

SASKATCHEWAN MASTERS

There are eighty-six registered Masters athletes in Saskatchewan. Fifty-one of these are males and thirty-five are females.

One World record, three Canadian records, and thirty-eight Saskatchewan records have been set or broken in the indoor season by Saskatchewan athletes. Four Saskatchewan Masters were also part of relay teams which set Canadian records.

Canadian records set/broken:

Kerri Lovelace – 50m
Carol LaFayette-Boyd – 200m (tied her own record)
Sandi Arnason - Heptathlon
Mike Taylor – (M35) 4 x 200m Relay
Kelly Silcox – (Mixed 55) 4 x 200m Relay
Trevor Jacek – (Mixed 40) 4 x 200m Relay
Carol LaFayette-Boyd – (Mixed 70) 4 x 200m Relay
Carol LaFayette-Boyd – (W65) 4 x 200m Relay

The World record was Carol LaFayette-Boyd tying her own 200m record. Carol was also part of the women's (W65) 4 x 200m Relay team which set a new World record.

The Bob Adams Awards of Excellence for Masters 2024 went to Gwen Boivin and Dale Lawrence. Jan Smith, Mike Taylor, and Colin Ellis were recipients of the Howard West Sports Awards. Muriel Gieni was selected as the Canadian Masters Athletics Athlete of the Month of February 2024.

In 2024 Carol LaFayette-Boyd was inducted into the World Masters Athletics Gallery of Champions.

Muriel Gieni was the recipient of the 2024 Canadian Masters Athletics Ian Hume Award for Combined Events.

The Canadian Masters Indoor Championships were held in March at Winnipeg. Nineteen Saskatchewan athletes took part winning three bronze, eleven silver, and thirty-three gold medals.

Six Saskatchewan Masters travelled to Gainesville, Florida to compete at the World Masters Indoor Championships. Carol LaFayette-Boyd won four gold medals in her individual events and gold and silver in relays. Kelly Silcox received a silver medal in her relay.

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Upcoming Masters Meets:

May 24	2025 Otto's Ottawa 10K – Ottawa
July 17 – 20	2025 USATF Masters Outdoor Championships – Huntsville, Alabama
August 1 - 3	2025 Canadian Masters Outdoor Championships – Laval
August 17	2025 Servus Edmonton Half Marathon - Edmonton
September 20	2025 Sports Experts 5K - Montreal
October 19	2025 TCS Toronto Waterfront Marathon - Toronto
November 29	2025 Canadian Cross Country Championships – London, Ontario
Aug. 25-Sept.8	2026 World Masters Athletics Outdoor Championships – Daegu, South Korea