

EXECUTIVE DIRECTOR

We continue to work hard for you the membership, as we work for the common goal of promoting our sport of Athletics. Congratulations to: Taryn Suttie, Jessica Frotten, and Rick Reelie on your participation at the Commonwealth Games in 2018 and Travia Jones on her Bronze medal on the 4x400m relay at NACAC in Toronto. Congratulations, to all the Masters athletes that attended the Indoor, Outdoor Championships and the World Championships in Malaga, Spain. And especially to Ted Rowan, Marg Tosh and Carol LaFayette-Boyd who broke World Records this past year.

We had another good year of reaching our revenue goal. Also, we kept our spending down which led us to a healthy surplus to end the year off. This surplus will continue to grow for the future needs of the association. To Sask Sport, I say thank you for all the financial help we received during the year. To Noreen Murphy who has retired from Sask Sport, thank you and best wishes from all of us and a big welcome to Rob Kennedy who will be our new Sport Consultant. Thank you to our sponsors and suppliers; Brainsport, Jones-Konihowski Enterprises, and Track and Trail for once again providing valuable support in assisting Saskatchewan Athletics to conduct a number of programs.

Good luck to Jill George who went back to school and to Sarah Junkin who moved back to Ontario to be closer to family. We thank them both for the years of service with the association. Please welcome Paul Ayres as our new Program Coordinator. He is settling in at his new position. Not in the office yet, but will be starting on November 26 will be Tanika Hutchinson. She replaces Sarah Junkin as the Intro to Athletics Run Jump Throw Wheel Coordinator. Many thanks to Janine for her role in the office.

The volunteer base remains strong but we must continue to expand and strengthen this area in Saskatchewan Athletics. We had some excellent achievements this past year and we should congratulate them on their success: Jason Reindl on his selection as a coach at the World Junior Championships in Tampere, Finland; Alexander Eiswerth (Regina) Recipient of the Male Athlete of the Year Award; Dean Bertoia (Saskatoon) won the Coach Dedication Award. The awards ceremony took place in Saskatoon at TCU Place on March 22. We celebrated the Bob Adams / Sask Athletics awards banquet on Oct 27, this was the 35th year for Bob Adams. This continues to be a highlight in recognizing the outstanding contributions of our members. Dave Elder, Kerry Tarasoff and the U of S 2002-03, 2003-04 Women's Track & Field Teams were inducted into the Saskatoon Sports Hall of Fame on Nov 3. To all the recipients this year, congratulations and continued success for years to come.

Sask Athletics officials represented the province at meets across Canada. We had some upgrading and mentoring take place at the National Legion Championships in Brandon. We look forward too many of our officials working in Canada in 2019, such as the Tony Cote Summer Games in Meadow Lake in July and especially at the WCSG in Swift Current in August.

I wish to end my report by saying we are going to miss you Lyle Sanderson. You were an outstanding coach and friend to everyone. Your commitment and support to this office was greatly appreciated.

SASKATCHEWN PROGRAMS

SASK EXCELLENCE

A total of 96 athletes were invited to join the program. 77 athletes (32 U16, 45 U18) joined Sask Excellence. This number is an increase from 2017, where 68 athletes joined the program. Athletes were identified by looking at the indoor and outdoor rankings from the previous season and selecting the top performances for each event. Each athlete received a t-shirt, bag, and a certificate for joining the program.

Sask Excellence Training

Athletes that joined the program were offered a discount to attend Spring Camp. Ten athletes took advantage of this training opportunity and attended camp. Athletes were also given priority to declare their spot on the U16 and U18 provincial teams. A total of 30 U16 and 38 U18 athletes committed to representing Team Sask at the Western Canadian Tri Province Meet.

PROVINCIAL TEAM COMPETITIONS

Western Canadian Tri Province Championship – July 27-20 – Sherwood Park, Alberta

Midget (U16) Team: The top performers from the trials meet in Regina on June 9 & 10 that completed paperwork were invited to be part of the Saskatchewan team competing against Alberta and Manitoba. A total of 48 athletes and six team staff attended the meet in Sherwood Park, Alberta. Team Saskatchewan placed second with a combined men's and women's score of 371 points. (Alberta – 433, Manitoba – 289). Team Sask won a total of 35 medals. A total of 30 Sask Excellence athletes attended the trip.

Youth (U18) Team: The top performers from the trials meet in Regina on June 9 & 10 that completed paperwork were invited to be part of the Saskatchewan team competing against Alberta and Manitoba. A total of 55 athletes and six team staff attended the meet in Sherwood Park, Alberta. Team Saskatchewan placed first with a combined men's and women's score of 408 points. (Alberta – 392.5, Manitoba – 293.5). Team Sask won a total of 43 medals. A total of 38 Sask Excellence athletes attended the trip.

ATHLETE ASSISTANCE

2018 – 32 athletes attained standard (21 Tier I, 11 Tier II)
2017 – 26 athletes attained standard (9 Tier I, 17 Tier II)
2016 – 33 athletes attained standard (12 Tier I, 21 Tier II)
2015 – 10 athletes attained standard (9 Tier I, 1 Tier II)
2014 – 23 athletes attained standard (12 Gold, 6 Silver, 5 Bronze)
2013 – 24 athletes attained standard (12 Gold, 6 Silver, 6 Bronze)
2012 – 44 athletes attained standard (19 Gold, 11 Silver, 14 Bronze)
2011 – 38 athletes attained standard (13 Gold, 10 Silver, 15 Bronze)
2010 – 41 athletes attained standard (14 Gold, 11 Silver, 16 Bronze)
2009 – 39 athletes attained standard (16 Gold, 13 Silver, 10 Bronze)

CARDED ATHLETES

Two Saskatchewan Athletics members were carded this year:
Jessica Frotten – Cyclones Athletics and Janz Stein – Excel Athletika

SASKATCHEWN PROGRAMS

AWARDS

Sask Sport Awards 2017:

Alexander Eiswerth (Regina) was the recipient of the Male Athlete of the Year Award. Dean Bertoia (Saskatoon) won the Coach Dedication Award. The awards ceremony took place in Saskatoon at TCU Place on March 22, 2018.

University of Saskatchewan Track & Field & Cross-Country Awards – March 24, 2018

Julianne Labach – Diane Jones Konihowski – Most Outstanding Female Track & Field Athlete

Kieran Johnston – John Konihowski – Most Outstanding Male Track & Field Athlete

Kendra Farmer – Joanne McTaggart – Female Rookie of the Year

Landon Gill – Cyprian Enweani – Male Rookie of the Year

Courtney Hufsmith – Jamie Epp – Most Outstanding Cross-Country Athlete

Lindsay Belazantis – Tracey Kelly – Cross-Country Rookie of the Year

University of Saskatchewan Huskie Salute – April 6, 2018

Kendra Farmer – Patricia Lawson Trophy – Female Rookie of the Year

Kieran Johnston – E. Kent Phillips Trophy – Male Athlete of the Year

Julianne Labach – Mary Ethel Cartwright Trophy – Female Athlete of the Year

Jason Reindl – Colb McEwon Trophy – Coach of the Year

University of Regina Track & Field Awards – April 12, 2018

Shane Patmore – Men's Track & Field MVP

Reagan Fedak – Women's Track & Field MVP

York University Track & Field Awards – April 5, 2018

Kayden Johnson – Male Athlete of the Year

Kayden Johnson – Men's Track & Field MVP

World Masters Awards

Carol LaFayette Boyd – Athlete of the Year – Sprints

Carol LaFayette Boyd – Athlete of the Year Runner Up - Jumps

Canadian Masters Awards

Carol LaFayette-Boyd – Athlete of the Year – Earl Fee Award – Individual Track Events

Carol LaFayette-Boyd – Athlete of the Year – Olga Kotelko Award – Individual Field Events

Doug Renwick – Athlete of the Year Runner Up – Ian Hume Award – Combined Events

Carol LaFayette Boyd – Athlete of the Month – January

Marg Tosh – Athlete of the Month – February

Muriel Gieni – Athlete of the Month – March

Ted Rowan – Athlete of the Month - August

SASKATCHEWN PROGRAMS

CHAMPIONSHIPS

International Championships

Commonwealth Games, Gold Coast, Australia: April 8-15, 2018

Rick Reelie	Coach		CRTC
Jessica Frotten	T54 Marathon/T54 1500m	DNS/DNF	CRTC
Taryn Suttie	Shot Put	8 th (16.92m)	UNSK

