

EXECUTIVE DIRECTOR

Wow, what a world we live in. Who would have thought that we would have gone through an outdoor season without any competition? We had a great Cross-Country season which was followed by an even better Indoor season only to be struck down by COVID-19. Thank you to the membership for your understanding and patience as we navigate through this pandemic.

To Michelle Dezell and Sask Sport, I say thank you for all the financial help we received during the year. We kept our spending down which led us to a healthy surplus to end the year off. We did buy an item like an AED unit that we will bring with us to every event to keep our members safe. In addition, we again had a number of encouraging self-help initiatives. Thank you to Brainsport for its support in enabling Saskatchewan Athletics to conduct a number of essential programs.

We continue to work hard for you the membership, as we work for the common goal of promoting our sport of Athletics. Congratulations to: Carla Nicholls, Jessica Frotten, and Rick Reelie on your participation at the World Para Championships in November of 2019.

A big congratulations to Jessica Furlan on being upgraded from 5th to a Silver medal in the 3000m Steeplechase from the 2013 FISU Summer Universiade in Kazan, Russia. There is no place for cheaters in our sport.

We tried to prepare for the North American Indigenous Games in Halifax. This was supposed to happen in 2020 but now is postponed till July 2022 and so is the Canada Summer Games postponed to August of 2022 in Niagara, Ontario.

The volunteer base remains strong but we must continue to expand and strengthen this area in Saskatchewan Athletics. We had some excellent achievements this past year and we should congratulate them on their success. Savannah Sutherland (Borden) was the recipient for Female Youth Athlete of the Year Award for the 2nd year in a row. Jason Reindl (Saskatoon) Coach of the Year, and the following were finalists; Payne Wylie and Courtney Hufsmith. We celebrated the Bob Adams / Sask Athletics awards banquet on Oct 19 in Regina for 2019. This year unfortunately, the dinner was cancelled in 2020 but we did give out the awards and we will invite the winners to the dinner in 2021. Our partnership with the Bob Adams Foundation did let us buy a long throws/jumps electronic measuring device. Training will begin during the winter to learn how to use this piece of equipment.

Our staff have done an amazing job while dealing with COVID. I know some tough decisions will have to be made in the future but for now we continue to plan for a back to normal or a new normal. Laura has filled Janine's shoes nicely and has adjusted to life at the field house. I wish to thank all our members for being involved in our sport and making it the best sport in Saskatchewan.

I wish to end my report by thanking the staff, Board of Directors, athletes, coaches and officials for their suggestions, guidance and patience over the last year. Your commitment and support have been greatly appreciated, please be safe and stay healthy.

SASKATCHEWAN PROGRAMS

SASK EXCELLENCE

A total of 85 athletes were invited to join the program; and 71 (34 U16, 37 U18) joined the program. This number is a slight increase from 2019 where 67 athletes joined the program. These athletes were comprised of up to the top 3 U16 and U18 performances in each event from the 2019 outdoor/indoor rankings and early 2018 indoor performances. Each athlete received a t-shirt, cinch bag and a certificate for joining the program. With the Dual Province meet being cancelled due to COVID-19, we did not have athletes represent Team Saskatchewan this year.

Sask Excellence Training

As in past years, there was a discount offered for athletes to attend Spring Camp in 2020, but due to COVID-19, Spring Camp was cancelled.

PROVINCIAL TEAM COMPETITIONS

2020 Dual Province Meet – July 17 - 19 – Brandon, Manitoba

Due to COVID-19, the Dual Province meet was cancelled for 2020.

