

07 Outdoor Rankings

Senior Women

100 Metres

Native Outdoor 11.58 Jul-04-03 Jenni Hucul STFC
Open Outdoor 11.50 Aug-11-75 Patricia Loverock BC

Time/Dist		Athlete			Date		Meet
12.50	0.3	Buchholz, Nicky	82	STFC	28/04/2007	Golden Knight Twilite	
12.69	0.0	Croteau, Erica	90	RIV	6/2/2007	SHSAA	
12.77	1.1	Stone, Danny	90	STFC	09/06/2007	PW, Ban, Mid, Jr Champs	
12.77	-1.8	Hucul, Jenni	88	STFC	08/08/2007	WCSG	
12.84	1.0	Abrams, Andrea	90	STFC	21/07/2007	Juvenile Dual	
12.86	1.0	Bewcyk, Laura	86	EXA	09/06/2007	PeeWee, Bantam, Midget, Junior	
12.91	-1.8	Siemens, Sharai	88	STFC	08/08/2007	WCSG	
12.98	0.4	Kuspira, Katelyn	88	YLTC	28/04/2007	Golden Knight Twilite	
13.04	1.0	Nosbush, Mahlena	91	STFC	21/07/2007	Juvenile Dual	
13.07	-0.7	Davis, Tennile	90	EXA	21/07/2007	Juvenile Dual	
100 Metres Wheelchair							
18.04	-1.7	Duff, Ilana	86	CRTC	6/7/2007	Pratteln, Swit	
19.29	-1.0	Frie, Keira	87	CRTC	12/5/2007	Dogwood, Victoria	
22.68	0.6	Harrower, Cory	88	CRTC	02/06/2007	SHSAA	
23.66	0.6	Paul, Kelsi	89	CRTC	02/06/2007	SHSAA	
26.86	-1.0	Hancock, Tannis	83	CRTC	12/5/2007	Dogwood, Victoria	
200 Metres							
Native Outdoor 23.13 Jun-24-01 LaDonna Antoine-Watkins RAT							
Open Outdoor 22.85 Aug-02-81 Angella Taylor ON							
25.01	1.2	Theisen, Brianne	88	STFC	02/06/2007	SHSAA	
25.12	1.8	Stone, Danny	90	STFC	6/23/2007	Prov Championships	
25.53	1.8	Siemens, Sharai	88	STFC	23/06/2007	Provincial Championships	

400 Metres Wheelchair						
1:02.65	Duff, Ilana	86	CRTC	6/7/2007	Pratteln, Swit	
1:05.78	Frie, Keira	87	CRTC	12/07/2007	Senior Nationals	
1:20.01	Harrower, Cory		CRTC	02/06/2007	SHSAA	
1:39.01	Paul, Kelsi		CRTC	02/06/2007	SHSAA	
1:47.10	Hancock, Tannis	83	CRTC	12/5/2007	Dogwood, Victoria	
07 Outdoor Rankings						
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800 Metres						
Native Outdoor 2:07.80 May-05-06 Amber McGown TIS/OR						
Open Outdoor 2:05.8h Aug-12-75 Maureen Crowley BC						
Time/Dist	Athlete			Date	Meet	
2:09.33	McGown, Amber	83	TIS	05/05/2007	Oregon	
2:12.68	Schaaf, Kendra	90	QCS	02/06/2007	SHSAA	
2:13.83	Bolen, Morgan	89	EXA	06/04/2007	Arcadia	
2:15.46	Edwards, Rachael	91	RIV	02/06/2007	SHSAA	
2:15.67	Smith, Kailey	86	STFC	08/08/2007	WCSG	
2:15.64	Hart, Julia	90	EXA	8/8/2007	WCSG	
2:18.49	Furlan, Jessica	90	EXA	02/06/2007	SHSAA	
2:19.26	Friesen, Julene	89	RIV	27/07/2007	National Juniors	
2:20.19	Musa, Rejoice	91	MJR	02/06/2007	SHSAA	
2:21.97	Hanbidge, Helen	88	RIV	27/07/2007	National Juniors	
800 Metres Wheelchair						
2:13.40	Duff, Ilana	86	CRTC	13/05/2007	Dogwood, Victoria	
2:14.11	Frie, Keira	87	CRTC	13/05/2007	Dogwood, Victoria	
2:48.67	Harrower, Cory	88	CRTC	08/08/2007	WCSG	
1500 Metres						

5.83m	+0.0	Polischuk, Janine	85	EXA	23/06/2007	Provincial Championships
5.32m	0.4	Breker, Nicole	89	STFC	27/07/2007	National Juniors
5.13m	0.6	Haselhan, Shalane	91	EST	05/05/2007	Regina Spring Classic
5.13m	0.0	Nelson, Alisha	89	UNA	23/06/2007	Provincial Championships
5.11m	1.7	Stone, Danny	90	STFC	02/06/2007	SHSAA
4.93m	0.0	Ferguson, Jamie	91	TIS	11/08/2007	Legion Nationals
4.88m	1.5	Jelinski, Jenna	90	EXA	7/27/2007	National Juniors
4.86m	0.6	Smits, Veronika	89	STFC	15/06/2007	Caltaf
4.80m	0.5	Yuzik, Carrie	89	LTC	05/05/2007	Regina Spring Classic

