

2018 WOMEN'S INDOOR RECORDS

*1200 – U14 Bantam Women

New:	3:51.90	Molly Lakustiak (04) RMSC	Regina	02/12/17
Old:	3:53.34	Alexis Lewans (04) RIVA	Saskatoon	18/03/17

*400m – U16 Midget Women

New:	58.17	Savannah Sutherland (03) STFC	Regina	10/02/18
Old:	58.6	Caren Rathie (58) RIVA	Saskatoon	28/12/73
	1:00.44	Ardin Harrison (74) WCK	Winnipeg	05/03/88

*2000m – U16 Midget Women

New:	6:47.69	Alexis Lewans (04) RIVA	Saskatoon	16/03/18
Old:	6:51.29	Amy Manske (97) RIVA	Edmonton	11/03/12

*Shot Put 3kg – U16 Midget Women

New:	11.97m	Melissa Crowdis (03) YLTC	Saskatoon	16/03/18
New:	11.85m	Melissa Crowdis (03) YLTC	Regina	10/02/18
Old:	11.76m	Brooke Shatkowski (97) EXCL	Saskatoon	15/12/12

*4x200m – U16 Midget Women

New:	1:47.51	Saskatoon Track & Field Club	Saskatoon	12/01/18
		(Savannah Sutherland 03, Rachel Albertson 03, Olamide Olaloku 03, Teagan Jasieniuk 03)		
Old:	1:47.61	Riversdale Athletic Club	Saskatoon	12/03/05
		(Yoana Ward 90, Erica Croteau 90, Jocelyn Bellamy90, Morgan Hedman 90)		

*Sprint Medley (200m, 100m, 100m 400m) – U16 Midget Women

New:	1:52.50	Saskatoon Track & Field Club	Saskatoon	17/03/18
		(Rachel Alberston 03, Olamide Olaloku 03, Shayne Cross-Worobec 04, Savannah Sutherland 03)		
Old:	1:52.86	Saskatoon Track and Field Club	Saskatoon	18/03/17
		(Kyla Heidt 02, Paige Willems 02, Olamide Olaloku 03, Savannah Sutherland 03)		

*Pentathlon – U16 Midget Women

New:	2644pts	Rachel Albertson (03) STFC	Edmonton	18/02/18
		(60m – 8.34, HJ – 1.38m, SP – 7.52m, LJ 4.95m, 800m 2:47.27)		

2018 WOMEN'S INDOOR RECORDS

*Shot Put 3kg – U18 Youth Women

New:	12.51m	Nicole Kramchynsky (01) STFC	Saskatoon	16/03/18
Old:	12.10m	Jessica Buettner (95) SMAT	Saskatoon	17/03/12

*1000m – Senior Women

New:	2:43.73	Julianne Labach (96) UofS	Winnipeg	23/02/18
New:	2:43.96	Julianne Labach (96) UofS	Windsor	09/03/18
New:	2:46.49	Julianne Labach (96) UofS	Saskatoon	12/01/18
New:	2:47.46	Julianne Labach (96) UofS	Edmonton	09/02/18
Old:	2:47.60	Edyta Sieminska (88) UofS	Winnipeg	27/02/04

*1500m – Senior Women

New:	4:23.17	Julianne Labach (96) UofS	Winnipeg	24/02/18
Old:	4:25.30	Janice Beland (66) UofS	Saskatoon	15/02/92

2018 OPEN WOMEN'S INDOOR RECORDS

*1200 – U14 Bantam Women

New:	3:51.90	Molly Lakustiak (04) RMSC	Regina	02/12/17
Old:	3:53.34	Alexis Lewans (04) RIVA	Saskatoon	18/03/17

*2000m – U16 Midget Women

New:	6:47.69	Alexis Lewans (04) RIVA	Saskatoon	16/03/18
Old:	6:51.29	Amy Manske (97) RIVA	Edmonton	11/03/12

*Shot Put 3kg – U16 Midget Women

New:	11.97m	Melissa Crowdis (03) YLTC	Saskatoon	16/03/18
New:	11.85m	Melissa Crowdis (03) YLTC	Regina	10/02/18
Old:	11.76m	Brooke Shatkowski (97) EXCL	Saskatoon	15/12/12

*4x200m – U16 Midget Women

New:	1:47.51	Saskatoon Track & Field Club	Saskatoon	12/01/18
		(Savannah Sutherland 03, Rachel Albertson 03, Olamide Olaloku 03, Teagan Jasieniuk 03)		
Old:	1:47.61	Riversdale Athletic Club	Saskatoon	12/03/05
		(Yoana Ward 90, Erica Croteau 90, Jocelyn Bellamy90, Morgan Hedman 90)		

