

**2011 U of R Cougar Trot - 17/09/2011****Regina - Wascana Park****Results - Saturday****Girls 2000 Meter Run CC Pee Wee**

Name	Year Team	Seed	Finals	Points
Results - Women				
1 Graham, Samantha	RIV		8:02.76	
2 Wilke, Robin	Excel Athletika		8:08.37	
3 Fletcher, Darby	Irwin Swift Current		8:37.10	
4 Kukura, Gabriela	Excel Athletika		8:41.82	
5 Gravelle, Taylor	Queen City Striders		8:43.58	
6 Messier, Ashley	Wilcox		8:45.12	
7 Schaeffer, Emma	Schaeffer		9:10.47	
8 Carefoot, Kylie	Swift Current Fa		9:14.95	
9 lindholm, jayden	Unattached		9:41.89	
10 Reid, Lexi	Carnduff		9:49.66	
11 Ryan, Molly	Wilcox		10:04.42	
12 Treen, Rebecca	Swift Current Fa		10:06.57	
13 Maclean, Jenna	Wilcox		10:08.12	
14 Krueger, Katya	Wilcox		10:09.38	
15 Larson, Clair	Carnduff		10:10.91	
16 Kelln, Mackenzie	Irwin Swift Current		10:12.15	
17 Unger, Deserae	Irwin Swift Current		10:22.48	
18 Reed, Brooke	Excel Athletika		10:23.83	
19 Labelle, Sydney	Carnduff		13:50.31	
20 Krueger, Marta	Wilcox		14:11.28	
21 Duperreault, Myah	Wilcox		14:20.25	

**Girls 2000 Meter Run CC Bantam**

Name	Year Team	Seed	Finals	Points
1 Gravelle, Santana	Queen City Striders		7:45.51	
2 Balezantis, Lindsay	STFC		7:57.81	
3 Benko, Emily	Excel Athletika		8:29.21	
4 Evans, Rachel	Queen City Striders		8:30.64	
5 Reed, Madison	Excel Athletika		8:32.01	
6 Randall, Brenna	Excel Athletika		8:39.07	
7 Pedrick, Danica	Wilcox		8:40.24	
8 Collier, Malisa	Swift Current Fa		8:46.48	
9 Pedrick, Denelle	Wilcox		8:57.78	
10 McArthur, Heather	Queen City Striders		9:03.62	
11 Braun, Katie	Irwin Swift Current		9:04.75	
12 Trenblay, Jaida	Queen City Striders		9:08.10	
13 Kay-Macmillan, Callie	Swift Current Fa		9:17.37	
14 Choo-foo, Kennedy	Swift Current Fa		9:43.67	
15 Stevenson, Shealynn	RIV		9:52.27	
16 Kritzer, Hannah	Swift Current Fa		9:56.16	
17 Lesy, Zoe	Carnduff		10:06.86	
18 Jensen, Samantha	Irwin Swift Current		10:18.30	
19 Verity, Kayla	Carnduff		10:19.42	
20 Biem, Faith	Swift Current Fa		10:20.27	
21 Chicoine, Abby	Carnduff		11:04.59	
22 Bloom, Allison	Irwin Swift Current		11:23.39	
23 Fuchs, Kaitlyn	Carnduff		11:31.66	

**2011 U of R Cougar Trot - 17/09/2011****Regina - Wascana Park****Results - Saturday****Girls 3k Run CC Midget**

Name	Year Team	Seed	Finals	Points
1 Davis, Adriana	Queen City Striders		11:04.18	
2 Slusar, Sarah	Queen City Striders		11:04.56	
3 Latimer, Brynn	Excel Athletika		11:27.91	
4 Sutter, Nyka	Queen City Striders		11:53.04	
5 Pilsner, Shae-Lynn	Notre Dame		12:49.18	
6 Ermel, Hanna	Queen City Striders		12:54.02	
7 De Gooijer, Brianna	Excel Athletika		13:03.96	
8 Higham, Christian	Notre Dame		14:11.97	
9 Power, Kim	Moose Jaw Vanier		14:44.23	
10 North, Ryane	Carnduff		14:53.99	
11 Jensen, Shania	Swift Current High		15:05.30	
12 Strangeland, Kelli	Unattached		18:30.80	

**Girls 4k Run CC Juvenile**

Name	Year Team	Seed	Finals	Points
1 Mentanko, Brooke	YLTC		15:39.05	
2 schaeffer, sadie	Schaeffer		16:33.27	
3 Olmstead, Morgyn	Moose Jaw Vanier		16:43.69	
4 Strueby, Erin	Excel Athletika		16:59.29	
5 Gering, Tenille	Swift Current High		17:59.26	
6 Fiddler, Brianna	Notre Dame		18:42.04	
7 Sherven, Meaghan	Notre Dame		19:21.47	
8 Coates, Kristine	Moose Jaw Vanier		19:24.68	

