

**2022 Outdoor Rankings  
U16 Women**

<b>Time/Dist</b>	<b>Athlete</b>	<b>Date</b>	<b>Location</b>
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**100 Metres**

Native Outdoor	11.58 Jul-04-03 Jenni Hucul STFC
Open Outdoor	11.58 Jul-04-03 Jenni Hucul STFC

12.20	-0.1	Stryker Zablocki	07	PAAC	03-06-2022	Regina
12.83	0.4	Bauer Gavel	08	LTNL	22-07-2022	Sherwood Park
12.83	-0.1	Esther Obidiya	07	STFC	03-06-2022	Regina
12.88	1.1	Sarah Leverton	07	STFC	03-06-2022	Regina
12.92	0.6	Esther Akinjobi	07	PAAC	03-06-2022	Regina
12.96	0.4	Happy Oluwasikun	07	STFC	22-07-2022	Sherwood Park
13.14	-0.8	Haylie Seibel	08	EXCL	10-06-2022	Saskatoon
13.40	1.1	Marsayn Bestman	07	STFC	03-06-2022	Regina
13.45	-0.1	Aveda Boyer	07	RWAC	03-06-2022	Regina
13.54	2.0	Anya Krueger	07	EXCL	03-06-2022	Regina
13.74	-1.3	Kloey Rosciski	07	UNSK	22-07-2022	Sherwood Park
13.79	-0.1	Anna Komarychka	07	EXCL	03-06-2022	Regina
13.93	-2.0	Brooklyn Leppa	08	UNSK	10-06-2022	Saskatoon
13.93	-2.1	Reid Derenoski	07	STFC	10-06-2022	Saskatoon
14.06	1.6	Ava-Lynn Phaneuf	08	EXCL	14-05-2022	Regina
14.49	-2.1	Grace Kozan	07	EXCL	10-06-2022	Saskatoon
14.59	-1.2	Kiersten Skelton	07	CHPE	22-07-2022	Sherwood Park
14.89	-1.3	Lucille Regier	08	STFC	22-07-2022	Sherwood Park
14.97	-2.9	Payton Derenoski	07	STFC	10-06-2022	Saskatoon
15.22	-2.1	Sage Miller	08	STFC	10-06-2022	Saskatoon
15.42	-2.1	Drew Semesock	07	STFC	10-06-2022	Saskatoon
15.64	-2.9	Hannah Krogstad	07	STFC	10-06-2022	Saskatoon
17.69	1.6	Abigail Opseth	07	EXCL	14-05-2022	Regina

**Athlete with a Disability**

26.36	0.2	Ayva Delainey	07	CRTC	16-08-2022	Niagara
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**200 Metres**

Native Outdoor	24.50 Apr-26-03 Jenni Hucul STFC
Open Outdoor	24.50 Apr-26-03 Jenni Hucul STFC

25.85	1.6	Stryker Zablocki	07	PAAC	15-07-2022	Saskatoon
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**200 Metres - Cont'd**

26.11	-0.8	Sarah Leverton	07	STFC	22-07-2022	Sherwood Park
26.81	0.7	Esther Obidiya	07	STFC	10-06-2022	Saskatoon
26.99	0.7	Bauer Gavel	08	LTNL	22-07-2022	Sherwood Park
27.48	-1.5	Happy Oluwasikun	07	STFC	03-06-2022	Regina
27.69	1.4	Elan Pacholka	08	LTNL	22-07-2022	Sherwood Park
27.74	0.7	Hannah Gates	08	EXCL	10-06-2022	Saskatoon
27.81	0.7	Marsayn Bestman	07	STFC	10-06-2022	Saskatoon
28.15	0.7	Brooklyn Leppa	08	UNSK	10-06-2022	Saskatoon
28.35	1.3	Reid Derenoski	07	STFC	10-06-2022	Saskatoon
28.37	1.2	Rhea Tillmanns	07	RIVA	03-06-2022	Regina
29.25	-1.2	Grace Kozan	07	EXCL	03-06-2022	Regina
29.82	-1.2	Vienna Selland	07	EXCL	03-06-2022	Regina
30.35	1.3	Payton Derenoski	07	STFC	10-06-2022	Saskatoon
30.59	1.3	Lucille Regier	08	STFC	10-06-2022	Saskatoon
31.20	1.3	Sage Miller	08	STFC	10-06-2022	Saskatoon