ATHLETE ASSISTANCE

2020 – 47 athletes attained standard (28 tier I, 19 tier II)
2019 – 31 athletes attained standard (19 tier I, 12 tier II)
2018 – 32 athletes attained standard (21 Tier I, 11 Tier II)
2017 – 26 athletes attained standard (9 Tier I, 17 Tier II)
2016 – 33 athletes attained standard (12 Tier I, 21 Tier II)
2015 – 10 athletes attained standard (9 Tier I, 1 Tier II)
2014 – 23 athletes attained standard (12 Gold, 6 Silver, 5 Bronze)
2013 – 24 athletes attained standard (12 Gold, 6 Silver, 6 Bronze)
2012 – 44 athletes attained standard (19 Gold, 11 Silver, 14 Bronze)
2011 – 38 athletes attained standard (13 Gold, 10 Silver, 15 Bronze)
2010 – 41 athletes attained standard (14 Gold, 11 Silver, 16 Bronze)
2009 – 39 athletes attained standard (16 Gold, 13 Silver, 10 Bronze)
2008 – 42 athletes attained standard (15 Gold, 8 Silver, 19 Bronze)
2007 – 34 athletes attained standard (16 Gold, 9 Silver, 9 Bronze)
2006 – 42 athletes attained standard (12 Gold, 10 Silver, 20 Bronze)
2005 – 35 athletes attained standard (10 Gold, 8 Silver, 17 Bronze)
2004 – 42 athletes attained standard (15 Gold, 14 Silver, 13 Bronze)
2003 – 39 athletes attained standard (14 Gold, 14 Silver, 11 Bronze)
2002 – 39 athletes attained standard (14 Gold, 14 Silver, 11 Bronze)
2001 – 46 athletes attained standard (16 Gold, 13 Silver, 17 Bronze)
2000 – 36 athletes attained standard (13 Gold, 12 Silver, 11 Bronze)
1999 – 39 athletes attained standard (8 Gold, 15 Silver, 16 Bronze)
1998 – 31 athletes attained standard (9 Gold, 10 Silver, 12 Bronze)

SASKATCHEWAN PROGRAMS

1997 – 32 athletes attained standard (11 Gold, 11 Silver, 10 Bronze)
1996 – 35 athletes attained standard (10 Gold, 6 silver, 19 Bronze)
1998 – 31 athletes attained standard (9 Gold, 10 Silver, 12 Bronze)
1997 – 32 athletes attained standard (11 Gold, 11 Silver, 10 Bronze)
1996 – 35 athletes attained standard (10 Gold, 6 silver, 19 Bronze)

CARDED ATHLETES

Two Saskatchewan Athletics members were carded this year:
Courtney Hufsmith – Saskatoon Track & Field Club
Jessica Frotten – Cyclones Athletics

AWARDS

Sask Sport Awards 2019:

Savannah Sutherland (Borden) was the recipient for Youth Female Athlete of the Year Award. Jason Reindl (Saskatoon) was the recipient for Coach of the Year Award.

University of Saskatchewan Track & Field Awards/ Huskie Salute

Michelle Harrison – Mary Ethel Cartwright – Female Athlete of the Year (Huskie Salute)
Michelle Harrison – Diane Jones Konihowski – Most Outstanding Female Track & Field Athlete
Karson Lehner – John Konihowski - Most Outstanding Male Track & Field Athlete
Michael Akintunde – Cyprian Enweani – Male Rookie of the Year
Taylor Schultz – Joanne McTaggart -Female Rookie of the Year
Kaitlyn Harrison & Dylan Bauman – Most Outstanding Cross-Country Athlete

University of Regina Track & Field Awards/42nd Annual Athletics Awards Night

Joely Welburn – Women’s Track & Field Team MVP
Scott Joseph – Men’s Track & Field Team MVP
Ron MacLean – Male Rookie of the Year
Joely Welburn – Female Athlete of the Year

2020 Bob Adams Award Winners

U16 Female Track	Kendyl Dziadyk – Saskatoon
U16 Female Field	Ashton Most – White City
U16 Male Track & Field	Williams Ogunnubi - Saskatoon
U18 Female Track	Savannah Sutherland - Borden
U18 Female Field	Olamide Olaloku - Saskatoon
U18 Male Track	Adam Mytopher - Strasbourg
U18 Male Field	Ryder Hardy - Saskatoon
Athlete with a Disability	Madison Lawrence – Swift Current Yousif Kaed - Saskatoon
Masters Female Athlete	Valerie Hardy - Saskatoon
Masters Male Athlete	Russell Neff – Regina

SASKATCHEWN PROGRAMS

Coach	Jennifer Wood – Regina Ron Poetker – Prince Albert
Official	Crystal Fenton – Clavet Sherwin Machiskinic – Cut Knife

2020 Sask Athletics Award Winners

Junior Female	Kaitlyn Harrison - Craven
Junior Male	Scott Joseph – Swift Current
Senior Female	Michelle Harrison - Saskatoon
Senior Male	Karson Lehner - Saskatoon
Coach	Wade Huber - Regina
Official	Ron Boden - Saskatoon
Howard West	Dale Lawrence - Melfort Muriel Gieni - Saskatoon

