

# SASKATCHEWAN MASTERS

There are ninety-eight registered Masters athletes in Saskatchewan. Fifty-five of these are males and forty-three are females.

Four Canadian records and thirty-seven Saskatchewan records have been set or broken in the indoor season by Saskatchewan athletes.

Canadian records set/broken:

Kerri Lovelace – 50m and 60m  
Lynne Wawryk-Epp – Mile  
Colin Ellis – 50m

The 2025 Bob Adams Awards of Excellence for Masters went to Gwyneth Woodson and Iain McCormick. Sandi Arnason, Trevor Jacek, Carol LaFayette-Boyd, and Kerri Lovelace were recipients of the Howard West Sports Awards.

The Canadian Masters Indoor Championships were held in March at Toronto. Ten Saskatchewan athletes took part winning five bronze, thirteen silver, and nineteen gold medals.

Upcoming Masters Meets:

May 23	2026 Canadian 10k Championships - Ottawa
July 3-5	2026 Canadian Trail Running Championships – Quebec City
July 31 – Aug 2	2026 Canadian Masters Outdoor Championships – Laval
August 16	2026 Canadian Half Marathon - Edmonton
Aug. 22-Sept.3	2026 World Masters Athletics Outdoor Championships – Daegu, South Korea
October 10, 11	2026 Canadian 5k Championships – Montreal
October 18	2026 Canadian Marathon Championships – Toronto
Aug. 19-22	2027 NCCMA Championships - Calgary