

2017 Indoor Rankings

Master Men

Time/Dist	Athlete			Date	Location
50 Metres					
7.06	Mike Ehr	79	EXCL	17/03/2017	Saskatoon
8.55	Randy Warick	49	SCTM	17/03/2017	Saskatoon
8.76	Massey Mizuno	51	SCTM	17/03/2017	Saskatoon
9.19	Roland Delhomeau	45	SCTM	17/03/2017	Saskatoon
60 Metres					
7.57	Tim Sevulsky	77	UNSK	03/12/2016	Regina
7.58	Chad Kichula	76	EXCL	26/01/2017	Saskatoon
7.68	Darren Peters	77	EXCL	10/02/2017	Regina
7.92	Viorel Magnea	64	DATC	26/01/2017	Saskatoon
7.92	Doug McLaren	76	UNSK	11/03/2017	Ontario
8.09	Colin Ellis	67	EXCL	03/12/2016	Regina
8.13	Janz Stein	81	EXCL	10/02/2017	Regina
8.35	Mike Ehr	79	EXCL	10/02/2017	Regina
8.48	John Headley	56	RIVA	03/03/2017	Alberta
10.40	Doug Renwick	42	SCTM	28/01/2017	Wisconsin
10.78	Roland Delhomeau	45	SCTM	28/01/2017	Wisconsin
200 Metres					
25.64	Chad Kichula	76	EXCL	03/12/2017	Saskatoon
27.14	Colin Ellis	67	EXCL	10/02/2017	Regina
27.48	Mike Ehr	79	EXCL	17/03/2017	Saskatoon
28.37	John Headley	56	RIVA	17/03/2017	Saskatoon
28.42	Jaspreet Kooner	74	SPAC	17/03/2017	Saskatoon
33.31	Randy Warick	49	SCTM	17/03/2017	Saskatoon
34.11	Doug Renwick	42	SCTM	17/03/2017	Saskatoon
34.18	Erroll Simington	47	SCTM	17/03/2017	Saskatoon
35.85	Massey Mizuno	51	SCTM	17/03/2017	Saskatoon
300 Metres					
55.03	Doug Renwick	42	SCTM	10/02/2017	Regina
400 Metres Dash					
1:03.29	Colin Ellis	67	EXCL	10/02/2017	Regina
1:04.66	Keith Meszaros	56	SCTM	17/03/2017	Saskatoon

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400 Metres Cont'd					
1:16.53	Doug Renwick	42	SCTM	11/03/2017	Ontario
1:19.26	Erroll Simington	47	SCTM	10/02/2017	Regina
600 Metres					
2:07.01	Doug Renwick	42	SCTM	03/03/2017	Alberta
800 Metres					
2:15.33	Michael Schwandt	80	UNSK	26/01/2017	Saskatoon
2:27.47	Daniel Baouya	75	UNSK	17/03/2017	Saskatoon
2:31.83	Keith Meszaros	56	SCTM	26/01/2017	Saskatoon
2:33.08	Jaspreet Kooner	74	SPAC	26/01/2017	Saskatoon
2:39.03	Steven Lewis	51	UNSK	26/01/2017	Saskatoon
2:58.76	Erroll Simington	47	SCTM	10/02/2017	Regina
3:03.03	Norman Zepp	50	SCTM	17/03/2017	Saskatoon
3:05.25	Doug Renwick	42	SCTM	17/03/2017	Saskatoon
1000 Metres					
3:39.34	Doug McLaren	76	UNSK	11/03/2017	Ontario
4:02.43	Doug Renwick	42	SCTM	11/03/2017	Ontario
4:37.28	Roland Delhomeau	45	SCTM	28/01/2017	Wisconsin
1500 Metres					
5:04.53	Daniel Baouya	75	UNSK	17/03/2017	Saskatoon
5:31.60	Steven Lewis	51	UNSK	26/01/2017	Saskatoon
6:00.72	Dave Olsen	55	UNSK	11/03/2017	Ontario
6:13.96	Norman Zepp	50	SCTM	17/03/2017	Saskatoon
6:48.19	Doug Renwick	42	SCTM	17/03/2017	Saskatoon
3000 Metres					
12:00.30	Dave Olsen	55	UNSK	11/03/2017	Ontario
14:55.63	Doug Renwick	42	SCTM	10/02/2017	Regina

