

2019 Outdoor Rankings
U20 - Junior Women

Time/Dist	Athlete	Date	Location
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100 Metres

Native Outdoor	11.58 Jul-04-03 Jenni Hucul STFC
Open Outdoor	11.58 Jul-04-03 Jenni Hucul STFC

12.61	-2.6	Brianna Andrews	00	STFC	18/08/2019	Swift Current
12.67	-1.9	Ojamale Attah	01	RIVA	14/07/2019	Regina
12.86	0.7	Kaylee Ilnisky	00	UOFS	16/06/2019	Prince Albert
13.18	-1.9	Morgan Fichter	00	UNSK	14/07/2019	Regina
13.97	0.1	Kayleigh Strinholm	01	EXCL	23/06/2019	Regina

Wind/No Wind/Hand Time

12.57	2.7	Brianna Andrews	00	STFC	02/06/2019	Calgary
13.15	2.2	Hannah Hagerty	01	EXCL	11/05/2019	Regina
13.18	2.2	Irelyn Toth	01	EXCL	11/05/2019	Regina

Athlete with a Disability

17.13	-2.9	Mackinley Gader	00	SOSK	14/07/2019	Regina
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200 Metres

Native Outdoor	24.19 Aug-10-91 LaDonna Antoine RAT
Open Outdoor	23.85 Aug-2 -81 Angela Bailey UT

25.63	1.3	Nicole Ostertag	00	STFC	10/05/2019	Azusa
25.86	-2.4	Ojamalie Attah	01	RIVA	17/08/2019	Swift Current
26.00	0.5	Brianna Andrews	00	STFC	30/06/2019	Edmonton
26.10	0.4	Angela Moser	01	STFC	23/06/2019	Regina
26.75	-1.8	Irelyn Toth	01	EXCL	16/06/2019	Prince Albert
26.87	1.3	Alyson Edwards	00	UOFR	10/05/2019	Azusa
27.45	0.4	Hannah Hagerty	01	EXCL	23/06/2019	Regina
27.81	1.1	Kalea Sauder	01	SCSS	18/08/2019	Swift Current
28.07	-1.8	Aspen Slobodzian	01	RIVA	16/06/2019	Prince Albert
29.45	1.2	Kayleigh Strinholm	01	EXCL	11/05/2019	Regina

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200 Metres Cont'd

Wind/No Wind

25.51	2.1	Nicole Ostertag	00	STFC	16/06/2019	Toronto
25.92	2.7	Brianna Andrews	00	STFC	30/06/2019	Edmonton
26.62	2.1	Alyson Edwards	00	UOFR	16/06/2019	Toronto

Athlete with a Disability

34.18	1.3	Mackinley Gader	00	SOSK	18/08/2019	Swift Current
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400 Metres

Native Outdoor	54.52	Jul-04-85	Lisa Kroll	STFC
Open Outdoor	52.96	Aug-2 -81	Jillian Richardson	AB

57.16		Skylar Smith	00	UOFR	23/06/2019	Regina
58.45		Courtney Dembrowski	00	STFC	16/06/2019	Prince Albert
58.54		Angela Moser	01	STFC	23/06/2019	Regina
1:01.52		Camryn Gillies	01	EXCL	14/07/2019	Regina
1:03.15		Rayne Butler-Siemens	00	STFC	23/06/2019	Regina
1:06.90		Emily Turnbull	01	DATC	23/06/2019	Regina

800 Metres

Native Outdoor	2:09.79	Aug-08-11	Ashlynn Simon	QCST/Team SK
Open Outdoor	2:07.60	Jul-8 -89	Vicky Lynch	AB

2:10.37		Natalia McCullough	01	URTC	28/07/2019	Montreal
2:12.27		Courtney Dembrowski	00	STFC	14/07/2019	Regina
2:14.06		Kaitlyn Harrison	01	UNSK	14/07/2019	Regina
2:19.90		Nicole Ostertag	00	STFC	16/06/2019	Toronto
2:21.11		Camryn Gillies	01	EXCL	16/06/2019	Prince Albert
2:21.16		Alyson Edwards	00	UOFR	16/06/2019	Toronto
2:22.78		Rayne Butler-Siemens	00	STFC	16/06/2019	Prince Albert
2:27.45		Kaylee Tymo	00	UOFR	23/06/2019	Regina
2:31.80		Sydney Neufeld	00	STFC	11/05/2019	Regina
2:33.29		Jaira Crosschild	01	STFC	14/09/2019	Saskatoon

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800 Metres Cont'd

2:43.25	Kalea Sauder	01 SCSS	18/08/2019	Swift Current
2:44.68	Emily Turnbull	01 DATC	23/06/2019	Regina
2:45.86	Monique Diemeret	01 EXCL	11/05/2019	Regina

1500 Metres

Native Outdoor	4:18.61 Jun-10-09	Kendra Schaaf QCST
Open Outdoor	4:18.61 Jun-10-09	Kendra Schaaf QCST