IAAF World U20 Championship, Tampere, FIN: July 10-15, 2018

Jason Reindl	Coach		UOFS
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NACAC Senior Championships, Toronto, ON: August 10-12, 2018

Travia Jones	4x400m	Bronze	UNSK
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USA vs Canada Racewalk Dual, Toronto, ON: August 11, 2018

Keenan Hoyer	10km	5 th	UNSK
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2017 Cross-Country

Canada West Cross-Country Championships, Victoria, BC: November 12, 2017

3 rd	Courtney Hufsmith	UOFS	1 st Team All-Star
6 th	Adam Strueby	UOFR	1 st Team All-Star, Community Service Award
12 th	Alexander Eiswerth	UOFR	2 nd Team All-Star
14 th	Marc Turmel	UOFR	2 nd Team All-Star
4 th	UofS Women's Team		
7 th	UofR Men's Team		

USPORT Cross-Country Championships, Victoria, BC: November 12, 2017

11 th	Courtney Hufsmith	UOFS	2 nd Team All Canadian
22 nd	Adam Strueby	UOFR	
39 th	Alexander Eiswerth	UOFR	
41 st	Marc Turmel	UOFR	
9 th	UofR Men's Team		
20 th	UofS Women's Team		

Canadian Cross-Country Championships, Kingston, ON: November 25, 2017

5 th	Courtney Hufsmith	STFC	Junior Women
13 th	Kaitlyn Harrison	URTC	Youth Women
17 th	Ron MacLean	URTC	Youth Men
19 th	Kaelen Kolb	UNSK	Youth Men
28 th	Adam Strueby	UOFR	Senior Men
31 st	Caitlin Mann	EXCL	Youth Women
39 th	Moktar Said	RIVA	Youth Men

SASKATCHEWN PROGRAMS

2018 Indoor Championships

Hershey Canadian Indoor Championships, Montreal, QU: February 10-11, 2018

GOLD	Jada Roach	Triple Jump (11.52m)	STFC
SILVER	Jada Roach	Long Jump (5.36m)	STFC
	Jacinta Bumphrey	Pole Vault (2.75m)	STFC

Grand Prix d'Athletisme de Montreal, Montreal, QU: February 10, 2018

4 th	Taryn Suttie	Shot Put (17.17m)	UNSK
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Canada West Championships, Winnipeg, MB: February 23-24, 2018

GOLD	Julianne Labach	600m (1:29.89)	UOFS	
	Julianne Labach	1000m (2:43.73 NSR)	UOFS	
	Katelyn Lehner	60mH (8.38)	UOFS	
	Naomi Manske	Triple Jump (11.78m)	UOFS	
	Olena Olenick	Weight Throw (17.47m)	UOFS	
	Leadon Chartier	Pentathlon (3271)	UOFS	
	Rachel Rosin	4x200m Relay	UOFA	
	Sophie Gelineau	4x400m Relay	UOFA	
	Shane Patmore	Long Jump (7.17m)	UOFR	
	Kieran Johnston	Heptathlon (4856)	UOFS	
	SILVER	Julianne Labach	1500m (4:23.17 NSR)	UOFS
		Courtney Hufsmith	3000m (9:26.17)	UOFS
		Katelyn Lehner	Long Jump (5.81m)	UOFS
		Olena Olenick	Shot Put (13.13m)	UOFS
		Reagan Fedak	Weight Throw (16.47m)	UOFR
Kendra Farmer		4x400m Relay	UOFS	
Sophia Zemlak		4x400m Relay	UOFS	
Leadon Chartier		4x400m Relay	UOFS	
Julianne Labach		4x400m Relay	UOFS	
SILVER		Alexander Eiswerth	1000m (2:27.18)	UOFR
	Kieran Johnston	60mH (8.41)	UOFS	
BRONZE	Michaela Allen	600m (1:32.80)	UOFR	
	Courtney Hufsmith	1500m (4:23.65)	UOFS	
	Sophie Gelineau	Pentathlon (3204)	UOFA	
	Hunter Pickering	4x200m	UOFS	
	Kendra Farmer	4x200m	UOFS	
	Katelyn Lehner	4x200m	UOFS	
	Mackenzie Kleiter	4x200m	UOFS	
	Greg Hetterley	1000m (2:27.22)	UOFR	
	Elliott Klassen	60mH (8.63)	UOFS	
	Cole Fry	Weight Throw (16.10m)	UOFS	
	Landon Gill	Heptathlon (4464)	UOFS	

SASKATCHEWN PROGRAMS

Women's Standings	UofS – 1 st – 97 points
	UofR – 7 th – 25 points
Men's Standing	UofS – 5 th – 40 points
	UofR – 8 th – 29 points

Gold & Silver medalists were named Canada West First Team & Second Team

Olena Olenick	Female Outstanding Field Performer	UOFS
Julianne Labach	Female Outstanding Track Performer	UOFS
Todd Johnston	Assistant Coach of the Year (Female)	UOFS
Jason Reindl	Coach of the Year (Female)	UOFS

USPORT Track & Field Championships, Windsor, ON: March 8-10, 2018

GOLD	Olena Olenick	Weight Throw (18.85m)	UOFS
	Julianne Labach	1000m (2:43.96 NSR)	UOFS
	Kieran Johnston	Heptathlon (5259)	UOFS
	Kayden Johnson	60mH (7.90 NSR)	YORK
BRONZE	Reagan Fedak	Weight Throw (17.70m)	UOFR
	Katelyn Lehner	60mH (8.31)	UOFS
	Courtney Hufsmith	3000m (9:17.02)	UOFS
	Julianne Labach	600m (1:29.81)	UOFS
	Naomi Manske	Triple Jump (12.11m)	UOFS
	Rachel Rosin	4x200m	UOFA

Women's Standings	UofS – 5 th – 53.5 points
	UofR – 16 th – 7 points
Men's Standing	UofS – 13 th – 18 points
	UofR – 21 st – 6 points

Gold & Silver medalists were named All Canadians

Canadian Masters Indoor Championships, Toronto, ON: March 10-11, 2018

GOLD	Chad Kichula	50m (6.69)	EXCL
	Chad Kichula	60m (7.69)	EXCL
	Chad Kichula	200m (24.97 NSR)	EXCL
	Kelly Silcox	60m (8.6h)	EXCL
	Kelly Silcox	200m (28.94 NSR)	EXCL (MR)
	Carol LaFayette-Boyd	50m (8.08 NSR)	EXCL (CR/MR)
	Carol LaFayette-Boyd	60m (9.66 NSR)	EXCL (MR)
	Carol LaFayette-Boyd	200m (33.54 NSR)	EXCL (MR)
	Carol LaFayette-Boyd	High Jump (1.19m NSR)	EXCL (CR/MR)
	Carol LaFayette-Boyd	Triple Jump (7.23m NSR)	EXCL
	Carol LaFayette-Boyd	Long Jump (3.59m NSR)	EXCL (MR)
	Muriel Gieni	50mH (8.83 NSR)	RIVA (CR/MR)

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GOLD	Muriel Gieni	60mH (10.23 NSR)	RIVA (CR/MR)
	Muriel Gieni	Long Jump (3.97m)	RIVA
	Muriel Gieni	Triple Jump (8.59m)	RIVA
	Roland Delhomeau	50mH (12.19)	SCTM
	Roland Delhomeau	High Jump (1.19m)	SCTM
	Roland Delhomeau	Triple Jump (7.03m)	SCTM
	Sandi Arnason, Muriel Gieni	4x200m (2:05.10)	RIVA/EXCL
	Brenda Hudey, Kelly Silcox		
SILVER	Sandi Arnason	High Jump (1.25m)	RIVA
	Brenda Hudey	800m (3:00.48)	EXCL
	Dale Lawrence	60mH (11.83)	UNSK
	Sandi Arnason	Long Jump (4.01m)	RIVA
	Sandi Arnason	Triple Jump (7.85m)	RIVA
	Roland Delhomeau	Pentathlon (2178)	SCTM
BRONZE	Sandi Arnason	50m (7.96)	RIVA
	Viorel Magnea	60m (8.57)	UNSK
	Terry Mountjoy	Weight Throw (9.71m)	EXCL

