ^guignard, Diane	88 Bytown Walke	1:48:28.50
1:53.152 (1:53.152)	3:47.672 (1:54.520)	5:43.412 (1:55.740)
7:39.322 (1:55.910)	9:36.152 (1:56.830)	11:32.992 (1:56.840)
13:31.122 (1:58.130)	15:30.422 (1:59.300)	17:31.342 (2:00.920)
19:33.202 (2:01.860)	21:35.202 (2:02.000)	23:35.062 (1:59.860)
25:37.482 (2:02.420)	27:42.672 (2:05.190)	29:47.542 (2:04.870)
31:52.782 (2:05.240)	33:56.292 (2:03.510)	36:00.712 (2:04.420)
38:07.482 (2:06.770)	40:13.812 (2:06.330)	42:20.452 (2:06.640)
44:28.262 (2:07.810)	46:35.712 (2:07.450)	48:43.122 (2:07.410)
50:52.912 (2:09.790)	53:04.352 (2:11.440)	55:14.162 (2:09.810)
57:22.762 (2:08.600)	59:32.822 (2:10.060)	1:01:45.802 (2:12.980)
1:03:57.922 (2:12.120)	1:06:07.952 (2:10.030)	
3 Menard, Gabrielle	01 Club Allianc	2:14:58.40
2:13.932 (2:13.932)	4:30.992 (2:17.060)	6:49.532 (2:18.540)
9:09.962 (2:20.430)	11:31.142 (2:21.180)	13:53.302 (2:22.160)
16:15.652 (2:22.350)	18:40.022 (2:24.370)	21:06.032 (2:26.010)
23:32.042 (2:26.010)	25:57.862 (2:25.820)	28:26.502 (2:28.640)
30:56.062 (2:29.560)	33:27.692 (2:31.630)	35:58.252 (2:30.560)
38:28.132 (2:29.880)	40:59.072 (2:30.940)	43:31.492 (2:32.420)
46:03.312 (2:31.820)	48:35.242 (2:31.930)	51:10.152 (2:34.910)
53:46.962 (2:36.810)	56:23.252 (2:36.290)	59:01.962 (2:38.710)
1:01:43.232 (2:41.270)	1:04:22.422 (2:39.190)	1:07:02.682 (2:40.260)
1:09:43.532 (2:40.850)	1:12:27.172 (2:43.640)	1:15:12.332 (2:45.160)
1:17:58.852 (2:46.520)	1:20:49.032 (2:50.180)	
-- Lundman, Olivia	03 BC Unattache	DQ
1:50.65 (1:50.65)	3:41.86 (1:51.21)	5:35.602 (1:53.75)
7:28.902 (1:53.300)	9:21.212 (1:52.310)	11:15.002 (1:53.790)
13:07.802 (1:52.800)	15:00.642 (1:52.840)	16:53.262 (1:52.620)
18:47.292 (1:54.030)	20:42.922 (1:55.630)	22:38.202 (1:55.280)
24:33.432 (1:55.230)	26:29.072 (1:55.640)	28:24.442 (1:55.370)
30:19.852 (1:55.410)	32:16.132 (1:56.280)	34:12.292 (1:56.160)
36:09.172 (1:56.880)	38:06.752 (1:57.580)	40:03.512 (1:56.760)
42:00.742 (1:57.230)	43:57.692 (1:56.950)	45:53.712 (1:56.020)
47:50.242 (1:56.530)	49:47.852 (1:57.610)	51:45.762 (1:57.910)
55:38.992 (3:53.230)	57:34.102 (1:55.110)	59:29.502 (1:55.400)
1:01:25.172 (1:55.670)		

Men Shot Put Seated Throws

Name	Year Team	Finals
1 F55 Knoke, Maitlan	88 Saskatoon TF	J10.68m RAZA 854
9.92m FOUL 10.16m 10.35m 10.68m 10.42m		
2 F34 Lipton, David	92 University O	J8.76m RAZA 573
8.27m 8.41m 8.73m 8.76m FOUL 8.74m		
3 F34 Labonte, Francis	85 C.A. Univ. L	J8.07m RAZA 456
7.32m 7.85m 7.55m FOUL 7.81m 8.07m		
4 F56 Landry, Maxime F54	03 C.A. Univ. L	J7.85m RAZA 451
7.67m 7.60m 7.65m 7.73m 7.66m 7.85m		
5 F34 Guilfoyle, Charles F	86 Cruisers Spo	J6.87m RAZA 256
6.59m 6.65m 6.87m FOUL FOUL 6.41m		

6	F55 Yuen, Daryl F57	89	WC Race Seri	J6.06m	RAZA 150
	6.03m 6.06m 5.80m 5.72m 5.96m 5.95m				
7	F56 Watson, Joshua F56	78	Cruisers Spo	J5.22m	RAZA 73
	5.22m 4.97m 5.05m 5.03m 5.09m 4.66m				
8	F34 Bennett, Ryan F34	88	Cruisers Spo	J4.57m	RAZA 27
	4.43m 4.40m 4.57m 4.50m 4.51m 4.54m				
--	F57 *essabti, Said	91	Saint-Lauren	XJ7.48m	RAZA 175
	7.03m 7.19m 7.09m 6.94m 7.00m 7.48m				

Men Discus Throw Seated Throws

Name	Year Team	Finals
1 F55 Knoke, Maitlan	88 Saskatoon TF	J29.80m RAZA 755
	26.34m 26.84m 27.73m FOUL 25.27m 29.80m	
2 F34 Lipton, David	92 University O	J21.11m RAZA 335
	18.41m 19.04m 19.58m 21.11m 19.08m 20.84m	
3 F55 Yuen, Daryl F57	89 WC Race Seri	J20.31m RAZA 311
	13.49m 20.31m 19.82m 19.41m FOUL FOUL	
4 F57 Calder, Kyle	88 Stars Athlet	J22.86m RAZA 206
	22.86m 21.11m 22.37m 22.21m 20.21m 19.10m	
5 F34 Labonte, Francis	85 C.A. Univ. L	J18.00m RAZA 198
	18.00m 16.20m 17.21m FOUL 17.26m 17.87m	
6 F56 Landry, Maxime F54	03 C.A. Univ. L	J20.60m RAZA 172
	19.91m 18.57m 19.94m 20.36m 19.95m 20.60m	
7 F34 Guilfoyle, Charles F	86 Cruisers Spo	J15.72m RAZA 117
	14.26m 11.58m 14.42m 14.10m 15.72m 14.74m	
8 F34 Bennett, Ryan F34	88 Cruisers Spo	J15.39m RAZA: 108
	FOUL 15.39m 14.69m 14.64m 14.14m 14.78m	
9 F56 Watson, Joshua F56	78 Cruisers Spo	J11.61m RAZA: 13
	11.26m 9.94m 10.70m 11.61m FOUL 11.54m	
-- F57 *essabti, Said	91 Saint-Lauren	XJ16.86m RAZA 60
	15.07m 13.03m 14.29m 13.36m 16.86m 14.64m	

Men Javelin Throw Seated Throws

Name	Year Team	Finals
1 F56 Landry, Maxime F54	03 C.A. Univ. L	J22.38m RAZA 590
	FOUL 20.25m 22.38m 21.76m 20.83m 21.63m	
2 F55 Yuen, Daryl F57	89 WC Race Seri	J12.86m RAZA 137
	11.76m 11.64m 12.23m 12.86m FOUL FOUL	
3 F34 Lipton, David	92 University O	J14.62m RAZA 130
	14.62m FOUL 14.48m 14.22m FOUL FOUL	
4 F56 Watson, Joshua F56	78 Cruisers Spo	J12.30m RAZA 95
	11.27m 11.46m 12.19m 12.30m 11.85m 12.16m	
5 F34 Labonte, Francis	85 C.A. Univ. L	J13.44m RAZA 94
	13.22m FOUL 11.60m 12.81m FOUL 13.44m	
6 F57 Calder, Kyle	88 Stars Athlet	J16.56m RAZA 77
	FOUL 14.39m 16.56m FOUL 15.85m 15.99m	
7 F34 Barrette-LeBlanc, Fé	99 C.A. Univ. L	J12.45m RAZA 69
	FOUL FOUL 12.45m FOUL 12.08m FOUL	
8 F34 Guilfoyle, Charles F	86 Cruisers Spo	J12.19m RAZA 63
	10.88m 11.67m 12.19m FOUL FOUL 10.37m	
-- F57 *essabti, Said	91 Saint-Lauren	XJ18.59m RAZA 121
	18.59m 18.08m 16.92m 15.43m 15.18m 17.35m	

Men 100 Meter Dash Ambulatory Frame Running

Name	Year Team	Finals	Wind
1 T72 Henrie, Maxime	09 National Cap	22.10	4.8

Men 100 Meter Dash Wheelchair

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Top 8 Advance by Time

Advance Top 2 + 2

Name	Year	Team	Prelims	Wind	H#
=====					
Preliminaries					
1 T34 Smeenk, Austin T34	97	ON Unattache	J15.61q	4.0	2 RAZA 864
2 T34 Cormier, Dante T34	06	Aetos Athlet	J15.78q	4.0	2 RAZA 832
3 T54 Christophe, Isaiah T	94	Cruisers Spo	J15.49q	3.9	1 RAZA 638
4 T54 Young, Tai T54	04	Cruisers Spo	16.77q	3.9	1 RAZA 323
5 T34 Parreira, Shay T34	07	Cruisers Spo	J18.26q	4.0	2 RAZA 282
6 T54 Dykstra, Matthew T54	01	Green And Go	J17.14q	3.9	1 RAZA 245
7 T54 Paré, Michael	96	Saint-Lauren	18.15q	3.9	1 RAZA 92
8 T53 *endo, Shion	08	WC Race Seri	J18.04q	4.0	2 RAZA 81
9 T33 Simoneau, Raphaël T3	98	Saint-Lauren	24.38	3.9	1 RAZA 1

Men 100 Meter Dash Wheelchair

Advance Top 2 + 2

Name	Year	Team	Finals	Wind
=====				
Finals				
1 T34 Smeenk, Austin T34	97	ON Unattache	J15.71	1.1 RAZA 845
2 T34 Cormier, Dante T34	06	Aetos Athlet	J16.01	1.1 RAZA 785
3 T54 Christophe, Isaiah T	94	Cruisers Spo	J15.50	1.1 RAZA 635
4 T54 Dykstra, Matthew T54	01	Green And Go	J17.42	1.1 RAZA 194
5 T54 Young, Tai T54	04	Cruisers Spo	J17.62	1.1 RAZA 161
6 T54 Paré, Michael	96	Saint-Lauren	J18.66	1.1 RAZA 48
7 T34 Parreira, Shay T34	07	Cruisers Spo	J20.22	1.1 RAZA 41
8 T33 Simoneau, Raphaël T3	98	Saint-Lauren	J25.79	1.1 RAZA 0

Men 200 Meter Dash Wheelchair

Top 8 Advance by Time

Name	Year	Team	Prelims	Wind
=====				
Preliminaries				
1 T54 Christophe, Isaiah T	94	Cruisers Spo	26.68q	2.0 RAZA 761
2 T54 Young, Tai T54	04	Cruisers Spo	30.63q	2.0 RAZA 259
3 T54 Paré, Michael	96	Saint-Lauren	32.89q	2.0 RAZA 81
4 T53 *endo, Shion	08	WC Race Seri	35.38q	2.0 RAZA 12
5 T33 Simoneau, Raphaël T3	98	Saint-Lauren	50.01q	2.0 (L)18.5C RAZA 0
-- T54 Dykstra, Matthew T54	01	Green And Go	DQ	2.0 WPA 18.2.C

Men 200 Meter Dash Wheelchair

Name	Year	Team	Finals	Wind
=====				
Finals				
1 T54 Christophe, Isaiah T	94	Cruisers Spo	26.76	0.8 RAZA 751
2 T54 Young, Tai T54	04	Cruisers Spo	30.05	0.8 RAZA 324
3 T54 Paré, Michael	96	Saint-Lauren	33.47	0.8 RAZA 55
-- T33 Simoneau, Raphaël T3	98	Saint-Lauren	DQ	0.8 WPA 18.2C
-- T53 *endo, Shion	08	WC Race Seri	DQ	0.8 WPA17.8

Men 400 Meter Dash Wheelchair

Top 8 Advance by Time

Name	Year	Team	Prelims	H#
=====				
Preliminaries				
1 T54 Christophe, Isaiah T	94	Cruisers Spo	50.86q	1 RAZA 674
2 T34 Cormier, Dante T34	06	Aetos Athlet	58.23q	2 RAZA 435
3 T54 Young, Tai T54	04	Cruisers Spo	58.63q	2 RAZA 186
4 T53 *endo, Shion	08	WC Race Seri	1:02.70q	1 RAZA 141
5 T34 Parreira, Shay T34	07	Cruisers Spo	J1:06.67q	2 RAZA 66

6	T54 Dykstra, Matthew T54	01	Green And Go	J1:04.33q	1	RAZA 30
7	T54 Paré, Michael	96	Saint-Lauren	1:09.51q	2	RAZA 2
8	T33 Simoneau, Raphaël T3	98	Saint-Lauren	1:32.74q	1	RAZA 0

Men 400 Meter Dash Wheelchair

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Name	Year Team	Finals
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Finals

1	T34 Cormier, Dante T34	06	Aetos Athlet	J56.75	RAZA 530
2	T54 Christophe, Isaiah T	94	Cruisers Spo	J56.56	RAZA 294
3	T54 Young, Tai T54	04	Cruisers Spo	J59.70	RAZA 142
4	T34 Parreira, Shay T34	07	Cruisers Spo	J1:07.26	RAZA 55
5	T54 Dykstra, Matthew T54	01	Green And Go	J1:06.48	RAZA 12
6	T54 Paré, Michael	96	Saint-Lauren	J1:08.07	RAZA 5
7	T53 *endo, Shion	08	WC Race Seri	J1:09.49	RAZA 2
8	T33 Simoneau, Raphaël T3	98	Saint-Lauren	J1:35.18	RAZA 0

Men 800 Meter Run Wheelchair

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Name	Year Team	Prelims
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Top 8 Advance by Time

Preliminaries

1	T34 Smeenk, Austin T34	97	ON Unattache	1:55.28q	RAZA 408
	58.679 (58.679)	1:55.280 (56.602)			
2	T34 Cormier, Dante T34	06	Aetos Athlet	1:55.82q	RAZA 393
	58.956 (58.956)	1:55.814 (56.859)			
3	T54 Young, Tai T54	04	Cruisers Spo	2:08.10q	RAZA 53
	1:03.869 (1:03.869)	2:08.100 (1:04.232)			
4	T53 *endo, Shion	08	WC Race Seri	2:13.17q	RAZA 22
	1:06.520 (1:06.520)	2:13.161 (1:06.642)			
5	T54 Paré, Michael	96	Saint-Lauren	2:20.61q	RAZA 5
	1:07.721 (1:07.721)	2:20.606 (1:12.885)			

Men 800 Meter Run Wheelchair

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Name	Year Team	Finals
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Finals

1	T34 Smeenk, Austin T34	97	ON Unattache	1:49.06	RAZA 592
	57.300 (57.300)	1:49.058 (51.758)			
2	T34 Cormier, Dante T34	06	Aetos Athlet	1:56.33	RAZA 379
	57.600 (57.600)	1:56.329 (58.729)			
3	T54 Young, Tai T54	04	Cruisers Spo	2:04.99	RAZA 84
	1:01.823 (1:01.823)	2:04.990 (1:03.168)			
4	T53 *endo, Shion	08	WC Race Seri	2:07.09	RAZA 62
	1:03.642 (1:03.642)	2:07.084 (1:03.442)			
5	T54 Paré, Michael	96	Saint-Lauren	2:15.90	RAZA 13
	1:04.036 (1:04.036)	2:15.896 (1:11.860)			

Men 1500 Meter Run Wheelchair

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Name	Year Team	Finals
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1	T54 Young, Tai T54	04	Cruisers Spo	J4:12.65	RAZA 48
	52.130 (52.130)	1:59.050 (1:06.920)		3:07.891 (1:08.842)	
	4:12.649 (1:04.758)				
2	T54 Paré, Michael	96	Saint-Lauren	J4:29.15	RAZA 12
	53.741 (53.741)	2:02.177 (1:08.436)		3:13.469 (1:11.292)	
	4:29.144 (1:15.675)				
3	T54 Dykstra, Matthew T54	01	Green And Go	J4:35.79	RAZA 6
	55.117 (55.117)	2:03.596 (1:08.479)		3:17.087 (1:13.491)	
	4:35.783 (1:18.696)				
4	T53 *endo, Shion	08	WC Race Seri	J4:36.53	RAZA 5

55.771 (55.771) 2:02.435 (1:06.664) 3:14.040 (1:11.605)
 4:36.522 (1:22.482)

Men 5000 Meter Run Wheelchair

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=====
Name                      Year Team                      Finals
=====
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1 T54 Paré, Michael	96 Saint-Lauren	14:56.50
37.299 (37.299)	1:44.442 (1:07.144)	2:56.024 (1:11.582)
4:07.339 (1:11.316)	5:22.535 (1:15.196)	6:35.977 (1:13.442)
7:48.530 (1:12.554)	9:00.311 (1:11.781)	10:13.014 (1:12.704)
11:23.682 (1:10.668)	12:35.526 (1:11.844)	13:47.355 (1:11.830)
14:56.492 (1:09.137)		

Men 100 Meter Dash Ambulatory

Top 8 Advance by Time

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=====
Name                      Year Team                      Prelims  Wind H#
=====
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Preliminaries

1 T11 Quarcoo, George T11	94 Eclipse Trac	11.42q	-1.2	5	RAZA 875
2 T47 Cote-Williamson, Bre	04 Running Wild	11.56q	1.2	4	RAZA 762
3 T12 Johnson, David T12	99 BC Unattache	11.63q	1.2	4	RAZA 738
4 T38 Gingras, Zach T38	01 ON Unattache	12.04q	1.2	4	RAZA 675
5 T37 Del Cul, Dante	02 Waterloo Tra	J12.91q	0.1	1	RAZA 536
6 T47 Rheault, Étienne	08 Drummondvill	12.51q	0.1	1	RAZA 403
7 T13 Roberto, Joshua T13	01 Eclipse Trac	J12.49q	0.1	1	RAZA 381
8 T38 Booth, Hudson T38	99 Les Coureurs	13.09q	0.1	1	RAZA 288
9 T37 Kuchemann, Erik T37	00 Athletics Ni	14.17	0.1	1	RAZA 141
10 T63 Njai, Kebba T63	97 ON Unattache	14.84	0.1	1	RAZA 65

Men 100 Meter Dash Ambulatory

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=====
Name                      Year Team                      Finals  Wind
=====
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Finals

1 T11 Quarcoo, George T11	94 Eclipse Trac	J11.36	0.9	RAZA 892
2 T38 Gingras, Zach T38	01 ON Unattache	J11.81	0.9	RAZA 757
3 T47 Cote-Williamson, Bre	04 Running Wild	J11.61	0.9	RAZA 745
4 T12 Johnson, David T12	99 BC Unattache	J11.67	0.9	RAZA 724
5 T13 Roberto, Joshua T13	01 Eclipse Trac	J12.48	0.9	RAZA 384
6 T37 Del Cul, Dante	02 Waterloo Tra	J13.10	0.9	RAZA 285

Men 200 Meter Dash Ambulatory

Top 8 Advance by Time

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=====
Name                      Year Team                      Prelims  Wind
=====
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Preliminaries

1 T47 Rheault, Étienne	08 Drummondvill	24.39q	2.4	RAZA 625
2 T38 Booth, Hudson T38	99 Les Coureurs	25.99q	2.4	RAZA 490
3 T37 Joseph, Ludovik T37	04 Sherbrooke	27.04q	2.4	RAZA 402
4 T37 Kuchemann, Erik T37	00 Athletics Ni	J27.82q	2.4	RAZA 282
5 T/F38 Grein, Jayden	08 Windsor Legi	J27.20q	2.4	RAZA 277

Men 200 Meter Dash Ambulatory

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=====
Name                      Year Team                      Finals  Wind
=====
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Finals

1 T47 Rheault, Étienne	08 Drummondvill	24.24	1.0	RAZA 651
2 T38 Booth, Hudson T38	99 Les Coureurs	26.10	1.0	RAZA 471
3 T37 Joseph, Ludovik T37	04 Sherbrooke	27.07	1.0	RAZA 398
4 T37 Kuchemann, Erik T37	00 Athletics Ni	27.98	1.0	RAZA 259
5 T/F38 Grein, Jayden	08 Windsor Legi	28.06	1.0	RAZA 178

Men 400 Meter Dash Ambulatory

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Top 8 Advance by Time

Name	Year Team	Prelims	H#
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Preliminaries

1	T47 Cote-Williamson, Bre	04 Running Wild	51.54q	3	RAZA 795
2	T38 Gingras, Zach T38	01 ON Unattache	J54.05q	4	RAZA 786
3	T12 Johnson, David T12	99 BC Unattache	J52.39q	3	RAZA 735
4	T20 Mustafa, Johnathan	07 Calgary Spar	J53.52q	2	RAZA 593
5	T47 Rheault, Étienne	08 Drummondvill	54.83q	2	RAZA 548
6	T13 Roberto, Joshua T13	01 Eclipse Trac	57.43q	1	RAZA 312
7	T37 Joseph, Ludovik T37	04 Sherbrooke	J1:01.59q	1	RAZA 310
8	T38 Booth, Hudson T38	99 Les Coureurs	J1:01.20q	1	RAZA 275
9	T37 Kuchemann, Erik T37	00 Athletics Ni	1:06.01	1	RAZA 92

Men 400 Meter Dash Ambulatory

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Name	Year Team	Finals
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Finals

1	T38 Gingras, Zach T38	01 ON Unattache	J53.18	RAZA 842
2	T47 Cote-Williamson, Bre	04 Running Wild	J51.60	RAZA 791
3	T12 Johnson, David T12	99 BC Unattache	J51.65	RAZA 787
4	T20 Mustafa, Johnathan	07 Calgary Spar	J53.14	RAZA 623
5	T13 Roberto, Joshua T13	01 Eclipse Trac	J57.94	RAZA 277
6	T37 Joseph, Ludovik T37	04 Sherbrooke	J1:02.62	RAZA 246
7	T38 Booth, Hudson T38	99 Les Coureurs	J1:01.67	RAZA 109

Men 1500 Meter Run Ambulatory

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Name	Year Team	Finals
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1	T38 Stanley, Liam T37	97 Prairie Inn	J4:06.84	RAZA 817
	49.705 (49.705)	1:59.109 (1:09.405)	3:04.894 (1:05.785)	
	4:06.840 (1:01.946)			
2	T20 Barber, Michael T20	00 BC Unattache	J4:03.53	RAZA 814
	49.511 (49.511)	1:58.894 (1:09.383)	3:04.719 (1:05.826)	
	4:03.528 (58.810)			
3	T13 Neri, Nicholas T13	98 Windsor Esse	J4:09.75	RAZA 674
	49.380 (49.380)	1:58.785 (1:09.406)	3:05.157 (1:06.372)	
	4:09.745 (1:04.588)			
4	T20 Mustafa, Johnathan	07 Calgary Spar	J4:22.57	RAZA 507
	49.555 (49.555)	1:59.978 (1:10.424)	3:11.722 (1:11.744)	
	4:22.568 (1:10.846)			
5	T12 Ouellet, Benjamin T1	01 C.A. Univ. L	J4:43.43	RAZA 141
	54.141 (54.141)	2:09.358 (1:15.218)	3:26.796 (1:17.438)	
	4:43.429 (1:16.633)			
--	*g* Morneau-Cartier, Phi	01 C.A. Univ. L	DNF	

Men 5000 Meter Run Ambulatory

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Name	Year Team	Finals
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1	T13 Neri, Nicholas T13	98 Windsor Esse	15:54.67	RAZA 655
	37.467 (37.467)	1:52.499 (1:15.032)	3:09.520 (1:17.021)	
	4:26.853 (1:17.334)	5:44.931 (1:18.078)	7:03.681 (1:18.750)	
	8:22.124 (1:18.444)	9:38.963 (1:16.839)	10:57.271 (1:18.309)	
	12:14.352 (1:17.081)	13:33.114 (1:18.762)	14:48.795 (1:15.681)	
	15:54.670 (1:05.876)			
2	T13 Ouellet, Guillaume T	86 Club Citius	16:01.26	RAZA 625
	37.109 (37.109)	1:52.472 (1:15.364)	3:09.457 (1:16.985)	
	4:26.823 (1:17.366)	5:44.875 (1:18.052)	7:03.629 (1:18.755)	
	8:22.072 (1:18.443)	9:38.913 (1:16.841)	10:57.169 (1:18.257)	

12:13.934 (1:16.765)
16:01.259 (1:11.694)

13:33.038 (1:19.104)

14:49.565 (1:16.527)

Men Long Jump Ambulatory

Name	Year Team	Finals	Wind
1 T20 Vucsics, Noah T20	00 U Of C Athle	7.04m	2.6
7.04m(2.6) 6.92m(0.9) 6.82m(1.0) 6.98m(0.5) 6.85m(-0.5) 6.79m(0.2)			RAZA: 932
2 T13 Roberto, Joshua T13	01 Eclipse Trac	4.80m	-0.1
FOUL 4.58m(1.5) FOUL 4.75m(+0.0) FOUL 4.80m(-0.1)			RAZA: 131
3 T/F38 Grein, Jayden	08 Windsor Legi	4.50m	-0.2
4.48m(2.1) 4.14m(0.7) 4.10m(-0.3) 4.50m(-0.2) 4.30m(-0.1) 4.34m(0.6)			RAZA: 112

Men Shot Put Ambulatory

Name	Year Team	Finals
1 F46 Stewart, Gregory F46	86 BC Unattache	15.83m
15.48m 15.09m 15.46m 15.83m 15.72m 15.35m		RAZA 931
2 F46 Trudgeon, Ken F46	88 ON Unattache	11.11m
10.55m 10.74m FOUL 9.64m 11.11m 10.98m		RAZA 376
3 T/F38 Grein, Jayden	08 Windsor Legi	8.46m
8.01m 6.25m 8.21m 8.11m 8.46m 8.25m		RAZA 98
4 F41 Jalla-Dhar, Vivaan	09 Saskatoon TF	6.71m
6.08m 6.47m 6.21m 6.63m 6.71m FOUL		RAZA 68

Men Discus Throw Ambulatory

Name	Year Team	Finals
1 F37 Zesseu, Jesse F37	99 Royal City A	46.79m
46.13m FOUL 46.74m 46.79m FOUL FOUL		RAZA 840
2 F64 Dorais, Mathieu	00 C.A. Univ. L	46.16m
41.48m 43.87m FOUL 45.13m 46.16m FOUL		RAZA 519
3 F46 Trudgeon, Ken F46	88 ON Unattache	34.61m
30.62m 30.95m 31.49m 34.61m FOUL 34.50m		RAZA 509 Use 1Kg
4 F41 Ouellette, Rémi F41	05 Aetos Athlet	24.19m
FOUL FOUL FOUL FOUL 24.19m FOUL		RAZA 325
5 F41 Jalla-Dhar, Vivaan	09 Saskatoon TF	16.36m
FOUL FOUL FOUL FOUL 14.65m 16.36m		RAZA 43

Men Javelin Throw Ambulatory

Name	Year Team	Finals
1 F41 Jalla-Dhar, Vivaan	09 Saskatoon TF	23.94m
21.43m FOUL 22.73m FOUL 23.94m 22.82m		

Men 100 Meter Dash U20 Qualifying

Name	Year Team	Finals	Wind	H#
Top 8 athletes advance				
Canadian: @ 10.23 2025-08-01 Tooni Ogunyeye, FLYA				
Championship: # 10.23 2025 Tooni Ogunyeye, Flying Angels				
1 Dinev, Nicola	09 Athlétisme L	10.86	1.5	2 10.852
2 Allangba, Benny	09 Edmonton Roy	10.86	-0.7	4 10.859
3 Bibeau, Justin	08 Corsaire-Cha	10.94	1.5	2
4 Baker, Matthew	07 Running Wild	10.97	1.5	2
5 Gesmundo, Aidan	08 Speed Academ	10.99	-0.7	4
6 Nguyen, Hieu An Alexandr	08 Vainqueurs P	11.02	-1.0	3
7 Simard, Cole	07 Les Coureurs	11.04	-1.0	3
8 Henclewood, Ladanian	07 Edmonton Roy	11.05	-0.7	4
9 Yusif, Akbar	08 Brampton Tra	11.06	-0.7	4

10 Phinn, Anthony	09 Brampton Rac	11.07	-1.0	3	
11 Sealy, Tobias	07 University O	11.13	-0.7	4	
12 Sharpe, Camrie	07 ASEA	11.14	-0.7	4	
13 Baxter, Christian	07 Speed Academ	11.15	-0.7	4	
14 Kosmajac, Gabriel	07 ON Unattache	11.17	1.5	2	
15 Mallory, Francis	09 Track North	11.21	-0.1	1	
16 Scott, Kaleb	08 Speed Academ	11.23	-0.1	1	11.225
17 Meikle, Jamie	07 Ottawa Lions	11.23	1.5	2	11.227
18 Falobi, Demilade	08 Speed Academ	11.27	-0.1	1	
19 Kerr, Michael	07 ON Unattache	11.28	-0.7	4	11.271
20 Boubeker, Adam	08 Athlétisme L	11.28	1.5	2	11.277
21 Beaubrun, Julius	07 Winnipeg Opt	11.29	-1.0	3	
22 Hache, Roman	07 Brockville L	11.32	1.5	2	11.315
23 Forzley, Alexander	09 Ottawa Lions	11.32	-1.0	3	11.316
24 Gairy, Christian	07 Speed Academ	11.39	-1.0	3	
25 Love, Caylum	08 Calgary Warr	11.55	-0.1	1	11.548
26 Robert, Charles	07 Saint-Lauren	11.55	-1.0	3	11.550
27 Storr, Makoto	09 Brockville L	11.61	1.5	2	
28 Malenfant, Nathan	07 Sherbrooke	11.73	-1.0	3	
29 Uche, Augustine	07 Ottawa Lions	12.16	-0.1	1	
30 Gamboa-Pasha, Ibrahim Ad	07 ON Unattache	12.44	-0.1	1	