**Wind/No Wind/Hand Time**

27.06	NWI	Happy Oluwasikun	07	STFC	03-06-2022	Regina
29.18	2.1	Anna Komarychka	07	EXCL	14-05-2022	Regina
30.26	2.1	Lola Klein	08	EXCL	14-05-2022	Regina

**300 Metres**

Native Outdoor	39.27	Jul-28-18	Savannah Sutherland	STFC
Open Outdoor	39.27	Jul-28-18	Savannah Sutherland	STFC

43.74	Hannah Gates	08	EXCL	10-06-2022	Saskatoon
44.00	Elan Pacholka	08	LTNL	10-06-2022	Saskatoon
44.40	Vienna Selland	07	EXCL	10-06-2022	Saskatoon
44.87	Ella Blyth	07	STFC	10-06-2022	Saskatoon
45.70	Skylar Dyck	07	STFC	22-07-2022	Sherwood Park
46.67	Grace Kozan	07	EXCL	10-06-2022	Saskatoon
46.89	Elaine King	08	RIVA	15-07-2022	Saskatoon
47.47	Aubree Ohryn	08	RIVA	10-06-2022	Saskatoon
48.58	Josie Rogers	07	UNSK	10-06-2022	Saskatoon

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**400 Metres**

Native Outdoor 57.36 May-12-18 Savannah Sutherland STFC  
Open Outdoor 56.26 Aug-03-85 Cheryl Allen AB

1:03.96	Vienna Selland	07	EXCL	03-06-2022	Regina
1:05.65	Grace Kozan	07	EXCL	03-06-2022	Regina
1:05.78	Emilee Rieger	07	EXCL	03-06-2022	Regina
1:07.31	Reese Sommer	07	EXCL	03-06-2022	Regina
1:08.81	Madison Marktanner	07	MJRT	03-06-2022	Regina

**Athlete with a Disability**

1:59.60	Ayva Delainey	07	CRTC	22-07-2022	Sherwood Park
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**800 Metres**

Native Outdoor 2:14.19 Jun-23-19 Alexis Lewans TS  
Open Outdoor 2:13.00 Aug-15-05 Stephanie Romanson TMMB

2:18.35	Skylar Dyck	07	STFC	05-08-2022	Sherbrooke
2:22.36	Vienna Selland	07	EXCL	22-07-2022	Sherwood Park
2:29.97	Katherine Rogers	07	MJRT	03-06-2022	Regina
2:31.87	Ella Blyth	07	STFC	10-06-2022	Saskatoon
2:33.28	Emilee Rieger	07	EXCL	10-06-2022	Saskatoon
2:35.15	Elan Pacholka	08	LTNL	10-06-2022	Saskatoon
2:36.32	Kaitlyn Helgason	07	STFC	03-06-2022	Regina
2:38.56	Reese Sommer	07	EXCL	03-06-2022	Regina
2:39.87	Josie Rogers	07	UNSK	04-06-2022	Regina
2:42.45	Hampton Lebell	08	EXCL	14-05-2022	Regina
2:42.47	Elaine King	08	RIVA	10-06-2022	Saskatoon
2:50.21	Jordyn Seversen	07	UNSK	10-06-2022	Saskatoon
3:14.03	Abigail Opseth	07	EXCL	14-05-2022	Regina

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**1200 Metres**

Native Outdoor 3:39.65 Jul-30-16 Natalia McCullough TS  
Open Outdoor 3:37.77 Jul-30-16 Olivia Cooper TMAB

