

Saskatchewan Athletics Masters Women Road Running Records
As of July 29, 2025

Women 30-34

Distance	Time	Name	Date	Event	Location
5km	18:16	Hailey Thompson	22-Sep-24	Step Up Run 5km	Saskatoon, SK, CAN
10km	39:36	Hailey Thompson	16-Jun-24	Manitoba Marathon 10km	Winnipeg, MB, CAN
Half Marathon					
Marathon					

Women 35-39

Distance	Time	Name	Date	Event	Location
5km	23:29	Adrienne Vangool	26-May-24	Saskatchewan Marathon 5km	Saskatoon, SK, CAN
10km	37:48	Elizabeth Tomczak	26-May-24	Saskatchewan Marathon 10km	Saskatoon, SK, CAN
Half Marathon	1:24:53	Elizabeth Tomczak	15-Jun-25	Manitoba Marathon 21.1km	Winnipeg, MB, CAN
Marathon					

Women 40-44

Distance	Time	Name	Date	Event	Location
5km	19:09	Brandi Venne	16-Jul-24	Sunset 5km Series Race 2	Saskatoon, SK, CAN
10km	39:19	Brandi Venne	22-Sep-24	Step Up Run 10km	Saskatoon, SK, CAN
Half Marathon	1:23:59	Brandi Venne	26-May-24	Saskatchewan Marathon 21.1km	Saskatoon, SK, CAN
Marathon	2:51:01	Robyn Luthi	03-Nov-24	NYC Marathon	New York, NY, USA

Women 45-49

Distance	Time	Name	Date	Event	Location
5km					
10km	49:39	Sarah Williams	25-May-25	Saskatchewan Marathon 10km	Saskatoon, SK, CAN
Half Marathon					
Marathon					

Women 50-54

Distance	Time	Name	Date	Event	Location
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5km	24:15	Tracy Fisher	11-May-24	Royal Road Race	Regina, SK, CAN
10km	49:12	Yuka Yamaguchi	27-Apr-24	Run Your Ice Off	Saskatoon, SK, CAN
Half Marathon					
Marathon					

Women 55-59

Distance	Time	Name	Date	Event	Location
5km	25:51	Valerie Hardy	22-Sep-24	Step Up Run 5km	Saskatoon, SK, CAN
10km	54:41	Lisa Pasishnik	22-Sep-24	Step Up Run 10km	Saskatoon, SK, CAN
Half Marathon					
Marathon					

Women 60-64

Distance	Time	Name	Date	Event	Location
5km	23:50	Jan Smith	26-May-24	Saskatchewan Marathon 5km	Saskatoon, SK, CAN
10km	50:25	Colleen Walker	25-May-25	Saskatchewan Marathon 10km	Saskatoon, SK, CAN
Half Marathon	1:49:33	Colleen Walker	26-May-24	Saskatchewan Marathon 21.1km	Saskatoon, SK, CAN
Marathon					

Women 65-69

Distance	Time	Name	Date	Event	Location
5km	23:31	Jan Smith	25-May-25	Saskatchewan Marathon 5km	Saskatoon, SK, CAN
10km	52:00	Jan Smith	10-May-25	Royal Road Race	Regina, SK, CAN
Half Marathon					
Marathon					

Women 70-74

Distance	Time	Name	Date	Event	Location
5km	24:47	Lynne Wawryk-Epp	25-May-25	Saskatchewan Marathon 5km	Saskatoon, SK, CAN
10km	52:57	Gwyneth Woodson	25-May-25	Saskatchewan Marathon 10km	Saskatoon, SK, CAN
Half Marathon	2:01:23	Ali Bergeron	26-May-24	Saskatchewan Marathon 21.1km	Saskatoon, SK, CAN
Marathon					

Women 75-79

Distance	Time	Name	Date	Event	Location
5km	30:49	Judy Warick	26-May-24	Saskatchewan Marathon 5km	Saskatoon, SK, CAN
10km	1:13:11	Jean Healey	26-May-24	Saskatchewan Marathon 10km	Saskatoon, SK, CAN
Half Marathon					
Marathon					

Women 80-84

Distance	Time	Name	Date	Event	Location
5km					
10km					
Half Marathon					
Marathon					

Women 85-89

Distance	Time	Name	Date	Event	Location
5km					
10km					
Half Marathon					
Marathon					

Women 90-94

Distance	Time	Name	Date	Event	Location
5km					
10km					
Half Marathon					
Marathon					