

TRACK EVENTS MEN

Event	Level	2005 (18)	2004 (19)	2003 (20)	2002 (21)	2001 (22)	2000 (23)	1999 (24)	1998 (25)	1997 (26)	1996 (27)	1995 (28)
100m	Tier I	10.84s	10.74s	10.65s	10.59s	10.57s	10.50s	10.44s	10.42s	10.38s	10.38s	10.36s
	Tier II	11.06s	10.95s	10.86s	10.80s	10.78s	10.70s	10.64s	10.64s	10.58s	10.58s	10.56s
200m	Tier I	22.02s	21.95s	21.78s	21.59s	21.53s	21.33s	21.22s	21.13s	21.09s	21.05s	21.02s
	Tier II	22.45s	22.37s	22.20s	22.01s	21.95s	21.74s	21.63s	21.53s	21.49s	21.45s	21.43s
400m	Tier I	49.25s	48.78s	48.14s	47.78s	47.56s	47.44s	47.33s	47.12	46.99s	46.77s	46.48s
	Tier II	50.20s	49.73s	49.07	48.71s	48.48s	48.36s	48.25s	48.03s	47.90s	47.68s	47.48s
800m	Tier I	1:51.36s	1:51.13s	1:50.37s	1:50.00s	1:49.35s	1:48.92s	1:48.75s	1:48.51s	1:48.21s	1:48.21s	1:48.21s
	Tier II	1:53.51s	1:53.37s	1:52.50s	1:52.14s	1:51.46s	1:51.04s	1:50.83s	1:50.62s	1:50.31s	1:50.31s	1:50.31s
1500m	Tier I	3:54.96s	3:52.76s	3:52.16s	3:49.86s	3:48.06s	3:47.04s	3:46.40s	3:46.13s	3:44.47s	3:43.57s	3:42.91s
	Tier II	3:59.52s	3:57.27s	3:56.66s	3:54.22s	3:52.48s	3:51.44s	3:50.78s	3:50.51s	3:48.83s	3:47.92s	3:47.24s
5000m	Tier I	14:07.07s	14:01.03s	13:51.23s	13:49.40s	13:45.78s	13:45.51s	13:42.99s	13:38.57s	13:37.45s	13:35.62s	13:34.60s
	Tier II	14:23.44s	14:17.09s	14:07.85s	14:05.93s	14:02.11s	14:01.40s	13:56.23s	13:54.48	13:53.23s	13:51.46s	13:50.42s
10000m	Tier I	30:00.07s	30:00.07s	29:41.74s	29:41.74s	29:33.76s	29:33.76s	29:16.43s	28:54.48s	28:44.52s	28:35.57s	28:19.51s
	Tier II	30:34.87s	30:34.87s	30:34.60s	30:34.60s	30:08.39s	30:08.39s	29:40.84s	29:29.17s	29:18.01s	29:08.87s	29:02.61s
Marathon	Tier I	2:16.58min	2:16.58min	2:16.58min	2:16.58min	2:16.58min	2:16.58min	2:16.58min	2:16.58min	2:16.58min	2:16.58min	2:16.58min
	Tier II	2:19.38min	2:19.38min	2:19.38min	2:19.38min	2:19.38min	2:19.38min	2:19.38min	2:19.38min	2:19.38min	2:19.38min	2:19.38min
110mH	Tier I	14.87s	14.70s	14.59s	14.45s	14.27s	14.23s	14.19s	14.08s	14.03s	13.99s	13.95s
1.07m	Tier II	15.16s	14.99s	14.87s	14.74s	14.54s	14.50s	14.45s	14.36s	14.31s	14.26s	14.22s
110mH	Tier I	14.50s										
.99m	Tier II	14.79s										
400mH.91	Tier I	54.50s	53.80s	53.25s	52.75s	52.24s	51.78s	51.61s	51.41s	51.25s	51.25s	50.84s
	Tier II	55.56s	54.85s	54.28s	53.77s	53.25s	52.79s	52.62s	52.56s	52.44s	52.25s	51.83s