4:38.13	Natalia McCullough	01 URTC	14/07/2019	Regina
4:40.33	Kaitlyn Harrison	01 UNSK	18/08/2019	Swift Current
4:54.57	Caitlin Mann	00 UNSK	23/06/2019	Regina
4:56.74	Allison Grajczyk-Jelinski	01 MJRT	08/06/2019	Moose Jaw
5:05.35	Kaylee Tymo	00 UOFR	14/07/2019	Regina
5:06.05	Mercedes Robinson	00 EXTS	30/03/2019	Norman

3000 Metres

Native Outdoor	9:14.62 Jul-18-09	Kendra Schaaf QCST
Open Outdoor	9:14.62 Jul-18-09	Kendra Schaaf QCST

10:06.37	Caitlin Mann	00 UNSK	25/07/2019	Montreal
10:26.24	Kaitlyn Harrison	01 UNSK	18/08/2019	Swift Current
10:47.78	Kaylee Tymo	00 UOFR	18/08/2019	Swift Current
10:58.15	Allison Grajczyk-Jelinski	01 MJRT	08/06/2019	Moose Jaw
11:49.72	Jaira Crosschild	01 STFC	16/06/2019	Prince Albert

5000 Metres

Native Outdoor	15:52.08 Jun-10-05	Danette Doetzel QCST
Open Outdoor	15:52.08 Jul-05-03	Danette Doetzel QCST

17:33.98	Caitlin Mann	00 UNSK	03/05/2019	Portland
18:50.51	Kaylee Tymo	00 UOFR	28/07/2019	Montreal
21:00.42	Jaira Crosschild	01 STFC	16/06/2019	Prince Albert

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100m Hurdles .84m

Native Outdoor 13.78 Jun-26-04 Jaime Cruickshank STFC
 Open Outdoor 13.57 Jul-24-04 Francis Keating ON

14.13	0.5	Nicole Ostertag	00	STFC	27/07/2019	Montreal
15.51	0.6	Alyson Edwards	00	UOFR	10/05/2019	Azusa
16.63	1.3	Ojamalie Attah	01	RIVA	16/06/2019	Prince Albert
17.25	-1.1	Kalea Sauder	01	SCSS	14/07/2019	Regina
19.78	-1.1	Claire Ledingham	01	EXCL	23/06/2019	Regina
21.55	1.3	Aspen Slobodzian	01	RIVA	16/06/2019	Prince Albert
21.84	-1.1	Erinn Minter	01	EXCL	23/06/2019	Regina

400m Hurdles .76m

Native Outdoor 58.49 Jul-10-82 Gwen Wall RIV
 Open Outdoor 58.49 Jul-10-82 Gwen Wall RIV

1:01.36		Skylar Smith	00	UOFR	10/05/2019	Azusa
1:03.26		Courtney Dembrowski	00	UNSK	05/05/2019	Sioux Falls
1:11.70		Rayne Butler-Siemens	00	STFC	18/08/2019	Swift Current

3000m Steeple Chase

Native Outdoor 10:16.32 Jul-10-08 Jessica Furlan EXCL
 Open Outdoor 10:16.32 Jul-10-08 Jessica Furlan EXCL

11:28.56		Kaitlyn Harrison	01	UNSK	23/06/2019	Regina
11:32.46		Kaylee Tymo	00	UOFR	26/07/2019	Montreal

High Jump

Native Outdoor 1.80m Jun-26-88 Vanessa Monar UNSK
 Open Outdoor 1.85m Aug-9 -97 Whitney Evans AB

1.70m		Amou Madol	00	UOFR	16/06/2019	Calgary
1.68m		Nicole Ostertag	00	STFC	26/07/2019	Montreal
1.63m		Alyson Edwards	00	UOFR	10/05/2019	Azusa

1.55m	Kalea Sauder	01	SCSS	14/07/2019	Regina
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High Jump Cont'd

1.45m	Aspen Slobodzian	01	RIVA	18/08/2019	Swift Current
1.40m	Claire Ledingham	01	EXCL	23/06/2019	Regina

Pole Vault

Native Outdoor	4.11m Jun-25-04	Adrienne Vangool	RIVA
Open Outdoor	4.11m Jun-25-04	Adrienne Vangool	RIVA

3.30m	Jacinta Bumphrey	01	STFC	08/06/2019	Moose Jaw
3.15m	Nicole Hoare	01	RIVA	23/06/2019	Regina
3.05m	Sierra Leonard	01	STFC	25/07/2019	Montreal
3.00m	Kylie Buchan	00	UOFS	30/06/2019	Kelowna
2.85m	Aspen Slobodzian	01	RIVA	23/06/2019	Regina
2.55m	Kathryn Guenter	01	RIVA	23/06/2019	Regina

Long Jump

Native Outdoor	6.02m Jun-02-07	Brianne Theisen	STFC
Open Outdoor	6.41m Aug-02 -81	Nicole Ali	ON

