

Friday May 8th, 2026 Track Schedule

Friday May8 th , 2026 - TRACK (4:30pm – 9:00pm)				
Time	Age	Gender	Event	Event Type
4:30pm	U18/U20/Senior Decathlon	Men	100m	CE
4:45pm	U18 Hep	Women	100 h (0.76m)	CE
	U20 Hep	Women	100 h (0.84m)	CE
	Senior Hep	Women	100 h (0.84m)	CE
5:00pm	U16	Girls	80 h (0.76m)	Timed Final
	U18	Women	100 h (0.76 m)	Timed Final
	U20	Women	100 h (0.84 m)	Timed Final
	Senior	Women	100 h (0.84 m)	Timed Final
	U16	Boys	100 h (0.84 m)	Timed Final
	U18	Men	110 h (0.91 m)	Timed Final
	U20	Men	110 h (0.99 m)	Timed Final
	Senior	Men	110 h (1.07 m)	Timed Final
SUPPER BREAK 5:45 PM to 6:15 PM				
6:30 pm	U12	Girls	150 m	Timed Final
	U12	Boys	150 m	Timed Final
	U14	Girls	150 m	Timed Final
	U16	Girls	200m	Timed Final
	U16	Boys	200m	Timed Final
	U18	Girls	200m	Timed Final
	U18	Boys	200m	Timed Final
	U20	Women	200m	Timed Final
	U20	Men	200m	Timed Final
	Master	Women	200m	Timed Final
	Master	Men	200m	Timed Final
	U14	Girls	1200m	Timed Final
	U14	Boys	1200m	Timed Final
	U16	Girls	1200m	Timed Final
	U16	Boys	1200m	Timed Final
	U18	Girls	1500m	Timed Final
	U18	Boys	1500m	Timed Final
	U20	Women	1500m	Timed Final
	U20	Men	1500m	Timed Final
	Senior	Women	1500m	Timed Final
	Senior	Men	1500m	Timed Final
8:30pm	U18/U20/Senior Hep	Women	200m	CE
8:35pm	U18/U20/Senior Decathlon	Men	400m	CE

Saturday May 9th, 2026 Track Schedule

Saturday May 9 th , 2026 - Track (8:00am – 4:00pm)					
Time	Age	Gender	Event	Event Information	
8:30 am	U16 Pent	Girls	80 mh (0.76 m)	CE	
	U16 Pent	Boys	100 mh (0.84 m)	CE	
	U18 Decathlon	Men	110 mh (0.91m)	CE	
	U20 Decathlon	Men	110 mh (0.99m)	CE	
	Senior Decathlon	Men	110 mh (1.07m)	CE	
9:15 am	U12	Girls	60m	Timed Final	
	U12	Boys	60m	Timed Final	
	U14	Girls	80m	Heats	
	U14	Boys	80m	Heats	
	U16	Girls	100m	Heats	
	U16	Boys	100m	Heats	
	U18	Girls	100m	Heats	
	U18	Boys	100m	Heats	
	U20	Women	100m	Heats	
	U20	Men	100m	Heats	
	Senior	Women	100m	Heats	
	Senior	Men	100m	Heats	
	Masters	Women	100m	Heats	
	Masters	Men	100m	Heats	
	U14	Girls	80m	Final	
	U14	Boys	80m	Final	
	U16	Girls	100m	Final	
	U16	Boys	100m	Final	
	U18	Girls	100m	Final	
	U18	Boys	100m	Final	
	U20	Women	100m	Final	
	U20	Men	100m	Final	
	Senior	Women	100m	Final	
	Senior	Men	100m	Final	
	Master	Women	100m	Final	
	Master	Men	100m	Final	
	U12	Girls	600m	Timed Final	
	U12	Boys	600m	Timed Final	
	U14	Girls	800m	Timed Final	
	U14	Boys	800m	Timed Final	
	U16	Girls	800m	Timed Final	
	U16	Boys	800m	Timed Final	
	U18	Girls	800m	Timed Final	
	U18	Boys	800m	Timed Final	
	U20	Women	800m	Timed Final	
	U20	Men	800m	Timed Final	
	Master	Women	800m	Timed Final	
	Master	Men	800m	Timed Final	
	WC	Mixed	200m	Timed Final	
	1:00 pm	U12	Girls	4 X 100	Timed Final
		U12	Boys	4 X 100	Timed Final
		U14	Girls	4 x 100	Timed Final
		U14	Boys	4 x 100	Timed Final
		U16	Girls	4 x 100	Timed Final
		U16	Boys	4 x 100	Timed Final
		U18	Girls	4 x 100	Timed Final
		U18	Boys	4 x 100	Timed Final
Senior		Women	4 x 100	Timed Final	
Senior		Men	4 x 100	Timed Final	
U16		Girls	300m	Timed Final	
U16		Boys	300m	Timed Final	
U18		Girls	400m	Timed Final	
U18		Boys	400m	Timed Final	

	U20	Women	400m	Timed Final
	U20	Men	400m	Timed Final
	Senior	Women	400m	Timed Final
	Senior	Men	400m	Timed Final
	U16	Girls	2000m	Timed Final
	U16	Boys	2000m	Timed Final
	U18	Women	3000m	Timed Final
	U18	Men	3000m	Timed Final
	U20	Women	3000m	Timed Final
	U20	Men	3000m	Timed Final
	Senior	Women	3000m	Timed Final
	Senior	Men	3000m	Timed Final
	U16 Pent	Women	800m	CE
	U16 Pent	Men	1000m	CE
	U18/U20/Senior Hep	Women	800m	CE
	U18/U20/Senior Decathlon	Men	1500m	CE