*Sprint Medley (200m, 100m, 100m 400m) – U16 Midget Women

New:	1:52.50	Saskatoon Track & Field Club	Saskatoon	17/03/18
		(Rachel Alberston 03, Olamide Olaloku 03, Shayne Cross-Worobec 04, Savannah Sutherland 03)		
Old:	1:52.86	Saskatoon Track and Field Club	Saskatoon	18/03/17
		(Kyla Heidt 02, Paige Willems 02, Olamide Olaloku 03, Savannah Sutherland 03)		

*Pentathlon – U16 Midget Women

New:	2644pts	Rachel Albertson (03) STFC	Edmonton	18/02/18
		(60m – 8.34, HJ – 1.38m, SP – 7.52m, LJ 4.95m, 800m 2:47.27)		

*Shot Put 3kg – U18 Youth Women

New:	12.51m	Nicole Kramchynsky (01) STFC	Saskatoon	16/03/18
Old:	12.10m	Jessica Buettner (95) SMAT	Saskatoon	17/03/12

2018 MASTER WOMEN'S INDOOR RECORDS

*600m - W 35

New:	1:45.03	Olivia Chadwick (81) 36 UofS	Saskatoon	27/01/18
New:	1:45.82	Olivia Chadwick (81) 36 UofS	Saskatoon	13/01/18
Old:	2:02.91	Shelly Westberg 39	Regina	06/12/03

*1000m - W 35

New:	3:09.07	Olivia Chadwick (81) 36 UofS	Saskatoon	26/01/18
Old:	3:09.85	Joan Cochrane 37	Saskatoon	11/01/97

*60m - W 45

New:	8.57	Amanda Stalwick (72) 45 DATC	Edmonton	03/03/18
New:	8.64	Amanda Stalwick (72) 45 DATC	Saskatoon	02/12/17
Old:	8.75	Laurie Meloche 45 EXCL	Edmonton	03/03/07

*200m - W 45

New:	28.51	Amanda Stalwick (72) 45 DATC	Saskatoon	16/03/18
Old:	28.88	Laurie Meloche 45 EXCL	Edmonton	04/03/07

*High Jump - W 45

New:	1.31m	Sandi Arnason (73) 45 RIVA	Edmpnton	04/03/18
Old:	1.30m	Muriel Gieni (58) 48 RIVA	Edmonton	04/03/07

*60m - W 50

New:	8.73	Kelly Silcox (66) 51 EXCL	Saskatoon	27/01/18
New:	8.76	Kelly Silcox (66) 51 EXCL	Regina	02/12/17
New:	8.77	Kelly Silcox (66) 51 EXCL	Regina	10/02/18
Old:	8.85	Kelly Silcox (66) 50 EXCL	Winnipeg	03/03/17

*200m - W 50

New:	28.94 Ch Rec	Kelly Silcox (66) 51 EXCL	Toronto	11/03/18
Old:	29.22	Kelly Silcox (66) 50 EXCL	Winnipeg	04/03/17

*600m - W 50

New:	2:08.05	Brenda Hudey (67) 50 EXCL	Edmonton	20/01/18
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2018 MASTER WOMEN'S INDOOR RECORDS

*Weight Throw (16lbs) - W 50

New:	12.17m	Michelle Van DeMeutter (66) 51 NBLT	Saskatoon	17/03/18
New:	11.80m	Michelle Van DeMeutter (66) 51 NBLT	Saskatoon	27/01/18
New:	11.37m	Michelle Van DeMeutter (66) 51 NBLT	Saskatoon	12/01/18
New:	10.97m	Michelle Van DeMeutter (66) 51 NBLT	Saskatoon	16/12/17
Old:	10.68m	Michelle Van DeMeutter (66) 50 NBLT	Saskatoon	18/03/17

*300m - W 55

New:	51.77	Rhonda Tremblay (60) 58 RIVA	Edmonton	03/03/18
Old:	52.01	Rhonda Tremblay (60) 56 RIVA	Saskatoon	27/01/17

*50m Hurdles - W 55

New:	8.83 CR/Ch Rec	Muriel Gieni (58) 59 RIVA	Toronto	11/03/18
Old:	8.84 CR/Ch Rec	Muriel Gieni (58) 58 RIVA	Toronto	11/03/17