2018 Outdoor Championships

Canadian Track & Field Championships, Ottawa, ON: July 3-8, 2018

GOLD	Janz Stein	F64 Long Jump (5.85m)	EXCL
	Jasmine Fehr	U20 3000m (9:40.76)	STFC
	Jasmine Fehr	U20 1500m (4:27.87)	STFC
	Jessica Frotten	T53 5000m (12:33.45)	CRTC
	Jessica Frotten	T53 400m (1:00.18)	CRTC
	Jessica Frotten	T53 800m (2:02.18)	CRTC
	Keenan Hoyer	U20 Race Walk (52:27.93)	UNSK
	Vaughn Taylor	U20 400m (48.54)	EXCL
SILVER	Andrews, Dembrowski, Farmer, Moser	U20 4x400m (3:54.62)	STFC
	Astrid Nyame	100mh (13.46)	STFC
	Hunter Bosch	U20 400m (48.96)	URTC
	Jessica Frotten	T53 1500m (3:53.99)	CRTC
	Payne Wylie	U20 110mh (14.21)	RIVA
BRONZE	Caitlin Mann	U20 5000m (17:41.72)	EXCL
	Skylar Smith	U20 400mh (1:01.56)	YLTC
	Travia Jones	400m (52.93)	UNSK

Canadian Masters Track & Field Championships, Surrey, BC: August 3-5, 2018

GOLD	Janz Stein	Long Jump (5.26m nwi)	EXCL
	Doug Renwick	Pentathlon (2622pts)	SCTM
	Doug Renwick	300m H (1:06.42)	SCTM
	Doug Renwick	High Jump (1.10m)	SCTM
	Doug Renwick	Pole Vault (2.00m)	SCTM

SASKATCHEWN PROGRAMS

GOLD	Harvey Weber	800m (2:24.11)	TIST	
	Hylke Van Der Wal	Pentathlon (1243pts)	UNSK	
	Hylke Van Der Wal	100m (20.04 0.5)	UNSK	
	Hylke Van Der Wal	200m (46.30 2.0)	UNSK	
	Hylke Van Der Wal	2000m ST (19:51.57 NSR)	UNSK	
	Hylke Van Der Wal	80m H (23.57 0.4)	UNSK	
	Hylke Van Der Wal	Long Jump (2.39m -0.0)	UNSK	
	Ted Rowan	Pentathlon (3635pts NSR)	SCTM CR, WR	
	Ted Rowan	100m (17.48 0.6 NSR)	SCTM CR	
	Ted Rowan	Pole Vault (1.62m NSR)	SCTM CR	
	Ted Rowan	Javelin (22.03m NSR)	SCTM CR	
	Michelle Van De Meutter	Throws Pentathlon (3065ptsNSR)	NBL	
	Michelle Van De Meutter	Hammer (38.02m NSR)	NBL	
	Michelle Van De Meutter	Weight Throw (12.05m NSR)	NBL	
	Michelle Van De Meutter	Discus Throw (26.30m)	NBL	
	Michelle Van De Meutter	Javelin Throw (22.84m)	NBL	
	Carol LaFayette-Boyd	100m (15.03 0.6 NSR)	EXCL CR	
	Carol LaFayette-Boyd	200m (31.89 1.7 NSR)	EXCL CR	
	Carol LaFayette-Boyd	High Jump (1.15m)	EXCL	
	Carol LaFayette-Boyd	Triple Jump (7.64m 0.0)	EXCL	
	Carol LaFayette-Boyd	Long Jump (3.49m 0.0)	EXCL	
	Kelly Silcox	100m (13.76 0.1)	EXCL	
	Kelly Silcox	200m (28.44 0.7 NSR)	EXCL	
	Muriel Gieni	80mH (13.86 NSR)	RIVA (CR/MR)	
	Muriel Gieni	300m H (57.09 NSR)	RIVA (CR/MR)	
	Muriel Gieni	Triple Jump (8.58m 0.0)	RIVA	
	Muriel Gieni	Long Jump (4.06m 0.0)	RIVA	
	SILVER	Hylke Van Der Wal	400m (2:21.34)	UNSK
		Hylke Van Der Wal	200m H (1:08.27 0.7NSR)	UNSK
		Doug Renwick	400m (1:18.98)	SCTM
		Doug Renwick	800m (3:08.07)	SCTM
		Doug Renwick	1500m (8:28.10)	SCTM
		Doug Renwick	2000m ST (10:19.57)	SCTM
Doug Renwick		80m Hurdles (20.30 1.0)	SCTM	
Doug Renwick		Long Jump (3.27m 0.0)	SCTM	
Brian Lewchuk		Long Jump (4.32m nwi)	RIVA	
Dee Graham		400m (1:11.76)	RIVA	
Sandi Arnason		High Jump (1.10m NSR)	RIVA	
Sandi Arnason		Long Jump (4.13m 0.0)	RIVA	
Roland Delhomeau		Triple Jump (7.21m 0.0)	SCTM	
BRONZE		Rhonda Tremblay	400m (1:17.96)	RIVA
		Roland Delhomeau	300m H (1:09.39)	SCTM

SASKATCHEWN PROGRAMS

National Youth Track & Field Championship, Brandon, MB: August 10-12, 2018

GOLD	Adam Mytopher	U16 1200m (3:14.48, NSR)	TMSK/SATS
	Savannah Sutherland	U16 80m H (11.27 1.3 NSR)	TMSK/STFC
	Savannah Sutherland	U16 300m (39.61 NSR)	TMSK/STFC
	Savannah Sutherland	U16 200m H (27.66 -2.6 NSR)	TMSK/STFC
	Dami Ogunbiyi	U18 100m (10.71 1.4 NSR)	TMSK/EXCL
SILVER	Quincy Fast	U18 800m (1:55.69)	RIVA
	Ron MacLean	U18 1500m (3:57.77)	TMSK/EXCL
	Ron MacLean	U18 3000m (8:55.33)	TMSK/EXCL
	Jenna McFadyen	U18 2000m ST (7:09.61)	TMSK/UNSK
	Women	U16 4x100m (48.88 NSR)	TMSK
	(Olamide Olaloku, Shelaine Pritchard, Rachel Albertson, Savannah Sutherland)		
	Men	U18 4x100m (43.13)	TMSK
	(Thomas Ward, Scott Cletus Joseph, Jordan Dasiuk, Dami Ogunbiyi)		
BRONZE	Women	U16 Medley (4:13.58 NSR)	TMSK
	(Savannah Sutherland, Shelaine Pritchard, Rachel Albertson, Avery Pearson)		
	Men	U16 Medley (3:51.81)	TMSK
	(Kaiden Deck, Tiago Dimande, Dayton Uchacz, Adam Mytopher)		
	Said Moktar	U18 2000m ST (6:10.81 NSR)	RIVA
	Rachel Albertson	U16 200m H (29.04 -2.6)	TMSK/STFC
	Jenna McFadyen	U18 3000m (10:02.76)	TMSK/UNSK
	Nicole Kramchynsky	U18 Shot Put (13.97 NSR)	STFC
	Jada Roach	U18 Triple Jump (11.56m 2.7)	STFC

World Masters Track & Field Championships, Malaga, Spain – Sept 4-16, 2018

GOLD	Carol LaFayette-Boyd	100m (15.41 -2.3)	EXCL
	Carol LaFayette-Boyd	200m (31.56 -0.7 NSR)	EXCL CR/WR
	Carol LaFayette-Boyd	High Jump (1.24m)	EXCL CR/WR
	Carol LaFayette-Boyd	Triple Jump (7.98m -1.6)	EXCL
	Carol LaFayette-Boyd	Long Jump (3.78m -1.7)	EXCL
	Ted Rowan	Decathlon (7110pts NSR)	SCTM CR/WR
	Ted Rowan	Triple Jump (6.37m -1.6 NSR)	SCTM
SILVER	Ted Rowan	Long Jump (3.31m NSR)	SCTM CR
	Ted Rowan	High Jump (1.08m NSR)	SCTM CR

CLINICS

This year Saskatchewan Athletics provided 41 clinics throughout the province. This number is higher than the past six-year average of 32 clinics. Clinics are held year-round but are most prevalent during the months of April and May. This year's clinic outreach included all of the nine provincial sport, culture, and recreation districts. Clinics focused on technical aspects and served

SASKATCHEWN PROGRAMS

to develop the sport of athletics across the province in middle years and high school aged athletes. Thank you to the coaches and clinicians who helped facilitate at clinics. Thank you to the following

schools and communities who took part in clinics: Meadow Lake, Yorkton, Saskatoon, La Ronge, Regina, Prince Albert, Ile a la Crosse, Annaheim, Shaunavon, Rocanville, Lafleche, Clavet, Dalmeny, Lashburn, Langham, Hazlet, Delisle, Dalmeny, Lashburn, Kenaston, Dinsmore, Beechy, Colonsay, Borden, Moose Jaw, Waldheim, Outlook, Hanley, Maymont and Cabri.

