

## 2026 Indoor Rankings Master Men

Time/Dist	Athlete			Date	Location
<b>50 Metres</b>					
6.69	Colin Ellis	67	SPME	03-07-2026	Toronto
6.91	Doug McLaren	76	UNSK	03-07-2026	Toronto
<b>60 Metres</b>					
7.41	Mike Taylor	81	PAAC	02-07-2026	Regina
7.73	Colin Ellis	67	SPME	12-06-2025	Regina
7.97	Graham Krieg	79	RWAC	03-28-2026	Saskatoon
8.20	Doug McLaren	76	UNSK	03-07-2026	Toronto
8.78	Travis Sulewski	69	EXCL	01-24-2026	Saskatoon
9.06	Howard Ruston	60	TNMC	01-10-2026	Saskatoon
9.27	Denis Beaulieu	64	UNSK	01-24-2026	Saskatoon
13.23	Roland Delhomeau	45	TNMC	03-28-2026	Saskatoon
<b>Athlete with a Disability</b>					
8.38	Janz Stein	81	EXCL	12-06-2025	Regina
<b>200 Metres</b>					
24.39	Mike Taylor	81	PAAC	03-21-2026	Saskatoon
26.50	Colin Ellis	67	SPME	12-06-2025	Regina
29.79	Travis Sulewski	69	EXCL	02-07-2026	Regina
30.62	James Ens Funk	71	RWAC	03-28-2026	Saskatoon
32.25	Jason Tomaszewski	74	SESP	03-21-2026	Saskatoon
37.00	Randy Warick	49	TNMC	03-21-2026	Saskatoon
<b>300 Metres</b>					
42.24	Colin Ellis	67	SPME	01-10-2026	Saskatoon
1:04.99	Alan Holcomb	54	TNMC	01-10-2026	Saskatoon
1:15.25	Roland Delhomeau	45	TNMC	01-10-2026	Saskatoon
<b>400 Metres</b>					
59.20	Rob Woods	77	RIVA	01-24-2026	Saskatoon
1:00.39	Colin Ellis	67	SPME	01-24-2026	Saskatoon
1:02.03	Tyrell Bjarnason	80	RWAC	01-24-2026	Saskatoon
1:16.35	Keith Meszaros	56	RWAC	03-21-2026	Saskatoon

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Time/Dist	Athlete			Date	Location
<b>400 Metres - Cont'd</b>					
1:16.72	Jason Tomaszewski	74	SESP	03-21-2026	Saskatoon
1:24.16	Nolan Osborne	64	TNMC	03-28-2026	Saskatoon
1:34.97	David Jackson	59	TNMC	01-24-2026	Saskatoon
1:39.65	Randy Warick	49	TNMC	01-24-2026	Saskatoon
<b>500 Metres</b>					
1:45.43	Nolan Osborne	64	TNMC	03-28-2026	Saskatoon
1:46.45	Bruce Hendry	56	TNMC	03-28-2026	Saskatoon
2:13.84	Masahiro Mizuno	51	TNMC	03-28-2026	Saskatoon
2:17.10	Heney Klypak	56	TNMC	03-28-2026	Saskatoon
2:34.21	Roland Delhomeau	45	TNMC	03-28-2026	Saskatoon
<b>600 Metres</b>					
1:26.70	Iain McCormick	85	STFC	02-28-2026	Edmonton
<b>800 Metres</b>					
2:03.25	Iain McCormick	85	STFC	03-21-2026	Saskatoon
2:19.38	Brendan O'Leary	84	RWAC	01-24-2026	Saskatoon
2:20.42	Tyrell Bjarnason	80	RWAC	03-07-2026	Toronto
2:23.19	Jeff Hrynchyshyn	85	UNSK	01-24-2026	Saskatoon
2:25.09	Rob Woods	77	RIVA	01-10-2026	Saskatoon
2:30.32	James Ens Funk	71	RWAC	03-28-2026	Saskatoon
2:32.26	Harvey Weber	65	RWAC	03-28-2026	Saskatoon
3:00.06	Keith Meszaros	56	RWAC	03-21-2026	Saskatoon
3:01.66	Bruce Hendry	56	TNMC	01-24-2026	Saskatoon
3:05.83	Jason Tomaszewski	74	SESP	03-21-2026	Saskatoon
3:47.30	David Jackson	59	TNMC	03-21-2026	Saskatoon
4:23.50	Roland Delhomeau	45	TNMC	03-28-2026	Saskatoon
<b>1000 Metres</b>					
2:38.80	Iain McCormick	85	STFC	02-28-2026	Edmonton
3:24.66	Doug McLaren	76	UNSK	03-07-2026	Toronto

