

**2019 Outdoor Rankings
U18 - Youth Women**

Time/Dist	Athlete			Date	Location
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100 Metres

Native Outdoor	11.58	Jul-04-03	Jenni Hucul	STFC
Open Outdoor	11.58	Jul-04-03	Jenni Hucul	STFC

12.21	0.0	Savannah Sutherland	03	STFC	16/06/2019	Calgary
12.36	0.8	Paige Willems	02	STFC	08/06/2019	Moose Jaw
12.86	-1.5	Emily Cole-Johnson	02	PAAC	14/07/2019	Regina
12.96	0.0	Olamide Olaloku	03	STFC	08/06/2019	Moose Jaw
13.06	-0.9	Janaya Dorsch	03	EXCL	14/07/2019	Regina
13.17	-0.2	Sage Slobodzian	03	RIVA	14/07/2019	Regina
13.29	-0.5	Sara Kozan	02	EXCL	23/06/2019	Regina
13.40	1.4	Nicole Kistanov	02	ELTC	08/06/2019	Moose Jaw
13.40	-0.5	Emily Williams	03	RIVA	23/06/2019	Regina
13.49	-0.2	Brenna McRae	02	NETF	23/06/2019	Regina
13.55	-0.5	Kira Comfort	02	NETF	23/06/2019	Regina
13.86	-0.2	Jessica Rooney	03	EXCL	23/06/2019	Regina
14.75	0.4	Chelsea Dyck	03	RIVA	08/06/2019	Moose Jaw

Athlete with a Disability

18.07	0.4	Madalyn Gramiak	02	SOSK	18/08/2019	Swift Current
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Wind/No Wind/Hand Time

11.90	2.2	Savannah Sutherland	03	STFC	2019-06-16	Calgary
12.65	3.6	Emily Cole-Johnson	02	PAAC	2019-06-08	Moose Jaw
12.80	3.1	Kailee Woitas	02	EXCL	2019-05-11	Regina
13.12	3.1	Emnet Nixon	02	EXCL	2019-05-11	Regina
13.14	3.8	Sage Slobodzian	03	RIVA	2019-06-08	Moose Jaw
13.20	3.1	Sara Kozan	02	EXCL	2019-05-11	Regina
13.36	2.8	Brenna McRae	02	NETF	2019-06-08	Moose Jaw
13.85	2.5	Jenae Knot	02	NBLT	2019-06-08	Moose Jaw

200 Metres

Native Outdoor	24.19	Aug-10-91	LaDonna Antoine	RAT
Open Outdoor	24.19	Aug-10-91	LaDonna Antoine	RAT

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200 Metres Cont'd

24.35	0.0	Savannah Sutherland	03	STFC	2019-07-27	Montreal
25.20	-1.3	Paige Willems	02	STFC	2019-08-11	Sydney
26.12	-1.8	Emily Cole-Johnson	02	PAAC	2019-07-14	Regina
27.31	-0.2	Rachel Albertson	03	STFC	2019-08-09	Sydney
27.43	-1.4	Janaya Dorsch	03	EXCL	2019-07-14	Regina
27.67	-1.2	Sara Kozan	02	EXCL	2019-06-23	Regina
27.84	1.6	Emnet Nixon	02	EXCL	2019-05-11	Regina
27.93	-1.2	Kennedy Grant	02	DATC	2019-06-23	Regina
28.07	-1.2	Teagan Jasieniuk	03	STFC	2019-06-23	Regina
28.30	0.8	Jillian Torrens	03	KATC	2019-06-08	Moose Jaw
28.85	1.6	Jenae Knot	02	NBLT	2019-06-08	Moose Jaw
29.88	-1.8	Kara Petit	03	AAPA	2019-06-16	Prince Albert
29.96	1.6	Autumn Neiszner	03	EXCL	2019-05-11	Regina

Wind/No Wind

29.09	3.2	Sydney Hilbert	03	ECTS	2019-06-08	Moose Jaw
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Athlete with a Disability