CHAMPIONSHIPS

Saskatchewan athletes and coaches had another successful year competing at both International Championships and National Championship, as the following will illustrate:

International Championships:

World Para Athletics Championships, Dubai, United Arab Emirates, November 7-15:

Carla Nicholls	Paralympic Performance Lead	Athletics Canada
Rick Reelie	Coach	CRTC
Jessica Frotten	Athlete	CRTC

2019 Cross Country:

Canada West Cross-Country Championships, Calgary, AB, October 26:

2 nd	Courtney Hufsmith	UOFS	1st Team All Star
7 th	Kaitlyn Harrison	UOFS	1st Team All Star
15 th	Ron MacLean	UOFR	Male Rookie of the Year
21 st	Allison Grajczyk-Jelinski	UOFS	
25 th	Natalia Bidulka	UOFS	
30 th	Kaila Neigum	UOFR	
3 rd	UofS Women's Team		
5 th	UofR Men's Team		
8 th	UofR Women's Team		

USPORT Cross-Country Championships, Kingston, Ontario, November 9:

13 th	Kaitlyn Harrison	UOFS	2nd Team All Canadian
15 th	Courtney Hufsmith	UOFS	
59 th	Allison Grajczyk-Jelinski	UOFS	
83 rd	Courtney Moffat	UOFS	

SASKATCHEWN PROGRAMS

84th	Kaylee Tymo	UOFR
86th	Natalia Bidulka	UOFS
7 th	U of S Team	

Canadian Cross-Country Championships, Abbotsford, BC, November 30:

3 rd	Abraham Makaby	U16 Men	RIVA
3 rd	Tyra Dickson	Masters Women 35-39	UNSK
4 th	Avery Pearson	U18 Women	UNSK
9 th	Alexis Lewans	U16 Women	RIVA
14 th	Kaitlyn Harrison	U20 Women	UOFS
15 th	Jadyn Palaschuk	U16 Women	MJRT
17 th	Allison Grajczyk-Jelinski	U20 Women	UOFS
18 th	Molly Lakustiak	U16 Women	RMSC
23 rd	Stella McLeod	U16 Women	EXCL
25 th	Moktar Said	U20 Male	RIVA
5 th	U20 Men (182 pts)		TMSK

2020 Indoor Championships:

Medalists at Canada West Championships, Saskatoon, SK, February 21-22:

Women

GOLD	Michelle Harrison	60m (7.53)	UOFS
GOLD	Kaila Neigum	3000m (9:59.67)	UOFR
GOLD	Michelle Harrison	60mH (8.21)	UOFS – CW Rec.
GOLD	Michelle Harrison	4x200m (1:38.01)	UOFS – CW Rec.
GOLD	Ashlyn Mooney	4x200m (1:38.01)	UOFS – CW Rec.
GOLD	Kendra Farmer	4x200m (1:38.01)	UOFS – CW Rec.
GOLD	Leadán Chartier	4x200m (1:38.01)	UOFS – CW Rec.
GOLD	Ashlyn Mooney	4x400m Relay	UOFS
GOLD	Leadán Chartier	4x400m Relay	UOFS
GOLD	Brianna Andrews	4x400m Relay	UOFS
GOLD	Kendra Farmer	4x400m Relay	UOFS
GOLD	Nicole Ostertag	Pentathlon (3996)	UOFS
SILVER	Kendra Farmer	300m (39.18)	UOFS
SILVER	Kaila Neigum	1500m (4:38.47)	UOFR
SILVER	Robyn Ham	4x800m Relay	UOFR
SILVER	Michaela Allen	4x800m Relay	UOFR
SILVER	Kelsey Haczekwicz	4x800m Relay	UOFR
SILVER	Sarah Novakowski	4x800m Relay	UOFR
SILVER	Leadán Chartier	Pole Vault (3.81m)	UOFS
SILVER	Joely Welburn	Long Jump (5.92m)	UOFR
SILVER	Jennifer Weber	Shot Put (13.40m)	UOFS
BRONZE	Ashlyn Mooney	300m – (39.48)	UOFS
BRONZE	Allison Grajczyk-Jelinski	3000m (10:04.30)	UOFS
BRONZE	Joely Welburn	High Jump (1.68m)	UOFR

