

PRESIDENT

As we finish up the last indoor track meet of the 2018-2019 season, and the weather actually seems to be warming up I am looking forward to the spring and summer track season. While the indoor season has been great from a club, coaches, officials and University perspective the outdoor season is also going to be busy and exciting.

The planning for both the Tri Province Meet and Western Canada Summer Games is well under way and has already created a lot of buzz across the province.

With the addition of Prince Albert and Swift Current track meets the need for officials will increase this spring and summer. We have seen an addition to the number of Officials in the province so that will help however this is an area that we will have to watch moving forward.

Big thanks to everyone involved with Track and Field over the indoor season and good luck for what will certainly be an exciting outdoor year.

EXECUTIVE DIRECTOR

Saskatchewan Athletics continues to offer programs for the development of athletes, coaches and officials. This is largely due to stable funding from Sask Sport and the support we get from our sponsors such as Brainsport, Jones-Konihowski Enterprises and Track and Trail along with a number of self-help initiatives. Thank you to all of them. We have a new Sask Sport consultant, Michelle Dezell and we look forward to working with her.

This summer will be an adjustment for staff and its members as the Field House will be closed so a new track can be installed. This will take effect from June 28 to the middle of Sept. However, this will not interrupt our summer activities. We have Legion camp going on in Regina, Tri province in Regina July 12-14, Tony Cote Summer Games in Meadow Lake July 15-18, and the Western Canada Summer Games in Swift Current August 13-18.

We have undergone some staffing changes since last year. Paul Ayres has joined us as our Program Coordinator. Whether it is about coaching, clinics or information on camps please give him a call. Tanika Hutchinson is our new Director of RJTW and Intro into Athletics Program. She is hard at work setting up clinics and school visits. We recently conducted RJTW Instructor training and certified additional instructors so they may be called upon when needed to conduct clinics for Saskatchewan Athletics.

The Road Race Series gets under way on May 11, in Regina. The Provincial series ends in Saskatoon, September 30. The Provincial 10km Road Championships will be in Regina at the GMS weekend Sept 7. All members who have a full membership that take part in the Road Race Series will earn points towards the overall Series or accumulate points toward their age group. Please check our web site for the rules and more information on this program. The road race calendars are out in the community now.

The Officials continue to recruit and train new officials in this province. We support this process and if necessary assist with their travel within Canada for upgrading or mentoring. Many of our officials will be busy this summer helping out at Western Canada Summer Games in Swift Current. Our recognition program for Saskatchewan Athletics Officials is a success and it is just a small way of saying thank you. If you wish to get involved please contact the office and if you have any questions, please call our SOC Chair, Brenda O'Connor.

We lost another legend, Bob Adams and a great coach, Doug Boyd with Riversdale Athletics Track Club this past winter. Both men were coaches, mentors and a source of wisdom. They influenced, inspired and guided many athletes, coaches, officials and administrators for which we are much better for that. They will be missed by all that knew them.

As we prepare for the summer, I would like to wish good luck to all our Saskatchewan Athletes as they prepare for the National Championship. Congratulations, to Carla Nicholls, Rick Reelie and Jason Reindl as they were selected to coach and lead our National team athletes to meets around the World this summer.

PROGRAM COORDINATOR

Saskatchewan Athletics continues the annual clinic delivery program for middle-year and high school aged athletes. Requests are usually booked for the months of April and May, as this matches the Saskatchewan High School track & field season. The invitation to start booking clinics was sent out to last year's schools in January. Currently there are 27 schools booked. The delivery model allows schools to book half day or full day clinics, schools can book a one-time clinic or book multiple clinics. Our clinics provide an opportunity for mentorship of local coaches, teachers, and community leaders along with quality technical instruction in urban, rural, and northern regions of the province.

Invitations were sent out to 80 athletes in late October for the Sask Excellence Program. The top athletes were identified for each event in each age class from the 2018 indoor/outdoor rankings. A total of 67 athletes, 32 U16 and 35 U18, joined the 2019 program. Athletes that joined the program received a drawstring bag, t-shirt, certificate, a discount to attend Spring Camp and an invitation to join the Provincial U16/U18 team. The purpose of this program is to identify younger athletes to give them opportunities that help nourish their development in the sport.

