

**2023-2024 Competitions - Off Track - as of October 12, 2023**

<b>DATE</b>	<b>Competition</b>	<b>Location</b>	<b>Contact</b>	<b>Contact Info</b>
<b>Sun Sept 24, 2023</b>	<b>Cameco Step Up for Mental Health(5km/10km/21.1km Provincial Championships)</b>	<b>Saskatoon</b>	<b>Cameco</b>	<b>stepup@cameco.com</b>
<b>Sat Sept 30, 2023</b>	<b>Dakota Classic XC</b>	<b>Whitecap</b>	<b>Jason Reindl</b>	<b>jason.reindl@usask.ca</b>
<b>Sat Oct 14, 2023</b>	<b>SHSAA Provincial XC Championships</b>	<b>Regina</b>	<b>SHSAA</b>	<b>(306)-721-2151</b>
Sun Oct 15, 2023	Toronto Waterfront Marathon (Canadian Marathon Champs)	Toronto, ON	Athletics Canada	info@canadarunningseries.com
<b>Sat Oct 21, 2023</b>	<b>Sask Provincial Age Class XC Championships</b>	<b>Saskatoon</b>	<b>RossAnn Edwards</b>	<b>rossannedwards@gmail.com</b>
Sat Oct 28, 2023	Canada West XC Championships (University only)	Kelowna, BC	UBC Okanagan	goheat.ca
Sun Nov 12, 2023	USports XC Championships (University only)	London, ON	Western University	westernmustangs.ca
Sat Nov 25, 2023	Canadian XC Championships (U18, U20, SR, Masters)	Ottawa, ON	Athletics Canada	Maxim.chiasson@athletics.ca
Sat Feb 17-18, 2024	FISU (World University) XC Championships	Oman	USports	usports.ca
Sat Feb 24, 2024	Pan Am XC Championships	TBD	Athletics Canada	(613) 260-5580
Sat Apr 20-21, 2024	World Athletics Race Walking Team Championships	Antalya, TUR	Athletics Canada	(613) 260-5580
Sat Mar 30, 2024	World Athletics XC Championships	Serbia	Athletics Canada	(613) 260-5580
Sat May 25, 2024	Canadian 10k Championships (Road)	Ottawa, ON	Athletics Canada	(613) 260-5580
Sun June 16, 2024	Canadian Half Marathon Championships (Road)	Winnipeg, MB	Athletics Canada	(613) 260-5580
Sat Aug 17-18, 2024	Canadian Mountain & Trail Running Championships (50km + 50 Mile)	Squamish, BC	Canadian T+M Running Assoc	adrian.lambert@mountainrunning.ca
<b>Sat Oct 12, 2024</b>	<b>SHSAA Provincial XC Championships</b>	<b>Humboldt</b>	<b>SHSAA</b>	<b>(306)-721-2151</b>
Sun Oct 13, 2024	Toronto Waterfront Marathon (Canadian Marathon Champs)	Toronto, ON	Athletics Canada	info@canadarunningseries.com
<b>Sat Oct 19, 2024</b>	<b>Sask Provincial Age Class XC Championships</b>	<b>TBD</b>		
<b>Sun Sept 22, 2024?</b>	<b>Cameco Step Up for Mental Health(5km/10km/21.1km Provincial Championships)</b>	<b>Saskatoon</b>	<b>Cameco</b>	<b>stepup@cameco.com</b>
Sat Oct 26, 2024	Canada West XC Championships (University only)	Camrose, AB	Univ of Alberta	www.bears.ualberta.ca
Sat Nov 9, 2024	USports XC Championships (University only)	Kelowna, BC	UBC Okanagan	goheat.ca
Sat Nov 23, 2024?	Canadian XC Championships (U18, U20, SR, Masters)	TBD	Athletics Canada	Maxim.chiasson@athletics.ca