*60m Hurdles - W 55

New:	10.23 CR/Ch Rec	Muriel Gieni (58) 59 RIVA	Toronto	10/03/18
Old:	10.40 CR/Ch Rec	Muriel Gieni (58) 58 RIVA	Toronto	11/03/17

*50m - W 75

New:	8.08 CR/Ch Rec	Carol Lafayette-Boyd (42) 75 EXCL	Toronto	10/03/18
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*60m - W 75

New:	9.40 WR/CR	Carol Lafayette-Boyd (42) 75 EXCL	Regina	10/02/18
New:	9.66 CR/Ch Rec	Carol Lafayette-Boyd (42) 75 EXCL	Toronto	10/03/18
New:	9.66 CR	Carol Lafayette-Boyd (42) 75 EXCL	Edmonton	20/01/18
New:	9.68 CR	Carol Lafayette-Boyd (42) 75 EXCL	Regina	02/12/17
Old:	12.22	Gwen Bovin 75	Kamloops	02/03/10

*200m - W 75

New:	33.45 CR	Carol Lafayette-Boyd (42) 75 EXCL	Edmonton	21/01/18
New:	33.54 CR/Ch Rec	Carol Lafayette-Boyd (42) 75 EXCL	Toronto	11/03/18
New:	34.89	Carol Lafayette-Boyd (42) 75 EXCL	Regina	02/12/17
New:	34.90	Carol Lafayette-Boyd (42) 75 EXCL	Regina	09/02/18
Old:	51.85	Gwen Bovin 75	Kamloops	12/02/10

2018 MASTER WOMEN'S INDOOR RECORDS

*High Jump - W 75

New:	1.19m CR/Ch Rec	Carol Lafayette-Boyd (42) 75 EXCL	Toronto	11/03/18
New:	1.18m CR	Carol Lafayette-Boyd (42) 75 EXCL	Regina	10/02/18
Old:	.95m	Gwen Bovin 75	Kamloops	04/03/10

*Long Jump - W 75

New:	3.97m CR/WR	Carol Lafayette-Boyd (42) 75 EXCL	Edmonton	20/01/18
New:	3.79m CR/WR	Carol Lafayette-Boyd (42) 75 EXCL	Regina	09/02/18
New:	3.76m CR/WR	Carol Lafayette-Boyd (42) 75 EXCL	Regina	02/12/17
New:	3.59m Ch Rec	Carol Lafayette-Boyd (42) 75 EXCL	Toronto	10/03/18
Old:	2.84m	Gwen Bovin 75	Regina	21/04/12

*Triple Jump - W 75

New:	8.46m CR/WR	Carol Lafayette-Boyd (42) 75 EXCL	Edmonton	20/01/18
New:	7.43m	Carol Lafayette-Boyd (42) 75 EXCL	Regina	10/02/18
New:	7.23m	Carol Lafayette-Boyd (42) 75 EXCL	Toronto	11/03/18
Old:	5.90m	Gwen Bovin 75	Regina	12/02/10

*Weight Throw (4kg) - W 80

New:	11.28m CR/WR	Marg Tosh (37) 80 SCTM	Saskatoon	27/01/18
New:	11.00m CR/WR	Marg Tosh (37) 80 SCTM	Regina	10/02/18
New:	10.76m CR	Marg Tosh (37) 80 SCTM	Saskatoon	17/03/18
New:	10.38m CR	Marg Tosh (37) 80 SCTM	Saskatoon	12/01/18

*Shot Put (2kg) - W 80

New:	9.50m CR	Marg Tosh (37) 80 SCTM	Regina	10/02/18
New:	9.10m CR	Marg Tosh (37) 80 SCTM	Saskatoon	17/03/18
New:	8.76m CR	Marg Tosh (37) 80 SCTM	Saskatoon	26/01/18
New:	8.27m CR	Marg Tosh (37) 80 SCTM	Saskatoon	13/01/18

2018 MEN'S INDOOR RECORDS

*50m – U14 Bantam Men

New:	6.52	Williams Ogunnubi (05) RIVA	Saskatoon	17/03/18
Old:	6.74	Ryder Hardy (04) RIVA	Saskatoon	18/03/17

*150m – U14 Bantam Men

New:	18.39	Williams Ogunnubi (05) RIVA	Edmonton	03/03/18
New:	18.45	Williams Ogunnubi (05) RIVA	Saskatoon	13/01/18
New:	18.61	Williams Ogunnubi (05) RIVA	Saskatoon	02/12/17
Old:	19.04	Ryder Hardy (04) RIVA	Saskatoon	17/03/17