**Women 5k Run CC Open**

Name	Year Team	Seed	Finals	Points
1 Kennelly, Bevin	Excel Athletika		17:35.94	1
2 Souter, Jodi	U of S Green		18:06.91	2
3 Souter, Jennifer	Queen City Striders		18:28.38	3
4 Richards, Marcia	U of S Green		18:36.91	4
5 LePage, Karissa	URC		18:51.50	5
6 Edwards, Gabrielle	U of S Green		18:55.56	6
7 Edwards, Rachael	U of S Green		18:58.50	7
8 Westberg, Avery	URC		19:06.91	8
9 bertholet, paule	U of S Green		19:16.50	9
10 McAvoy, Shannon	U of S Green		19:17.94	10
11 Criddle, Kaytlyn	URC		19:18.59	11
12 Mclean, Amy	University of Al		19:22.69	12
13 Soderberg, Nicole	University of Al		19:31.00	13
14 Fedyk, Leia	U of S Green		19:35.00	14
15 Sjodin, Courtney	U of S White		19:36.25	15
16 Benz, Lisa	Excel Athletika		19:37.21	16
17 Petersen, Melissa	Excel Athletika		19:37.78	17
18 Traves, Joanne	U of S White		19:41.75	18
19 Latimer, Taryn	Excel Athletika		19:43.59	19
20 Van Eaton, Jesse	Excel Athletika		19:51.53	20
21 Knowles, Alix	University of Al		19:53.00	21
22 Bonk, Allison	URC		20:10.18	22
23 Pritchard, Renee	Excel Athletika		20:29.53	23

**2011 U of R Cougar Trot - 17/09/2011****Regina - Wascana Park****Results - Saturday****...Women 5k Run CC Open**

24 Lilly, Jesse	University of Al	21:17.69	24
25 Beaton, Page	U of S White	21:31.28	25
26 Regnier, Amanda	U of S White	21:39.72	26
27 McMaster, Sarah	University of Al	22:00.34	27
28 Silversides, Katelyn	URC	22:16.44	28
29 Beech, Leah	U of S White	22:40.06	29
30 Marit, Johnson	URC	22:47.34	30
31 Dickson, Tyra	Unattached	23:03.62	31
32 Peacocke, Anna	University of Al	23:47.47	32
33 Champagne, Sarah	U of S White	24:00.59	33
34 Calver, Ronelle	U of S White	24:06.06	34
35 Stowe, Jessica	University of Al	24:33.00	35

**Boys 2000 Meter Run CC Pee Wee**

Name	Year Team	Seed	Finals	Points
Results - Men				
1 Neuls, Owen	Queen City Striders		7:48.50	
2 fiske, jordan	Excel Athletika		8:01.03	
3 Olate, Maverick	Excel Athletika		8:02.91	
4 Messier, Max	Wilcox		8:35.44	
5 Pollon, Zane	Wilcox		9:01.62	
6 Reinson, Carson	Wilcox		9:42.09	
7 Murray, Kenneth	Carnduff		10:07.84	
8 Palmer, Kristopher	Excel Athletika		10:18.81	
9 Mattern, Ethan	Wilcox		10:25.34	
10 Mattern, Joshua	Wilcox		12:10.91	
11 Schlosser, Bradley	Carnduff		12:14.03	

**Boys 2000 Meter Run CC Bantam**

Name	Year Team	Seed	Finals	Points
1 Ravelo, Joshua	Queen City Striders		7:08.81	
2 Nilson, Kaden	RIV		7:27.69	
3 Neuls, Marshall	Queen City Striders		7:37.81	
4 Kukura, Miguel	Excel Athletika		7:52.03	
5 Thiel, Michael	Excel Athletika		8:02.88	
6 Doulias, Andrew	Swift Current Fa		8:16.47	
7 Duperreault, Isaac	Wilcox		8:24.06	
8 Mortenson, Dylan	Swift Current Fa		8:26.59	
9 Sutter, Kayd	Queen City Striders		8:27.91	
10 fish, alex	Unattached		8:39.66	
11 Muri, Owen	Swift Current Fa		9:31.06	
12 Bissonnette, Cole	Swift Current Fa		9:33.18	
13 Munroe, Bobby	Irwin Swift Current		9:42.06	
14 Mehlhorn, Lucas	Excel Athletika		9:45.12	

