

VP EXCELLENCE

The 2019-2020 year got off to a great start for Saskatchewan athletes who achieved much success (medals, records, awards, standards, and personal bests) in a relatively short amount of time. However, the year, unfortunately, stalled out due to the COVID-19 pandemic. The indoor season for 2019-2020 was nearly completed with a few remaining meets left on the calendar (Saskatoon Kinsmen Indoor Championships, Canadian Masters Indoor Championships, Canadian Indoor Championships, and the Aboriginal Indoor Championships) when the pandemic made its way to Canada and resulting in widespread cancellations. This, unfortunately, lead to no 2020 outdoor programming for the association at the athlete level. Much work was done in respect to Return to Sport Plans and working with coaches on coach planning for the future. However, this report list for the year is filled with cancellations.

I would like to acknowledge Paul Ayres who is excellent in compiling and keeping tabs on the performances and programs that include our Athletes within the province and made completing this report a breeze. Thank you, Paul!

Sask Excellence Program

A total of 85 athletes were invited to join the program; and 71 (34 U16, 37 U18) joined the program. This number is a slight increase from 2019 where 67 athletes joined the program. These athletes were comprised of up to the top 3 U16 and U18 performances in each event from the 2019 outdoor/indoor rankings and early 2018 indoor performances. Each athlete received a t-shirt, cinch bag and a certificate for joining the program. With the Dual Province meet being cancelled due to COVID-19, we did not have athletes represent Team Saskatchewan this year.

Sask Excellence Training

As in past years, there was a discount offered for athletes to attend Spring Camp in 2020, but due to COVID-19, Spring Camp was cancelled.

Provincial Teams

2020 Dual Province Meet – July 17 - 19 – Brandon, Manitoba

Due to COVID-19, the Dual Province meet was cancelled for 2020.

Championships

Saskatchewan athletes and coaches had another successful year competing at both International Championships and National Championship, as the following will illustrate:

VP EXCELLENCE

International Championships:

World Para Athletics Championships, Dubai, United Arab Emirates, November 7-15:

Carla Nicholls	Paralympic Performance Lead	Athletics Canada
Rick Reelie	Coach	CRTC
Jessica Frotten	Athlete	CRTC

2019 Cross Country:

Canada West Cross-Country Championships, Calgary, AB, October 26:

2 nd	Courtney Hufsmith	UOFS	1st Team All Star
7 th	Kaitlyn Harrison	UOFS	1st Team All Star
15 th	Ron MacLean	UOFR	Male Rookie of the Year
21 st	Allison Grajczyk-Jelinski	UOFS	
25 th	Natalia Bidulka	UOFS	
30 th	Kaila Neigum	UOFR	
3 rd	UofS Women's Team		
5 th	UofR Men's Team		
8 th	UofR Women's Team		

USPORT Cross-Country Championships, Kingston, Ontario, November 9:

13 th	Kaitlyn Harrison	UOFS	2nd Team All Canadian
15 th	Courtney Hufsmith	UOFS	
59 th	Allison Grajczyk-Jelinski	UOFS	
83 rd	Courtney Moffat	UOFS	
84 th	Kaylee Tymo	UOFR	
86 th	Natalia Bidulka	UOFS	
7 th	UofS Team		

Canadian Cross-Country Championships, Abbotsford, BC, November 30:

3 rd	Abraham Makaby	U16 Men	RIVA
3 rd	Tyra Dickson	Masters Women 35-39	UNSK
4 th	Avery Pearson	U18 Women	UNSK
9 th	Alexis Lewans	U16 Women	RIVA
14 th	Kaitlyn Harrison	U20 Women	UOFS
15 th	Jadyn Palaschuk	U16 Women	MJRT
17 th	Allison Grajczyk-Jelinski	U20 Women	UOFS
18 th	Molly Lakustiak	U16 Women	RMSC
23 rd	Stella McLeod	U16 Women	EXCL
25 th	Moktar Said	U20 Male	RIVA
5 th	U20 Men (182 pts)		TMSK

