

## 2017 WOMEN'S INDOOR RECORDS

### \*1200 – Bantam Women

New:	3:53.34	Alexis Lewans (04) RIVA	Saskatoon	18/03/17
New:	3:56.91	Alexis Lewans (04) RIVA	Regina	10/02/17
Old:	4:00.25	Natalia McCullough (01) QCST	Regina	08/02/14

### \*Shot Put - Bantam Women

New:	11.16m	Melissa Crowdis (03) YLTC	Saskatoon	12/17/16
New:	11.01m	Melissa Crowdis (03) YLTC	Regina	12/03/16
Old:	10.82m	Kyana Bear (02) UNSK	Saskatoon	27/02/15

### \*4x100m – Midget Women

New:	50.82	Saskatoon Track & Field Club (Savannah Sutherland 03, Paige Willems 02, Joelee Helmeczi 02, Kyla Heidt 02)	Winnipeg	04/03/17
Old:	51.02	Riversdale Athletic Club (Leah Weckworth 90, Erica Croteau 90, Jocelyn Bellamy90, Morgan Hedman 90)	Saskatoon	05/02/05

### \*Sprint Medley – Midget Women

New:	1:52.86	Saskatoon Track & Field Club (Kyla Heidt 02, Paige Willems 02, Olamide Olaloku 03, Savannah Sutherland 03)	Saskatoon	18/03/17
Old:	153.51	Saskatoon Track & Field Club (Kyla Heidt 02, Joelee Helmeczi 02, Jada Roach 01, Angela Moser 01)	Saskatoon	19/03/16

## 2017 OPEN WOMEN'S INDOOR RECORDS

### \*1200 – Bantam Women

New:	3:53.34	Alexis Lewans (04) RIVA	Saskatoon	18/03/17
New:	3:56.91	Alexis Lewans (04) RIVA	Regina	10/02/17
Old:	4:00.25	Natalia McCullough (01) QCST	Regina	08/02/14

### \*Shot Put - Bantam Women

New:	11.16m	Melissa Crowdis (03) YLTC	Saskatoon	12/17/16
New:	11.01m	Melissa Crowdis (03) YLTC	Regina	12/03/16
Old:	10.82m	Kyana Bear (02) UNSK	Saskatoon	27/02/15

### \*4x100m – Midget Women

New:	50.82	Saskatoon Track & Field Club (Savannah Sutherland 03, Paige Willems 02, Joelee Helmeczi 02, Kyla Heidt 02)	Winnipeg	04/03/17
Old:	51.02	Riversdale Athletic Club (Leah Weckworth 90, Erica Croteau 90, Jocelyn Bellamy90, Morgan Hedman 90)	Saskatoon	05/02/05

### \*Sprint Medley – Midget Women

New:	1:52.86	Saskatoon Track & Field Club (Kyla Heidt 02, Paige Willems 02, Olamide Olaloku 03, Savannah Sutherland 03)	Saskatoon	18/03/17
Old:	153.51	Saskatoon Track & Field Club (Kyla Heidt 02, Joelee Helmeczi 02, Jada Roach 01, Angela Moser 01)	Saskatoon	19/03/16

## 2017 MASTER WOMEN'S INDOOR RECORDS

### \*60m - W 40

New:	8.35	Amanda Stalwick (72) 44 DATC	Saskatoon	03/12/16
Old:	8.44	Amanda Stalwick (72) 43 DATC	Edmonton	05/03/16

### \*60m - W 50

New:	8.85	Kelly Silcox (66) 50 EXCL	Winnipeg	03/03/17
New:	8.86	Kelly Silcox (66) 50 EXCL	Saskatoon	28/01/17
New:	8.87	Kelly Silcox (66) 50 EXCL	Regina	10/02/17
New:	8.95	Kelly Silcox (66) 50 EXCL	Regina	03/12/16
Old:	9.10	Muriel Gieni (58) 54 RIVA	Edmonton	02/03/13

### \*200m - W 50

New:	29.22	Kelly Silcox (66) 50 EXCL	Winnipeg	04/03/17
New:	29.60	Kelly Silcox (66) 50 EXCL	Regina	11/02/17
New:	29.94	Kelly Silcox (66) 50 EXCL	Regina	03/12/16
Old:	30.73	Rhonda Tremblay (60) 50	Saskatoon	19/03/10

### \*Weight Throw (16lbs) - W 50

New:	10.68m	Michelle Van DeMeutter (66) 50 NBLT	Saskatoon	18/03/17
New:	10.35m	Michelle Van DeMeutter (66) 50 NBLT	Saskatoon	28/01/17
New:	9.48m	Michelle Van DeMeutter (66) 50 NBLT	Saskatoon	14/01/17

### \*300m - W 55

New:	52.01	Rhonda Tremblay (60) 56 RIVA	Saskatoon	27/01/17
Old:	58.85	Selina Coward (54) 55 EXCL	Regina	13/02/10