**2011 U of R Cougar Trot - 17/09/2011****Regina - Wascana Park****Results - Saturday****Boys 3k Run CC Midget**

Name	Year Team	Seed	Finals	Points
1 Hetterly, Greg	Queen City Striders		10:04.44	
2 Johnson, Matt	URC		10:14.56	
3 Endicott, Nick	Excel Athletika		10:19.94	
4 Edwards, Brammon	RIV		10:41.50	
5 Foster, Zachary	Queen City Striders		10:54.50	
6 Smith, Brennen	Queen City Striders		10:55.78	
7 Ferguson, Daniel	Moose Jaw Peacock		11:03.56	
8 Strueby, Jeffrey	Excel Athletika		12:01.18	
9 fish, graeme	Moose Jaw Peacock		12:22.15	
10 Renner, Jayson	Notre Dame		14:06.56	
11 Bursto, Colin	Notre Dame		14:07.24	

**Boys 6k Run CC Juvenile**

Name	Year Team	Seed	Finals	Points
1 Balezantis, Reid	STFC		21:53.59	
2 Dawson, Mackenzie	RIV		22:03.41	
3 Senger, Alex	RIV		22:23.47	
4 Preston, Eric	Excel Athletika		23:38.78	
5 Bearchell, Leighton	Moose Jaw Peacock		25:25.56	
6 Cunningham, Sean	Moose Jaw Peacock		26:19.38	
7 Martens, Kolin	Swift Current High		26:32.97	
8 Lessmeister, Lark	Unattached		26:41.00	
9 Ledesma, Myles	Notre Dame		27:00.41	
10 Lesy, Mitchell	Carnduff		27:03.47	

**Men 8k Run CC Open**

Name	Year Team	Seed	Finals	Points
1 Wiebe, Kelly	URC		23:59.97	1
2 Fyfe, Iain	URC		25:46.84	2
3 Johnson, Matt	URC		26:05.09	3
4 Strueby, Adam	Excel Athletika		26:22.56	4
5 Law, Graeme	University of Al		26:30.72	5
6 Brown, David	University of Al		26:37.88	6
7 Loshack, Kris	University of Al		26:46.47	7
8 Thomas, Andrew	URC		26:49.97	8
9 Kacking, Donovan	University of Al		26:51.18	9
10 Guenther, Davis	University of Sa		26:53.31	10
11 Magee, Riley	University of Sa		26:54.91	11
12 Schaerz, Simon	Jaleta Pacers		26:59.31	12
13 Boldt, Alyosha	Regina Monologues		27:01.34	13
14 Back, Joe	University of Al		27:07.18	14
15 Middlemiss, Michael	URC		27:09.18	15
16 Neff, Russell	Regina Monologues		27:14.69	16
17 Neff, Matt	Regina Monologues		27:29.47	17
18 Beaton, Marc	URC		27:30.06	18
19 Renaud, Richard	University of Al		27:30.65	19
20 Medinski, Micah	University of Al		27:47.22	20
21 Mueller, Eric	University of Sa		28:05.91	21
22 Aucoin, Curtis	University of Al		28:27.56	22

**2011 U of R Cougar Trot - 17/09/2011****Regina - Wascana Park****Results - Saturday****...Men 8k Run CC Open**

23 Benjamin, Eric	Regina Monologues	28:31.88	23
24 Turmel, Marc	Excel Athletika	28:41.53	24
25 Falk, David	University of Al	28:47.62	25
26 Bateman, Josh	University of Al	28:48.18	26
27 Hauser, Kurt	URC	28:49.43	27
28 Pellat, Sean	University of Al	28:55.06	28
29 Ell, Johnathan	University of Sa	28:56.25	29
30 Jaleta, Ted	Jaleta Pacers	29:16.97	30
31 Schlenker, Adam	URC	29:22.25	31
32 Mitchell, Scotty	Regina Monologues	29:29.66	32
33 Harrison, Emmett	University of Sa	29:42.31	33
34 Thompson, Mike	Regina Monologues	29:49.34	34
35 Schindel, Chris	University of Sa	29:58.31	35
36 Taylor, Martin	Excel Athletika	30:07.41	36
37 de Gooijer, Nick	Excel Athletika	30:20.94	37
38 Wincherauk, Matt	Excel Athletika	30:22.62	38
39 Cimino, Brandon	University of Al	30:23.34	39
40 Cassidy, Tyler	University of Al	32:30.12	40
41 Knopf, Edward	Unattached	33:13.00	41
42 Munro, Andrew	Jaleta Pacers	33:54.97	42
43 Grover, Deepak	University of Sa	40:38.13	43

**Men 6k Run CC Masters**

Name	Year Team	Seed	Finals	Points
1 Nagy, Gerry	Jaleta Pacers		22:29.69	
2 Balezantis, Ron	STFC		22:30.12	
3 Taylor, Graham	Jaleta Pacers		24:19.97	
4 Pappas, Basil	Jaleta Pacers		24:24.22	
5 Olsen, Dave	Unattached		26:40.38	
6 Van Eaton, Grant	Jaleta Pacers		26:46.34	