

# **Sask Trials (U16, U18, CSG) Track and Field Meet**

## **Gordie Howe Track Facility**

1727 Dudley Street, Saskatoon

Friday - Sunday, June 10 - 12, 2022

Sponsored by: Riversdale Athletics Club

Sanctioned by: Saskatchewan Athletics

1. **Eligibility:** Saskatchewan athletes must be registered with Saskatchewan Athletics prior to the competition. Out-of-province athletes must be registered with the sport governing body in their province. Saskatchewan athletes may obtain a membership by:

- SA Membership Link: <https://www.trackie.com/members/UN-SK.php> or
- E-mail: admin@saskathletics.ca or Phone: Saskatchewan Athletics @ 306-664-6744 or
- Writing to: Saskatchewan Athletics

College Drive, Saskatoon, Saskatchewan S7N 2W4

Day passes, valid for only the specific meet for which they were purchased, will be available at The Sask Athletics office (Saskatoon Fieldhouse) and must be purchased prior to registering. Remember to bring your proof of vaccination to present at the Sask Athletics office when purchasing a Day pass.

2. **Age Classes:** Age classes for all events are as follows:

- **CSG:** Athletes must be under 25 years of age as of December 31, 2022.  
Eligible Years of Birth: 1998-2004
- **U18:** Under 18 as of Dec. 31, 2022 (born 2005 or 2006)
- **U16:** Under 16 as of Dec. 31, 2022 (born 2007 or 2008)
- **U14:** Under 14 as of Dec. 31, 2022 (born 2009 or 2010)
- **U12:** Under 12 as of Dec. 31, 2022 (born 2011 or later)

3. **Events:**

**U12** – 60m, 150m, 1000m, Long Jump floating board, Shot Put

**U14** – 80m, 150m, 1200m, Long Jump, Shot Put

**U16**- 100m, 200m, 300m, 800m, 1200m, 2000m, 1500m SC no water M&W 30", High Jump, Long Jump, Triple Jump, Pole Vault, Shot Put, Discus, Javelin, Hammer, 100m H (M), 80m H (W) Sprint Hurdles, 200m Hurdles.

**U18** - 100m, 200m, 400m, 800m, 1500m, 3000m, 2000m SC M 33"/W 30", High Jump, Long Jump, Triple Jump, Pole Vault, Shot Put, Discus, Javelin, Hammer, 110m H (M) and 100m H (W) Sprint Hurdles, 400m Hurdles.

**CSG** – 100m, 200m, 400m, 800m, 1500m, 5000m, 3000m SC M 36"/W 30", High Jump, Long Jump, Triple Jump, Pole Vault, Shot Put, Discus, Javelin, Hammer, 110m H(M) and 100m H (W) Sprint Hurdles, 400m Hurdles

**Special O** – 100m, 200m

**Para** – Shot Put, Discus

**Wheelchair** – 100m, 400m, 1500m

4. **2022 Team Saskatchewan CSG Selection Standards and Criteria:**  
Selection Standards and Criteria
5. **This is the U16/U18 trials meet for the Sask Tri Provincial team that will compete in the Tri Provincial Championship in Sherwood Park, AB, July 22-24. U14 athletes born in 2009, may try out for the U16 team but must be entered in the U16 events. Athletes who place in the top three in events are asked to visit the Sask Athletics tent after their event to complete forms expressing interest in selection for the Sask Tri Provincial team.**
6. **Scratches:** Please report scratches in lane races to the meet office as soon as possible.
7. **Protests:** Protests must be submitted in writing to the meet office no later than one-half hour following the official posting of results. Protests must be accompanied by a \$50.00 deposit that may be forfeited if the protest is disallowed.
8. **Entry Deadline:** The entry deadline for the meet is:

**6:00 p.m. CST, Monday, June 6, 2022**

9. **Entry Fees:** First event: \$30.00  
Second event: \$25.00  
Additional events: \$20.00 per event.