38.4	1.3	Madalyn Gramiak	02	SOSK	2019-08-18	Swift Current
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400 Metres

Native Outdoor	54.52 Jul-04-82 Lisa Kroll STFC
Open Outdoor	52.96 Aug-02-81 Jillian Richardson AB

55.35		Avery Pearson	03	UNSK	2019-08-10	Sydney
56.21		Savannah Sutherland	03	STFC	2019-06-08	Moose Jaw
1:02.85		Sophie Gettle	03	EXCL	2019-06-23	Regina
1:03.15		Alyssa Roney	02	MJRT	2019-06-23	Regina
1:03.64		Arden Nicholls	02	EXCL	2019-06-23	Regina
1:04.17		Jenae Knot	02	NBLT	2019-06-08	Moose Jaw
1:05.94		Jillian Torrens	03	KATC	2019-06-08	Moose Jaw
1:15.11		Kara Petit	03	AAPA	2019-05-16	Prince Albert

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800 Metres

Native Outdoor	2:11.25	Aug-18-05	Morgan Bolen Team SK
Open Outdoor	2:10.15	Jul-06-03	Nicole Edwards MB

2:08.71	Avery Pearson	03	UNSK	2019-08-11	Sydney
2:15.35	Eryn Kielo	03	STFC	2019-06-23	Regina
2:22.36	Allison Novecosky	03	STFC	2019-06-16	Prince Albert
2:27.41	Sophie Gettle	03	EXCL	2019-06-23	Regina
2:28.72	Alyssa Roney	02	MJRT	2019-06-23	Regina
2:33.54	Ellison Kozan	02	EXCL	2019-07-14	Regina
2:33.65	Rachel Albertson	03	STFC	2019-05-12	Calgary
2:34.44	Ella Perras	03	RMSC	2019-06-08	Moose Jaw
2:36.20	Zoe Flaman	02	YLTC	2019-07-14	Regina
2:37.78	Emma Riendeau	03	RIVA	2019-06-08	Moose Jaw
2:45.43	Kara Petit	03	AAPA	2019-06-16	Prince Albert
2:45.71	Chelsea Dyck	03	RIVA	2019-06-08	Moose Jaw
2:54.56	Dani McLaughlin	03	STFC	2019-06-23	Regina

1500 Metres

Native Outdoor	4:29.63	Jul-28-07	Kendra Schaaf QCST
Open Outdoor	4:29.63	Jul-25-04	Kendra Schaaf QCST

4:39.27	Avery Pearson	03	UNSK	2019-06-08	Moose Jaw
4:41.94	Eryn Kielo	03	STFC	2019-08-09	Sydney
5:00.60	Allison Novecosky	03	STFC	2019-07-14	Regina
5:13.27	Elissa Gigun	02	RIVA	2019-06-23	Regina
5:19.37	Ella Perras	03	RMSC	2019-06-08	Moose Jaw
5:25.59	Emma Riendeau	03	RIVA	2019-06-08	Moose Jaw
5:33.55	Zoe Flaman	02	YLTC	2019-07-14	Regina
5:35.07	Emma Sylvestre	02	EXCL	2019-07-14	Regina
5:37.60	Ellison Kozan	02	EXCL	2019-07-14	Regina
5:42.70	Madelyn Kaban	02	EXCL	2019-05-11	Regina
5:44.52	Alyssa Roney	02	MJRT	2019-07-14	Regina
5:47.70	Morgan Elkew	02	EXCL	2019-05-11	Regina

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3000 Metres

Native Outdoor	9:47.59	Aug-11-07	Kendra Schaaf	QCST/TMSK
Open Outdoor	9:47.59	Aug-11-07	Kendra Schaaf	QCS/TMSK