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Time/Dist	Athlete			Date	Location
<b>1500 Metres</b>					
4:19.63	Iain McCormick	85	STFC	03-21-2026	Saskatoon
4:56.03	James Ens Funk	71	RWAC	03-28-2026	Saskatoon
4:57.85	Tyrell Bjarnason	80	RWAC	03-07-2026	Toronto
5:25.55	Harvey Weber	65	RWAC	03-07-2026	Toronto
6:00.67	Jason Tomaszewski	74	SESP	03-21-2026	Saskatoon
<b>One Mile</b>					
5:19.70	James Ens Funk	71	RWAC	01-10-2026	Saskatoon
5:22.08	Jeff Hrynchyshyn	85	UNSK	01-10-2026	Saskatoon
5:27.80	Harris Kulyk	87	RWAC	01-10-2026	Saskatoon
5:36.23	Tyrell Bjarnason	80	RWAC	02-07-2026	Regina
5:56.61	Harvey Weber	65	RWAC	01-10-2026	Saskatoon
7:18.93	Nolan Osborne	64	TNMC	01-10-2026	Saskatoon
7:20.47	Bruce Hendry	56	TNMC	01-10-2026	Saskatoon
8:21.28	David Jackson	59	TNMC	01-10-2026	Saskatoon
8:44.79	Howard Ruston	60	TNMC	01-10-2026	Saskatoon
8:51.82	Randy Warick	49	TNMC	01-10-2026	Saskatoon
9:38.71	Roland Delhomeau	45	TNMC	01-10-2026	Saskatoon
<b>3000 Metres</b>					
11:45.84	Tyrell Bjarnason	80	RWAC	03-21-2026	Saskatoon
11:47.42	Harvey Weber	65	RWAC	03-21-2026	Saskatoon
<b>50m Hurdles</b>					
8.14	Doug McLaren	76	UNSK	03-07-2026	Toronto
10.53	Dale Lawrence	58	UNSK	03-07-2026	Toronto
<b>60m Hurdles</b>					
9.52	Doug McLaren	76	UNSK	03-07-2026	Toronto
10.61	Dale Lawrence	58	UNSK	02-07-2026	Regina

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Time/Dist	Athlete			Date	Location
<b>High Jump</b>					
1.63m	Dan Holman	83	RIVA	02-28-2026	Edmonton
1.55m	Doug McLaren	76	UNSK	01-10-2026	Saskatoon
1.35m	Dale Lawrence	58	UNSK	03-07-2026	Toronto
<b>Pole Vault</b>					
4.05m	Jacob Lang	88	EXCL	01-10-2026	Saskatoon
<b>Long Jump</b>					
6.20m	Chris Schneider	90	RIVA	02-28-2026	Edmonton
5.39m	Mike Taylor	81	PAAC	03-21-2026	Saskatoon
5.03m	Steve Hurst	79	PAAC	03-21-2026	Saskatoon
4.96m	Doug McLaren	76	UNSK	03-07-2026	Toronto
4.01m	Dale Lawrence	58	UNSK	03-21-2026	Saskatoon
<b>Athlete with a Disability</b>					
6.15m	Janz Stein	81	EXCL	03-21-2026	Saskatoon
<b>Triple Jump</b>					
8.43m	Dale Lawrence	58	UNSK	03-21-2026	Saskatoon
<b>Shot Put</b>					
9.65m	Brent Craig	59	RIVA	03-21-2026	Saskatoon
9.39m	Kelly Wells	78	UNSK	12-13-2025	Saskatoon
9.24m	Doug McLaren	76	UNSK	03-07-2026	Toronto
<b>Athlete with a Disability</b>					
10.05m	Maitlan Knoke	88	STFC	02-28-2026	Toronto
<b>Weight Throw</b>					
10.64m	Brent Craig	59	RIVA	12-13-2025	Saskatoon
10.48m	Roland Delhomeau	45	TNMC	03-21-2026	Saskatoon