Triple Jump

Native Outdoor 12.74m Apr-30-94 Tracy Dulmage RAT

Open Outdoor 12.74m Apr-30-94 Tracy Dulmage RAT

12.44m	-0.2	Polischuk, Janine	85	EXA	12/07/2007	Senior Nationals
11.93m	0.0	Hetherton, Chloe	91	SMA	11/08/2007	Legion Nationals
11.24m	0.4	Breker, Nicole	89	STFC	02/06/2007	SHSAA
10.95m	-0.5	Nelson, Alisha	89	UNA	08/08/2007	WCSG
10.87m	0.4	Jelinski, Jenna	90	EXA	7/27/2007	National Juniors
10.46m	0.7	Ferguson, Jamie	91	TIS	21/07/2007	Juvenile Dual
10.38m	-0.7	Stevenson, Hannah	91	BBT	02/06/2007	SHSAA
10.18m	1.2	Jestadt, Alison	89	EXA	02/06/2007	SHSAA
9.99m	1.8	Yuzik, Carrie	89	LTC	05/05/2007	Regina Spring Classic
9.78m	-0.1	Gunderson, Kendall	91	SBK	02/06/2007	SHSAA
9.59m	0.9	Haselhan, Shalane	91	EST	23/06/2007	Prov Championships

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Shot Put 4kg

Native Outdoor 15.98m Aug-04-95 Shannon K-Kristiansen RAT

Open Outdoor 16.25m Aug-02-81 Carmen Ionesco QU

Time/Dist		Athlete			Date	Meet
13.89m		Spies, Chantel	84	STFC	15/06/2007	Caltaf

40.37m		Fowler, Caitlin	88	EXA	27/07/2007	National Juniors
35.13m		Clow, Nicole	87	EXA	05/05/2007	Regina Spring Classic
26.63m		Rak, Breanna	91	UNA	09/06/2007	PW, Ban,Mid,Jr Champs
Javelin 600gm						
		Native Outdoor	52.30m	Jul-27-94	Stephanie Proctor	UNA
		Open Outdoor	57.76m	Jun-14-81	Tessa Sanderson	GBR
39.95m		Redlick, Kirstie	92	UNA	11/08/2007	Legion Nationals
39.56m		Theisen, Brianne	88	STFC	09/07/2007	PanAm Juniors
38.46m		Armstrong, Melissa	90	UNA	09/06/2007	PW, Ban,Mid,Jr Champs
36.34m		Pickett, Shyla	87	STFC	08/08/2007	WCSG
34.42m		Clow, Nicole	87	EXA	05/05/2007	Regina Spring Classic
33.66m		Revoy, Chelsey	89	TIS	02/06/2007	SHSAA
33.20m		Facca, Lindsay	87	STFC	08/08/2007	WCSG
30.22m		Butler, Maxine	90	OUT	23/06/2007	Prov Championships
29.70m		Rak, Breanna	91	UNA	11/08/2007	Legion Nationals
28.82m		Howie, Keilyn	90	STFC	02/06/2007	SHSAA
28.03m		Smits, Veronika	89	STFC	09/06/2007	PeeWee, Bantam,Midget,Junior
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Heptathlon						
		Native Outdoor	5729	Aug-02-81	Diane Jones-Konihowski	PGC
		Open Outdoor	5991	Aug-23-87	Anita Behrbaum	USA
5413		Theisen, Brianne	88	STFC	09/07/2007	PanAm Juniors
		14.29 (0.5) 100mH (.84m);1.76m HJ;10.80m SP;25.05 (0.5) 200m;				
		5.58m (2.5) LJ;39.56m JT;2:28.52 800m				
4166		Valois, Chelsea	87	EXA	09/06/2007	PeeWee, Bantam,Midget,Junior
		15.62 (-0.2) 100mH (.84); 1.58m HJ;8.79m SP;26.84 (-0.8) 200m				
		5.07m (3.5) LJ;26.96m JT;2:44.62 800m				
4064		Hawrysh, Cassie	84	EXA	12/07/2007	Senior Nationals
		15.76 (-0.1) 100mH (.84); 1.50m HJ;7.86m SP;27.23 (-0.7) 200m				
		4.72m (1.0) LJ;27.27m JT;2:28.92 800m				
4037		Smits, Veronika	89	STFC	09/06/2007	PeeWee, Bantam,Midget,Junior

										15.59 (-0.2) 100mH (.84m);1.49m HJ;9.67m SP;27.19 (-0.8) 200m;
										4.99m (2.9) LJ;28.03m JT;2:50.05 800m
3804			Hucul, Jenni	88	STFC	08/08/2007				WCSG
										14.49 (0.8) 100mH (.84m);1.31m HJ;10.24m SP;26.81 (2.4) 200m;
										4.78m (-0.1) LJ;22.33m JT;2:59.48 800m
2969			Nelson, Alisha	89	UNA	08/08/2007				WCSG
										16.67 (0.7) 100mH (.84m);1.40m HJ;7.11m SP;30.53 (2.4) 200m;
										4.95m (-0.6) LJ;18.02m JT;3:15.13 800m