

2020 Indoor Rankings U20 Women

Time/Dist	Athlete	Date	Location
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50 Metres

Native Indoor	6.38	Feb-08-03	Jenni Hucul	STFC
Open Indoor	6.38	Feb-08-03	Jenni Hucul	STFC

6.76	Paige Willems	02	STFC	25/01/2020	Saskatoon
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60 Metres

Native Indoor	7.45	Feb-09-03	Jenni Hucul	STFC
Open Indoor	7.45	Feb-09-03	Jenni Hucul	STFC

7.68	Paige Willems	02	STFC	15/02/2020	Edmonton
7.69	Daniele Dyck	01	UOFS	09/02/2020	Edmonton
7.80	Emily Cole-Johnson	02	PAAC	29/02/2020	Edmonton
7.87	Ojamalie Attah	01	UOFS	17/01/2020	Edmonton
7.97	Kailee Woitas	02	URTC	07/02/2020	Regina
8.04	Timi Adelugba	02	STFC	15/02/2020	Edmonton
8.06	Emnet Nixon	02	EXCL	29/02/2020	Winnipeg
8.10	Irelyn Toth	01	UOFR	07/12/2019	Regina
8.10	Hannah Hagerty	01	UOFR	09/02/2020	Windsor
8.18	Brianna Andrews	00	UOFS	30/11/2019	Saskatoon
8.19	Heidi Branning	01	UOFR	31/01/2020	Winnipeg
8.26	Sara Kozan	02	EXCL	10/01/2020	Saskatoon
8.37	Jada Roach	01	UNSK	18/01/2020	Toronto
8.59	Megan Dueck	02	STFC	15/02/2020	Edmonton
8.95	Hailey Kolody	02	EXCL	07/02/2020	Regina
8.99	Nastacia Crowe-Missens	02	EXCL	07/02/2020	Regina
9.27	Kaia Isenor	02	MJRT	10/01/2020	Saskatoon
9.47	Amanda Tetrault	01	RWAC	07/02/2020	Regina
10.20	Brooklyn Mann	02	RIVA	23/01/2020	Saskatoon

Athlete with a Disability

12.15	Tia Zimmerman	01	ECTC	23/01/2020	Saskatoon
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200 Metres

Native Indoor	24.67	Feb-21-15	Rachel Rosin	RIVA
Open Indoor	24.40	Jan-28-83	Jillian Richardson	AB

25.09	Paige Willems	02	STFC	29/02/2020	Winnipeg
25.81	Emily Cole-Johnson	02	PAAC	07/02/2020	Regina
26.06	Skylar Smith	00	UOFR	07/12/2019	Regina
26.08	Nicole Ostertag	00	UOFS	30/11/2019	Saskatoon
26.22	Ojamalie Attah	01	UOFS	30/11/2019	Saskatoon
26.32	Daniele Dyck	01	UOFS	30/11/2019	Saskatoon
26.62	Angela Moser	01	UNSK	07/12/2019	Bismark, ND
27.00	Kaylee Ilnisky	00	UOFS	30/11/2019	Saskatoon
27.18	Irelyn Toth	01	UOFR	07/12/2019	Regina
28.29	Emnet Nixon	02	EXCL	07/02/2020	Regina
28.67	Heidi Branning	01	UOFR	07/12/2019	Regina
29.06	Hailey Kolody	02	EXCL	07/02/2020	Regina
29.38	Alyssa Roney	02	MJRT	07/12/2019	Regina
30.92	Inga Tittlemore	02	MJRT	07/02/2020	Regina

300 Metres

Native Indoor	38.79	Mar-03-84	Lisa Kroll	UofS
Open Indoor	37.97	Dec-30-81	Angela Bailey	ON

40.32	Paige Willems	02	STFC	10/01/2020	Saskatoon
41.23	Emily Cole-Johnson	02	PAAC	29/02/2020	Edmonton
42.48	Irelyn Toth	01	EXCL	10/01/2020	Saskatoon
44.08	Heidi Brananing	01	UOFR	31/01/2020	Winnipeg
46.23	Camryn Gillies	01	UOFS	23/01/2020	Saskatoon
47.35	Emily Turnbull	01	DATC	10/01/2020	Saskatoon
48.86	Inga Tittlemore	02	MJRT	10/01/2020	Saskatoon
52.08	Kaia Isenor	02	MJRT	10/01/2020	Saskatoon

