

PROGRAM COORDINATOR

Saskatchewan Athletics continues the annual clinic delivery program for middle-year and high school aged athletes. Requests are usually booked for the months of April and May, as this matches the Saskatchewan High School track & field season. The invitation to start booking clinics was sent out to school contacts in January. Currently over 30 clinics have been booked in communities across the province. The delivery model allows schools to book half day or full day clinics, schools can book a one-time clinic or book multiple clinics. Our clinics provide an opportunity for mentorship of local coaches, teachers, and community leaders along with quality technical instruction in urban, rural, and northern regions of the province.

A total of 60 athletes were identified and join the Sask Excellence Program for 2025. The top athletes were identified for each event in each age class from the 2024 indoor and outdoor rankings. Of these 60 athletes, 24 are U16 and 36 are U18. Athletes that joined the program received a drawstring bag, t-shirt, certificate, a discount to attend the annual Spring Camp, and an invitation to join the provincial U16/U18 team that will compete at the U16/U18 Western Canada Team Challenge meet in Edmonton, AB, July 18-20. The purpose of this program is to identify younger athletes to give them opportunities that help support their development in the sport.

The 2025 U16 and U18 teams will be confirmed shortly after the Provincial Track and Field Championships & Trials Meet in Regina, June 28-29. Saskatchewan Athletics intends to field full teams of U16 and U18 athletes at the Western Canada Team Challenge meet. About half of the team will be made up of Sask Excellence athletes, with the remainder being athletes selected from the Provincial Track and Field Championships & Trials Meet.

The annual Spring Camp took place April 12-13, 2025 in Saskatoon at the Field House. Registered athletes enjoyed four training sessions, accommodations at the Holiday Inn & Suites East Hotel, meals at Marquis Hall and a Sport Medicine & Science session. Spring Camp is intended for athletes in the grades 9-12 that reside in rural communities. 53 athletes took part in this year's camp, a significant increase from 2024 when 40 athletes took part, and 2023 when 26 athletes took part.

Saskatchewan Athletics is committed to supporting the development of road running and trail running within the province. We are working closely with existing road running and trail running events to host Provincial Championships for these disciplines. The 2025 Provincial 5km, 10km, Half Marathon and Full Marathon Championships are being hosted by the Saskatchewan Marathon on May 25, the 2025 Provincial Road Mile Championships are being hosted by the Whiteswan Mile on July 6, and the 2025 Provincial Mountain/Trail Running Championships are being hosted by the Beaver Flat 50 on September 13.

Coach development continues to be a priority at Saskatchewan Athletics. Several coaching courses at various levels are organized throughout the year, usually during the fall and spring. A new webinar, Track and Field for Teachers, was recently hosted in March to engage with and support high school coaches and teachers. This was a popular initiative, with 73 coaches and teachers registering for this webinar.