

2015 Indoor Rankings Senior Women

Time/Dist	Athlete	Date	Location
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50 Metres

Native Indoor: 6.38 Feb-08-03 Jenni Hucul STFC
Open Indoor: 6.18 Jan-09-99 Philomena Mensah BC

6.88	Mackenzi Kleiter	95	UOFS	29/01/2015	Saskatoon
7.00	Ashley Promhouse	93	UOFS	29/01/2015	Saskatoon

60 Metres

Native Indoor: 7.45 Feb-09-03 Jenni Hucul STFC
Open Indoor: 7.18 Jan-14-96 Carlette Guidry Adidas/Philomena Mensah BC

7.53	Merissa Margetts	91	UOFR	23/01/2015	Edmonton
7.93	Mackenzi Kleiter	95	UOFS	27/02/2015	Winnipeg
8.10	Ashley Promhouse	93	UOFS	23/01/2015	Saskatoon
8.18	Renee Lavoy	95	UOFR	13/02/2015	Regina
8.19	Adrea Propp	92	UOFR	06/12/2014	Regina
8.24	Monique Coutu	90	UOFS	27/02/2015	Winnipeg
8.32	Emily Wilson-Bodnar	92	UOFR	06/12/2014	Regina
8.34	Roma Ruggieri	95	UOFR	06/02/2015	Winnipeg
8.36	Emily Barlas	95	UOFS	29/01/2015	Saskatoon
8.52	Brittney Garchinski	94	UOFS	13/02/2015	Regina
8.56	Kirsten Hooper	95	UOFS	29/01/2015	Saskatoon
9.56	Heather Bryant	86	EXCL	11/04/2015	Regina
8.62	Courtney Erickson	93	UOFS	06/12/2014	Saskatoon
9.72	Danika Wolfe	92	UOFR	06/02/2015	Winnipeg
13.45	Addison Czaya-Woolly	92	SOSK	29/01/2015	Saskatoon
15.53	Katrina Littman	92	SOSK	29/01/2015	Saskatoon

60 Metres Wheelchair

13.79	Jessica Frotten	88	CRTC	06/12/2014	Saskatoon
22.29	Becky Richter	82	CRTC	29/01/2015	Saskatoon

200 Metres

Native Indoor: 23.90 Jan-31-97 LaDonna Antoine RAT
Open Indoor: 23.68 Feb-04-10 Kaltouma Nadjina CHAD

25.20	Merissa Margetts	91	UOFR	06/12/2014	Regina
26.76	Ashley Promhouse	93	UOFS	06/12/2014	Saskatoon
27.28	Renee Lavoy	95	UOFR	06/12/2014	Regina

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200 Metres Cont'd

28.09	Taylor McGregor	95 UOFS	06/12/2014	Saskatoon
28.12	Emily Wilson-Bodnar	92 UOFR	06/12/2014	Regina
28.12	Roma Ruggieri	95 UOFR	06/12/2014	Regina
28.23	Monique Coutu	90 UOFS	06/12/2014	Saskatoon
28.33	Kirsten Hooper	95 UOFS	06/12/2014	Saskatoon
28.47	Megan Rumpel	93 UOFR	06/12/2014	Regina

200 Metres Wheelchair

35.83	Jessica Frotten	88 CRTC	23/01/2015	Saskatoon
1:04.06	Becky Richter	82 CRTC	29/01/2015	Saskatoon

300 Metres

Native Indoor: 38.54 Jan-30-98 LaDonna Antoine RAT
Open Indoor: 36.91 Dec-30-80 Angella Taylor ON

39.88	Adrea Propp	92 UOFR	27/02/2015	Winnipeg
42.02	Sofia Stewart	97 RIVA	29/01/2015	Saskatoon
42.44	Elektra Charles	92 UOFS	23/01/2015	Saskatoon
42.63	Renee Lavoy	95 UOFR	27/02/2015	Winnipeg
42.63	Ashley Promhouse	93 UOFS	27/02/2015	Winnipeg
43.40	Mackenzie Chartier	94 UOFS	23/01/2015	Saskatoon
43.59	Kirsten Hooper	95 UOFS	06/02/2015	Winnipeg
44.60	Danielle Gee	93 STFC	29/01/2015	Saskatoon
44.81	Emily Barlas	95 UOFS	29/01/2015	Saskatoon
46.09	Mackenzi Kleiter	95 UOFS	23/01/2015	Saskatoon
46.76	Emily Wilson-Bodnar	92 UOFR	23/01/2015	Edmonton

