

**2023 Outdoor Rankings
U20 - Junior Women**

Time/Dist	Athlete	Date	Location
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100 Metres

Native Outdoor	11.58 Jul-04-03 Jenni Hucul STFC
Open Outdoor	11.58 Jul-04-03 Jenni Hucul STFC

12.15	1.0	Selena Keyowski	04	STFC	10-06-2023	Regina
12.24	1.5	Daniella Oyenuga	04	UNSK	06-04-2023	Durham, NC
12.25	1.0	Katiana Gilbert	05	STFC	10-06-2023	Regina
12.48	1.0	Emilee Toth	05	FLCR	10-06-2023	Regina
12.53	1.0	Emma Egert	05	STFC	10-06-2023	Regina
12.64	0.9	Natalie Thompson	05	STFC	27-07-2023	Langley
12.70	1.8	Kendyl Dziadyk	05	STFC	16-06-2023	Calgary
12.89	0.2	Kaidyn Keith	04	URTC	10-06-2023	Regina
13.39	1.7	Ainsley Clark	04	STFC	18-07-2023	Halifax
13.89	-0.5	Tira Schafer	05	STFC	02-06-2023	Saskatoon
14.01	0.6	Maia Poirier	04	LTNL	13-05-2023	Regina
14.30	1.1	Adrienne Tanjusay	04	RIVA	14-07-2023	Saskatoon
15.19	2.0	Haylie Desjarlais	04	UNSK	18-07-2023	Halifax

Wind/No Wind/Hand Time

11.89	2.6	Selena Keyowski	04	STFC	16-06-2023	Calgary
12.21	2.6	Katiana Gilbert	05	STFC	16-06-2023	Calgary
12.30	2.6	Natalie Thompson	05	STFC	16-06-2023	Calgary
12.53	5.8	Katie Kichula	05	FLCR	16-06-2023	Calgary
12.55	2.4	Kendyl Dziadyk	05	STFC	16-06-2023	Calgary

200 Metres

Native Outdoor	24.17 May-08-21 Savannah Sutherland STFC/23.8h Aug-02-81 Joanne McTaggart STC
Open Outdoor	23.85 Aug-02-81 Angela Bailey UT

25.25	0.4	Selena Keyowski	04	STFC	01-06-2023	Saskatoon
25.48	-1.7	Katiana Gilbert	05	STFC	27-07-2023	Langley
25.76	-0.4	Emma Egert	05	STFC	14-07-2023	Saskatoon
26.09	-2.3	Shelaine Pritchard	04	URTC	10-06-2023	Regina
26.47	1.2	Katie Kichula	05	FLCR	06-03-2023	Saskatoon
27.10	0.4	Reese Drake	04	RIVA	01-06-2023	Saskatoon
27.13	-2.3	Emilee Toth	05	FLCR	10-06-2023	Regina

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200 Metres - Cont'd

27.42	0.4	Abigail Peace	04	RIVA	01-06-2023	Saskatoon
27.67	0.1	Alliyah Attah	04	RIVA	29-06-2023	Saskatoon
27.76	0.5	Alison Cey	04	DATC	01-06-2023	Saskatoon
28.08	0.6	Ainsley Clark	04	STFC	18-07-2023	Halifax

Wind/No Wind/Hand Time

25.38	2.6	Emma Egert	05	STFC	14-05-2023	Calgary
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400 Metres

Native Outdoor	52.91	Jun-12-21	Savannah Sutherland	STFC
Open Outdoor	52.91	Jun-12-21	Savannah Sutherland	STFC

57.82		Emma Egert	05	STFC	02-06-2023	Saskatoon
58.12		Attleigh Maloney	05	RIVA	02-06-2023	Saskatoon
59.84		Katiana Gilbert	05	STFC	14-07-2023	Saskatoon
1:00.14		Kira Wignes	05	STFC	14-07-2023	Saskatoon
1:01.34		Julia Egert	04	STFC	14-07-2023	Saskatoon
1:01.67		Bryanna Totton	05	EXCL	02-06-2023	Saskatoon
1:01.93		Rayne Cyr	05	PAAC	02-06-2023	Saskatoon
1:05.00		Daiven Scherman	04	NBLT	02-06-2023	Saskatoon
1:06.79		Annika Yuzdepski	05	RIVA	14-07-2023	Saskatoon