*Long Jump – U14 Bantam Men

New:	5.69m	Williams Ogunnubi (05) RIVA	Edmonton	04/03/18
Old:	5.69m	Calvin Napope (00) CCTC	Regina	07/12/13

*50m – U18 Youth Men

New:	6.11	Dami Ogunbiyi (01) EXCL	Saskatoon	17/03/18
Old:	6.12	Rueben Mayes (63) NBL	Saskatoon	30/12/80

*Sprint Medley (200m, 100m, 100m 400m) – U18 Youth Men

New:	1:39.67	Riversdale Track & Field Club (Jayce Janzen 02, Jordan Dasiuk 01, Thomas Ward 01, Treyton Pernitsky 01)	Saskatoon	17/03/18
Old:	1:43.94	Saskatoon Track and Field Club (Reid Dressler 96, Connor Johnston 97, Adam Paslawski 96, Jared Welsh 96)	Saskatoon	16/03/13

*4x800m – U18 Youth Men

New:	8:20.61	Riversdale Athletic Club (Treyton Pernitsky 01, Scott Fenton 01, Benjamin Seshadri 02, Dylan Bauman 01)	Winnipeg	02/02/18
Old:	8:32.52	Excel Athletika (Jaden Lipp 92, Conor Renouf 90, Wyatt Baiton 91, Travis Roske 91)	Regina	24/03/07

*60m Hurdles (.99m) – U20 Junior Men

New:	7.84	Payne Wylie (00) RIVA	New York	11/03/18
New:	8.12	Payne Wylie (00) RIVA	Saskatoon	17/03/18
Old:	8.13	Lindsay Tallon (80) STFC	Edmonton	15/03/98

2018 MEN'S INDOOR RECORDS

*Heptathlon – U20 Junior Men

New:	4577pts	Landon Gill (99) US	Edmonton	19-20/01/18
	(60m – 7.09, LJ – 6.85m, SP – 10.77m, HJ – 1.90m, 60m H – 9.06, PV – 3.00m, 1000m – 3:05.45)			

*60m Hurdles (1.06m) – Senior Men

New:	7.90	Kayden Johnson (96) UNSK	Windsor	09/03/18
New:	7.92	Kayden Johnson (96) UNSK	Windsor	24/02/18
Old:	8.04	Omar Forrest (74) RAT	Sherbrooke	28/02/99
		Lindsay Tallon (80) UofS	Regina	23/02/01

2018 OPEN MEN'S INDOOR RECORDS

*50m – U14 Bantam Men

New:	6.52	Williams Ogunnubi (05) RIVA	Saskatoon	17/03/18
Old:	6.74	Ryder Hardy (04) RIVA	Saskatoon	18/03/17

*150m – U14 Bantam Men

New:	18.45	Williams Ogunnubi (05) RIVA	Saskatoon	13/01/17
New:	18.61	Williams Ogunnubi (05) RIVA	Saskatoon	02/12/17
Old:	19.04	Ryder Hardy (04) RIVA	Saskatoon	17/03/17

*Sprint Medley (200m, 100m, 100m 400m) – U18 Youth Men

New:	1:39.67	Riversdale Track & Field Club (Jayce Janzen 02, Jordan Dasiuk 01, Thomas Ward 01, Treyton Pernitsky 01)	Saskatoon	17/03/18
Old:	1:43.94	Saskatoon Track and Field Club (Reid Dressler 96, Connor Johnston 97, Adam Paslawski 96, Jared Welsh 96)	Saskatoon	16/03/13

*4x800m – U18 Youth Men

New:	8:20.61	Riversdale Athletic Club (Treyton Pernitsky 01, Scott Fenton 01, Benjamin Seshadri 02, Dylan Bauman 01)	Winnipeg	02/02/18
Old:	8:32.52	Excel Athletika (Jaden Lipp 92, Conor Renouf 90, Wyatt Baiton 91, Travis Roske 91)	Regina	24/03/07

*60m Hurdles (.99m) – U20 Junior Men

New:	7.84	Payne Wylie (00) RIVA	New York	11/03/18
Old:	8.13	Lindsay Tallon (80) STFC	Edmonton	15/03/98

*Heptathlon – U20 Junior Men

New:	4577pts	Landon Gill (99) US (60m – 7.09, LJ – 6.85m, SP – 10.77m, HJ – 1.90m, 60m H – 9.06, PV – 3.00m, 1000m – 3:05.45)	Edmonton	19-20/01/18
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*50m – Senior Men

