

“SOLE-stice Classic” – Regina Regional Entry – May 18th, 2019

The “SOLE-stice Classic” is a series of meets designed to replace the Hershey meets. These meets are grass roots meets for athletes ages 8-13 years old to get involved in running, jumping and throwing competitions. This program is sponsored by the Aboriginal Track and Field of Saskatchewan plus Saskatchewan Athletics.

The term “SOLE-stice” comes from the idea that the “final meet” will be held near the longest day of the year. The meets are geared for younger athletes who may not get many opportunities to compete against others their age in their region or from across the province. The emphasis of the meets is to have fun while getting young athletes to be active through competition.

The **Top 2** athletes from each regional meet advance to the “SOLE-stice Classic Provincial Finals” in Saskatoon on Saturday, June 22nd, 2019

Online Registration (preferred) deadline May 17th at 4pm: Go to www.solesticeclassic.com then find the Regina meet at the bottom of the list and click “Register”. Then “Click here to Register an Athlete”.

OR Paper Registration (bring this paper to the meet) (please print)

Name: _____

Address: _____

Date of Birth: _____ (month/day/year) Age Category Shown Below: _____

Event 1: _____ Event 2: _____ Event 3: _____ Event 4: _____

Regional Meet competing at: REGINA

E-mail: _____

INDICATE WHICH EVENTS YOU WISH TO COMPETE IN (maximum of four events)

Meteors – Born 2010/11	Comets – Born 2008/09	Stars – Born 2006/07
1 Standing Long Jump	5 Running Long Jump (1m takeoff)	10 Running Long Jump
2 Softball Throw	6 Softball Throw	11 Softball Throw
3 50m Dash (no blocks)	7 60m Dash (no blocks)	12 80m Dash (no blocks)
4 100m Dash (no blocks)	8 150m Dash (no blocks)	13 150m Dash (no blocks)
	9 600m Run	14 800m Run

SOLE-stice Classic – Regina Schedule – Saturday, May 18th, 2019

Canada Games Athletic Complex (Douglas Park)

All times are approximate. Be prepared to compete early.

No spikes, cleats, or starting blocks allowed. Races will be hand-timed (no photo-timing)

Top 2 finishers in each event qualify for the SOLE-stice provincial meet in Saskatoon on Saturday, June 22nd.

Age Group Classifications: **Meteors** - Born 2010-2011

Comets - Born 2008-2009

Stars - Born 2006-2007

Track	Event	Age	Field	Event	Age
9:00	50m and 60m check-in at the in-field		9:00	Softball Throw	Stars Girls
				Running Long Jump	Stars Boys
9:15	50m Heats and Final	Meteor Girls			
	50m Heats and Final	Meteor Boys			
9:30	60m Heats and Final	Comets Girls	9:30	Softball Throw	Meteors Girls
	60m Heats and Final	Comets Boys		Standing Long Jump	Meteors Boys
9:45	80m Heats and Final	Stars Girls			
	80m Heats and Final	Stars Boys			
10:00	600m Final	Comets Girls	10:00	Softball Throw	Stars Boys
	600m Final	Comets Boys		Running Long Jump	Stars Girls
10:15	800m Final	Stars Girls			
	800m Final	Stars Boys			
10:30	100m Heats and Final	Meteor Girls	10:30	Softball Throw	Comets Girls
	100m Heats and Final	Meteor Boys		Long Jump	Comets Boys
11:00	150m Timed Finals	Comets Girls	11:00	Softball Throw	Meteors Boys
	150m Timed Finals	Comets Boys		Standing Long Jump	Meteors Girls
11:30	150m Timed Finals	Stars Girls	11:30	Softball Throw	Comets Boys
	150m Timed Finals	Stars Boys		Long Jump	Comets Girls

If you have any questions, please email: reginayouthtrack@gmail.com