SASKATCHEWN PROGRAMS

BRONZE	Erika Stockhorst	Long Jump (5.85m)	UOFR
BRONZE	Alyson Edwards	Pentathlon (3700)	UOFR

Men

GOLD	Karson Lehner	300m (33.07)	UOFS – CW/SA Rec.
GOLD	Scott Joseph	Long Jump (7.67m)	UOFR – CW Rec.
GOLD	Vaughn Taylor	600m (1:19.80)	UVIC
SILVER	Karson Lehner	60m (6.81)	UOFS
SILVER	Elliott Klassen	60mH (8.49)	UOFS
SILVER	Jacob Murphy	4x200m Relay	UOFS
SILVER	Michael Akintunde	4x200m Relay	UOFS
SILVER	Ryan Botterill	4x200m Relay	UOFS
SILVER	Elliott Klassen	4x200m Relay	UOFS
SILVER	Michael Akintunde	Long Jump (7.38m)	UOFS
SILVER	Brennan Degenhardt	Shot Put (16.07m)	UOFS
SILVER	Mason Altrogge	Heptathlon (4728)	UOFS
BRONZE	Jacob Murphy	300m (34.61)	UOFS
BRONZE	Ron MacLean	1000m (2:27.38)	UOFR
BRONZE	Alexander McBride	4x800m Relay	UOFR
BRONZE	Jacob Smith	4x800m Relay	UOFR
BRONZE	Ret Brailsford	4x800m Relay	UOFR
BRONZE	Scott Fenton	4x800m Relay	UOFR
BRONZE	Scott Joseph	Triple Jump (14.56m)	UOFR
BRONZE	Brett Lachance	Shot Put (15.88m)	UOFS
BRONZE	Tyrell Sawatzky	Weight Throw (16.79m)	UOFS

Note: Gold and Silver medalist were also named Canada West First Team & Second Team

Women's Standings - U of S – 1st – 142.5 points

U of R – 4th – 75 points

Men's Standings - U of S – 2nd – 122 points

U of R – 6th – 53 points

Awards

Michelle Harrison – Can West Female Track Athlete of the Year - UOFS

Karson Lehner – Can West Male Track Athlete of the Year – UOFS

Scott Joseph – Can West Male Rookie of the Year – UOFR

Michelle Harrison – Outstanding Performance of the Meet – Women – UOFS

Karson Lehner – Outstanding Performance of the Meet – Men - UOFS

Jason Reindl – Womens Can West Coach of the Year – UOFS

Todd Johnston – Mens Can West Assistant Coach of the Year – UOFS

Medalists at USports Championship, Edmonton, AB, March 5-7:

Women

GOLD	Joely Welburn	Pentathlon (4055)	UOFR
GOLD	Michelle Harrison	60mH (8.15)	UOFS – USport Record
SILVER	Nicole Ostertag	Pentathlon (3959)	UOFS

SASKATCHEWN PROGRAMS

SILVER	Michelle Harrison	4x200m Relay	UOFS
SILVER	Ashlyn Mooney	4x200m Relay	UOFS
SILVER	Kendra Farmer	4x200m Relay	UOFS
SILVER	Leadan Chartier	4x200m Relay	UOFS
SILVER	Ashlyn Mooney	4x400m Relay	UOFS
SILVER	Michelle Harrison	4x400m Relay	UOFS
SILVER	Kendra Farmer	4x400m Relay	UOFS
SILVER	Leadan Chartier	4x400m Relay	UOFS
BRONZE	Joely Welburn	Long Jump (5.82m)	UOFR

Men

GOLD	Landon Gill	Heptathlon (5252)	UOFS
GOLD	Scott Joseph	Long Jump (7.73m)	UOFR – USport Record
GOLD	Vaughn Taylor	600m (1:19.28)	UVIC
SILVER	Karson Lehner	300m (33.31)	UOFS
SILVER	Karson Lehner	4x200m Relay	UOFS
SILVER	Jacob Murphy	4x200m Relay	UOFS
SILVER	Michael Akintunde	4x200m Relay	UOFS
SILVER	Ryan Botterill	4x200m Relay	UOFS
BRONZE	Karson Lehner	60m (6.80)	UOFS
BRONZE	Alexander McBride	4x800m Relay	UOFR
BRONZE	Brayden Mytopher	4x800m Relay	UOFR
BRONZE	Ret Brailsford	4x800m Relay	UOFR
BRONZE	Ron MacLean	4x800m Relay	UOFR