VP EXCELLENCE

2020 Indoor Championships:

Medalists at Canada West Championships, Saskatoon, SK, February 21-22:

Women

GOLD	Michelle Harrison	60m (7.53)	UOFS
GOLD	Kaila Neigum	3000m (9:59.67)	UOFR
GOLD	Michelle Harrison	60mH (8.21)	UOFS – CW Rec.
GOLD	Michelle Harrison	4x200m (1:38.01)	UOFS – CW Rec.
GOLD	Ashlyn Mooney	4x200m (1:38.01)	UOFS – CW Rec.
GOLD	Kendra Farmer	4x200m (1:38.01)	UOFS – CW Rec.
GOLD	Leadán Chartier	4x200m (1:38.01)	UOFS – CW Rec.
GOLD	Ashlyn Mooney	4x400m Relay	UOFS
GOLD	Leadán Chartier	4x400m Relay	UOFS
GOLD	Brianna Andrews	4x400m Relay	UOFS
GOLD	Kendra Farmer	4x400m Relay	UOFS
GOLD	Nicole Ostertag	Pentathlon (3996)	UOFS
SILVER	Kendra Farmer	300m (39.18)	UOFS
SILVER	Kaila Neigum	1500m (4:38.47)	UOFR
SILVER	Robyn Ham	4x800m Relay	UOFR
SILVER	Michaela Allen	4x800m Relay	UOFR
SILVER	Kelsey Haczekwicz	4x800m Relay	UOFR
SILVER	Sarah Novakowski	4x800m Relay	UOFR
SILVER	Leadán Chartier	Pole Vault (3.81m)	UOFS
SILVER	Joely Welburn	Long Jump (5.92m)	UOFR
SILVER	Jennifer Weber	Shot Put (13.40m)	UOFS
BRONZE	Ashlyn Mooney	300m – (39.48)	UOFS
BRONZE	Allison Grajczyk-Jelinski	3000m (10:04.30)	UOFS
BRONZE	Joely Welburn	High Jump (1.68m)	UOFR
BRONZE	Erika Stockhorst	Long Jump (5.85m)	UOFR
BRONZE	Alyson Edwards	Pentathlon (3700)	UOFR

Men

GOLD	Karson Lehner	300m (33.07)	UOFS – CW/SA Rec.
GOLD	Scott Joseph	Long Jump (7.67m)	UOFR – CW Rec.
GOLD	Vaughn Taylor	600m (1:19.80)	UVIC
SILVER	Karson Lehner	60m (6.81)	UOFS
SILVER	Elliott Klassen	60mH (8.49)	UOFS
SILVER	Jacob Murphy	4x200m Relay	UOFS
SILVER	Michael Akintunde	4x200m Relay	UOFS
SILVER	Ryan Botterill	4x200m Relay	UOFS
SILVER	Elliott Klassen	4x200m Relay	UOFS
SILVER	Michael Akintunde	Long Jump (7.38m)	UOFS
SILVER	Brennan Degenhardt	Shot Put (16.07m)	UOFS
SILVER	Mason Altrogge	Heptathlon (4728)	UOFS
BRONZE	Jacob Murphy	300m (34.61)	UOFS

VP EXCELLENCE

BRONZE	Ron MacLean	1000m (2:27.38)	UOFR
BRONZE	Alexander McBride	4x800m Relay	UOFR
BRONZE	Jacob Smith	4x800m Relay	UOFR
BRONZE	Ret Brailsford	4x800m Relay	UOFR
BRONZE	Scott Fenton	4x800m Relay	UOFR
BRONZE	Scott Joseph	Triple Jump (14.56m)	UOFR
BRONZE	Brett Lachance	Shot Put (15.88m)	UOFS
BRONZE	Tyrell Sawatzky	Weight Throw (16.79m)	UOFS

Note: Gold and Silver medalist were also named Canada West First Team & Second Team

