

NATIONAL CHAMPIONSHIPS STANDARDS

ATHLETICS CANADA ENTRY STANDARDS

Saskatchewan athletes achieving the enclosed standards are automatically eligible if:

- Performances have been achieved in a competition which has been sanctioned by: Athletics Canada, Athletics Canada Provincial Branch, USTFA, NCAA, World Athletics.
- Performances have been achieved Outdoors between January 1, 2022 and July 23, 2023 for Juniors and Senior performances.
- Any athlete that has met the entry standard from January 1, 2022 to July 17, 2023 is eligible to take part.
- a) Any athlete can now compete at the National Championships. But performances on the track from High School Provincials will count towards National entry as the Program Coordinator will be recording any false starts. Also, performances will not count due to different throws weights, hurdle spacing / heights used at the championships.
- b) Carded athletes (2023) are automatically eligible to compete in the Championships event in which they are carded. They must process their registration form with appropriate payment to the National Office.

SASKATCHEWAN ATHLETICS FUNDING STANDARDS

- a) Standards must be achieved OUTDOORS from January 1, 2023 up to and including the National Championships with Legal wind readings.
- b) Athletes achieving funding standard may receive up to 75% of transportation to the National Championships.
- c) **Athletes achieving funding standards to Nationals and Athlete Assistance Standards must attend Provincial Championships in order to receive provincial funding.** Sask Athletics will accept as an exemption from the Provincial Championships a doctor's certificate for injury, illness, death in the immediate family, letter from University, school, and technical school stating that an individual cannot attend due to commitments of the institution or if an athlete is competing at a conflicting National team event.
- d) **Saskatchewan Athletics funding standards are the average of 4th place at the National Championship over the last 5 years.**

NATIONAL CHAMPIONSHIPS FUNDING

MEN

Funding Sr.	Entry Sr.	Events	Funding Jr.	Entry Jr.
10.28	10.50	100m	10.81	10.95
14.25	14.80	110mH 1.07cm / .99cm	14.64 (.99cm)	16.50 .99cm
20.79	21.10	200m	21.78	22.15
46.67	48.00	400m	48.59	49.75
52.94	54.50	400mH	55.59	60.00 (40.00 - 300mH)
1:48.72	1:49.80	800m	1:53.01	1:55
3:45.00	3:45.00	1500m	3:55.75	3:59.50
8:51.22	9:15.00	3,000SC	9:31.24	10:00.00 (6:20.00 - 2000st)
14:00.00	14:00.00	5,000m	15:08.24	16:30.00 (8:45.00 - 3000m)
30:58.77	31:30.00	10,000m	N/S	N/S
N/S	N/S	20km RW / 10km RW	N/S	N/S
2.10m	2.08m	HJ	1.98m	1.95m
5.03m	4.95m	PV	4.31m	4.10m
7.36m	7.20m	LJ	6.86m	6.70m
15.11m	14.80m	TJ	13.91m	13.70m
17.08m	16.00m	SP	14.88m (6.0kg)	13.50m (6.0kg)
49.05m	48.00m	DT	45.65m (1.75kg)	39.50m (1.75kg)
59.02m	59.00m	HT	55.33m (6.0kg)	48.00m (6.0kg)
65.50m	63.00m	JT	55.44m (800g)	48.00m (800g)
6546 pts		Dec.	5768pts	

WOMEN

Funding Sr.	Entry St.	Events	Funding Jr.	Entry St.
11.54	11.80	100m	12.09	12.25
13.53	13.90	100mH .84m	14.13	15.75
23.57	24.00	200m	24.30	25.00
52.74	55.00	400m	56.23	58.00
58.70	62.00	400mH	61.43	66.00 (45.00 - 300mH)
2:03.35	2:05.50	800m	2:11.25	2:14.50
4:16.95	4:20.00	1500m	4:32.77	4:36.00
9:57.76	10:30.00	3,000m SC	11:15.21	12:00.00 7:25.00 for 2km St
No Event	No Event	3000m	9:51.50	10:00.00
16:02.00	16:15.00	5,000m	18:18.87	21:00.00
36:00.00	36:00.00	10,000m	No Event	No Event
N/S	N/S	10km RW	N/S	N/S
1.75m	1.75m	HJ	1.67m	1.63m
4.10m	4.10m	PV	3.53m	3.25m
6.00m	6.00m	LJ	5.64m	5.60m
12.22m	12.20m	TJ	11.73m	11.50m
14.72m	14.00m	SP	11.96m	11.50m (4kg)
47.80m	45.00m	DT	39.56m	37.00m (1kg)
61.32m	57.00m	HT	51.00m	46.00m (4kg)
48.16m	48.00m	JT	40.01m	36.00m (600g)
5147 pts		Hept	4217 pts	

NATIONAL U18 (YOUTH) CHAMPIONSHIPS STANDARDS

ATHLETICS CANADA ENTRY STANDARDS

Saskatchewan athletes achieving the enclosed standards are automatically eligible if:

- Performances have been achieved in a competition which has been sanctioned by: Athletics Canada, Athletics Canada Provincial Branch, USTFA, NCAA, World Athletics.
- Performances must be achieved Outdoors between January 1, 2023 to the close of the entry deadline of Monday July 31, 2023 at 11:59pm ET.