5.63m	0.0	Nicole Ostertag	00	STFC	25/07/2019	Montreal
5.54m	1.9	Jada Roach	01	STFC	14/07/2019	Regina
5.42m	0.9	Alyson Edwards	00	UOFR	16/06/2019	Toronto
5.39m	1.9	Kaylee Ilnisky	00	UOFS	14/07/2019	Regina
5.33m	0.0	Hannah Hagerty	01	EXCL	23/06/2019	Regina
5.19m	2.0	Kalea Sauder	01	SCSS	14/07/2019	Regina
5.17m	1.6	Morgan Fichter	00	UNSK	14/07/2019	Regina
4.67m	0.0	Suzanne Laniece	01	STFC	25/07/2019	Montreal
4.30m	1.0	Claire Ledingham	01	EXCL	11/05/2019	Regina

Wind/No Wind

5.58m	2.5	Kaylee Ilnisky	00	UOFS	14/07/2019	Regina
5.40m	2.4	Morgan Fichter	00	UNSK	14/07/2019	Regina

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Long Jump Cont'd

Athlete with a Disability

3.15m	1.2	MacKinley Gader	00	SOSK	18/08/2019	Swift Current
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Triple Jump

Native Outdoor	12.71m Jun-7 -02	Chloe Hetheron	SMAT
Open Outdoor	12.71m Jun-7 -02	Chloe Hetheron	SMAT

11.46m	-3.8	Jada Roach	01	STFC	14/07/2019	Regina
11.04m	-2.8	Morgan Fichter	00	UNSK	14/07/2019	Regina
10.13m	0.0	Suzanne Laniece	01	STFC	23/06/2019	Regina

Wind/No Wind

11.12	2.2	Morgan Fichter	00	UNSK	11/05/2019	Regina
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Shot Put 4kg

Native Outdoor	14.91m Jul-18-09	Taryn Suttie	STFC
Open Outdoor	14.91m Jul-18-09	Taryn Suttie	STFC

12.27m		Nicole Kramchynsky	01	UNSK	25/07/2019	Montreal
12.03m		Naomi Klassen	01	DATC	11/05/2019	Regina
11.49m		Nicole Ostertag	00	STFC	16/06/2019	Toronto
10.04m		Annika Magnuson	00	DATC	11/05/2019	Regina
9.51m		Alyson Edwards	00	UOFR	10/05/2019	Azusa
9.33m		Jaedyn Rudichuk	01	STFC	23/06/2019	Regina
8.57m		Claire Ledingham	01	EXCL	23/06/2019	Regina
7.57m		Kalea Sauder	01	SCSS	18/08/2019	Swift Current

Discus 1kg

Native Outdoor	47.21m May-09-15	Haylea Salamon	STFC
Open Outdoor	47.72m Jun-12-82	Sandy Ketterer	AB

40.81m Annika Magnuson 00 DATC 30/06/2019 Edmonton

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Discus 1kg Cont'd

37.69m Nicole Kramchynsky 01 UNSK 16/06/2019 Prince Albert
 35.64m Naomi Klassen 01 DATC 08/06/2019 Moose Jaw
 31.64m Jaedyn Rudichuk 01 STFC 14/07/2019 Regina
 17.60m Jada Roach 01 STFC 16/06/2019 Prince Albert

Hammer 4kg

Native Outdoor 52.57m Jul-05-05 Elisabeth Dubourt STFC
 Open Outdoor 57.41m Aug-16-05 Marie-Eve Boisselle QUE

43.63m Naomi Klassen 01 DATC 19/05/2019 Lethbridge
 38.08m Annika Magnuson 00 DATC 11/05/2019 Regina
 37.44m Nicole Kramchynsky 01 UNSK 18/08/2019 Swift Current
 34.69m Raedyn Rudichuk 01 STFC 14/07/2019 Regina

Javelin 600gm

Native Outdoor 45.90m Jul-14-94 Kerry Schrader RWCK
 Open Outdoor 50.25m Jul-04-03 Krista Woodward BC

37.15m Nicole Kramchynsky 01 UNSK 18/08/2019 Swift Current
 37.02m Alyson Edwards 00 UOFR 14/07/2019 Regina
 34.63m Nicole Ostertag 00 STFC 16/06/2019 Toronto
 24.71m Kalea Sauder 01 SCSS 18/08/2019 Swift Current

Heptathlon

Native Outdoor 5413 Jul-08-07 Brianne Theisen STFC/CDA
 Open Outdoor 5413 Jul-08-07 Brianne Theisen STFC-CDA

5297pts Nicole Ostertag 00 STFC 16/06/2019 Toronto
 14.25 (0.2) 100mH/ 1.63m HJ/ 11.49m SP/ 25.51 (2.1) 200m
 5.59m (0.1) LJ/ 34.63m JT/ 2:19.90 800m
 4584pts Alyson Edwards 00 UOFR 10/05/2019 Azusa
 15.51 (0.6) 100mH/ 1.63m HJ/ 9.51m SP/ 26.87 (1.3) 200m
 5.21m (1.0) LJ/ 29.07m JT/ 2:26.16 800m