Note: Gold and Silver medalist were also named USports First Team & Second Team

Women Standings: U of S – 4th Place – 51.5 points
 U of R -7th Place - 25 points
 Men’s Standings: U of S – 3rd Place - 51 points
 U of R -14th Place - 18 points

Awards

Michelle Harrison – USports Female Track Athlete of the Year – UOFS
 Karson Lehner – USports Male Track Athlete of the Year - UOFS
 Scott Joseph – USports Male Rookie of the Year – UOFR
 Michelle Harrison – Female Athlete of the Meet – UOFS
 Todd Johnston – Mens USports Assistant Coach of the Year - UOFS

Canadian Masters Indoor Championships, Saint John, NB, March 14-15:

Cancelled due to COVID-19.

SASKATCHEWN PROGRAMS

2019 Outdoors:

Canadian Combined Events Championships, Ottawa, ON, May 23-24:

Cancelled due to COVID-19.

Canadian Junior & Senior Championships, Montreal, QC, June 25-28:

Cancelled due to COVID-19.

Canadian Masters Championship, Regina, SK, June 12-14:

Cancelled due to COVID-19.

National Youth Championships, Sydney, Nova Scotia, August 7-9:

Cancelled due to COVID-19.

North American Indigenous Games, Halifax, Nova Scotia, July 12-18:

Cancelled due to COVID-19.

World Masters Championships, Toronto, ON, July 20-August 1:

Cancelled due to COVID-19.

CLINICS

Due to the COVID -19 pandemic, only 1 clinic was delivered in 2020. The lone clinic was a community clinic happened on February 27 at the Saksatoon Field House to 46 athletes aged 10-18. The athletes were from the Lakeland and North Sport districts.

Thank you to Brina Berquiest, Muriel Gieni, and Caren Reindl for facilitating the clinic on February 27th.

COACHING

Sask Athletics Web Site, Newsletter & Social Media

Our website and SaskTrack Express newsletter continue to be our primary tools for communication with members and non-members. Anyone can subscribe to the electronic newsletter by emailing the office. We use two social media platforms; Twitter & Instagram. Both accounts use the username @SaskAthletics. We use the social media platforms for news and information. Suggestions and feedback regarding our website and social media accounts are welcomed.

SASKATCHEWN PROGRAMS

Coaching Development

NCCP coaching courses were conducted in Saskatchewan this past year. This remains a priority within Coaching Development, as the knowledge gained and shared among coaches is important for the development of athletes in our province.

Sport Coach NCCP Coaching Course Delivery

Annually we seek to host one Sport Coach Course held in the southern half of the province (typically Regina), and one in the northern half (typically Saskatoon). Courses are also held when a community, club, or school requests the delivery of a course. This year Saskatchewan Athletics was able to host two Sport Coach courses with one being in Saskatoon and the other in Regina.

- Harvey Weber and Chad Kichula facilitated the Regina course at the Regina Field House November 22-24, 2019 to 14 coaches.
- Jason Reindl and RossAnn Edwards facilitated the Saskatoon course at the Saskatoon Field House December 7-8, 2019 to 10 coaches.

Club Coach NCCP Coaching Course Delivery

Club Coach Courses are held on a rotational basis and on a necessity basis with some occasional cooperation from the neighboring provinces. Courses are also held when a community, club, or school requests the delivery of a course. This year Saskatchewan Athletics did not host a Club Coach Course due to low registration numbers and the COVID-19 pandemic.

Performance Coach (Competition Development) NCCP Coaching Course Delivery

Performance Coach is delivered nationally on a needs basis by Athletics Canada and host provinces. The nine additional Competition Development multi-sport theory modules that are a course requirement is offered to coaches by the Coaching Association of Saskatchewan (CAS). No coaches in Saskatchewan took part in a Performance Coach course for 2020.

- We continue to provide support for coaches to take the multi-sport modules.

