

**2016 Outdoor Rankings
Senior Women**

Time/Dist	Athlete			Date	Location
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100 Metres

Native Outdoor 11.58 Jul-04-03 Jenni Hucul STFC
Open Outdoor 11.50 Aug-11-75 Patricia Loverock BC

12.15	0.8	Rachel Rosin	96	RIVA	15/05/2016	Alberta
12.38	1.8	Astrid Nyame	94	UOFS	29/05/2016	Alberta
12.63	1.8	Mackenzi Kleiter	95	UOFS	29/05/2016	Alberta
12.69	0.4	Katelyn Lehner	95	UNSK	29/05/2016	Alberta
12.72	1.3	Renee Kennedy	94	UOFS	18/06/2016	Alberta
13.13	1.8	Monique Coutu	90	UOFS	29/04/2016	California
13.39	-0.8	Courtney Wiens	92	STFC	18/06/2016	Alberta
13.75	-2.9	Lauren Ochitwa	96	UOFS	18/06/2016	Alberta

Athlete with a Disability

14.83	-3.1	Lindsay Kinnear	88	EXCL	25/06/2016	Saskatoon
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Wind/No Wind

13.34	4.1	Courtney Wiens	92	STFC	29/05/2016	Alberta
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200 Metres

Native Outdoor 23.13 Jun-24-01 LaDonna Antoine-Watkins RAT
Open Outdoor 22.85 Aug-02-81 Angela Taylor ON

23.33	1.3	Brianne Theisen-Eaton	88	UNSK	28/05/2016	Austria
24.93	-0.4	Rachel Rosin	96	RIVA	07/07/2016	Alberta
25.40	0.0	Katelyn Lehner	95	UNSK	17/06/2016	Ontario
25.86	1.0	Astrid Nyame	94	UOFS	15/05/2016	Alberta
26.60	1.5	Mackenzi Kleiter	95	STFC	25/06/2016	Saskatoon
27.55	1.5	Monique Coutu	90	STFC	25/06/2016	Saskatoon

Athlete with a Disability

29.86	1.5	Lindsay Kinnear	88	EXCL	25/06/2016	Saskatoon
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400 Metres

Native Outdoor 50.92 Sep-23-00 LaDonna Antoine RAT
 Open Outdoor 50.92 Sep-23-00 LaDonna Antoine RAT

56.23	Adrea Propp	92	UNSK	25/06/2016	Saskatoon
58.14	Amanda Banks	91	STFC	25/06/2016	Saskatoon

Athlete with a Disability

1:12.59	Lindsay Kinnear	88	EXCL	25/06/2016	Saskatoon
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800 Metres

Native Outdoor 2:05.40 May-29-08 Amber McGown TIST/OR
 Open Outdoor 2:05.40 May-29-08 Amber McGown TIST/OR

2:06.01	Adrea Propp	92	URTC	11/06/2016	Oregon
2:06.22	Amanda Banks	91	UNSK	19/06/2016	British Columbia
2:08.60	Julie Labach	96	UOFS	16/06/2016	British Columbia
2:09.50	Brianne Theisen-Eaton	88	UNSK	05082016	Brazil
2:10.51	Elecktra Laxdal	92	RIVA	11/06/2016	Oregon
2:17.87	Adriana Davis	96	URTC	25/06/2016	Saskatoon
2:21.82	Katelyn Lehner	95	UNSK	17/06/2016	Ontario
2:22.35	Katie Farmer	96	UOFS	18/06/2016	Alberta
2:23.16	Morgyn Olmstead	95	UOFS	28/05/2016	Alberta
2:25.45	Sehjal Bhargava	96	UOFS	18/06/2016	Alberta
2:29.59	Sonia Rees	94	UOFS	13/07/2016	Saskatoon

1500 Metres

Native Outdoor 4:14.39 Jun-21-08 Amber McGown TIST
 Open Outdoor 4:14.39 Jun-21-08 Amber McGown TIST

4:39.54	Julie Labach	96	STFC	25/06/2016	Saskatoon
4:47.67	Adriana Davis	96	URTC	25/06/2016	Saskatoon
5:06.57	Katie Farmer	96	UOFS	18/06/2016	Alberta
5:08.38	Sehjal Bhargava	96	UOFS	18/06/2016	Alberta
5:20.99	Sonia Rees	94	UOFS	18/06/2016	Alberta