New:	5.67	Blake Smith (93) USA	Saskatoon	26/01/18
Old:	5.67	Sam Effah Cal/Can	Saskatoon	03/02/11

*300m – Senior Men

New:	33.09	Brycen Spratling (92) USA/NYAC	Saskatoon	27/01/18
Old:	33.33	Cliff Wiley USA/DCI	Saskatoon	30/12/80

2018 MASTER MEN'S INDOOR RECORDS

*800m - M 30

New:	1:59.22	Russell Neff (85) 32 EXCL	Winnipeg	04/03/18
New:	2:02.26	Russell Neff (85) 32 EXCL	Regina	09/02/18

*1500m - M 30

New:	4:09.10	Russell Neff (85) 32 EXCL	Winnipeg	03/03/18
New:	4:16.54	Iain McCormick (85) 32 UNSK	Saskatoon	26/01/18

*Pole Vault - M 30

New:	3.95m	Mark Baerg (87) 30 RIVA	Edmonton	04/03/18
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*50m - M 35

New:	6.36	Mike Taylor (81) 36 PAAC	Saskatoon	17/03/18
Old:	6.50	Tim Sebulsky (77) 38 UNSK	Saskatoon	19/03/16

*60m - M 40

New:	7.56	Tim Sebulsky (77) 40 UNSK	Saskatoon	13/01/18
Old:	7.58	Chad Kichula (76) 40 EXCL	Saskatoon	28/01/17

*200m - M 40

New:	24.97	Chad Kichula (76) 41 EXCL	Toronto	11/03/18
New:	25.06	Chad Kichula (76) 41 EXCL	Saskatoon	02/12/17
Old:	25.57	Brian Berquist (53) 41 RIVA	Regina	10/02/95

*300m - M 40

New:	39.90	Chad Kichula (76) 41 EXCL	Saskatoon	12/01/18
Old:	40.40	Brian Berquist (53) 41 RIVA	Regina	28/04/95

*Shot Put 16lbs - M 40

New:	12.43m	Darren Peters (77) 40 EXCL	Regina	09/02/18
Old:	11.48m	Ted Rouatt 44	Saskatoon	07/04/00

*400m - M 50

New:	59.57	Colin Ellis (67) 50 EXCL	Saskatoon	17/03/18
Old:	59.60	Marcel D'Eon (53) 54 RIVA	Edmonton	01/03/08

2018 MASTER MEN'S INDOOR RECORDS

*1000m - M 50

New:	3:14.34	Harvey Weber (65) 52 TIST	Saskatoon	12/01/18
Old:	3:52.89	Steve Wilson 54	Saskatoon	24/01/14

*60m Hurdles - M 55

New:	11.22	Dale Lawrence (58) 59 UNSK	Regina	02/12/17
Old:	11.31	Brian Berquist (53) 56 RIVA	Kamloops	02/03/10

*Triple Jump - M 55

New:	9.65m	Dale Lawrence (58) 59 UNSK	Regina	02/12/17
Old:	9.32m	Dale Lawrence (58) 58 UNSK	Toronto	20/03/16

*60m Hurdles - M 60

New:	11.52	Dale Lawrence (58) 60 UNSK	Regina	09/02/18
Old:	11.55	Brian Berquist (53) 61 RIVA	Toronto	14/03/15

*Long Jump - M 60

New:	4.44m	Dale Lawrence (58) 60 UNSK	Regina	09/02/18
New:	4.38m	Dale Lawrence (58) 60 UNSK	Saskatoon	27/01/18
Old:	4.36m	Larry Longmore 64	Regina	13/02/16

*Triple Jump - M 60

New:	9.78m	Dale Lawrence (58) 60 UNSK	Regina	10/02/18
New:	9.52m	Dale Lawrence (58) 60 UNSK	Saskatoon	27/01/18
Old:	8.92m	Roland Delhomeau (45) 63	Edmonton	02/03/08

*1Mile - M 75

New:	7:25.08	Doug Renwick (42) 75 SCTM	Saskatoon	13/01/18
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*Shot Put (4kg) - M 75

New:	10.04m	Art Battiste (42) 75 SCTM	Regina	10/02/18
New:	9.99m	Art Battiste (42) 75 SCTM	Saskatoon	12/01/18
New:	9.70m	Art Battiste (42) 75 SCTM	Saskatoon	27/01/18
New:	9.62m	Art Battiste (42) 75 SCTM	Saskatoon	16/03/18
Old:	9.00m	Ted Rowan (33) 75 SCTM	Regina	08/02/09