SASKATCHEWAN ATHLETICS FUNDING STANDARDS

- e) Standards must be achieved OUTDOORS from January 1, 2023 up to and including the National Championships.
- f) Athletes achieving funding standard may receive up to 75% of transportation to the National Championships.
- g) **Athletes achieving funding standards and Athlete Assistance Standards must attend Provincial Championships to receive provincial funding.** Sask Athletics will accept as an exemption from the Provincial Championships a doctor's certificate for injury, illness, death in the immediate family, letter from University, school, and technical school stating that an individual cannot attend due to commitments of the institution or if an athlete is competing at a conflicting National team event.
- h) **Saskatchewan Athletics funding standards are the average of 4th place at the National Championship over the last 5 years.**

READ THE INFORMATION RELATING ON HOW TO QUALIFY FOR THIS NATIONAL CHAMPIONSHIP AS THIS HAS CHANGED FROM THE PAST

NATIONAL U18 (YOUTH) CHAMPIONSHIPS FUNDING

MEN

Funding U18	Entry U18	Events	Funding U16	Entry U16
11.14	11.41	100m	11.50	12.07
14.87 (.91m)	16.50 (.91m)	110mH/100mH .91m/.84m	14.41 (.84m)	17.38 (.84m)
22.49	23.05	200m	23.47	24.69
49.52	52.00	400m/300m	36.72	40.50
56.24	63.12 (.84)	400mH/200mH	26.75	30.00 (.76m)
1:55.65	1:58.00	800m	2:01.92	2:10.08
4:04.06	4:08.00	1500m/1200m	3:16.81	3:28.00
8:50.96	9:06.00	3000m/2000m	5:55.11	6:24.00
N/E	N/E	1500m SC No water	4:36.07	6:00.00 (.76m)
6:12.00	7:00.00 (.84m)	2000m SC	N/E	N/E
N/S	18:00.00	5km /RW / 1500m	N/S	11:00.00
1.91m	1.85m	HJ	1.76m	1.65m
3.62m	3.00m	PV	3.22m	2.50m
6.66m	6.15m	LJ	6.26m	5.40m
13.78m	12.70m	TJ	12.45m	11.65m
14.98m (5kg)	13.00m (5kg)	SP	14.52m (4kg)	12.25m (4kg)
45.41m (1.5kg)	40.00m (1.5kg)	DT	47.31m (1kg)	40.00m (1kg)
54.01m (5kg)	36.00 (5kg)	HT	49.93m (4kg)	33.00m (4kg)
55.98m (700gm)	44.00m (700gm)	JT	48.35m (600gm)	38.00m (600gm)
5687 pts	3500 pts	Decathlon/Pentathlon	2649 pts	N/S

WOMEN

Funding U18	Entry U18	Events	Funding U16	Entry U16
12.36	13.10	100m	12.56	13.15
14.77 (.76m)	16.00 (.76m)	100mH/80mH	12.15 (.76m)	13.45 (.76m)
25.50	26.53	200m	25.94	26.65
57.44	61.82	400m/300m	41.21	44.53
64.17	69.00	400mH/200mH (.76m)	29.04	33.89
2:13.92	2:21.94	800m	2:16.98	2:27.08
4:36.51	4:50.00	1500m/1200m	3:38.94	3:56.00
10:02.84	10:56.06	3000m /2000m	6:33.92	7:25.00
N/E	N/E	1500 SC No water	5:12.53	7:00.00 (.76m)
7:09.80	8:21.00 (.76m)	2000m SC	N/E	N/E
N/S	20:00.00	3km/RW/1500m	N/S	12:00.00
1.59m	1.50m	HJ	1.58m	1.45m
3.10m	2.40m	PV	2.74m	2.20m
5.41m	4.90m	LJ	5.21m	4.80m
11.34m	10.50m	TJ	11.09m	10.10m
13.00m (3kg)	10.00m (3kg) 8.50m (4kg)	SP	11.59m (3kg)	10.05m (3kg)
37.47m (1kg)	30.00m (1kg)	DT	31.86m (1kg)	27.00m (1kg)
50.04m (3kg)	34.00m (3kg) 30.00m (4kg)	HT	43.57m (3kg)	27.00m (3kg)
41.17m (500gm)	29.00m (500gm) 26.00m (600gm)	JT	34.25m (500gm)	27.00m (500gm) 24.00m (600gm)
4162 pts	2400 pts	Heptathlon/Pentathlon	2665 pts	N/S