Additional Professional Development Support for Coaches

- Saskatchewan Athletics hosted a Professional Development course for Saskatchewan Coaches November 2-3, 2019 in Saskatoon at the Saskatoon Field House. Les Gramantik facilitated the Program Planning course for the 19 coaches who attended.
- Supported coaches Jennifer Tondevoid and Andrew Schellenberg to attend the BC Throws Summit November 9-10, 2019
- Supported Mavis Dzaka, Karlyn Wells, and Alicia Vassell for the ALTIS Coach Apprenticeship November 4-7, 2019.
- Marit Neff applied and was accepted for the Women's Canada Games Apprenticeship Program. Her mentor for the program is Jamie Epp. Saskatchewan Athletics will support Marit in her apprenticeship for the next two years.
- Saskatchewan Athletics hosted two online webinars in on June 2 and August 25 to provide coaches with some ideas and discussion on coaching during the COVID-19 pandemic. The June 2 webinar had 22 coaches attend with the August 25 webinar having 9 attend. Jason Reindl facilitated both webinars.

SASKATCHEWN PROGRAMS

Professional Development for Staff/Coach Developers

- Supported Paul Ayres for Social Media Marketing Training on July 21, 2020.
- Supported Dean Bertoia for NCCP Learning Facilitator Core Training on October 19, 2019.

OTHER PROGRAMS/EVENTS

Knight of Columbus Indoor Games

The meet was held in Saskatoon from January 23-25, 2020. Four Saskatchewan Athletics' members received awards were:

- Age Class Athlete of the Meet: Savannah Sutherland (Borden)
- Saskatchewan Athlete of the Meet: Karson Lehner (Saskatoon)
- Special Olympic Athlete of the Meet: Brendon Friesen (Saskatoon)
- Canadian Athlete of the Meet: Michelle Harrison (Saskatoon)
- Jurgen Wittenberg Award: Dennis Beerling

Aboriginal Indoor Championships

Cancelled due to COVID-19.

Spring Camp

Cancelled due to COVID-19.

Saskatchewan Legion Camp

Cancelled due to COVID-19.

National Youth Championships (Legion)

This year's championships were scheduled to be hosted in Sydney, Nova Scotia from August 7-9. Unfortunately, the meet was cancelled due to COVID-19.

SOLE-stice Classic

As the national programming and sponsorship changed a few years ago, Sask Athletics made the decision to continue a Hershey Track & Field Replacement Meet. The meet continues to promote physical fitness and participation for Saskatchewan youth. The philosophy of the new "SOLE-stice" Classic continues to stress participation, fun, fellowship and personal development. It is aimed at athletes between the ages of 8-13 and is offered at no cost. This year would have marked the 24th year that Saskatchewan Athletics has been hosting a provincial program and the 6th year of the new SOLE-stice Classic. This year's provincial meet was scheduled to take place in Saskatoon on June 20th. Unfortunately, it was cancelled due to COVID-19.

SASKATCHEWN PROGRAMS

RUNSASK

Saskatchewan Road Racing Series

The 2020 Saskatchewan Road Racing Series was cancelled due to COVID-19.

SUMMARY

The aim of Saskatchewan Athletics is to promote and increase visibility of the sport of athletics across the province. The following is a list of highlighted activities over the past year:

- Coordinated the Sask Excellence Program that had 71 athletes join. The majority of these athletes would have represented Team Saskatchewan had the Dual Province meet not been cancelled due to COVID-19
- Coordinated 2 Sport Coach courses facilitated by 4 different coaches. The courses were held in Saskatoon and Regina.
- Organized and coordinated a Professional Development Course in November 2019 facilitated by Les Gramantik. 19 coaches took advantage of this opportunity to learn from one of Canada's best track and field coaches.

List of meets, activities, and professional development events:

- Les Gramantik Program Planning Course, Saskatoon – November 2-3
- NCCP Sport Coach Course – Regina, November 22-24
- NCCP Sport Coach Course – Saskatoon, December 7-8
- PR Athletics First Chance Meet - Saskatoon, November 30
- Sanderson Classic Meet - Saskatoon, January 10-11
- Knights of Columbus Indoor Games -Saskatoon, January 23-25
- Can West USPORTS Championships – Saskatoon, February 21-22
-
- Social Media Marketing Training – July 21

Saskatchewan athletes continue to show success by the number of medals won, new records and new personal bests set at competitions in-province and out of province.