400 Metres Wheelchair

1:09.88	Jessica Frotten	88 CRTC	06/12/2014	Saskatoon
2:05.69	Becky Richter	82 CRTC	06/12/2014	Saskatoon

600 Metres

Native Indoor: 1:28.76 Jan-15-84 Gwen Wall UOFS
Open Indoor: 1:26.78 Jan-15-84 Gwen Wall UOFS

1:31.97	Adrea Propp	92 UOFR	12/03/2015	Windsor
1:32.19	Amanda Banks	91 STFC	29/01/2015	Saskatoon

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600 Metres Cont'd

1:33.22	Elektra Charles	92 UOFS	27/02/2015	Winnipeg
1:36.33	Mackenzie Chartier	94 UOFS	06/02/2015	Winnipeg
1:36.91	Tye Buettner	94 UOFS	06/02/2015	Winnipeg
1:37.29	Sophia Zemlak	95 UOFS	27/02/2015	Winnipeg
1:39.20	Morgyn Olmstead	95 UOFS	27/02/2015	Winnipeg
1:42.22	Ricki Doyle	95 UOFR	23/01/2015	Edmonton
1:45.23	Brooke Mentanko	94 UOFS	06/12/2014	Saskatoon
1:46.93	Brandey Blahut	95 UOFS	06/12/2014	Saskatoon
1:55.96	Valerie Warwick	95 UOFS	06/12/2014	Saskatoon

800 Metres

Native Indoor: 2:07.10 Feb-25-12 Jessica Furlan NE/EXCL

Open Indoor: 2:03.72 Dec-17-91 Charmaine Crooks BC

2:22.32	Anneliese Davis	94 UOFR	06/12/2014	Regina
2:24.48	Lauren Taylor	91 UOFS	27/02/2015	Winnipeg
2:26.03	Jesse Van Eaton	95 UOFR	06/12/2014	Regina
2:26.10	Katelyn Lehner	95 UNSK	27/02/2015	Winnipeg
2:28.78	Ricki Doyle	95 UOFR	06/12/2014	Regina
2:29.30	Erin Strueby	95 UOFR	06/12/2014	Regina
2:36.44	Kelsey Bohachewski	92 UOFR	27/02/2015	Winnipeg
2:41.45	Astrid Nyame	94 UOFS	27/02/2015	Winnipeg
2:42.66	Megan Rumpel	93 UOFR	27/02/2015	Winnipeg

800 Metres Wheelchair

2:24.37	Jessica Frotten	88 CRTC	23/01/2015	Saskatoon
4:31.65	Becky Richter	82 CRTC	29/01/2015	Saskatoon

1000 Metres

Native Indoor: 2:47.60 Feb-27-04 Edyta Sieminska UOFS

Open Indoor: 2:44.68 Mar-14-87 Paula Schnurr ON

2:54.61	Amanda Banks	91 STFC	23/01/2015	Saskatoon
2:58.32	Anneliese Davis	94 UOFR	13/02/2015	Regina
2:59.40	Tye Buettner	94 UOFS	13/02/2015	Regina
3:01.33	Morgyn Olmstead	95 UOFS	06/02/2015	Winnipeg
3:03.66	Brooke Mentanko	94 UOFS	27/02/2015	Winnipeg

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1000 Metres Cont'd

3:05.95	Avery Westberg	93 UOFR	13/02/2015	Regina
3:08.96	Jesse Van Eaton	95 UOFR	13/02/2015	Regina
3:10.31	Ricki Doyle	95 UOFR	23/01/2015	Edmonton
3:12.49	Sonia Rees	94 UOFS	23/01/2015	Saskatoon
3:14.95	Brandey Blahut	95 UOFS	13/02/2015	Regina
3:17.16	Jaedyn Matsalla	95 UOFS	29/01/2015	Saskatoon
3:23.36	Denise Humphreys	94 UOFS	29/01/2015	Saskatoon
3:35.45	Valerie Warwick	95 UOFS	29/01/2015	Saskatoon

