

# 2014 Outdoor Rnkings

## Senior Women

Time/Dist	Athlete	Date	Location
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### 100 Metres

Native Outdoor 11.58 Jul-04-03 Jenni Hucul STFC  
Open Outdoor 11.50 Aug-11-75 Patricia Loverock BC

12.20	0.0	Merissa Margetts	91	URTC	14/06/2014	Regina
12.75	0.7	Ashley Promhouse	93	UOFS	10/06/2014	Saskatoon
13.01	0.7	Shaylyn Kowalchuk	91	EXCL	10/06/2014	Saskatoon

#### Wind/No Wind

11.88	3.3	Michelle Young	92	STFC	10/06/2014	Saskatoon
14.13	NWI	Lindsay Kinnear	88	EXCL	08/07/2014	British Columbia

#### Athlete with a Disability

18.15	0.4	Keira Frie	87	CRTC	27/06/2014	New Brunswick
20.32	0.4	Jessica Frotten	88	CRTC	27/06/2014	New Brunswick
31.94	1.7	Becky Richter	82	CRTC	27/06/2014	New Brunswick

### 200 Metres

Native Outdoor 23.13 Jun-24-01 LaDonna Antoine-Watkins RAT  
Open Outdoor 22.85 Aug-02-81 Angella Taylor ON

23.41	0.2	Brianne Theisen-Eaton	88	UNSK	24/07/2014	Scotland
24.23	1.8	Michelle Young	92	STFC	24/05/2014	Ontario
24.89	0.1	Merissa Margetts	91	URTC	14/06/2014	Regina
25.09	-1.5	Ese Omene	85	UNSK	25/04/2014	California
25.23	0.0	Jenna Mann	92	UNSK	27/03/2014	California
26.87	-0.7	Lauren Taylor	91	STFC	14/06/2014	Regina
27.61	0.1	Cassie Haider	94	URTC	14/06/2014	Regina

#### Wind/No Wind

24.57	2.8	Merissa Margetts	91	URTC	10/05/2014	Regina
29.43	NWI	Lindsay Kinnear	88	EXCL	08/07/2014	British Columbia

#### Athlete with a Disability

35.51	NWI	Jessica Frotten	88	CRTC	27/06/2014	New Brunswick
1:02.56	NWI	Becky Richter	82	CRTC	27/06/2014	New Brunswick

## 2014 Outdoor Rnkings Senior Women

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### 400 Metres

Native Outdoor 50.92 Sep-23-00 LaDonna Antoine RAT  
 Open Outdoor 50.92 Sep-23-00 LaDonna Antoine RAT

54.85	Ese Omene	85	UNSK	27/06/2014	New Brunswick
56.15	Adrea Propp	92	URTC	14/06/2014	Regina
57.80	Katrin Ritchie	92	STFC	10/05/2014	Alberta
58.18	Elecktra Charles	92	RIVA	18/07/2014	Saskatoon
1:03.83	Cassie Haider	94	UOFR	10/06/2014	Saskatoon
1:03.93	Anneliese Davis	94	QCST	10/05/2014	Regina
1:11.03	Lauren Weigel	92	STFC	08/07/2014	British Columbia
1:11.64	Lindsay Kinnear	88	EXCL	08/07/2014	British Columbia

Athlete with a Disability

1:08.76	Jessica Frotten	88	CRTC	27/06/2014	New Brunswick
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### 800 Metres

Native Outdoor 2:05.40 Apr-07-07 Amber McGown TIST  
 Open Outdoor 2:05.40 Apr-07-07 Amber McGown TIST

2:05.50	Amanda Banks	91	STFC	08/07/2014	British Columbia
2:11.46	Brianne Theisen-Eaton	88	UNSK	24/07/2014	Scotland
2:12.08	Elecktra Charles	92	RIVA	10/07/2014	British Columbia
2:21.25	Katrin Ritchie	92	STFC	26/04/2014	Texas
2:22.63	Jenna Mann	92	UNSK	16/07/2014	Ontario
2:23.69	Anneliese Davis	94	QCST	10/05/2014	Regina
2:25.13	Cassie Haider	94	URTC	14/06/2014	Regina
2:28.60	Lauren Taylor	91	STFC	16/07/2014	Ontario
2:49.95	Lauren Weigel	92	STFC	08/07/2014	British Columbia

Athlete with a Disability

2:21.33	Jessica Frotten	88	CRTC	27/06/2014	New Brunswick
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### 1500 Metres