400 Metres

Native Indoor	55.50	Feb-25-84	Gail Harris	YLTC
Open Indoor	55.50	Feb-25-84	Gail Harris	YLTC

57.85	Sierra Leonard	01	STFC	01/02/2020	Texas
59.20	Angela Moser	01	UNSK	25/01/2020	South Dakota

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400 Metres - Cont'd

1:04.59	Alyssa Roney	02	MJRT	07/02/2020	Regina
1:04.67	Zoe Flaman	02	YLTC	29/02/2020	Winnipeg
1:05.98	Hailey Kolody	02	EXCL	07/02/2020	Regina
1:06.13	Alyssa Regie	02	STFC	07/02/2020	Regina
1:06.15	Camryn Gillies	01	UOFS	07/02/2020	Regina
1:07.93	Emnet Nixon	02	EXCL	07/02/2020	Regina
1:09.92	Madelyn Kaban	02	EXCL	07/02/2020	Regina
1:15.00	Morgan Elkew	02	EXCL	07/02/2020	Regina

600 Metres

Native Indoor	1:32.75	Mar-10-84	Clara Wall	UofS
Open Indoor	1:31.06	Mar-14-87	Maxine Springer	AB

1:35.54	Natalia McCullough	01	UOFR	17/01/2020	Edmonton
1:41.33	Paige Willems	02	STFC	23/01/2020	Saskatoon
1:41.77	Rayne Butler-Siemens	00	UOFS	30/11/2019	Saskatoon
1:44.06	Sarah Novakowski	01	UOFR	10/01/2020	Saskatoon
1:44.20	Camryn Gillies	01	UOFS	23/01/2020	Saskatoon
1:44.21	Alyssa Roney	02	MJRT	10/01/2020	Saskatoon
1:45.83	Samantha Monette	01	UOFS	30/11/2019	Saskatoon
1:46.10	Darienne Wourms	01	UOFS	30/11/2019	Saskatoon
1:47.21	Hannah Walker	01	UOFS	23/01/2020	Saskatoon
1:54.00	Ryann Handley	01	UOFS	30/11/2019	Saskatoon
1:54.85	Inga Tittmore	02	MJRT	10/01/2020	Saskatoon

800 Metres

Native Indoor	2:13.90	Mar-05-10	Ashlynn Simon	QCST
Open Indoor	2:08.00	Dec-29-72	Glenda Reiser	ON

2:20.85	Courtney Dembrowski	00	UNSK	07/12/2019	North Dakota
2:26.46	Sarah Novakowski	01	UOFR	07/02/2020	Regina
2:30.71	Alyssa Roney	02	MJRT	07/12/2019	Regina
2:30.78	Ellison Kozan	02	EXCL	29/02/2020	Winnipeg
2:33.83	Camryn Gillies	01	UOFS	07/02/2020	Regina
2:34.55	Kalea Sauder	01	UOFS	09/02/2020	Edmonton
2:39.97	Hannah Walker	01	UOFS	07/02/2020	Regina
2:44.21	Madelyn Kaban	02	EXCL	29/02/2020	Winnipeg

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800 Metres - Cont'd

2:50.34	Inga Tittlemore	02 MJRT	07/02/2020	Regina
2:51.47	Morgan Elkew	02 EXCL	07/02/2020	Regina

1000 Metres

Native Indoor	2:56.96	Mar-04-83	Donna Balezantis	UofS
Open Indoor	2:50.21	Mar-04-83	Trish Wellman	BC

2:56.22	Natalia McCullough	01 UOFR	10/01/2020	Saskatoon
3:00.32	Kaitlyn Harrison	01 UOFS	10/01/2020	Saskatoon
3:09.98	Allison Grajczyk-Jelinski	01 UOFS	10/01/2020	Saskatoon
3:13.03	Darienne Wourms	01 UOFS	23/01/2020	Saskatoon
3:13.34	Sarah Novakowski	01 UOFR	10/01/2020	Saskatoon
3:14.97	Ellison Kozan	02 EXCL	23/01/2020	Saskatoon
3:16.40	Elissa Gigun	02 RIVA	29/02/2020	Edmonton
3:16.46	Samantha Monette	01 UOFS	23/01/2020	Saskatoon
3:17.69	Ryann Handley	01 UOFS	23/01/2020	Saskatoon
3:19.07	Alyssa Roney	02 MJRT	10/01/2020	Saskatoon
3:25.27	Alyssa Regie	02 STFC	23/01/2020	Saskatoon
4:22.75	Bonnie Yang	01 UOFS	10/01/2020	Saskatoon