Men 200 Meter Dash U20 Qualifying

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 Top 6 athletes advance

Canadian: @ 20.50 2022-04-09 Almond Small, FLYA

Championship: # 20.65 E Frempong-Manso, Tooni Oguyeye

Name	Year Team	Finals	Wind	H#	
1 Kane, Brayden	08 Border City	21.72	1.7	7	
2 Baker, Matthew	07 Running Wild	21.79	1.1	5	
3 Shangai, Ayoub	08 Ottawa Lions	21.80	1.7	7	
4 Yusif, Akbar	08 Brampton Tra	21.81	0.9	6	21.808
4 Pepin, Thierry	07 Corsaire-Cha	21.81	1.1	5	21.808
6 Phinn, Anthony	09 Brampton Rac	21.89	0.9	6	TR 17.3.3(L)
7 Bibeau, Justin	08 Corsaire-Cha	21.96	1.1	5	
8 Allen, Maleik	08 Monte Cristo	21.98	1.7	7	
9 Rosa, Luca	08 Hamilton Oly	22.02	1.8	4	
10 Morah, Noel	07 Edmonton Roy	22.11	1.1	5	
11 Addo, Jeremiah	10 Brampton Rac	22.16	0.9	6	
12 Simard, Cole	07 Les Coureurs	22.19	0.9	6	
13 Emond, Alexis	07 Jakours Athl	22.23	1.7	7	
14 Joiner, Darren	08 Track North	22.26	1.8	4	TR17.3.3 (L)
15 Tomlin, Deinma	07 Maximus Perf	22.32	0.9	6	
16 Kerr, Michael	07 ON Unattache	22.36	1.8	4	
17 Beaubrun, Julius	07 Winnipeg Opt	22.43	1.8	4	
18 Amoo, Deon	07 London Weste	22.44	1.9	3	22.433
19 Sealy, Tobias	07 University O	22.44	1.7	7	22.435
20 Baxter, Christian	07 Speed Academ	22.45	1.7	7	
21 Dawkins, Elijah	07 Winnipeg Opt	22.54	0.9	6	
22 Boubeker, Adam	08 Athlétisme L	22.59	1.1	5	
23 Scott, Kaleb	08 Speed Academ	22.71	1.9	3	
24 Mundi, Tejvir	08 Calgary Inte	22.74	1.1	5	
25 Gairy, Christian	07 Speed Academ	22.75	1.8	4	
26 Love, Caylum	08 Calgary Warr	22.79	1.9	3	
27 Steeves, Brodie	07 Running Wild	22.80	1.8	4	
28 Boutabek, Anthony	09 Athlétisme L	22.99	1.8	4	
29 Brownson, Jonah	07 Winnipeg Opt	23.00	1.9	3	
30 Armstrong, Cole	07 ON Unattache	23.01	1.1	5	
31 Cossette, Elliot	08 Corsaire-Cha	23.07	1.9	3	
32 Moyes, Landon	07 Winnipeg Opt	23.20	1.9	3	23.195
33 De Simone, Vincenzo	08 Monte Cristo	23.20	0.5	2	23.199
34 Ramda, Mohamed	08 Athlétisme L	23.29	1.9	3	
35 Hanna, Jacob	10 Brockville L	23.39	0.5	2	
36 Callihoo, Logan	09 Alberta Spee	23.76	1.2	1	

37 Lanthier, Vincent	07 Gatineau	23.80	0.5	2	
38 Gaede, Daniel	07 London Weste	24.20	0.5	2	
39 Walker, Rayjaun	07 Brampton Tra	24.37	0.5	2	TR17.3.3(L)
40 Boulanger, Albert	08 Athlétisme L	24.66	0.5	2	
41 Acheampong, Matthew	09 Athlétisme L	24.82	1.2	1	
-- Forzley, Alexander	09 Ottawa Lions	FS	1.1	5	
-- Riendeau, Mathis	09 Sherbrooke	DNF	0.9	6	
-- Oduah, Ebube	08 York Univers	DNF	1.7	7	

Men 400 Meter Dash U20 Qualifying

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Top 8 athletes advance

Canadian: @ 45.31 2023-07-14 Will Floyd, UNBC

Championship: # 46.04 2025 Ryder Rattee, Running Room

Name	Year Team	Finals	H#	
1 Mauricette, Elliot	07 Speed Academ	48.99	4	
2 Paille, Jacob	08 Airblastoff	49.36	3	
3 Douglas, Mattheo	07 University O	49.48	4	
4 Hood, Ethan	09 Ottawa Lions	49.77	4	
5 Anderson, Cameron	08 Speed Academ	49.97	4	
6 Steeves, Brodie	07 Running Wild	50.00	3	
7 Zacharias, Parker	07 Saskatoon TF	50.15	3	
8 Mills, Cody	08 Running Room	50.23	4	
9 Côté, Thomas	07 Sherbrooke	50.24	3	
10 Reimer, Rowan	07 Swift Curren	50.39	3	
11 Amoo, Deon	07 London Weste	50.85	2	
12 Thomson, Austin	07 Speed Academ	50.91	3	
13 Dawkins, Elijah	07 Winnipeg Opt	50.96	4	
14 Callihoo, Logan	09 Alberta Spee	51.24	2	
15 Newman, Ethan	07 Peterborough	51.46	1	
16 Grant, Harrison	08 Alberta Spee	51.50	3	
17 Moyes, Landon	07 Winnipeg Opt	51.81	2	
18 Sauve, Shiloh	07 Track North	51.92	2	
19 Lacroix, Corey	07 Track North	52.21	2	52.201
20 Cossette, Elliot	08 Corsaire-Cha	52.21	2	52.205
21 Brownson, Jonah	07 Winnipeg Opt	52.58	2	
22 Ramda, Mohamed	08 Athlétisme L	53.05	2	L-17.3.4
23 Lanthier, Vincent	07 Gatineau	53.06	1	
24 Kuersteiner, Noah	07 Saint-Lauren	1:11.89	4	
-- Walker, Rayjaun	07 Brampton Tra	DQ	1	TR-17.3.2

Men 800 Meter Run U20 Qualifying

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Top 8 athletes advance

Canadian: @ 1:46.07 2012-07-15 Brandon McBride, WLEG

Championship: # 1:48.50 2015 Robert Heppenstall

Name	Year Team	Finals	H#	
1 Montes Rodríguez, Kevin	09 Zénix De La	1:54.52	4	
56.876 (56.876)	1:54.515 (57.640)			
2 Mills, Cody	08 Running Room	1:55.32	4	
56.867 (56.867)	1:55.317 (58.450)			
3 Gagné, Raphaël	07 Saint-Lauren	1:55.48	3	
56.407 (56.407)	1:55.477 (59.070)			
4 Lavoie, David	10 Zénix De La	1:56.06	2	
59.875 (59.875)	1:56.059 (56.184)			
5 Kelly-MacLean, Timothy	09 Ottawa Lions	1:56.22	3	
57.290 (57.290)	1:56.214 (58.924)			
6 Zacharias, Parker	07 Saskatoon TF	1:56.40	3	
56.722 (56.722)	1:56.400 (59.678)			
7 Wolverton, Caden	07 Saint John R	1:56.51	4	
56.673 (56.673)	1:56.501 (59.828)			
8 Leroux, Lukas	07 Brockville L	1:56.93	4	
56.526 (56.526)	1:56.923 (1:00.397)			

9	Galopin, Nicolas	07 Saint-Lauren	1:57.34	2	
	58.673 (58.673)	1:57.336 (58.663)			
10	Stephenson, Oakley	07 Calgary Spar	1:57.55	4	
	57.705 (57.705)	1:57.547 (59.843)			
11	Bird, Xavier	07 University O	1:57.57	4	TR-7.1
	57.206 (57.206)	1:57.569 (1:00.364)			
12	Barnes, William	08 Excel Athlet	1:57.67	2	
	58.680 (58.680)	1:57.663 (58.984)			
13	Lee, Brennan	08 Ottawa Lions	1:57.74	2	
	59.206 (59.206)	1:57.731 (58.526)			
14	McLean, Ian	07 Saint John R	1:58.34	1	
	59.202 (59.202)	1:58.332 (59.130)			
15	Park, Noah	08 University O	1:58.39	2	
	58.896 (58.896)	1:58.384 (59.488)			
16	Ouellette, Malik	07 Corsaire-Cha	1:58.80	2	
	59.453 (59.453)	1:58.795 (59.342)			
17	T20 Mustafa, Johnathan	07 Calgary Spar	2:00.06	3	
	56.853 (56.853)	2:00.052 (1:03.200)			
18	Ward, Ryan	07 Newmarket Hu	2:00.25	1	
	59.833 (59.833)	2:00.247 (1:00.415)			
19	Buchanan, Samuel	07 Élite Distan	2:00.29	3	
	57.148 (57.148)	2:00.284 (1:03.136)			
20	Létourneau, Alexis	08 Corsaire-Cha	2:00.80	2	
	1:00.411 (1:00.411)	2:00.797 (1:00.386)			
21	Sawchuk, Will	08 Riversdale A	2:01.21	1	
	59.141 (59.141)	2:01.204 (1:02.064)			
22	Sauve, Shiloh	07 Track North	2:01.80	3	
	56.948 (56.948)	2:01.799 (1:04.852)			
23	Bouchard, Vincent	09 Lanaudière-0	2:02.32	1	
	58.979 (58.979)	2:02.317 (1:03.338)			
24	Forero-Tarazona, Gabriel	07 Calgary Spar	2:02.33	2	
	1:00.007 (1:00.007)	2:02.327 (1:02.320)			
25	Hayato, Abdul	07 Calgary Spar	2:03.22	3	
	56.573 (56.573)	2:03.214 (1:06.642)			
26	Corriveau Pinto, Rafael	08 Élite Distan	2:03.56	1	
	59.531 (59.531)	2:03.552 (1:04.021)			
27	Griffin, Levi	07 ON Unattache	2:03.79	4	
	58.236 (58.236)	2:03.787 (1:05.551)			
28	Cadwell, Camden	09 Brantford T.	2:04.83	1	
	1:00.080 (1:00.080)	2:04.828 (1:04.748)			
29	Venne, Rafaël	08 Saint-Lauren	2:05.29	2	
	59.191 (59.191)	2:05.288 (1:06.098)			
30	Campagna, Edward	09 Lanaudière-0	2:10.81	1	
	1:02.677 (1:02.677)	2:10.805 (1:08.128)			
--	Côté, Thomas	07 Sherbrooke	DNF	3	
--	McDonald, William	09 Central Toro	DNF	4	

Men 1500 Meter Run U20 Qualifying

Top 5 athletes advance

Canadian: @ 3:38.92 2013-07-01 Adam Palamar, OTTL
 Championship: # 3:46.48 1985 Andrew McGuigan

Name	Year	Team	Finals	H#
1 Périn, Emile	08	Saint-Lauren	3:58.37	2
		48.768 (48.768)	1:54.563 (1:05.796)	2:57.655 (1:03.092)
		3:58.367 (1:00.713)		
2 McDonald, William	09	Central Toro	3:58.70	2
		47.967 (47.967)	1:53.825 (1:05.858)	2:57.576 (1:03.751)
		3:58.693 (1:01.117)		
3 Raiche, William	07	Athlétisme L	3:58.91	2
		49.717 (49.717)	1:55.435 (1:05.718)	2:58.496 (1:03.061)
		3:58.906 (1:00.410)		
4 Patry, Loïc	07	Jakours Athl	3:59.18	2
		48.498 (48.498)	1:54.342 (1:05.844)	2:58.502 (1:04.160)

3:59.176 (1:00.674)			
5 Murray, Wyatt	07 ON Unattache	3:59.44 2	
49.014 (49.014)	1:53.941 (1:04.927)	2:57.914 (1:03.974)	
3:59.438 (1:01.524)			
6 Leroux, Lukas	07 Brockville L	3:59.47 2	
49.295 (49.295)	1:54.491 (1:05.196)	2:58.153 (1:03.662)	
3:59.467 (1:01.314)			
7 McLean, Ian	07 Saint John R	4:01.55 2	
48.227 (48.227)	1:54.077 (1:05.850)	2:57.926 (1:03.850)	
4:01.550 (1:03.624)			
8 Bird, Xavier	07 University O	4:01.71 2	
49.480 (49.480)	1:54.673 (1:05.193)	2:58.143 (1:03.471)	
4:01.705 (1:03.562)			
9 Giorgio, Alexandre	08 Corsaire-Cha	4:05.22 2	
49.088 (49.088)	1:55.129 (1:06.041)	3:00.137 (1:05.008)	
4:05.218 (1:05.082)			
10 Lee, Brennan	08 Ottawa Lions	4:05.46 2	
49.223 (49.223)	1:54.309 (1:05.087)	2:58.283 (1:03.974)	
4:05.453 (1:07.171)			
11 Pearson, Henry	10 Pearlgate Tr	4:05.90 2	
49.533 (49.533)	1:55.704 (1:06.171)	3:01.004 (1:05.300)	
4:05.896 (1:04.892)			
12 Park, Noah	08 University O	4:07.21 1	
49.152 (49.152)	1:56.455 (1:07.304)	3:02.431 (1:05.976)	
4:07.209 (1:04.778)			
13 Mansouri, Noah	08 Ottawa Lions	4:07.61 2 4:07.601	
48.876 (48.876)	1:54.830 (1:05.954)	3:00.750 (1:05.920)	
4:07.601 (1:06.851)			
14 Kelly-MacLean, Timothy	09 Ottawa Lions	4:07.61 1 4:07.603	
49.337 (49.337)	1:57.458 (1:08.121)	3:04.769 (1:07.311)	
4:07.603 (1:02.835)			
15 ^kaplan, Tern	08 Caltaf Athle	4:08.18 2	
49.154 (49.154)	1:54.889 (1:05.735)	3:00.406 (1:05.518)	
4:08.175 (1:07.770)			
16 Gagnon, Charles Elliot	08 Élite Distan	4:08.95 2	
49.325 (49.325)	1:55.325 (1:06.000)	3:00.615 (1:05.290)	
4:08.946 (1:08.332)			
17 Sawchuk, Will	08 Riversdale A	4:10.11 1	
48.451 (48.451)	1:55.051 (1:06.600)	3:02.565 (1:07.514)	
4:10.101 (1:07.536)			
18 Earle, Matthew	09 Pearlgate Tr	4:13.40 1	
48.731 (48.731)	1:57.422 (1:08.691)	3:06.490 (1:09.068)	
4:13.393 (1:06.903)			
19 Gomez, Lucas	08 Ottawa Lions	4:15.52 1	
49.629 (49.629)	1:57.943 (1:08.315)	3:07.427 (1:09.484)	
4:15.514 (1:08.087)			
20 Wolfe, Quinn	08 SK Unattache	4:18.93 1	
49.747 (49.747)	1:59.670 (1:09.923)	3:11.747 (1:12.078)	
4:18.930 (1:07.183)			
21 Campbell, Troy	08 Caltaf Athle	4:19.17 1	
48.923 (48.923)	1:57.075 (1:08.152)	3:07.511 (1:10.436)	
4:19.170 (1:11.659)			
22 Padoin-Castillo, Matteo	07 Ottawa Lions	4:21.98 1	
49.255 (49.255)	1:57.703 (1:08.448)	3:08.219 (1:10.516)	
4:21.979 (1:13.760)			
23 Longston, Isaac	08 Track North	4:22.29 1	
50.171 (50.171)	1:58.393 (1:08.222)	3:10.579 (1:12.187)	
4:22.287 (1:11.708)			
24 Berthiaume, Thomas	10 Saint-Lauren	4:23.35 1	
50.698 (50.698)	2:00.186 (1:09.488)	3:12.194 (1:12.008)	
4:23.347 (1:11.154)			
25 Goold, Barrett	07 Ottawa Lions	4:23.83 1	
49.509 (49.509)	1:57.818 (1:08.310)	3:08.038 (1:10.220)	
4:23.823 (1:15.786)			
26 Recoskie, Owen	08 Ottawa Lions	4:25.43 2	

50.213 (50.213) 1:59.025 (1:08.812) 3:10.026 (1:11.002)
 4:25.427 (1:15.401)
 27 Cadwell, Camden 09 Brantford T. 4:34.46 1
 50.470 (50.470) 2:00.619 (1:10.150) 3:16.490 (1:15.871)
 4:34.458 (1:17.968)

Men 110 Meter Hurdles U20 Qualifying

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 Top 4 athletes advance
 Canadian: @ 13.36 2017-07-21 Anastas Eliopoulos, VOCA
 Championship: # 13.43 2001 Jonathan Cabral
 Name Year Team Finals Wind
 =====
 1 Granger, Simon 07 Riversdale A 15.40 1.3
 2 Foster, Naieem 09 Hamilton Oly 15.88 1.3
 3 Gaede, Daniel 07 London Weste 16.10 1.3
 4 Landry, Clément 08 Saint-Lauren 16.64 1.3
 5 Uche, Augustine 07 Ottawa Lions 17.42 1.3

Men High Jump U20 Qualifying

=====
 Start: 1.70 up by 5cm to 1.85m, then by 3cm up to 1.88m,
 then by 2 cm
 Top 7 athletes advance
 Canadian: @ 2.28m 1984-02-26 Alain Metellus, MINT
 Championship: # 2.24m 1990 Alex Zaliauskas
 Name Year Team Finals
 =====
 1 Brook, Luke 07 Edmonton Col 1.88m
 1.70 1.75 1.80 1.85 1.88
 --- --- --- 0 0
 1 Meyer, Dayne 08 North Bay Le 1.88m
 1.70 1.75 1.80 1.85 1.88
 --- --- 0 0 0
 3 Harder, Levi 07 Edmonton Col J1.88m
 1.70 1.75 1.80 1.85 1.88
 --- 0 0 XX0 0
 3 Granger, Simon 07 Riversdale A J1.88m
 1.70 1.75 1.80 1.85 1.88
 0 0 0 XX0 0
 5 Fugel, Rylan 08 Saskatoon TF J1.88m
 1.70 1.75 1.80 1.85 1.88
 --- 0 0 0 X0
 6 Dyke, Noah 08 Truro Lions J1.88m
 1.70 1.75 1.80 1.85 1.88
 --- X0 0 0 X0
 7 Wood, Causton 08 ON Unattache 1.85m
 1.70 1.75 1.80 1.85 1.88
 0 0 0 X0 XXX
 8 Smyth, Justin 07 BC Unattache J1.85m
 1.70 1.75 1.80 1.85 1.88
 --- 0 X0 XX0 XXX
 9 Neuman, Levi 07 Saint John R 1.80m
 1.70 1.75 1.80 1.85
 0 0 X0 XXX
 10 Asnanto, Finn 07 Saskatoon TF 1.70m
 1.70 1.75
 0 XXX
 -- Herbert, Cameron 08 ON Unattache NH
 1.70 1.75 1.80 1.85
 --- --- --- XXX
 -- Warren, Freddy 10 Brockville L NH
 1.70
 XXX

Men Long Jump U20 Qualifying

=====

Top 6 athletes advance

Canadian: @ 7.88m 1976-04-30 Richard Rock
 Championship: # 7.50m 2013 Stevens Dorcelus

Name	Year	Team	Finals	Wind	H#
1 Dinev, Nicola	09	Athlétisme L	6.45m	-1.2	2
FOUL	FOUL	6.45m(-1.2)			
2 Lessard, Alan	07	Sherbrooke	6.43m	-1.6	1
6.15m(-0.3)	6.43m(-1.6)	6.39m(-0.9)			
3 Mallory, Francis	09	Track North	6.31m	-0.6	2
5.97m(-2.2)	6.31m(-0.6)	6.04m(-1.3)			
4 Chow, Matthew	07	Winnipeg Opt	6.16m	-1.4	2
6.16m(-1.4)	5.86m(-1.4)	6.05m(-1.2)			
5 Brook, Luke	07	Edmonton Col	6.09m	-0.6	2
5.71m(-0.8)	6.09m(-0.6)	6.00m(-0.8)			
6 Robert, Charles	07	Saint-Lauren	6.04m	-0.7	1
6.04m(-0.7)	6.04m(-1.6)	FOUL			
7 Asnanto, Finn	07	Saskatoon TF	J6.04m	-1.0	1
5.66m(-1.2)	6.04m(-1.0)	5.94m(-1.4)			
8 Malo, Kevin	07	Golden Ears	J6.04m	-1.9	2
6.04m(-1.9)	FOUL	5.93m(-0.4)			
9 Khaida, Abd El Aleem Moh	07	C.A.N.I. Ath	6.02m	-1.2	1
6.02m(-1.2)	5.97m(-0.9)	FOUL			
10 Yusif, Akbar	08	Brampton Tra	6.01m	-1.4	2
6.01m(-1.4)	4.99m(-0.5)	5.85m(-1.2)			
11 Picard, Noah	07	Lanaudière-0	5.98m	-0.9	2
5.98m(-0.9)	FOUL	5.73m(-1.7)			
12 Herbert, Cameron	08	ON Unattache	5.89m	-2.3	2
5.70m(-1.3)	5.89m(-2.3)	5.86m(-1.0)			
13 Godbout, Alexis	08	C.A. Univ. L	5.88m	-0.6	1
5.88m(-0.6)	FOUL	5.73m(-1.2)			
14 Viens, Gabriel	07	Sherbrooke	5.56m	-0.6	1
5.28m(-1.1)	5.56m(-0.6)	FOUL			
15 Jolasun, Faiz	08	Athlétisme L	5.54m	-1.2	1
5.54m(-1.2)	FOUL	5.45m(-1.7)			

Men Triple Jump U20 Qualifying

=====

Top 4 athletes advance

Canadian: @ 16.44m 1985-08-04 Edrick Floreal
 Championship: # 15.96m 1986 Bruny Surin

Name	Year	Team	Finals	Wind
1 Masumbuko, Christian	08	Impulsion	13.34m	0.2
12.89m(0.4)	12.71m(1.9)	13.34m(0.2)		
2 Cisse, Moussa Nouhoum	09	Ottawa Lions	13.06m	0.3
13.03m(1.2)	12.80m(0.6)	13.06m(0.3)		
3 Brook, Luke	07	Edmonton Col	12.99m	2.3
11.50m(-0.2)	12.99m(2.3)	12.27m(1.9)		
4 Viens, Gabriel	07	Sherbrooke	12.90m	2.4
12.58m(-0.6)	12.81m(1.2)	12.90m(2.4)		
5 Godbout, Alexis	08	C.A. Univ. L	12.55m	1.7
FOUL	12.55m(1.7)	FOUL		
6 Roper, Kayleb	08	Ottawa Lions	12.06m	3.3
FOUL	12.06m(3.3)	FOUL		

Men Discus Throw U20 Qualifying

=====

Top 1 athlete advance

Canadian: @ 60.72m 2012-06-07 Jordan Young, WLEG
 Championship: # 58.19m 2011 Jordan Young

Name	Year	Team	Finals
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=====

1 Kalp, Griffin	07 London Weste	41.09m
41.09m FOUL FOUL		
2 Jaramillo, Nicholas	07 London Weste	34.76m
34.76m FOUL FOUL		
3 Pedneault, Anthony	08 C.A. Univ. L	34.49m
34.49m FOUL 27.23m		
4 Lumley, Blake	07 Windsor Esse	34.15m
FOUL 34.15m FOUL		

Men 100 Meter Dash U20

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Advance Top 2 + 2

Canadian: @ 10.23 2025-08-01 Tooni Ogunyeye, FLYA

Championship: # 10.23 2025 Tooni Ogunyeye, Flying Angels

Name	Year	Team	Prelims	Wind	H#
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Preliminaries

1 Allangba, Benny	09 Edmonton Roy	10.46Q	1.7	1	
2 Lee, Wyatt	08 Flying Angel	10.55Q	0.6	2	
3 Batley, William	07 C.A.N.I. Ath	10.69Q	0.6	3	
4 McDermott, Chase	08 NS Unattache	10.62Q	1.7	1	
5 Baugh, Xavier	08 Caltaf Athle	10.80Q	0.6	2	
6 Leslie, Jahnle	07 Project Athl	10.84Q	0.6	3	10.836
7 Allangba, Chance	07 Edmonton Roy	10.72q	1.7	1	
8 Morah, Noel	07 Edmonton Roy	10.84q	0.6	2	10.837
9 Humeniuk, Oliver	07 Caltaf Athle	10.85	0.6	2	
10 Smeikle, Elijah	07 SK Unattache	10.86	0.6	3	
11 Henclewood, Ladanian	07 Edmonton Roy	10.87	1.7	1	
12 Francis, Matthew	07 Royal City A	10.92	1.7	1	
13 Haley, Jahleel	08 Flying Angel	10.99	0.6	3	
14 Bibeau, Justin	08 Corsaire-Cha	11.00	0.6	3	10.992
15 Dinev, Nicola	09 Athlétisme L	11.00	0.6	2	10.997
16 Onwuanimkwu, Joshua	07 Winnipeg Opt	11.00	1.7	1	10.999
17 Simard, Cole	07 Les Coureurs	11.03	0.6	3	11.026
18 Baker, Matthew	07 Running Wild	11.03	1.7	1	11.027
19 Nguyen, Hieu An Alexandr	08 Vainqueurs P	11.07	0.6	2	YC TR-7.1
20 Rosa, Luca	08 Hamilton Oly	11.10	0.6	3	
21 Ogunleye, Daniels	08 Mississauga	11.15	0.6	2	
22 Gesmundo, Aidan	08 Speed Academ	11.19	0.6	2	
23 Lofstrom, Ryan	07 Okanagan Ath	20.35	1.7	1	

Men 100 Meter Dash U20

Advance Top 2 + 2

Canadian: @ 10.23 2025-08-01 Tooni Ogunyeye, FLYA

Championship: # 10.23 2025 Tooni Ogunyeye, Flying Angels

Name	Year	Team	Finals	Wind
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Finals

1 Lee, Wyatt	08 Flying Angel	10.25	0.5	
2 Allangba, Benny	09 Edmonton Roy	10.47	0.5	
3 McDermott, Chase	08 NS Unattache	10.49	0.5	
4 Baugh, Xavier	08 Caltaf Athle	10.59	0.5	
5 Allangba, Chance	07 Edmonton Roy	10.68	0.5	
6 Leslie, Jahnle	07 Project Athl	10.71	0.5	
7 Morah, Noel	07 Edmonton Roy	10.73	0.5	
8 Batley, William	07 C.A.N.I. Ath	10.85	0.5	

Men 200 Meter Dash U20

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Advance Top 2 + 2

Canadian: @ 20.50 2022-04-09 Almond Small, FLYA

Championship: # 20.65 1994 E Frempong-Manso, Tooni Ogunyeye

Name	Year Team	Prelims	Wind	H#
=====				
Preliminaries				
1 Batley, William	07 C.A.N.I. Ath	21.07Q	1.0	1
2 Lee, Wyatt	08 Flying Angel	21.16Q	0.8	3
3 Smeikle, Elijah	07 SK Unattache	21.28Q	0.1	2 21.271
4 Humeniuk, Oliver	07 Caltaf Athle	21.28Q	0.8	3 21.273
5 Horspool, Noah	08 Flying Angel	21.36Q	0.1	2
6 Scott, Henry	08 St Thomas Le	21.42Q	1.0	1
7 Baugh, Xavier	08 Caltaf Athle	21.54q	0.8	3
8 Kramo, Ange-Mathis	08 Ottawa Lions	21.58q	1.0	1
9 Tomlin, David	09 Maximus Perf	21.63	1.0	1
10 Nyarko, Adam	08 Caltaf Athle	21.67	0.1	2
11 Leslie, Jahnie	07 Project Athl	21.68	0.8	3
12 McDermott, Chase	08 NS Unattache	21.82	0.1	2
13 Francis, Matthew	07 Royal City A	21.84	0.1	2
14 Nembhard, Kula Jr	08 Flying Angel	21.85	0.8	3
15 Baker, Matthew	07 Running Wild	21.86	1.0	1
16 Yusif, Akbar	08 Brampton Tra	21.87	0.1	2
17 Kane, Brayden	08 Border City	21.92	1.0	1
18 Allangba, Benny	09 Edmonton Roy	21.94	1.0	1
19 Allen, Maleik	08 Monte Cristo	22.15	1.0	1
20 Phinn, Anthony	09 Brampton Rac	22.16	0.1	2
21 Allangba, Chance	07 Edmonton Roy	22.33	0.8	3
22 Onwuanimkwu, Joshua	07 Winnipeg Opt	22.61	0.1	2
-- Shangai, Ayoub	08 Ottawa Lions	DNF	0.8	3
-- Bibeau, Justin	08 Corsaire-Cha	DQ	0.8	3 TR17.2.3

Men 200 Meter Dash U20

=====				
Advance Top 2 + 2				
Canadian: @ 20.50 2022-04-09 Almond Small, FLYA				
Championship: # 20.65 1994 E Frempong-Manso, Tooni Ogunyeye				
Name	Year Team	Finals	Wind	

=====				
Finals				
1 Lee, Wyatt	08 Flying Angel	20.67	2.2	
2 Smeikle, Elijah	07 SK Unattache	20.69	2.2	
3 Batley, William	07 C.A.N.I. Ath	20.82	2.2	
4 Humeniuk, Oliver	07 Caltaf Athle	21.02	2.2	
5 Kramo, Ange-Mathis	08 Ottawa Lions	21.08	2.2	
6 Scott, Henry	08 St Thomas Le	21.17	2.2	
7 Horspool, Noah	08 Flying Angel	21.23	2.2	
8 Baugh, Xavier	08 Caltaf Athle	21.39	2.2	

Men 400 Meter Dash U20

=====				
8 Advance: Top 2 Each Heat plus Next 2 Best Times				
Canadian: @ 45.31 2023-07-14 Will Floyd, UNBC				
Championship: # 46.04 2025 Ryder Rattee, Running Room				
Name	Year Team	Prelims	H#	

=====				
Preliminaries				
1 Nyarko, Adam	08 Caltaf Athle	47.07Q	1	
2 Jeggo, Zachary	07 Ottawa Lions	47.43Q	2	
3 Horspool, Noah	08 Flying Angel	47.87Q	3	
4 Whynter, Shaunrie	09 BC Unattache	47.48Q	1	47.471
5 Kramo, Ange-Mathis	08 Ottawa Lions	47.77Q	2	
6 Kane, Brayden	08 Border City	48.21Q	3	
7 Shangai, Ayoub	08 Ottawa Lions	47.48q	1	47.480
8 Pepin, Thierry	07 Corsaire-Cha	47.97q	1	
9 Scott, Henry	08 St Thomas Le	48.33	2	
10 Claramunt, Nicolas	07 Running Room	48.58	3	
11 Ireland, Michael	08 York Univers	48.60	1	
12 Constantine, Dean	08 Motown Athle	48.90	3	

13	White, Jacob	07	Valley Athle	48.96	2
14	Halstead, Kahari	07	Speed Academ	49.02	2
15	Paille, Jacob	08	Airblastoff	49.34	1
16	Mauricette, Elliot	07	Speed Academ	49.52	3
17	Anderson, Cameron	08	Speed Academ	49.65	1
18	Douglas, Mattheo	07	University O	49.75	2
19	Côté, Thomas	07	Sherbrooke	49.76	2
20	Steeves, Brodie	07	Running Wild	50.06	3
21	Mills, Cody	08	Running Room	50.81	2
22	Lai-Fang, Julio	09	Speed Academ	51.00	3
23	Hood, Ethan	09	Ottawa Lions	51.78	3
24	Zacharias, Parker	07	Saskatoon TF	55.32	1

Men 400 Meter Dash U20

=====

Canadian: @ 45.31 2023-07-14 Will Floyd, UNBC
 Championship: # 46.04 2025 Ryder Rattee, Running Room

Name	Year	Team	Finals
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Finals

1	Jeggo, Zachary	07	Ottawa Lions	47.56
2	Nyarko, Adam	08	Caltaf Athle	47.67
3	Kramo, Ange-Mathis	08	Ottawa Lions	47.80
4	Shangai, Ayoub	08	Ottawa Lions	48.68
5	Pepin, Thierry	07	Corsaire-Cha	48.69
6	Horspool, Noah	08	Flying Angel	49.01
7	Kane, Brayden	08	Border City	49.12
8	Whynter, Shaunrie	09	BC Unattache	49.21

Men 800 Meter Run U20

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8 Advance: Top 2 Each Heat plus Next 2 Best Times
 Canadian: @ 1:46.07 2012-07-15 Brandon McBride, WLEG
 Championship: # 1:48.50 2015 Robert Heppenstall