### \*400m - W 55

New:	1:13.91	Rhonda Tremblay (60) 56 RIVA	Regina	10/02/17
Old:	1:32.45	Joan Vogel 57	Regina	05/12/98

### \*50m Hurdles - W 55

New:	8.84 <b>CR/Champ R</b>	Muriel Gieni (58) 58 RIVA	Toronto	11/03/17
Old:	8.86 <b>CR</b>	Muriel Gieni (58) 56 RIVA	Toronto	15/03/15

### \*Triple Jump - W 55

New:	9.44m <b>CR/Champ R</b>	Muriel Gieni (58) 58 RIVA	Toronto	12/03/17
Old:	9.38m <b>CR</b>	Muriel Gieni (58) 56 RIVA	Toronto	15/03/15

## 2017 MASTER WOMEN'S INDOOR RECORDS

### \*Weight Throw (12lbs) - W 65

New:	10.55m	Vi Mizuno (51) 65 SCTM	Saskatoon	18/03/17
New:	10.42m	Vi Mizuno (51) 65 SCTM	Saskatoon	14/01/17
Old:	10.39m	Margaret Tosh (37) 69	Saskatoon	16/03/07

### \*50m - W 70

New:	8.10 <b>CR/Champ R</b>	Carol LaFayette-Boyd (42) 74 EXCL	Toronto	11/03/17
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### \*60m - W 70

New:	9.38 <b>CR</b>	Carol LaFayette-Boyd (42) 74 EXCL	Regina	10/02/17
New:	9.50 <b>CR/Champ R</b>	Carol LaFayette-Boyd (42) 74 EXCL	Toronto	11/03/17
Old:	9.50 <b>CR</b>	Carol LaFayette-Boyd (42) 70 EXCL	Regina	09/02/13

## 2017 MEN'S INDOOR RECORDS

### \*50m – Bantam Men

New:	6.74	Ryder Hardy (04) RIVA	Saskatoon	18/03/17
Old:	6.82	John Evans (67) BKT	Saskatoon	30/12/80

### \*150m – Bantam Men

New:	19.04	Ryder Hardy (04) RIVA	Saskatoon	17/03/17
New:	19.19	Ryder Hardy (04) RIVA	Edmonton	03/03/17
New:	19.20	Ryder Hardy (04) RIVA	Saskatoon	13/01/17
Old:	19.27	Atlee Simon (96) QCST	Winnipeg	05/03/09

### \*200m – Youth Men

New:	22.53	Vaughn Taylor (00) EXCL	Winnipeg	04/03/17
Old:	22.63	Darryl Isbister (68) RIV	Winnipeg	01/03/85
	22.63	Preston Wilkins (81) STFC	Winnipeg	06/02/98

### \*1000m – Youth Men

New:	2:33.86	Brayden Mytopher (00) SATS	Winnipeg	03/02/17
Old:	2:34.44	Jaden Porte (97) YLTC	Winnipeg	01/02/14

### \*60m Hurdles (.91m) – Youth Men

New:	7.95 <b>Champ R</b>	Payne Wylie (00) RIVA	Montreal	18/02/17
New:	8.03	Payne Wylie (00) RIVA	Saskatoon	27/01/17
New:	8.09	Payne Wylie (00) RIVA	Edmonton	22/01/17
New:	8.11	Payne Wylie (00) RIVA	Regina	10/02/17
New:	8.12	Payne Wylie (00) RIVA	Saskatoon	13/01/17
Old:	8.27	Andrew Arndt (90) STFC	Winnipeg	03/03/07

### \*60m Hurdles (.99m) – Youth Men

New:	8.23	Payne Wylie (00) RIVA	Edmonton	04/03/17
Old:	8.35	Lindsay Tallon (80) STFC	Regina	15/02/97

## 2017 OPEN MEN'S INDOOR RECORDS

### \*50m – Bantam Men

New:	6.74	Ryder Hardy (04) RIVA	Saskatoon	18/03/17
Old:	6.82	John Evans (67) BKT	Saskatoon	30/12/80

### \*150m – Bantam Men

New:	19.04	Ryder Hardy (04) RIVA	Saskatoon	17/03/17
New:	19.19	Ryder Hardy (04) RIVA	Edmonton	03/03/17
New:	19.20	Ryder Hardy (04) RIVA	Saskatoon	13/01/17
Old:	19.27	Atlee Simon (96) QCST	Winnipeg	05/03/09

### \*200m – Youth Men

New:	22.53	Vaughn Taylor (00) EXCL	Winnipeg	04/03/17
Old:	22.63	Darryl Isbister (68) RIV	Winnipeg	01/03/85
	22.63	Preston Wilkins (81) STFC	Winnipeg	06/02/98

