

Western Canadian Team Challenge U16 & U18 Team Saskatchewan Selection Guidelines

Purpose

To provide Saskatchewan's top U16 and U18 athletes with a provincial team experience that will expose the athletes to elite competition. Athletes selected to the U16 and U18 teams will compete at the Western Canadian Team Challenge in Regina, SK, July 17-19, 2026.

Team size

Up to 50 athletes will be selected for the U16 team.

Up to 50 athletes will be selected for the U18 team.

Eligibility

Must hold a Full Year Competitive Membership with Saskatchewan Athletics and be in good standing.

To be eligible for the U18 team athletes must be born in 2009 or 2010.

To be eligible for the U16 team athletes must be born in 2011 or 2012.*

*Athletes born in 2013 are eligible for selection to the U16 team if they compete in U16 events at the Trials and earn selection in those events.

Team Fee

\$275 per athlete – Saskatoon area athletes

\$225 per athlete - Regina area athletes (no bus)

Selection Process

Athletes who are part of the 2026 Sask Excellence Program will automatically be selected, provided they compete at the Trials Meet in their age category and complete the [Declaration Form](#) prior to the deadline.

Remaining team spots will be filled by athletes who will be selected to the team based on their performance at the Trials Meet in Saskatoon, June 12-14. Athletes trying out for the team must compete in their age category and complete the [U16/U18 Western Canada Team Challenge Declaration Form](#) by the deadline. Athletes will be selected in order of the selection criteria outlined below until all team spots are filled. Athletes selected to the team must compete at the Western Canadian Team Challenge in the event(s) which they earned selection in. Athletes selected to the team may also choose to compete in additional events at the Western Canadian Team Challenge.

Selection Criteria

1. Athletes who are members of the 2026 Sask Excellence Program that compete at the Trials Meet and complete the [Team Declaration Form](#) prior to the deadline.
2. Remaining team spots will be filled with athletes based on event performances. Event performances will be compared against the [qualifying standards for the Legion U16 & U18 National Championships](#) and will be ranked on their proximity to the standards, calculated as a percentage. Only performances at the Trials Meet (June 12-14, 2026) in the appropriate age categories will be considered. Athletes must submit the [U16/U18 Western Canada Team Challenge Declaration Form](#) no later than 11:59 PM June 14, 2026.

Example of selection procedure under criteria 2

U16 Athletes	M/F	Event	Performance	Standard	Percentage from Standard	Rank
Athlete A	M	100m	12.01	11.95	99.50%	2
Athlete B	F	Long Jump	5.16	5.05	102.18%	1
Athlete C	M	Shot Put (4kg)	12.04	12.25	98.29%	4
Athlete D	F	2000m	7:29.35	7:25.00	99.02%	3

*The U16 & U18 Western Canadian Team Challenge Trials Meet (Saskatoon, June 12-14) and the U16 & U18 Western Canadian Team Challenge (Regina, July 17-19) does not determine selection for the provincial team that will compete at the U16 & U18 Legion National Championships. The Legion Nationals team is selected through the [Legion Track and Field Camp](#).