**PLEASE NOTE**

10. **Entries:** All entries **MUST** be made online using the **Trackie registration system.**  
**Trackie Registration:** Please paste the following URL into your browser:  
[www.trackiereg.com/2022sktrialsmeet](http://www.trackiereg.com/2022sktrialsmeet)  
**Entries will not be accepted from e-mails. Late entries will not be accepted.**  
Direct inquiries to: [rossannedwards@gmail.com](mailto:rossannedwards@gmail.com) or (306) 227-9213
11. **Bib Pick-up:** Gordie Howe Track Facility, ticket sales office window.  
Bib pickup will be open 3:30 P.M., Friday, June 10 and on Saturday June 11.  
Bibs will be organized by clubs. Please have a Club Representative pick up the package.
12. **Parking:** North parking lot on Dudley Street  
Alternate parking available beside Bob Van Imp Stadium
13. **Spectators:** **Admission:** \$5 each session OR \$10 for weekend event  
Please enjoy the events from the stands.
14. **First Aid:** Available in the Gordie Howe Complex Building (Physio room).
15. **Race Memorabilia:** A limited number of funky/flashy event socks will be sold at the meet  
cash or cheque only - \$20

**16. Schedule: Tentative (as of May 9, 2022)**

**8 OR LESS ON THE TRACK WILL BE RUN AT THE HEAT TIME**

**FRIDAY, JUNE 10**

**TRACK**

5:30pm	U16 Women	1500mSC30”no H20	Final
5:40pm	U16 Men	1500mSC30”no H20	Final
5:55pm	U18 Women	2000m SC 30”	Final
6:10pm	U18 Men	2000m SC 33”	Final
6:25pm	CSG Women	3000m SC 30”	Final
6:40pm	CSG Men	3000m SC 36”	Final
7:00pm	U16 Women	100m	Heats
7:15pm	U16 Men	100m	Heats
7:30pm	U18 Women	100m	Heats
7:45pm	U18 Men	100m	Heats
8:00pm	CSG Women	100m	Heats
8:15pm	CSG Men	100m	Heats
8:30pm	Special O Women	100m	Heat
8:35pm	Special O Men	100m	Heat

**FIELD**

4:30pm	CSG Women	High Jump	
4:30pm	U18/CSG Men	Hammer	
4:30pm	U16 Women	Long Jump	South
4:30pm	U16 Women	Shot Put	
4:30pm	U16/U18/CSG Women	Pole Vault	
4:30pm	U16 Men	Long Jump	North Pit
6:30pm	CSG Men	Long Jump	South
6:30pm	U18 Women	High Jump	
6:30pm	U18/CSG Women	Hammer	
6:30pm	U16 Men	Shot Put	
6:30pm	U18 Men	Long Jump	North Pit

**SATURDAY, JUNE 11, TRACK**

9:00 am	U16 Women	300m	Heats
9:10 am	U16 Men	300m	Heats
9:20 am	Wheelchair Women/Men	400m	Final
9:25 am	U18 Women	400m	Heats
9:35 am	U18 Men	400m	Heats
9:45 am	CSG Women	400m	Heats
9:55 am	CSG Men	400m	Heats
10:05am	U16 Women	100m	Final
10:10am	U16 Men	100m	Final
10:15am	U18 Women	100m	Final
10:20am	U18 Men	100m	Final
10:25am	CSG Women	100m	Final
10:30am	CSG Men	100m	Final

10:35am	Special O Women	100m	Final
10:40am	Special O Men	100m	Final
10:45am	Wheelchair Women/Men	100m	Final
11:05am	U16 Women	80m Hurdles 30"	Heats
11:15am	U18 Women	100m Hurdles 30"	Heats
11:25am	CSG Women	100m Hurdles 33"	Heats
11:35pm	U16 Men	100m Hurdles 33"	Heats
11:45pm	U18 Men	110m Hurdles 36"	Heats
11:55pm	CSG Men	110m Hurdles 42"	Heats
	<b>LUNCH</b>	<b>LUNCH</b>	
1:00pm	CSG Men	110m Hurdles 42"	Final
1:10 pm	U18 Men	110m Hurdles 36"	Final
1:20 pm	CSG Women	100m Hurdles 33"	Final
1:30 pm	U18 Women	100m Hurdles 30"	Final
1:40 pm	U16 Men	100m Hurdles 30"	Final
1:50 pm	U16 Women	80m Hurdles 30"	Final
2:10 pm	CSG Women	1500m	Final
2:20 pm	CSG Men	1500m	Final
2:30 pm	U18 Women	1500m	Final
2:40 pm	U18 Men	1500m	Final
2:50 pm	U16 Women	1200m	Final
3:00 pm	U16 Men	1200m	Final
3:10 pm	CSG Men	400m	Final
3:20 pm	CSG Woman	400m	Final
3:30 pm	U18 Men	400m	Final
3:40 pm	U18 Woman	400m	Final
3:50 pm	U16 Men	300m	Final
4:00 pm	U16 Woman	300m	Final
4:15 pm	U12 Woman	60m	Timed Final
4:30 pm	U12 Men	60m	Timed Final
4:45 pm	U14 Woman	80m	Timed Final
5:00pm	U14 Men	80m	Timed Final
	<b>SUPPER</b>		
6:00pm	U12 Women	150m	Timed Final
6:10pm	U12 Men	150m	Timed Final
6:15pm	U14 Women	150m	Timed Final
6:15 pm	U14 Men	150m	Timed Final