Native Outdoor 4:14.39 Mar-31-07 Amber McGown TIST  
 Open Outdoor 4:14.39 Mar-31-07 Amber McGown TIST

4:21.16	Jessica Furlan	90	EXCL	05/07/2014	Belgium
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4:39.40		Amanda Banks	91	STFC	18/07/2014	Saskatoon
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### 2014 Outdoor Rnkings Senior Women

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#### 1500 Metres Cont'd

4:48.44	Kate Kujawa	91	EXCL	12/04/2014	Arizona
5:11.64	Anneliese Davis	94	QCST	14/06/2014	Regina

#### 3000 Metres

Native Outdoor 9:13.19 Jul-26-09 Danette Doetzel QCST  
Open Outdoor 9:13.19 Jul-26-09 Danette Doetzel QCST

10:07.05	Danielle Thiel	92	UNSK	08/06/2014	Ontario
10:24.78	Kate Kujawa	91	EXCL	12/04/2014	Arizona
13:00.41	Lauren Weigel	92	STFC	08/07/2014	British Columbia

#### 5000 Metres

Native Outdoor 15:46.76 Apr-18-09 Danette Doetzel QCST  
Open Outdoor 15:46.76 Apr-18-09 Danette Doetzel QCST

17:26.24	Danielle Thiel	92	UNSK	31/05/2014	Ontario
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#### 1 Mile

5:04.54	Kate Kujawa	91	EXCL	01/02/2014	Arizona
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#### 100m Hurdles .84m

Native Outdoor 13.09 Jun-27-12 Brianne Theisen STFC  
Open Outdoor 13.09 Jun-27-12 Brianne Theisen STFC

13.08	1.3	Brianne Theisen-Eaton	88	UNSK	19/04/2014	Oregon
13.38	1.1	Michelle Young	92	STFC	27/05/2014	Ontario
13.55	0.8	Jenna Mann	92	UNSK	14/05/2014	Wyoming
14.17	0.0	Merissa Margetts	91	URTC	08/06/2014	Alberta
14.67	-1.3	Astrid Nyame	94	STFC	27/06/2014	New Brunswick
14.75	0.1	Shaylyn Kowalchuk	91	EXCL	14/06/2014	Regina
15.00	1.2	Lauren Taylor	91	STFC	14/06/2014	Regina
23.93	1.6	Lauren Weigel	92	STFC	10/06/2014	Saskatoon

Wind/No Wind

13.96	3.8	Merissa Margetts	91	URTC	10/06/2014	Saskatoon
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14.62 3.8 Astrid Nyame 94 UOFS 10/06/2014 Saskatoon

### 2014 Outdoor Rnkings Senior Women

**Time/Dist Athlete Date Location**

#### 100m Hurdles .84m Cont'd

19.83 NWI Lauren Weigel 92 STFC 08/07/2014 British Columbia

#### 400m Hurdles

Native Outdoor 56.10 Jul-11-83 Gwen Wall RIV

Open Outdoor 56.10 Jul-11-83 Gwen Wall RIV

1:00.87 Adrea Propp 92 UOFR 27/06/2014 New Brunswick

#### 3000m Steeple Chase

Native Outdoor 9:52.81 Jul-28-13 Jessica Furlan EXCL

Open Outdoor 9:52.81 Jul-28-13 Jessica Furlan EXCL

9:33.45 Jessica Furlan 90 EXCL 19/07/2014 Heusden-Zolder

10:40.72 Kate Kujawa 91 EXCL 19/04/2014 Oklahoma

#### High Jump

Native Outdoor 1.87m Aug-22-75 Diane Jones STFC

Open Outdoor 1.87m Aug-22-75 Diane Jones STFC

1.84m Brianne Theisen-Eaton 88 UNSK 24/07/2014 Scotland

1.72m Lauren Taylor 91 STFC 16/07/2014 Ontario

1.68m Jenna Mann 92 UNSK 27/03/2014 California

#### Pole Vault

Native Outdoor 4.55m Jul-12-05 Kelsie Hendry RIVA

Open Outdoor 4.55m Jul-12-05 Kelsie Hendry RIVA

3.60m Teresa Hill 87 RIVA 14/06/2014 Regina

3.50m Courtney Erickson 93 RIVA 10/06/2014 Saskatoon

3.20m Mignon Le Roux 93 RIVA 20/07/2014 Saskatoon

#### Long Jump

Native Outdoor 6.62m Jul-22-99 Vanessa Monar-Enweani UofS

Open Outdoor 6.62m Jul-22-99 Vanessa Monar-Enweani UofS

6.44m	0.7	Brianne Theisen-Eaton	88	UNSK	24/07/2014	Scotland
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## 2014 Outdoor Rnkings Senior Women