9:49.95	Jenna McFadyen	02	UNSK	2019-07-14	Regina
10:56.89	Allison Novecosky	03	STFC	2019-06-23	Regina
11:31.15	Elissa Gigun	02	RIVA	2019-07-14	Regina
11:33.81	Ella Perras	03	RMSC	2019-06-08	Moose Jaw
11:58.81	Emma Riendeau	03	RIVA	2019-06-08	Moose Jaw
12:14.43	Madelyn Kaban	02	EXCL	2019-06-23	Regina
12:15.16	Emma Sylvestre	02	EXCL	2019-07-14	Regina
12:21.21	Morgan Elkew	02	EXCL	2019-07-14	Regina

100m Hurdles .76m

Native Outdoor	13.86	Jul-09-03	Jaime Cruickshank	STFC
Open Outdoor	13.86	Jul-09-03	Jaime Cruickshank	STFC

13.89	1.1	Savannah Sutherland	03	STFC	2019-06-16	Calgary
15.03	0.0	Rachel Albertson	03	STFC	2019-06-23	Regina
15.23	-1.9	Timi Adelugba	02	STFC	2019-07-14	Regina
15.56	0.0	Victoria Spurr	02	STFC	2019-06-23	Regina
15.59	0.0	Brenna McRae	02	NETF	2019-06-23	Regina
16.31	0.0	Chelsea Ells	03	STFC	2019-06-23	Regina
16.67	0.0	Alexandra Reyda-Molna	03	STFC	2019-06-23	Regina
16.84	0.0	Kira Comfort	02	NETF	2019-06-23	Regina

100m Hurdles .84m

Native Outdoor	13.78	Jun-26-04	Jaime Cruickshank	STFC
Open Outdoor	13.57	Jul-24-04	Francis Keating	ON

13.73	0.5	Savannah Sutherland	03	STFC	2019-07-27	Montreal
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400m Hurdles .76m

Native Outdoor	1:01.57	May-17-09	Michelle Young	STFC
Open Outdoor	1:01.17	Aug-19-89	Michaela Colluney	BC

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400m Hurdles .76m Cont'd

1:01.23	Savannah Sutherland	03	STFC	2019-07-14	Regina
1:08.54	Rachel Albertson	03	STFC	2019-06-23	Regina
1:09.68	Kira Comfort	02	NETF	2019-06-23	Regina

2000m Steeple Chase .76m

Native Outdoor	6:39.36	Jul-29-07	Jessica Furlan	EXCL
Open Outdoor	6:39.36	Jul-29-07	Jessica Furlan	EXCL

6:45.62	Jenna McFadyen	02	UNSK	2019-07-14	Regina
7:01.59	Eryn Kielo	03	STFC	2019-07-14	Regina
8:45.87	Morgan Elkew	02	EXCL	2019-07-14	Regina
8:53.11	Madelyn Kaban	02	EXCL	2019-06-23	Regina
9:38.70	Emma Sylvestre	02	EXCL	2019-06-23	Regina

High Jump

Native Outdoor	1.73m	Jun-5 -92	Brandy Wehrhahn	BBS
Open Outdoor	1.85m	Aug-9 -97	Whitney Evans	AB

1.68m	Siloe Kumbu	03	UNSK	2019-07-14	Regina
1.60m	Victoria Spurr	02	STFC	2019-06-08	Moose Jaw
1.58m	Faissa Murwanashyaka	02	EXCL	2019-07-14	Regina
1.55m	Chelsea Ells	03	STFC	2019-07-14	Regina
1.54m	Adlgessa Yowin	02	DATC	2019-06-23	Regina
1.50m	Millie Jamieson	02	UNSK	2019-08-10	Sydney
1.49m	Rachel Albertson	03	STFC	2019-08-09	Sydney
1.46m	Alexandra Reyda-Molna	03	STFC	2019-06-23	Regina
1.46m	Sage Slobodzian	03	RIVA	2019-06-23	Regina
1.46m	Arden Nicholls	02	EXCL	2019-06-23	Regina
1.45m	Timi Adelugba	02	STFC	2019-07-14	Regina

