



SASK ATHLETICS PRESENTS:

SPORT COACH NCCP COURSE – REGINA

AN INTRODUCTION TO COACHING TRACK & FIELD

Friday, May 12 – Sunday, May 14, 2017

Course Details:

- Ideal for school educator/coach, club coach, or parent. This workshop assists those who are coaching seasonally (4-10 weeks a year and/or 2-3 sessions a week). The course will help prepare you to plan practices and how to properly introduce competition in the school, regional and provincial level. This course will provide you with material, knowledge, and confidence to help you with your coaching and start you on your way to becoming a Certified Coach with the National Coaching Certification Program (NCCP).
- Classroom Theory (Friday & Saturday) and Technical Instruction (Sunday) led by Terry Mountjoy, held at Canada Games Athletic Complex, Regina, SK

Note: Please bring comfortable clothes for light movement, and running shoes. The movement portion will be outside, so dress accordingly.

Fees & Information:

- Course Fee is \$200 (includes course materials and coaching membership)
* All fees are payable to Sask Athletics
- Coaches become NCCP “trained” at Sport Coach context upon course completion. To become certified an additional evaluation process must be completed with Athletics Canada

COURSE SCHEDULE:

Friday, May 12: 6:30 pm to 9:00 pm

Saturday, May 13: 9:00 am to 5:00 pm

Sunday, May 14: 9:00 am to 5:00 pm

Saskatchewan Athletics

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