Coaches within the province are doing a great job in preparing athletes for national and provincial competition. Our provincial teams/programs and individual athletes continue to receive services from the Sport Medicine and Science Council in preparation for competition. These services continue to be beneficial and enhance athletes' knowledge.

Several Junior and Senior athletes continue to show progress on the national and international scene. There were many noteworthy performances and 13 medals won at the USPORTS Championships. Some athletes also received performance enhancement, support services and life services from the National Sport Centre.

SASKATCHEWN PROGRAMS

The Future Best program supported 7 athletes in 2020. The number of athletes supported in previous years was 8 in 2019, 9 in 2018, 7 in 2017, 6 in 2016, 5 in 2015, 7 in 2014, 7 in 2013, 7 in 2012, 7 in

2011, 7 in 2010, 8 in 2010, 8 in 2009, 12 in 2008, 13 in 2007 and 2006, 12 in 2005, 9 in 2004, and 11 in 2003. The additional support allows the athletes to maximize their preparation for provincial/national/international competition. I am confident that many of these young athletes will continue to have bright futures in athletics.

This was looking like another great year for Saskatchewan Athletics before the COVID-19 pandemic caused the cancellation and postponements of all major events. We continue to see new coaches join the association and want to build the sport; we also see coaches that have been in the association for many years continue to volunteer their time. Athletes from the U12 to Senior age continue to train, compete, and strive for the highest level of performance. Development in the sport continues to be shown. The volunteer officials and meet organizers continue to provide amazing support and dedication to the sport. As an association we continue to work on improving what we offer to our clubs, athletes, coaches, officials, and volunteers.

In my second year as the Program Coordinator for Saskatchewan Athletics, I continue to experience first-hand all the work that goes into a successful organization. Thank you to Bob, Laura, and Tanika for answering any questions that I have and for always willing to assist me. While the COVID-19 did limit the programming for 2020, some things that I enjoyed and am proud of from the past year are coordinating two Sport Coach courses, managing the Sask Excellence program, and starting up an annual Professional Development course in the Fall. I appreciate the help and feedback from all the board members, staff, coaches, club members, athletes, and officials who continue to support me in my role. While this past year has been a difficult one in dealing with the pandemic, I look forward to a new year and grow on what has been done up to this point during my tenure.

RUN JUMP THROW WHEEL

The future for sport development and youth physical literacy programming in Athletics is optimistically bright in Saskatchewan - 2020 has been an interesting year for the growth of our Run Jump Throw Wheel (RJTW) Program. My successful previous years was thanks to our amazing clinicians, facilitators and department staff – yet the mid/closing of this year a bit of a challenge.

In 2020, a combined programming number of **3,825** children and youth participants engaged with Saskatchewan's RTJW program. This was the unfortunate effect of COVID -19. The interim target of Athletics Canada is 12,000 participants and because of the pandemic we were unable to reach that target like we have successfully done in previous years. This target was set for the development and execution of a regional plan for First Involvement Programs within Saskatchewan, as part of Athletics Canada's greater objective of engaging with 350,000 kids (aged 6-14 years) annually in Athletics related events.

Moving forward, I believe that with some creative implementation our sport can remain relevant and attractive to partner with other sports for multi-sport collaboration as a means of building new and supporting existing partnerships across the key sectors of sport, recreation, health, and education. The current direction of programming focus can include seeking physical literacy related partnerships and funds (grants, sponsorship, fund-sharing etc) with key partners, creating and connecting leadership pathways for high school leaders, recreation management and staff as well as sport coaches and instructors, primary school teachers and public health staff, and focusing on the 'wheel' component of RJTW via enhanced relationships, programming, and funds within adaptive sport (adaptive and parasport) in Saskatchewan through E-learning platforms (Zoom) and in person when necessary.

Program Description

The Athletics Canada First Involvement Program continues as a grassroots Athletics program predominantly driven by RJTW. This functions as a primary vehicle through a network of delivery partners, with the overarching goal to connect with any opportunity to kids to the sport of Athletics. RJTW is considered a quality sport program by Sport for Life Society based on physical literacy and the Long-Term Athlete Development Pathway (LTAD) focused within the FUNdamentals and Learn to Train stages of the pathway. The program directly links to the National Coaching Certification Program (NCCP) with the RJTW coach education program where instructors receive the training and option for certification required to instruct the program in their communities and programs. As a provincial branch, Saskatchewan Athletics has adopted the program and been successful in our province over a decade of programming and community collaboration and impact.

