

## Saskatchewan Provincial Age Class

Cross Country Championships
Hosted by Saskatoon Track & Field Club
Sanctioned by Sask. Athletics



## Saturday, October 18, 2025

Location: Lakewood Park (McKercher Dr & Heritage Cr)



**Registration link:** https://www.trackie.com/event/provincial-cross-country-2025/1031417/

Entry Fees: \$15.00 per competitor for U12 and U14

\$25.00 per competitor for U16 and Older

**Entry Deadline:** October 16, 12pm (CST)

**Contact:** Please direct all queries to Ivan Tam at:

saskatoontrackclub@gmail.com title email - PROV XC QUESTION

**Course Description:** 2 km loop, grass and gravel a few small hills, spectator friendly.

**Awards:** - the top three individuals and teams in each category receive a medal

- competitors are eligible for awards/placings in only one age category

Coaches identify teams at registration: minimum of 3, max of 4 on a team. No limit to # of teams.

**Parking:** across from the race site on the street as well as in parking lots at **Bathroom facilities** - Public facilities are available at Lakewood Civic Centre

## **Age Groups/Events/Times** (this will be a rolling schedule)

Registration: 10:00am – 12:00

| 11:30 a.m.                                                                                  | U12 Girls (2014 or later)              | 2 km  |
|---------------------------------------------------------------------------------------------|----------------------------------------|-------|
|                                                                                             | U12 Boys(2014 or later)                | 2 km  |
| 11:50 a.m.                                                                                  | U14 Girls (2012-13)                    | 2 km  |
|                                                                                             | U14 Boys (2012-13)                     | 2 km  |
| 12:10 pm                                                                                    | U16 Women U16 (2010-11)                | 4 km  |
|                                                                                             | U16 Men (2010-11)                      | 4 km  |
| 12:45 p.m.                                                                                  | U18 Women (2008-09)                    | 6 km  |
|                                                                                             | U18 Men (2008-09)                      | 6 km  |
| 1:35p.m.                                                                                    | U20 Women Men (2006-07)                | 8 km  |
|                                                                                             | U20 Men (2006-07)                      | 8 km  |
| 2:30 p.m.                                                                                   | Open Women (05 or earlier)             | 10 km |
|                                                                                             | Open Men (05 or earlier)               | 10 km |
|                                                                                             | Masters Women (30+yrs and incremental) | 6 km  |
|                                                                                             | Masters Men (30+yrs and incremental)   | 6 km  |
| Awards will take place when the finishers and times are verified (soon after events occur). |                                        |       |

- U12, U14, and U16 runners may participate in this competition without a Sask. Athletics membership or Sask. Athletics Day Pass
- U18, U20, Open and Masters runners who are not members of Sask Athletics MUST purchase a Sask. Athletics Day Pass at this competition in order to compete.
- Please check the Trackie confirmation list for your entry.

Winner will receive up to 75% funding for travel in the U16, U18, U20 & Open categories. Second to 4th place finishers in the U16, U18 & U20 Categories receive up to 50% funding for travel to the National AC Championships (Nov.29-30) in London, ON. Contact Sask Athletics for info.