Friday May 8th, 2026 Field Schedule

Friday May 8 th , 2026 - Field				
Time	Age	Gender	Event	Event Information
5:15pm	U18/U20/Senior Decathlon	Men	Long Jump	CE
5:00pm	U12	Boys	Long Jump	Floating (3) Jumps
	U16	Girls	Long Jump	
	U18	Girls	Long Jump	
	U20	Women	Long Jump	
	Senior	Women	Long Jump	
	Masters	Women	Long Jump	
	U16	Boys	Long Jump	
	U18	Boys	Long Jump	
	U20	Men	Long Jump	
	Senior	Men	Long Jump	
	Masters	Men	Long Jump	
5:00pm				
	U16	Girls	Shot Put	
	U18	Girls	Shot Put	
	U20	Women	Shot Put	
	Senior	Women	Shot Put	
	Masters	Women	Shot Put	
6:45pm	U18/U20/Senior Decathlon	Men	Shot Put	CE
7:40pm	U18/U20/Senior Hep	Women	Shot Put	CE
	U16	Boys	Shot Put	
	U18	Boys	Shot Put	
	U20	Men	Shot Put	
	Senior	Men	Shot Put	
	Masters	Men	Shot Put	
5:00pm				
	U16	Boys	Discus	
	U18	Boys	Discus	
	U20	Men	Discus	
	Senior	Men	Discus	
	Masters	Men	Discus	
6:45pm	U16	Girls	Discus	
	U18	Girls	Discus	
	U20	Women	Discus	
	Senior	Women	Discus	
	Masters	Women	Discus	
5:00pm				
	U18	Girls	High Jump	
	U20	Women	High Jump	
	Senior	Women	High Jump	
6:15	U18/U20/Senior Hep	Women	High Jump	CE
6:45pm	U16	Girls	High Jump	
	Masters	Women	High Jump	
7:45pm	U18/U20/Senior Decathlon	Men	High Jump	CE
7:00pm				
	U16	Boys	Pole Vault	
	U18	Boys	Pole Vault	
	U20	Men	Pole Vault	
	Senior	Men	Pole Vault	
	Masters	Men	Pole Vault	

Saturday May 9th, 2026 Field Schedule

Saturday May 9 th , 2026 - Field				
Time	Age	Gender	Event	Event Information
9:00 AM	U16	Women	Triple Jump	
9:30 AM	U16 Pent	Boys	Long Jump	CE
10:30 AM	U18/U20/Senior Hep	Women	Long Jump	CE
	U14	Boys	Long Jump	
	U14	Girls	Long Jump	
	U12	Girls	Long Jump	Floating (3) Jumps
1:30PM	U16 Pent	Girls	Long Jump	CE
	U18	Women	Triple Jump	
	U20	Women	Triple Jump	
	Senior	Women	Triple Jump	
	U16	Boys	Triple Jump	
	U18 / U20	Boys	Triple Jump	
	Senior	Men	Triple Jump	
	Masters	Men	Triple Jump	
9:00 AM	U14	Women	Shot Put	
	U14	Men	Shot Put	
	U12	Girls	Shot Put	(3) Throws
	U12	Boys	Shot Put	(3) Throws
11:15AM	U16 Pent	Boys	Shot Put	CE
11:15 AM	U16 Pent	Girls	Shot Put	CE
	WC	Mixed	Seated Shot Put	
9:45 AM	U18/U20/Senior Decathlon	Men	Discus	CE
12:30pm	U16	Women	Hammer Throw	
	U18	Women	Hammer Throw	
	U20	Women	Hammer Throw	
	Senior	Women	Hammer Throw	
	Masters	Women	Hammer Throw	
3:00pm	U16	Men	Hammer Throw	
	U18	Men	Hammer Throw	
	U20	Men	Hammer Throw	
	Senior	Men	Hammer Throw	
	Masters	Men	Hammer Throw	
10:00am	U16	Girls	Javelin	
	U18	Girls	Javelin	
	U20	Women	Javelin	
	Senior	Women	Javelin	
	U16	Boys	Javelin	
	U18	Boys	Javelin	
	U20	Men	Javelin	
	Senior	Men	Javelin	
2:00pm	U18/U20/Senior Hep	Women	Javelin	CE
2:30pm	U18/U20/Senior Decathlon	Men	Javelin	CE
9:30am	U16 Pent	Girls	High Jump	
10:15am	U16	Men	High Jump	
	U18/U20	Men	High Jump	
	Senior	Men	High Jump	
	Masters	Men	High Jump	
	U16	Women	High Jump	
	Masters	Women	High Jump	
	U14	Women	High Jump	
	U14	Men	High Jump	

1:30pm	U16 Pent	Boys	High Jump	CE
11:30 AM	U18/U20/Senior Decathlon	Men	Pole Vault	CE
2:00pm	U16	Girls	Pole Vault	
	U18/ U20	Girls	Pole Vault	
	Senior	Women	Pole Vault	
	Masters	Women	Pole Vault	