Name	Year	Team	Prelims	H#
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Preliminaries

1	Georgeson, Ryan	08	London Legio	1:52.24Q	2
	55.623 (55.623)	1:52.232 (56.609)			
2	McDonald, Brody	08	Excel Athlet	1:54.87Q	3
	57.117 (57.117)	1:54.862 (57.745)			
3	Loignon, Arnaud	09	Lanaudière-0	1:55.41Q	1
	59.546 (59.546)	1:55.406 (55.860)			
4	Constantine, Dean	08	Motown Athle	1:52.52Q	2
	55.418 (55.418)	1:52.511 (57.094)			
5	Taylor, Zachary	08	Laurel Creek	1:55.12Q	3
	57.237 (57.237)	1:55.118 (57.882)			
6	Comeau, Jakob	08	C.A. Univ. L	1:55.84Q	1
	58.764 (58.764)	1:55.835 (57.071)			
7	Irwin, Niklos	07	Saskatoon TF	1:52.69q	2
	55.937 (55.937)	1:52.685 (56.748)			
8	Montes Rodríguez, Kevin	09	Zénix De La	1:53.50q	2
	56.408 (56.408)	1:53.499 (57.091)			
9	Stephenson, Oakley	07	Calgary Spar	1:54.85	2
	55.506 (55.506)	1:54.846 (59.340)			
10	Lavoie, David	10	Zénix De La	1:54.94	2
	56.983 (56.983)	1:54.936 (57.954)			
11	Adamson, Finn	09	Victoria End	1:55.64	2
	56.203 (56.203)	1:55.637 (59.434)			
12	Kelly-MacLean, Timothy	09	Ottawa Lions	1:55.68	2
	57.609 (57.609)	1:55.677 (58.068)			
13	Ralph, Draycen	07	Bison Athlet	1:55.94	1
	58.953 (58.953)	1:55.937 (56.984)			
14	Kingsmith, Evan	08	Calgary Spar	1:55.96	3
	57.570 (57.570)	1:55.957 (58.388)			

15	Chapple, Cyril	08 Laurel Creek	1:56.02	1
	58.601 (58.601)	1:56.019 (57.418)		
16	Louwerse, Noah	07 Vancouver Th	1:56.07	2
	56.355 (56.355)	1:56.062 (59.708)		
17	Holman, Luke	08 Excel Athlet	1:56.72	3
	57.436 (57.436)	1:56.716 (59.280)		
18	Mills, Cody	08 Running Room	1:56.73	1
	58.984 (58.984)	1:56.725 (57.741)		
19	Gerundin, Max	09 Ottawa Lions	1:56.78	1
	59.009 (59.009)	1:56.771 (57.763)		
20	Tveit-Borgenstrom, Quinn	08 West Vancouv	1:56.94	3
	57.280 (57.280)	1:56.940 (59.660)		
21	Di Ciocco, Matteo	07 London Weste	1:57.60	1
	58.701 (58.701)	1:57.596 (58.895)		
22	Gagné, Raphaël	07 Saint-Lauren	1:58.39	3
	57.613 (57.613)	1:58.384 (1:00.772)		
23	Zacharias, Parker	07 Saskatoon TF	1:58.49	3
	58.121 (58.121)	1:58.482 (1:00.362)		
24	Leroux, Lukas	07 Brockville L	1:58.52	1
	58.717 (58.717)	1:58.515 (59.798)		
25	Wolverton, Caden	07 Saint John R	1:58.63	3
	57.886 (57.886)	1:58.623 (1:00.737)		
26	Rahkola, Maverik	07 BC Unattache	1:58.67	3
	57.846 (57.846)	1:58.668 (1:00.822)		
27	Galopin, Nicolas	07 Saint-Lauren	2:01.08	1
	59.654 (59.654)	2:01.079 (1:01.426)		

Men 800 Meter Run U20

=====
 Canadian: @ 1:46.07 2012-07-15 Brandon McBride, WLEG
 Championship: # 1:48.50 2015 Robert Heppenstall

Name	Year	Team	Finals
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Finals

1	Georgeson, Ryan	08 London Legio	1:52.43
	57.710 (57.710)	1:52.429 (54.720)	
2	McDonald, Brody	08 Excel Athlet	1:52.51
	57.163 (57.163)	1:52.506 (55.343)	
3	Constantine, Dean	08 Motown Athle	1:52.88
	57.468 (57.468)	1:52.877 (55.410)	
4	Taylor, Zachary	08 Laurel Creek	1:53.06
	57.925 (57.925)	1:53.055 (55.130)	
5	Loignon, Arnaud	09 Lanaudière-0	1:53.23
	58.172 (58.172)	1:53.226 (55.055)	
6	Irwin, Niklos	07 Saskatoon TF	1:54.04
	58.174 (58.174)	1:54.040 (55.866)	
7	Comeau, Jakob	08 C.A. Univ. L	1:54.09
	58.271 (58.271)	1:54.082 (55.811)	
8	Montes Rodríguez, Kevin	09 Zénix De La	1:54.12
	58.504 (58.504)	1:54.116 (55.612)	

Men 1500 Meter Run U20

=====
 12 Advance: Top 5 Each Heat plus Next 2 Best Times
 Canadian: @ 3:38.92 2013-07-01 Adam Palamar, OTTL
 Championship: # 3:46.48 1985 Andrew McGuigan

Name	Year	Team	Prelims	H#
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Preliminaries

1	Johnston, Isaiah	09 Vancouver Th	4:01.43Q	2
	48.579 (48.579)	1:58.164 (1:09.585)	3:01.667 (1:03.504)	
	4:01.422 (59.755)			
2	Capes, Chase	09 Sarnia Athle	4:01.74Q	1
	48.097 (48.097)	1:56.559 (1:08.462)	3:03.597 (1:07.038)	
	4:01.735 (58.138)			

3 Woods, TJ	09 Edge Sport T	4:01.50Q 2
48.314 (48.314)	1:58.036 (1:09.722)	3:01.320 (1:03.285)
4:01.491 (1:00.171)		
4 Marin, Émile	08 Lanaudière-0	4:01.76Q 1
48.668 (48.668)	1:56.951 (1:08.284)	3:03.801 (1:06.850)
4:01.751 (57.950)		
5 Clark, Brody	08 Edge Sport T	4:01.53Q 2
48.669 (48.669)	1:57.854 (1:09.185)	3:01.125 (1:03.272)
4:01.521 (1:00.396)		
6 Teichler, Alec	07 University O	4:01.87Q 1
49.023 (49.023)	1:57.145 (1:08.122)	3:04.117 (1:06.972)
4:01.863 (57.747)		
7 Champ, Kenneth	08 South Simcoe	4:02.01Q 2
48.516 (48.516)	1:57.794 (1:09.279)	3:01.805 (1:04.011)
4:02.009 (1:00.204)		
8 McDonald, William	09 Central Toro	4:02.26Q 1
47.981 (47.981)	1:56.645 (1:08.664)	3:03.649 (1:07.004)
4:02.258 (58.610)		
9 Louwerse, Noah	07 Vancouver Th	4:02.15Q 2
48.744 (48.744)	1:58.007 (1:09.263)	3:01.510 (1:03.503)
4:02.142 (1:00.633)		
10 McGregor, Cailan	08 Physi-Kult	4:02.63Q 1
48.382 (48.382)	1:56.821 (1:08.440)	3:03.805 (1:06.984)
4:02.625 (58.820)		
11 Corbeil, Andrew	07 Laurel Creek	4:02.35q 2
49.376 (49.376)	1:58.506 (1:09.130)	3:02.187 (1:03.682)
4:02.349 (1:00.162)		
12 Rahkola, Maverik	07 BC Unattache	4:02.37q 2
48.846 (48.846)	1:58.250 (1:09.405)	3:02.200 (1:03.950)
4:02.362 (1:00.162)		
13 Raiche, William	07 Athlétisme L	4:02.81 1
49.547 (49.547)	1:57.348 (1:07.801)	3:04.012 (1:06.664)
4:02.806 (58.794)		
14 Kuzminski, Tyler	08 Newmarket Hu	4:03.18 2
49.115 (49.115)	1:58.773 (1:09.658)	3:02.654 (1:03.882)
4:03.172 (1:00.518)		
15 Douglas, Aidan	07 Pearlgate Tr	4:04.14 2
49.600 (49.600)	1:58.996 (1:09.396)	3:03.528 (1:04.532)
4:04.134 (1:00.606)		
16 Périn, Emile	08 Saint-Lauren	4:06.62 2
48.898 (48.898)	1:58.460 (1:09.563)	3:03.060 (1:04.600)
4:06.612 (1:03.553)		
17 Patry, Loïc	07 Jakours Athl	4:07.21 2
49.302 (49.302)	1:58.741 (1:09.439)	3:03.480 (1:04.740)
4:07.202 (1:03.722)		
18 McLean, Ian	07 Saint John R	4:07.58 2
49.218 (49.218)	1:58.286 (1:09.068)	3:02.780 (1:04.494)
4:07.572 (1:04.792)		
19 Murray, Wyatt	07 ON Unattache	4:08.16 1
48.435 (48.435)	1:56.808 (1:08.374)	3:04.229 (1:07.421)
4:08.158 (1:03.930)		
-- Bird, Xavier	07 University O	DNF 1
49.827 (49.827)	1:57.622 (1:07.795)	3:06.754 (1:09.132)
-- Buie, Nolan	07 ON Unattache	DQ 1 TR-17.1.2
49.355 (49.355)	1:57.173 (1:07.819)	3:04.005 (1:06.832)
4:01.769 (57.765)		

Men 1500 Meter Run U20

Canadian: @ 3:38.92 2013-07-01 Adam Palamar, OTTL
 Championship: # 3:46.48 1985 Andrew McGuigan

Name	Year Team	Finals
1 Capes, Chase	09 Sarnia Athle	3:49.60

	47.834 (47.834)	1:51.034 (1:03.200)	2:52.245 (1:01.212)
	3:49.592 (57.348)		
2 Clark, Brody	48.331 (48.331)	08 Edge Sport T	3:50.55
	3:50.543 (58.087)	1:50.912 (1:02.581)	2:52.456 (1:01.545)
3 Woods, TJ	48.077 (48.077)	09 Edge Sport T	3:52.40
	3:52.391 (59.194)	1:51.258 (1:03.181)	2:53.197 (1:01.940)
4 Champ, Kenneth	48.196 (48.196)	08 South Simcoe	3:53.28
	3:53.272 (1:00.400)	1:51.936 (1:03.741)	2:52.872 (1:00.936)
5 Teichler, Alec	48.469 (48.469)	07 University O	3:53.40
	3:53.400 (59.488)	1:51.996 (1:03.528)	2:53.912 (1:01.916)
6 McGregor, Cailan	48.537 (48.537)	08 Physi-Kult	3:55.47
	3:55.466 (1:01.423)	1:52.106 (1:03.570)	2:54.044 (1:01.938)
7 Louwerse, Noah	48.008 (48.008)	07 Vancouver Th	3:56.31
	3:56.309 (1:01.702)	1:52.404 (1:04.396)	2:54.608 (1:02.204)
8 Johnston, Isaiah	47.876 (47.876)	09 Vancouver Th	3:57.19
	3:57.190 (1:03.514)	1:51.567 (1:03.692)	2:53.677 (1:02.110)
9 McDonald, William	48.287 (48.287)	09 Central Toro	3:57.88
	3:57.878 (1:03.090)	1:52.246 (1:03.960)	2:54.788 (1:02.542)
10 Rahkola, Maverik	47.821 (47.821)	07 BC Unattache	4:02.45
	4:02.444 (1:05.784)	1:52.298 (1:04.478)	2:56.660 (1:04.362)
11 Marin, Émile	48.297 (48.297)	08 Lanaudière-0	4:02.90
	4:02.896 (1:06.752)	1:52.771 (1:04.474)	2:56.144 (1:03.374)
12 Corbeil, Andrew	48.674 (48.674)	07 Laurel Creek	4:03.58
	4:03.576 (1:06.003)	1:53.125 (1:04.452)	2:57.574 (1:04.449)

Men 3000 Meter Run U20

=====
 Canadian: @ 7:58.04 2005-06-28 Machael Woods, OTTL
 Championship: # 8:17.48 2023-07-30 Heath McAllister, London Western

Name	Year	Team	Finals	H#
1 Clark, Brody	08	Edge Sport T	8:13.07#	3
		1:39.700 (1:05.613)	2:46.357 (1:06.658)	
		3:54.470 (1:08.113)	5:03.848 (1:09.378)	6:11.933 (1:08.085)
		7:15.197 (1:03.265)	8:13.068 (57.871)	
2 LeBlanc, Sawyer	07	NL Unattache	8:13.22#	3
		1:39.946 (1:05.844)	2:46.144 (1:06.198)	
		3:54.260 (1:08.116)	5:04.059 (1:09.800)	6:12.063 (1:08.004)
		7:15.579 (1:03.517)	8:13.220 (57.641)	
3 Marin, Émile	08	Lanaudière-0	8:17.47#	3
		1:40.705 (1:05.906)	2:46.519 (1:05.815)	
		3:54.331 (1:07.812)	5:04.079 (1:09.748)	6:12.113 (1:08.034)
		7:16.405 (1:04.292)	8:17.463 (1:01.058)	
4 Johnston, Isaiah	09	Vancouver Th	8:20.99	3
		1:41.253 (1:06.750)	2:47.508 (1:06.256)	
		3:54.768 (1:07.260)	5:04.309 (1:09.542)	6:12.286 (1:07.977)
		7:17.968 (1:05.682)	8:20.987 (1:03.019)	
5 Champ, Kenneth	08	South Simcoe	8:22.01	3
		1:41.448 (1:07.094)	2:47.824 (1:06.376)	
		3:55.481 (1:07.657)	5:04.656 (1:09.176)	6:12.745 (1:08.090)
		7:18.733 (1:05.988)	8:22.001 (1:03.268)	
6 Currie, Brendan	07	WinCity Endu	8:22.24	3
		1:40.469 (1:06.253)	2:46.841 (1:06.373)	
		3:54.101 (1:07.260)	5:03.778 (1:09.677)	6:11.873 (1:08.095)

7:16.713 (1:04.841)	8:22.233 (1:05.520)	
7 Choinière-Longpré, Léo	09 Corsaire-Cha	8:25.16 3
34.359 (34.359)	1:40.961 (1:06.602)	2:47.302 (1:06.342)
3:55.226 (1:07.924)	5:04.509 (1:09.284)	6:12.480 (1:07.971)
7:18.987 (1:06.508)	8:25.154 (1:06.167)	
8 Gregory, Jack	08 Brockville L	8:30.97 3
34.987 (34.987)	1:42.141 (1:07.154)	2:48.092 (1:05.952)
3:56.359 (1:08.267)	5:05.611 (1:09.253)	6:15.265 (1:09.654)
7:25.143 (1:09.878)	8:30.967 (1:05.824)	
9 Logan, Dane	08 Calgary Spar	8:34.59 3
34.295 (34.295)	1:40.235 (1:05.940)	2:46.655 (1:06.420)
3:54.923 (1:08.268)	5:04.315 (1:09.392)	6:12.463 (1:08.149)
7:21.751 (1:09.288)	8:34.585 (1:12.834)	
10 Teichler, Alec	07 University O	8:36.25 2
34.678 (34.678)	1:47.031 (1:12.354)	2:57.248 (1:10.217)
4:05.221 (1:07.973)	5:13.356 (1:08.136)	6:22.357 (1:09.002)
7:33.195 (1:10.838)	8:36.244 (1:03.049)	
11 Kuzminski, Tyler	08 Newmarket Hu	8:36.91 2
34.117 (34.117)	1:45.897 (1:11.780)	2:55.859 (1:09.962)
4:03.345 (1:07.486)	5:12.969 (1:09.625)	6:23.372 (1:10.403)
7:33.663 (1:10.292)	8:36.905 (1:03.242)	
12 Bernal-Salazar, Juan	09 Toronto West	8:38.61 2
34.611 (34.611)	1:46.103 (1:11.492)	2:55.844 (1:09.741)
4:02.489 (1:06.645)	5:12.721 (1:10.233)	6:22.738 (1:10.017)
7:32.959 (1:10.222)	8:38.607 (1:05.648)	
13 Anselm, Owen	10 Toronto West	8:38.84 2
34.374 (34.374)	1:46.141 (1:11.768)	2:56.205 (1:10.064)
4:02.797 (1:06.592)	5:12.548 (1:09.752)	6:22.597 (1:10.049)
7:32.699 (1:10.103)	8:38.837 (1:06.138)	
14 Douglas, Aidan	07 Pearlgate Tr	8:40.98 2
34.166 (34.166)	1:45.918 (1:11.752)	2:56.179 (1:10.261)
4:04.528 (1:08.350)	5:13.761 (1:09.233)	6:23.600 (1:09.840)
7:34.573 (1:10.974)	8:40.975 (1:06.402)	
15 Snyman, Steph	07 Saint John R	8:43.28 2
34.787 (34.787)	1:46.215 (1:11.428)	2:55.697 (1:09.483)
4:01.931 (1:06.234)	5:09.315 (1:07.384)	6:19.215 (1:09.901)
7:31.095 (1:11.880)	8:43.279 (1:12.184)	
16 Pearson, Henry	10 Pearlgate Tr	8:43.36 2
34.929 (34.929)	1:46.625 (1:11.696)	2:56.835 (1:10.210)
4:05.021 (1:08.187)	5:14.807 (1:09.786)	6:25.364 (1:10.557)
7:36.427 (1:11.063)	8:43.356 (1:06.930)	
17 Sirois, Isaac	09 Coubertin	8:44.44 3
34.447 (34.447)	1:41.649 (1:07.202)	2:48.703 (1:07.054)
3:58.006 (1:09.303)	5:10.442 (1:12.436)	6:23.942 (1:13.500)
7:36.943 (1:13.001)	8:44.432 (1:07.490)	
18 Ortwein, Jackson	09 Monte Cristo	8:45.29 3
34.676 (34.676)	1:41.779 (1:07.104)	2:48.453 (1:06.674)
3:56.917 (1:08.464)	5:07.951 (1:11.034)	6:20.394 (1:12.444)
7:34.700 (1:14.306)	8:45.289 (1:10.589)	
19 Raiche, William	07 Athlétisme L	8:45.39 2
34.867 (34.867)	1:46.515 (1:11.648)	2:56.591 (1:10.076)
4:03.763 (1:07.173)	5:13.121 (1:09.358)	6:23.160 (1:10.040)
7:34.701 (1:11.541)	8:45.390 (1:10.690)	
20 Murray, Wyatt	07 ON Unattache	8:45.55 2
34.385 (34.385)	1:46.327 (1:11.942)	2:56.013 (1:09.686)
4:04.479 (1:08.467)	5:14.821 (1:10.342)	6:25.486 (1:10.665)
7:37.661 (1:12.175)	8:45.545 (1:07.885)	
21 Nagy, Simon	09 Newmarket Hu	8:47.27 2
34.418 (34.418)	1:46.345 (1:11.927)	2:55.553 (1:09.208)
4:03.085 (1:07.533)	5:13.139 (1:10.054)	6:24.027 (1:10.888)
7:36.605 (1:12.578)	8:47.270 (1:10.666)	
22 Grossi, Skyler	07 Newmarket Hu	8:51.46 2
35.046 (35.046)	1:46.802 (1:11.756)	2:56.881 (1:10.080)
4:04.754 (1:07.873)	5:14.240 (1:09.486)	6:25.701 (1:11.461)
7:39.107 (1:13.406)	8:51.456 (1:12.350)	

23 Lorrain, Oscar	10 Ottawa Lions	8:54.22	1
34.899 (34.899)	1:48.103 (1:13.204)	3:00.328 (1:12.226)	
4:12.469 (1:12.142)	5:24.754 (1:12.285)	6:35.991 (1:11.237)	
7:47.997 (1:12.006)	8:54.215 (1:06.218)		
24 Sawchuk, Will	08 Riversdale A	8:56.65	1
34.863 (34.863)	1:47.965 (1:13.102)	2:59.817 (1:11.853)	
4:12.697 (1:12.880)	5:25.292 (1:12.595)	6:36.131 (1:10.839)	
7:46.025 (1:09.895)	8:56.650 (1:10.625)		
25 Doscas, David	08 Newmarket Hu	8:56.93	1
35.645 (35.645)	1:48.140 (1:12.495)	3:00.574 (1:12.434)	
4:13.129 (1:12.555)	5:25.961 (1:12.832)	6:37.385 (1:11.424)	
7:48.457 (1:11.072)	8:56.927 (1:08.470)		
26 Marcuzzi, Daniel	08 Toronto West	8:57.19	1
35.125 (35.125)	1:48.316 (1:13.192)	3:00.553 (1:12.237)	
4:12.683 (1:12.130)	5:25.193 (1:12.511)	6:37.113 (1:11.920)	
7:49.179 (1:12.067)	8:57.187 (1:08.008)		
27 Dodge, Preston	07 Riversdale A	8:58.73	1
35.361 (35.361)	1:47.716 (1:12.355)	2:59.981 (1:12.265)	
4:12.484 (1:12.504)	5:24.907 (1:12.424)	6:36.465 (1:11.558)	
7:48.184 (1:11.719)	8:58.727 (1:10.543)		
28 Estabrooks, Braeden	07 ON Unattache	8:59.43	1
36.387 (36.387)	1:48.663 (1:12.276)	3:00.856 (1:12.194)	
4:13.607 (1:12.752)	5:26.881 (1:13.274)	6:38.738 (1:11.858)	
7:52.259 (1:13.522)	8:59.423 (1:07.164)		
29 Fitzsimmons, Finn	08 Newmarket Hu	9:00.41	1
35.858 (35.858)	1:48.531 (1:12.674)	3:00.801 (1:12.270)	
4:13.279 (1:12.478)	5:26.152 (1:12.874)	6:38.151 (1:11.999)	
7:51.612 (1:13.462)	9:00.408 (1:08.796)		
30 Gibbs-D'Avignon, Owen	09 Athlétisme R	9:03.36	3
34.656 (34.656)	1:41.855 (1:07.199)	2:48.615 (1:06.761)	
3:55.915 (1:07.300)	5:08.553 (1:12.638)	6:24.330 (1:15.778)	
7:44.599 (1:20.270)	9:03.360 (1:18.761)		
31 McDougall, Owen	08 ON Unattache	9:06.52	1
36.072 (36.072)	1:48.854 (1:12.782)	3:01.094 (1:12.240)	
4:13.997 (1:12.903)	5:27.301 (1:13.305)	6:41.302 (1:14.001)	
7:55.474 (1:14.172)	9:06.519 (1:11.046)		
32 Verreault, Antoine	08 C.A. Univ. L	9:08.21	1
34.308 (34.308)	1:47.495 (1:13.187)	3:00.161 (1:12.666)	
4:13.436 (1:13.276)	5:26.596 (1:13.160)	6:38.379 (1:11.783)	
7:52.010 (1:13.632)	9:08.202 (1:16.192)		
33 Pozin, Jacob	08 Central Toro	9:13.56	1
36.228 (36.228)	1:48.255 (1:12.027)	2:59.567 (1:11.312)	
4:12.220 (1:12.654)	5:26.365 (1:14.146)	6:41.614 (1:15.249)	
7:59.763 (1:18.150)	9:13.555 (1:13.792)		

Men 5000 Meter Run U20

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Canadian: @ 13:34.86 2015-05-02 Justyn Knight, UTTC

Championship: # 14:11.77 1983 John Castellano

Name	Year Team	Finals
1 Currie, Brendan	07 WinCity Endu	14:40.74
32.690 (32.690)	1:41.758 (1:09.068)	2:52.427 (1:10.669)
4:03.282 (1:10.855)	5:13.727 (1:10.446)	6:26.044 (1:12.317)
7:36.820 (1:10.777)	8:47.314 (1:10.494)	9:58.300 (1:10.986)
11:09.511 (1:11.212)	12:20.844 (1:11.334)	13:32.558 (1:11.714)
14:40.738 (1:08.180)		
2 Cova, Daniel	07 Ottawa Lions	14:54.38
34.387 (34.387)	1:43.986 (1:09.599)	2:52.205 (1:08.220)
4:03.036 (1:10.831)	5:13.960 (1:10.924)	6:25.838 (1:11.879)
7:40.023 (1:14.185)	8:54.540 (1:14.517)	10:07.278 (1:12.739)
11:20.438 (1:13.160)	12:33.472 (1:13.034)	13:45.378 (1:11.907)
14:54.380 (1:09.002)		
3 Snyman, Steph	07 Saint John R	14:58.65
34.631 (34.631)	1:45.495 (1:10.864)	2:59.448 (1:13.954)

4:12.524 (1:13.076)	5:25.541 (1:13.018)	6:36.691 (1:11.150)
7:47.870 (1:11.180)	9:01.955 (1:14.085)	10:16.242 (1:14.287)
11:27.720 (1:11.479)	12:39.399 (1:11.679)	13:50.058 (1:10.660)
14:58.648 (1:08.590)		
4 Gregory, Jack	08 Brockville L	15:09.36
36.479 (36.479)	1:46.510 (1:10.032)	3:00.236 (1:13.726)
4:11.470 (1:11.234)	5:21.170 (1:09.701)	6:33.340 (1:12.170)
7:47.240 (1:13.901)	9:01.892 (1:14.652)	10:17.069 (1:15.178)
11:31.558 (1:14.489)	12:46.107 (1:14.550)	14:00.542 (1:14.436)
15:09.360 (1:08.818)		
5 Thibodeau, Charles	08 Zénix De La	15:12.57
37.296 (37.296)	1:47.934 (1:10.638)	3:00.978 (1:13.045)
4:14.999 (1:14.021)	5:27.153 (1:12.154)	6:38.091 (1:10.938)
7:51.812 (1:13.721)	9:05.728 (1:13.916)	10:20.156 (1:14.429)
11:36.738 (1:16.582)	12:52.653 (1:15.916)	14:07.252 (1:14.599)
15:12.564 (1:05.313)		
6 St-Cyr, Loïc	07 QC Indépenda	15:16.56
35.547 (35.547)	1:46.206 (1:10.659)	2:59.895 (1:13.690)
4:12.972 (1:13.078)	5:26.179 (1:13.207)	6:37.854 (1:11.676)
7:51.372 (1:13.518)	9:05.320 (1:13.948)	10:19.900 (1:14.580)
11:36.454 (1:16.554)	12:52.193 (1:15.740)	14:07.473 (1:15.280)
15:16.560 (1:09.087)		
7 Durocher, Cédric	07 Lanaudière-0	15:17.93
35.118 (35.118)	1:45.818 (1:10.701)	2:59.623 (1:13.805)
4:12.677 (1:13.054)	5:25.386 (1:12.709)	6:37.425 (1:12.040)
7:51.536 (1:14.111)	9:05.496 (1:13.961)	10:20.006 (1:14.510)
11:36.663 (1:16.657)	12:53.164 (1:16.502)	14:09.735 (1:16.571)
15:17.923 (1:08.188)		
8 Mortimer, Charlie	08 Ottawa Lions	15:18.04
35.346 (35.346)	1:46.040 (1:10.694)	2:59.726 (1:13.687)
4:12.792 (1:13.066)	5:25.967 (1:13.175)	6:37.678 (1:11.711)
7:51.240 (1:13.563)	9:05.143 (1:13.903)	10:19.718 (1:14.575)
11:36.292 (1:16.574)	12:52.466 (1:16.175)	14:07.265 (1:14.799)
15:18.038 (1:10.773)		
9 Arsenault, Nathan	07 Central Toro	15:32.54
35.904 (35.904)	1:48.052 (1:12.148)	3:01.556 (1:13.504)
4:15.477 (1:13.922)	5:29.846 (1:14.369)	6:46.137 (1:16.292)
8:01.302 (1:15.165)	9:15.968 (1:14.666)	10:30.917 (1:14.950)
11:47.050 (1:16.134)	13:03.976 (1:16.926)	14:19.586 (1:15.611)
15:32.538 (1:12.952)		
10 Dodge, Preston	07 Riversdale A	15:37.69
37.096 (37.096)	1:49.437 (1:12.342)	3:01.954 (1:12.517)
4:15.928 (1:13.975)	5:29.362 (1:13.434)	6:45.924 (1:16.562)
8:01.495 (1:15.572)	9:16.611 (1:15.116)	10:31.360 (1:14.749)
11:48.264 (1:16.905)	13:06.196 (1:17.932)	14:22.959 (1:16.764)
15:37.688 (1:14.730)		
11 Desforges, Elie	09 Saint-Lauren	15:54.84
37.616 (37.616)	1:51.153 (1:13.537)	3:06.644 (1:15.491)
4:22.881 (1:16.238)	5:39.123 (1:16.242)	6:54.889 (1:15.766)
8:11.330 (1:16.441)	9:27.831 (1:16.502)	10:45.034 (1:17.204)
12:03.764 (1:18.730)	13:22.532 (1:18.768)	14:39.754 (1:17.223)
15:54.839 (1:15.085)		
12 Taler, Saul	07 Ottawa Lions	15:58.20
35.030 (35.030)	1:45.726 (1:10.696)	2:59.331 (1:13.606)
4:12.412 (1:13.081)	5:26.258 (1:13.846)	6:41.729 (1:15.472)
7:59.750 (1:18.021)	9:19.284 (1:19.535)	10:41.556 (1:22.272)
12:03.268 (1:21.713)	13:23.894 (1:20.626)	14:44.239 (1:20.346)
15:58.199 (1:13.960)		
13 Recoskie, Owen	08 Ottawa Lions	16:25.27
37.882 (37.882)	1:52.483 (1:14.601)	3:10.333 (1:17.850)
4:27.946 (1:17.613)	5:45.365 (1:17.420)	7:04.403 (1:19.038)
8:24.521 (1:20.118)	9:45.777 (1:21.256)	11:06.877 (1:21.100)
12:28.491 (1:21.614)	13:49.498 (1:21.007)	15:10.300 (1:20.803)
16:25.270 (1:14.970)		
-- Dionne, Xavier	08 QC Indépenda	DNF

36.122 (36.122)	1:47.330 (1:11.208)	3:00.746 (1:13.417)
4:14.764 (1:14.018)	5:29.324 (1:14.560)	6:46.404 (1:17.080)
8:01.828 (1:15.424)	9:17.550 (1:15.722)	10:37.304 (1:19.754)
11:59.578 (1:22.274)		

Men 110 Meter Hurdles U20

=====
 8 Advance: Top 2 Each Heat plus Next 2 Best Times
 Canadian: @ 13.36 2017-07-21 Anastas Eliopoulos, VOCA
 Championship: # 13.43 2001 Jonathan Cabral

