

**2025 Competitions - Off Track - as of April 30, 2025**

<b>DATE</b>	<b>Competition</b>	<b>Location</b>	<b>Information</b>
Sat May 10, 2025	Royal Road Race	Regina	jaletapacers.com/royal-road-race
Sat May 17, 2025	Reesor 50	Reesor Ranch/Cypress Hills	pskyrunning.com
Sun May 18, 2025	Lions Echo Lake Road Race	Fort Qu'Appelle	racerooster.com/events/2025/103183/fort-quappelle-lions-echo-lake-road-race
Sat May 24, 2025	Ottawa 10K (Canadian 10K championships)	Ottawa, ON	www.runottawa.ca
Sun May 25, 2025	Saskatchewan Marathon (Provincial 5k, 10k, Half-Marathon and Marathon Championships)	Saskatoon	www.saskmarathon.ca/
Sat June 14, 2025	Summit Run	Prince Albert	www.summitrun.org
Fri Jul 4-6, 2025	Quebec Mega Trail (Canadian Trail Running Championships, 50k & 80k)	Quebec City, QC	ultratrailcanada.com
Sun Aug 17, 2025	Servus Edmonton Marathon(Canadian 1/2-Marathon Championships)	Edmonton, AB	www.edmontonmarathon.ca
Sun Aug 17, 2025	Yorkton Charity Road Race (5km, 10km)	Yorkton	racerooster.com/events/2025/98921/yorkton-charity-road-race-2025
Sat Sept 13, 2025	Beaver Flat 50	Sask Landing Prov Park	pskyrunning.com
Sat Sept 13, 2025	Melfort Multi-K	Melfort	melfortmultik.ca
Sat Sept 20, 2025	Dakota Classic XC	White Cap	Jason Reindl   jason.reindl@usask.ca
Sat Sept 20, 2025	Canadian 5k Championships (Road)- Montreal Marathon	Montreal, QC	couronsmtl.com/en/marathon-beneva/accueil
Sat Oct 11, 2025	SHSAA (High School) Cross Country Championships	Yorkton	shsaa.ca/page/show/992558-cross-country-activity-information
Fri Oct 17-19, 2025	Vertical + Classic Up & Down Mountain Canadian Championships (Défi des Couleurs)	Mont-Sainte-Anne, QC	defidescouleurs.ca
Sat Oct 18, 2025	Sask Provincial Age Class XC Championships	Saskatoon	saskathletics.ca
Sun Oct 19, 2025	Toronto Waterfront Marathon (Canadian Marathon Champs)	Toronto, ON	torontowaterfrontmarathon.com/elites-and-awards
Sat Oct 25, 2025	Canada West Cross-Country (University Only)	Victoria, BC	govikesgo.com
Sat Nov 8, 2025	USports Cross-Country (University Only)	Sherbrooke, QC	usherbrooke.ca/crosscountry/
Sat Nov 29-30, 2025	Canadian Cross Country Championships	London, ON	athletics.ca