

2010 Outdoor Rankings

Senior Women

100 Metres

Time/Dist	Athlete	Date	Meet
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Native Outdoor 11.58 Jul-04-03 Jenni Hucul STFC

Open Outdoor 11.50 Aug-11-75 Patricia Loverock BC

12.17	+1.3	Ruller, Amanda	88	EXA	18/06/2010	CALTAF
13.29	-4.7	Valois, Chelsea	87	EXA	19/07/2010	SA Prov

Athlete with a Disability

17.42	0.5	Frie, Keira	87	CRTC	05/06/2010	Rendez-Vous Select 2010
35.38	1.0	Richter, Becky	82	CRTC	08/05/2010	Dogwood

200 Metres

Native Outdoor 23.13 Jun-24-01 LaDonna Antoine-Watkins RAT

Open Outdoor 22.85 Aug-02-81 Angella Taylor ON

24.97	-0.2	Ruller, Amanda	88	EXA	18/06/2010	CALTAF
25.59	0.2	Omene, Ese	85	EXA	29/05/2010	Univ of Windsor Open

Wind/No Wind

24.18	2.6	Theisen, Brianne	88	STFC	09/06/2010	Oregon
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Athlete with a Disability

31.53	0.7	Frie, Keira	87	CRTC	26/06/2010	Rollstuhlsport
1:07.31	1.3	Richter, Becky	82	CRTC	22/06/2010	STFC Twilte #2

Wind/No Wind

1:03.40	NWI	Richter, Becky	82	CRTC	08/05/2010	Dogwood
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400 Metres

4:18.82		Hinther, Ashley	84	UNA	05/07/2010	Harry Jerome
4:28.28		Souter, Jodi	88	US	07/07/2010	Victoria Track Classic
4:39.44		Schaaf, Kendra	90	QCS	19/07/2010	SA Prov
4:40.96		Souter, Jennifer	83	US	18/06/2010	CALTAF
5:16.60		Benz, Lisa	85	QCS	08/05/2010	Spring Classic
5:22.10		Calver, Christina	87	RIV	19/07/2010	SA Prov
Athlete with a Disability						
4:04.21		Frie, Keira	87	CRTC	08/05/2010	Dogwood
3000 Metres						
Native Outdoor 9:13.19 July-26-09 Danette Doetzel QCS						
Open Outdoor 9:13.19 July-26-09 Danette Doetzel QCS						
10:04.16		Souter, Jodi	88	UNA	19/07/2010	SA Prov
5000 Metres						
Native Outdoor 15:46.76 Apr-18-09 Danette Doetzel QCS						
Open Outdoor 15:46.76 Apr-18-09 Danette Doetzel QCS						
16:53.06		Souter, Jodi	88	US	28/07/2010	Cdn Srs
18:19.83		Souter, Jennifer	83	US	12/06/2010	Sask Trials
100m Hurdles .84m						
Native Outdoor 13.52 May-28-92 Seema Kemal STFC						
Open Outdoor 13.52 May-28-92 Seema Kemal STFC						
13.39	0.2	Theisen, Brianne	88	STFC	09/06/2010	Oregon
13.95	1.5	Vinet, Andrea	82	STFC	30/05/2010	European Athletics
2010 Outdoor Rankings						
Senior Women						
100m Hurdles .84m Cont'd						
Time/Dist		Athlete		Date		Meet

15.25	0.8	Smits, Veronika	89	US	24/04/2010	Rice Twilight
High Jump						
Native Outdoor 1.87m Aug-22-75 Diane Jones STFC						
Open Outdoor 1.87m Aug-22-75 Diane Jones STFC						
1.86m		Theisen, Brianne	88	STFC	08/05/2010	Pac 10 Conference
Pole Vault						
Native Outdoor 4.55m Jul-12-05 Kelsie Hendry RIV						
Open Outdoor 4.55m Jun-27-04 Kelsie Hendry RIV						
4.35m		Hendry, Kelsie	82	RIV	18/06/2010	Aztrack #2
4.15m		Vause, Leah	87	US	18/06/2010	Aztrack #2
Long Jump						
Native Outdoor 6.62m Jul-22-99 Vanessa Monar-Enweani U of S						
Open Outdoor 6.62m Jul-9 -99 Vanessa Monar-Enweani U of S						
5.86m	1.1	Theisen, Brianne	88	STFC	01/05/2010	Oregon
Wind/No Wind						
6.10m	2.6	Theisen, Brianne	88	STFC	09/06/2010	Oregon
Shot Put 4kg						
Native Outdoor 15.98m Aug-04-95 Shannon K-Kristensen RAT						
Open Outdoor 16.25m Aug-02-81 Carmen Ionesco QU						
13.99m		Suttie, Taryn	90	STFC	12/06/2010	Sask Trials
12.83m		Johnson-Gabruch, Karla	78	UNA	12/06/2010	Sask Trials
12.62m		Theisen, Brianne	88	STFC	02/04/2010	Texas
11.04m		Valois, Chelsea	87	EXA	19/07/2010	SA Prov
9.67m		Olchoway, Janelle	89	US	08/06/2010	STFC Twilite #1
Discus 1 kg						