Women's Standings - U of S – 1st – 142.5 points

U of R – 4th – 75 points

Men's Standings - U of S – 2nd – 122 points

U of R – 6th – 53 points

Awards

Michelle Harrison – Can West Female Track Athlete of the Year - UOFS

Karson Lehner – Can West Male Track Athlete of the Year – UOFS

Scott Joseph – Can West Male Rookie of the Year – UOFR

Michelle Harrison – Outstanding Performance of the Meet – Women – UOFS

Karson Lehner – Outstanding Performance of the Meet – Men - UOFS

Jason Reindl – Womens Can West Coach of the Year – UOFS

Todd Johnston – Mens Can West Assistant Coach of the Year – UOFS

Medalists at USports Championship, Edmonton, AB, March 5-7:

Women

GOLD	Michelle Harrison	60mH (8.15)	UOFS — USPORTS
Record & surpassed 2021 World Indoor Championships Standard (8.16s)			
GOLD	Joely Welburn	Pentathlon (4055)	UOFR
SILVER	Nicole Ostertag	Pentathlon (3959)	UOFS
SILVER	Michelle Harrison	4x200m Relay	UOFS
SILVER	Ashlyn Mooney	4x200m Relay	UOFS
SILVER	Kendra Farmer	4x200m Relay	UOFS
SILVER	Leadán Chartier	4x200m Relay	UOFS
SILVER	Ashlyn Mooney	4x400m Relay	UOFS
SILVER	Michelle Harrison	4x400m Relay	UOFS
SILVER	Kendra Farmer	4x400m Relay	UOFS
SILVER	Leadán Chartier	4x400m Relay	UOFS
BRONZE	Joely Welburn	Long Jump (5.82m)	UOFR

Men

GOLD	Landon Gill	Heptathlon (5252)	UOFS
GOLD	Scott Joseph	Long Jump (7.73m)	UOFR - AC U20
Record and SA Senior and U20 Records (subject to ratification process)			

VP EXCELLENCE

GOLD	Vaughn Taylor	600m (1:19.28)	UVIC
SILVER	Karson Lehner	300m (33.31)	UOFS
SILVER	Karson Lehner	4x200m Relay	UOFS
SILVER	Jacob Murphy	4x200m Relay	UOFS
SILVER	Michael Akintunde	4x200m Relay	UOFS
SILVER	Ryan Botterill	4x200m Relay	UOFS
BRONZE	Karson Lehner	60m (6.80)	UOFS
BRONZE	Alexander McBride	4x800m Relay	UOFR
BRONZE	Brayden Mytopher	4x800m Relay	UOFR
BRONZE	Ret Brailsford	4x800m Relay	UOFR
BRONZE	Ron MacLean	4x800m Relay	UOFR

Note: Gold and Silver medalist were also named USports First Team & Second Team

Women Standings: U of S – 4th Place – 51.5 points

U of R -7th Place - 25 points

Men's Standings: U of S – 3rd Place - 51 points

U of R -14th Place - 18 points

Awards

Michelle Harrison – USports Female Track Athlete of the Year – UOFS

Karson Lehner – USports Male Track Athlete of the Year - UOFS

Scott Joseph – USports Male Rookie of the Year – UOFR

Michelle Harrison – Female Athlete of the Meet – UOFS

Todd Johnston – Mens USports Assistant Coach of the Year - UOFS

National Event Cancellations due to COVID-19

Canadian Masters Indoor Championships, Saint John, NB, March 14-15

Canadian U16, 18, 20 Indoor Championships, Montreal, QC, March 21-22

Canadian Combined Events Championships, Ottawa, ON, May 23-24

Canadian Junior & Senior Championships, Montreal, QC, June 25-28

Canadian Masters Championship, Regina, SK, June 12-14

National Youth Championships, Sydney, Nova Scotia, August 7-9

North American Indigenous Games, Halifax, Nova Scotia, July 12-18

World Masters Championships, Toronto, ON, July 20-August 1