

2023 Outdoor Rankings Master Men

Time/Dist	Athlete	Date	Location
-----------	---------	------	----------

100 Metres

11.37	1.6	Mike Taylor	81	PAAC	16-06-2023	Calgary
12.83	0.6	Colin Ellis	67	UNSK	21-07-2023	Regina
12.97	0.5	Mark Sax	81	EXCL	13-05-2023	Regina
13.88	0.0	Ron Kelly	57	DATC	01-06-2023	Saskatoon
14.34	-0.6	Marcel D'Eon	53	RIVA	11-08-2023	Langley
14.52	-0.1	Travis Sulewski	69	EXCL	10-06-2023	Regina
17.73	1.2	Randy Warick	49	TNMC	11-08-2023	Langley
18.35	1.2	Masahiro Mizuno	51	TNMC	11-08-2023	Langley

Wind/No Wind

11.98	3.5	Chad Kichula	76	FLCR	16-06-2023	Calgary
-------	-----	--------------	----	------	------------	---------

Athlete with a Disability

Wind/No Wind

12.93	NWI	Janz Stein	81	EXCL	10-06-2023	Regina
-------	-----	------------	----	------	------------	--------

200 Metres

23.45	0.1	Mike Taylor	81	PAAC	11-08-2023	Langley
24.98	1.4	Chad Kichula	76	FLCR	16-06-2023	Calgary
25.95	-0.1	Trevor Jacek	81	RWAC	13-05-2023	Regina
26.92	1.3	Colin Ellis	67	UNSK	21-07-2023	Regina
29.65	-1.3	Travis Sulewski	69	EXCL	10-06-2023	Regina
29.74	-2.6	Thevi Pather	60	UNSK	11-08-2023	Langley
29.80	-2.7	Marcel D'Eon	53	RIVA	11-08-2023	Langley
29.97	-0.1	Ron Kelly	57	DATC	13-05-2023	Regina
38.10	-1.8	Randy Warick	49	TNMC	11-08-2023	Langley
39.09	-1.8	Masahiro Mizuno	51	TNMC	11-08-2023	Langley

Wind/No Wind

23.38	2.8	Mike Taylor	81	PAAC	24-06-2023	Edmonton
-------	-----	-------------	----	------	------------	----------

2023 Outdoor Rankings Master Men

Time/Dist	Athlete			Date	Location
400 Metres					
54.51	Trevor Jacek	81	RWAC	11-08-2023	Langley
1:12.12	Marcel D'Eon	53	RIVA	11-08-2023	Langley
1:33.82	Randy Warick	49	TNMC	11-08-2023	Langley
3:16.18	Hylke van der Wal	38	UNSK	14-07-2023	Saskatoon
800 Metres					
1:59.44	Russell Neff	85	EXCL	21-07-2023	Regina
2:01.66	Trevor Jacek	81	RWAC	21-07-2023	Regina
2:03.07	Iain McCormick	85	UNSK	01-06-2023	Saskatoon
2:27.07	Harvey Weber	65	RWAC	11-08-2023	Langley
2:29.52	Tyrell Bjarnason	80	RWAC	14-07-2023	Saskatoon
2:52.08	Tarrant Cross Child	76	RWAC	29-06-2023	Saskatoon
1500 Metres					
4:31.43	Trevor Jacek	81	RWAC	14-07-2023	Saskatoon
4:43.53	Jason Warick	73	STFC	11-08-2023	Langley
5:11.67	Tyrell Bjarnason	80	RWAC	14-07-2023	Saskatoon
5:22.04	Harvey Weber	65	RWAC	11-08-2023	Langley
7:58.42	Brent Kennedy	54	UNSK	11-08-2023	Langley
3000 Metres					
13:52.59	Robert (Greg) Wilson	81	EXCL	14-07-2023	Saskatoon
5000 Metres					
18:21.38	Jason Warick	73	STFC	11-08-2023	Langley
21:51.00	Dave Olsen	55	UNSK	14-07-2023	Saskatoon
10,000 Metres					
46:32.97	Dave Olsen	55	UNSK	11-08-2023	Langley
58:57.61	Brent Kennedy	54	UNSK	11-08-2023	Langley
1 Mile					
5:55.70	Harvey Weber	65	RWAC	07-07-2023	Winnipeg