800 Metres

Native Outdoor	2:05.48	Jul-10-22	Avery Pearson	UofS
Open Outdoor	2:05.48	Jul-10-22	Avery Pearson	UofS

2:13.90		Attleigh Maloney	05	RIVA	27-07-2023	Langley
2:18.08		Kira Wignes	05	STFC	27-07-2023	Langley
2:23.83		Bryanna Totton	05	EXCL	10-06-2023	Regina
2:24.07		Jadyn Palaschuk	05	MJRT	02-06-2023	Saskatoon
2:24.54		Julia Egert	04	STFC	01-06-2023	Saskatoon
2:27.01		Rayne Cyr	05	PAAC	02-06-2023	Saskatoon
2:32.57		Harper Lebell	05	EXCL	02-06-2023	Saskatoon
2:36.79		Daiven Scherman	04	NBLT	02-06-2023	Saskatoon

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800 Metres - Cont'd			
2:41.96	Shelaine Pritchard	04 URTC 27-07-2023	Langley
1500 Metres			
	Native Outdoor	4:18.61 Jun-10-09 Kendra Schaaf QCST	
	Open Outdoor	4:18.61 Jun-10-09 Kendra Schaaf QCST	
4:52.66	Callie Steen	05 RIVA 02-06-2023	Saskatoon
4:54.65	Jadyn Palaschuk	05 MJRT 02-06-2023	Saskatoon
4:55.20	Harper Lebell	05 EXCL 10-06-2023	Regina
5:55.14	Daiven Scherman	04 NBLT 02-06-2023	Saskatoon
3000 Metres			
	Native Outdoor	9:14.62 Jul-18-09 Kendra Schaaf QCST	
	Open Outdoor	9:14.62 Jul-18-09 Kendra Schaaf QCST	
10:41.84	Jadyn Palaschuk	05 MJRT 02-06-2023	Saskatoon
10:44.91	Callie Steen	05 RIVA 02-06-2023	Saskatoon
11:23.87	Harper Lebell	05 EXCL 02-06-2023	Saskatoon
12:57.62	Daiven Scherman	04 NBLT 02-06-2023	Saskatoon
13:10.90	Rayne Cyr	05 PAAC 18-07-2023	Halifax
100m Hurdles .84m			
	Native Outdoor	13.73 July-27-19 Savannah Sutherland STFC	
	Open Outdoor	13.57 Jul-24-04 Francis Keating ON	
14.25	-0.3 Selena Keyowski	04 STFC 27-07-2023	Langley
14.76	-0.1 Shelaine Pritchard	04 URTC 10-06-2023	Regina
15.63	1.2 Kendyl Dziadyk	05 STFC 29-06-2023	Saskatoon
Wind/No Wind			
14.23	2.5 Selena Keyowski	04 STFC 27-07-2023	Langley

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400m Hurdles .76m

Native Outdoor	57.27	Aug-22-21	Savannah Sutherland	STFC/CAN
Open Outdoor	57.27	Aug-22-21	Savannah Sutherland	STFC/CAN

1:04.31	Emma Egert	05	STFC	27-07-2023	Langley
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High Jump

Native Outdoor	1.80m	Jun-26-88	Vanessa Monar	UNSK
Open Outdoor	1.85m	Aug-9 -97	Whitney Evans	AB

1.60m	Shelaine Pritchard	04	URTC	13-05-2023	Calgary
1.46m	Alyssa Poitras	05	UNSK	18-07-2023	Halifax

Pole Vault

Native Outdoor	4.11m	Jun-25-04	Adrienne Vangool	RIVA
Open Outdoor	4.11m	Jun-25-04	Adrienne Vangool	RIVA

3.26m	Natalie Thompson	05	STFC	14-07-2023	Saskatoon
2.96m	Kiara Stone	04	STFC	14-07-2023	Saskatoon
2.40m	Elizabeth Byambatseren	05	STFC	10-06-2023	Regina
2.21m	Adrienne Tanjusay	04	RIVA	14-07-2023	Saskatoon
2.17m	Decie Deschamps	05	STFC	02-06-2023	Saskatoon

Long Jump

Native Outdoor	6.02m	Jun-02-07/Jun-16-15	Brianne Theisen	STFC/Ope	Adelugba	STFC
Open Outdoor	6.41m	Aug-02 -81	Nicole Ali	ON		