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50m Hurdles					
7.87	Doug McLaren	76	UNSK	11/03/2017	Ontario
10.36	Dale Lawrence	58	UNSK	11/03/2017	Ontario
11.85	Doug Renwick	42	SCTM	11/03/2017	Ontario
12.08	Roland Delhomeau	45	SCTM	11/03/2017	Ontario
60m Hurdles					
7.87	Doug McLaren	76	UNSK	11/03/2017	Ontario
10.36	Dale Lawrence	58	UNSK	11/03/2017	Ontario
11.85	Doug Renwick	42	SCTM	11/03/2017	Ontario
12.08	Roland Delhomeau	45	SCTM	11/03/2017	Ontario
High Jump					
1.62m	Doug McLaren	76	UNSK	26/01/2017	Saskatoon
1.35m	Mike Ehr	79	EXCL	10/02/2017	Regina
1.30m	Roland Delhomeau	45	SCTM	11/03/2017	Ontario
1.24m	Doug Renwick	42	SCTM	11/03/2017	Ontario
Pole Vault					
2.50m	Mike Ehr	79	EXCL	10/02/2017	Regina
2.10m	Doug Renwick	42	SCTM	28/01/2017	Wisconsin
1.00m	Roland Delhomeau	45	SCTM	28/01/2017	Wisconsin
Long Jump					
6.05m	Janz Stein	81	EXCL	03/12/2016	Regina
4.75m	Doug McLaren	76	UNSK	11/03/2017	Ontario
4.42m	Mike Ehr	79	EXCL	10/02/2017	Regina
4.29m	Dale Lawrence	58	UNSK	11/03/2017	Ontario
3.87m	Doug Renwick	42	SCTM	28/01/2017	Wisconsin
3.29m	Roland Delhomeau	45	SCTM	28/01/2017	Wisconsin
Triple Jump					
9.27m	Dale Lawrence	58	UNSK	10/02/2017	Regina
7.05m	Roland Delhomeau	45	SCTM	11/03/2017	Ontario

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Shot Put

11.71m	Darren Peters	77	EXCL	10/02/2017	Regina
10.55m	Mike Ehr	79	EXCL	10/02/2017	Regina
10.33m	Art Battiste	42	SCTM	26/01/2017	Saskatoon
8.93m	Doug McLaren	76	UNSK	11/03/2017	Ontario
8.29m	Roland Delhomeau	45	SCTM	28/01/2017	Wisconsin
7.88m	Bob Edwards	40	YLTC	03/12/2016	Regina
6.77M	Doug Renwick	42	SCTM	11/03/2017	Ontario

Weight Throw 15.88kg

12.68m	Art Battiste	42	SCTM	26/01/2017	Saskatoon
11.65m	Roland Delhomeau	45	SCTM	17/12/2016	Saskatoon
10.20m	Bob Edwards	40	YLTC	03/03/2017	Manitoba
9.85m	Terry Mountjoy	48	EXCL	17/12/2016	Saskatoon

Pentathlon

3316pts	Doug Renwick	42	SCTM	11/03/2017	Ontario	14.05-60mH; 1.24m-HJ; 3.67m-LJ; 6.77m-SP; 4:02.43-1000m
2534pts	Doug McLaren	76	UNSK	11/03/2017	Ontario	9.23-60mH; 1.48m-HJ; 4.75m-LJ; 8.93m-SP; 3:39.34-1000m
2410pts	Roland Delhomeau	45	SCTM	11/03/2017	Ontario	14.13-60mH; 1.30m-HJ; 2.83m-LJ; 7.99m-SP; 4:41.98-1000m

Heptathlon

4263pts	Doug Renwick	42	SCTM	28/01/2017	Wisconsin	10.40-60m; 3.87m-LJ; 6.39m-SP; 1.12m-HJ; 15.40-60mH; 2.10m-PV; 4:10.09-1000m
3032pts	Roland Delhomeau	45	SCTM	28/01/2017	Wisconsin	10.78-60mH; 3.29m-LJ; 8.29m-SP; 1.21m-HJ; 14.42-60mH; 1.00m-PV; 4:37.28-1000m