The annual Spring Camp was held April 13-14, 2019 in Saskatoon at the Field House. Registered athletes enjoyed four training sessions, meals and accommodations at the Holiday Inn & Suites East Hotel, Marquis Hall and two (1hr) Sport Medicine & Science sessions. Spring Camp is intended for athletes in the grades 9-12 that reside in rural communities. 27 athletes registered to take part in this year's camp.

The 2019 Midget and Youth teams will be confirmed by June 24, 2019. Saskatchewan Athletics plans to send two full teams for midget and youth to Tri Province. The location of the Tri Province meet is to be determined from July 12-14, 2019. Most of the team will be made up of Sask Excellence athletes that declared their intentions and paid the trip fees prior to the deadline. The rest of the team will be selected at the Saskatchewan Athletics Provincial Championships on June 15-16, 2019 for the U16's in Prince Albert and on June 22-23, 2019 for the U18's in Regina.

Coach development remains to be a priority at Saskatchewan Athletics. A Club Coach Course took place on March 29-31, 2019 in Saskatoon with 19 participants attending. There are is a Sport Coach Courses planned the weekend of May 3-5, 2019 in Saskatoon. There is also an upcoming CAAWS webinar that will be available for all coaches who are members with Saskatchewan Athletics. The webinar will be free to view and can be used as PD points towards maintaining NCCP certification. Stay tuned for a date and time. Communication on upcoming coaching courses is posted on the Sask Athletics website, newsletters, social media outlets and emails to club contacts. For more information about these programs, contact Saskatchewan Athletics.

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DIRECTOR OF RUN JUMP THROW WHEEL & INTRO TO ATHLETICS

Program Description

Athletics Canada Introduction to Athletics predominantly serviced via the Run Jump Throw Wheel (RJTW) program continues the objective to engage 350,000 children (focused on ages 6-12) annually in Athletics related events and programs. Regionally, Saskatchewan Athletics has successfully delivered the program for more than a decade. Based on current distribution of youth populations in Canada, the target for Saskatchewan will be 20,000 participants in the year 2020 and given current reality of building towards that goal over the next several years, 2018 interim target was 12,000 children and will increase accordingly for established 2019 target and beyond. While Run Jump Throw Wheel (RJTW) remains the primary vehicle through a network of delivery partners for Introduction to Athletics Programming, the goal is to connect with any opportunity to introduce children and youth to the sport of Athletics.

In 2019, continued programming along with several new and restructured initiatives will be underway. The clinic delivery program will continue with RJTW spring clinics booked in Beechy, Davidson, Dinsmore, Elrose, Hepburn, Hodgeville, Imperial, Outlook, Punnichy, Quill Lake, Regina, and Saskatoon. Additional clinic delivery is also anticipated, including the towns of Rosthern and Langenburg.

The annual RJTW Spring School Program delivery seeks engagement with 30 elementary schools in Regina (15) and Saskatoon (15), providing instruction to an estimated 4,500 elementary students by way of 3 half day program visits: RUN (teachers choose from sprints basics acceleration, hurdles, relays); JUMP (teachers choose from long jump, triple jump, high jump) and THROW (teachers choose from shot put, discus, javelin-on-rope). This will be led by hired and trained program leaders (4) from April 30-June 7, 2019. The Saskatoon Spring School programming is supported by the City of Saskatoon grant fund acquisition of Aboriginal people, the economically disadvantaged, newcomers, and where there is most need for affordable sport programming.

By comparison in 2018, 14 Regina and 15 Saskatoon schools booked the past program delivery model. 2019 reach is expected to be enhanced from 3,472 to as many as 4,500 participants.

