

2016 Indoor Rankings Master Women

Time/Dist	Athlete		Date	Location	
50 Metres					
7.23	Amanda Stalwich	72	DATC	18/03/2016	Saskatoon
7.77	Sandi Arnason	73	RIVA	19/03/2016	Ontario
60 Metres					
8.44	Amanda Stalwich	72	DATC	05/03/2016	Alberta
8.79	Kelly Silcox	66	EXCL	04/03/2016	Manitoba
9.07	Muriel Gieni	58	RIVA	06/02/2016	British Columbia
9.08	Sandi Arnason	73	RIVA	05/03/2016	Alberta
9.66	Rhonda Tremblay	60	RIVA	05/03/2016	Alberta
200 Metres					
28.29	Amanda Stalwich	72	DATC	18/03/2016	Saskatoon
29.45	Kelly Silcox	66	EXCL	04/03/2016	Manitoba
31.32	Sandi Arnason	73	RIVA	05/12/2015	Saskatoon
31.74	Rhonda Tremblay	60	RIVA	18/03/2016	Saskatoon
300 Metres					
47.65	Kelly Silcox	66	EXCL	12/02/2016	Regina
400 Metres					
1:09.07	Andrea Kozan	72	EXCL	04/03/2016	Manitoba
600 Metres					
2:09.52	Brenda Hudey	67	EXCL	12/02/2016	Regina
800 Metres					
2:51.73	Andrea Kozan	72	EXCL	14/01/2016	Saskatoon
2:58.31	Brenda Hudey	67	EXCL	18/03/2016	Saskatoon
3:11.58	Shazia Hidayat	76	UNSK	18/03/2016	Saskatoon
4:23.88	Jean Healey	48	SCTM	18/03/2016	Saskatoon
4:24.14	Judy Warick	49	SCTM	18/03/2016	Saskatoon

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1000 Metres			
4:07.74	Brenda Hudey	67 EXCL 12/02/2016	Regina
1500 Metres			
5:17.08	Olivia Chadwick	81 UNSK 28/01/2016	Saskatoon
60m Hurdles			
10.40	Muriel Gieni	58 RIVA 24/01/2016	Alberta
High Jump			
1.40m	Sandi Arnason	73 RIVA 05/03/2016	Alberta
Pole Vault			
1.85m	Muriel Gieni	58 RIVA 18/03/2016	Saskatoon
Long Jump			
4.37m	Muriel Gieni	58 RIVA 28/01/2016	Saskatoon
4.31m	Sandi Arnason	73 RIVA 05/03/2016	Alberta
1.83m	Kiara Wasylyniuk	70 SOSK 28/01/2016	Saskatoon
Triple Jump			
9.25m	Muriel Gieni	58 RIVA 05/03/2016	Alberta
9.13m	Sandi Arnason	73 RIVA 05/03/2016	Alberta
Shot Put			
9.57m	Margaret Tosh	37 STFC 28/01/2016	Saskatoon
7.09m	Vi Mizuno	51 SCTM 12/12/2015	Saskatoon
6.73m	Marilyn McCloy Cornish	55 SCTM 12/12/2015	Saskatoon
6.64m	Jean Healey	48 SCTM 28/01/2016	Saskatoon
3.76m	Kiara Wasylyniuk	70 SOSK 28/01/2016	Saskatoon

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Time/Dist	Athlete	Weight Throw		Date	Location
12.78m	Margaret Tosh	37	STFC	18/03/2016	Saskatoon
10.78m	Vi Mizuno	51	SCTM	18/03/2016	Saskatoon
9.15m	Jean Healey	48	SCTM	18/03/2016	Saskatoon
8.79m	Marilyn McCloy Cornish	55	SCTM	18/03/2016	Saskatoon