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3000 Metres						
Native Outdoor 9:13.19 Jul-26-09 Danette Doetzel QCST						
Open Outdoor 9:13.19 Jul-26-09 Danette Doetzel QCST						
11:19.00		Sonia Rees	94	UOFS	18/06/2016	Alberta
100m Hurdles .84m						
Native Outdoor 12.98 Aug-22-15 Brianne Theisen-Eaton UNSK						
Open Outdoor 12.98 Aug-22-15 Brianne Theisen-Eaton UNSK						
12.93	0.5	Brianne Theisen-Eaton	88	UNSK	28/05/2016	Austria
13.69	1.2	Michelle Young	92	STFC	22/06/2016	Nova Scotia
13.92	-0.5	Astrid Nyame	94	STFC	07/07/2016	Alberta
14.18	0.9	Katelyn Lehner	95	UNSK	17/06/2016	Ontario
15.00	1.5	Shaylyn Kowalchuk	91	EXCL	15/05/2016	Ontario
18.50	1.9	Monique Coutu	90	UOFS	29/04/2016	California
Wind/No Wind						
13.06	NWI	Michelle Young	92	STFC	12/06/2016	Ontario
13.84	2.2	Astrid Nyame	94	UOFS	29/05/2016	Alberta
14.31	2.2	Katelyn Lehner	95	UNSK	29/05/2016	Alberta
15.01	3.4	Shaylyn Kowalchuk	91	EXCL	15/05/2016	Ontario
400m Hurdles .76m						
Native Outdoor 56.10 Jul-11-83 Gwen Wall RIV						
Open Outdoor 56.10 Jul-11-83 Gwen Wall RIV						
1:02.97		Katelyn Lehner	95	UNSK	05/06/2016	Alberta
3000m Steeple Chase						
Native Outdoor 9:33.45 Jul-19-14 Jessica Furlan EXCL						
Open Outdoor 9:33.45 Jul-19-14 Jessica Furlan EXCL						
10:02.35		Jessica Furlan	90	EXCL	17/06/2016	British Columbia

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High Jump

Native Outdoor	1.87m	May-31-14	Brienne Theisen-Eaton	UNSK	
Open Outdoor	1.87m	May-31-14	Brienne Theisen-Eaton	UNSK	

1.86m	Brienne Theisen-Eaton	88	UNSK	05/08/2016	Brazil
1.81m	Lauren Taylor	91	STFC	07/07/2016	Alberta
1.64m	Katelyn Lehner	95	UNSK	17/06/2016	Ontario
1.53m	Amy Petz	96	UNSK	15/04/2016	California
1.50m	Astrid Nyame	94	UOFS	15/05/2016	Alberta

Pole Vault

Native Outdoor	4.55m	Jul-12-05	Kelsie Hendry	RIVA	
Open Outdoor	4.55m	Jul-12-05	Kelsie Hendry	RIVA	

3.65m	Teresa Hill	87	UNSK	07/07/2016	Alberta
3.40m	Kayla Wharton	93	RIVA	13/07/2016	Saskatoon
3.30m	Courtney Erickson	93	UNSK	25/06/2016	Saskatoon
2.40m	Kristin Ottenbreit	93	UNSK	07/05/2016	Regina

Long Jump

Native Outdoor	6.62m	Jul-22-99	Vanessa Monar-Enweani	UofS	
Open Outdoor	6.62m	Jul-22-99	Vanessa Monar-Enweani	UofS	

6.68m	-0.3	Brienne Theisen-Eaton	88	UNSK	05/08/2016	Brazil
5.79m	0.2	Astrid Nyame	94	UOFS	07/05/2016	California
5.74m	2.0	Katelyn Lehner	95	UNSK	07/07/2016	Alberta
5.57m	1.9	Renee Kennedy	94	STFC	07/07/2016	Alberta
5.31m	1.9	Tatjhannah Josuttes	96	UOFS	18/06/2016	Alberta
5.10m	1.1	Courtney Wiens	92	STFC	25/06/2016	Saskatoon
4.68m	0.2	Elizabeth Chernick	96	URTC	25/06/2016	Saskatoon
4.64m	0.1	Amy Petz	96	UNSK	26/03/2016	British Columbia

Athlete with a Disability

4.17m	-0.3	Lindsay Kinnear	88	EXCL	25/06/2016	Saskatoon
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Long Jump Cont'd