1500 Metres

Native Indoor: 4:25.30 Feb-15-92 Janice Beland UOFS

Open Indoor: 4:16.3h Dec-29-73 Glenda Reiser ON

4:45.13	Avery Westberg	93 UOFR	27/02/2015	Winnipeg
4:50.39	Brooke Mentanko	94 UOFS	27/02/2015	Winnipeg
4:55.72	Jesse Van Eaton	95 UOFR	06/02/2015	Winnipeg
4:56.15	Anneliese Davis	94 UOFR	23/01/2015	Edmonton
4:56.29	Sonia Rees	94 UOFS	06/02/2015	Winnipeg
4:59.69	Erin Strueby	95 UOFR	23/01/2015	Edmonton
5:10.29	Jaedyn Matsalla	95 UOFS	13/02/2015	Regina
5:11.65	Brandey Blahut	95 UOFS	29/01/2015	Saskatoon
5:14.62	Denise Humphreys	94 UOFS	23/01/2015	Saskatoon
5:53.56	Valerie Warwick	95 UOFS	23/01/2015	Saskatoon

3000 Metres

Native Indoor: 9:13.12 Feb-22-09 Danette Doetzel RI/QCST

Open Indoor: 9:13.12 Feb-22-09 Danette Doetzel RI/QCST

10:18.23	Avery Westberg	93 UOFR	06/02/2015	Winnipeg
10:31.16	Jesse Van Eaton	95 UOFR	06/02/2015	Winnipeg
10:49.10	Erin Strueby	95 UOFR	23/01/2015	Edmonton
11:01.59	Sonia Rees	94 UOFS	27/02/2015	Winnipeg
11:10.70	Jaedyn Matsalla	95 UOFS	13/02/2015	Regina
11:18.20	Denise Humphreys	94 UOFS	23/01/2015	Saskatoon

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60 Metre Hurdles .84m

Native Indoor: 8.13 Mar-07-14 Brianne Theisen UNSK

Open Indoor: 8.06 Feb-03-12 Phylcia George CDA

8.10	Brianne Theisen-Eaton	88	UNSK	14/02/2015	New York
8.44	Michelle Young	92	UOFS	23/01/2015	Edmonton
8.55	Merissa Margetts	91	UOFR	27/02/2015	Winnipeg
8.52	Astrid Nyame	94	UOFS	12/03/2015	Windsor
8.83	Katelyn Lehner	95	UNSK	27/02/2015	Winnipeg
8.95	Lauren Taylor	91	UOFS	27/02/2015	Winnipeg
9.11	Megan Rumpel	93	UOFR	27/02/2015	Winnipeg
9.68	Kelsey Bohachewski	92	UOFR	27/02/2015	Winnipeg
9.76	Emily Wilson-Bodnar	92	UOFR	06/12/2014	Regina
9.87	Monique Coutu	90	UOFS	27/02/2015	Winnipeg

High Jump

Native Indoor: 1.88m Mar-10-12 Brianne Theisen UNSK

Open Indoor: 1.91m Dec-29-77 Debbie Brill BC

1.85m	Brianne Theisen Eaton	88	UNSK	30/01/2015	Saskatoon
1.82m	Lauren Taylor	91	UOFS	12/03/2015	Windsor
1.63m	Katelyn Lehner	95	UNSK	27/02/2015	Winnipeg
1.63m	Megan Rumpel	93	UOFR	27/02/2015	Winnipeg
1.56m	Shalane Haselhan	91	UOFR	27/02/2015	Winnipeg
1.54m	Astrid Nyame	94	UOFS	27/02/2015	Winnipeg
1.48m	Kelsey Bohachewski	92	UOFR	27/02/2015	Winnipeg
1.45m	Carissa Brockman	91	UOFS	13/02/2015	Regina

Pole Vault

Native Indoor: 4.60m Feb-16-12 Kelsie Hendry RIVA

Open Indoor: 4.60m Mar-10-12 Kelsie Hendry RIVA

3.70m	Courtney Erickson	93	UOFS	27/02/2015	Winnipeg
3.52m	Taylor McGregor	95	UOFS	27/02/2015	Winnipeg

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Long Jump

Native Indoor: 6.37m Feb-26-77 Diane Jones PGC
Open Indoor: 6.39m Feb-16-92 Tonia Redhead ON

5.80m	Astrid Nyame	94	UOFS	12/03/2015	Windsor
5.75m	Katelyn Lehner	95	UNSK	27/02/2015	Winnipeg
5.66m	Lauren Taylor	91	UOFS	27/02/2015	Winnipeg
5.29m	Shalane Haselhan	91	UOFR	06/02/2015	Winnipeg
5.27m	Kelsey Bohachewski	92	UOFR	27/02/2015	Winnipeg
5.23m	Naomi Manske	93	UOFS	27/02/2015	Winnipeg
5.21m	Julia White	92	UOFR	23/01/2015	Edmonton
5.02m	Megan Rumpel	93	UOFR	06/02/2015	Winnipeg
4.84m	Brittney Garchinski	94	UOFS	29/01/2015	Saskatoon
4.66m	Carissa Brockman	91	UOFS	23/01/2015	Saskatoon
4.19m	Lindsay Kinnear	88	EXCL	06/12/2014	Regina
1.76m	Addison Czaya-Woolly	92	SOSK	29/01/2015	Saskatoon
1.31m	Katrina Littman	92	SOSK	29/01/2015	Saskatoon