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### Long Jump Cont'd

5.95m	1.6	Jenna Mann	92	UNSK	04/04/2014	Colorado
5.53m	1.2	Astrid Nyame	94	UOFS	08/06/2014	Alberta
5.33m	1.9	Courtney Wiens	92	STFC	18/07/2014	Saskatoon
3.79m	-2.5	Lauren Weigel	92	STFC	10/05/2014	Regina

Wind/No Wind

5.31m	2.8	Lauren Taylor	91	STFC	16/07/2014	Ontario
5.06m	NWI	Shaylyn Kowalchuk	91	EXCL	14/06/2014	Regina
4.37m	NWI	Lindsay Kinnear	88	EXCL	08/07/2014	British Columbia
4.40m	NWI	Lauren Weigel	92	STFC	08/07/2014	British Columbia

### Shot Put 4kg

Native Outdoor 16.24m Jun-08-12 Taryn Suttie STFC  
Open Outdoor 16.25m Aug-02-81 Carmen Ionesco QU

16.48m		Taryn Suttie	90	UOFS	27/06/2014	New Brunswick
13.92m		Brianne Theisen-Eaton	88	UNSK	05/04/2014	California
11.80m		Kalyn Giroux	94	UOFR	10/05/2014	Regina
11.04m		Jenna Mann	92	UNSK	14/05/2014	Wyoming
10.37m		Astrid Nyame	94	UOFS	10/06/2014	Saskatoon
10.04m		Lauren Taylor	91	STFC	14/06/2014	Regina
7.05m		Chelsey Fontaine	93	STFC	18/07/2014	Saskatoon
6.91m		Lindsay Kinnear	88	EXCL	08/07/2014	British Columbia

### Discus 1kg

Native Outdoor 57.70m Sep-08-88 Gale Dolegiewicz Team SK  
Open Outdoor 57.70m Sep-08-88 Gale Dolegiewicz Team SK

25.43m		Kalyn Giroux	94	YLTC	14/06/2014	Regina
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### Hammer 4kg

Native Outdoor 61.74m Jun-18-06 Megan Reid STFC  
Open Outdoor 61.74m Jun-18-06 Megan Reid STFC

34.72m		Kalyn Giroux	94	YLTC	14/06/2014	Regina
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## 2014 Outdoor Rnkings Senior Women

Time/Dist	Athlete			Date	Location
<b>Javelin 600gm</b>					
	Native Outdoor	52.30m	July-27-94	Stephanie Proctor	UNA
	Open Outdoor	57.76m	Jun-14-81	Tessa Sanderson	GBR
43.40m	Brianne Theisen-Eaton	88	UNSK	09/05/2014	Oregon
33.15m	Jenna Mann	92	UNSK	16/07/2014	Ontario
31.45m	Lauren Taylor	91	STFC	16/07/2014	Ontario
<b>Club Throw</b>					
15.72m	Becky Richter	82	CRTC	27/06/2014	New Brunswick
<b>Heptathlon</b>					
	Native Outdoor	6530pts	Aug-12-13	Brianne Theisen	UNSK
	Open Outdoor	6530pts	Aug-12-13	Brianne Theisen	UNSK
6597pts	Brianne Theisen-Eaton	88	UNSK	24/07/2014	Scotland
	100m H 13.18 (1.5); HJ 1.84m; SP 13.71m; 200m 23.41 (0.2); LJ 6.44m (0.7); JT 43.13m; 800m 2:11.46				
5255pts	Jenna Mann	92	UNSK	14/05/2014	Wyoming
	100m H 13.62 (2.2); HJ 1.55m; SP 11.04m; 200m 24.94 (0.7); LJ 5.77m (4.5); JT 32.77m; 800m 2:25.92				
4771pts	Lauren Taylor	91	STFC	16/07/2014	Ontario
	100m H 15.16 (2.2); HJ 1.72m; SP 9.57m; 200m 26.98 (2.4); LJ 5.31m (2.8); JT 31.45m; 800m 2:28.60				