

## 2023 Indoor Rankings

### U20 Men

Time/Dist	Athlete			Date	Location
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#### 50 Metres

Native Indoor 5.87 Feb-28-82 Rueben Mayes NBL

Open Indoor 5.82 Feb-04-10 Akeem Hayes CIT

5.82	Storm Zablocki	04	UofR	27-01-2023	Saskatoon
6.29	Liam Oster	05	UNSK	24-03-2023	Saskatoon
6.54	Mathieu Lafreniere	05	STFC	24-03-2023	Saskatoon
6.64	Carson Kulchyski	05	LTAC	24-03-2023	Saskatoon
6.84	Jonathan Roizman	04	YLTC	24-03-2023	Saskatoon
6.97	Logan Kaban	04	UofS	24-03-2023	Saskatoon

#### 60 Metres

Native Indoor 6.89 Mar-05-22 Storm Zablocki PAAC

Open Indoor 6.77 Feb-05-10 Akeem Hayes CIT

6.71	Storm Zablocki	04	UofR	10-03-2023	Saskatoon
6.95	Geovanne Powell	04	UofS	21-01-2023	Edmonton
7.01	Ryder Hardy	04	UofS	13-01-2023	Saskatoon
7.10	Ashwin Witt	05	STFC	27-10-2023	Saskatoon
7.10	Chase Klinger	04	UNSK	27-01-2023	Saskatoon
7.11	Ayomide Adedokun	04	UofR	24-02-2023	Saskatoon
7.17	Liam Oster	05	UNSK	27-01-2023	Saskatoon
7.19	Brett Franklin	04	UofR	13-01-2023	Saskatoon
7.22	Tunde Olotu-Akinyemi	05	PAAC	27-01-2023	Saskatoon
7.36	Hadley Benson	03	UofS	03-12-2022	Saskatoon
7.40	Josh Tam	05	STFC	21-01-2023	Edmonton
7.42	Kaiden Pringle	04	UofS	27-01-2023	Saskatoon
7.57	Mathieu Lafreniere	05	STFC	04-03-2023	Edmonton
7.57	Tishon Wanotch	05	NBLT	01-04-2023	Saskatoon
7.65	Carson Kulchyski	05	LTAC	27-01-2023	Saskatoon
7.65	Seth Wagner	05	RIVA	27-01-2023	Saskatoon
7.68	Nicholas Severin	03	UofS	03-12-2022	Saskatoon
7.78	Nicholas Ambrose	05	STFC	04-02-2023	Edmonton

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#### 200 Metres

Native Indoor 21.61 Jan-28-83 Cyprian Enweani STFC

Open Indoor 21.61 Jan-28-83 Cyprian Enweani STFC

22.96	Brett Franklin	04	UofR	10-12-2022	Regina
22.98	Ayomide Adedokun	04	UofR	10-12-2022	Regina
22.99	Lukas Gurski	05	STFC	24-03-2023	Edmonton
23.66	Geovanne Powell	04	UofS	03-12-2022	Saskatoon
23.93	Seth Wagner	05	RIVA	27-01-2023	Saskatoon
24.00	Tunde Olotu-Akinyemi	05	PAAC	03-02-2023	Regina
24.03	Kaiden Pringle	04	UofS	27-01-2023	Saskatoon
24.07	Liam Oster	05	UNSK	24-03-2023	Saskatoon
24.43	Carson Kulchyski	05	LTAC	24-03-2023	Saskatoon
24.52	Seth Wagner	05	RIVA	24-03-2023	Saskatoon
24.76	Mathieu Lafreniere	05	STFC	24-03-2023	Saskatoon
24.80	Nicholas Severin	03	UofS	03-12-2022	Saskatoon
24.94	Tishon Wanotch	05	NBLT	01-04-2023	Saskatoon
26.81	Aiden Doig	03	LTNL	10-12-2022	Regina
26.86	Jonathan Roizman	04	YLTC	24-03-2023	Saskatoon
27.19	Ethan Morhart	04	EXCL	03-02-2023	Regina
27.55	Jackson Kitz	05	EXCL	03-02-2023	Regina
28.72	Justin Arandia	04	MJRT	10-12-2022	Regina