Name	Year Team	Prelims	Wind	H#
=====				
Preliminaries				
1 Barnewall, Kieran	07 ON Unattache	13.64Q	0.9	2
2 Buscu, Patrick	08 Calgary Inte	13.94Q	0.7	1
3 Tse, Brady	07 BC Unattache	13.97Q	0.7	3
4 Charest, Jake	08 Laurel Creek	14.23Q	0.9	2
5 Jenney, Kailer	08 London Legio	14.36Q	0.7	1
6 Noel, Jesiah	08 Nova Athleti	14.87Q	0.7	3
7 Tan, Taisei	08 Ottawa Lions	14.39q	0.7	1
8 Satheesh, Seyon	08 Blue Devils	14.47q	0.7	1
9 Descoteau, Dawsen	07 AB Unattache	14.67	0.9	2
10 Kozak, Devan	08 Penticton Tr	14.79	0.9	2
11 Clarke, Micaiah	07 Speed Academ	14.92	0.7	3
12 Flett, William	07 BC Unattache	14.98	0.9	2
13 Merepeza, Edgar	09 Speed Academ	15.10	0.9	2
14 Granger, Simon	07 Riversdale A	15.25	0.7	3
15 Venables, Levi	08 Victoria Spe	15.27	0.9	2
16 Ekpenyong, Feranwa	07 Laurel Creek	15.28	0.7	1
17 Parker, Xavier	08 Project Athl	15.55	0.7	3
18 Foster, Naieem	09 Hamilton Oly	15.58	0.7	1
19 Gaede, Daniel	07 London Weste	15.60	0.7	1
20 Mordel, Eli	08 Ottawa Lions	15.61	0.7	3
21 Landry, Clément	08 Saint-Lauren	16.25	0.7	3
22 Uche, Augustine	07 Ottawa Lions	16.77	0.9	2
-- ^pinceau, Samuel	07 Sherbrooke	X13.66	0.7	1

Men 110 Meter Hurdles U20

=====
 Canadian: @ 13.36 2017-07-21 Anastas Eliopoulos, VOCA
 Championship: # 13.43 2001 Jonathan Cabral

Name	Year Team	Finals	Wind
=====			
Finals			
1 Barnewall, Kieran	07 ON Unattache	13.66	0.8
2 Buscu, Patrick	08 Calgary Inte	13.78	0.8
3 Tse, Brady	07 BC Unattache	13.80	0.8
4 Charest, Jake	08 Laurel Creek	14.11	0.8
5 Satheesh, Seyon	08 Blue Devils	14.13	0.8
6 Jenney, Kailer	08 London Legio	14.39	0.8
7 Tan, Taisei	08 Ottawa Lions	14.47	0.8
-- Noel, Jesiah	08 Nova Athleti	DQ	0.8 TR22.6.2

Men 400 Meter Hurdles U20

=====
 8 Advance: Top 1 Each Heat plus Next 4 Best Times
 Canadian: @ 50.92 1997-05-03 Nick Stewart
 Championship: # 51.28 1984 John Graham

Name	Year Team	Prelims	H#
=====			
Preliminaries			
1 Tse, Brady	07 BC Unattache	53.56Q	3
2 Venables, Levi	08 Victoria Spe	53.60Q	2
3 Halstead, Kahari	07 Speed Academ	54.75Q	4
4 Tent, Thomas-Daniel	08 Border City	55.74Q	1

5	Tapodi, William	07	University O	54.79q	4	
6	van Schagen, Willem	07	Valley Royal	55.11q	2	
7	Jenney, Kailer	08	London Legio	55.30q	3	
8	Merepeza, Edgar	09	Speed Academ	55.97q	3	
9	Tan, Taisei	08	Ottawa Lions	56.38	3	56.372
10	Lacroix, Corey	07	Track North	56.38	3	56.376
11	Kwasnicki, Sebastian	09	Speed Academ	56.39	4	
12	Paille, Jacob	08	Airblastoff	56.42	4	
13	Reimer, Rowan	07	Swift Curren	56.45	2	
14	Jones, Elijah	07	Speed Academ	56.49	1	
15	Grant, Harrison	08	Alberta Spee	57.18	2	
16	Kozak, Devan	08	Penticton Tr	57.26	1	
17	Lai-Fang, Julio	09	Speed Academ	57.45	1	
18	Cox, Nathan	08	Ottawa Lions	58.01	2	
19	Primeau, Luc	07	Vancouver Th	58.39	2	58.381
20	Pivin, Caleb	08	C.A. Univ. L	58.39	4	58.388
21	Ince-Cushman, Gabriel	07	Saint-Lauren	59.29	3	
22	Parker, Xavier	08	Project Athl	59.62	4	
23	Landry, Clément	08	Saint-Lauren	1:01.43	1	
--	Ekpenyong, Feranwa	07	Laurel Creek	DNF	1	
--	Foster, Naieem	09	Hamilton Oly	DNF	1	

Men 400 Meter Hurdles U20

Canadian: @ 50.92 1997-05-03 Nick Stewart
 Championship: # 51.28 1984 John Graham

Name	Year	Team	Finals
------	------	------	--------

Finals

1	Tse, Brady	07	BC Unattache	51.55
2	Venables, Levi	08	Victoria Spe	52.76
3	Tent, Thomas-Daniel	08	Border City	52.93
4	Halstead, Kahari	07	Speed Academ	53.85
5	Tapodi, William	07	University O	53.93
6	van Schagen, Willem	07	Valley Royal	54.18
7	Jenney, Kailer	08	London Legio	54.48
8	Merepeza, Edgar	09	Speed Academ	55.59

Men 3000 Meter Steeplechase U20

Advance Top 2 + 2

Canadian: @ 8:37.83 2005-06-14 Alex Genest, ZIND
 Championship: # 8:49.20 2005 Alex Genest

Name	Year	Team	Finals
------	------	------	--------

1	Palmer, Liam	07	Saint John R	9:31.55
	1:29.258 (1:29.258)		2:48.653 (1:19.396)	4:09.462 (1:20.809)
	5:31.682 (1:22.220)		6:54.883 (1:23.201)	8:16.377 (1:21.494)
	9:31.543 (1:15.166)			
2	Orchard, Lauchlan	08	Laurel Creek	9:39.63
	1:28.923 (1:28.923)		2:47.552 (1:18.629)	4:04.388 (1:16.836)
	5:21.505 (1:17.118)		6:41.861 (1:20.356)	8:09.693 (1:27.832)
	9:39.629 (1:29.936)			
3	Estabrooks, Braeden	07	ON Unattache	9:51.31
	1:30.131 (1:30.131)		2:50.908 (1:20.777)	4:12.942 (1:22.034)
	5:37.121 (1:24.180)		7:02.286 (1:25.165)	8:29.333 (1:27.048)
	9:51.301 (1:21.968)			
4	Earle, Matthew	09	Pearlgate Tr	10:12.99
	1:30.529 (1:30.529)		2:52.357 (1:21.828)	4:16.564 (1:24.208)
	5:44.347 (1:27.784)		7:14.190 (1:29.843)	8:44.287 (1:30.097)
	10:12.983 (1:28.696)			

Men 4x100 Meter Relay club U20

Canadian: @ 39.64 2006-08-15 Canada

Warner, Smith, Pyper, Barnett
 Championship: # 40.52 2025 Flying Angels, Flying Angels
 T Ogunyeye, A Clunis, E Hay, W Lee

Team	Finals
1 Flying Angels Academy 'A'	40.65
1) Lee, Wyatt 08	2) Haley, Jahleel 08
3) Nembhard, Kula Jr 08	4) Horspool, Noah 08
2 Edmonton Royals Track And Fiel 'A'	40.93
1) Allangba, Benny 09	2) Morah, Noel 07
3) Henclewood, Ladanian 07	4) Allangba, Chance 07
3 Monte Cristo Track Club 'A'	41.99
1) De Simone, Vincenzo 08	2) Slegtenhorst, Isaiah 08
3) Konney, Peter 08	4) Allen, Maleik 08
4 Ottawa Lions T.F.C 'A'	42.52
1) Meikle, Jamie 07	2) Placid, Xavier 08
3) Forzley, Alexander 09	4) Cazabon, Maxime 10
5 Brockville Legion Track Club 'A'	44.44
1) Brown, Evan 09	2) Hanna, Jacob 10
3) Warren, Freddy 10	4) Storr, Makoto 09
6 Brockville Legion Track Club 'B'	45.83
1) Conklin, Joey 10	2) Gaskell, Darius 10
3) Pakenham, Edward 10	4) Pruner, Reed 10

Men 4x100 Meter Relay mixed team U20

Championship: # 42.35

Team	Finals
1 Athlétisme Québec 'A'	41.96#
1) Emond, Alexis 07	2) Genest, Gabriel 07
3) Nguyen, Hieu An Alexandre 08	4) Bibeau, Justin 08

Men 4x400 Meter Relay mixed team U20

Championship: # 3:15.23

Team	Finals	
1 Team Alberta 'A'	3:18.28	
1) Humeniuk, Oliver 07	2) Mills, Cody 08	
3) Baugh, Xavier 08	4) Nyarko, Adam 08	
1:38.580 (1:38.580)	2:30.198 (51.619)	3:18.272 (48.074)

Men 4x400 Meter Relay club U20

Canadian: @ 3:06.50 2022-08-06 Canada
 Williams, Tilson, Kidd, Floyd
 Championship: # 3:10.62 2025 Ottawa Lions, Ottawa Lions
 A Shangai, A Kramo, W Sanders, Z Jeggo

Team	Finals	
1 Ottawa Lions T.F.C 'A'	3:11.78	
1) Shangai, Ayoub 08	2) Hood, Ethan 09	
3) Kramo, Ange-Mathis 08	4) Jeggo, Zachary 07	
1:37.266 (1:37.266)	2:24.046 (46.780)	3:11.778 (47.732)
2 University Of Toronto Tc 'A'	3:20.51 TR17.3.3(L)	
1) Tapodi, William 07	2) Park, Noah 08	
3) Douglas, Mattheo 07	4) Svenoy, Luke 08	
1:43.095 (1:43.095)	2:31.785 (48.691)	3:20.504 (48.719)
3 Ottawa Lions T.F.C 'B'	3:21.26	
1) Tan, Taisei 08	2) McGinnity, Declan 10	
3) London, Kyle 07	4) Cox, Nathan 08	
1:42.008 (1:42.008)	2:32.459 (50.452)	3:21.255 (48.796)
4 Calgary Spartans 'A'	3:30.39	
1) Hayato, Abdul 07	2) Stephenson, Oakley 07	

	---	---	0	---	0	0	0	0	---	0	XXX
3	Futo, Christian Zdenek		09	Bolton Pole							4.72m
	4.22	4.37	4.52	4.62	4.72	4.82					
	---	---	XO	XXO	XO	XXX					
4	James, Micah		08	Bolton Pole							4.62m
	4.22	4.37	4.52	4.62	4.72						
	0	0	0	0	XXX						
5	Milinkovic-Gene, Max		08	Windsor Esse							J4.62m
	4.22	4.37	4.52	4.62	4.72						
	---	0	0	XXO	XXX						
6	Millard, William		07	NorWesters T							4.52m
	4.22	4.37	4.52	4.62							
	---	0	0	XXX							
7	Mordel, Eli		08	Ottawa Lions							4.22m
	4.22	4.37									
	0	XXX									
8	Granger, Simon		07	Riversdale A							J4.22m
	4.22	4.37	4.52								
	XO	---	XXX								
8	Owen, Chase		08	Athletics Ni							J4.22m
	4.22	4.37									
	XO	XXX									
10	Atkinson, Ethan		09	London Weste							J4.22m
	4.22	4.37									
	XXO	XXX									
--	Botting, Tristin		07	Peterborough							NH
	4.22										
	XXX										
--	West, Liam		07	York Univers							NH
	4.22	4.37	4.52								
	---	---	XXX								

Men Long Jump U20

=====
Canadian: @ 7.88m 1976-04-30 Richard Rock
Championship: # 7.50m 2013 Stevens Dorcelus
Name Year Team Finals Wind
=====

1	Chow, Matthew		07	Winnipeg Opt							6.91m	1.1
	FOUL	6.78m(0.9)	6.51m(1.4)	6.55m(-0.4)	6.91m(1.1)	6.73m(0.8)						
2	Satheesh, Seyon		08	Blue Devils							6.86m	1.4
	6.52m(1.7)	6.81m(1.5)	6.86m(1.4)	4.46m(0.1)	6.66m(0.6)	6.79m(0.7)						
3	Demone, Taylor		08	Pace Athleti							6.76m	2.2
	6.54m(1.0)	6.50m(2.5)	6.61m(0.2)	6.28m(3.1)	6.76m(2.2)	6.64m(-1.0)						
4	Pearson, Braydon		08	ON Unattache							6.73m	0.7
	6.42m(0.8)	6.73m(0.7)	6.45m(1.1)	6.21m(0.2)	6.20m(1.8)	6.38m(+0.0)						
5	Mallory, Francis		09	Track North							6.72m	1.2
	6.44m(0.9)	6.56m(0.2)	FOUL	6.72m(1.2)	6.39m(1.8)	6.46m(1.2)						
6	Williams-Cardoso, Alesan		07	Calgary Spar							6.69m	2.0
	6.69m(2.0)	6.18m(1.7)	FOUL	PASS	PASS	PASS						
7	Dinev, Nicola		09	Athlétisme L							6.65m	1.8
	FOUL	6.56m(0.5)	6.10m(1.2)	6.65m(1.8)	PASS	PASS						
8	Arulrajan, Sayanthan		07	United Tamil							6.39m	1.4
	FOUL	FOUL	6.39m(1.4)	FOUL	FOUL	FOUL						
9	Fugel, Rylan		08	Saskatoon TF							6.32m	0.4
	6.32m(0.4)	4.75m(0.4)	6.26m(0.4)									
10	Robert, Charles		07	Saint-Lauren							6.31m	0.4
	6.31m(0.4)	6.08m(1.8)	6.11m(1.8)									
11	Brook, Luke		07	Edmonton Col							5.77m	0.4
	4.50m(0.6)	5.77m(0.4)	5.69m(0.8)									
--	Lessard, Alan		07	Sherbrooke							FOUL	
	FOUL	PASS	PASS									

Men Triple Jump U20

=====

Canadian: @ 16.44m 1985-08-04 Edrick Floreal
 Championship: # 15.96m 1986 Bruny Surin

Name	Year	Team	Finals	Wind
1 Olfert Wiens, Jonah	07	Calgary Spar	15.22m	1.2
		14.56m(1.6) 15.17m(2.4) 13.33m(1.2) FOUL	14.87m(0.9)	15.22m(1.2)
2 Stewart, Jaden	07	York Univers	15.12m	1.0
		14.69m(1.9) FOUL 14.68m(0.3) 13.55m(2.3)	15.12m(1.0)	14.60m(0.4)
3 Adams, Daanish	07	Flying Angel	14.60m	1.1
		13.56m(2.8) 14.16m(3.1) 14.22m(0.8) 14.11m(-0.2)	14.13m(0.6)	14.60m(1.1)
4 Chow, Matthew	07	Winnipeg Opt	14.02m	1.9
		FOUL 13.77m(1.9) 14.02m(1.9) FOUL FOUL	13.35m(1.6)	
5 Cazabon, Maxime	10	Ottawa Lions	13.92m	0.3
		FOUL 13.32m(1.4) FOUL 12.09m(1.7)	11.24m(0.3)	13.92m(0.3)
6 Penich, Mico	08	Thorold Elit	13.58m	0.3
		13.58m(0.3) FOUL FOUL FOUL FOUL	FOUL	
7 Brook, Luke	07	Edmonton Col	13.21m	1.1
		11.64m(1.1) 12.91m(0.7) FOUL 13.21m(1.1) FOUL	11.42m(1.0)	
8 Cisse, Moussa Nouhoum	09	Ottawa Lions	13.01m	1.9
		13.00m(1.2) 12.76m(-0.2) 13.01m(1.9) 12.73m(1.2)	12.77m(0.4)	12.35m(1.5)
-- Patel, Dhruv	07	United Tamil	FOUL	
		FOUL FOUL FOUL		

Men Shot Put U20

Canadian: @ 19.22m 2016-03-06 Joseph Maxwell, UNON
 Championship: # 18.79m 2022 Lewis & Meisener

Name	Year	Team	Finals
1 Gabri, Gursher	09	BC Unattache	17.44m
		16.28m FOUL 17.44m 17.20m 17.14m FOUL	
2 Ehigiator, Eghosa	08	Project Athl	17.36m
		16.26m 16.93m 17.20m FOUL FOUL 17.36m	
3 Mitoraj, Noah	08	London Weste	16.28m
		15.90m 15.77m 16.11m 16.07m 16.28m FOUL	
4 Yeterian, Roman	07	Vancouver Th	16.12m
		16.12m FOUL FOUL 15.57m FOUL 15.60m	
5 Mitchell, Brydon	07	London Weste	16.07m
		14.84m 15.44m FOUL 15.95m 16.07m 15.50m	
6 O'Leary, Finne	09	London Weste	15.35m
		14.65m 14.57m 15.35m FOUL FOUL FOUL	
7 Oladejobi, Uthman	08	Project Athl	14.96m
		14.96m FOUL FOUL FOUL FOUL 14.48m	
8 King, Tiede	08	Capital City	14.93m
		FOUL 14.40m 14.45m 14.93m FOUL FOUL	
9 Crawford, Aidan	07	Quinte Legio	14.14m
		FOUL FOUL 14.14m	
10 Parent, Anderson	08	Airblastoff	13.14m
		13.14m FOUL FOUL	
11 Biesinger, Liam	07	London Weste	12.87m
		FOUL 12.87m FOUL	
-- Palamarek, Jeremy	07	NS Unattache	FOUL
		FOUL FOUL FOUL	

Men Discus Throw U20

Canadian: @ 60.72m 2012-06-07 Jordan Young, WLEG
 Championship: # 58.19m 2011 Jordan Young

Name	Year	Team	Finals
1 Gagnon, Louis-David	07	C.A. Univ. L	60.20m#
		53.26m FOUL 54.92m 60.20m FOUL 55.45m	
2 Ehigiator, Eghosa	08	Project Athl	57.75m
		53.55m 52.06m 52.68m 54.41m 56.30m 57.75m	
3 Parent, Anderson	08	Airblastoff	53.76m

	49.87m	51.71m	48.86m	51.04m	53.76m	FOUL	
4	Mitoraj, Noah			08	London Weste		52.05m
	48.29m	49.54m	FOUL	51.32m	52.05m	FOUL	
5	McCauley, Jack			07	York Univers		50.63m
	43.69m	50.63m	45.63m	FOUL	48.46m	FOUL	
6	Dixson, Cameron			07	AB Unattache		49.61m
	47.76m	FOUL	FOUL	44.14m	FOUL	49.61m	
7	Yeterian, Roman			07	Vancouver Th		48.81m
	FOUL	42.67m	44.97m	48.81m	48.41m	FOUL	
8	Mitchell, Brydon			07	London Weste		47.23m
	44.66m	47.17m	47.23m	FOUL	44.21m	FOUL	
9	Crawford, Aidan			07	Quinte Legio		43.90m
	FOUL	FOUL	43.90m				
10	Kalp, Griffin			07	London Weste		43.86m
	42.13m	FOUL	43.86m				
11	Oladejobi, Uthman			08	Project Athl		43.36m
	43.36m	FOUL	FOUL				
12	Mines, Jack			07	Ottawa Lions		43.07m
	FOUL	41.10m	43.07m				
13	Gabri, Gursher			09	BC Unattache		42.99m
	42.99m	FOUL	FOUL				
14	Biesinger, Liam			07	London Weste		41.24m
	FOUL	38.75m	41.24m				
15	Palamarek, Jeremy			07	NS Unattache		40.62m
	38.27m	FOUL	40.62m				
16	Lapointe, Arnaud			07	C.A. Univ. L		40.19m
	FOUL	40.19m	FOUL				

Men Hammer Throw U20

=====							
Canadian: @ 77.97m 2021-05-23 Ethan Katzberg, KAML							
Championship: # 71.32m 2012 Adam Keenan							
	Name		Year	Team			Finals
=====							
1	Gabri, Gursher		09	BC Unattache			65.01m
	FOUL	65.01m	64.42m	FOUL	62.91m	FOUL	
2	Dolan, Reise		07	SK Unattache			58.91m
	FOUL	56.33m	FOUL	58.91m	57.98m	FOUL	
3	Mitoraj, Noah		08	London Weste			57.94m
	57.43m	57.94m	FOUL	FOUL	57.13m	54.72m	
4	Longley, Chase		08	Kajaks Track			56.95m
	FOUL	55.38m	54.61m	56.95m	55.40m	FOUL	
5	Al Daadaa, Yousef		07	London Weste			51.93m
	FOUL	50.47m	51.93m	48.30m	FOUL	FOUL	
6	King, Tiede		08	Capital City			51.78m
	46.64m	49.67m	49.53m	51.78m	48.95m	47.37m	
7	Lumley, Blake		07	Windsor Esse			44.20m
	FOUL	FOUL	41.73m	44.20m	42.20m	43.27m	
8	Jaramillo, Nicholas		07	London Weste			42.41m
	37.53m	42.41m	40.15m	38.12m	40.67m	FOUL	
9	Biesinger, Liam		07	London Weste			41.40m
	41.40m	41.35m	FOUL				
--	Herring, Luke		07	ON Unattache			FOUL
	FOUL	FOUL	FOUL				
--	Koch, Caleb		07	Saugeen Trac			FOUL
	FOUL	FOUL	FOUL				

Men Javelin Throw U20

=====							
Canadian: @ 75.46m 1998-05-17 Scott Russell, UNON							
Championship: # 71.19m 2011 Cody Parker							
	Name		Year	Team			Finals
=====							
1	Cole, Griffin		07	Vancouver Th			60.89m
	56.22m	60.89m	59.27m	53.70m	59.55m	59.20m	

2 Lamb, Jaxon	08 Stratford Sa	58.67m
51.83m 52.88m FOUL	58.67m 52.46m 55.60m	
3 O'Leary, Finne	09 London Weste	56.26m
FOUL 52.14m FOUL	47.63m 50.78m 56.26m	
4 Servos, Tyson	08 Comox Valley	55.38m
50.91m 54.44m FOUL	55.38m 52.52m FOUL	
5 Smith, Duncan	08 Sarnia Athle	55.14m
51.23m 53.74m 52.82m	FOUL 53.69m 55.14m	
6 Bendera, Noah	08 Capital City	54.77m
43.52m 47.82m 52.98m	50.79m 54.77m 50.21m	
7 Quinn, James	07 Thorold Elit	54.39m
53.52m 53.60m FOUL	53.33m 54.39m 50.93m	
8 Crawford, Aidan	07 Quinte Legio	54.28m
FOUL FOUL 52.01m	54.28m 52.55m 53.25m	
9 Kalp, Griffin	07 London Weste	51.48m
51.48m FOUL 48.89m		
10 Wright, Nolan	08 London Weste	50.69m
50.69m 49.28m 47.01m		
11 Myers, Maxwell	07 Thorold Elit	50.26m
50.26m 47.22m 48.62m		
12 Kennedy, Hudson	09 ON Unattache	47.04m
46.01m 47.04m FOUL		

Decathlon: #1 Men 100 Meter Dash U20 Decathlon

=====
Championship: # 11.09

Name	Year Team	Finals	Wind	H#	Points
1 Tuplin, Jackson	08 Swift Curren	11.23	1.9	2	810
2 Pivin, Caleb	08 C.A. Univ. L	11.23	1.9	2	810
3 Freure, Adam	08 Athletics Ni	11.31	1.9	2	793
4 Brunwald, Justin	08 C.A. Univ. L	11.42	1.9	2	769
5 London, Kyle	07 Ottawa Lions	11.45	1.9	2	763
6 Sands, Jack	08 Royal City A	11.89	0.7	1	673
7 Laberge-Ramirez, Elio	07 C.A. Univ. L	11.92	0.7	1	667
8 Gallo, John	07 London Weste	12.06	0.7	1	639
9 Daradich, Talan	08 Caltaf Athle	12.33	1.9	2	588

Decathlon: #5 Men 400 Meter Dash U20 Decathlon

=====
Championship: # 48.80

Name	Year Team	Finals	Points
1 Pivin, Caleb	08 C.A. Univ. L	51.09	765
2 London, Kyle	07 Ottawa Lions	51.54	745
3 Freure, Adam	08 Athletics Ni	51.70	738
4 Tuplin, Jackson	08 Swift Curren	52.05	723
5 Gallo, John	07 London Weste	54.96	600
6 Brunwald, Justin	08 C.A. Univ. L	57.13	516
-- Laberge-Ramirez, Elio	07 C.A. Univ. L	DNF	

Decathlon: #10 Men 1500 Meter Run U20 Decathlon

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Championship: # 4:16.97

Name	Year Team	Finals	Points
1 London, Kyle	07 Ottawa Lions	4:33.06	725
50.501 (50.501)	2:04.024 (1:13.524)	3:21.003 (1:16.980)	
4:33.051 (1:12.048)			
2 Pivin, Caleb	08 C.A. Univ. L	4:42.65	664
55.457 (55.457)	2:13.676 (1:18.220)	3:34.832 (1:21.156)	
4:42.649 (1:07.817)			
3 Laberge-Ramirez, Elio	07 C.A. Univ. L	4:44.84	650
55.697 (55.697)	2:13.085 (1:17.389)	3:35.173 (1:22.088)	
4:44.831 (1:09.658)			

4 Freure, Adam	08 Athletics Ni	4:52.54	603
55.840 (55.840)	2:14.183 (1:18.343)	3:35.961 (1:21.778)	
4:52.534 (1:16.574)			
5 Gallo, John	07 London Weste	4:56.82	578
54.963 (54.963)	2:11.942 (1:16.979)	3:35.893 (1:23.952)	
4:56.820 (1:20.927)			
6 Tuplin, Jackson	08 Swift Curren	5:12.54	490
55.929 (55.929)	2:15.581 (1:19.652)	3:44.424 (1:28.844)	
5:12.535 (1:28.111)			
7 Brunwald, Justin	08 C.A. Univ. L	5:15.65	473
57.501 (57.501)	2:20.985 (1:23.484)	3:49.764 (1:28.780)	
5:15.647 (1:25.884)			

Decathlon: #6 Men 110 Meter Hurdles U20 Decathlon

Championship: # 14.19

Name	Year Team	Finals	Wind	Points
1 Tuplin, Jackson	08 Swift Curren	15.04	2.2	845
2 Pivin, Caleb	08 C.A. Univ. L	15.37	2.2	805
3 London, Kyle	07 Ottawa Lions	15.41	2.2	801
4 Gallo, John	07 London Weste	15.88	2.2	746
5 Freure, Adam	08 Athletics Ni	16.05	2.2	727
6 Brunwald, Justin	08 C.A. Univ. L	20.21	2.2	333
-- Laberge-Ramirez, Elio	07 C.A. Univ. L	DNF	2.2	

Decathlon: #4 Men High Jump U20 Decathlon

Championship: # 2.05m

Name	Year Team	Finals	H#	Points
1 Daradich, Talan	08 Caltaf Athle	1.85m	1	670
1.55 1.58 1.61 1.64 1.67	1.70 1.73 1.76 1.79 1.82 1.85 1.88			
---	XO --- 0 0 XO XXO XXX			
2 Pivin, Caleb	08 C.A. Univ. L	1.79m	2	619
1.55 1.58 1.61 1.64 1.67	1.70 1.73 1.76 1.79 1.82			
---	0 --- 0 0 XXO 0 XO XXX			
2 Freure, Adam	08 Athletics Ni	1.79m	2	619
1.55 1.58 1.61 1.64 1.67	1.70 1.73 1.76 1.79 1.82			
---	0 --- 0 XO XXO XO XXX			
4 Gallo, John	07 London Weste	1.76m	2	593
1.55 1.58 1.61 1.64 1.67	1.70 1.73 1.76 1.79			
---	0 0 0 XXO 0 0 XXX			
4 Tuplin, Jackson	08 Swift Curren	1.76m	1	593
1.55 1.58 1.61 1.64 1.67	1.70 1.73 1.76 1.79			
---	0 0 0 0 XXX			
6 Sands, Jack	08 Royal City A	1.73m	2	569
1.55 1.58 1.61 1.64 1.67	1.70 1.73 1.76			
---	0 0 XO --- XO XXO XXX			
7 London, Kyle	07 Ottawa Lions	1.67m	2	520
1.55 1.58 1.61 1.64 1.67	1.70			
---	0 XO XO 0 XXX			
7 Brunwald, Justin	08 C.A. Univ. L	1.67m	2	520
1.55 1.58 1.61 1.64 1.67	1.70			
0 ---	XO XXO XO XXX			
9 Laberge-Ramirez, Elio	07 C.A. Univ. L	1.64m	2	496
1.55 1.58 1.61 1.64 1.67				
XO ---	0 0 XXX			

Decathlon: #8 Men Pole Vault U20 Decathlon

Championship: # 4.30m

Name	Year Team	Finals	Points
1 Freure, Adam	08 Athletics Ni	4.70m#	819

	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10	4.20	4.30	4.40	4.50	4.60	4.70	4.80	
	---	---	---	---	---	---	---	---	---	XO	---	---	---	XXO	---	0	XO	XXX	
2	Tuplin, Jackson					08 Swift Curren			4.20m		673								
	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10	4.20	4.30	
	---	---	---	---	---	---	---	---	---	---	---	---	---	---	XO	XXO	XXO	XXX	
3	Gallo, John					07 London Weste			3.90m		590								
	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	
	---	---	---	---	---	---	---	---	---	---	0	---	0	XO	0	0	0	XXX	
4	Laberge-Ramirez, Elio					07 C.A. Univ. L			3.80m		562								
	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90		
	---	---	---	---	---	---	---	---	---	---	0	---	XO	---	0	XO	XXX		
5	Pivin, Caleb					08 C.A. Univ. L			3.60m		509								
	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70				
	---	---	---	---	---	---	---	---	XXO	0	---	XXO	0	XO	XXX				
6	London, Kyle					07 Ottawa Lions			3.40m		457								
	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60					
	---	---	---	---	---	---	---	---	---	---	---	XO	XX	R					
7	Brunwald, Justin					08 C.A. Univ. L			3.20m		406								
	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30								
	---	---	---	---	---	0	---	XO	0	0	XXX								

Decathlon: #2 Men Long Jump U20 Decathlon

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Championship: # 6.91m

Name	Year Team	Finals	Wind	Points
1 Pivin, Caleb	08 C.A. Univ. L	6.49m	1.2	695
6.49m(1.2) FOUL	6.00m(0.4)			
2 Freure, Adam	08 Athletics Ni	6.32m	0.1	657
6.17m(0.8) 6.32m(0.1) 6.22m(-1.2)				
3 Brunwald, Justin	08 C.A. Univ. L	6.29m	-0.2	650
FOUL FOUL 6.29m(-0.2)				
4 Tuplin, Jackson	08 Swift Curren	6.28m	1.1	648
6.14m(0.7) 6.28m(1.1) 6.00m(0.1)				
5 London, Kyle	07 Ottawa Lions	6.08m	-0.1	604
6.08m(-0.1) 6.02m(0.4) 6.00m(-0.5)				
6 Laberge-Ramirez, Elio	07 C.A. Univ. L	5.81m	0.6	546
5.81m(0.6) PASS PASS				
7 Gallo, John	07 London Weste	5.70m	1.2	523
5.70m(1.2) 5.67m(0.2) 5.51m(-2.2)				
8 Sands, Jack	08 Royal City A	5.51m	0.8	483
FOUL FOUL 5.51m(0.8)				
9 Daradich, Talan	08 Caltaf Athle	5.47m	0.6	475
5.38m(1.4) 5.47m(0.6) 5.30m(-0.8)				