2018 MASTER MEN'S INDOOR RECORDS

*Weight Throw (16lb) - M 75

New:	12.41m	Art Battiste (42) 75 SCTM	Saskatoon	17/03/18
New:	12.15m	Art Battiste (42) 75 SCTM	Saskatoon	26/01/18
New:	12.11m	Art Battiste (42) 75 SCTM	Regina	09/02/18
New:	11.83m	Art Battiste (42) 75 SCTM	Saskatoon	13/01/18
Old:	10.35m	Bob Edwards (40) 75 SCTM	Saskatoon	15/01/16

2018 WOMEN'S OUTDOOR RECORDS

300m – U16 Midget Women

New:	40.63	Savannah Sutherland (03) Team Sask	Winnipeg	14/07/17
Old:	40.63	Savannah Sutherland (03) Team Sask	Winnipeg	14/07/17

*400m – U16 Midget Women

New:	57.36	Savannah Sutherland (03) STFC	Saskatoon	12/05/18
Old:	58.48	Angela Moser (01) Team Saskatoon	Estevan	27/07/16
	57.5	Gwen Wall (63) RIV	Calgary	20/08/77

*200m Hurdles – U16 Midget Women

New:	27.99 (-2.5)	Savannah Sutherland (03) STFC	Saskatoon	12/05/18
Old:	28.53 (0.0)	Holly Murray (00) STFC/TS	Ste. Therese	08/08/15

1500m Steeplechase 30" – U16 Midget Women

New:	5:15.18	Jenna McFadyen (02) Team Sask	Brandon	13/08/17
Old:	5:15.18	Jenna McFadyen (02) Team Sask	Brandon	13/08/17

4x200m – U16 Midget & U18 Youth Women

New:	1:49.31	Saskatoon Track Club	Regina	13/05/17
		Savannah Sutherland (03), Paige Willems (02), Olamide Olaloku (03), Joelee Helmeczi (02)		
Old:	1:49.31	Saskatoon Track Club	Regina	13/05/17
		Savannah Sutherland (03), Paige Willems (02), Olamide Olaloku (03), Joelee Helmeczi (02)		

*800m - Senior Women

New:	2:04.30	Adrea Propp (92) UNSK	Los Angeles	12/05/18
New:	2:04.75	Adrea Propp (92) UNSK	Oregon	28/04/18
Old:	2:04.75	Adrea Propp (92) UNSK	Belgium	16/07/17

2018 OPEN WOMEN'S OUTDOOR RECORDS

*800m - Senior Women

New:	2:04.30	Adrea Propp (92) UNSK	Los Angeles	12/05/18
New:	2:04.75	Adrea Propp (92) UNSK	Oregon	28/04/18
Old:	2:04.75	Adrea Propp (92) UNSK	Belgium	16/07/17

2018 MASTER WOMEN'S OUTDOOR RECORDS

*High Jump - W 45

New:	1.20m	Sandi Arnason (73) 45 RIVA	Saskatoon	12/05/18
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100m - W 50

New:	13.63 (0.6)	Kelly Silcox (66) 51 EXCL	Regina	10/06/17
Old:	13.63 (0.6)	Kelly Silcox (66) 51 EXCL	Regina	10/06/17

200m - W 50

New:	28.48 (1.1)	Kelly Silcox (66) 51 EXCL	Regina	11/06/17
Old:	28.48 (1.1)	Kelly Silcox (66) 51 EXCL	Regina	11/06/17

Javelin 500gm – W50

New:	24.52m	Michelle Van De Meutter (66) 51 NBLT	Toronto	13/08/17
Old:	24.52m	Michelle Van De Meutter (66) 51 NBLT	Toronto	13/08/17

Hammer 3kg – W50

New:	32.83m	Michelle Van De Meutter (66) 51 NBLT	Saskatoon	27/08/17
Old:	32.83m	Michelle Van De Meutter (66) 51 NBLT	Saskatoon	27/08/17

Weight Throw 16lbs – W50

New:	11.17m	Michelle Van De Meutter (66) 51 NBLT	Toronto	13/08/17
Old:	11.17m	Michelle Van De Meutter (66) 51 NBLT	Toronto	13/08/17

Weight Pentathlon – W50

New:	2971 pts (HT – 32.83m, SP – 8.52m, DT – 23.79m, JT – 23.10m, WT – 10.86m)	Michelle Van De Meutter (66) 51 NBLT	Saskatoon	27/08/17
Old:	2971 pts (HT – 32.83m, SP – 8.52m, DT – 23.79m, JT – 23.10m, WT – 10.86m)	Michelle Van De Meutter (66) 51 NBLT	Saskatoon	27/08/17