COACHING

Sask Athletics Web Site, Newsletter & Social Media

Our website continues to be our primary tool for communication with members and non-members. We continue to provide quarterly correspondence electronically through a newsletter. Anyone can subscribe to the electronic newsletter by emailing the office. We use two social media platforms; Twitter & Instagram. Both accounts use the username @SaskAthletics. We use the social media platforms for news and information. Suggestions and feedback regarding our website and social media accounts are welcomed.

Coaching Development

NCCP coaching courses were conducted in Saskatchewan this past year. This remains a priority within coaching development, as the knowledge gained and shared among coaches is important for the development of athletes in our province.

Coaching Clinics

- Community Coaching Clinic on November 30, 2017 in Mistawasis, SK. Three clinicians delivered general technical instruction in all event areas to six coaches. The instruction was facilitated by Monique Coutu, Daniel Yetman and Brett Lachance.
- 2018 SPEA Conference on May 11, 2018 in Regina. Sask Athletics delivered general technical instruction in horizontal jumps to nine middle year/high school teachers. The instruction was facilitated by Wade Huber.
- 2018 SHSAA Coaching Symposium on August 22, 2018 in Saskatoon. Sask Athletics delivered general technical instruction in horizontal jumps and quadrathlon to 13 middle year/high school teachers/coaches. The instruction was facilitated by Lee Wolfater.

Sport Coach NCCP Coaching Course Delivery

Annually we seek to host one Sport Coach Course in the southern half of the province and one in the northern half of the province. Courses are also held when a community, club or school requests delivery and there are enough participants. This year Saskatchewan Athletics hosted 4 Sport Coach Courses:

- Jason Reindl facilitated the course in Saskatoon at the Field House on December 8-10, 2017. 12 coaches became trained.
- Jason Reindl facilitated the course in Regina at the Sportplex Field House on December 15-17, 2017. Six coaches became trained.

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- Jason Reindl, Dean Bertoia, Alex Johnstone, Karen Johnstone, Kevin Cummings, John Neufeld, Craig Blechinger, Adrienne Vangool and Kelsie Hendry facilitated the SaskATF Coaching Symposium in Saskatoon at Griffiths Stadium on August 10-12, 2018.

24 coaches attended the symposium. This delivery was equivalent to Sport Coach. 24 coaches returned on October 20, to complete the Sport Coach modules.

Club Coach NCCP Coaching Course Delivery

Club Coach Courses are held on a rotational basis and on requests. We are not always able to host a Club Coach Course annually, so collaboration with the neighbouring provinces is set up. This year Saskatchewan Athletics hosted one Club Coach Course:

- Jason Reindl facilitated the course in Regina at the Centre for Kinesiology Health and Sport on April 20-22, 2018 to 10 coaches. Sprints/Hurdles was the only technical option available.

Performance Coach (Competition Development) NCCP Coaching Course Delivery

Performance Coach is delivered nationally on a needs basis by Athletics Canada and host provinces. The nine additional Competition Development multi-sport theory modules that are a course requirement are offered by the Coaching Association of Saskatchewan (CAS).

- Sask Athletics continues to promote and provide financial assistance for coaches to take the Competition Development multi-sport theory modules. No coaches requested assistance this year.

Additional Professional Development Support for Coaches

- Supported Dale Upton to take an online course through ALTIS.

Professional Development for Staff/Coach Developers

- Supported Jill George to complete Commit to Kids for Coaches online module on April 7, 2018.
- Supported Dale Upton to complete Sport Coach/Club Coach evaluation training in May 2018.

OTHER PROGRAMS/EVENTS

Knights of Columbus Indoor Games

The meet was held in Saskatoon from January 25-27, 2018. Members of Saskatchewan Athletics that received awards were:

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|---|---------------------------------|
| • Age Class Athlete of the Meet: | Marg Tosh (Saskatoon) |
| • Saskatchewan Athlete of the Meet: | Michelle Young (Saskatoon) |
| • Special Olympic Athlete of the Meet : | Addison Czaya-Wolly (Saskatoon) |

SASKATCHEWN PROGRAMS

Aboriginal Indoor Championships

The 10th annual meet was held in Saskatoon from March 2-3, 2018. The meet had about 380 athletes compete from across the province. The number was slightly down from 2017, but this is expected with other major events held in the province.

Spring Camp

The 2018 Spring Camp was held April 7-8, 2018. The camp had 31 athletes attend from across the province. There were seven event area coaches; sprints (2), hurdles (2), jumps, throws and distance. Two chaperones also helped throughout the camp. The turnout is down from 41 campers that attended the camp in 2017. From conducting the camp, 11 athletes became new members. From the Sask Excellence Program, 10 athletes registered for the camp. There was a total of five athletes that returned to camp after attending in 2017.

The camp took place at the Field House for training and the Park Town Hotel for accommodations and meals. Two technical training sessions were held each day (morning and afternoon). On Saturday evening, a nutrition and strength & conditioning session were offered from the Sport Medicine Science Council. Evaluations from the camp showed athletes enjoyed their time and training sessions benefitted their skills and techniques.

Saskatchewan Legion Camp

The camp was held from July 3-7 in Saskatoon. There were 127 athletes at camp (compared with 113 in 2017, 123 in 2016, 133 in 2015, 132 in 2014 and 150 in 2012). This year the camp had 63 females and 64 males attend. Some athletes from camp went on to become Saskatchewan Athletics members. Athletes had an opportunity to take part in speciality training and competitive opportunities. Two coaches and 25 athletes were selected to attend National Youth Championships (Legions) in Brandon, Manitoba.

Legion Camp Awards:

- Leadership Award – Kalea Sauder (Swift Current) and Treyton Pernitsky (Wilkie)
- Ken McCoy Memorial Spirit Award – Jenna McFadyen (Waseca) and Reese Gilbert (Moose Jaw)
- Athletes of the Camp – Scott Joseph (Swift Current) and Savannah Sutherland (Borden)

National Youth Championships (Legions)

This year's championships were hosted in Brandon, Manitoba from August 10-12. Team Sask was led by coaches, Jayden Wiebe and Tyrell Sawatzky and a team of 25 athletes. As well 27 individual athletes competed in the championship from Saskatchewan. In total, 18 medals were won. In the past years, 10 medals were won in 2017, 6 in 2016, 11 in 2015, 8 in 2014, 4 in 2013 and 10 medals in 2012.

SASKATCHEWN PROGRAMS

SOLE-Stice Classic

As the national programming and sponsorship changed a few years ago, Sask Athletics made the decision to continue a Hershey Track & Field replacement meet. The meet continues to promote physical fitness and participation for Saskatchewan youth. The philosophy of the new “SOLE-stice” Classic continues to stress participation, fun, fellowship and personal development. It is targeted for athletes between the ages of 8-13 and is offered at no cost. This marks the 22nd year that Saskatchewan Athletics has been hosting a provincial program and the 4th year of the new

SOLE-stice Classic. This year’s provincial meet took place in Saskatoon on June 16th where 241 children participated. This year, there were 13 regions. The regional participation numbers were: Weyburn (78), Regina (32), Swift Current (52), Kamsack (80), Humboldt (128), Maidstone (64), Saskatoon (112), Prince Albert (109), Kindersley (138), Tisdale (219), North Battleford (40), Nokomis (44), and Estevan (48). The total number of youth that participated province wide was 1385. In 2017, 223 youth attended the provincial meet and 1227 took part province wide.

