

SASKATCHEWAN MASTERS

There are eighty-four registered Masters athletes in Saskatchewan. Forty-six of these are males and thirty-eight are females.

Three World records, five Canadian records, and about fifty Saskatchewan records have been set or broken in the indoor season.

The five Canadian records set/broken:

Carol LaFayette-Boyd – 50m, 60m, 200m, Long Jump, Triple Jump

The three World Records set/broken:

Carol LaFayette-Boyd – 60m, Long Jump, Triple Jump

The Bob Adams Awards of Excellence for Masters 2022 went to Carol LaFayette-Boyd and Trevor Jacek. Sandi Arnason and Trevor Jacek were recipients of the Howard West Sports Awards.

Canadian Masters Athletics Athletes of the Month of 2022 were:

March – Muriel Gieni

July – Carol LaFayette-Boyd

December – Karla Johnson-Gabruch

Carol LaFayette-Boyd was selected as the 2022 World Masters Athletics Best Female Athlete.

The Canadian Masters Indoor Championship was held in February in Toronto. Five Saskatchewan athletes took part – Sandi Arnason, Harvey Weber, Trevor Jacek, Colin Ellis, and Dale Lawrence. Four bronze, five silver, and seven gold medals were won. Trevor and Harvey were both on 4 x 800 m relay teams that set new Canadian records.

Three Saskatchewan Masters attended the World Masters Indoor Championship in Torun, Poland – Trevor Jacek, Ron Kelly, and Lynne Wawryk-Epp. Lynne Wawryk-Epp placed 3rd in the 1500m.

Upcoming Masters Meets:

May 28	2023 CMA Marathon Championships – Ottawa
June 17	2023 CMA 10K Road Race Championships – Toronto
August 6	2023 CMA 5K Road Race Walk Championships
August 11-13	2023 CMA Outdoor Championships – Langley
October 8	2023 CMA Half Marathon Championships – Victoria
November 25	2023 CMA National Cross Country Championships – Ottawa
August 13-25	2024 WMA Outdoor Championships – Gothenburg, Sweden
Aug. 28-Sept.8	2026 WMA Outdoor Championships – Daegu, Korea