

## RUN SASK

A Saskatchewan Athletics membership provides you with the following:

- Training accident insurance throughout the year
- Race day accident insurance at a sanctioned event anywhere in Canada
- A full membership is required to accumulate points for the Saskatchewan Road Race Series

The 2019 Saskatchewan Series will consist of 8 races held throughout Saskatchewan. The final race in the Series will take place September 6-8. Regina will be the host for the Provincial 10km Championships.

Runners will collect points for placing in the top 25 in all Saskatchewan run events. The overall winner of the Men's and Women's Series will be the Series Champion and will be invited to attend our year end Banquet.

The categories are; 19 & under; 29 & under; 39 & under; 49 & under; 59 & under; 69 & under; 79 & under. These watches will be handed out at the end of the Series but you must be a **FULL MEMBER** of Saskatchewan Athletics to accumulate points. The cut-off to be a member is June 30, 2019. **The Recreational Runner membership does not count for the Series.**

For further information on the Saskatchewan races or Road Racing events across Canada, contact Bob Reindl at Sask Athletics at [edirector@saskathletics.ca](mailto:edirector@saskathletics.ca) or the website: <http://www.saskathletics.ca>.

## RUN SASK CALENDAR

Qualifying Distances are underlined

- Sun May 11** # 1 – Royal Road Race - 5km/10km – 306-539-7325  
Ted Jaleta – 4314 Castle Rd, Regina, S4S 4W3  
[tjaleta@accesscomm.ca](mailto:tjaleta@accesscomm.ca)
- Sun May 19** # 2 - Lions Echo Lake Road Race, 20km / 4x5km relay, Ph – 306- 332-4104  
Jerry Banks, Box 1222, Fort Qu'Appelle S0G 1S0
- Sun May 26** # 3 Saskatchewan Marathon, 1/2 Marathon, 10km, 5km, 2km  
Kim Ali – C/o SRRA Box 5081, Station Main, Saskatoon, S7K 4E4  
Ph – 306-652-1427  
[www.saskatoonroadrunners.ca](http://www.saskatoonroadrunners.ca)
- Sat June 15** # 4 - Summit Run – 2km, 5kmWalk/10km/Half Marathon - Prince Albert  
Lisa Evans, 4077 2<sup>nd</sup> Ave West, Prince Albert, S6W 1A1  
Ph – 306-764-4999 - [summitrunpa@outlook.com](mailto:summitrunpa@outlook.com)
- Mon July 1** # 5 - Annual Moose Jawg Charity Road Race - 5km / 10km – Wakamaw Valley,  
Moose Jaw, Dawn Luhning (Ph - 681-8045, Fax – 972-7128)  
[moosejawgrace@gmail.com](mailto:moosejawgrace@gmail.com); [www.moosejawg.com](http://www.moosejawg.com)
- Sun Aug 18** #6 – Yorkton Charity Road Race – 5km & 10km & Half – Regional High School  
Bernie Wlock or Ross Fisher, 41 Betts Ave, Yorkton, S3N 1M1 – 306-786-0507 or  
Fax – 306-786-0508 – **10km Provincial Championships**  
[www.thehealthfoundation.ca](http://www.thehealthfoundation.ca)
- Sept 6-8** #7 – GMS Queen City Marathon – 10km – Shawn Weimer, Box 37039, Regina  
[runqcm@hotmail.com](mailto:runqcm@hotmail.com)
- Sun Sept 29** # 8 - River Run Classic 5km/10km/Half Marathon /wheelchair –  
Peter Goode, 103-105 Lynd Cr, Saskatoon, S7T 0C3 – 306-222-5725  
[pgoode@sasktel.net](mailto:pgoode@sasktel.net)