RUNSASK

Saskatchewan Road Racing Series

The 2018 Saskatchewan Road Racing Series officially ended with the EY River Run in Saskatoon on September 30. The series consisted of eight races in Regina (2), Fort Qu’Appelle, Saskatoon (2), Prince Albert, Moose Jaw and Yorkton. In 2018, the series had a total of 8403 runners participate. This marks an increase of 121.42% from the previous year. In 2017 the series had 3795 runners participate. In 2016, the series had 5961 runners participate. In 2015, the series showed 5446 runners. In 2014, the series had 9288 runners. In 2013, there was 10070 runners. In 2012, 13301 runners participated.

Congratulations to Tyra Dickson from Moose Jaw who won the Women's Series with 24 points and the Men’s Series winner was Michael Middlemiss with 143 points from Regina. Our age group winners were Under 19 – Brayden Mytopher – Strasbourg, Under 29 – Michael Middlemiss – Regina, Under 39 – Kevin Petrychyn, Under 49 – James Funk – Saskatoon, Under 69 – Dave Olsen – Regina, Under 79 – Doug Renwick - Clavet. On the women’s side they were Under 29 – Tianna Dodds – Lumsden, Under 39 – Tyra Dickson – Moose Jaw, and Under 69 – Judy Warick - Saskatoon.

The 2018 Provincial 10km Road Race Provincial Championships was held in Saskatoon on September 30. Celeste Cross Child from Saskatoon and Michael Middlemiss from Regina were this year’s champions.

SASKATCHEWN PROGRAMS

SUMMARY

The aim of Saskatchewan Athletics is to promote and increase visibility of the sport of athletics across the province. The following is a list of highlighted activities over the past year:

- Partnered with Saskatchewan Aboriginal Track & Field to deliver seven community track & field skills clinics. This resulted in 197 youth getting a chance to learn and participate in track & field.
- Organized and coordinated a full coaching staff for both the Midget and Youth Tri Province teams. A total of 103 athletes attended the Western Canadian Tri Province Championship. The youth team winning the championship over Alberta and Manitoba.
- Coordinated 41 clinics across the province. Clinics were coordinated through schools and communities.

List of meets, activities, and professional development events:

- Athletics Canada High Performance Tour Meeting – Saskatoon, October 6, 2017
- Christopher Leadership Course – Saskatoon, October 10-December 19, 2017
- PR Athletics First Chance Meet – Saskatoon, December 2, 2017
- Downtown Sled Dog Meet – Saskatoon, January 12-13, 2018
- Knights of Columbus Indoor Games – Saskatoon, January 26-27, 2018
- SaskATF Community Skills Clinic – Prince Albert, February 24, 2018
- Aboriginal Indoor Track & Field Championship – Saskatoon, March 2-3, 2018
- Kinsmen Indoor Games – Saskatoon, March 16-17, 2018
- SaskATF Community Skills Clinic – Saskatoon, March 19, 2018
- Sask Sport Awards – Saskatoon, March 22, 2018
- SaskATF Community Skills Clinic – Saskatoon, March 24, 2018
- Spring Camp – Saskatoon, April 7-8, 2018
- North American Indigenous Games Summit – Saskatoon, April 13-14, 2018
- SPEA Conference Tradeshow – Regina, May 9-10, 2018
- STFC Allcomers Meet – Saskatoon, May 12, 2018
- Echo Lake Road Race – Fort Qu'Appelle, May 20, 2018
- Saskatchewan Athletics Provincial Track & Field – Regina, June 9-10, 2018
- Provincial SOLE-stice Meet – Saskatoon, June 16, 2018
- STFC Twilight Meet – Saskatoon, June 19, 2018
- Legion Camp Closing Ceremonies – Saskatoon, July 7, 2018
- Western Canadian Tri Prov Championship – Sherwood Park, July 27-29, 2018

Saskatchewan athletes continue to show success by the number of medals won, new records and new personal bests set at competitions in-province and out of province. Midget and Youth aged athletes excelled at Sask Athletics Provincial Championships, Saskatchewan High School Provincials, Legion National Championships and Western Canadian Tri-Province Meet. Coaches within the province are

SASKATCHEWN PROGRAMS

doing a great job in preparing athletes for national and provincial competition. Our provincial teams/programs and individual athletes continue to receive services from the Sport Medicine and Science Council in preparation for competition. These services continue to be beneficial and enhance athletes' knowledge.

Several Junior and Senior athletes continue to show progress on the national and international scene. There were many noteworthy performances and 16 medals won at the Canadian Junior and Senior National Championships. There was a total of four athletes/coaches that represented Canada on international teams. Congratulations to all the athletes and coaches involved with these opportunities on your achievements. Some athletes also received performance enhancement, support services and life services from the National Sport Centre.

The Future Best program supported nine athletes in 2018. The number of athletes supported in previous years was 7 in 2017, 6 in 2016, 5 in 2015, 7 in 2014, 7 in 2013, 7 in 2012, 7 in 2011, 7 in 2010, 8 in 2010, 8 in 2009, 12 in 2008, 13 in 2007 and 2006, 12 in 2005, 9 in 2004, and 11 in 2003. The additional support allows the athletes to maximize their preparation for provincial/national and international competition. I am confident that many of these young athletes will continue to have bright futures in athletics.

This was another great year for Saskatchewan Athletics. We continue to see new coaches join the association and want to build the sport, we also see coaches that have been in the association for many years continue to volunteer their time. Athletes from the peewee to senior age continue to train, compete, and strive for the highest level of performance. Development in the sport continues to be shown. The volunteer officials and meet organizers continue to provide amazing support and dedication to the sport. As an association we continue to work on improving what we offer to our clubs, athletes, coaches, officials, and volunteers.

Looking back on the last two years with Saskatchewan Athletics, I was fortunate enough to experience first-hand all the work that goes into a successful organization. Thank you to Bob, Janine and Sarah for answering questions and helping out when I needed the assistance. Some things that I enjoyed and am proud of from the past year are continuing to coordinate clinics, coordinating another successful Spring Camp, continuing to focus on training coaches and providing learning experiences for coaches, partnering with Saskatchewan Aboriginal Track & Field for many projects, coordinating a successful midget and youth Tri Province team and attending many meets and functions throughout the year. I appreciated the friendly atmosphere provided by board members, staff, coaches, club members, athletes and officials. I also would like to thank all of the clinicians, facilitators and coaches that stepped up to fill roles in courses, clinics and teams when approached. Working at Sask Athletics has given me confidence, provided me with new skills and helped me make many connections. I have enjoyed my time with Saskatchewan Athletics and look forward to transitioning into my new adventure.

RUN JUMP THROW WHEEL

Saskatchewan Athletics continues in 2018 following a historic programming year for the Run Jump Throw Wheel (RJTW) Program and its delivery. The success comes thanks to enhanced staff capacity within the organization; Building brand awareness across multiple-sectors via marketing campaign, advertising, tradeshow events, networking and word of mouth; Creation and implementation of new strategic plans and directions connected to partnerships, relationships, and outreach opportunities; and sustaining existing events and partnerships afforded the organization tremendous opportunity to take programming, coach education, and event participation and engagement to new heights for Saskatchewan children and youth participants ages 6-14 years (U14/U12/U10).

In 2018, combined programming number of **12,986** children and youth participants engaged with Saskatchewan's RTJW program via leaders, community partners, and events including both competitions and Learn-to/Try-it opportunities at year-end (represents Q1-Q3). The interim target of 12,000 participants as per agreement between Athletics Canada/Saskatchewan Athletics for the development and execution of a regional plan for First Involvement Programs within the province of Saskatchewan as part of Athletics Canada's objective of engaging with 350,000 kids (aged 6-14 years) annually in Athletics related events and programs was met. The established target of 20,000 participants in the year 2020 based on current distribution of youth populations in Canada remains.

In summary, the future for sport development and children/youth physical literacy programming in Athletics continues to be positive in Saskatchewan. Our sport can remain relevant and attractive to partner with other sports for multi-sport collaboration as well as to build new and support existing partnerships across the key sectors of sport, recreation, health, and education. Directions of programming focus can include seeking physical literacy related partnerships and funds (grants/sponsorship/fund-sharing) with key partners; Creating and connecting leadership pathways for high school leaders, recreation management and staff as well as sport coaches and instructors, primary school teachers and public health staff; and focusing on 'wheel' component of RJTW via enhanced relationships, programming, and funds within adaptive sport (adaptive and parasport) in Saskatchewan. Interest to highlight alignment and timing with the recent acknowledgement that Sask Sport Inc. is investing in the future of Adaptive and Parasport in Saskatchewan to explore ways to champion efficiency and sustainable practices in the Saskatchewan adaptive sport system. The overarching aim is a joint effort aimed to create a strong and sustainable Adaptive Sport Strategy that supports the goals and objectives of the 2017-2021 Sask Sport Strategic Plan, notably the areas of enhanced participation, excellence, capacity and collaboration in Saskatchewan sport.