Decathlon: #3 Men Shot Put U20 Decathlon

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Championship: # 14.06m

Name	Year Team	Finals	Points
1 Freure, Adam	08 Athletics Ni	12.95m	664
12.83m 12.95m FOUL			
2 London, Kyle	07 Ottawa Lions	12.79m	654
FOUL 12.56m 12.79m			
3 Brunwald, Justin	08 C.A. Univ. L	12.65m	646
11.98m 12.65m 11.67m			
4 Pivin, Caleb	08 C.A. Univ. L	11.75m	591
11.75m FOUL 10.90m			
5 Gallo, John	07 London Weste	11.07m	550
10.99m 10.50m 11.07m			
6 Laberge-Ramirez, Elio	07 C.A. Univ. L	10.77m	532
9.39m 10.06m 10.77m			
7 Tuplin, Jackson	08 Swift Curren	10.47m	514
FOUL 9.95m 10.47m			
8 Sands, Jack	08 Royal City A	9.78m	472

9.78m FOUL 8.96m
 9 Daradich, Talan 08 Caltaf Athle 9.23m 440
 9.23m 9.02m FOUL

Decathlon: #7 Men Discus Throw U20 Decathlon

Championship: # 45.35m

Name	Year Team	Finals	Points
1 London, Kyle FOUL 36.05m 37.83m	07 Ottawa Lions	37.83m	621
2 Freure, Adam 31.79m FOUL 36.16m	08 Athletics Ni	36.16m	587
3 Brunwald, Justin 36.12m FOUL FOUL	08 C.A. Univ. L	36.12m	586
4 Tuplin, Jackson 27.99m 33.47m 31.42m	08 Swift Curren	33.47m	533
5 Gallo, John 25.42m 32.83m 30.88m	07 London Weste	32.83m	520
6 Pivin, Caleb 31.07m 26.89m FOUL	08 C.A. Univ. L	31.07m	486
7 Laberge-Ramirez, Elio 30.79m FOUL 28.05m	07 C.A. Univ. L	30.79m	480

Decathlon: #9 Men Javelin Throw U20 Decathlon

Championship: # 52.19m

Name	Year Team	Finals	Points
1 Freure, Adam 47.43m PASS PASS	08 Athletics Ni	47.43m	551
2 Laberge-Ramirez, Elio 45.38m 45.16m 46.14m	07 C.A. Univ. L	46.14m	532
3 Gallo, John 41.96m 45.31m 40.17m	07 London Weste	45.31m	520
4 Brunwald, Justin 41.69m 44.45m FOUL	08 C.A. Univ. L	44.45m	507
5 London, Kyle 36.67m 43.46m 35.09m	07 Ottawa Lions	43.46m	492
6 Pivin, Caleb 40.02m 41.34m 41.76m	08 C.A. Univ. L	41.76m	468
7 Tuplin, Jackson 29.55m FOUL 31.28m	08 Swift Curren	31.28m	317

Men Decathlon U20

Canadian: @ 7652 2025-07-31 Jackson Mackay, LWTF

Name	Year Team	Finals	H#
1 Freure, Adam	08 Athletics Ni	6758	
2 Pivin, Caleb	08 C.A. Univ. L	6412	
3 London, Kyle	07 Ottawa Lions	6382	
4 Tuplin, Jackson	08 Swift Curren	6146	
5 Gallo, John	07 London Weste	5859	
6 Brunwald, Justin	08 C.A. Univ. L	5406	
7 Laberge-Ramirez, Elio	07 C.A. Univ. L	4465	

Men 100 Meter Dash Senior Qualifying

Top 6 athletes advance

Canadian: @ 9.84 Bailey & Surin

Championship: # 9.89 1998 Bruny Surin

Name	Year Team	Finals	Wind	H#
1 Rude, Keon	05 Calgary Inte	10.54	1.0	12

2	Ogunnubi, Williams	05	Saskatoon TF	10.59	1.0	12	10.584
3	Onyemah, Immanuel	00	Waterloo Tra	10.59	1.0	12	10.589
4	Komlan Ekou, Jean-Baptis	98	Lasalle Athl	10.60	1.0	12	
5	Spicer, Logan	03	Royal City A	10.64	1.0	11	
6	Ogunrinde, Oluwapelumi	02	Extreme Velo	10.67	1.0	11	10.664
7	Alcéna, Lutch Jarmannau	02	Lasalle Athl	10.67	-0.3	10	10.668
8	Imoukhuede, Junior	05	Calgary Inte	10.67	1.0	12	10.670
9	Houde, Zachari	04	C.A. Univ. L	10.72	-0.2	9	
10	Guillen, Roschmel	05	Extreme Velo	10.77	1.0	11	10.761
11	Choumbe Yami, Brandon	06	Extreme Velo	10.77	1.0	11	10.763
12	De La Cruz, Addison	00	York Univers	10.78	1.0	12	
13	Jamal, Braenen	93	Limitless Er	10.81	-0.7	7	
14	Aguinaldo, Denzel	05	Winnipeg Opt	10.82	-0.2	9	
15	Arenas Frias, Diego Igna	02	C.A. Univ. L	10.83	-0.3	10	10.823
16	Richer-Mugford, Damien	06	Limitless Er	10.83	-0.3	10	10.825
17	Rioux, Nathan	06	Aetos Athlet	10.84	-0.3	10	10.833
18	Ahmed, Shamwilu	93	Lasalle Athl	10.84	-0.3	10	10.839
19	Roberts, Jevaghn	06	ON Unattache	10.84	-0.3	10	10.840
20	Lemay, Liam	06	University O	10.85	1.2	8	
21	Beaulieu, Samuel	04	Sherbrooke	10.87	-0.3	10	
22	Powell, Geovanne	04	Running Wild	10.89	1.0	11	10.886
23	Dowhos, Niko	01	Lakehead Tra	10.89	-0.2	9	10.889
24	Curtis, Noah	06	Winnipeg Opt	10.89	0.5	6	10.890
25	Moore, Gavin	05	Winnipeg Opt	10.91	1.2	8	10.908
25	Archer, Jemini	00	Project Athl	10.91	1.0	11	10.908
27	Chen, Yiming	06	Vainqueurs P	10.92	-0.2	9	
28	Bah, Abdoulaye	04	ON Unattache	10.94	1.0	12	10.934
29	Tran, Phu Thanh	98	Saint-Lauren	10.94	-0.2	9	10.939
30	Aka, Emmanuel	05	Capital City	10.95	1.2	8	
31	Gebara, Seiyf	03	Ottawa Lions	10.97	-0.2	9	
32	Joseph, Stephane	04	Limitless Er	11.02	-0.7	7	
33	Ouardirhi, Karim	05	Saint-Lauren	11.03	0.5	6	
34	Tetrault, Michael	06	Running Wild	11.04	0.5	6	
35	Kontiébo, Esli	04	Sherbrooke	11.06	1.2	8	
36	Hylton, Rory	92	Brampton Tra	11.08	1.2	4	
37	Paterson, Aiden	04	Edmonton Roy	11.10	1.2	8	
38	Halog, Jonelle	95	Limitless Er	11.11	1.2	8	
39	Tapa, Jaime D.	06	Ottawa Lions	11.12	1.2	8	
40	Henry, Matis	03	Lasalle Athl	11.13	-0.2	9	
41	Reid, Khymani	00	Calgary Inte	11.15	-0.7	7	
42	Mukendi, Tshibangu Kemy	03	Impulsion	11.17	-0.7	7	
43	Chery, Jérémy-Joël	05	Club Allianc	11.20	0.5	6	
44	Alcéna, Giovanni Marven	05	Impulsion	11.25	-1.2	5	
45	Kim, Josh	05	Track North	11.27	1.2	4	
46	Singh, Gursahib	00	Brampton Tra	11.28	-0.7	7	11.276
46	Yetman, Jay	05	Ottawa Lions	11.28	0.5	6	11.276
48	McGowan, John	06	Limitless Er	11.30	-0.3	10	
49	Akakpo, Jacob	06	Saint-Lauren	11.31	-0.2	9	
50	Brodeur, Vincent	05	C.A. Univ. L	11.34	-1.2	5	11.333
51	Subak, Lucas	06	Vainqueurs P	11.34	0.5	6	11.337
52	Moonsamy, Krescyn	05	Nanaimo & Di	11.34	-0.7	7	11.338
53	Saïd, Émile	01	C.A. Univ. L	11.36	-0.7	7	
54	Smith, Charles	91	ON Unattache	11.40	0.5	6	
55	Mochalski, Benjamin	06	Mecca Athlet	11.48	-1.2	5	
56	Jones, Logan	96	Lyfestyle At	11.50	-0.7	7	
57	Jobidon, Mathieu	04	C.A. Univ. L	11.51	+0.0	3	
58	Gauthier, Thomas	06	Corsaire-Cha	11.52	1.2	4	
59	Brazeau, Vincent	00	Gatineau	11.54	1.2	4	
60	Edmondson, Otave	01	Alberta Spee	11.55	+0.0	3	
61	Zhang, Hiro	99	Lyfestyle At	11.63	+0.0	3	
62	Laguerre-Charest, Alexis	04	Club Allianc	11.68	-0.1	2	
63	Keats, Ian	06	Pearlgate Tr	11.83	+0.0	3	
64	Momo Nanfack, Hans	05	Lasalle Athl	11.91	-0.1	2	
65	Mancini, Nick	01	ON Unattache	11.94	-0.1	2	
66	Goma, Pierre-Michel	00	C.A. Univ. L	12.02	-0.1	2	

67 Elkin, Zachary	06 Saint-Lauren	16.17	1.0	11	
-- Bositampen, Rabbi	99 QC Indépenda	FS	1.0	12	TR-16.8
-- Raji, Mukhtar	06 Ottawa Lions	DNF	+0.0	3	
-- *gacheru, Mbagara	04 Alberta Spee	XDQ	0.5	6	TR-16.8
-- Gill, Andon	06 Brockville L	DQ	-1.2	5	TR16.8
-- Powrie, Jacob	93 ON Unattache	DQ	-0.1	2	TR-16.8

Men 200 Meter Dash Senior Qualifying

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 Top 13 athletes advance

Canadian: @ 19.62 2021-08-04 Andre De Grasse, SAAC

Championship: # 19.95 2025 Jerome Blake, Okanagan

Name	Year Team	Finals	Wind	H#	
1 Rodney, Brendon	92 ON Unattache	20.90	1.0	13	
2 Opoku, Peter	06 Brampton Tra	21.03	2.1	11	
3 Choumbe Yami, Brandon	06 Extreme Velo	21.10	1.0	13	
4 Morgan, Winston	05 ON Unattache	21.14	1.6	12	
5 Warner, Mark Jr	03 Royal City A	21.14	1.0	13	
6 Naidu-Barrett, Taran	05 Green And Go	21.16	2.1	11	
7 Muteba, Lionel Tshimanga	90 Lasalle Athl	21.33	1.0	13	
8 Ogunnubi, Williams	05 Saskatoon TF	21.39	1.6	12	
9 Spicer, Logan	03 Royal City A	21.45	2.1	11	
10 Nicoletti, Luca	04 Ottawa Lions	21.53	1.6	12	
11 Richer-Mugford, Damien	06 Limitless Er	21.55	2.1	11	
12 Rattee, Ryder	06 Running Room	21.59	3.4	9	
13 Alcéna, Lutch Jarmannau	02 Lasalle Athl	21.59	2.1	11	
14 Jamal, Braenen	93 Limitless Er	21.61	1.7	5	
15 Curtis, Noah	06 Winnipeg Opt	21.64	1.6	12	
16 Duley, Logan	05 Kajaks Track	21.73	0.9	8	
17 Bositampen, Rabbi	99 QC Indépenda	21.74	1.0	13	
18 Helland, Thomas	04 London Weste	21.75	2.1	11	
19 Bah, Abdoulaye	04 ON Unattache	21.76	1.0	13	
20 Phudjo, Jaffar	05 Green And Go	21.76	0.9	8	
21 Bouffard, Jacob	05 C.A. Univ. L	21.76	2.1	11	
22 Lemay, Liam	06 University O	21.79	0.9	8	
23 Joseph, Stephane	04 Limitless Er	21.79	3.4	9	
24 Aka, Emmanuel	05 Capital City	21.84	1.8	6	
25 Moore, Gavin	05 Winnipeg Opt	21.86	0.9	8	
26 Soufi, Jordan	01 Winnipeg Opt	21.87	2.2	10	
27 Rioux, Nathan	06 Aetos Athlet	21.87	2.2	10	
28 Blain, Ayden	04 London Weste	21.90	2.1	11	
29 Warden, Kobie	03 ON Unattache	22.01	1.0	13	
30 Roberts, Jevaghn	06 ON Unattache	22.05	2.2	10	
31 Bouffard, Isaac	05 C.A. Univ. L	22.07	2.2	10	
32 James, Ethan	06 Speed Academ	22.10	3.4	9	
33 Qureshi, Gabriel	06 C.A. Univ. L	22.11	2.2	10	TR17.3.3(L)
34 Dimande, Tiago	04 Running Wild	22.16	1.8	6	
35 Guillen, Roschmel	05 Extreme Velo	22.16	1.6	12	
36 Mukendi, Tshibangu Kemy	03 Impulsion	22.18	3.4	9	
37 Anderson, Dawson	99 BC Unattache	22.18	3.4	9	
38 Cox-Yestrau, Tyler	02 Winnipeg Opt	22.19	3.4	9	
39 Paterson, Aiden	04 Edmonton Roy	22.20	1.7	5	
40 Houde, Zachari	04 C.A. Univ. L	22.24	1.8	6	
41 Mellish, Jack	06 Saint John R	22.25	1.7	5	
42 Imoukhuede, Junior	05 Calgary Inte	22.26	0.9	8	
43 Judge, Chetaan	99 U Of C Athle	22.26	3.4	9	
44 Elkin, Jaydon	06 Saint-Lauren	22.29	1.6	12	
45 Sanogo, Wylan	06 QC Indépenda	22.37	1.8	6	
46 Compeau, James	05 Ottawa Lions	22.37	3.4	9	
47 Grant, Markus	05 Monte Cristo	22.38	1.8	6	TR17.3.3(L)
48 Arnett, Shen	02 Green And Go	22.41	2.2	10	
49 Tambal Musa, Roy	02 Winnipeg Opt	22.42	0.9	8	
50 Powell, Geovanne	04 Running Wild	22.44	1.6	12	
51 Tapa, Jaime D.	06 Ottawa Lions	22.47	1.8	6	

52	Singh, Gursahib	00	Brampton Tra	22.48	1.7	5	
53	John, Ethan	06	Stac Hamilto	22.49	2.5	4	
54	Lavallee, Felix	01	Saint-Lauren	22.49	1.8	6	
55	Ouardirhi, Karim	05	Saint-Lauren	22.55	1.7	5	
56	Yetman, Jay	05	Ottawa Lions	22.56	0.9	8	
57	Aguinaldo, Denzel	05	Winnipeg Opt	22.56	0.9	8	
58	Moonsamy, Krescyn	05	Nanaimo & Di	22.60	2.1	7	
59	Said, Émile	01	C.A. Univ. L	22.64	2.1	7	
60	Sassi, Philip	96	Saint-Lauren	22.65	2.1	7	
61	Tetrault, Michael	06	Running Wild	22.74	2.5	4	
62	Ahmed, Shamwilu	93	Lasalle Athl	22.74	2.1	7	
63	Navarro, Martin	04	Saint-Lauren	22.80	1.7	5	
64	^abiodun, Abdul	05	Track North	22.81	1.7	5	
65	Jackson, Kejean	97	ON Unattache	22.88	2.1	7	
66	Alcéna, Giovanni Marven	05	Impulsion	22.97	2.1	7	
67	Parent, Cédric	03	C.A. Univ. L	23.02	2.5	4	
68	Haddad, Joseph	98	Saint-Lauren	23.17	2.5	4	
69	Akakpo, Jacob	06	Saint-Lauren	23.21	2.1	7	
70	Kim, Josh	05	Track North	23.24	2.5	4	
71	Halog, Jonelle	95	Limitless Er	23.28	1.8	6	
72	Zhang, Hiro	99	Lyfestyle At	23.29	0.2	3	
73	Lauzon, Vincent	04	Lasalle Athl	23.31	1.5	2	
74	Gauthier, Thomas	06	Corsaire-Cha	23.39	2.5	4	
75	Jobidon, Mathieu	04	C.A. Univ. L	23.43	2.5	4	
76	Morin, Olivier	06	Sherbrooke	23.43	2.4	1	
77	Barca, Matteo	03	Saint-Lauren	23.56	0.2	3	
78	Dupont, Pierre-Antoine	89	Saint-Lauren	23.61	1.5	2	
79	^kamara, Mohamed Yerim	05	C.A.N.I. Ath	23.62	0.2	3	
80	Laguerre-Charest, Alexis	04	Club Allianc	23.64	0.2	3	TR17.3.3(L)
81	Post, Liam	04	Peterborough	23.73	2.5	4	
82	Momo Nanfack, Hans	05	Lasalle Athl	23.77	1.5	2	
83	Galibois, Simon	04	Saint-Lauren	23.82	1.5	2	
84	Powrie, Jacob	93	ON Unattache	23.90	1.5	2	
85	Brazeau, Vincent	00	Gatineau	23.94	0.2	3	
86	Goma, Pierre-Michel	00	C.A. Univ. L	24.04	1.5	2	
87	Keats, Ian	06	Pearlgate Tr	24.10	0.2	3	
88	Ejercito, Xerxes	02	Winnipeg Opt	24.52	0.2	3	
89	Lamoureux, Damien	93	Gatineau	24.97	2.4	1	
--	Davis, Tyrell	04	Winnipeg Opt	FS	2.2	10	TR16.8
--	Mompoint, Gabriel	02	QC Indépenda	DNF	1.0	13	
--	*bertrand, Cellou	01	Lasalle Athl	X21.43	1.6	12	
--	*gacheru, Mbagara	04	Alberta Spee	X22.26	1.7	5	
--	*blaszyk, Augustin	04	Saint-Lauren	X24.34	2.4	1	

Men 400 Meter Dash Senior Qualifying

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Top 9 athletes advance

Canadian: @ 44.44 2005-08-12 Tyler Christopher, UAAC

Championship: # 45.03 2008 Tyler Christopher

Name	Year	Team	Finals	H#	
1	Compeau, James	05	Ottawa Lions	47.62	6
2	Warner, Mark Jr	03	Royal City A	48.16	6
3	Helland, Thomas	04	London Weste	48.27	6
4	Tambal Musa, Roy	02	Winnipeg Opt	48.33	6
5	Muir, Malachi	04	Edmonton Roy	48.35	6
6	Opoku, Peter	06	Brampton Tra	48.45	5
7	Slim, Karim	06	Athlétisme L	48.64	5
8	James, Ethan	06	Speed Academ	48.72	6
9	Hehn, Nathan	98	Waterloo Tra	48.88	6
10	Rose, Shamir	06	Speed Academ	49.02	6
11	^st Louis-Evans, Jesse	00	Extreme Velo	49.23	5
12	Telus, Quincy	01	Tough Track	49.42	5
13	Judge, Chetaan	99	U Of C Athle	49.56	4
14	Radey, Brandon	04	Track North	49.81	4

15 Mellish, Jack	06 Saint John R	49.94	4
16 Sanvi, Ohini Yanis	99 Lasalle Athl	50.16	4
17 Anderson, Dawson	99 BC Unattache	50.33	5
18 Mark, Shae	06 Motown Athle	50.39	4
19 Cavé, Pradel-D'olymp	01 C.A. Univ. L	50.70	5
20 Sanogo, Wylan	06 QC Indépenda	51.06	4
21 Lauzon, Vincent	04 Lasalle Athl	51.88	3
22 Robichaud, Antoine	06 Sherbrooke	52.12	3
23 ^kamara, Mohamed Yerim	05 C.A.N.I. Ath	52.56	2
24 Barriault, David	06 Élite Distan	53.22	3
25 Abera, Nathaniel	03 Extreme Velo	53.29	3
26 Barca, Matteo	03 Saint-Lauren	53.47	1
27 Beaudry, Simon	04 McGill Olymp	53.72	2
28 Marcoux, Anthony	06 Saint-Lauren	54.24	2
29 Morin, Olivier	06 Sherbrooke	54.46	2
-- Nandlal, Marcus	00 Extreme Velo	DNF	5
-- *blasczyk, Augustin	04 Saint-Lauren	X54.18	2

Men 800 Meter Run Senior Qualifying

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 Top 12 athletes advance
 Canadian: @ 1:42.85 2023-09-17 Marco Arop, RRAC
 Championship: # 1:43.53 2024-06-28 Marco Arop, Running Room
 Name Year Team Finals H#
 =====

1 Lord, Daniel	00 Athletics Ea	1:52.12	4
54.622 (54.622)	1:52.111 (57.489)		
2 McKinnon, Hayden	03 Saint John R	1:52.66	3
55.585 (55.585)	1:52.654 (57.069)		
3 James, Zachary	03 Athletics Ea	1:52.70	4
54.338 (54.338)	1:52.697 (58.360)		
4 El Mansari, Safwan	06 Ottawa Lions	1:52.78	4
54.813 (54.813)	1:52.773 (57.960)		
5 Basson, Mason	04 St Thomas Le	1:52.88	3
55.413 (55.413)	1:52.872 (57.460)		
6 Rudaitis, Lukas	02 Athletics Ea	1:53.13	4
55.017 (55.017)	1:53.129 (58.112)		
7 O'Brien, Tate	05 Victoria End	1:53.26	4
54.857 (54.857)	1:53.259 (58.403)		
8 Riad, Yasser	03 Gatineau	1:53.34	4
55.469 (55.469)	1:53.337 (57.869)		
9 Moore, Vincent	04 London Weste	1:53.39	3
55.269 (55.269)	1:53.387 (58.119)		
10 Brennan, Timothy	96 Athletics Ea	1:53.43	4
55.179 (55.179)	1:53.429 (58.250)		
11 Robichaud, Mathias	06 Sherbrooke	1:54.16	3
56.752 (56.752)	1:54.153 (57.401)		
12 Good, Aiden	02 Calgary Spar	1:54.21	3
56.759 (56.759)	1:54.201 (57.442)		
13 Tremblay, Guillaume	06 C.A. Univ. L	1:54.31	3
56.586 (56.586)	1:54.309 (57.724)		
14 Bordeleau, Renaud	04 Saint-Lauren	1:55.15	3
57.127 (57.127)	1:55.147 (58.020)		
15 Kuhlberg, Nolan	06 Track North	1:55.89	2
56.320 (56.320)	1:55.885 (59.565)		
16 Mohammed, Ismael	03 Sherbrooke	1:55.93	2
55.796 (55.796)	1:55.926 (1:00.130)		
17 McCosham, Ian	05 Brockville L	1:56.23	2
56.551 (56.551)	1:56.230 (59.679)		
18 Radey, Brandon	04 Track North	1:56.75	1
57.077 (57.077)	1:56.743 (59.666)		
19 Drouin, Zachary	06 Sherbrooke	1:56.96	1
56.565 (56.565)	1:56.953 (1:00.388)		
20 O'Driscoll, Jaden	05 Royal City A	1:57.13	3
56.304 (56.304)	1:57.122 (1:00.818)		

21 Brassard, Louis-Olivier	96 Corsaire-Cha	1:57.34	2
57.826 (57.826)	1:57.340 (59.514)		
22 Xie, Nick	98 Monarch Athl	1:57.35	2
55.996 (55.996)	1:57.343 (1:01.347)		
23 MacDonald, Parker	06 Peterborough	1:57.91	1
57.867 (57.867)	1:57.905 (1:00.039)		
24 Picard, Simon	03 Saint-Lauren	1:58.03	1
56.384 (56.384)	1:58.027 (1:01.643)		
25 Chouan, Laurent	99 Club 3D	1:59.03	2
58.468 (58.468)	1:59.026 (1:00.558)		
26 Ching, Joshua	94 York Univers	1:59.04	1
57.389 (57.389)	1:59.037 (1:01.649)		
27 T38 Stanley, Liam T37	97 Prairie Inn	1:59.57	1
59.603 (59.603)	1:59.567 (59.964)		
28 Péladeau, Thomas	04 Sherbrooke	1:59.79	4
55.966 (55.966)	1:59.788 (1:03.822)		
29 Plourde-Couture, Félix	99 C.A. Univ. L	2:01.12	3
56.577 (56.577)	2:01.113 (1:04.536)		
30 Perreault, Antoine	06 Gatineau	2:01.54	1
59.215 (59.215)	2:01.537 (1:02.322)		
31 Tremblay, Charles-Etienn	97 Sherbrooke	2:03.09	2
57.598 (57.598)	2:03.084 (1:05.486)		
32 Mark, Shae	06 Motown Athle	2:04.95	1
58.260 (58.260)	2:04.949 (1:06.690)		
33 Heine, Miguel	06 Gatineau	2:09.36	1
1:00.483 (1:00.483)	2:09.355 (1:08.872)		
-- *dernoncourt, Sacha	05 Élite Distan	X1:52.36	4
55.247 (55.247)	1:52.359 (57.113)		

Men 1500 Meter Run Senior Qualifying

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Top 14 athletes advance

Canadian: @ 3:31.71 2000-06-30 Kevin Sullivan, WLEG
 Championship: # 3:37.24 2023-07-30 Kieran Lumb, Vancouver Th

Name	Year Team	Finals	H#
1 Margot, Louis	05 C.A. Univ. L	3:54.69	5
46.073 (46.073)	1:48.287 (1:02.214)	2:53.161 (1:04.874)	
3:54.686 (1:01.525)			
2 Abdullahi, Abdullahi	01 Blue Devils	3:54.73	5
44.875 (44.875)	1:47.791 (1:02.917)	2:52.518 (1:04.727)	
3:54.729 (1:02.212)			
3 Gaffney, Travis	06 Brockville L	3:54.97	5
45.098 (45.098)	1:47.924 (1:02.826)	2:52.815 (1:04.891)	
3:54.964 (1:02.150)			
4 Costa, Noah	01 WinCity Endu	3:55.01	5
44.456 (44.456)	1:47.551 (1:03.096)	2:52.255 (1:04.704)	
3:55.007 (1:02.752)			
5 Conlin-Morse, Silas	05 Saint John R	3:55.06	5
45.200 (45.200)	1:48.061 (1:02.861)	2:52.516 (1:04.456)	
3:55.054 (1:02.538)			
6 Alie-Lamarque, Andre	99 Ottawa Lions	3:55.11	5
44.705 (44.705)	1:47.611 (1:02.906)	2:52.340 (1:04.729)	
3:55.104 (1:02.764)			
7 Purnell, Alec	00 ON Unattache	3:55.31	5
45.788 (45.788)	1:48.179 (1:02.392)	3:55.304	
3:55.304 (1:02.268)		2:53.037 (1:04.858)	
8 Robertson, Kevin A.	01 Saint-Lauren	3:55.31	5
47.684 (47.684)	1:51.299 (1:03.615)	3:55.308	
3:55.308 (1:00.362)		2:54.947 (1:03.648)	
9 D'Alessandro, Nicholas	98 Harbour Trac	3:55.33	5
45.743 (45.743)	1:48.789 (1:03.046)	3:55.304	
3:55.322 (1:02.339)		2:52.983 (1:04.194)	
10 Turgeon, Nolan	04 Club Citius	3:55.35	5
46.067 (46.067)	1:48.469 (1:02.403)	3:55.304	
		2:52.633 (1:04.164)	

3:55.348 (1:02.715)			
11 Hepworth, Samuel	04 Élite Distan	3:55.59 5	
45.542 (45.542)	1:48.321 (1:02.780)	2:53.587 (1:05.266)	
3:55.581 (1:01.995)			
12 Pennie, Brodie	06 Saint John R	3:55.93 4	
49.004 (49.004)	1:56.649 (1:07.646)	2:59.075 (1:02.426)	
3:55.927 (56.852)			
13 Belan, Nicolas	05 Ottawa Lions	3:56.10 5	
45.933 (45.933)	1:48.591 (1:02.658)	2:53.342 (1:04.752)	
3:56.096 (1:02.754)			
14 Ali, Abdiaziz	97 York Univers	3:56.18 4	
49.241 (49.241)	1:56.845 (1:07.604)	2:59.228 (1:02.384)	
3:56.174 (56.946)			
15 Shaw, Charlie	05 ON Unattache	3:57.85 4	
48.867 (48.867)	1:56.369 (1:07.502)	2:59.158 (1:02.789)	
3:57.846 (58.688)			
16 Goguen, Dakota	02 Newmarket Hu	3:57.90 4	
49.767 (49.767)	1:57.395 (1:07.628)	2:59.539 (1:02.144)	
3:57.892 (58.354)			
17 Richard, Mathis	02 Sherbrooke	3:59.57 3	
48.661 (48.661)	1:52.757 (1:04.097)	2:57.634 (1:04.877)	
3:59.568 (1:01.934)			
18 Turcotte, Mathis	05 C.A. Univ. L	3:59.63 3	
48.354 (48.354)	1:53.001 (1:04.647)	2:57.899 (1:04.899)	
3:59.624 (1:01.725)			
19 McKinnon, Hayden	03 Saint John R	3:59.74 3	
49.273 (49.273)	1:53.704 (1:04.432)	2:58.148 (1:04.444)	
3:59.737 (1:01.590)			
20 Rachner, Christian	02 Royal City A	4:01.21 4	
49.181 (49.181)	1:56.486 (1:07.305)	2:59.663 (1:03.178)	
4:01.209 (1:01.546)			
21 Mercier, Mathis	03 C.A. Univ. L	4:01.73 4	
49.509 (49.509)	1:57.167 (1:07.658)	2:59.885 (1:02.718)	
4:01.726 (1:01.841)			
22 Mlynczyk, Anton	02 Newmarket Hu	4:02.07 3	
48.402 (48.402)	1:52.596 (1:04.194)	2:58.709 (1:06.114)	
4:02.063 (1:03.354)			
23 Ruel, Edouard	06 C.A. Univ. L	4:02.38 3	
49.025 (49.025)	1:53.883 (1:04.858)	2:59.152 (1:05.270)	
4:02.377 (1:03.226)			
24 Patterson, Liam	04 Blue Devils	4:03.28 4	
49.516 (49.516)	1:56.813 (1:07.297)	2:59.758 (1:02.946)	
4:03.280 (1:03.522)			
25 Marsolais, Antonin	04 Lanaudière-0	4:03.46 4	
49.269 (49.269)	1:57.021 (1:07.752)	2:59.442 (1:02.422)	
4:03.455 (1:04.013)			
26 Smith, Liam	05 London Weste	4:03.49 4	
49.051 (49.051)	1:56.583 (1:07.532)	2:58.969 (1:02.386)	
4:03.485 (1:04.516)			
27 Bussièrès, Gabriel	05 C.A. Univ. L	4:03.61 3	
49.003 (49.003)	1:53.653 (1:04.650)	2:58.752 (1:05.100)	
4:03.605 (1:04.853)			
28 T20 Barber, Michael T20	00 BC Unattache	4:04.27 3	
48.843 (48.843)	1:53.485 (1:04.642)	2:58.478 (1:04.993)	
4:04.262 (1:05.784)			
29 Sebestik, Milan	04 Corsaire-Cha	4:05.31 2	
49.604 (49.604)	1:56.687 (1:07.084)	3:03.358 (1:06.671)	
4:05.310 (1:01.953)			
30 Ahl, Braden	02 Calgary Spar	4:05.47 3	
48.594 (48.594)	1:53.429 (1:04.836)	2:58.395 (1:04.966)	
4:05.467 (1:07.073)			
31 Berrichi, Nazim	00 Saint-Lauren	4:05.78 3	
48.475 (48.475)	1:53.166 (1:04.691)	2:59.474 (1:06.308)	
4:05.773 (1:06.299)			
32 O'Connor, Yale	05 Calgary Spar	4:07.00 3	

