

“SOLE-stice Classic” – Entry for Regina – June 3rd, 2017

The “**Sole-stice Classic**” are FREE grass roots meets for young athletes to get involved in running, jumping and throwing competitions. This program is sponsored by the Aboriginal Track and Field of Saskatchewan and Saskatchewan Athletics. The term “Sole-stice” comes from the idea that the “final meet” will be held near the longest day of the year. The meets are geared for younger athletes who may not get many opportunities to compete against others their age in their region or from across the province. The emphasis of the meets is to have fun while getting young athletes to be active through competition.

The **Top 2** athletes from each regional meet advance to the “**Sole-stice Classic Provincial Finals**” in Saskatoon on Saturday, June 17th, 2017.

Online Registration (preferred) deadline May 29th: Go to www.solesticeclassic.com then “Events” and choose the “Regina Region”. You can only sign up for relays at the meet.

Paper Registration (bring this paper to the meet) (please print)

Name: _____

Address: _____

Date of Birth: _____ (month/day/year) Age Category Shown Below: _____

Event 1: _____ Event 2: _____ Event 3: _____ Event 4: _____

Regional Meet competing at: REGINA

E-mail: _____

INDICATE WHICH EVENTS YOU WISH TO COMPETE IN

Athletes can COMPETE in a maximum of four events PLUS relay (*sign up for relay at the meet*)

Meteors – Born 2008/09	Comets – Born 2006/07	Stars – Born 2004/05
1 Standing Long Jump	5 Long Jump (1m takeoff)	10 Running Long Jump
2 Softball Throw	6 Softball Throw	11 Softball Throw
3 50m Dash (no blocks)	7 60m Dash (no blocks)	12 80m Dash (no blocks)
4 100m Dash (no blocks)	8 150m Dash (no blocks)	13 150m Dash (no blocks)
	9 600m Run	14 800m Run

Sole-stice Classic – Regina Schedule – Saturday, June 3rd, 2017

Canada Games Athletic Complex (Douglas Park)

All times are approximate. Be prepared to compete early.

No spikes, cleats, or starting blocks allowed. Races will be hand-timed (no photo-timing)

Top 2 finishers in each event qualify for the Sole-stice provincial meet in Saskatoon on Saturday, June 17th.

Age Group Classifications: **Meteors** - Born 2008-2009

Comets - Born 2006-2007

Stars - Born 2004-2005

Track	Event	Age	Field	Event	Age
12:15	50m Heats and Final	Meteor Girls	12:15	Softball Throw	Stars Girls
	50m Heats and Final	Meteor Boys		Running Long Jump	Stars Boys
	60m Heats and Final	Comets Girls			
	60m Heats and Final	Comets Boys			
			12:30	Softball Throw	Meteors Girls
12:45	80m Heats and Final	Stars Girls		Standing Long Jump	Meteors Boys
	80m Heats and Final	Stars Boys			
1:00	600m Final	Comets Girls	1:00	Softball Throw	Stars Boys
	600m Final	Comets Boys		Running Long Jump	Stars Girls
1:15	800m Final	Stars Girls			
	800m Final	Stars Boys	1:30	Softball Throw	Comets Girls
				Long Jump	Comets Boys
1:45	100m Final	Meteor Girls			
	100m Final	Meteor Boys			
2:00	150m Timed Finals	Comets Girls	2:00	Softball Throw	Meteors Boys
	150m Timed Finals	Comets Boys		Standing Long Jump	Meteors Girls
2:30	150m Timed Finals	Stars Girls	2:30	Softball Throw	Comets Boys
	150m Timed Finals	Stars Boys		Long Jump	Comets Girls
3:00	Relays 4 x 100m <i>(Anyone interested in running a relay will come to the start line at this time and you can create teams)</i>	<p>All age groups</p> <p><i>Note: Relays will not be run at the provincial meet.</i></p>			

If you have any questions, please email: reginayouthtrack@gmail.com