Program Description

Athletics Canada First Involvement Program continues as the sport development/grassroots Athletics program predominantly driven by RJTW as the primary vehicle through a network of delivery partners, with the overarching goal to connect with any opportunity to kids to the sport of Athletics. RJTW is considered a quality sport program by Sport for Life Society based on physical literacy and the Long Term Athlete Development Pathway (LTAD) focused within the FUNdamentals and Learn to Train stages of the pathway. The program directly links to the

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National Coaching Certification Program (NCCP) with the RJTW coach education program where instructors receive the training and option for certification required to instruct the program in their communities and programs. As a provincial branch, Saskatchewan Athletics has adopted the program and been successful in our province over a decade of programming and community collaboration and impact.

Annual Spring School RJTW Program Delivery (Saskatoon/Regina):

Program Overview and Participating Schools

During annual spring school RJTW programming, trained NCCP instructors engage elementary students in their schools and communities by teaching them fundamental movement patterns and skills (physical literacy) through the use of track and field lesson plans.

The 2018 RJTW Spring School Program was delivered from May 1-June 8, 2018 to participating Saskatoon and Regina elementary schools from public and catholic school divisions. Program was delivered in 29 schools (15 – Saskatoon with 6 school wait-list; 14 – Regina) shy of 2018 target of 30 schools. Programming offered for students in grades 1-6, in alignment with the critical window for skill development occurring between the ages of 6-12 years.

Program was enhanced in 2018 to offer 3 registration at a rate of \$75.00 offering 3 Half-Day school instructional visits (RUN, JUMP, THROW) with hired RJTW program leaders [Returning leaders: Cole Pedrick & Marc Turmel – Regina; Jessyca Brissaw & Rachel Mamer – Saskatoon], along with City of Saskatoon grant support which enabled RJTW instruction to reach those most in need of sport opportunity with priority given to Community and Dream Broker Schools (Sask Sport Inc.), and schools who demonstrate representation of Aboriginal people/economically disadvantaged/newcomers as required by our program grant support.

City grants were accessed and received to offset program expenses:

- City of Saskatoon, Sport Participating Grant 2018: Successfully acquired grant approved amount of \$575.00 for Project Title: Coaching II: Holding a Course; and approved amount of \$5,000.00 for Project Title: Access and Explore.
- City of Regina, 2018 Sport & Recreation Grant – Annual Activity grant submission for RJTW Spring School Ambassador Program unfortunately was not renewed. Feedback offered was the viewpoint that our programming duplicates existing city and school track and field opportunities.

Instructor Training

Following our interview process, four instructors were hired for 2018 program delivery; two Regina based instructors (1 pair) and two Saskatoon based instructors (1 pair) positioned within participating schools. Able to rehire outstanding 2017 RJTW leaders for Regina programming (Cole Pedrick + Marc Turmel), and position/train new RJTW leaders for Saskatoon programming (Jessyca Brissaw + Rachel Mamer).

RUN JUMP THROW WHEEL

Annual RJTW NCCP instructor training was held in Saskatoon on April 22, 2018 and saw 2 hired staff for our spring 6-week school enhanced program delivery attend and attain NCCP RJTW trained instructor status. Hired leaders subsequently reached certified status through an evaluation conducted by Sarah Junkin during the program delivery. Marc and Rachel were supported in attending NCCP Making Ethical Decisions course, a component required for coach certification.

Program Numbers

The 2018 enhanced delivery format reached **3,472** participants within **29** schools in Regina and Saskatoon utilizing key school contacts from the 2017 Spring School Ambassador Program and promotion to school divisions in both cities of Regina and Saskatoon.

For comparison in 2017 our historical programming year, Saskatchewan Athletics saw 10,247 participants with 41 schools registered; However, up from 2016 where our program was delivered to 1,202 participants and still exceeds our highest previous participation numbers that came from 2012 program with 2,185 students.

The following schools participated in the program delivered from May 1 – June 8, 2018:

* = Community School # = Dream Broker School

Regina Schools (14):

Regina Catholic:

- École St. Pius X
- *St. Augustine
- *St. Francis
- St. Matthew
- St. Peter

Regina Public

- *#Albert
- Dr. George Ferguson
- Dr. L. M. Hanna
- École Massey
- École W.S Hawrylak
- *Glen Elm
- MacNeill
- Ruth M. Buck
- Walker

Saskatoon Schools (15):

Saskatoon Catholic:

- Bishop Filevich Ukrainian
- École Holy Hary (Martensville)
- #St. Frances
- St. Kateri Tekakwitha
- *#St. Michael

Saskatoon Public:

- *Caroline Robins
- *Confederation Park
- Dr. John G. Egnatoff
- École Lakeview
- École River Heights
- #Howard Coad
- #Pleasant Hill
- Prince Philip
- Sutherland
- Sylvia Fedoruk

RUN JUMP THROW WHEEL

Program Review

Evaluations from schools were returned to the office with continuation of good reviews and schools wishing to book the 2019 program again. Here is what some of the schools are saying:

Saskatoon -

"The instructors were great with the kids. They were patient and dealt with any behavioral issues. A few students who have not shown much interest in track had a blast doing the throwing events especially the javelin." - Confederation Park Community School

"Rachel and Jessyca were the two that came to our school. I felt they were very personable, knowledgeable, and flexible in regards to working with challenging schedules within our schools. Their balance of instruction, practice, and re-direction of skills being learned was very good. The students enjoyed having them in and were largely engaged for the duration of their class period. Thanks for a job well done." - Reagan Smith, Dr. John G. Egnatoff

"We really enjoyed the RJTW program. We did the program with students in grades 1-3 as well as with our Functional Life Skills Class. Students were always engaged, and the activities were well suited for their age/ability. The three half days were a good way to divide up the content and give students time to explore and practice the skills. I would definitely participate in this program again and would recommend the program to others!

- Sylvia Fedoruk School

Regina -

"The two guys who led it were AMAZING! They were well-organized and knowledgeable! Thank You! – Albert Community School

"This program is such a blessing to our elementary school phys. ed curriculum and experiences. It is exciting for the students and a wonderful learning opportunity for the teachers. Thank you for offering it to us!" – St. Matthew School

"What a wonderful program, my students loved it! The instructors were great with our students, and even spoke French (as we are a French Immersion School). I found that this program was very well organized and helped prepare our students for track and field next year. I will definitely be interested in having them back to our school again!" – Massey School

Annual RJTW Provincial Clinic Program Delivery:

Saskatchewan Athletics continues to offer RJTW direct delivery of half and full-day clinics for schools, communities, or within demonstrations and events. A continued focus on training teachers to become RJTW instructors is ongoing to broaden our outreach within schools with teachers and the students they teach. Nationally, the shift and future direction is to continue to partner with schools and teachers, but also to engage in community partnerships in recreation and health sectors.

In 2018, 12 RJTW half and full-day clinics were delivered to the communities of Beechy, Borden, Dinsmore, Cabri, Kinistino, Loreburn Colony, Maymont, Regina (3 – Argyle School, St. Bernadette School, and Mother Theresa Middle School via University of Regina Summer Camp outreach program), and Saskatoon (2 – SATF, EACCA). Comparatively, 12 RJTW half and full-day clinics were delivered in 2017 matching 2018 programming.

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Annual RJTW Summer Camp Provincial Delivery:

Regina

- Continued opportunity with University of Regina, Summer Sports School Program with Erin Strueby (RJTW leader, summer camp coordinator). In 2018, the opportunity to support camp outreach at Mother Teresa Middle School was delivered to 59 children ages 6-12 years by trained RJTW instructor within the Children's Activity Camps.
- Continued partnership with the University of Regina Cougars (Wade Huber) for the eighth consecutive year and using NCCP RJTW trained instructors, two one-week Cougar RJTW summer sports camps were conducted reaching 60 children ages 6-12 years.