6.12m	1.3	Daniella Oyenuga	04	UNSK	06-05-2023	Philadelphia, PA
5.59m	0.7	Shelaine Pritchard	04	URTC	10-06-2023	Regina
5.38m	0.4	Natalie Thompson	05	STFC	02-06-2023	Saskatoon
5.32m	0.2	Kaidyn Keith	04	URTC	27-07-2023	Langley
5.14m	0.0	Kendyl Dziadyk	05	STFC	14-07-2023	Saskatoon
5.06m	0.0	Emilee Toth	05	FLCR	27-07-2023	Langley
4.83m	1.6	Ainsley Clark	04	STFC	18-07-2023	Halifax

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Long Jump - Cont'd

3.88m	-0.9	Alyssa Poitras	05	UNSK	18-07-2023	Halifax
3.63m	1.0	Ashlyn Renneberg	05	STFC	14-07-2023	Saskatoon

Wind/No Wind

5.24m	2.5	Kendyl Dziadyk	05	STFC	10-06-2023	Regina
4.96m	2.1	Kylie Howe	05	EXCL	03-06-2023	Saskatoon
4.57m	2.1	Tira Schafer	05	STFC	02-06-2023	Saskatoon

Triple Jump

Native Outdoor	12.71m	Jun-7 -02	Chloe Hetheron	SMAT
Open Outdoor	12.71m	Jun-7 -02	Chloe Hetheron	SMAT

11.53m	1.2	Kaidyn Keith	04	URTC	10-06-2023	Regina
10.50m	0.8	Tira Schafer	05	STFC	02-06-2023	Saskatoon
10.23m	1.3	Kylie Howe	05	EXCL	02-06-2023	Saskatoon
9.75m	-0.4	Ainsley Clark	04	STFC	18-07-2023	Halifax
9.01m	-0.8	Haylie Desjarlais	04	UNSK	18-07-2023	Halifax
8.97m	0.6	Madison Bedier	05	STFC	16-06-2023	Calgary
8.57m	0.6	Elizabeth Byambatseren	05	STFC	14-07-2023	Saskatoon

Javelin 600g

Native Outdoor	45.90m	Jul-14-94	Karry Schrader	WCK
Open Outdoor	50.25m	Jul-04-2003	Krista Woodward	BC

31.78m		Shelaine Pritchard	04	URTC	14-07-2023	Saskatoon
26.35m		Ashlyn Renneberg	05	STFC	14-07-2023	Saskatoon
23.70m		Ciarah Worm	05	UNSK	18-07-2023	Halifax

Shot Put 4kg

Native Outdoor	14.91m	Jul-18-09	Taryn Suttie	STFC
Open Outdoor	14.91m	Jul-18-09	Taryn Suttie	STFC

10.57m		Shelaine Pritchard	04	URTC	10-06-2023	Regina
8.41m		Ella Baerwald	04	RWAC	13-05-2023	Regina

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Time/Dist	Athlete	Date	Location
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Shot Put 4kg - Cont'd

7.63m	Ciarah Worm	05 UNSK	18-07-2023	Halifax
7.33m	Ashlyn Renneberg	05 STFC	14-07-2023	Saskatoon

Hammer 4kg

Native Outdoor 52.57m Jul-05-05 Elisabeth Dubourt STFC
 Open Outdoor 57.41m Aug-16-05 Marie-Eve Boisselle QUE

34.89m	Ella Baerwald	04 RWAC	13-05-2023	Regina
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Discus 1 kg

Native Outdoor 47.21m May-09-15 Haylea Salamon STFC
 Open Outdoor 47.72m June-12-82 Sandy Ketterer AB-EC

21.37m	Ciarah Worm	05 UNSK	18-07-2023	Halifax
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Heptathlon - Senior Events

Native Outdoor 5413 pts Jul- 8-07 Brianne Theisen STFC
Open Outdoor 5413 pts Jul- 8-07 Brianne Theisen STFC

4589pts	Shelaine Pritchard	04 URTC	27-07-2023	Langley
	14.80 - 100mH/1.58m - HJ/10.10m - SP/26.15 - 200m			
	5.52m - LJ/27.66m - JT/2:41.96 - 800m			