Wind/No Wind

5.78m	NWI	Katelyn Lehner	95	UNSK	17/06/2016	Ontario
5.56m	3.1	Astrid Nyame	94	UOFS	18/06/2016	Alberta
5.50m	3.1	Renee Kennedy	94	UOFS	18/06/2016	Alberta
5.27m	4.1	Courtney Wiens	92	STFC	07/06/2016	Saskatoon

Triple Jump

Native Outdoor 12.74m Apr-30-94 Tracy Dulmage RAT
 Open Outdoor 12.74m Apr-30-94 Tracy Dulmage RAT

10.80m	-1.0	Elizabeth Chernick	96	URTC	25/06/2016	Saskatoon
10.68m	-1.3	Tatjhannah Josuttes	96	STFC	25/06/2016	Saskatoon

Shot Put 4kg

Native Outdoor 17.61m Apr-11-15 Taryn Suttie UNSK
 Open Outdoor 17.61m Apr-11-15 Taryn Suttie UNSK

17.88m		Taryn Suttie	90	UNSK	07/04/2016	Arizona
13.71m		Brianne Theisen-Eaton	88	UNSK	28/05/2016	Austria
12.28m		Jessica Buettner	95	UOFS	20/05/2016	Alberta
11.95m		Astrid Nyame	94	UOFS	29/05/2016	Alberta
11.85m		Haylea Salamon	96	STFC	01/04/2016	North Carolina
10.50m		Katelyn Lehner	95	UNSK	05/06/2016	Alberta

Athlete with a Disability

3.74m		Alexandra Cole-Johnson	96	PAAC	25/06/2016	Saskatoon
3.09m		Nikita Ens	88	CRTC	07/07/2016	Alberta

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Discus 1kg

Native Outdoor 57.70m Sep-08-88 Gale Dolegiewicz Team SK
 Open Outdoor 57.70m Sep-08-88 Gale Dolegiewicz Team SK

46.27m	Haylea Salamon	96	STFC	07/06/2016	Saskatoon
30.72m	Jessica Buettner	95	UOFS	20/05/2016	Alberta

Athlete with a Disability

7.16m	Nikita Ens	88	CRTC	07/07/2016	Alberta
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Hammer 4kg

Native Outdoor 61.74m Jun-18-06 Megan Reid STFC
 Open Outdoor 61.74m Jun-18-06 Megan Reid STFC

45.32m	Jessica Buettner	95	UOFS	20/05/2016	Alberta
38.63m	Haylea Salamon	96	STFC	19/03/2016	North Carolina
38.50m	Faith Ogundipe	96	URTC	07/05/2016	Regina

Javelin 600gm

Native Outdoor 52.30m Jul-27-94 Stephanie Proctor UNA
 Open Outdoor 57.76m Jun-14-81 Tessa Sanderson GBR

47.74m	Brianne Theisen-Eaton	88	UNSK	28/05/2016	Austria
35.83m	Astrid Nyame	94	UOFS	07/06/2016	Saskatoon
26.18m	Katelyn Lehner	95	UNSK	29/05/2016	Alberta
23.18m	Amy Petz	96	UNSK	26/03/2016	British Columbia
31.51m	Haylea Salamon	96	STFC	01/04/2016	High Point

Heptathlon

Native Outdoor 6808 pts May-30-15 Brianne Theisen-Eaton UNSK
 Open Outdoor 6808 pts May-30-15 Brianne Theisen-Eaton UNSK

6765 pts	Brianne Theisen-Eaton	88	UNSK	28/05/2016	Austria
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100m H 12.93 (0.5); HJ 1.83m; SP 13.71m; 200m 23.33 (1.3);
 LJ 6.56m (0.2); JT 47.74m; 800m 2:10.98

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Heptathlon			
4713 pts	Katelyn Lehner 100m H 14.18 (0.9); HJ 1.64m; SP 10.22m; 200m 25.40 (0.0); LJ 5.78m (1.5); JT ND; 800m 2:21.82	95 UNSK 17/06/2016	Ontario
4199 pts	Astrid Nyame 100m H 13.87 (2.1); HJ 1.50m; SP 11.50m; 200m 25.86 (1.0); LJ 5.40m (2.3); JT 29.80m; 800m DNS	94 UOFS 15/05/2016	Alberta