#### Athlete with a Disability

24.02	Brendan Cote-Williamson	04	RWAC	03-02-2023	Regina
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#### 300 Metres

Native Indoor 33.69 Dec-29-83 Cyprian Enweani UofS

Open Indoor 33.50 Jan-09-88 Brad McCuaig AB

35.87	Brett Franklin	04	UofR	21-01-2023	Edmonton
36.98	Lukas Gurski	05	STFC	04-03-2023	Edmonton
38.10	Seth Wagner	05	RIVA	13-01-2023	Saskatoon
38.29	Kaiden Pringle	04	UofS	13-01-2023	Saskatoon
39.70	Nathan Granger	05	RIVA	04-03-2023	Edmonton
43.74	Nicholas Brophy	05	STFC	04-02-2023	Edmonton
44.77	Justin Arandia	04	MJRT	13-01-2023	Saskatoon
46.88	Spencer Wilson	05	MJRT	13-01-2023	Saskatoon

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### U20 Men

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#### 300 Metres - Cont'd

##### Athlete with a Disability

37.22	Brendan Cote-Williamson	04	RWAC	10-02-2023	Edmonton
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#### 400 Metres

Native Indoor 48.32 Feb-16-07 Joel Senick RIVA

Open Indoor 48.32 Feb-16-07 Joel Senick RIVA

53.63	Kaiden Pringle	04	UofS	27-01-2023	Saskatoon
56.02	Jayvin Cross Child	05	STFC	01-04-2023	Saskatoon
56.75	Kinley Cross Child	04	UofS	01-04-2023	Saskatoon
56.87	Nathan Granger	05	RIVA	27-01-2023	Saskatoon
57.04	Kiefer Gresty	05	RIVA	24-03-2023	Saskatoon
58.25	Dylan Beazley	05	STFC	27-01-2023	Saskatoon
58.67	Nicholas Brophy	05	STFC	27-01-2023	Saskatoon
1:01.33	Jonathan Roizman	04	YLTC	03-02-2023	Regina
1:03.87	Spencer Wilson	05	MJRT	03-02-2023	Regina
1:07.52	Andrew Anhalt	05	YLTC	24-03-2023	Saskatoon

##### Athlete with a Disability

53.64	Brendan Cote-Williamson	04	RWAC	03-02-2023	Regina
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#### 600 Metres

Native Indoor 1:20.03 Feb-06-10 Tait Nystuen UofR

Open Indoor 1:19.32 Mar-14-87 Mark Johnson AB

1:23.12	Jonathan Podbielski	04	UofR	13-01-2023	Saskatoon
1:27.70	Matthew Young	05	RIVA	04-03-2023	Edmonton
1:31.46	Kiefer Gresty	05	RIVA	04-03-2023	Edmonton
1:31.62	Dylan Beazley	05	STFC	04-03-2023	Edmonton
1:31.85	Ethan Randall	05	RIVA	04-02-2023	Edmonton
1:34.95	Nicholas Brophy	05	STFC	04-03-2023	Edmonton
1:51.28	Spencer Wilson	05	MJRT	13-01-2023	Saskatoon
1:51.93	Justin Arandia	04	MJRT	13-01-2023	Saskatoon

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### U20 Men

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#### 600 Metres - Cont'd

##### Athlete with a Disability

1:28.50	Brendan Cote-Williamson	04	RWAC	13-01-2023	Saskatoon
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#### 800 Metres

Native Indoor 1:51.40 Mar-12-77 Bob Reindl RIVA  
Open Indoor 1:50.59 Feb-28-82 Simon Hoogewert BC

