

“SOLE-stice Classic” – Saskatoon Regional Entry – June 11 – 4:30pm

The “SOLE-stice Classic” is series of meets designed to replace the Hershey Meets. These meets are grass roots meets for young athletes to get involved in running, jumping and throwing competitions. This program is being sponsored by the Aboriginal Track and Field of Saskatchewan plus Saskatchewan Athletics.

The term “SOLE-stice” comes from the idea that the “final meet” will be held near the longest day of the year. The meets are geared for younger athletes who may not get many opportunities to compete against others their age in their region or from across the province.

To get involved, go the website www.solesticeclassic.com ; select the Saskatoon Regional meet.

The Saskatoon Meet is being held on Tuesday, June 11th. Complete the computer online entry process as shown below. The best part is that no entry fees are charged to participate. The “**Top 2**” athletes from each regional meet can advance to the “**SOLE-stice Classic – Provincial Finals**” in Saskatoon on Sat. June 22nd.

The emphasis of the meets is to have fun while getting young athletes to be active through competition. Please do not register for events that start on or near the same time.

WHO CAN PARTICIPATE?

Boys and girls between ages 8 to 13.

Age group classifications are determined by the participant’s Year of Birth.

Athletes can possibly qualify in a maximum of **four** events

Meteors - Born 2010/11	Comets - Born 2008/09	Stars - Born 2006/07
Standing Long Jump	Running Long Jump (No board-1m takeoff)	Running Long Jump (regular board)
Softball Throw	Softball Throw	Softball Throw
50m Dash (no blocks)	60m Dash (no blocks)	80m Dash (no blocks)
100m Dash (no blocks)	150m Dash (no blocks)	150m Dash (no blocks)
	600m Run	800m Run

Computer Online entries for “SOLE-stice Classic – Regional Meet”

1. Go to the following website: www.solesticeclassic.com
2. Choose the “Saskatoon Regional Meet”.
3. To enter an athlete, fill out the appropriate information. Add a contact “email address”.
4. Type in the “first and last name” and “town/city”.
5. Click the correct “gender”, “age category” and “event(s)”.
6. Do **NOT** use the “ENTRY” key until you have finished filling out the form.
7. To quickly move from field to field use the “**TAB**” key.
8. When you are done adding the athlete and their events, click the “**SUBMIT**” button.
9. Once you have submitted the entry, scroll down to make sure the athlete is entered **correctly**.
10. This is your confirmation that the athlete is entered into the meet.
11. If you make a mistake, you can “**EDIT**” the competitor’s name, town, gender, age, and event(s).
12. A schedule of the meet is included.
13. Entries are due June 7 at 4pm

Notes:

1. Athletes could possibly compete in a maximum of four events at the regional meet.
2. It is suggested not to enter athletes in events that occur at or near the same time.
3. The schedule for the meet has been included.
4. All events will be hand timed; not photo timed.
5. Athletes **can not** wear spikes or shoes where spikes can be inserted (soccer cleats are not allowed).
6. Athletes **can not** use starting blocks.
7. Athletes will be given only 3 attempts in the field events (long jump and softball throw).
8. Top 3 ribbons will be awarded after the completion of each event.
9. The top 2 competitors in their event have qualified for the “**SOLE-stice – Provincial Finals**” in Saskatoon on Sat June 22nd.
10. You **must** enter your own athlete into the “**SOLE-stice – Provincial Finals**” using the on-line computer entry format.
11. The regional meet director **does not enter** the athletes into the provincial finals.
12. Go to the website www.solesticeclassic.com to complete the entry into the “SOLE-stice Provincial Finals”.

SOLE-STICE CLASSIC – SASKATOON REGIONAL SCHEDULE

Tuesday June 11, Gordie Howe Sports Complex, Saskatoon

ALL TIMES ARE APPROXIMATE START TIMES; **BE PREPARED TO COMPETE EARLY!!**

All athletes will assemble in groups with a leader at 4:30 and be given a name sticker to place on the front of their top. Groups will follow their leaders to events.

Please do not register for events that are very close in start time.

Marshall for your event 5 min before the start time/Start times approximate

Marshall for the 50, 60, and 80 TBD.

Marshall for the 100 and 150 at the infield near the start line.

Marshall for the 600 and 800m at the start line for these events.

Marshall for Long Jump at Pit 1 or Pit 2

Ball throw – marshalling TBD

Tentative schedule

Track

4:45 50m heats Meteor Girls

4:55 50m heats Meteor Boys

5:00 50m final Meteor Girls

5:05 50m final Meteor Boys

5:15 60m heats Comet Girls

5:20 60m heats Comet Boys

5:25 60m final Comet Girls

5:30 60m final Comet boys

5:40 80m final Stars Girls

Field

Ball Throw Stars Girls (on infield)

Long Jump Stars Boys Pit 1

Ball Throw Meteor Girls(on field at track entr)

Long Jump Meteor Boys Pit 1

5:45	80m final Stars Boys	
5:55	600m final Comet Girls	Ball Throw Stars Boys (on infield)
	600m final Comet Boys	Long Jump Stars Girls Pit 1
6:05	800m final Stars Girls	
	800m final Stars Boys	
6:10		Ball Throw Comet Girls (infield)
		Long Jump Comet Boys Pit 1
6:15	100m heats Meteor Girls	
6:20	100m heats Meteor Boys	
6:25	100m final Meteor Girls	
6:30	100m final Meteor Boys	
6:35	150m heats Stars Girls	
6:45	150m heats Stars Boys	Ball Throw Meteor Boys(infield)
		Long Jump Meteor Girls Pit 1
		Ball Throw Comet Boys (on infield)
		Long Jump Comet Girls Pit 2
6:50	150m final Stars Girls	
6:55	150m final Stars Boys	
7:05	150m heats Comets Girls	
7:10	150m heats Comets Boys	
7:15	150m final Comets Girls	
7:20	150m final Comets Boys	