1500 Metres

Native Indoor	4:31.56	Mar-05-04	Danette Doetzel	QCST
Open Indoor	4:16.30	Dec-29-71	Glenda Reiser	ON

4:39.36	Jenna McFadyen	02 UNSK	29/02/2020	Winnipeg
4:40.02	Kaitlyn Harrison	01 UOFS	09/02/2020	Edmonton
4:45.03	Allison Grajczyk-Jelinski	01 UOFS	09/02/2020	Edmonton
4:57.46	Sarah Novakowski	01 UOFR	22/02/2020	Saskatoon
4:59.22	Darienne Wourms	01 UOFS	23/01/2020	Saskatoon
5:07.96	Elissa Gigun	02 RIVA	01/03/2020	Edmonton
5:11.77	Ellison Kozan	02 EXCL	29/02/2020	Winnipeg
5:17.60	Samantha Monette	01 UOFS	23/01/2020	Saskatoon
5:21.82	Ryann Handley	01 UOFS	23/01/2020	Saskatoon
5:29.05	Zoe Flaman	02 YLTC	07/12/2019	Regina
5:31.80	Alexa Denesyk	02 RIVA	29/02/2020	Edmonton
5:36.30	Alyssa Regie	02 STFC	07/02/2020	Regina
5:36.45	Madelyn Kaban	02 EXCL	07/02/2020	Regina

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1500 Metres - Cont'd

5:38.62	Alyssa Roney	02	MJRT	07/02/2020	Regina
5:51.96	Morgan Elkew	02	EXCL	07/02/2020	Regina

3000 Metres

Native Indoor	9:39.30	Feb-12-05	Kendra Schaaf	QCST
Open Indoor	9:38.08	Mar-14-81	Margaret McDonald	NB

10:09.62	Jenna McFadyen	02	UNSK	29/02/2020	Winnipeg
10:10.34	Allison Grajczyk-Jelinski	01	UOFS	09/02/2020	Edmonton
10:11.28	Kaitlyn Harrison	01	UOFS	22/02/2020	Saskatoon
11:03.74	Kaylee Tymo	00	UOFR	07/12/2019	Regina
11:04.94	Darienne Wourms	01	UOFS	10/01/2020	Saskatoon
11:23.09	Sarah Novakowski	01	UOFR	19/01/2020	Edmonton
11:50.73	Zoe Flaman	02	YLTC	07/12/2019	Regina
13:06.34	Morgan Elkew	02	EXCL	07/12/2019	Regina

60m Hurdles .84m

Native Indoor	8.63	Mar-10-07	Jenni Hucul	STFC/Lisa Soron	UofS
Open Indoor	8.50	Feb-27-16	Cassandra Grenka	AB	

8.92	Alyson Edwards	00	UOFR	07/12/2019	Regina
9.08	Timi Adelugba	02	STFC	23/01/2020	Saskatoon
9.21	Skylar Smith	00	UOFR	07/12/2019	Regina
9.26	Kalea Sauder	01	UOFS	07/03/2020	Edmonton
9.71	Victoria Spurr	02	STFC	29/02/2020	Winnipeg
10:41	Megan Dueck	02	STFC	16/02/2020	Edmonton
10.43	Aspen Slobodzian	01	UNSK	01/02/2020	Toronto
12.95	Erinn Minter	01	EXCL	08/02/2020	Regina

High Jump

Native Indoor	1.74m	Feb-09-02	Angela Collinge	UofS
Open Indoor	1.80m	Jan-11-97	Whitney Evans	AB

1.65m	Raissa Murwanashyaka	02	UOFR	07/02/2020	Regina
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High Jump - Cont'd

1.65m	Victoria Spurr	02	STFC	29/02/2020	Winnipeg
1.60m	Amou Madol	00	UOFR	07/12/2019	Regina
1.60m	Alyson Edwards	00	UOFR	07/12/2019	Regina
1.55m	Adlegessa Yowin	02	STFC	23/01/2020	Saskatoon
1.55m	Olivia Moyse	00	UOFS	30/11/2019	Saskatoon
1.53m	Kalea Sauder	01	UOFS	17/01/2020	Edmonton
1.45m	Anna Maelde	02	EXCL	07/12/2019	Regina
1.40m	Aspen Slobodzian	01	UNSK	01/02/2020	Toronto
1.35m	Kira Comfort	02	NETF	23/01/2020	Saskatoon