**FIELD**

8:30 am	U16 Women	Hammer	
9:00 am	U18 Women	Long Jump	S
9:00 am	U18/CSG Men	Shot Put	
10:00am	CSG Men	High Jump	
10:00am	U16 Men	Hammer	
10:30am	U16/U18/CSG Men	Pole Vault	
10:30am	U16 Women	Long Jump	N
11:30am	U18 / CSG Women	Shot Put	

11:30am	Para Men/Women	Discus	
12:30pm	U18 Men	Discus	
1:00 pm	CSG women	Long Jump	S
1:00 pm	U16 Men	Javelin	
2:30 pm	CSG Men	Discus	
2:30 pm	U16 Men	Triple Jump	N
2:30 pm	U16 Women	High Jump	
4:00 pm	U16 Women	Javelin	
4:00pm	U18 Men	Triple Jump	S
5:00pm	ParaMen/Women	Shot Put	
5:30 pm	U18 /CSG Women	Discus	
6:30 pm	U12 Men/Women	Long Jump floating	N
6:30pm	U14 Men/Women	Long Jump	S

**Sunday JUNE 12, TRACK**

8:30 am	CSG Women	5000m	Final
8:55 am	CSG Men	5000m	Final
9:20 am	U18 Women	3000m	Final
9:40 am	U18 Men	3000m	Final
10:00am	U16 Woman	2000m	Final
10:20am	U16 Men	2000m	Final
10:30am	Wheelchair Women/Men	1500m	Final
10:35am	U16 Women	200m Hurdles 30"	Timed Final
10:45am	U16 Men	200m Hurdles 30"	Timed Final
10:55am	U18 Women	400m Hurdles 30"	Timed Final
11:05am	CSG Women	400m Hurdles 30"	Timed Final
11:15am	U18 Men	400m Hurdles 33"	Timed Final
11:25am	CSG Men	400m Hurdles 36"	Timed Final
11:35am	U16 Women	200m	Heats
11:45am	U16 Men	200m	Heats
11:55am	U18 Women	200m	Heats
12:05pm	U18 Women	200m	Heats
12:15pm	CSG Women	200m	Heats
12:25pm	CSG Men	200m	Heats
12:35pm	Special O Women	200m	Heats
12:40pm	Special O Men	200m	Heats
	<b>LUNCH</b>		
1:30 pm	U16 Women	800m	Final
1:40 pm	U16 Men	800m	Final
1:50 pm	U18 Women	800m	Final
2:00 pm	U18 Men	800m	Final
2:10 pm	CSG Women	800m	Final
2:20pm	CSG Men	800m	Final

2:30 pm	U12 Men/Women	1000m	Final
2:45 pm	U14 Men / Women	1200m	Final
2:55pm	U16 Women	200m	Final
3:00pm	U16 Men	200m	Final
3:05pm	U18 Women	200m	Final
3:10pm	U18 Men	200m	Final
3:15pm	CSG Women	200m	Final
3:20pm	CSG Men	200m	Final
3:25pm	Special O Women	200m	Final
3:30pm	Special O Men	200m	Final

**FIELD**

9:00 am	U18 / CSG Women	Triple Jump	N
9:00 am	U16 Men	Discus	
9:00 am	U16 Men	High Jump	
9:00 am	U18/CSG Men	Javelin	
11:00am	U16 women	Triple Jump	S
11:00am	U16 Women	Discus	
11:00am	U18 men	High Jump	
11:30am	U18 /CSG Women	Javelin	
11:30am	U12 Men/Women	Shot Put	
1:00pm	CSG Men	Triple Jump	N
1:30 pm	U14 Men /Women	Shot Put	