

2025 Saskatchewan Provincial Track & Field Championships

U16, U18, U20, and Senior

U16/U18 Trials Meet

Canada Games Athletic Complex

Regina, Saskatchewan

June 28th - 29th, 2025



Sponsored by: Excel Athletika

Sanctioned by: Saskatchewan Athletics and World Athletics

World Para Athletics Approved

1. **Entry Fee:** First event: \$30.00

Second event: \$30.00

Third event: \$30.00

Additional events: \$25.00 per event.

2. **Eligibility:** Saskatchewan athletes must be registered with Saskatchewan Athletics before the competition. Out-of-province athletes must be registered with the sports governing body in their province. Saskatchewan athletes may obtain a membership at:

<https://athleticsreg.ca/#!/memberships/saskatchewan-athletics-2025-membership>

3. **Age Classes:**

- **Senior:** 20 and older as of Dec. 31, 2025 (born 2005 or earlier)
- **U20:** Under 20 as of Dec. 31, 2025 (born 2006 or 2007)
- **U18:** Under 18 as of Dec. 31, 2025 (born 2008 or 2009)
- **U16:** Under 16 as of Dec. 31, 2025 (born 2010 or 2011)

4. **Scratches:** Please report scratches the meet office as soon as possible.

5. **Protests:** Protests must be submitted in writing to the meet office no later than one-half hour following the official posting of results. Protests must be accompanied by a \$50.00 deposit which may be forfeited if the protest is disallowed.

6. **Entry Deadline:** The entry deadline for the meet is:

6:00 p.m. MT, Friday, June 20, 2025

7. Trackie Registration: Please paste the following URL into your browser:

<https://www.trackie.com/event/sask-provincial-outdoor-championships-and-trials-meet/1019878/>

Entries will not be accepted from e-mails. Late entries will not be accepted.

Direct inquiries to: jflangen@sasktel.net
or
(306) 550-7080

8. **Registration:** Canada Games Athletic Complex

8:00 A.M., Saturday, June 28

First Event: 9:00 A.M.

8:00 A.M., Sunday, June 29

First Event: 9:00 A.M.

5. **Awards:** Gold, Silver and Bronze medallions will be presented in Provincial Championship events.

6. **Spike length:** Track – maximum 7mm; Field - maximum 9mm. Pin spikes only.

7. **Accommodations**

Meet Hotel: Atlas Hotel

4025 Albert Street

Regina S4S 3R6

Phone: 306-586-3443

Booking Code: 062725TFC

Cost: \$169.95 plus taxes per room.

Rooms will be held until May 23, 2025.

8. **Tentative Schedule of Events:** This schedule of events is tentative and is subject to change based on the number of entries received. Events will be held on the dates indicated but the times are subject to change.

SATURDAY, June 28, 2025

| | Track | | Throws | | Vertical Jumps | | Horizontal Jumps |
|-----------------|---|-----------------|--------------------|-----------------|---------------------------|-----------------|------------------------------|
| 9:00 AM | 3Km S/C - All | 11:00 AM | Hammer - Men | 11:00 AM | High Jump - U18G | 11:00 AM | Long Jump – Masters M & W |
| | 2Km S/C - All | | Master/Shot - U18M | | Pole Vault - SenM/U20M | | |
| 10:30 AM | 1500m S/C - All Sprint Hurdles - Heats | | | | | | |
| 11:30 AM | Sprint Hurdles - Finals | | | | | | |

Lunch

| | | | | | | | |
|----------------|-----------------------------|----------------|----------------------------------|----------------|--------------------------|----------------|------------------------------|
| 1:00 PM | 100m Heats | 1:00 PM | Hammer - Women | 1:00 PM | High Jump - U16G | 1:00 PM | Long Jump - SeniorM/U20M |
| 1:50 PM | 300m/400m - Timed Finals | | Shot - Senior/U20 Men | 2:00 PM | High Jump - Sen/U20W | | Triple Jump - U18/U16W |
| 2:30 PM | 100m Finals | 2:00 PM | Discus - U16W/U18W | | Pole Vault - U18/U16M | 2:00 PM | Long Jump - U16M |
| 3:15 PM | 1200m/1500m | | Shot - U16M | | | | Triple Jump - Senior/U20W |
| | | 3:00 PM | Discus - SeniorW/U20W/MasterW | | | 3:00 PM | Long Jump - U18M |

SUNDAY, June 29, 2025

| | Track | | Throws | | Vertical Jumps | | Horizontal Jumps |
|-----------------|--------------|-----------------|---------------------------------------|-----------------|--------------------------|-----------------|-------------------------|
| 9:00 AM | 2KM/3Km/5Km | 11:00 AM | Javelin - MasterM/SeniorM/U20 M | 11:00 AM | High Jump - U16B | 11:00 AM | Triple Jump - U18M |
| 11:30 AM | 200m Heats | | Shot - U16W | | Pole Vault - U18/U16G | | |

Lunch

| | | | | | | | |
|----------------|-------------------|----------------|--|----------------|-----------------------------|----------------|------------------------------|
| 1:00 PM | 200 m Finals | 1:00 PM | Shot - MasterW/SeniorW/U20 W | 1:00 PM | High Jump - Masters M/W | 1:00 PM | Long Jump - U16W |
| 1:30 PM | 200m/400m Hurdles | | Javelin - U16W/U18W | | Pole Vault - Senior/U20W | | Triple Jump - U16M |
| 2:00 PM | 800m | 2:00 PM | Discus - U20M/Senior M/ Masters Men | 2:00 PM | High Jump - Sen/U20M | 2:00 PM | Triple Jump - Senior/U20M |
| | | | Shot - U18W | | | | Long Jump - Senior/U20W |
| | | 2:00 PM | Javelin - U16M/U18M | 3:00 PM | High Jump - U18M | | |
| | | | Discus - U16M/U18M | | | 3:00 PM | Long Jump - U18W |
| | | 3:00 PM | Javelin - Master/Senior/U20 W | | | | Triple Jump - Masters W/M |