Pole Vault

Native Outdoor	3.90m	Jun-19-04	Theresa Wiebe	RIVA
Open Outdoor	3.90m	Jun-19-04	Theresa Wiebe	RIVA

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Pole Vault Cont'd

3.00m	Teagan Jasieniuk	03 STFC	2019-07-14	Regina
2.60m	Emily Williams	03 RIVA	2019-06-08	Moose Jaw
2.50m	Jessica McBride	03 RIVA	2019-06-23	Regina
2.45m	Danielle Hoare	03 RIVA	2019-07-14	Regina
2.30m	Brielle Janes	03 STFC	2019-06-08	Moose Jaw
2.17m	Brooklyn Mann	02 RIVA	2019-07-14	Regina
1.85m	Emma Sylvestre	02 EXCL	2019-06-23	Regina

Long Jump

Native Outdoor	6.02m	Jun-06-15	Ope Adelugba	STFC
Open Outdoor	6.41m	Aug-02-81	Nicole Ali	ON

5.65m	1.6	Kailee Woitas	02 EXCL	2019-06-08	Moose Jaw
5.37m	1.0	Savannah Sutherland	03 STFC	2019-08-09	Sydney
5.20m	-0.4	Victoria Spurr	02 STFC	2019-06-23	Regina
4.97m	1.2	Paige Willems	02 STFC	2019-06-16	Calgary
4.95m	0.0	Sara Kozan	02 EXCL	2019-06-23	Regina
4.92m	0.6	Sage Slobodzian	03 RIVA	2019-06-23	Regina
4.92m	0.0	Chelsea Ells	03 STFC	2019-06-23	Regina
4.80m	0.1	Kasey McCombs	03 YLTC	2019-06-23	Regina
4.73m	-0.3	Timi Adelugba	02 STFC	2019-08-09	Sydney
4.68m	-1.6	Olamide Olaloku	03 STFC	2019-07-14	Regina
4.66m	-2.4	Janaya Dorsch	03 EXCL	2019-07-14	Regina
4.57m	0.0	Nicole Kistanov	02 ELTC	2019-06-23	Regina
4.37m	-1.0	Rachel Albertson	03 STFC	2019-05-12	Calgary
4.33m	-1.5	Alexandra Reyda-Molna	03 STFC	2019-07-14	Regina
4.07m	0.2	Jessica Rooney	03 EXCL	2019-05-11	Regina
4.01m	0.3	Mia Childress	03 PAAC	2019-06-16	Prince Albert

Wind/No Wind

5.41m	3.3	Savannah Sutherland	03 STFC	2019-08-09	Sydney
5.03m	NWI	Olamide Olaloku	03 STFC	2019-06-08	Moose Jaw
4.98m	NWI	Chelsea Ells	03 STFC	2019-06-08	Moose Jaw
4.98m	4.0	Paige Willems	02 STFC	2019-06-16	Calgary
4.94m	NWI	Nicole Kistanov	02 ELTC	2019-06-08	Moose Jaw

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Long Jump Cont'd

4.55m	NWI	Brenna McRae	02	NETF	2019-06-08	Moose Jaw
4.15m	NWI	Chelsea Dyck	03	RIVA	2019-06-08	Moose Jaw
4.08m	NWI	Mia Childress	03	PAAC	2019-06-08	Moose Jaw
4.07m	NWI	Sydney Hiebert	03	ECTS	2019-06-08	Moose Jaw

Triple Jump

Native Outdoor	12.71m	Jun-7 -02	Chloe Hetheron	SMAT
Open Outdoor	12.71m	Jun-7 -02	Chloe Hetheron	SMAT