1:56.50	Jonathan Podbielski	04	UofR	10-12-2022	Regina
2:00.00	Daniel Eiswerth	03	UofR	10-12-2022	Regina
2:02.81	Nathanial Dosman	05	RIVA	24-03-2023	Saskatoon
2:03.35	Kinley Cross Child	04	UofS	01-04-2023	Saskatoon
2:03.37	Matthew Young	05	RIVA	24-03-2023	Saskatoon
2:04.38	Jayvin Cross Child	05	STFC	01-04-2023	Saskatoon
2:05.16	Matthew Nisbet	03	UofS	03-12-2022	Saskatoon
2:05.16	Ethan Randall	05	RIVA	27-01-2023	Saskatoon
2:07.70	Kiefer Gresty	05	RIVA	24-03-2023	Saskatoon
2:08.08	Dylan Beazley	05	STFC	24-03-2023	Saskatoon
2:12.58	Gilbert Chan	05	STFC	27-01-2023	Saskatoon
2:19.13	Nicholas Brophy	05	STFC	24-03-2023	Saskatoon
2:23.97	Kish Sauder	05	RIVA	27-01-2023	Saskatoon
2:34.68	Spencer Wilson	05	MJRT	24-03-2023	Saskatoon
2:40.10	Justin Arandia	04	MJRT	10-12-2022	Regina
2:48.48	Andrew Anhalt	05	YLTC	24-03-2023	Saskatoon

#### 1000 Metres

Native Indoor 2:26.9h Dec-29-77 Bob Reindl RIV  
Open Indoor 2:26.9h Dec-29-77 Bob Reindl RIV

2:25.10	Jonathan Podbielski	04	UofR	10-02-2023	Boston
2:37.58	Nathanial Dosman	05	RIVA	04-03-2023	Edmonton
2:42.08	Matthew Young	05	RIVA	04-03-2023	Edmonton
2:50.01	Dylan Beazley	05	STFC	04-03-2023	Edmonton
2:53.83	Kiefer Gresty	05	RIVA	04-03-2023	Edmonton
3:04.27	Nicholas Brophy	05	STFC	04-03-2023	Edmonton
3:07.02	Josh Tam	05	STFC	10-02-2023	Edmonton

## 2023 Indoor Rankings

### U20 Men

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#### 1500 Metres

Native Indoor 3:50.83 Feb-09-19 Ron MacLean URTC

Open Indoor 3:50.83 Feb-09-19 Ron MacLean URTC

3:53.47	Jonathan Podbielski	04	UofR	24-02-2023	Saskatoon
4:13.66	Nathanial Dosman	05	RIVA	04-03-2023	Edmonton
4:15.72	Jayvin Cross Child	05	STFC	04-03-2023	Edmonton
4:15.78	Kinley Cross Child	04	UofS	04-03-2023	Edmonton
4:18.20	Ethan Randall	05	RIVA	04-03-2023	Edmonton
4:25.05	Matthew Young	05	RIVA	27-01-2023	Saskatoon
4:29.14	Dylan Beazley	05	STFC	13-01-2023	Saskatoon
4:29.57	Gilbert Chan	05	STFC	13-01-2023	Saskatoon
4:50.66	Kiefer Gresty	05	RIVA	27-01-2023	Saskatoon
5:00.10	Kish Sauder	05	RIVA	27-01-2023	Saskatoon
5:20.22	Kyle Gel	04	EXCL	10-12-2022	Regina
5:51.78	Andrew Anhalt	05	YLTC	24-03-2023	Saskatoon
6:27.65	Jonathan Roizman	04	YLTC	03-02-2023	Regina

#### 1600 Metres

4:37.57	Nathanial Dosman	05	RIVA	16-02-2023	Pocatello, ID
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#### 3000 Metres

Native Indoor 8:22.56 Feb-02-02 Simon Bairu HAR

Open Indoor 8:21.51 Feb-28-82 Paul McCloy NL

9:15.03	Kinley Cross Child	04	UofS	04-03-2023	Edmonton
9:23.94	Jayvin Cross Child	05	STFC	24-03-2023	Saskatoon
9:31.86	Ethan Randall	05	RIVA	04-03-2023	Edmonton
9:56.05	Dylan Beazley	05	STFC	04-02-2023	Edmonton
10:05.39	Gilbert Chan	05	STFC	13-01-2023	Saskatoon
11:07.37	Kish Sauder	05	RIVA	24-03-2023	Saskatoon

#### 60m Hurdles .99m

Native Indoor 7.84 Mar-09-18 Payne Wylie RIVA

Open Indoor 7.84 Mar-09-18 Payne Wylie RIVA

8.59	Liam Oster	05	UNSK	28-01-2023	Saskatoon
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#### 60m Hurdles .99m - Cont'd