Shot Put 3kg – W60

New:	9.53m	Selina Coward (54) 62 EXCL	Regina	11/06/17
Old:	9.53m	Selina Coward (54) 62 EXCL	Regina	11/06/17

Javelin 500gm – W65

New:	19.93m	Vi Mizuno (51) 65 SCTM	Regina	10/06/17
Old:	19.93m	Vi Mizuno (51) 65 SCTM	Regina	10/06/17

2018 MASTER WOMEN'S OUTDOOR RECORDS

Weight Throw 12lbs – W65

New:	11.19m	Vi Mizuno (51) 66 SCTM	Toronto	11/08/17
Old:	11.19m	Vi Mizuno (51) 66 SCTM	Toronto	11/08/17

Weight Pentathlon – W65

New:	3130 pts	Vi Mizuno (51) 66 SCTM	Toronto	11/08/17
		(HT – 21.01m, SP – 7.01m, DT – 19.32m, JT – 18.14m, WT – 11.19m)		
Old:	3130 pts	Vi Mizuno (51) 66 SCTM	Toronto	11/08/17
		(HT – 21.01m, SP – 7.01m, DT – 19.32m, JT – 18.14m, WT – 11.19m)		

Javelin 500gm – W70

New:	12.84m	Gillian Gracie (43) 74 UNSK	Saskatoon	27/08/17
Old:	12.84m	Gillian Gracie (43) 74 UNSK	Saskatoon	27/08/17

Weight Pentathlon – W70

New:	2990 pts	Gill Gracie (43) 74 UNSK	Saskatoon	27/08/17
		(HT – 19.12m, SP – 7.44m, DT – 16.57m, JT – 12.84m, WT – 8.17m)		
New:	2990 pts	Gill Gracie (43) 74 UNSK	Saskatoon	27/08/17
		(HT – 19.12m, SP – 7.44m, DT – 16.57m, JT – 12.84m, WT – 8.17m)		

100m – W75

New:	15.15 (0.6) WR	Carol Lafayette-Boyd (42) 75 EXCL	Regina	10/06/17
Old:	15.15 (0.6) WR	Carol Lafayette-Boyd (42) 75 EXCL	Regina	10/06/17

200m – W75

New:	31.89 (1.5) CR/WR	Carol Lafayette-Boyd (42) 75 EXCL	Toronto	12/08/17
Old:	31.89 (1.5) CR/WR	Carol Lafayette-Boyd (42) 75 EXCL	Toronto	12/08/17

High Jump – W75

New:	1.23m WR	Carol Lafayette-Boyd (42) 75 EXCL	Regina	11/06/17
Old:	1.23m WR	Carol Lafayette-Boyd (42) 75 EXCL	Regina	11/06/17

Long Jump – W75

New:	4.09m (0.1) CR/WR	Carol Lafayette-Boyd (42) 75 EXCL	Toronto	12/08/17
Old:	4.09m (0.1) CR/WR	Carol Lafayette-Boyd (42) 75 EXCL	Toronto	12/08/17

2018 MASTER WOMEN'S OUTDOOR RECORDS

Triple Jump – W75

New:	8.19m (0.4) WR	Carol Lafayette-Boyd (42) 75 EXCL	Regina	11/06/17
Old:	8.19m (0.4) WR	Carol Lafayette-Boyd (42) 75 EXCL	Regina	11/06/17

*Shot Put 2kg – W80

New:	9.15m	Marg Tosh (37) 80 STFC	Saskatoon	12/05/18
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2018 MEN'S OUTDOOR RECORDS

100m – U18 Youth Men

New:	10.88 (+1.7)	Dami Ogunbiyi (01) TMSK	Brandon	11/08/17
Old:	10.88 (+1.7)	Dami Ogunbiyi (01) TMSK	Brandon	11/08/17

*110m – U20 Junior Men

New:	14.12 (+1.4)	Payne Wylie (00) RIVA	Regina	05/05/18
Old:	14.27 (+0.7)	Justin Baker (89) EXCL	Calgary	13/06/08

2018 MASTER MEN'S OUTDOOR RECORDS

3000m – M60

New:	11:40.14	Keith Meszaros (56) 61 SCTM	Regina	11/06/17
Old:	11:40.14	Keith Meszaros (56) 61 SCTM	Regina	11/06/17