3:45.37	Skylar Dyck	07	STFC	05-08-2022	Sherbrooke
3:55.95	Vienna Selland	07	EXCL	22-07-2022	Sherwood Park
3:56.90	Katherine Rogers	07	MJRT	10-06-2022	Saskatoon
4:03.34	Emilee Rieger	07	EXCL	10-06-2022	Saskatoon
4:25.03	Reese Sommer	07	EXCL	15-07-2022	Saskatoon
4:30.51	Jordyn Seversen	07	UNSK	10-06-2022	Saskatoon
4:33.96	Lola Klein	08	EXCL	14-05-2022	Regina
4:35.41	Elaine King	08	RIVA	10-06-2022	Saskatoon
5:16.17	Sage Miller	08	STFC	10-06-2022	Saskatoon

**1500 Metres**

Native Outdoor 4:37.95 Aug-06-94 Deidre Emerson CEN  
Open Outdoor 4:36.53 Jul-25-04 Stephanie Smith ONT-YORK

4:53.92	Skylar Dyck	07	STFC	03-06-2022	Regina
5:04.83	Katherine Rogers	07	MJRT	03-06-2022	Regina
5:11.18	Vienna Selland	07	EXCL	03-06-2022	Regina
5:19.37	Emilee Rieger	07	EXCL	03-06-2022	Regina
5:24.46	Kaitlyn Helgason	07	STFC	03-06-2022	Regina
5:26.17	Reese Sommer	07	EXCL	03-06-2022	Regina
5:45.26	Jordyn Seversen	07	UNSK	03-06-2022	Regina

**2000 Metres**

Native Outdoor 6:30.68 Jun-15-19 Alexis Lewans RIVA  
Open Outdoor 6:22.94 Jul-18-14 Sophie Sigfstead TMAB

6:30.49	Skylar Dyck	07	STFC	05-08-2022	Sherbrooke
7:13.63	Katherine Rogers	07	MJRT	10-06-2022	Saskatoon
7:20.38	Emilee Rieger	07	EXCL	10-06-2022	Saskatoon
7:29.42	Kaitlyn Helgason	07	STFC	10-06-2022	Saskatoon
8:09.84	Jordyn Seversen	07	UNSK	10-06-2022	Saskatoon

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**3000 Metres**

Native Outdoor 10:11.66 3-Jun-06 Karissa Lepage QCS  
Open Outdoor 10:00.60 3-Aug-85 Jennifer Armstrong ONT

10:56.59	Skylar Dyck	07	STFC	03-06-2022	Regina
11:22.37	Katherine Rogers	07	MJRT	03-06-2022	Regina
11:48.43	Kaitlyn Helgason	07	STFC	03-06-2022	Regina
11:52.89	Emilee Rieger	07	EXCL	03-06-2022	Regina

**80 Metres Hurdles .76**

Native Outdoor 11.27 Aug-10-18 Savannah Sutherland STFC  
Open Outdoor 11.27 Aug-10-18 Savannah Sutherland STFC

13.00	0.0	Happy Oluwasikun	07	STFC	05-08-2022	Sherbrooke
13.16	-0.2	Aveda Boyer	07	RWAC	10-06-2022	Saskatoon
13.46	0.2	Anya Krueger	07	EXCL	22-07-2022	Sherwood Park
13.55	-0.2	Aubree Ohryn	08	RIVA	10-06-2022	Saskatoon
13.68	-0.2	Charlotte Wildeman	08	STFC	10-06-2022	Saskatoon
13.77	1.7	Kloey Rosciski	07	UNSK	22-07-2022	Sherwood Park

**Wind/No Wind**

13.43	3.2	Charlotte Wildeman	08	STFC	22-07-2022	Sherwood Park
13.44	2.8	Anya Krueger	07	EXCL	22-07-2022	Sherwood Park

**1500 Metre Steeplechase (No water Jump)**

Native Outdoor 5:08.77 Jul-12-19 Jady Palaschuk TMSK  
Open Outdoor 4:58.97 Jul-12-19 Sorcha Shiu TMAB