**2023 Outdoor Rankings
Master Men**

Time/Dist		Athlete			Date	Location
100m Hurdles						
19.68	-0.9	Doug McLaren	76	UNSK	11-08-2023	Langley
21.29	1.5	Dale Lawrence	58	UNSK	21-07-2023	Regina
200m Hurdles						
1:27.73	-1.2	Hylke van der Wal	38	UNSK	14-07-2023	Saskatoon
2000m Steeple Chase						
10:36.95		Robert (Greg) Wilson	81	EXCL	14-07-2023	Saskatoon
26:14.67		Hylke van der Wal	38	UNSK	11-08-2023	Langley
High Jump						
1.60m		Doug McLaren	76	UNSK	11-08-2023	Langley
1.38m		Dale Lawrence	58	UNSK	14-07-2023	Saskatoon
Long Jump						
4.30m	1.7	Dale Lawrence	58	UNSK	14-07-2023	Saskatoon
2.59m	1.1	Masahiro Mizuno	51	TNMC	11-08-2023	Langley
1.57m	1.3	Hylke van der Wal	38	UNSK	14-07-2023	Saskatoon
Wind/No Wind						
2.65m	2.2	Masahiro Mizuno	51	TNMC	11-08-2023	Langley
Athlete with a Disability						
6.16m	1.5	Janz Stein	81	EXCL	14-07-2023	Saskatoon
Wind/No Wind						
6.33m	3.9	Janz Stein	81	EXCL	27-05-2023	Winnipeg
Triple Jump						
9.02m	0.3	Dale Lawrence	58	UNSK	14-07-2023	Saskatoon

2023 Outdoor Rankings Master Men

Time/Dist	Athlete			Date	Location
Shot Put					
14.87m	Justin Greif	88	UNSK	14-07-2023	Saskatoon
9.88m	Brian Berquist	53	RIVA	10-06-2023	Regina
9.80m	Art Battiste	42	TNMC	10-06-2023	Regina
9.55m	Paul Kozan	71	UNSK	11-08-2023	Langley
Discus					
41.75m	Justin Greif	88	UNSK	14-07-2023	Saskatoon
34.74m	Dale Lawrence	58	UNSK	14-07-2023	Saskatoon
34.68m	Paul Kozan	71	UNSK	11-08-2023	Langley
31.65m	Brian Berquist	53	RIVA	10-06-2023	Regina
21.13m	Roland Delhomeau	45	TNMC	14-07-2023	Saskatoon
21.08m	Art Battiste	42	TNMC	10-06-2023	Regina
16.98m	Bob Edwards	40	UNSK	13-05-2023	Regina
Hammer					
55.51m	Justin Greif	88	UNSK	14-07-2023	Saskatoon
26.88m	Art Battiste	42	TNMC	10-06-2023	Regina
25.83m	Brian Berquist	53	RIVA	10-06-2023	Regina
19.73m	Bob Edwards	40	UNSK	14-07-2023	Saskatoon
18.88m	Roland Delhomeau	45	TNMC	14-07-2023	Saskatoon
Javelin					
36.85m	Riley McIntyre	88	EXCL	13-05-2023	Regina
35.84m	Justin Greif	88	UNSK	14-07-2023	Saskatoon
31.82m	Dale Lawrence	58	UNSK	13-05-2023	Regina
29.76m	Brian Berquist	53	RIVA	14-07-2023	Saskatoon
22.29m	Art Battiste	42	TNMC	10-06-2023	Regina
19.08m	Roland Delhomeau	45	TNMC	14-07-2023	Saskatoon
Weight Throw					
7.17m	Brian Berquist	53	RIVA	02-07-2023	Kelowna

**2023 Outdoor Rankings
Master Men**

Time/Dist

Athlete

Date

Location

Weight Pentathlon

2378 pts

Brian Berquist 53 RIVA 02-07-2023
24.32m - HT/9.49m - SP/28.69m - DT/28.79m - JT/7.17m - WT

Kelowna