

MASTERS

This year there were one hundred Saskatchewan Athletics/Canadian Masters/Athletics Canada members.

Twenty-five Saskatchewan and two Canadian records were set or broken in the indoor season. Four Masters athletes from Saskatchewan attended the 2022 Canadian Masters Athletics Indoor Championship in Saint John, New Brunswick. Two athletes competed at the USATF Championships.

Masters took part at outdoor meets in both Saskatchewan and Alberta. The Canadian Masters Outdoor Championship was held in Regina. Four athletes attended the World Masters Championship in Tampere, Finland. Saskatchewan outdoor records were broken sixty-four times, Canadian records were broken nine times and World records were broken six times. Top Notch Masters team finished 3rd out of 49 teams from across Canada.

Nineteen Masters athletes participated in the Saskatchewan Cross Country Provincial competition.

Canadian Masters Athletes of the Month were:

Muriel Gieni - March

Carol LaFayette-Boyd – July

The Bob Adams Awards of Excellence for Masters 2022 went to Carol LaFayette-Boyd and Trevor Jacek. Sandi Arnason and Trevor Jacek were recipients of the Howard West Award.

Upcoming Masters Meets:

Canadian Masters Indoor Championship
February 25 & 26, 2023
Toronto, Ontario

World Masters Indoor Championship
March 25 – April 1, 2023
Torun, Poland

Canadian Masters Outdoor Championship
Dates TBD, 2023
Coquitlam, British Columbia

Thanks to Saskatchewan Athletics for your continued support and for updating Saskatchewan Masters records.