Pole Vault

Native Indoor	4.00m	Dec-03-03	Adrienne Vangool	RIVA/UofS
Open Indoor	4.00m	Dec-03-03	Adrienne Vangool	RIVA/UofS

3.35m	Sierra Leonard	01	STFC	09/02/2020	Edmonton
3.11m	Jacinta Bumphrey	01	UOFS	10/01/2020	Saskatoon
2.95m	Lily Yungmann	00	UOFS	30/11/2019	Saskatoon
2.81m	Kathryn Guenter	01	UOFS	10/01/2020	Saskatoon
2.50m	Sara Kozan	02	EXCL	07/02/2020	Regina
2.00m	Brooklyn Mann	02	RIVA	30/11/2019	Saskatoon

Long Jump

Native Indoor	5.83m	Feb-21-14	Katelyn Lehner	UNSK
Open Indoor	5.83m	Feb-21-14	Katelyn Lehner	UNSK

5.69m	Hannah Hagerty	01	UOFR	17/01/2020	Edmonton
5.61m	Kalea Sauder	01	UOFS	09/02/2020	Edmonton
5.40m	Paige Willems	02	STFC	15/02/2020	Edmonton
5.37m	Victoria Spurr	02	STFC	23/01/2020	Saskatoon
5.32m	Jada Roach	01	STFC	07/12/2019	New York
5.18m	Kailee Woitas	02	URTC	07/02/2020	Regina
5.07m	Sara Kozan	02	EXCL	07/02/2020	Regina
5.05m	Timi Adelugba	02	STFC	23/01/2020	Saskatoon
4.62m	Alexa Denesyk	02	RIVA	29/02/2020	Edmonton
4.24m	Adlgeessa Yowin	02	STFC	29/02/2020	Winnipeg
4.12m	Kira Comfort	02	NETF	23/01/2020	Saskatoon
3.98m	Gaby Rutherford	01	DATC	23/01/2020	Saskatoon

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Triple Jump

Native Indoor	12.74m	Mar-09-02	Chloe Hetheron	STFC/UofAL
Open Indoor	12.74m	Mar-09-02	Chloe Hetheron	STFC/UofAL

11.86m	Jada Roach	01	STFC	07/12/2019	New York
10.39m	Kennedy Grant	00	STFC	12/01/2020	Saskatoon
9.79m	Adlegessa Yowin	02	STFC	15/02/2020	Edmonton

Shot Put 4kg

Native Indoor	14.68m	Dec-19-09	Taryn Suttie	STFC/UofS
Open Indoor	14.68m	Dec-19-09	Taryn Suttie	STFC/UofS

13.23m	Nicole Kramchynsky	01	UNSK	22/02/2020	South Dakota
11.34m	Nicole Ostertag	00	UOFS	14/12/2019	Saskatoon
10.62m	Ropa Chaya	02	STFC	16/02/2020	Edmonton
10.35m	Annika Magnuson	00	DATC	07/12/2019	Illinois
10.24m	Kalea Sauder	01	UOFS	09/02/2020	Edmonton
10.20m	Alyson Edwards	00	UOFR	07/12/2019	Regina
10.20m	Jaedyn Rudichuk	01	UOFS	25/01/2020	Saskatoon
8.46m	Kira Comfort	02	NETF	25/01/2020	Saskatoon
7.11m	Aspen Slobodzian	01	UNSK	18/01/2020	London, ON

Weight Throw 9.07kg

Native Indoor	17.32m	Dec-19-09	Taryn Suttie	STFC/UofS
Open Indoor	17.32m	Dec-19-09	Taryn Suttie	STFC/UofS

14.78m	Annika Magnuson	00	DATC	07/12/2019	Illinois
13.75m	Nicole Kramchynsky	01	UNSK	08/02/2020	North Dakota
12.75m	Jaedyn Rudichuk	01	UOFS	10/01/2020	Saskatoon

Pentathlon

Native Indoor	3756pts	Mar-07-19	Nicole Ostertag	UofS/STFC
Open Indoor	3756pts	Mar-07-19	Nicole Ostertag	UofS/STFC

3364pts	Kalea Sauder	01	UOFS	09/02/2020	Edmonton
9.34 - 60mH/ 1.49m - HJ/ 10.24m - SP/ 5.61m - LJ/ 2:34.55 - 800m					