11.04m	-0.2	Kasey McCombs	03	YLTC	2019-07-14	Regina
10.99m	-0.4	Olamide Olaloku	03	STFC	2019-07-14	Regina
10.81m	0.0	Kennedy Grant	02	UNSK	2019-07-14	Regina
10.53m	0.0	Brenna McRae	02	NETF	2019-06-23	Regina
10.51m	0.0	Emily Williams	03	RIVA	2019-07-14	Regina
10.15m	-0.2	Siloe Kumbu	03	UNSK	2019-07-14	Regina
10.10m	1.3	Kennedy Larre	02	MSAC	2019-06-16	Prince Albert
10.06m	0.5	Raissa Murwanashyaka	02	EXCL	2019-06-23	Regina
10.03m	0.0	Nicole Kistanov	02	ELTC	2019-06-23	Regina
10.00m	-0.3	Sara Kozan	02	EXCL	2019-06-23	Regina
9.76m	0.8	Adlgessa Yowin	02	DATC	2019-06-23	Regina
8.53m	0.0	Mia Childress	03	PAAC	2019-06-16	Prince Albert

Wind/No Wind

11.47m	NWI	Olamide Olaloku	03	STFC	2019-06-08	Moose Jaw
10.70m	NWI	Emily Williams	03	RIVA	2019-06-08	Moose Jaw
10.32m	2.2	Kennedy Larre	02	MSAC	2019-06-16	Prince Albert
10.18m	NWI	Raissa Murwanashyaka	02	EXCL	2019-06-08	Moose Jaw
10.13m	NWI	Nicole Kistanov	02	ELTC	2019-06-08	Moose Jaw
8.95m	NWI	Mia Childress	03	PAAC	2019-06-08	Moose Jaw

Shot Put 3kg

Native Outdoor	13.97m	Aug-11-18	Nicole Kramchynsky	STFC
Open Outdoor	13.97m	Aug-11-18	Nicole Kramchynsky	STFC

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Shot Put 3kg Cont'd

11.54m	Melissa Crowdis	03	YLTC	2019-05-11	Regina
9.37m	Rachel Albertson	03	STFC	2019-08-09	Sydney
9.20m	Louisa Croucamp	02	EXCL	2019-05-11	Regina

Discus 1 kg

Native Outdoor	43.40m	May-26-91	Sherri Leonard	HTS
Open Outdoor	44.65m	Jul-30-16	Taylor Head	TM MAN

29.39m	Louisa Croucamp	02	EXCL	2019-05-11	Regina
25.09m	Chrissy Powers	02	YLTC	2019-07-14	Regina
22.77m	Maddison Bird	03	PAAC	2019-06-08	Moose Jaw
18.70m	Melissa Crowdis	03	YLTC	2019-06-08	Moose Jaw

Hammer 3kg

Native Outdoor	52.31m	Jul-08-16	Tanessa Morris	EXCL
Open Outdoor	52.31m	Jul-08-16	Tanessa Morris	EXCL

36.04m	Chrissy Powers	02	YLTC	2019-07-14	Regina
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Javelin 500gm

Native Outdoor	42.15m	Jul-17-15	Leslie Thomas	TMSK
Open Outdoor	42.15m	Jul-17-15	Leslie Thomas	TMSK

38.20m	Kira Comfort	02	NETF	2019-06-23	Regina
31.04m	Rachel Albertson	03	STFC	2019-05-12	Calgary
28.23m	Melissa Crowdis	03	YLTC	2019-05-11	Regina
24.21m	Chrissy Powers	02	YLTC	2019-05-11	Regina

Javelin 600gm

Native Outdoor	43.54m	Aug-13-77	Shelley Thoen	Viscount
Open Outdoor	47.70m	Jul-08-89	Valerie Tulloch	ON

22.54m	Chrissy Powers	02	YLTC	2019-06-08	Moose Jaw
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Heptathlon

Native Outdoor	4755pts	Aug-15-14	Sara Murray TMSK
Open Outdoor	4755pts	Aug-15-14	Sara Murray TMSK

3939pts	Rachel Albertson	03	STFC	2019-05-12	Calgary
	16.02 (-2.3) 100mH/ 1.43m HJ/ 9.22m SP/ 27.59 (0.0) 200m				
	4.37m (-1.0) LJ/ 31.04m JT/ 2:33.65 - 800m				