Saskatchewan Athletics continues both sustenance as well as growth via partnership and at special events. Since October 2018, programming efforts and outreach include:

- Continuation of the Jumpstart Afterschool Program (Sask Sport Inc., Randi Keshane, Program Coordinator), providing RJTW NCCP training for program staff working within 7 core/community Saskatoon elementary schools from January to March 2019, offering subsidized after-school sport, recreation, and culturally enriching opportunities to over 220 children/youth.
- Future upcoming events include: Saskatoon Marathon via MaraFun, Queen City Marathon via the McDonalds Mini Marathon partnerships.

DIRECTOR OF RUN JUMP THROW WHEEL & INTRO TO ATHLETICS

- Tentative involvement with the Partners for Physical Literacy (Sask Sport Inc., Warren Proctor, Manager - Sport for Life), rural community physical literacy multi-sport Martinsville “Try it” day via the Partners for Physical Literacy (May 28th to 29th).
- Community Association (Lakeview & Varsity View) partnerships with RJTW fall, winter and/or spring RJTW programming in Saskatoon.
- Tradeshow booth and Instructor Course at the 2019 May SPEA Conference in Saskatoon
- Kyla Christiansen (Health & Wellness Consultant for the Prairie Valley School Division, located within Treaty 4 Territory) is expected to launch an Instructor Course in Regina for the educators in the Prairie Valley School Division, late summer/early fall 2019.
- Sask Sport Inc., Mitch Mecredi (Dream Broker Consultant), partnership with Saskatoon Public School Literacy Camps expected to continue.

NCCP RJTW instructor and teacher coaching course delivery continues to be offered. Since October 2018, courses have been delivered for Saskatoon Track and Field Club in Saskatoon; for Prince Albert Athletics in Saskatoon; Jumpstart Sask Sport INC. After-school program continuation for leaders/mentors; at annual Saskatoon March delivery; to physical education teachers at My SPEA Conference in Saskatoon. Spring/Summer course delivery is planned for hired summer camp staff at both the University of Saskatchewan and the University of Regina programming in June.

Coach Developer (CD) capacity building continues with next steps within the CD pathway of Co-Delivery and Evaluation towards attaining certification for 1 RJTW leader for the role of Learning Facilitator (LF).

SASKATCHEWAN MASTERS

There are 75 registered Masters athletes in Saskatchewan.

Fifty-one Saskatchewan, two Canadian and one World record have been set or broken in the indoor season.

Indoor Saskatchewan records set or broken in 2019 by athletes to be ratified can be found at <http://www.saskathletics.ca/images/pdfs/recordsmar19.pdf>

The Bob Adams Awards of Excellence for Masters 2018 went to Kelly Silcox and Ted Rowan and Janz Stein received Male athlete with a Disability. Sandi Arnason and Doug Renwick were recipients of the Howard West Sports Award.

Carol LaFayette-Boyd was nominated by NCCWMA for Overall Best Female and Best Jumper. She was selected as the recipient of the 2018 World Masters Overall Best Female Award and 2018 World Masters Runner-Up Jumps. Ted Rowan was nominated for NCCWMA Best Male Master in Combined events. He was named WMA runner up in Combined Events. Ted was also selected as the Sask Sport Master Athlete of the Year 2018.

There were 27 athletes from Saskatchewan who attended the 2019 Canadian Masters Athletics Indoor Championships in Edmonton March 8-10. They set five Meet Records (MR), five Saskatchewan Records (SR) and four Canadian records (CR) and returned with 20 Gold, 2 Silver and 2 Bronze medals. There were 42 clubs attending and 3 clubs from Saskatchewan ranked in the top 7 combined team scores.

The 2019 Outdoor Canadian Championships will be held in Richard-Garneau, Ste-Thérèse, Québec July 5-7, 2019.

The 2019 NCCWMA Outdoor Championships will be held in Toronto July 18-21.

The 2020 World Masters Outdoor Championships <http://wmatoronto2020.com/> will be held in Toronto July 20-August 1. The 2021 World Masters Indoor Championships will be held in Edmonton April 6-April 12.