5:38.24	Vienna Selland	07	EXCL	22-07-2022	Sherwood Park
5:38.57	Emilee Rieger	07	EXCL	10-06-2022	Saskatoon
6:08.41	Elaine King	08	RIVA	10-06-2022	Saskatoon

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<b>High Jump</b>			
	Native Outdoor	1.71m Jun-2-00 Janine Polischuk RAT	
	Open Outdoor	1.72m Aug-3-85 Coralea Brown AB	
1.46m	Anya Krueger	07 EXCL 15-07-2022	Saskatoon
1.45m	Sarah Leverton	07 STFC 03-06-2022	Regina
1.26m	Bauer Gavel	08 LTNL 15-07-2022	Saskatoon
1.20m	Sage Miller	08 STFC 10-06-2022	Saskatoon
<b>Pole Vault</b>			
	Native Outdoor	3.55m Jul-07-02 Theresa Wiebe RIV	
	Open Outdoor	3.55m Jul-07-02 Theresa Wiebe RIV	
2.33m	Emily Hirschfeld	07 STFC 22-07-2022	Sherwood Park
2.33m	Charlotte Wildeman	08 STFC 22-07-2022	Sherwood Park
<b>Long Jump</b>			
	Native Outdoor	5.68m May-6 -00 Janine Polischuk RAT	
	Open Outdoor	5.68m May-6 -00 Janine Polischuk RAT	
5.24m	0.0 Anya Krueger	07 EXCL 22-07-2022	Sherwood Park
5.06m	1.2 Stryker Zablocki	07 PAAC 15-07-2022	Saskatoon
5.05m	1.8 Bauer Gavel	08 LTNL 15-07-2022	Saskatoon
4.94m	-0.6 Haylie Seibel	08 EXCL 22-07-2022	Sherwood Park
4.93m	-0.1 Esther Obidiya	07 STFC 10-06-2022	Saskatoon
4.86m	1.9 Marsayn Bestman	07 STFC 15-07-2022	Saskatoon
4.56m	-0.5 Hannah Gates	08 EXCL 10-06-2022	Saskatoon
4.49m	-1.5 Ella Blyth	07 STFC 10-06-2022	Saskatoon
4.30m	0.0 Grace Kozan	07 EXCL 14-05-2022	Regina
4.28m	0.0 Reid Derenoski	07 STFC 22-07-2022	Sherwood Park
4.21m	-1.0 Brooklyn Leppa	08 UNSK 22-07-2022	Sherwood Park
4.19m	-0.5 Charlotte Wildeman	08 STFC 10-06-2022	Saskatoon
4.14m	-1.9 Happy Oluwasikun	07 STFC 10-06-2022	Saskatoon
4.11m	0.0 Anna Komarychka	07 EXCL 14-05-2022	Regina
4.05m	0.1 Lola Klein	08 EXCL 14-05-2022	Regina
3.89m	-3.1 Aubree Ohryn	08 RIVA 10-06-2022	Saskatoon

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**Long Jump - Cont'd**

3.80m	-1.2	Amber Spray	08	UNSK	10-06-2022	Saskatoon
3.76m	0.0	Lucille Regier	08	STFC	10-06-2022	Saskatoon
3.61m	-0.3	Sage Miller	08	STFC	10-06-2022	Saskatoon
3.50m	0.2	Ava-Lynn Phaneuf	08	EXCL	14-05-2022	Regina
3.40m	0.0	Hannah Krogstad	07	STFC	10-06-2022	Saskatoon
3.40m	-3.1	Acadia Schultz	08	EXCL	10-06-2022	Saskatoon