Saskatoon

- Continued partnership with University of Saskatchewan, Campus Recreation with Carey Primeau (Campus Recreation, Recreation Coordinator for the College of Kinesiology) and Taylor McGregor (RJTW senior leader, summer camp coordinator). In 2018, camps were delivered to 187 children ages 6-12 years by in-trained RJTW instructors within the Children's Activity Camps.

Provincial

- Continued partnership with Denise Gress, Executive Director, Saskatchewan Choral Federation and 2018 Saskatchewan Music Alliance Summer Music Camps program delivery. RJTW instruction provided by Jenna Smith, Rachel Miller, Hannah Walker, and Sam Girgis within the summer camp schedule and delivery at four of the five music camps deliveries (July 4-7, 2017 in Regina; July 10-13, 2017 in Saskatoon; July 18-21, 2017 in North Battleford; July 24-27, 2017 in Prince Albert; August 14-17, 2017 in Yorkton); 150 children and youth (92 females, 58 males), ages 8-14 years, received instruction. Overall the partnership was effective and beneficial to both partners and allowed the RJTW program to reach many diverse groups in need of programming and opportunities in our province (i.e. new Canadians, girls, economically disadvantaged, and those of Aboriginal descent). Denise has expressed intent to make this a permanent partnership for the camp delivery.

Additional First Involvement-RJTW Outreach Initiatives/Special Events:

- Indoor competition reaching hundreds of children via First Involvement opportunities (e.g. school relays, age-class competition).
- Outdoor competition reaching thousands of children via First Involvement opportunities, notably via the SOLE-stice Classic provincial regional series and final delivery reaching 1,266 children/youth participants in 2018.
- City of Saskatoon - Community Association (CA) Initiatives:
 - Saskatoon CA - RJTW Program Delivery:
 - Fall 2017 Programming: Varsity View CA pilot program with RJTW leader Damian Grujic delivered to 4 registered children; and Lakeview CA Fall Program with RJTW leader Jared Olson delivered to 10 registered children.

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- Spring 2018 Programming: Lakeview CA program with RJTW leader Tinease Montour delivered to 12 registered children.
- RJTW play-grid/try-it offered on June 3, 2018 at the Erindale Arbor Creek CA outdoor event with RJTW leaders Tessia Philipenko and Courtney Dembrowski reaching 40 participants.
- Saskatchewan Athletics booth managed by Sarah Junkin and Jill George to showcase relevant programming at SPEA Conference Tradeshow, May 9-10, 2018 in Regina.
- Continued partnership with MaraFUN, a 10-week program (March-May, 2018). Sask Athletics connected with 1,546 children (grades k-8) throughout the program duration and engaged with hundreds of children on Race Day (May 27, 2018) at large scale RJTW Play-Grid/Obstacle course seeing Saskatoon & Regina RJTW leaders working together (Monique Coutu, Taylor McGregor, Cole Pedric, Jayden Wiebe, Daniel Yetman, Molly Yungmann, Josh Websdale, Bryana van Leeuwen, Tessia Philipenko, Courtney Dembrowski) under leadership and direction of Program Coordinator, Sarah Junkin. Sask Athletics and RJTW logos appeared on race day shirts for participants, and RJTW program featured within the MaraFUN newsletter. Partnership has been renewed for 2019.
- Ongoing partnership with Mitch Mecredi (Dream Broker Program, Sask Sport Inc.) with RJTW instruction provided at Howard Coad/Pleasant Hill and Princess Alexandra/Westmount schools (Saskatoon) as part of the Saskatoon Public School Literacy Camps on August 7, 8, 9, 15; 80 children received instruction led by Emma Teed and Bryana van Leeuwen.
- Continued partnership with Dr. Debbie Pushor (Professor, Educational Curriculum, College of Education, University of Saskatchewan) and Shannon de Bakker (Parent Connector) to offer RJTW instruction as part of 'The Family Engagement Prototype' at Howard Coad school (Saskatoon) on July 19; 10 children/youth received instruction led by Tyrell Sawatzky.
- Continued partnership with Queen City Marathon at 'Family Fun Zone' on September 9, 2017 in Regina. Managed 6-Station RJTW Play-Grid lead by 7 RJTW Leaders; Interacted with 150 children/youth.

Annual RJTW NCCP Provincial Coaching Course Delivery:

Saskatchewan Athletics hosts one RJTW Coaching Course each spring in Saskatoon. Courses are also held when a community, club, school or organization requests the delivery of a course.

Saskatchewan Athletics hosted 8 RJTW NCCP Coaching Course deliveries:

- RJTW NCCP Instructor Course delivered on October 14, 2017 in Regina for Excel Athletika; 8 coaches (5 women) were trained with Monique Coutu facilitating the training.
- RJTW NCCP Instructor Course delivered on October 18-19, 2017 in Saskatoon in partnership with Sask Sport Inc. Jumpstart Afterschool Program (Randi Keshane, Warren Proctor); 15 coaches (8 of Aboriginal descent; 9 women) were trained including program coordinator, mentors, instructors. Jenna McCormick facilitated the training, and was evaluated by Sarah Junkin (Master Coach Developer, MCD).

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- Partnership led to RJTW program delivery reaching 202 children in 7 community schools over 11-week program delivery (3x/week) by trained leaders to participating children/youth.
- RJTW NCCP Instructor Course delivered on October 29, 2017 in Saskatoon for STFC; 5 coaches (1 women) were trained and Jenna McCormick facilitated the training.
- RJTW NCCP Instructor Course delivered on December 18, 2017 in Prince Albert for PA Athletics Club; 9 coaches (3 women) were trained and Monique Coutu facilitated the training.
- RJTW NCCP Instructor Course delivered on March 24, 2018 in Saskatoon; 9 coaches (3 women) were trained, and Monique Coutu facilitated the training.
- RJTW NCCP Instructor Course delivered on April 22, 2018 in Saskatoon; 3 coaches (3 women) were trained, and Monique Coutu facilitated the training.
- RJTW NCCP Teacher Instructor Course delivered on May 11, 2018 in Regina at Annual Saskatchewan Physical Education Association (SPEA) Conference; 4 teachers (3 women) were trained, and co-facilitated by Cole Pedrick with Sarah Junkin (Master Coach Developer, MCD).
- RJTW NCCP Teacher Instructor Course delivered on May 18, 2018 in Quill Lake; 9 teachers (6 women) were trained, and Monique Coutu facilitated the training.
- RJTW NCCP Teacher Instructor Course delivered on October 20, 2018 in Saskatoon; 13 teachers were trained; Jenna McCormick facilitated the training.

Overall, 75 coaches/leaders were trained across the RJTW NCCP coaching course deliveries at year-end which represented equity and diversity in a large percentage of female and Aboriginal coaches trained and across various sectors.

Additionally, make note that RJTW NCCP partial training (movement-based modules) was delivered on July 4-5, 2018 in Saskatoon to 12 leaders (8 women) hired with University of Saskatchewan (Taylor McGregor, Cary Primeau) as part of partnership for summer camp programming.

Going forward, reaching the fourth sector, health, might also be prioritized to align our training and NCCP coaching pathway to all possible leaders who are working within physical literacy programming for children/youth in Canada. Great directions and recommendations are underway across Athletics NCCP coaching contexts including the Community Sport stream where RJTW is now being positioned. This will benefit Saskatchewan along with the country as a whole in reaching more diverse leaders who program or will build physical literacy programming to include sport specific literacy with RJTW for enhanced programming.

Coach Developer – Capacity Building

Coach Developer (CD) task force for roles of Learning Facilitator (LF) and Coach Evaluator (CE) capacity building nearing completion for the RJTW NCCP coach education context.

The intent for capacity building in this area best supports Saskatchewan Athletics with continued success in program enhancement with regards to coaching and expansion of

RUN JUMP THROW WHEEL

leadership base (i.e. instructors) along with alignment with existing NCCP CD certification pathway.

NCCP RJTW CD Task Force Overview:

- RJTW CD Task Force identified and activated – 2016/17: Monique Coutu (LF/CE - Saskatoon), Jenna McCormick (LF/CE - Saskatoon), Andrea Doepker-Gavidia (LF/CE - Saskatoon), Adam Strueby (LF/CE – Regina), Cole Pedrick (LF/CE). Staff upgrading took place for Sarah Junkin (MCD/LF/CE – Saskatoon) as program lead.