*Shot Put 5kg – M65

New:	10.13m	Brian Berquist (53) 65 RIVA	Saskatoon	12/05/18
Old:	9.94m	Bob Edwards (40) 65 UNSK	Regina	29/07/06

Weight Throw (16lbs) – M70

New:	12.05m	Art Battiste (42) 74 SCTM	Regina	11/06/17
Old:	12.05m	Art Battiste (42) 74 SCTM	Regina	11/06/17

400m – M75

New:	1:15.03	Doug Renwick (42) 75 SCTM	Toronto	13/08/17
Old:	1:15.03	Doug Renwick (42) 75 SCTM	Toronto	13/08/17

800m – M75

New:	3:05.18	Doug Renwick (42) 75 SCTM	Regina	13/05/17
Old:	3:05.18	Doug Renwick (42) 75 SCTM	Regina	13/05/17

1500m – M75

New:	6:33.75	Doug Renwick (42) 75 SCTM	Toronto	11/08/17
Old:	6:33.75	Doug Renwick (42) 75 SCTM	Toronto	11/08/17

3000m – M75

New:	14:15.77	Doug Renwick (42) 75 SCTM	Regina	11/06/17
Old:	14:15.77	Doug Renwick (42) 75 SCTM	Regina	11/06/17

5000m – M75

New:	23:43.95	Doug Renwick (42) 75 SCTM	Regina	13/05/17
Old:	23:43.95	Doug Renwick (42) 75 SCTM	Regina	13/05/17

2018 MASTER MEN'S OUTDOOR RECORDS

300m Hurdles 27" – M75

New:	60.80	Doug Renwick (42) 75 SCTM	Toronto	13/08/17
Old:	60.80	Doug Renwick (42) 75 SCTM	Toronto	13/08/17

2000m Steeplechase 30" – M75

New:	10:05.78	Doug Renwick (42) 75 SCTM	Toronto	13/08/17
Old:	10:05.78	Doug Renwick (42) 75 SCTM	Toronto	13/08/17

Pole Vault – M75

New:	1.90m	Doug Renwick (42) 75 SCTM	Regina	10/06/17
Old:	1.90m	Doug Renwick (42) 75 SCTM	Regina	10/06/17

*Shot Put (4kg) – M75

New:	10.18m	Art Battiste (42) 75 SCTM	Regina	13/05/17
Old:	8.23m	Ted Rowan 75 SCTM	Saskatoon	31/05/09

Decathlon – M75

New:	1576pts	Doug Renwick (42) 75 SCTM	Calgary	13-14/05/17
		(100m – 16.46 (1.7), LJ – 3.44m (2.2), SP – 6.37m, HJ – 1.15m, 400m – 1:20.35, 80m H – 21.38 (1.2), DT – 18.53m, PV – 1.80m, JT – 16.69m, 1500m – 6:47.24)		
Old:	1576pts	Doug Renwick (42) 75 SCTM	Calgary	13-14/05/17
		(100m – 16.46 (1.7), LJ – 3.44m (2.2), SP – 6.37m, HJ – 1.15m, 400m – 1:20.35, 80m H – 21.38 (1.2), DT – 18.53m, PV – 1.80m, JT – 16.69m, 1500m – 6:47.24)		

Decathlon – M75Age graded

New:	5071pts CR	Doug Renwick (42) 75 SCTM	Calgary	13-14/05/17
		(100m – 16.46 (1.7), LJ – 3.44m (2.2), SP – 6.37m, HJ – 1.15m, 400m – 1:20.35, 80m H – 21.38 (1.2), DT – 18.53m, PV – 1.80m, JT – 16.69m, 1500m – 6:47.24)		
Old:	5071pts CR	Doug Renwick (42) 75 SCTM	Calgary	13-14/05/17
		(100m – 16.46 (1.7), LJ – 3.44m (2.2), SP – 6.37m, HJ – 1.15m, 400m – 1:20.35, 80m H – 21.38 (1.2), DT – 18.53m, PV – 1.80m, JT – 16.69m, 1500m – 6:47.24)		

Pentathlon – M75

New:	2730 pts	Doug Renwick (42) 75 SCTM	Toronto	11/08/17
		(200m – 34.40 (-0.4), DT – 17.81m, JT – 16.10m, LJ – 3.37m (1.6), 1500m – 6:33.75)		
Old:	2730 pts	Doug Renwick (42) 75 SCTM	Toronto	11/08/17
		(200m – 34.40 (-0.4), DT – 17.81m, JT – 16.10m, LJ – 3.37m (1.6), 1500m – 6:33.75)		