RUN JUMP THROW WHEEL

Annual Spring School RJTW Program Delivery (Saskatoon/Regina):

Cancelled due to Covid-19.

Annual RJTW Provincial Clinic Program Delivery:

Due to COVID-19 Saskatchewan Athletics was unable to offer RJTW direct delivery of half and full-day clinics for schools, communities, or within demonstrations and events. A stronger focus is on training teachers to become RJTW instructors is ongoing to broaden our outreach within schools with teachers and the students they teach. Nationally, the shift and future direction is to continue to partner with schools and teachers and have them trained online.

Annual RJTW Summer Camp Provincial Delivery:

Regina

- Cancelled due to Covid 19 - Summer Sports School Program University of Regina, Summer Sports School Program
- Cancelled due to Covid 19 - Partnership with the University of Regina Cougars (Wade Huber) NCCP RJTW trained instructors

Saskatoon

- Cancelled due to Covid19 - Partnership with University of Saskatchewan, Campus Recreation with Carey Primeau (Campus Recreation, Recreation Coordinator for the College of Kinesiology).

Additional First Involvement-RJTW Outreach Initiatives/Special Events:

- Indoor competition reached hundreds of children via First Involvement opportunities (e.g. school relays, age-class competition) - totaling 3,699 students prior to COVID 19 shutdown.
- Cancelled due to Covid 19 SPEA conference Tradeshow and RJTW course.
- Cancelled due to Covid 19 Saskatchewan Marathon, Saskatoon
- Cancelled due to Covid 19 partnership Queen City Marathon at 'Family Fun Zone'
- Cancelled due to Covid 19 Keeping Girls in Sport event partnership in September

Annual RJTW NCCP Provincial Coaching Course Delivery:

Because of Covid-19 we were limited to 19 coaches/leaders being trained across the RJTW NCCP coaching course deliveries at year-end, which represented equity and diversity in a good percentage of female and a higher number of Aboriginal leaders trained across various sectors.

- Partnered with Saskatchewan Wheelchair Sports Association (December 2019) to cover our very first Wheelchair Athlete's participation in our RJTW course.
- Annual RJTW NCCP course was canceled mid March due to COVID-19.

Coach Developer – Capacity Building

Coach Developer (CD) task force for roles of Learning Facilitator (LF) and Coach Evaluator (CE) capacity building nearing completion for the RJTW NCCP coach education context.

RUN JUMP THROW WHEEL

The intent for capacity building in this area best supports Saskatchewan Athletics with continued success in program enhancement with regards to coaching and expansion of leadership base (i.e. instructors) along with alignment with existing NCCP CD certification pathway.

NCCP RJTW CD Task Force Overview:

- RJTW CD Task Force identified and activated – 2016/17: Monique Coutu (LF/CE - Saskatoon), Jenna McCormick (LF/CE - Saskatoon), Andrea Doepker-Gavidia (LF/CE - Saskatoon).
- 2018-19 updates:
 - a. Step #4 (Online Delivery) in CD Pathway – Molly Yungmann for role of RJTW NCCP Learning Facilitator.
 - b. Step #2 ('Core Training') in CD Pathway - Alyssa Roslinski for role of RJTW NCCP Learning Facilitator

Athletics Canada Partnership: - John Lofranco

RJTW online NCCP delivery course

Took part in developing the first online RJTW course along-side Sabrina Netty, the BC RJTW coordinator, and John Lofranco from Athletics Canada.

- Tanika took on the project in Mid April and worked closely with Sabrina through all the RJTW material to re-program the course to suit an online Module delivery.
- Tanika recreated the Power Points, talking points and activities to fit the new online delivery system.
 - Adaption had to be made to create opportunities for the participants to stay involved and engaged.
- Sabrina and Tanika then had to recreate a comprehensive Learning Facilitator supplementary guide to be used by the LF's to guarantee a smooth and successful online course.

This online RJTW NCCP course is now accessible and in use across the nation to facilitate the coaching needs during this Covid-19 time.

The provinces now have another opportunity in the way they reach communities that would have been more difficult to enable in the past.