- 2017-18 updates:
 - a. Step #3 in CD Pathway – Co-delivery: Cole Pedrick (LF) – Successful co-delivery for RJTW NCCP instructor course on May 11, 2018 in Regina.
 - b. Step #4 in CD Pathway – Evaluation: Cole Pedrick (CE) – Successful evaluation for RJTW Coach Evaluations of Jessyca Brissaw & Rachel Mamer on May 28, 2018 in Saskatoon.
 - c. Step #4 in CD Pathway – Evaluation: Jenna McCormick (LF) – Successful evaluation for RJTW NCCP instructor course delivery on October 18-19, 2018 in Saskatoon.

In conclusion, I wish to also express heartfelt gratitude to Saskatchewan Athletics for the support to attend and complete ‘Leadership Saskatoon’ 10-month professional leadership program as part of Class of 2018 in which I received my certificate of completion on June 4, 2018.

As well, thank you for your support and permitted time to serve with the Coaching Association of Canada (CAC) as Director, Community Representative on the Board of Directors; and likewise, for my contributions as a member of the recent Athletics Canada – Coaching Education Task Force.

These opportunities over the past year have been extremely rewarding at this time within my personal and professional career pathways and growth.

As I return to my home province of Ontario after nearly two decades in Saskatchewan, I depart thankful for the service I provided to our membership and community partners alike, and I am aware of the many wonderful people I have met along the way, and for the fond memories I will cherish.

Wishing the organization continued success, and for sustaining the First Involvement programming predominantly driven by RJTW as it moves into its next evolution.

REGISTRATION
MEMBERSHIPS 2017/2018

CATEGORY	M	F	TOTAL
U12 (07 & later) (PeeWee)	111	94	205
U14 (06/05) (Bantam)	84	87	171
U16 (04/03) (Midget)	99	141	240
U18 (02/01) (Youth)	104	101	205
U20 (00/99) (Junior)	62	64	126
Senior (98 or earlier)	78	74	152
Masters (35 yrs)	44	31	75
Coaches	72	43	115
Instructors	20	32	52
Officials	61	64	125
Recreational Runners	393	393	786
Sask Athletics Board	9	4	13
Sub Total	1137	1128	2265
Less: members in more than one category	-31	-15	-46
TOTALS	1106	1113	2219

CLUBS

CLUBS	A	B	C	D	TOTAL
1999/2000	6	4	18	18	46
2000/2001	6	5	16	19	46
2001/2002	6	7	11	30	54
2002/2003	5	7	19	26	57
2003/2004	5	4	20	25	54
2004/2005	6	5	20	20	51
2005/2006	6	4	18	20	48
2006/2007	5	5	12	21	43
2007/2008	5	4	10	28	47
2008/2009	5	0	13	28	46
2009/2010	5	1	16	20	42
2010/2011	3	2	13	21	39
2011/2012	6	0	11	24	41
2012/2013	6	0	16	19	41
2013/2014	6	0	15	29	50
2014/2015	6	0	13	31	50
2015/2016	6	0	12	21	39
2016/2017	6	0	11	33	50
2017/2018	6	0	12	29	47

REGISTRATION

HISTORICAL RECORDS

Year	Ath	Rec Runner	Off	Vol	Club Contact	Clubs	Coach	Inst	Sust. Memb.
1982	1016	-	29	-	-	-	-	-	-
1983	1197	-	37	-	-	33	-	-	-
1984	1034	-	29	-	-	26	42	-	-
1985	994	-	72	-	-	27	51	-	-
1986	886	-	42	-	-	33	45	-	360
1987	574	-	38	-	-	27	30	-	632
1988	664	-	83	-	-	32	55	-	795
1989	844	-	109	-	-	43	66	-	477
1990	714	-	94	-	-	49	71	-	449
1991	752	-	79	-	-	48	79	-	327
1992	767	-	73	-	-	44	61	-	603
1993	958	-	73	-	-	60	73	-	429
1994	868	-	58	47	-	57	88	11	619
1995	896	-	65	46	-	62	75	25	759
1996	865	-	71	18	-	50	73	33	842
1997	944	-	58	181	-	40	105	16	594
1998	929	-	71	163	77	46	93	3	626
1999	1164	-	124	79	61	48	108	2	662
2000	1264	-	97	229	69	46	128	5	687
2001	1221	-	192	96	36	46	143	4	824
2002	1396	-	188	63	83	54	154	0	719
2003	1466	-	186	83	82	57	192	7	612
2004	1364	-	253	321	78	54	175	6	494
2005	971	-	177	345	77	51	186	1	583
2006	996	-	141	633	72	48	122	9	130
2007	1138	-	263	307	69	43	126	4	210
2008	987	-	132	1247	59	47	133	11	324
2009	1038	-	148	1233	55	46	109	17	210
2010	977	-	164	1131	29	42	98	8	86
2011	965	-	188	778	33	39	109	3	786
2012	915	1074	204	182	-	41	100	7	190
2013	1198	1117	190	26	--	41	192	6	--
2014	1113	992	166	29	--	50	127	5	--
2015	1052	1570	214	50	--	50	146	8	--
2016	1155	1266	126	-	--	39	165	7	--
2017	1242	1123	159	-	-	50	181	195	-
2018	1174	786	125	-	-	47	115	52	-

2017-2018 CLUBS

CLUBS WITH VOTING PRIVILEGES

Excel Athletika	Regina	Grant Van Eaton, Kerry Avery
Riversdale Athletics	Saskatoon	Rick Janzen, RossAnn Edwards, Chris Gelineau
Saskatoon Road Runners	Saskatoon	Peter Goode, Theresa Reid-Shea
Saskatoon T & F Club	Saskatoon	Jamie Epp, Scott Rutherford, Jared Olson
University of Regina	Regina	Wade Huber, Megan Talaga
University of Saskatchewan	Saskatoon	Jason Reindl, Adrienne Healey, Shawn Burt
Ace Athletics P.A.	Prince Albert	Arlene Town
Dunamis Athletic Training	Saskatoon	Dale Upton
East Central Track	Watson	Kim Mitchell
Estevan Legion Track	Estevan	Tanya Gibson
Kindersley Athletics Club	Kindersley	Anita Wildman
Last Mountain Track	Strasbourg	Tracy Edwards
Nokomis Knights	Nokomis	Joe Filson
North Battleford Legion	N. Battleford	Karen Wharington
PA Athletics	Prince Albert	Ron Poetker
Regina Multisport	Regina	Diane Chadwick
Special Olympics Saskatoon	Saskatoon	Ruth Exley
Yorkton Legion Track	Yorkton	Danielle Maystrowich

CLUBS WITHOUT VOTING PRIVILEGES

Argyle School	Regina	Mick Paneo
Cabri School	Cabri	Alisa Cooper
Colonsay School	Colonsay	Jason Brose
Cyclones Athletics	Saskatoon	Tannis Stang
Dalmeny High School	Dalmeny	Sandra Schatz
Davidson School	Davidson	Natasha Cochran
Delisle Composite School	Delisle	Shawn Wirz
Dinsmore Composite School	Dinsmore	Lance Morrison
Grassland Athletics	Shaunavon	Jennifer Foley
Hanley School	Hanley	Chris Tucker
Hazlet School	Hazlet	Fiona Bos
Jaleta Pacers	Regina	Ted Jaleta
Kamsack Track	Kamsack	Chantel Kitchen
Kenaston School	Kenaston	Jenna Fisher
Kinistino School	Kinistino	Greg Walker
Langham Track	Langham	Ben Dunville
Lashburn School	Lashburn	Danelle Covey
Maple Creek Track	Maple Creek	Chris Sharp
Moose Jaw Rotary Track	Moose Jaw	Scott Mitchell
Outlook High School	Outlook	Shannon Stephenson
PA Sprint	Prince Albert	Cole Puetz

2017-2018 CLUBS

CLUBS WITHOUT VOTING PRIVILEGES

PR Athletics	Saskatoon	Ivan Tam
Rocanville School	Rocanville	Monique Campbell
St. Bernadette School	Regina	Dean Benko
Saskatoon Century Track	Saskatoon	Judy Warick
Stride Ahead Tough Track	Regina	Jana McEachern
Swift Current Selects	Swift Current	Mandi Tuplin
Tisdale Track	Tisdale	Harvey Weber
U of R Track	Regina	Wade Huber