48.172 (48.172)	1:53.284 (1:05.112)	3:00.021 (1:06.737)
4:06.991 (1:06.970)		
33 Picard, Simon	03 Saint-Lauren	4:07.11 2
48.471 (48.471)	1:56.190 (1:07.719)	3:02.804 (1:06.615)
4:07.108 (1:04.304)		
34 Carter, Zach	05 Saint-Lauren	4:09.15 2
48.778 (48.778)	1:56.445 (1:07.668)	3:04.984 (1:08.540)
4:09.142 (1:04.158)		
35 Bélanger, Elliot	05 C.A. Univ. L	4:09.22 4
49.526 (49.526)	1:56.891 (1:07.365)	3:02.108 (1:05.218)
4:09.217 (1:07.109)		
36 Ibbott, Sean	98 Gatineau	4:09.47 2
51.229 (51.229)	1:57.560 (1:06.331)	3:05.420 (1:07.861)
4:09.464 (1:04.044)		
37 Chouan, Laurent	99 Club 3D	4:10.90 2
50.783 (50.783)	1:58.478 (1:07.695)	3:05.862 (1:07.384)
4:10.896 (1:05.034)		
38 Hamel, Isaac	04 C.A. Univ. L	4:11.54 2
48.271 (48.271)	1:55.960 (1:07.689)	3:05.605 (1:09.646)
4:11.536 (1:05.931)		
39 Imbaud, Gustave	05 Saint-Lauren	4:11.84 2
49.292 (49.292)	1:56.628 (1:07.336)	3:05.592 (1:08.964)
4:11.837 (1:06.245)		
40 Céré, Loucas	06 Club Citius	4:12.28 1
50.260 (50.260)	1:57.661 (1:07.401)	3:06.352 (1:08.691)
4:12.271 (1:05.920)		
41 Bourdages, Félix	01 C.A. Univ. L	4:12.46 2
50.518 (50.518)	1:57.875 (1:07.357)	3:06.190 (1:08.316)
4:12.457 (1:06.267)		
42 Rausch, Cedric	05 C.A. Univ. L	4:12.58 2
48.056 (48.056)	1:56.044 (1:07.989)	3:05.981 (1:09.937)
4:12.576 (1:06.595)		
43 Padoin-Castillo, Adriano	05 Ottawa Lions	4:12.99 2
50.963 (50.963)	1:58.030 (1:07.068)	3:06.788 (1:08.758)
4:12.988 (1:06.200)		
44 Afkhar, Anas	06 Athlétisme L	4:13.53 3
48.770 (48.770)	1:53.683 (1:04.913)	3:00.300 (1:06.618)
4:13.522 (1:13.222)		
45 Martin, Jonathan	06 Gatineau	4:13.64 1
50.534 (50.534)	1:58.662 (1:08.128)	3:08.242 (1:09.580)
4:13.634 (1:05.393)		
46 Afshar, Ali	00 Ottawa Lions	4:14.53 1
50.983 (50.983)	1:59.014 (1:08.031)	3:08.148 (1:09.135)
4:14.522 (1:06.374)		
47 Roy, Jean-Simon	93 Club 3D	4:15.99 1
51.324 (51.324)	1:58.138 (1:06.814)	3:07.896 (1:09.758)
4:15.986 (1:08.090)		
48 Bordo, Roman	05 Saint-Lauren	4:16.08 4
49.837 (49.837)	1:57.198 (1:07.361)	3:06.215 (1:09.017)
4:16.080 (1:09.866)		
49 Frémont, Christophe	04 C.A. Univ. L	4:16.09 1
49.905 (49.905)	1:57.096 (1:07.192)	3:05.778 (1:08.682)
4:16.084 (1:10.306)		
50 Savignac, Antonin	06 C.A. Univ. L	4:18.99 4
50.148 (50.148)	1:58.007 (1:07.859)	3:06.885 (1:08.878)
4:18.989 (1:12.105)		
51 Heine, Miguel	06 Gatineau	4:27.17 2
50.148 (50.148)	2:00.996 (1:10.848)	3:15.871 (1:14.875)
4:27.163 (1:11.292)		
52 Lafontaine, Joshua	06 Athlétisme R	4:27.58 1
51.040 (51.040)	1:59.418 (1:08.379)	3:10.912 (1:11.494)
4:27.576 (1:16.664)		
53 Perreault, Antoine	06 Gatineau	4:37.87 1
50.829 (50.829)	2:01.031 (1:10.202)	3:18.334 (1:17.303)
4:37.862 (1:19.528)		

-- *caille, Aurelien 05 Saint-Lauren X4:15.84 1
 50.216 (50.216) 2:00.263 (1:10.048) 3:12.756 (1:12.494)
 4:15.831 (1:03.075)

Men Long Jump Senior Qualifying

=====
 Top 7 athletes advance
 Canadian: @ 8.28m 2021-05-29 Damian Warner, LWTF
 Championship: # 8.02m 1989 Edrick Floreal

Name	Year	Team	Finals	Wind	H#
1 Emon, Caleb	05	BC Unattache	7.35m	1.0	2
FOUL FOUL		7.35m(1.0)			
2 Okumo, Oke	02	AB Unattache	7.34m	2.5	2
7.13m(1.4) 6.98m(2.4) 7.34m(2.5)					
3 Courtney, Zach	03	ON Unattache	7.21m	1.4	2
7.21m(1.4) PASS 7.05m(2.2)					
4 Tetrault, Michael	06	Running Wild	7.20m	3.8	1
6.97m(1.3) 7.20m(3.8) FOUL					
5 Che, Eric	00	Vancouver Th	7.15m	1.7	2
7.15m(1.7) 6.84m(1.7) 3.02m(2.2)					
6 Lepage, Pierce	96	ON Unattache	7.09m	0.8	2
6.51m(1.3) 7.09m(0.8) 6.99m(1.4)					
7 Hutchison-Campbell, Grah	02	Winnipeg Opt	7.07m	1.5	2
7.07m(1.5) 7.00m(2.1) FOUL					
8 Yesufu, Zakariya	06	Impulsion	7.03m	1.5	1
6.35m(2.5) 7.03m(1.5) FOUL					
9 Bayard-Fournier, Émerick	04	Saint-Lauren	6.81m	2.6	2
FOUL FOUL 6.81m(2.6)					
10 Baker, Isaiah	06	Edmonton Int	6.75m	1.7	2
5.09m(2.3) FOUL 6.75m(1.7)					
11 Côté, Antoine	04	Sherbrooke	6.58m	1.6	1
6.25m(1.3) 6.58m(1.6) FOUL					
12 Diop, El Hadj Saliou	04	Athlétisme L	6.56m	1.8	1
6.56m(1.8) FOUL 6.54m(1.4)					
13 Dwyer, Mikhail	06	ON Unattache	6.05m	1.5	1
6.05m(1.5) 5.63m(1.3) 6.03m(3.7)					
14 Zéphirin, Michaelson	06	Impulsion	3.24m	2.2	1
3.24m(2.2) PASS PASS					
-- *lau, Jason	00	Next Level Athle	X7.03m	2.1	1
6.46m(2.2) 7.03m(2.1) 6.96m(3.1)					

Men Triple Jump Senior Qualifying

=====
 Top 2 athletes advance
 Canadian: @ 17.29m 1989-06-03 Edrick Floreal
 Championship: # 16.56m 1989 Edrick Floreal

Name	Year	Team	Finals	Wind
1 Irhuegbae, Brayden	06	Project Athl	15.06m	1.5
14.36m(3.2) 15.06m(1.5) PASS				
2 Oshikoya, Tobi	01	Athletics Ea	14.34m	2.4
13.75m(1.3) 14.34m(2.4) FOUL				
3 Yesufu, Zakariya	06	Impulsion	14.23m	1.9
FOUL 14.16m(1.7) 14.23m(1.9)				
4 ^suffo Soh, Raoul	00	Saint-Lauren	J14.23m	1.8
FOUL 14.23m(1.8) 13.79m(2.0)				
5 ^amolegbe, Enoch	05	Winnipeg Opt	13.99m	1.2
13.99m(1.2) 13.71m(1.9) FOUL				
6 Yetman, Daniel	92	NS Unattache	13.32m	2.0
13.32m(2.0) 13.21m(2.5) 11.77m(1.0)				
7 Diop, El Hadj Saliou	04	Athlétisme L	13.25m	3.6
12.85m(3.0) 11.22m(1.6) 13.25m(3.6)				

Men Shot Put Senior Qualifying

=====
Top 8 athletes advance

Canadian: @ 22.21m 2011-06-25 Dylan Armstrong, KAML
Championship: # 22.21m 2012 Dylan Armstrong

Name	Year	Team	Finals
1 Morrow, Samuel	03	London Weste	15.27m
15.27m 14.86m 15.10m			
2 Murphy, Rylan	05	Athletics Ea	14.66m
14.66m FOUL FOUL			
3 Davis, Liam	05	Ottawa Lions	14.52m
14.52m FOUL FOUL			
4 Crawford, Calum	06	Stratford Sa	14.33m
14.16m 14.33m 14.14m			
5 Jeong, Tony	04	Saint John R	13.92m
13.92m 13.70m 13.65m			
6 Pannell, Samuel	06	ON Unattache	13.72m
13.30m 13.72m FOUL			
7 Stathis, Alexander	99	Saint-Lauren	13.48m
13.48m FOUL FOUL			
8 Osborne, Zac	03	York Univers	13.47m
12.87m 13.46m 13.47m			
9 Feldman, Brighton	05	Athletics Vi	12.41m
12.41m 12.23m 12.20m			
10 Abu Mahfuz, Sami	06	Ottawa Lions	11.86m
10.98m FOUL 11.86m			

Men 100 Meter Dash Senior

=====
8 Advance: Top 2 Each Heat plus Next 2 Best Times

Advance Top 2 + 2

Canadian: @ 9.84 Bailey & Surin
Championship: # 9.89 1998 Bruny Surin

Name	Year	Team	Prelims	Wind	H#
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=====
Preliminaries

1 De Grasse, Andre	94	Speed Academ	10.09Q	1.9	2
2 Adjibi, Eliezer	00	C.A.N.I. Ath	10.11Q	1.7	1
3 Ogbebor, Chaira	06	Flying Angel	10.43Q	1.9	3
4 Brown, Aaron	92	Flying Angel	10.17Q	1.7	1
5 Campbell, Travis	03	Royal City A	10.31Q	1.9	2
6 Spike, Norris	96	Brampton Tra	10.49Q	1.9	3
7 Abosi, Stephen	93	University O	10.40q	1.7	1
8 Davis, Tyrell	04	Winnipeg Opt	10.41q	1.9	2
9 Barresi, Domenic	03	ON Unattache	10.55	1.9	3 10.543
10 Banks, Tristan (Jackson)	05	Saint John R	10.55	1.9	3 10.550
11 Rude, Keon	05	Calgary Inte	10.58	1.9	3
12 Duley, Logan	05	Kajaks Track	10.60	1.9	2
13 Onyemah, Immanuel	00	Waterloo Tra	10.66	1.9	2 10.656
14 Ogunnubi, Williams	05	Saskatoon TF	10.66	1.7	1 10.660
15 Spicer, Logan	03	Royal City A	10.67	1.9	3
16 Muteba, Lionel Tshimanga	90	Lasalle Athl	10.69	1.7	1
17 Komlan Ekon, Jean-Baptis	98	Lasalle Athl	10.74	1.7	1
18 English, Ramone	00	Capital City	10.81	1.9	2
19 Soufi, Jordan	01	Winnipeg Opt	10.85	1.7	1
20 Ogunrinde, Oluwapelumi	02	Extreme Velo	10.87	1.9	2
21 Ogunyeye, Tooni	06	Flying Angel	11.02	1.7	1
-- Murray, Malachi	00	Capital City	DQ	1.9	3 TR 16.8

Men 100 Meter Dash Senior

=====
Advance Top 2 + 2

Canadian: @ 9.84 Bailey & Surin
Championship: # 9.89 1998 Bruny Surin

Name	Year	Team	Finals	Wind
------	------	------	--------	------

=====
 Finals

1	De Grasse, Andre	94	Speed Academ	10.09	0.7
2	Brown, Aaron	92	Flying Angel	10.15	0.7
3	Adjibi, Eliezer	00	C.A.N.I. Ath	10.19	0.7
4	Campbell, Travis	03	Royal City A	10.23	0.7
5	Spike, Norris	96	Brampton Tra	10.32	0.7
6	Davis, Tyrell	04	Winnipeg Opt	10.40	0.7
7	Ogbebor, Chairu	06	Flying Angel	10.48	0.7
8	Abosi, Stephen	93	University O	10.52	0.7

Men 200 Meter Dash Senior
 =====

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Advance Top 2 + 2

Canadian: @ 19.62 2021-08-04 Andre De Grasse, SAAC

Championship: # 19.95 2025 Jerome Blake, Okanagan

Name	Year	Team	Prelims	Wind	H#
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=====
 Preliminaries

1	Adjibi, Eliezer	00	C.A.N.I. Ath	20.80Q	0.7	2	
2	Brown, Aaron	92	Flying Angel	21.02Q	0.8	1	
3	Warner, Mark Jr	03	Royal City A	21.10Q	0.1	3	
4	Rodney, Brendon	92	ON Unattache	20.90Q	0.7	2	
5	Choumbe Yami, Brandon	06	Extreme Velo	21.07Q	0.8	1	
6	Morgan, Winston	05	ON Unattache	21.18Q	0.1	3	
7	Kidd, Daniel	04	Edmonton Oly	21.06q	0.7	2	
8	Naidu-Barrett, Taran	05	Green And Go	21.13q	0.8	1	21.128
9	Ogunyeye, Tooni	06	Flying Angel	21.13	0.8	1	21.129
10	Opoku, Peter	06	Brampton Tra	21.16	0.7	2	TR17.3.3(L)
11	Banks, Tristan (Jackson)	05	Saint John R	21.23	0.8	1	
12	Muteba, Lionel Tshimanga	90	Lasalle Athl	21.27	0.7	2	
13	Curtis, Noah	06	Winnipeg Opt	21.55	0.8	1	
14	Lauzon, Jeremiah	00	Alberta Spee	21.56	0.1	3	
15	Jamal, Braenen	93	Limitless Er	21.63	0.8	1	21.625
16	Nicoletti, Luca	04	Ottawa Lions	21.63	0.8	1	21.630
17	Spicer, Logan	03	Royal City A	21.68	0.1	3	
18	Alcéna, Lutch Jarmannau	02	Lasalle Athl	21.72	0.7	2	
19	Richer-Mugford, Damien	06	Limitless Er	21.75	0.7	2	
20	Muir, Malachi	04	Edmonton Roy	21.82	0.1	3	
--	Bositampen, Rabbi	99	QC Indépenda	DNF	0.7	2	
--	Duley, Logan	05	Kajaks Track	DQ	0.1	3	TR17.2.3

Men 200 Meter Dash Senior
 =====

Advance Top 2 + 2

Canadian: @ 19.62 2021-08-04 Andre De Grasse, SAAC

Championship: # 19.95 2025 Jerome Blake, Okanagan

Name	Year	Team	Finals	Wind
------	------	------	--------	------

=====
 Finals

1	Brown, Aaron	92	Flying Angel	20.33	1.6
2	Adjibi, Eliezer	00	C.A.N.I. Ath	20.37	1.6
3	Rodney, Brendon	92	ON Unattache	20.60	1.6
4	Warner, Mark Jr	03	Royal City A	20.63	1.6
5	Kidd, Daniel	04	Edmonton Oly	21.01	1.6
6	Choumbe Yami, Brandon	06	Extreme Velo	21.09	1.6
7	Morgan, Winston	05	ON Unattache	21.15	1.6
8	Naidu-Barrett, Taran	05	Green And Go	21.35	1.6

Men 400 Meter Dash Senior
 =====

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Canadian: @ 44.44 2005-08-12 Tyler Christopher, UAAC

Championship: # 45.03 2008 Tyler Christopher

Name	Year Team	Prelims	H#
=====			
Preliminaries			
1 Morales Williams, Christ	04 Speed Academ	46.02Q	1
2 Henok, Felimon	99 Extreme Velo	47.05Q	2
3 Swanson, Mats	04 Leduc Track	47.43Q	3
4 Warden, Kobie	03 ON Unattache	47.48Q	1
5 George, Nathan	94 Coquitlam Ch	47.50Q	3
6 Rattee, Ryder	06 Running Room	47.62Q	2
7 Morgan, Winston	05 ON Unattache	47.58q	3
8 Phudjo, Jaffar	05 Green And Go	47.75q	1
9 White, Jalon	00 Project Athl	47.78	1
10 Warner, Mark Jr	03 Royal City A	47.90	3
11 Roth, Michael	02 St Thomas Le	48.01	2
12 Cole, Austin	98 Capital City	48.11	3
13 Compeau, James	05 Ottawa Lions	48.29	2
14 Helland, Thomas	04 London Weste	48.44	2
15 Cox-Yestrau, Tyler	02 Winnipeg Opt	48.54	3
16 Tambal Musa, Roy	02 Winnipeg Opt	48.74	1
17 Muir, Malachi	04 Edmonton Roy	49.10	3
18 Slim, Karim	06 Athlétisme L	49.17	1
19 James, Ethan	06 Speed Academ	49.47	1
20 Opoku, Peter	06 Brampton Tra	49.48	3
21 Rose, Shamir	06 Speed Academ	49.53	2
22 Qureshi, Gabriel	06 C.A. Univ. L	49.56	1
23 Hehn, Nathan	98 Waterloo Tra	49.94	2
24 Aber, Yassine	96 Saint-Lauren	50.23	2

TR-17.3.3(L)

Men 400 Meter Dash Senior

=====			
Canadian: @ 44.44	2005-08-12	Tyler Christopher, UAAC	
Championship: # 45.03	2008	Tyler Christopher	
Name	Year Team	Finals	

Finals

=====			
1 Morales Williams, Christ	04 Speed Academ	45.58	
2 Henok, Felimon	99 Extreme Velo	46.82	
3 Warden, Kobie	03 ON Unattache	47.01	
4 Swanson, Mats	04 Leduc Track	47.12	
5 George, Nathan	94 Coquitlam Ch	47.53	
6 Rattee, Ryder	06 Running Room	47.59	
7 Phudjo, Jaffar	05 Green And Go	47.73	
8 Morgan, Winston	05 ON Unattache	47.77	

Men 800 Meter Run Senior

=====			
9 Advance: Top 2 Each Heat plus Next 2 Best Times			
Canadian: @ 1:42.85	2023-09-17	Marco Arop, RRAC	
Championship: # 1:43.53	2024-06-28	Marco Arop, Running Room	
Name	Year Team	Prelims	H#

Preliminaries

=====			
1 O'Toole, Justin	01 Atlanta Track Cl	1:48.43Q	1
53.104 (53.104)	1:48.423 (55.320)		
2 Hassan, Abdullahi	02 Blue Devils	1:48.88Q	2
53.480 (53.480)	1:48.880 (55.400)		
3 James, Zachary	03 Athletics Ea	1:50.01Q	3
54.167 (54.167)	1:50.007 (55.840)		
4 Ryan, Alanzo	99 University O	1:48.55Q	1
53.268 (53.268)	1:48.550 (55.282)		
5 Plummer, Colton	04 BC Unattache	1:49.05Q	2
53.684 (53.684)	1:49.043 (55.359)		
6 Mama-Yari, Zakary	98 Saint-Lauren	1:50.13Q	3
54.580 (54.580)	1:50.121 (55.542)		
7 Reinders, Cole	03 ON Unattache	1:49.03q	1
			1:49.026

	53.388 (53.388)	1:49.026 (55.638)			
8	Kingsmith, Kaden	05 Calgary Spar	1:49.03q	1	1:49.027
	53.256 (53.256)	1:49.027 (55.772)			
9	O'Reilly, John	05 ON Unattache	1:49.10q	2	
	53.650 (53.650)	1:49.095 (55.446)			
10	El Mansari, Safwan	06 Ottawa Lions	1:50.00	1	
	53.827 (53.827)	1:49.998 (56.172)			
11	Flipo, Cedrik	03 Saint-Lauren	1:50.03	1	
	53.719 (53.719)	1:50.022 (56.304)			
12	Mann, Dawson	01 Tough Track	1:50.27	3	
	53.941 (53.941)	1:50.261 (56.321)			
13	O'Brien, Tate	05 Victoria End	1:50.53	2	
	53.834 (53.834)	1:50.526 (56.692)			
14	Evans, Stephen	96 Ottawa Lions	1:50.65	3	
	54.813 (54.813)	1:50.642 (55.830)			
15	Basson, Mason	04 St Thomas Le	1:50.85	1	
	54.013 (54.013)	1:50.845 (56.832)			
16	Russell Iii, Leroy	01 Blue Devils	1:51.16	2	1:51.157
	52.834 (52.834)	1:51.157 (58.324)			
17	Lord, Daniel	00 Athletics Ea	1:51.16	1	1:51.160
	53.628 (53.628)	1:51.160 (57.532)			
18	McKinnon, Hayden	03 Saint John R	1:52.00	2	
	54.366 (54.366)	1:51.996 (57.630)			
19	Larochelle, Alex	01 Saint-Lauren	1:52.09	3	
	55.019 (55.019)	1:52.083 (57.064)			
20	Brennan, Timothy	96 Athletics Ea	1:52.60	3	
	54.225 (54.225)	1:52.594 (58.369)			
21	Robichaud, Mathias	06 Sherbrooke	1:53.31	3	
	55.253 (55.253)	1:53.301 (58.049)			
22	Moore, Vincent	04 London Weste	1:54.12	1	
	54.546 (54.546)	1:54.120 (59.574)			
23	Good, Aiden	02 Calgary Spar	1:54.80	2	
	54.758 (54.758)	1:54.793 (1:00.035)			
24	Hussey, Michael	06 Saskatoon TF	1:57.87	2	
	54.685 (54.685)	1:57.863 (1:03.178)			
25	Rudaitis, Lukas	02 Athletics Ea	2:01.32	3	
	54.387 (54.387)	2:01.312 (1:06.926)			
--	Riad, Yasser	03 Gatineau	DNF	2	
	54.131 (54.131)				

Men 800 Meter Run Senior

=====
Canadian: @ 1:42.85 2023-09-17 Marco Arop, RRAC
Championship: # 1:43.53 2024-06-28 Marco Arop, Running Room
Name Year Team Finals
=====

Finals

1	Hassan, Abdullahi	02 Blue Devils	1:46.75
	52.752 (52.752)	1:46.745 (53.993)	
2	O'Reilly, John	05 ON Unattache	1:47.58
	52.977 (52.977)	1:47.578 (54.601)	
3	Ryan, Alanzo	99 University O	1:47.88
	52.625 (52.625)	1:47.871 (55.246)	
4	Plummer, Colton	04 BC Unattache	1:48.17
	52.410 (52.410)	1:48.163 (55.753)	
5	Kingsmith, Kaden	05 Calgary Spar	1:48.40
	53.192 (53.192)	1:48.393 (55.201)	
6	O'Toole, Justin	01 Atlanta Track Cl	1:48.51
	52.538 (52.538)	1:48.508 (55.970)	
7	Mama-Yari, Zakary	98 Saint-Lauren	1:49.11
	52.833 (52.833)	1:49.110 (56.277)	
8	Reinders, Cole	03 ON Unattache	1:49.85
	53.043 (53.043)	1:49.843 (56.800)	
9	James, Zachary	03 Athletics Ea	1:50.48
	53.197 (53.197)	1:50.480 (57.283)	

Men 1500 Meter Run Senior

12 Advance: Top 5 Each Heat plus Next 2 Best Times

Canadian: @ 3:31.71 2000-06-30 Kevin Sullivan, WLEG

Championship: # 3:37.24 2023-07-30 Kieran Lumb, Vancouver Th

Name	Year Team	Prelims	H#
Preliminaries			
1 Wheeler-Dee, Jude	03 ON Unattache	3:47.00Q	1
45.956 (45.956)	1:48.793 (1:02.838)	2:50.136	(1:01.344)
3:46.993 (56.857)			
2 Malleck, Foster	01 Laurel Creek	3:47.71Q	2
49.493 (49.493)	1:50.849 (1:01.357)	2:51.137	(1:00.288)
3:47.704 (56.567)			
3 Davies, Max	03 Royal City A	3:47.14Q	1
46.166 (46.166)	1:49.020 (1:02.854)	2:50.607	(1:01.588)
3:47.138 (56.532)			
4 Lefebvre, Robin	06 Saint-Lauren	3:47.73Q	2
48.707 (48.707)	1:50.312 (1:01.605)	2:51.497	(1:01.186)
3:47.724 (56.227)			
5 Podbielski, Jonathan	04 SK Unattache	3:47.41Q	1
46.619 (46.619)	1:49.338 (1:02.719)	2:50.829	(1:01.492)
3:47.407 (56.578)			
6 Ahl, Aaron	99 Calgary Spar	3:47.75Q	2
48.555 (48.555)	1:50.103 (1:01.548)	2:51.064	(1:00.962)
3:47.742 (56.678)			
7 Costa, Noah	01 WinCity Endu	3:47.69Q	1
46.386 (46.386)	1:49.211 (1:02.825)	2:51.082	(1:01.872)
3:47.690 (56.608)			
8 Arop, Marco	98 Running Room	3:47.92Q	2
49.835 (49.835)	1:51.075 (1:01.241)	2:51.365	(1:00.290)
3:47.913 (56.548)			
9 Conlin-Morse, Silas	05 Saint John R	3:47.98Q	1
46.744 (46.744)	1:49.513 (1:02.769)	2:50.999	(1:01.486)
3:47.978 (56.979)			
10 Coles, Aiden	04 ON Unattache	3:48.01Q	2
49.069 (49.069)	1:50.424 (1:01.356)	2:51.245	(1:00.822)
3:48.007 (56.762)			
11 Hepworth, Samuel	04 Élite Distan	3:48.13q	2
48.194 (48.194)	1:50.055 (1:01.862)	2:51.311	(1:01.256)
3:48.122 (56.812)			
12 D'Alessandro, Nicholas	98 Harbour Trac	3:48.16q	2
47.993 (47.993)	1:49.911 (1:01.918)	2:51.287	(1:01.376)
3:48.151 (56.864)			
13 Turgeon, Nolan	04 Club Citius	3:48.79	2
49.219 (49.219)	1:50.682 (1:01.463)	2:51.734	(1:01.052)
3:48.785 (57.052)			
14 Abdullahi, Abdullahi	01 Blue Devils	3:49.49	1
46.952 (46.952)	1:49.081 (1:02.129)	2:50.398	(1:01.317)
3:49.482 (59.084)			
15 Robertson, Kevin A.	01 Saint-Lauren	3:49.52	2
50.038 (50.038)	1:51.240 (1:01.202)	2:51.890	(1:00.650)
3:49.519 (57.630)			
16 Pennie, Brodie	06 Saint John R	3:49.55	1
47.024 (47.024)	1:49.348 (1:02.324)	2:51.522	(1:02.174)
3:49.545 (58.024)			
17 Margot, Louis	05 C.A. Univ. L	3:50.13	2
48.939 (48.939)	1:50.502 (1:01.564)	2:51.487	(1:00.986)
3:50.130 (58.643)			
18 Gaffney, Travis	06 Brockville L	3:50.33	1
46.796 (46.796)	1:49.518 (1:02.723)	2:51.374	(1:01.856)
3:50.326 (58.953)			
19 Purnell, Alec	00 ON Unattache	3:51.60	1
47.114 (47.114)	1:49.711 (1:02.597)	2:51.672	(1:01.961)

3:51.597 (59.926)				
19 Ali, Abdiaziz	97 York Univers	3:51.60	2	3:51.597
48.810 (48.810)	1:50.575 (1:01.766)			2:51.920 (1:01.345)
3:51.597 (59.677)				
21 Alie-Lamarque, Andre	99 Ottawa Lions	3:51.83	2	
48.412 (48.412)	1:50.209 (1:01.798)			2:51.619 (1:01.410)
3:51.823 (1:00.205)				
22 Belan, Nicolas	05 Ottawa Lions	3:53.76	1	
47.188 (47.188)	1:49.846 (1:02.659)			2:52.205 (1:02.359)
3:53.757 (1:01.552)				
23 Shaw, Charlie	05 ON Unattache	4:00.96	1	
45.770 (45.770)	1:48.698 (1:02.928)			2:51.906 (1:03.208)
4:00.958 (1:09.053)				

Men 1500 Meter Run Senior

=====
Canadian: @ 3:31.71 2000-06-30 Kevin Sullivan, WLEG
Championship: # 3:37.24 2023-07-30 Kieran Lumb, Vancouver Th
Name Year Team Finals

=====
Finals

1 Malleck, Foster	01 Laurel Creek	3:37.68		
43.837 (43.837)	1:42.679 (58.842)	2:41.900 (59.222)	3:37.672 (55.772)	
2 Arop, Marco	98 Running Room	3:38.28		
43.173 (43.173)	1:41.917 (58.745)	2:41.866 (59.949)	3:38.277 (56.412)	
3 Podbielski, Jonathan	04 SK Unattache	3:38.35		
44.042 (44.042)	1:43.431 (59.390)	2:42.293 (58.862)	3:38.342 (56.050)	
4 Ahl, Aaron	99 Calgary Spar	3:38.80		
44.257 (44.257)	1:43.002 (58.746)	2:42.050 (59.048)	3:38.791 (56.741)	
5 Coles, Aiden	04 ON Unattache	3:39.76		
44.793 (44.793)	1:43.615 (58.822)	2:42.340 (58.725)	3:39.755 (57.415)	
6 Costa, Noah	01 WinCity Endu	3:40.74		
43.567 (43.567)	1:42.459 (58.893)		2:42.539 (1:00.080)	
3:40.739 (58.201)				
7 Wheeler-Dee, Jude	03 ON Unattache	3:41.65		
43.363 (43.363)	1:42.196 (58.834)	2:42.140 (59.944)	3:41.643 (59.503)	
8 Conlin-Morse, Silas	05 Saint John R	3:42.98		
44.732 (44.732)	1:43.852 (59.120)	2:43.671 (59.819)	3:42.973 (59.303)	
9 Lefebvre, Robin	06 Saint-Lauren	3:43.15		
44.542 (44.542)	1:44.207 (59.666)		2:45.338 (1:01.131)	
3:43.146 (57.808)				
10 D'Alessandro, Nicholas	98 Harbour Trac	3:44.06		
45.072 (45.072)	1:44.757 (59.685)		2:46.264 (1:01.508)	
3:44.057 (57.794)				
11 Hepworth, Samuel	04 Élite Distan	3:45.51		
45.125 (45.125)	1:45.006 (59.881)		2:46.495 (1:01.490)	
3:45.504 (59.009)				
12 Davies, Max	03 Royal City A	3:54.11		
43.679 (43.679)	1:43.227 (59.548)		2:46.741 (1:03.514)	
3:54.103 (1:07.362)				

Men 5000 Meter Run Senior

=====
Canadian: @ 12:47.20 2020-07-10 Mohammed Ahmed, NOCO
Championship: # 13:10.99 2024-06-27 Mohammed Ahmed, Niagara Olym
Name Year Team Finals H#