SASKATCHEWAN OFFICIALS

Clinics: Level 1 clinics were conducted at the January meets and the Aboriginal meet in April in Saskatoon with 35 participants. A Level 3 exam was held on March 23rd with four successful participants. On April 11 a clinic was held in Moose Jaw for 12 High School Provincials teachers who will be running the events. A clinic is scheduled for May 5 in Prince Albert.

Unfortunately a National Technical (equipment measurement) Clinic in Winnipeg had to be cancelled when the clinician from Windsor was unable to fly through Toronto due to weather. Alan Brown was to attend for SK. MB plans to reschedule.

NOC Updates: At the December 2018 Athletic Canada meetings in Vancouver there was a presentation for a new Mentoring pathway proposal for upgrading:

- pathway level 1 proposal (person with no experience)
 - do the online training “Officials 101” (30-60 min.)
 - participate in at least 4 different disciplines
- pathway level 2 proposal (person with some experience)
 - do the online training “Athletics 201” (45-60 min.)
 - experience in 3 events (track, jumps, throws)
 - receive a formative observation
- pathway level 3 proposal
 - do a specific clinic in a discipline
 - pass a specific open book exam (Web)
 - receive on practical evaluation
- pathway level 4 proposal
 - do a specific clinic in a discipline
 - take online training “preparing to travel outside of our branch”
 - pass a specific exam (web)
 - receive two practical evaluations
 - all meets have to be as chief
- pathway level 5 proposal
 - do online training: stress management”
 - receive two practical evaluations
 - all meets have to be as chief

Provinces were to nominate two candidates for the NOC new Mentor Training program. The nominees’ need to be Level 5 officials and available to attend the training May 3-5 in Winnipeg. SK nominees are Sharon Arndt and Brenda O’Connor.

NOC wanted to recognize to officials across Canada that have 50+ years of service as an official. Judy Peddle received her gift at the recent Bob Adams Foundation event in March.

Sask Sport: Congratulations to Loretta Lyons on receiving a SaskSport Female Official of the year award.

SASKATCHEWAN OFFICIALS

Mentoring/Upgrading: Barb Wiberg was mentored (1st) at KofC for a Level 5 Starter by one of the two starters invited from AB to officiate (successful). Three officials (Brenda O'Connor, CER, Evelyn Nesdole, Hort Jumps Ref & Beatrice Weigel, Chief Ump from Sask were invited to officiate at the USport Championships in Winnipeg, March 7-9. Beatrice was mentored (1st) for her Level 5 Ump (successful). Ron Poetker attended CanWest in Edmonton to be mentored (2nd) for Level 5 Ump (successful).

Preliminary plans have been made regarding officials working Tri Prov & WCSG. Jennifer Campbell from MB will be attending to mentor (2nd) Kyle Williams and Val Gordon for Level 4 specializing in Call Room.

2019 Outdoor Season: Requests for availability have been sent to all officials for the upcoming outdoor season. Officials from Alberta, Manitoba, NWT and the Yukon will be invited to fill in the holes and as mentors. Saskatchewan is hosting a number of meets including a couple higher level meets in Swift Current and Regina.

- Regina Spring Classic - May 11 - Regina
- SHSAA High School Championships - June 7&8 - Moose Jaw
- U12,U14,U16, WCSG Trials & Com Ev Ch - June 15&16 - Prince Albert
- U18,U20,Senior, Masters - June 22&23 - Regina
- SOLE-stice - June 22 - Saskatoon
- Tri Prov U16/U18 - July 12-14 - Swift Current (now Regina)
- Tony Cote Summer Games - July 14-20 - Meadow Lake
- Western Canada Summer Games - Aug 15-18 - Swift Current

Again I want to thank the Event & Official Coordinators for the meets and the committee members for all their help and hard work for this past indoor season: Thank you: Ken McKechny, Margaret Hucul, Don Hedman, Shirley Leung, Theresa Laroque, Alex Johnstone in Saskatoon and Jennifer Whitney in Regina. Committee members, Alan Brown, Mary-Stewart Torrie and Rhonda Tremblay and subcommittee members Kristin Ottenbreit and Sharon Arndt