**Wind/No Wind**

5.23m	NWI	Stryker Zablocki	07	PAAC	03-06-2022	Regina
5.04m	NWI	Esther Obidiya	07	STFC	03-06-2022	Regina
4.63m	NWI	Ella Blyth	07	STFC	03-06-2022	Regina
4.52m	NWI	Grace Kozan	07	EXCL	03-06-2022	Regina
4.34m	NWI	Esther Akinjobi	07	PAAC	03-06-2022	Regina
4.18m	NWI	Sarah Leverton	07	STFC	03-06-2022	Regina
4.18m	NWI	Rhea Tillmanns	07	RIVA	03-06-2022	Regina

**Triple Jump**

Native Outdoor	11.93m	Aug-11-07	Chloe Hetherton	SMAT
Open Outdoor	11.93m	Aug-11-07	Chloe Hetherton	SMAT

10.63m	-1.1	Hannah Gates	08	EXCL	05-08-2022	Sherbrooke
10.62m	1.3	Anya Krueger	07	EXCL	22-07-2022	Sherwood Park
10.25m	1.4	Haylie Seibel	08	EXCL	22-07-2022	Sherwood Park
9.58m	1.6	Kloey Rosciski	07	UNSK	22-07-2022	Sherwood Park
8.82m	-1.9	Amber Spray	08	UNSK	10-06-2022	Saskatoon
8.35m	1.1	Lucille Regier	08	STFC	10-06-2022	Saskatoon
8.12m	0.9	Lola Klein	08	EXCL	14-05-2022	Regina

**Wind/No Wind**

9.78m	NWI	Rhea Tillmanns	07	RIVA	04-06-2022	Regina
9.64m	NWI	Kloey Rosciski	07	UNSK	04-06-2022	Regina
8.79m	NWI	Esther Akinjobi	07	PAAC	03-06-2022	Regina

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**Shot Put 3kg**

Native Outdoor	12.33m	Aug-06-05	Taryn Suttie	RIVA	
Open Outdoor	13.84m	Aug-06-05	Taylor Heald	TMMB	

9.96m	Katherine Robichaud	07	UNSK	10-06-2022	Saskatoon
9.89m	Camryn Nelson	07	UNSK	22-07-2022	Sherwood Park
9.88m	Amber Spray	08	UNSK	10-06-2022	Saskatoon
9.49m	Anjolaoluwa Shadiya	07	UNSK	10-06-2022	Saskatoon
8.51m	Haylie Seibel	08	EXCL	10-06-2022	Saskatoon
7.69m	Bauer Gavel	08	LTNL	14-05-2022	Regina
7.60m	Brooklyn Leppa	08	UNSK	10-06-2022	Saskatoon

**Discus 750gm**

Native Outdoor	34.11m	Jun-16-12	Jessica Parson	KATC	
Open Outdoor	38.92m	Jul-19-14	Taylor Heald	TMMAN	

27.56m	Katherine Robichaud	07	UNSK	10-06-2022	Saskatoon
26.08m	Amber Spray	08	UNSK	10-06-2022	Saskatoon
25.15m	Anjolaoluwa Shadiya	07	UNSK	22-07-2022	Sherwood Park
23.51m	Camryn Nelson	07	UNSK	22-07-2022	Sherwood Park

**Hammer 3kg**

Native Outdoor	38.31m	Jul-25-16	Naomi Klassen	TMSK	
Open Outdoor	45.38m	Jul-30-16	MacKenna Leslie	TMAB	

22.91m	Camryn Nelson	07	UNSK	22-07-2022	Sherwood Park
20.08m	Katherine Robichaud	07	UNSK	22-07-2022	Sherwood Park
17.05m	Amber Spray	08	UNSK	22-07-2022	Sherwood Park

**Javelin 500gm**

Native Outdoor	40.40m	Jul-07-07	Kirstie Redlick	TMSK	
Open Outdoor	40.40m	Jul-07-07	Kirstie Redlick	TMSK	

26.91m	Amber Spray	08	UNSK	22-07-2022	Sherwood Park
21.74m	Katherine Robichaud	07	UNSK	22-07-2022	Sherwood Park
19.33m	Anjolaoluwa Shadiya	07	UNSK	22-07-2022	Sherwood Park