1 Lumb, Kieran	98 Vancouver Th	14:24.29	2	
37.414 (37.414)	1:53.235 (1:15.822)			3:01.854 (1:08.620)
4:11.729 (1:09.875)	5:26.205 (1:14.476)			6:39.574 (1:13.369)
7:54.642 (1:15.069)	9:08.932 (1:14.290)			10:14.562 (1:05.631)
11:22.138 (1:07.576)	12:30.576 (1:08.438)			13:31.101 (1:00.526)
14:24.286 (53.186)				
2 Beaudet, Matthew	00 Saint-Lauren	14:29.06	2	
37.036 (37.036)	1:52.673 (1:15.637)			3:01.309 (1:08.636)

4:11.324 (1:10.015)	5:25.500 (1:14.177)	6:39.112 (1:13.612)
7:53.984 (1:14.872)	9:08.484 (1:14.500)	10:13.632 (1:05.148)
11:22.009 (1:08.378)	12:30.632 (1:08.624)	13:31.449 (1:00.817)
14:29.057 (57.608)		
3 Laviolette, Thomas	00 Corsaire-Cha	14:31.31 2
37.754 (37.754)	1:53.601 (1:15.847)	3:02.356 (1:08.755)
4:12.030 (1:09.675)	5:26.578 (1:14.548)	6:40.298 (1:13.720)
7:55.614 (1:15.316)	9:09.632 (1:14.018)	10:15.855 (1:06.223)
11:22.746 (1:06.892)	12:31.077 (1:08.331)	13:32.091 (1:01.014)
14:31.310 (59.220)		
4 Knight, Justyn	96 ON Unattache	14:33.69 2
37.289 (37.289)	1:52.923 (1:15.634)	3:01.624 (1:08.702)
4:11.635 (1:10.011)	5:26.047 (1:14.412)	6:39.372 (1:13.326)
7:54.575 (1:15.203)	9:09.126 (1:14.551)	10:15.032 (1:05.907)
11:22.320 (1:07.288)	12:30.818 (1:08.498)	13:31.786 (1:00.968)
14:33.684 (1:01.899)		
5 Gaffney, Travis	06 Brockville L	14:41.90 2
38.541 (38.541)	1:54.115 (1:15.574)	3:02.887 (1:08.772)
4:11.917 (1:09.030)	5:26.488 (1:14.572)	6:40.136 (1:13.648)
7:54.887 (1:14.752)	9:09.417 (1:14.530)	10:15.595 (1:06.178)
11:22.666 (1:07.071)	12:30.433 (1:07.768)	13:34.582 (1:04.150)
14:41.897 (1:07.315)		
6 Alick, Dylan	98 Harbour Trac	14:44.72 2
38.464 (38.464)	1:53.826 (1:15.362)	3:03.155 (1:09.329)
4:12.190 (1:09.036)	5:26.831 (1:14.641)	6:39.944 (1:13.113)
7:54.912 (1:14.968)	9:08.712 (1:13.801)	10:16.850 (1:08.138)
11:23.137 (1:06.288)	12:32.810 (1:09.673)	13:40.899 (1:08.090)
14:44.720 (1:03.822)		
7 Bouffard, Francis	05 C.A. Univ. L	14:44.97 2
38.120 (38.120)	1:53.920 (1:15.800)	3:03.399 (1:09.480)
4:12.320 (1:08.922)	5:26.988 (1:14.668)	6:39.732 (1:12.744)
7:55.127 (1:15.396)	9:09.177 (1:14.050)	10:15.248 (1:06.072)
11:22.474 (1:07.226)	12:32.162 (1:09.689)	13:41.464 (1:09.302)
14:44.968 (1:03.504)		
8 Quirion, Félix	01 Sherbrooke	14:46.17 2
37.534 (37.534)	1:53.346 (1:15.813)	3:02.084 (1:08.738)
4:11.772 (1:09.689)	5:26.303 (1:14.531)	6:39.608 (1:13.306)
7:54.778 (1:15.170)	9:08.810 (1:14.032)	10:17.194 (1:08.384)
11:24.501 (1:07.307)	12:34.344 (1:09.844)	13:41.740 (1:07.396)
14:46.163 (1:04.423)		
9 Radowits, Royden	96 ON Unattache	14:46.60 1
35.253 (35.253)	1:45.279 (1:10.026)	2:57.697 (1:12.419)
4:11.097 (1:13.400)	5:23.941 (1:12.844)	6:35.143 (1:11.203)
7:46.521 (1:11.378)	8:58.482 (1:11.962)	10:12.779 (1:14.298)
11:25.261 (1:12.482)	12:36.358 (1:11.098)	13:46.117 (1:09.759)
14:46.599 (1:00.483)		
10 Schmidt, Adam	00 ON Unattache	14:47.33 1
34.981 (34.981)	1:44.842 (1:09.862)	2:57.137 (1:12.296)
4:10.185 (1:13.048)	5:23.193 (1:13.009)	6:34.623 (1:11.430)
7:45.729 (1:11.107)	8:58.109 (1:12.380)	10:11.625 (1:13.516)
11:24.332 (1:12.708)	12:35.779 (1:11.447)	13:45.513 (1:09.735)
14:47.321 (1:01.808)		
11 Thiessen, Maximus	00 Calgary Spar	14:49.47 2
37.865 (37.865)	1:54.294 (1:16.430)	3:02.587 (1:08.293)
4:12.059 (1:09.472)	5:26.720 (1:14.661)	6:40.232 (1:13.513)
7:54.365 (1:14.133)	9:08.620 (1:14.256)	10:16.478 (1:07.858)
11:23.452 (1:06.974)	12:33.122 (1:09.670)	13:41.213 (1:08.092)
14:49.461 (1:08.248)		
12 Pardalis, Andreas	06 WinCity Endu	14:49.92 1
36.125 (36.125)	1:45.398 (1:09.273)	2:57.326 (1:11.928)
4:10.418 (1:13.092)	5:22.127 (1:11.709)	6:33.309 (1:11.182)
7:45.799 (1:12.491)	8:58.274 (1:12.475)	10:12.186 (1:13.912)
11:24.638 (1:12.452)	12:35.810 (1:11.172)	13:46.143 (1:10.334)
14:49.919 (1:03.776)		
13 MacIsaac, Max	04 Athletics Ea	14:52.96 1

	35.812 (35.812)	1:45.111 (1:09.300)	2:57.401 (1:12.290)
	4:10.921 (1:13.520)	5:23.762 (1:12.842)	6:34.981 (1:11.220)
	7:46.318 (1:11.337)	8:58.847 (1:12.529)	10:12.470 (1:13.624)
	11:24.101 (1:11.631)	12:35.562 (1:11.462)	13:45.859 (1:10.298)
	14:52.951 (1:07.092)		
14 Cira, Cameron		98 Blue Devils	14:53.06 1
	36.413 (36.413)	1:46.291 (1:09.879)	2:58.499 (1:12.208)
	4:10.711 (1:12.212)	5:23.518 (1:12.808)	6:34.413 (1:10.895)
	7:45.566 (1:11.154)	8:58.087 (1:12.522)	10:11.963 (1:13.876)
	11:24.555 (1:12.592)	12:36.151 (1:11.597)	13:46.934 (1:10.783)
	14:53.057 (1:06.124)		
15 Saal, Rudy		03 C.A. Univ. L	14:54.07 2
	38.384 (38.384)	1:54.442 (1:16.058)	3:03.900 (1:09.459)
	4:12.968 (1:09.068)	5:27.614 (1:14.646)	6:39.858 (1:12.244)
	7:55.394 (1:15.536)	9:09.248 (1:13.854)	10:18.084 (1:08.836)
	11:26.804 (1:08.720)	12:38.216 (1:11.412)	13:48.495 (1:10.280)
	14:54.070 (1:05.576)		
16 Kinahan, Samuel		97 University O	14:54.86 2
	38.820 (38.820)	1:54.508 (1:15.688)	3:03.717 (1:09.209)
	4:12.552 (1:08.835)	5:27.198 (1:14.646)	6:40.476 (1:13.278)
	7:55.173 (1:14.698)	9:09.462 (1:14.290)	10:18.455 (1:08.993)
	11:26.493 (1:08.038)	12:37.918 (1:11.426)	13:49.324 (1:11.406)
	14:54.852 (1:05.528)		
17 St-Onge, Xavier		06 C.A. Univ. L	14:58.22 2
	38.994 (38.994)	1:52.980 (1:13.986)	3:01.094 (1:08.114)
	4:11.412 (1:10.319)	5:25.756 (1:14.344)	6:39.056 (1:13.300)
	7:54.237 (1:15.181)	9:08.282 (1:14.046)	10:16.718 (1:08.436)
	11:26.000 (1:09.282)	12:38.312 (1:12.312)	13:49.866 (1:11.555)
	14:58.220 (1:08.354)		
18 Manzi, Alex Andy		01 Trackclass	15:00.04 1
	35.957 (35.957)	1:45.869 (1:09.912)	2:58.278 (1:12.410)
	4:11.611 (1:13.334)	5:24.549 (1:12.938)	6:36.174 (1:11.626)
	7:47.774 (1:11.600)	9:00.003 (1:12.229)	10:13.030 (1:13.028)
	11:25.124 (1:12.094)	12:36.588 (1:11.464)	13:48.199 (1:11.611)
	15:00.037 (1:11.838)		
19 Deslauriers, Alexis		99 C.A. Univ. L	15:01.70 2
	38.248 (38.248)	1:54.180 (1:15.932)	3:03.623 (1:09.444)
	4:12.719 (1:09.096)	5:27.421 (1:14.702)	6:40.495 (1:13.074)
	7:55.890 (1:15.396)	9:09.894 (1:14.004)	10:17.776 (1:07.882)
	11:26.224 (1:08.448)	12:37.696 (1:11.473)	13:50.308 (1:12.612)
	15:01.694 (1:11.387)		
20 Morgan, Blair		93 Harbour Trac	15:05.41 2
	38.807 (38.807)	1:53.638 (1:14.831)	3:03.333 (1:09.696)
	4:12.436 (1:09.103)	5:27.141 (1:14.706)	6:39.997 (1:12.856)
	7:53.768 (1:13.772)	9:08.248 (1:14.480)	10:18.161 (1:09.913)
	11:27.966 (1:09.806)	12:41.270 (1:13.304)	13:54.424 (1:13.155)
	15:05.406 (1:10.982)		
21 Gazaille, Tristan		03 ON Unattache	15:34.89 1
	35.565 (35.565)	1:45.639 (1:10.074)	2:58.053 (1:12.414)
	4:11.412 (1:13.360)	5:24.432 (1:13.020)	6:37.748 (1:13.316)
	7:53.109 (1:15.362)	9:10.147 (1:17.038)	10:26.294 (1:16.148)
	11:44.698 (1:18.404)	13:02.415 (1:17.717)	14:20.447 (1:18.033)
	15:34.884 (1:14.437)		
22 Satomura, Atsushi		99 Saint-Lauren	15:44.35 1
	36.668 (36.668)	1:49.301 (1:12.634)	3:05.287 (1:15.986)
	4:20.989 (1:15.702)	5:36.823 (1:15.835)	6:50.887 (1:14.064)
	8:04.552 (1:13.666)	9:19.623 (1:15.071)	10:34.110 (1:14.488)
	11:51.985 (1:17.876)	13:09.100 (1:17.115)	14:28.256 (1:19.156)
	15:44.343 (1:16.088)		
23 MacDonald, Parker		06 Peterborough	15:50.50 1
	36.037 (36.037)	1:46.744 (1:10.707)	2:59.216 (1:12.472)
	4:12.608 (1:13.392)	5:28.728 (1:16.120)	6:45.751 (1:17.024)
	8:04.895 (1:19.144)	9:22.650 (1:17.756)	10:41.593 (1:18.944)
	12:00.546 (1:18.953)	13:20.620 (1:20.074)	14:39.220 (1:18.600)
	15:50.493 (1:11.274)		

24 Giasson, Mathieu	01 Club 3D	15:51.62	1
37.830 (37.830)	1:50.898 (1:13.068)	3:05.605 (1:14.707)	
4:21.836 (1:16.232)	5:38.554 (1:16.718)	6:56.646 (1:18.092)	
8:14.359 (1:17.713)	9:32.038 (1:17.680)	10:49.627 (1:17.589)	
12:07.417 (1:17.790)	13:24.545 (1:17.128)	14:40.369 (1:15.824)	
15:51.619 (1:11.251)			
25 Rosenthal, Simon	06 Saint-Lauren	15:53.52	1
36.930 (36.930)	1:47.017 (1:10.088)	2:59.495 (1:12.478)	
4:12.835 (1:13.340)	5:28.115 (1:15.280)	6:44.702 (1:16.588)	
8:03.085 (1:18.384)	9:20.483 (1:17.398)	10:40.639 (1:20.156)	
12:00.801 (1:20.162)	13:20.423 (1:19.622)	14:39.224 (1:18.802)	
15:53.513 (1:14.290)			
-- Thomas, Ismaël	04 C.A. Univ. L	DNF	1
34.765 (34.765)	1:44.619 (1:09.854)	2:56.895 (1:12.277)	
4:09.963 (1:13.068)	5:23.007 (1:13.045)	6:35.501 (1:12.494)	
7:48.995 (1:13.495)	9:04.983 (1:15.988)		
-- Turgeon, Nolan	04 Club Citius	DNF	2
37.971 (37.971)	1:53.880 (1:15.909)		
-- Richard, Mathis	02 Sherbrooke	DNF	1
36.267 (36.267)	1:45.697 (1:09.430)		

Men Half Marathon Walk - Track Senior

=====
Canadian: @ 1:31:57.00 2026-01-11 Tyler Wilson, UNBC
Championship: # 1:37:21.00

Name	Year Team	Finals
1 Dunfee, Evan	90 Kajaks Track	1:26:56.63@
1:42.32 (1:42.32)	3:18.86 (1:36.54)	4:54.402 (1:35.55)
6:32.542 (1:38.140)	8:10.452 (1:37.910)	9:49.932 (1:39.480)
11:29.802 (1:39.870)	13:07.622 (1:37.820)	14:45.352 (1:37.730)
16:22.812 (1:37.460)	17:59.692 (1:36.880)	19:37.012 (1:37.320)
21:13.842 (1:36.830)	22:51.172 (1:37.330)	24:28.142 (1:36.970)
26:04.342 (1:36.200)	27:41.182 (1:36.840)	29:17.602 (1:36.420)
30:55.562 (1:37.960)	32:31.862 (1:36.300)	34:09.002 (1:37.140)
35:46.202 (1:37.200)	37:23.022 (1:36.820)	38:59.162 (1:36.140)
40:34.802 (1:35.640)	42:12.972 (1:38.170)	43:51.222 (1:38.250)
45:28.662 (1:37.440)	47:08.282 (1:39.620)	48:46.262 (1:37.980)
50:24.332 (1:38.070)	52:04.012 (1:39.680)	
2 Sullivan, Owen	04 Toronto Race	1:41:31.80
1:43.65 (1:43.65)	3:28.40 (1:44.75)	5:12.302 (1:43.91)
6:56.222 (1:43.920)	8:42.092 (1:45.870)	10:29.272 (1:47.180)
12:17.192 (1:47.920)	14:07.102 (1:49.910)	15:57.542 (1:50.440)
17:49.292 (1:51.750)	19:40.472 (1:51.180)	21:30.572 (1:50.100)
23:20.782 (1:50.210)	25:14.992 (1:54.210)	27:10.542 (1:55.550)
29:05.122 (1:54.580)	30:57.812 (1:52.690)	32:52.362 (1:54.550)
34:43.602 (1:51.240)	36:37.722 (1:54.120)	38:32.442 (1:54.720)
40:27.162 (1:54.720)	42:22.082 (1:54.920)	44:18.672 (1:56.590)
46:12.462 (1:53.790)	48:06.232 (1:53.770)	50:01.252 (1:55.020)
51:56.252 (1:55.000)	53:50.052 (1:53.800)	55:45.322 (1:55.270)
57:40.742 (1:55.420)	59:35.502 (1:54.760)	
3 O Domhnaill, Brian	77 Ontario Race	1:56:43.16
2:06.202 (2:06.202)	4:12.872 (2:06.670)	6:21.452 (2:08.580)
8:29.362 (2:07.910)	10:39.292 (2:09.930)	12:47.462 (2:08.170)
14:55.792 (2:08.330)	17:04.392 (2:08.600)	19:13.712 (2:09.320)
21:21.952 (2:08.240)	23:31.782 (2:09.830)	25:40.962 (2:09.180)
27:50.572 (2:09.610)	30:01.402 (2:10.830)	32:11.172 (2:09.770)
34:22.232 (2:11.060)	36:30.312 (2:08.080)	38:41.462 (2:11.150)
40:51.482 (2:10.020)	43:03.362 (2:11.880)	45:15.522 (2:12.160)
47:26.632 (2:11.110)	49:40.072 (2:13.440)	51:52.722 (2:12.650)
54:04.092 (2:11.370)	56:18.142 (2:14.050)	58:32.292 (2:14.150)
1:00:44.142 (2:11.850)	1:02:57.472 (2:13.330)	1:05:11.472 (2:14.000)
1:07:25.872 (2:14.400)	1:09:41.422 (2:15.550)	

Men 110 Meter Hurdles Senior

=====
8 Advance: Top 2 Each Heat plus Next 2 Best Times

Canadian: @ 13.08 1993-07-01 Mark McKoy

Championship: # 13.27 1985 Mark McKoy

Name	Year	Team	Prelims	Wind	H#
=====					
Preliminaries					
1 Thorne, Craig	01	NB Unattache	13.62Q	1.3	3
2 King, Ryder	04	Monte Cristo	13.97Q	1.3	1
3 Chen, Andrew	06	BC Unattache	14.02Q	2.5	2
4 Adeleye, David	02	Ottawa Lions	14.00Q	1.3	1
5 Lindo, Tamarri	03	Flying Angel	14.01Q	1.3	3
6 Rude, Keon	05	Calgary Inte	14.19Q	2.5	2
7 Fournier, Lambert	05	Sherbrooke	14.17q	1.3	1
8 Lebrun, Antoine	01	QC Indépenda	14.20q	1.3	3
9 Reid, Khymani	00	Calgary Inte	14.21	1.3	1
10 Blain, Ayden	04	London Weste	14.23	1.3	1 14.225
11 ^ceant, Jordy Cruff Fred	00	Sherbrooke	14.23	1.3	3 14.230
12 Williams, Deandre	04	London Weste	14.34	2.5	2
13 Lapointe, Émile	03	Saint-Lauren	14.37	2.5	2
14 Andres, Adam	03	Winnipeg Opt	14.45	2.5	2
15 Dimande, Tiago	04	Running Wild	14.54	1.3	1
16 Grant, Markus	05	Monte Cristo	14.68	1.3	3
17 Stathis, Alexander	99	Saint-Lauren	15.45	2.5	2
18 Nonez, Fabrice	02	Ottawa Lions	15.56	1.3	3
19 Legg, Orion	04	Chinook Trac	15.84	1.3	3

Men 110 Meter Hurdles Senior

=====
Canadian: @ 13.08 1993-07-01 Mark McKoy

Championship: # 13.27 1985 Mark McKoy

Name	Year	Team	Finals	Wind
=====				
Finals				
1 Thorne, Craig	01	NB Unattache	13.66	-0.3
2 King, Ryder	04	Monte Cristo	14.05	-0.3
3 Chen, Andrew	06	BC Unattache	14.06	-0.3
4 Rude, Keon	05	Calgary Inte	14.14	-0.3
5 Lindo, Tamarri	03	Flying Angel	14.21	-0.3
6 Lebrun, Antoine	01	QC Indépenda	14.45	-0.3
7 Adeleye, David	02	Ottawa Lions	14.49	-0.3
-- Fournier, Lambert	05	Sherbrooke	DQ	-0.3 TR22.6

Men 400 Meter Hurdles Senior

=====
8 Advance: Top 3 Each Heat plus Next 2 Best Times

Canadian: @ 48.24 2007-07-27 Adam Kunkel, EEDG

Championship: # 49.68 2007 Adam Kunkel

Name	Year	Team	Prelims	H#
=====				
Preliminaries				
1 Moulongou, David	03	Ottawa Lions	51.45Q	2
2 Kerr, James	05	Vancouver Th	52.02Q	1
3 King, Ryder	04	Monte Cristo	51.75Q	2
4 ^cato, Roxroy	88	Lyfestyle At	52.02Q	1
5 Tilson, Ben	03	ON Unattache	52.02Q	2
6 Babcock, Owen	97	Waterloo Tra	54.51Q	1
7 Rose, Justin	01	Green And Go	52.80q	2
8 Igbinosun, Keshawn	03	Extreme Velo	53.07q	2
9 Tuplin, Carter	06	Swift Curren	55.19	2
10 Slim, Karim	06	Athlétisme L	55.64	1
11 Luca, Stefan	06	York Region	56.96	2
12 Taffese, Nathanael	02	Extreme Velo	57.07	1
13 McNeil, Nathaniel	05	Ottawa Lions	59.57	1
-- *brezdun, Ihor	04	Winnipeg Opt	X56.65	1

Men 400 Meter Hurdles Senior

Canadian: @ 48.24 2007-07-27 Adam Kunkel, EEDG
 Championship: # 49.68 2007 Adam Kunkel

Name	Year Team	Finals
Finals		
1 Moulongou, David	03 Ottawa Lions	50.09
2 Kerr, James	05 Vancouver Th	50.16
3 King, Ryder	04 Monte Cristo	51.06
4 Tilson, Ben	03 ON Unattache	51.14
5 Rose, Justin	01 Green And Go	51.90
6 Babcock, Owen	97 Waterloo Tra	52.78
7 Igbinosun, Keshawn	03 Extreme Velo	53.71
8 Tuplin, Carter	06 Swift Curren	55.85

Men 3000 Meter Steeplechase Senior

Canadian: @ 8:11.64 2013-08-15 Matthew Hughes, UNON
 Championship: # 8:20.68 2021 John Gay

Name	Year Team	Finals
Finals		
1 Desgagnés, Jean-Simon	98 C.A. Univ. L	8:50.71
1:27.765 (1:27.765)	2:46.666 (1:18.902)	4:02.973 (1:16.308)
5:20.221 (1:17.248)	6:38.224 (1:18.003)	7:49.977 (1:11.753)
8:50.705 (1:00.729)		
2 Robertson, Kevin A.	01 Saint-Lauren	8:53.24
1:28.046 (1:28.046)	2:47.293 (1:19.248)	4:03.794 (1:16.501)
5:20.733 (1:16.939)	6:38.786 (1:18.054)	7:50.731 (1:11.945)
8:53.234 (1:02.504)		
3 Ahl, Aaron	99 Calgary Spar	8:55.94
1:27.997 (1:27.997)	2:46.931 (1:18.935)	4:03.223 (1:16.292)
5:20.411 (1:17.188)	6:38.467 (1:18.056)	7:50.227 (1:11.760)
8:55.937 (1:05.710)		
4 Davies, Ryan	05 Harbour Trac	9:00.63
1:28.564 (1:28.564)	2:47.040 (1:18.476)	4:03.524 (1:16.484)
5:20.576 (1:17.052)	6:38.714 (1:18.138)	7:52.235 (1:13.521)
9:00.626 (1:08.392)		
5 Fortier, Noah	06 Sherbrooke	9:03.18
1:27.597 (1:27.597)	2:46.516 (1:18.920)	4:02.760 (1:16.244)
5:20.059 (1:17.300)	6:38.190 (1:18.131)	7:52.876 (1:14.686)
9:03.172 (1:10.296)		
6 Perras-Phaneuf, Xavier	05 Saint-Lauren	9:03.23
1:28.385 (1:28.385)	2:47.769 (1:19.384)	4:04.283 (1:16.514)
5:21.203 (1:16.921)	6:39.574 (1:18.371)	7:53.379 (1:13.806)
9:03.226 (1:09.847)		
7 Robertson, Kevin	98 Saint-Lauren	9:08.40
1:27.428 (1:27.428)	2:46.739 (1:19.312)	4:03.160 (1:16.421)
5:20.269 (1:17.110)	6:38.350 (1:18.081)	7:52.109 (1:13.760)
9:08.393 (1:16.284)		

Men 4x100 Meter Relay club Senior

Canadian: @ 37.48 2022-07-23 Canada
 Brown, Rodney, Blake, De Grasse
 Championship: # 41.24 2023-07-30 Capital City Track Club, CAPITAL CITY
 R English, A Cole, C Bath, M Murray

Team	Finals
Finals	
1 Winnipeg Optimist Athletics 'A'	40.90#
1) Aguinaldo, Denzel 05	2) Curtis, Noah 06
3) Davis, Tyrell 04	4) Moore, Gavin 05
2 Limitless Era Track Club 'A'	41.29
1) McGowan, John 06	2) Joseph, Stephane 04

3) Jamal, Braenen 93	4) Richer-Mugford, Damien 06	
3 Calgary International 'A'		41.40
1) Serezlis Bracoviche, Nicolas 08	2) Buscu, Patrick 08	
3) Reid, Khymani 00	4) Rude, Keon 05	
4 Lasalle Athletics 'A'		41.90
1) Komlan Ekon, Jean-Baptiste 98	2) Ahmed, Shamwilu 93	
3) Sanvi, Ohini Yanis 99	4) *bertrand, Cellou 01	
5 Ottawa Lions T.F.C 'A'		42.15
1) Gebara, Seiyf 03	2)	
3) Nonez, Fabrice 02	4) Nicoletti, Luca 04	
6 Track North Athletic Club 'A'		42.61
1) Mallory, Francis 09	2) Kim, Josh 05	
3) ^abiodun, Abdul 05	4) Joiner, Darren 08	
7 Brockville Legion Track Club 'A'		42.86
1) Holmes, Mackie 07	2) Gill, Andon 06	
3) Gill, Cohen 08	4) Hache, Roman 07	
-- Peterborough Legion Track Club 'A'		DQ TR24.7
1) Post, Liam 04	2) McNelly, David 07	
3) Botting, Tristin 07	4) Newman, Ethan 07	

Men 4x100 Meter Relay mixed team Senior

=====

Championship: # 40.73 2025

J Archer, O Ogunrinde, B Choumbe Yai, R Guillen

Team		Finals
=====		
1 Varsity Blues (Toronto) 'A'		40.94
1) Sealy, Tobias 07	2) Duley, Logan 05	
3) Lemay, Liam 06	4) Abosi, Stephen 93	
-- Extreme Velocity Track Club 'A'		DNF
1) Archer, Jemini 00	2) Ogunrinde, Oluwapelumi 02	
3) Choumbe Yami, Brandon 06	4) Guillen, Roschmel 05	
-- Athlétisme Québec 'A'		DQ TR24.7
1) Kontiébo, Esli 04	2) Beaulieu, Samuel 04	
3) Chen, Yiming 06	4) Houde, Zachari 04	
-- Team NB 'A'		DQ TR24.7
1) Sharpe, Camrie 07	2) McDermott, Chase 08	
3) Banks, Tristan (Jackson) 05	4) Rioux, Nathan 06	

Men 4x400 Meter Relay club Senior

=====

Canadian: @ 3:02.64 1976-07-31 Canada

Seale, Domansky, Hope, Saunders

Championship: # 3:12.17 2025 Running Room Alberta, Running Room Alberta

N Claramunt, J Phudjo, G Desingi, R Rattee

Team		Finals
=====		
1 Ottawa Lions T.F.C 'A'		3:11.38#
1) Nicoletti, Luca 04	2) El Mansari, Safwan 06	
3) Compeau, James 05	4) Moulougou, David 03	
1:38.303 (1:38.303)	2:25.750 (47.448)	3:11.380 (45.630)
2 Waterloo Track Club 'A'		3:18.02
1) Babcock, Owen 97	2) Lorentz, Joshua 97	
3) Moore, Finn 05	4) Hehn, Nathan 98	
1:39.393 (1:39.393)	2:30.550 (51.158)	3:18.019 (47.469)
3 Track North Athletic Club 'A'		3:25.19
1) Lacroix, Corey 07	2) Sauve, Shiloh 07	
3) Radey, Brandon 04	4) Kuhlberg, Nolan 06	
1:44.290 (1:44.290)	2:35.723 (51.434)	3:25.184 (49.462)
4 Gatineau 'A'		3:40.72
1) Lanthier, Vincent 07	2) Heine, Miguel 06	
3) Perreault, Antoine 06	4) Martin, Jonathan 06	
1:50.311 (1:50.311)	2:47.660 (57.350)	3:40.716 (53.056)

Men 4x400 Meter Relay mixed team Senior

=====
Championship: # 3:12.06 2025

D Barresi, J St Louis-Evans, K Igbinosun, F Henok

Team Finals

=====
1 Extreme Velocity Track Club 'A' 3:11.87#
1) Taffese, Nathanael 02 2) ^st Louis-Evans, Jesse 00
3) Igbinosun, Keshawn 03 4) White, Jalon 00
1:39.127 (1:39.127) 2:26.472 (47.346) 3:11.870 (45.398)
2 Team NB 'A' 3:22.14
1) Mellish, Jack 06 2) McKinnon, Hayden 03
3) Wolverton, Caden 07 4) Pennie, Brodie 06
1:41.800 (1:41.800) 2:31.857 (50.058) 3:22.138 (50.281)

Men High Jump Senior

=====
Start 1.79m by 5cm to 1.99m, then by 4cm upto 2.07m, then 3cm
up to 2.10m, then by 2cm

Canadian: @ 2.40m 2014-04-25 Derek Drouin, SASW

Championship: # 2.34m 2015 Derek Drouin

Name Year Team Finals

=====
1 Cate, Sean 94 ON Unattache 2.18m
1.79 1.84 1.89 1.94 1.99 2.03 2.07 2.10 2.12 2.14 2.16 2.18 2.20 2.22 2.23
--- --- --- --- --- X0 0 0 --- 0-- --- XX0 --- --- XXX
2 Boateng, Tristan 06 York Univers 2.14m
1.79 1.84 1.89 1.94 1.99 2.03 2.07 2.10 2.12 2.14 2.16 2.18
--- --- --- --- 0 --- 0 --- X0 X0 --- XXX
3 Becker, Thomas 03 C.A.N.I. Ath 2.12m
1.79 1.84 1.89 1.94 1.99 2.03 2.07 2.10 2.12 2.14 2.16
--- --- --- --- 0 --- 0 0 0 X-- XX
4 MacDonald, Joey 01 Truro Lions 2.10m
1.79 1.84 1.89 1.94 1.99 2.03 2.07 2.10 2.12
--- --- --- X0 0 0 0 X0 XXX
5 Davidson, Solomon 99 Waterloo Tra J2.10m
1.79 1.84 1.89 1.94 1.99 2.03 2.07 2.10 2.12
--- 0 0 0 XX0 X0 --- X0 R
6 Grout, Aiden 02 BC Unattache 2.07m
1.79 1.84 1.89 1.94 1.99 2.03 2.07 2.10
--- --- --- --- --- X0 0 XXX
7 Emon, Caleb 05 BC Unattache 1.94m
1.79 1.84 1.89 1.94 1.99
--- X0 0 0 XXX
8 Côté, Antoine 04 Sherbrooke 1.89m
1.79 1.84 1.89 1.94
X0 0 X0 XXX
9 Fournier, Thomas 02 C.A. Univ. L 1.79m
1.79 1.84
XX0 XXX