8.79	Josh Tam	05	STFC	18-01-2023	Saskatoon
8.90	Mathieu Lafreniere	05	STFC	04-03-2023	Edmonton

#### High Jump

Native Indoor 2.11m Dec-30-80 Kelly Alcorn RIV

Open Indoor 2.18m Feb-28-82 Alain Metellus QU

1.72m	Josh Tam	05	STFC	10-02-2023	Edmonton
1.70m	Kiefer Gresty	05	RIVA	24-03-2023	Saskatoon
1.70m	Nathan Granger	05	RIVA	04-03-2023	Edmonton
1.60m	Tishon Wanotch	05	NBLT	27-01-2023	Saskatoon
1.55m	Jackson Kitz	05	EXCL	03-02-2023	Regina
1.35m	Logan Kaban	04	UofS	24-03-2023	Saskatoon

#### Pole Vault

Native Indoor 5.00m Mar-11.06 Taylor Petrucha UofS/RIVA

Open Indoor 5.00m Mar-11.06 Taylor Petrucha UofS/RIVA

4.15m	Josh Tam	05	STFC	27-01-2023	Saskatoon
3.80m	Ashwin Witt	05	STFC	24-03-2023	Saskatoon
3.42m	Nicholas Ambrose	05	STFC	04-02-2023	Edmonton
2.85m	Ethan Morhart	04	EXCL	27-01-2023	Saskatoon

#### Long Jump

Native Indoor 7.73 Mar-06-20 Scott Joseph URTC

Open Indoor 7.73 Mar-06-20 Scott Joseph URTC

6.52m	Ashwin Witt	05	STFC	27-01-2023	Saskatoon
6.50m	Lukas Gurski	05	STFC	24-03-2023	Saskatoon
6.18m	Josh Tam	05	STFC	21-01-2023	Edmonton
5.84m	Mathieu Lafreniere	05	STFC	24-03-2023	Saskatoon
4.98m	Logan Kaban	04	UofS	24-03-2023	Saskatoon
4.96m	Jackson Kitz	05	EXCL	03-02-2023	Regina
4.93m	Tishon Wanotch	05	NBLT	01-04-2023	Saskatoon
4.62m	Aiden Doig	03	UNSK	10-12-2022	Regina

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#### Triple Jump

Native Indoor	15.24m	Mar-13-98	Shawn Peters	UofR
Open Indoor	15.24m	Mar-13-98	Shawn Peters	UofR

12.60m	Lukas Gurski	05	STFC	04-03-2023	Edmonton
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#### Shot Put 6kg

Native Indoor	16.82m	Dec-06-08	Chris Pickering	UNSK
Open Indoor	16.82m	Dec-06-08	Chris Pickering	UNSK

12.34m	Kael Ward	04	EXCL	10-12-2022	Regina
11.99m	Josh Tam	05	STFC	10-02-2023	Edmonton
11.36m	Bode Bissky	04	PAAC	24-03-2023	Saskatoon

#### Shot Put 7.26kg

Native Indoor	16.56m	Feb-24-07	Justin Greif	UofS/TIS
Open Indoor	16.56m	Feb-24-07	Justin Greif	UofS/TIS

11.76m	Kael Ward	04	EXCL	03-02-2023	Regina
11.74m	Bode Bissky	04	PAAC	03-02-2023	Regina
6.69m	Logan Kaban	04	UofS	24-03-2023	Saskatoon

#### Weight Throw 15.88kg

Native Indoor	17.16m	Feb-24-07	Justin Greif	UofS
Open Indoor	19.41m	Jan-25-03	Jim Steacy	UofL

12.27m	Kael Ward	04	EXCL	03-02-2023	Regina
11.10m	Bode Bissky	04	PAAC	03-02-2023	Regina

#### Heptathlon

Native Indoor	4728	02-22-20	Masson Altrogge	US
Open Indoor	4728	02-22-20	Masson Altrogge	US

4409	Josh Tam	05	STFC	10-02-2023	Edmonton
7.40 - 60m/ 6.18m - LJ/ 11.99m - SP/1.72m - HJ/8.86 - 60mH/3.90m - PV/ 3:07.02 - 1000m					