Triple Jump

Native Indoor: 12.87m Jan-20-95 Tracy Dulmage RAT
Open Indoor: 12.87m Jan-20-95 Tracy Dulmage RAT

10.51m	Julia White	92	UOFR	27/02/2015	Winnipeg
10.43m	Megan Rumpel	93	UOFR	27/02/2015	Winnipeg
10.41m	Naomi Manske	93	UOFS	27/02/2015	Winnipeg

Shot Put 4kg

Native Indoor: 16.38m Mar-07-14 Taryn Suttie UOFS
Open Indoor: 16.38m Mar-07-14 Taryn Suttie UOFS

16.45m	Taryn Suttie	90	UNSK	15/02/2015	British Columbia
12.75m	Jessica Buettner	95	UOFS	27/02/2015	Winnipeg
12.02m	Olena Olenick	95	UOFS	27/02/2015	Winnipeg
11.78m	Nakia Thorpe	95	UOFS	27/02/2015	Winnipeg
11.76m	Astrid Nyame	94	UOFS	27/02/2015	Winnipeg
11.64m	Kalyn Giroux	94	YLTC	11/04/2015	Regina
10.86m	Katelyn Lehner	95	UNSK	27/02/2015	Winnipeg
10.85m	Megan Rumpel	93	UOFR	27/02/2015	Winnipeg
10.74m	Lauren Taylor	91	UOFS	27/02/2015	Winnipeg

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Shot Put 4kg Cont'd

10.37m	Kelsey Bohachewski	92 UOFR	27/02/2015	Winnipeg
11.22m	Elisabeth Fortier	93 UOFR	06/12/2014	Regina
10.26m	Danika Wolfe	92 UOFR	06/12/2014	Regina
8.27m	Julie Mayne	95 UOFR	13/02/2015	Regina
4.64m	Addison Czaya-Woolly	92 SOSK	29/01/2015	Saskatoon
3.32m	Katrina Littman	92 SOSK	29/01/2015	Saskatoon

Weight Throw 9.08kg

Native Indoor: 19.55m Mar-10-11 Taryn Suttie UOFS
Open Indoor: 19.55m Mar-10-11 Taryn Suttie UOFS

17.45m	Olena Olenick	95 UOFS	12/03/2015	Windsor
16.04m	Elisabeth Fortier	93 UOFR	23/01/2015	Edmonton
13.52m	Julie Mayne	95 UOFR	27/02/2015	Winnipeg
13.33m	Kalyn Giroux	94 YLTC	11/04/2015	Regina
13.27m	Danika Wolfe	92 UOFR	27/02/2015	Winnipeg

Pentathlon

Native Indoor: 4768pts Mar-07-14 Brianne Theisen UNSK
Open Indoor: 4768pts Mar-07-14 Brianne Theisen UNSK

3835pts	Lauren Taylor	91 UOFS	27/02/2015	Winnipeg
	9.03-60mH;1.69m-HJ;10.74m-SP;5.66m-LJ;2:24.48-800m			
3820pts	Katelyn Lehner	95 UNSK	27/02/2015	Winnipeg
	8.83-60mH;1.63m-HJ;10.86m-SP;5.75m-LJ;2:26.10-800m			
3787pts	Astrid Nyame	94 UOFS	12/03/2015	Windsor
	8.51-60mH;1.58m-HJ;11.79m-SP;5.64m-LJ;2:31.69-800m			
3329pts	Megan Rumpel	93 UOFR	27/02/2015	Winnipeg
	9.11-60mH;1.63m-HJ;10.85m-SP;4.94m-LJ;2:42.66-800m			
3174pts	Kelsey Bohachewski	92 UOFR	27/02/2015	Winnipeg
	9.68-60mH;1.48m-HJ;10.37m-SP;5.27m-LJ;2:36.44-800m			
2805pts	Shalane Haselhan	91 UOFS	23/01/2015	Edmonton
	9.97-60mH;1.52m-HJ;10.98m-SP;5.39m-LJ;3:23.06-800m			