Men Pole Vault Senior

=====
Star 3.90m by 20cm upto 4.70m, then by 15cm upto 5.00m,
then by 5cm

Canadian: @ 6.00m 2016-01-15 Shwnacy Barber, PATF

Championship: # 5.75m 2018 Shawnacy Barber

Name Year Team Finals

=====
1 Tremblay, Éliot 05 Sherbrooke 5.00m
3.90 4.10 4.30 4.50 4.70 4.85 5.00 5.05 5.10
--- --- --- --- 0 0 XX0 --- XXX
1 Genest, Gabriel 07 Corsaire-Cha 5.00m
3.90 4.10 4.30 4.50 4.70 4.85 5.00 5.05 5.10 5.30
--- --- --- --- --- XX0 --- --- XXX
3 Miller, Liam 06 Bolton Pole 4.85m

	3.90	4.10	4.30	4.50	4.70	4.85	5.00		
	---	---	---	X0	X0	0	XXX		
4	Lavoie Beaulieu, Édouard	02	Sherbrooke					4.70m	
	3.90	4.10	4.30	4.50	4.70	4.85	5.00		
	---	---	---	---	0	---	XXX		
4	Léveillé, Maxime		98	Saint-Jean	0			4.70m	
	3.90	4.10	4.30	4.50	4.70	4.85	5.00		
	---	---	---	0	0	XX-	X		
6	Booth, Harrison		04	York Univers				4.50m	
	3.90	4.10	4.30	4.50	4.70				
	---	---	0	0	XXX				
7	Clements, Isaac		01	Athletics Vi				J4.50m	
	3.90	4.10	4.30	4.50	4.70				
	---	---	0	XX0	XXX				
8	Lo, Pak Lun		97	York Univers				4.30m	
	3.90	4.10	4.30	4.50	4.70				
	---	XX0	XO	X	R				
--	Meseck-Schick, Shay		04	BC Unattache				NH	
	3.90	4.10	4.30	4.50					
	---	---	---	XXX					
--	Parker, Nojah		99	Windsor Esse				NH	
	3.90	4.10	4.30	4.50	4.70				
	---	---	---	---	XXX				

Men Long Jump Senior

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=====
Canadian: @ 8.28m 2021-05-29 Damian Warner, LWTF
Championship: # 8.02m 1989 Edrick Floreal
Name Year Team Finals Wind
=====
1 ^hermet, Guilhem 98 Saint-Lauren 7.41m 0.9
7.28m(2.4) 7.41m(0.9) 7.33m(0.8) FOUL FOUL PASS
2 Gerstner, Robert 02 MB Unattache 7.35m +0.0
7.10m(1.9) 7.31m(1.8) 6.89m(-0.2) 7.09m(0.1) 7.25m(0.3) 7.35m(+0.0)
3 Okumo, Oke 02 AB Unattache 7.32m 0.9
7.15m(2.5) 7.32m(0.9) PASS PASS PASS PASS
4 Courtney, Zach 03 ON Unattache 7.28m 0.3
6.94m(1.6) 7.22m(2.1) 7.28m(0.3) PASS 5.68m(0.2) 7.00m(0.2)
5 Che, Eric 00 Vancouver Th 7.22m 1.5
7.19m(1.4) 7.22m(1.5) 6.88m(1.2) 7.02m(-0.2) 7.16m(0.9) 6.88m(-0.4)
6 Yesufu, Zakariya 06 Impulsion 7.17m 0.4
7.05m(4.3) 6.75m(1.4) 6.83m(-0.1) 7.17m(0.4) 6.78m(0.2) 6.91m(-0.3)
7 Patterson-Blasse, Bryson 95 C.A.N.I. Ath 7.08m 2.3
6.98m(1.0) 7.08m(2.3) FOUL FOUL FOUL 6.99m(-0.1)
8 Emon, Caleb 05 BC Unattache 6.97m 0.7
6.92m(4.7) 6.85m(0.7) FOUL 6.91m(0.1) 6.97m(0.7) 6.72m(0.9)
9 Tetrault, Michael 06 Running Wild 6.90m 1.0
6.29m(2.0) 6.90m(1.0) PASS
10 Lepage, Pierce 96 ON Unattache 6.84m 2.0
6.84m(2.0) 6.64m(2.2) 6.44m(0.4)
11 Hutchison-Campbell, Grah 02 Winnipeg Opt 6.83m 1.0
6.80m(2.1) 6.83m(1.0) 6.79m(0.8)
13 Bayard-Fournier, Émerick 04 Saint-Lauren J6.75m 2.0
6.75m(2.0) 6.29m(1.1) 6.68m(0.9)
14 Shahzadeh, Arman 04 Flying Angel J6.66m 0.4
6.50m(2.0) FOUL 6.66m(0.4)
-- *lau, Jason 00 Next Level Athle XJ6.78m 1.0
6.37m(1.0) 6.78m(1.0) 6.43m(0.4)

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Men Triple Jump Senior

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=====
Canadian: @ 17.29m 1989-06-03 Edrick Floreal
Championship: # 16.56m 1989 Edrick Floreal
Name Year Team Finals Wind
=====

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1	Akinduro, Olorunfemi	00 Flying Angel	16.26m	2.1
	15.72m(0.9) FOUL	FOUL	16.07m(3.7) FOUL	16.26m(2.1)
2	Aniamaka, Divine	05 Clemson Univ	16.09m	1.4
	15.08m(3.2) 15.07m(1.4) 15.82m(1.1) 15.70m(2.5) 15.68m(-1.2) 16.09m(1.4)			
3	Irish, Lauchlan	03 Athletics Vi	15.99m	1.2
	FOUL 15.46m(0.4) FOUL	FOUL	15.99m(1.2) 15.94m(1.3)	
4	Mathivathanan, Arwin	05 United Tamil	15.86m	2.3
	15.07m(1.1) 15.24m(2.4) 15.63m(2.0) 15.86m(2.3) FOUL		15.29m(1.2)	
5	Aniamaka, Praise	03 Vancouver Th	15.82m	1.1
	14.86m(0.7) 15.82m(1.1) PASS	PASS	PASS	PASS
6	Turner, Daxx	02 Winnipeg Opt	15.74m	1.4
	15.62m(0.8) FOUL	15.63m(1.6) 15.74m(1.4) FOUL	FOUL	
7	Adegbosin, Adebare	05 Winnipeg Opt	15.72m	0.1
	15.72m(0.1) FOUL	FOUL	FOUL	15.25m(1.4) 15.58m(3.2)
8	Foster, Joshua	02 C.A.N.I. Ath	15.48m	2.5
	FOUL 15.20m(0.1) 15.48m(2.5) FOUL	FOUL	FOUL	15.38m(2.3)
9	Tegha, Boyce Jr.	05 Impulsion	15.14m	2.6
	15.00m(1.4) 14.94m(1.3) 15.14m(2.6)			
10	Jan-King, Tegra	04 Edmonton Int	14.97m	0.8
	14.97m(0.8) 14.47m(1.9) 14.52m(3.0)			
11	Oshikoya, Tobi	01 Athletics Ea	14.71m	0.7
	14.71m(0.7) FOUL	FOUL		
--	Irhuegbae, Brayden	06 Project Athl	FOUL	
	FOUL	FOUL	FOUL	

Men Shot Put Senior

Canadian: @ 22.21m 2011-06-25 Dylan Armstrong, KAML				
Championship: # 22.21m 2012 Dylan Armstrong				
Name	Year	Team	Finals	
1 Stanat, Arthur	03	St Thomas Le	18.20m	
			16.88m 18.20m 17.44m 17.48m 17.40m 17.90m	
2 Pinno, Nathan	06	Running Wild	16.71m	
			14.90m 16.55m 16.50m 16.42m 16.08m 16.71m	
3 Murphy, Rylan	05	Athletics Ea	16.37m	
			15.72m FOUL FOUL 16.37m 15.95m FOUL	
4 Labbé, Anthony	01	C.A. Univ. L	16.11m	
			15.23m 15.88m 15.98m FOUL FOUL 16.11m	
5 Gardner, Jake	06	Wis.-La Cros	15.93m	
			15.87m 15.93m 15.77m FOUL FOUL FOUL	
6 Morrow, Samuel	03	London Weste	15.81m	
			14.89m 14.77m 15.35m 15.09m 15.81m FOUL	
7 Crawford, Calum	06	Stratford Sa	15.43m	
			15.00m 14.35m 15.43m FOUL 15.27m FOUL	
8 Davis, Liam	05	Ottawa Lions	14.68m	
			14.68m FOUL FOUL FOUL PASS PASS	
9 Pannell, Samuel	06	ON Unattache	14.64m	
			14.55m 14.64m FOUL	
10 Stathis, Alexander	99	Saint-Lauren	13.98m	
			13.65m FOUL 13.98m	
11 Jeong, Tony	04	Saint John R	13.83m	
			13.60m FOUL 13.83m	
12 Osborne, Zac	03	York Univers	13.72m	
			13.72m FOUL FOUL	

Men Discus Throw Senior

Canadian: @ 67.88m 1998-05-14 Jason Tunks, LWTF				
Championship: # 64.84m 2001 Jason Tunks				
Name	Year	Team	Finals	
1 Koudssi, Youssef	01	Lasalle Athl	56.12m	
			FOUL FOUL 56.12m 51.98m 55.29m 55.50m	
2 Fraser, Connor	04	Ottawa Lions	49.73m	

	FOUL	47.24m	47.41m	49.70m	44.92m	49.73m	
3	McEachern, Jake			05	Split City S		45.80m
		42.40m	45.80m	FOUL	FOUL	44.41m	43.87m
4	Lepage, Pierce			96	ON Unattache		44.43m
		38.70m	42.19m	38.96m	38.26m	FOUL	44.43m
5	Louis-Seize, Simon			85	C.A. Univ. L		40.19m
		39.62m	39.14m	FOUL	40.19m	40.00m	36.39m
6	Simard, Liam			05	Sherbrooke		39.91m
		FOUL	39.91m	FOUL	FOUL	FOUL	37.36m
7	Tanton, Matthew			98	Brockville L		39.50m
		39.50m	FOUL	FOUL	FOUL	38.07m	FOUL
8	Feldman, Brighton			05	Athletics Vi		39.11m
		30.54m	32.68m	FOUL	37.40m	36.87m	39.11m

Men Hammer Throw Senior

Canadian: @ 84.70m 2025-09-06 Ethan Katzberg, KAML
 Championship: # 82.60m 2024-06-26 Ethan Katzberg, Kamloops T&F

Name	Year	Team	Finals
1 Katzberg, Ethan	02	Kamloops Tra	81.13m
		78.80m 80.06m 75.36m 80.06m 80.72m 81.13m	
2 Hamilton, Rowan	00	Kajaks Track	75.45m
		75.22m 75.45m FOUL 71.75m 74.16m FOUL	
3 Troschke, Andreas	99	Chinook Trac	68.44m
		66.73m 68.44m FOUL 66.27m FOUL 62.45m	
4 Skeath, Jared	94	York Univers	65.49m
		63.40m 65.49m 64.27m FOUL 65.27m 63.10m	
5 Lussier, Joey	93	C.A. Univ. L	62.48m
		60.23m 60.98m 61.16m 59.17m 62.48m FOUL	
6 McEachern, Jake	05	Split City S	59.32m
		53.67m FOUL 59.32m 58.12m 59.21m 55.93m	
7 Dheilly-Sturrock, Matthe	99	Kajaks Track	50.64m
		50.30m 48.47m 49.04m 49.75m 50.64m 49.87m	
8 Jeong, Tony	04	Saint John R	45.71m
		42.53m 44.22m 45.66m 44.68m 45.71m 44.54m	
9 Okpere, Jason	06	University O	44.41m
		FOUL 44.41m FOUL	
10 Morrow, Samuel	03	London Weste	44.35m
		FOUL 44.35m FOUL	
11 Osborne, Zac	03	York Univers	42.65m
		FOUL FOUL 42.65m	
12 Moore, Paul	03	London Weste	41.17m
		41.17m 40.38m FOUL	
-- Davis, Liam	05	Ottawa Lions	FOUL
		FOUL FOUL FOUL	

Men Javelin Throw Senior

Canadian: @ 84.81m 2011-07-13 Scott Russell, WLEG
 Championship: # 80.17m 2001 Scott Russell

Name	Year	Team	Finals
1 Tyler, Erik	00	London Weste	73.48m
		67.50m 66.12m 66.32m 63.90m 70.25m 73.48m	
2 White, Andy	89	BC Unattache	72.19m
		62.68m 64.91m 67.60m 67.60m 72.19m 68.34m	
3 Hamon, Charles-Édouard	02	C.A. Univ. L	69.29m
		63.64m 69.29m 63.38m FOUL 63.12m FOUL	
4 Karakolis, Evan	94	ON Unattache	68.15m
		FOUL 67.40m 68.15m 64.40m 67.06m FOUL	
5 Torrance, William	03	ON Unattache	65.77m
		FOUL FOUL 61.96m FOUL FOUL 65.77m	
6 Schiele, Tyson	06	ON Unattache	64.91m
		62.86m 62.98m 64.91m 63.73m 63.16m 61.97m	

7 Gauthier, Carson	06 Thorold Elit	59.83m
55.29m 59.83m FOUL	FOUL 57.60m 57.79m	
8 Choquette, Raphaël	95 Capital City	56.06m
49.99m 54.73m 56.06m	FOUL PASS 49.48m	
9 Corney, Taylor	91 Brockville L	51.17m
FOUL 49.60m 51.17m		
10 Lavoie Beaulieu, Édouard	02 Sherbrooke	51.02m
38.60m 51.02m FOUL		
11 Giroux, Thomas	03 Sherbrooke	43.63m
FOUL 43.63m 43.51m		

Decathlon: #1 Men 100 Meter Dash Senior Decathlon

Championship: # 10.86

Name	Year Team	Finals	Wind	H#	Points
1 Paris, Nathaniel	04 BC Unattache	10.49#	0.2	2	977
2 Mackay, Jackson	06 London Weste	11.01	0.2	2	858
3 Hendricks-Polack, Jared	98 London Weste	11.20	0.2	2	817
4 McGee, Samuel	06 Vancouver Th	11.22	0.2	2	812
5 Bérard, Marc-Olivier	05 Sherbrooke	11.27	0.2	2	801
6 Wallner, Leo	03 Ottawa Lions	11.39	-0.9	1	776
7 Speiser, Max	00 Winnipeg Opt	11.42	0.2	2	769
8 Leger, Taylor	96 Saint-Lauren	11.46	-0.9	1	761
9 Mazerolle, Max	02 Aetos Athlet	11.65	0.2	2	721
10 Legros, Marcus	06 Saint-Lauren	11.65	0.2	2	721
11 Evans, Ryan	99 NB Unattache	11.75	-0.9	1	701
-- *thompson, Elliot	92 Vancouver Th	X11.65	-0.9	1	721

Decathlon: #5 Men 400 Meter Dash Senior Decathlon

Championship: # 47.81

Name	Year Team	Finals	H#	Points
1 Paris, Nathaniel	04 BC Unattache	47.77#	2	920
2 Mackay, Jackson	06 London Weste	49.46	2	840
3 Speiser, Max	00 Winnipeg Opt	49.95	2	817
4 Hendricks-Polack, Jared	98 London Weste	50.35	2	799
5 Bérard, Marc-Olivier	05 Sherbrooke	50.77	2	779
6 Leger, Taylor	96 Saint-Lauren	51.07	1	766
7 Wallner, Leo	03 Ottawa Lions	51.96	1	726
8 McGee, Samuel	06 Vancouver Th	52.48	1	704
9 Legros, Marcus	06 Saint-Lauren	52.71	1	694
10 Mazerolle, Max	02 Aetos Athlet	54.46	1	621
-- Evans, Ryan	99 NB Unattache	DNF	2	
-- *thompson, Elliot	92 Vancouver Th	X52.01	1	724

Decathlon: #10 Men 1500 Meter Run Senior Decathlon

Championship: # 4:17.50

Name	Year Team	Finals	Points
1 Mackay, Jackson	06 London Weste	4:31.30	736
49.681 (49.681)	2:05.377 (1:15.696)	3:24.870 (1:19.493)	
4:31.292 (1:06.423)			
2 Leger, Taylor	96 Saint-Lauren	4:44.61	652
49.721 (49.721)	2:05.804 (1:16.083)	3:28.768 (1:22.964)	
4:44.606 (1:15.838)			
3 Legros, Marcus	06 Saint-Lauren	4:50.57	615
53.853 (53.853)	2:13.532 (1:19.679)	3:35.401 (1:21.870)	
4:50.569 (1:15.168)			
4 Wallner, Leo	03 Ottawa Lions	4:50.82	614
53.574 (53.574)	2:13.170 (1:19.596)	3:35.054 (1:21.885)	
4:50.814 (1:15.760)			
5 Hendricks-Polack, Jared	98 London Weste	4:54.03	595

54.436 (54.436)	2:13.274 (1:18.839)	3:33.280 (1:20.006)
4:54.024 (1:20.744)		
6 Mazerolle, Max	02 Aetos Athlet	5:18.14 460
56.302 (56.302)	2:18.740 (1:22.438)	3:48.762 (1:30.022)
5:18.136 (1:29.375)		

Decathlon: #6 Men 110 Meter Hurdles Senior Decathlon

Championship: # 14.73

Name	Year Team	Finals	Wind	H#	Points
1 Mackay, Jackson	06 London Weste	14.31#	1.1	2	935
2 Speiser, Max	00 Winnipeg Opt	15.46	1.1	1	795
3 Wallner, Leo	03 Ottawa Lions	15.56	1.1	2	783
4 Hendricks-Polack, Jared	98 London Weste	15.69	1.1	2	768
5 Legros, Marcus	06 Saint-Lauren	15.84	1.1	1	751
6 Mazerolle, Max	02 Aetos Athlet	16.14	1.1	2	717
7 McGee, Samuel	06 Vancouver Th	16.25	1.1	1	705
8 Leger, Taylor	96 Saint-Lauren	16.39	1.1	2	689
9 Bérard, Marc-Olivier	05 Sherbrooke	16.64	1.1	1	662
-- Paris, Nathaniel	04 BC Unattache	DNF	1.1	2	
-- *thompson, Elliot	92 Vancouver Th	X17.34	1.1	1	589

Decathlon: #4 Men High Jump Senior Decathlon

Championship: # 2.01m

Name	Year Team	Finals	H#	Points
1 Mackay, Jackson	06 London Weste	2.06m#	1	859
1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97 2.00 2.03 2.06 2.09		0 --- 0 0 0 0 XO XXX		
2 Paris, Nathaniel	04 BC Unattache	2.00m	1	803
1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97 2.00 2.03		--- 0 0 0 XO XO XXX		
3 Legros, Marcus	06 Saint-Lauren	1.97m	1	776
1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97 2.00		--- 0 0 0 XO XXX		
4 Hendricks-Polack, Jared	98 London Weste	1.91m	1	723
1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94		--- --- --- XO 0 XXO XXO XO XXX		
4 Speiser, Max	00 Winnipeg Opt	1.91m	1	723
1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94		--- --- --- 0 --- XO XO 0 XXX		
6 Bérard, Marc-Olivier	05 Sherbrooke	1.88m	1	696
1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91		--- --- --- 0 --- 0-- XXO XO XXX		
6 Wallner, Leo	03 Ottawa Lions	1.88m	2	696
1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91		--- --- --- 0 XO 0 0 XO 0 XXX		
8 Evans, Ryan	99 NB Unattache	1.76m	1	593
1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82		--- --- --- XO PPP XO --- XXX		
9 McGee, Samuel	06 Vancouver Th	1.67m	2	520
1.55 1.58 1.61 1.64 1.67 1.70		--- --- --- 0 XO XXX		
10 Leger, Taylor	96 Saint-Lauren	1.61m	2	472
1.55 1.58 1.61 1.64 1.67		0 --- 0 --- XXX		
11 Mazerolle, Max	02 Aetos Athlet	1.58m	2	449
1.55 1.58 1.61		XO XO XXX		
-- *thompson, Elliot	92 Vancouver Th	X1.91m	1	723
1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94		--- --- --- --- PPP 0 0 XO XO XXO XO XXX		

Decathlon: #8 Men Pole Vault Senior Decathlon

Championship: # 4.75m

Name	Year Team	Finals	Points
1 Mackay, Jackson	06 London Weste	4.60m	790
3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70		0 --- 0 --- XO --- XO XXX	
2 Wallner, Leo	03 Ottawa Lions	4.10m	645
3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20		0 0 0 XX0 XXX	
2 Mazerolle, Max	02 Aetos Athlet	4.10m	645
3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20		0 --- XX0 0 XXX	
4 Legros, Marcus	06 Saint-Lauren	4.00m	617
3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10		XO 0 0 0 XO 0 XXX	
4 Hendricks-Polack, Jared	98 London Weste	4.00m	617
3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10		0 XO 0 XO XXX	
6 Leger, Taylor	96 Saint-Lauren	3.00m	357
3.00 3.10 3.20		0 --- XXX	
-- McGee, Samuel	06 Vancouver Th	NH	
3.00 3.10 3.20 3.30 3.40 3.50		XXX	
-- Speiser, Max	00 Winnipeg Opt	NH	
3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10		--- XXX	
-- *thompson, Elliot	92 Vancouver Th	X4.60m	790
3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70		0 --- 0 0 XX0 0 XX0 XXX	

Decathlon: #2 Men Long Jump Senior Decathlon

Championship: # 7.30m

Name	Year Team	Finals	Wind	Points
1 Paris, Nathaniel	04 BC Unattache	7.19m	-0.9	859
6.81m(0.7) 7.19m(-0.9) FOUL				
2 Mackay, Jackson	06 London Weste	6.99m	-0.9	811
6.33m(0.2) 6.99m(-0.9) FOUL				
3 Hendricks-Polack, Jared	98 London Weste	6.65m	0.2	732
6.21m(0.8) 6.15m(0.1) 6.65m(0.2)				
4 Wallner, Leo	03 Ottawa Lions	6.43m	-1.2	682
6.37m(-0.6) FOUL 6.43m(-1.2)				
5 Speiser, Max	00 Winnipeg Opt	6.39m	-0.5	673
6.39m(-0.5) 6.20m(-1.2) 6.34m(2.6)				
5 Legros, Marcus	06 Saint-Lauren	6.39m	0.1	673
6.39m(0.1) 6.09m(0.2) 6.22m(0.4)				
7 Bérard, Marc-Olivier	05 Sherbrooke	6.13m	1.4	615
6.13m(1.4) 6.00m(0.6) 6.03m(-1.8)				
8 Mazerolle, Max	02 Aetos Athlet	6.08m	-0.1	604
6.02m(-0.5) FOUL 6.08m(-0.1)				
9 Leger, Taylor	96 Saint-Lauren	6.03m	-1.1	593
5.54m(0.4) 6.03m(-1.1) 5.69m(-1.2)				
10 McGee, Samuel	06 Vancouver Th	5.80m	1.8	544
5.71m(1.6) 5.80m(1.8) 5.55m(-1.1)				
10 Evans, Ryan	99 NB Unattache	5.80m	-0.3	544
FOUL 5.80m(-0.3) 5.73m(1.0)				
-- *thompson, Elliot	92 Vancouver Th	X6.39m	-0.5	673
6.22m(0.8) 6.35m(0.1) 6.39m(-0.5)				

Decathlon: #3 Men Shot Put Senior Decathlon

Championship: # 13.91m

Name	Year	Team	Finals	Points
1 Evans, Ryan	99	NB Unattache	13.66m	708
12.91m 13.66m 13.06m				
2 Mackay, Jackson	06	London Weste	12.85m	658
11.62m 12.85m 12.26m				
3 Speiser, Max	00	Winnipeg Opt	12.81m	656
12.09m 12.73m 12.81m				
4 Bérard, Marc-Olivier	05	Sherbrooke	12.56m	640
12.19m 12.56m 12.39m				
4 Paris, Nathaniel	04	BC Unattache	12.56m	640
12.29m 12.24m 12.56m				
6 Hendricks-Polack, Jared	98	London Weste	12.23m	620
12.12m 12.23m FOUL				
7 Wallner, Leo	03	Ottawa Lions	12.05m	609
12.05m 11.88m 11.93m				
8 Leger, Taylor	96	Saint-Lauren	11.29m	563
11.29m 10.77m 10.85m				
9 Legros, Marcus	06	Saint-Lauren	11.27m	562
11.27m 10.59m 10.71m				
10 Mazerolle, Max	02	Aetos Athlet	11.04m	548
11.04m 10.92m 10.75m				
11 McGee, Samuel	06	Vancouver Th	10.01m	486
10.01m 9.16m FOUL				
-- *thompson, Elliot	92	Vancouver Th	X12.21m	619
12.21m 12.01m FOUL				

Decathlon: #7 Men Discus Throw Senior Decathlon

Championship: # 40.91m

Name	Year	Team	Finals	Points
1 Mackay, Jackson	06	London Weste	42.15m#	708
42.15m 42.01m FOUL				
2 Bérard, Marc-Olivier	05	Sherbrooke	37.17m	607
34.82m 33.38m 37.17m				
3 Hendricks-Polack, Jared	98	London Weste	35.03m	564
FOUL 35.03m 34.51m				
4 Legros, Marcus	06	Saint-Lauren	34.69m	557
32.15m 34.69m FOUL				
5 Mazerolle, Max	02	Aetos Athlet	31.34m	491
29.75m 31.34m FOUL				
6 Leger, Taylor	96	Saint-Lauren	28.82m	441
27.79m 28.82m 28.22m				
7 McGee, Samuel	06	Vancouver Th	26.62m	398
25.91m 26.62m FOUL				
8 Wallner, Leo	03	Ottawa Lions	23.46m	338
FOUL FOUL 23.46m				
-- Speiser, Max	00	Winnipeg Opt	FOUL	
FOUL FOUL FOUL				
-- *thompson, Elliot	92	Vancouver Th	X35.83m	580
35.31m 35.83m 33.78m				

Decathlon: #9 Men Javelin Throw Senior Decathlon

Championship: # 63.43m

Name	Year	Team	Finals	Points
1 Mackay, Jackson	06	London Weste	51.89m	617
44.74m 51.89m 46.79m				
2 Mazerolle, Max	02	Aetos Athlet	50.56m	597
49.68m 50.56m 50.46m				
3 Speiser, Max	00	Winnipeg Opt	46.14m	532
43.55m 44.47m 46.14m				

4	Wallner, Leo	03	Ottawa Lions	41.08m	458
	41.08m 38.08m 31.80m				
5	Hendricks-Polack, Jared	98	London Weste	39.32m	432
	39.32m 32.69m 37.76m				
6	Legros, Marcus	06	Saint-Lauren	37.97m	413
	34.52m 35.81m 37.97m				
7	Leger, Taylor	96	Saint-Lauren	34.07m	357
	33.73m 34.07m 31.75m				
8	McGee, Samuel	06	Vancouver Th	31.73m	324
	31.73m 30.72m PASS				
--	*thompson, Elliot	92	Vancouver Th	X37.32m	403
	37.09m 36.16m 37.32m				

Men Decathlon Senior

Canadian: @ 9018 2021-08-05 Damian Warner, LWTF					
Name	Year	Team	Finals	H#	
1	Mackay, Jackson	06	London Weste	7812	
2	Hendricks-Polack, Jared	98	London Weste	6667	
3	Legros, Marcus	06	Saint-Lauren	6379	
4	Wallner, Leo	03	Ottawa Lions	6327	
5	Mazerolle, Max	02	Aetos Athlet	5853	
6	Leger, Taylor	96	Saint-Lauren	5651	

Men 20000 Meter Race Walk Track - On r Senior

Name	Year	Team	Finals	
1	Dunfee, Evan	90	Kajaks Track	1:22:07.00
	1:42.32 (1:42.32)		3:18.86 (1:36.54)	4:54.402 (1:35.55)
	6:32.542 (1:38.140)		8:10.452 (1:37.910)	9:49.932 (1:39.480)
	11:29.802 (1:39.870)		13:07.622 (1:37.820)	14:45.352 (1:37.730)
	16:22.812 (1:37.460)		17:59.692 (1:36.880)	19:37.012 (1:37.320)
	21:13.842 (1:36.830)		22:51.172 (1:37.330)	24:28.142 (1:36.970)
	26:04.342 (1:36.200)		27:41.182 (1:36.840)	29:17.602 (1:36.420)
	30:55.562 (1:37.960)		32:31.862 (1:36.300)	34:09.002 (1:37.140)
	35:46.202 (1:37.200)		37:23.022 (1:36.820)	38:59.162 (1:36.140)
	40:34.802 (1:35.640)		42:12.972 (1:38.170)	43:51.222 (1:38.250)
	45:28.662 (1:37.440)		47:08.282 (1:39.620)	48:46.262 (1:37.980)
	50:24.332 (1:38.070)		52:04.012 (1:39.680)	
2	Sullivan, Owen	04	Toronto Race	1:35:59.10
	1:43.65 (1:43.65)		3:28.40 (1:44.75)	5:12.302 (1:43.91)
	6:56.222 (1:43.920)		8:42.092 (1:45.870)	10:29.272 (1:47.180)
	12:17.192 (1:47.920)		14:07.102 (1:49.910)	15:57.542 (1:50.440)
	17:49.292 (1:51.750)		19:40.472 (1:51.180)	21:30.572 (1:50.100)
	23:20.782 (1:50.210)		25:14.992 (1:54.210)	27:10.542 (1:55.550)
	29:05.122 (1:54.580)		30:57.812 (1:52.690)	32:52.362 (1:54.550)
	34:43.602 (1:51.240)		36:37.722 (1:54.120)	38:32.442 (1:54.720)
	40:27.162 (1:54.720)		42:22.082 (1:54.920)	44:18.672 (1:56.590)
	46:12.462 (1:53.790)		48:06.232 (1:53.770)	50:01.252 (1:55.020)
	51:56.252 (1:55.000)		53:50.052 (1:53.800)	55:45.322 (1:55.270)
	57:40.742 (1:55.420)		59:35.502 (1:54.760)	
3	Domhnaill, Brian	77	Ontario Race	1:50:49.20
	2:06.202 (2:06.202)		4:12.872 (2:06.670)	6:21.452 (2:08.580)
	8:29.362 (2:07.910)		10:39.292 (2:09.930)	12:47.462 (2:08.170)
	14:55.792 (2:08.330)		17:04.392 (2:08.600)	19:13.712 (2:09.320)
	21:21.952 (2:08.240)		23:31.782 (2:09.830)	25:40.962 (2:09.180)
	27:50.572 (2:09.610)		30:01.402 (2:10.830)	32:11.172 (2:09.770)
	34:22.232 (2:11.060)		36:30.312 (2:08.080)	38:41.462 (2:11.150)
	40:51.482 (2:10.020)		43:03.362 (2:11.880)	45:15.522 (2:12.160)
	47:26.632 (2:11.110)		49:40.072 (2:13.440)	51:52.722 (2:12.650)
	54:04.092 (2:11.370)		56:18.142 (2:14.050)	58:32.292 (2:14.150)
	1:00:44.142 (2:11.850)		1:02:57.472 (2:13.330)	1:05:11.472 (2:14.000)
	1:07:25.872 (2:14.400)		1:09:41.422 (2:15.550)	