### \*60m Hurdles (.91m) – Youth Men

New:	7.95 <b>Champ R</b>	Payne Wylie (00) RIVA	Montreal	18/02/17
New:	8.03	Payne Wylie (00) RIVA	Saskatoon	27/01/17
New:	8.09	Payne Wylie (00) RIVA	Edmonton	22/01/17
New:	8.11	Payne Wylie (00) RIVA	Regina	10/02/17
New:	8.12	Payne Wylie (00) RIVA	Saskatoon	13/01/17
Old:	8.27	Andrew Arndt (90) STFC	Winnipeg	03/03/07

### \*60m Hurdles (.99m) – Youth Men

New:	8.23	Payne Wylie (00) RIVA	Edmonton	04/03/17
Old:	8.35	Lindsay Tallon (80) STFC	Regina	15/02/97

## 2017 MASTER MEN'S INDOOR RECORDS

### \*60m - M 40

New:	7.58	Chad Kichula (76) 40 EXCL	Saskatoon	28/01/17
New:	7.59	Chad Kichula (76) 40 EXCL	Saskatoon	03/12/16
New:	7.61	Chad Kichula (76) 40 EXCL	Regina	10/02/17
New:	7.66	Chad Kichula (76) 40 EXCL	Saskatoon	14/01/17
Old:	7.79	Colin Ellis (67) 44 EXCL	Winnipeg	03/03/12

### \*600m - M 60

New:	1:45.89	Keith Meszaros (56) 60 SCTM	Saskatoon	03/12/16
Old:	1:47.42	Doug Renwick (42) 62 SCTM	Saskatoon	07/02/04

### \*5000m - M 60

New:	20:41.42	Dave Olsen (55) 61 UNSK	Winnipeg	03/03/17
Old:	21:01.41	Dave Olsen (55) 60 UNSK	Winnipeg	06/03/16

### \*High Jump - M 70

New:	1.30m <b>Champ R</b>	Roland Delhomeau (45) 72 SCTM	Toronto	12/03/17
Old:	1.30m	Joe Koza (35) 73 UNA	Regina	06/12/08

### \*Weight Throw 16lbs - M 70

New:	12.68m	Art Battiste (42) 73 SCTM	Saskatoon	27/01/17
Old:	12.62m	Roland Delhomeau (45) 70 SCTM	Regina	11/04/15

### \*Heptathlon - M 70

New:	2998 pts	Roland Delhomeau (45) 71 SCTM	Wisconsin	29/01/17
	(60m - 10.78, LJ - 3.29m, SP - 8.29m, HJ - 1.21m, 60m H - 14.42, PV - 1.00m, 1000m - 4:37.28)			
Old:	2986 pts	Roland Delhomeau (45) 70 SCTM	Wisconsin	07/03/15

### \*300m - M 75

New:	55.03	Doug Renwick (42) 75 SCTM	Regina	10/02/17
New:	55.10	Doug Renwick (42) 75 SCTM	Edmonton	03/03/17
Old:	1:19.45	Harry Miller (79)	Saskatoon	25/04/97

### \*400m - M 75

New:	76.53 <b>Champ R</b>	Doug Renwick (42) 75 SCTM	Toronto	11/03/17
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## 2017 MASTER MEN'S INDOOR RECORDS

### \*600m - M 75

New:	2:07.01	Doug Renwick (42) 75 SCTM	Edmonton	04/03/17
New:	2:11.64	Doug Renwick (42) 75 SCTM	Regina	11/02/17

### \*800m - M 75

New:	3:05.25	Doug Renwick (42) 75 SCTM	Saskatoon	17/03/17
Old:	5:32.12	Hylke Van Der Wal (38) 75	Saskatoon	15/01/16

### \*1000m - M 75

New:	4:02.43	Doug Renwick (42) 75 SCTM	Toronto	12/03/17
New:	4:10.09	Doug Renwick (42) 75 SCTM	Wisconsin	29/01/17
Old:	4:46.04	Ted Rowan (33) 75 CENT	Edmonton	08/02/09

### \*1500m - M 75

New:	6:48.19	Doug Renwick (42) 75 SCTM	Saskatoon	18/03/17
New:	6:52.52	Doug Renwick (42) 75 SCTM	Regina	11/02/17

### \*3000m - M 75

New:	14:55.63	Doug Renwick (42) 75 SCTM	Regina	10/02/17
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### \*50m Hurdles - M 75

New:	11.85 <b>CR/Champ R</b>	Doug Renwick (42) 75 SCTM	Toronto	12/03/17
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### \*Pole Vault - M 75

New:	2.10m	Doug Renwick (42) 75 SCTM	Wisconsin	29/01/17
New:	2.00m	Doug Renwick (42) 75 SCTM	Edmonton	04/03/17

### \*Pentathlon - M 75

New:	3316 pts <b>Champ R</b>	Doug Renwick (42) 75 SCTM	Toronto	12/03/17
	(60m H – 14.05, LJ – 3.67m, SP – 6.77m, HJ – 1.24m, 1000m – 4:02.43)			

### \*Heptathlon - M 75

New:	4232 pts <b>CR</b>	Doug Renwick (42) 75 SCTM	Wisconsin	29/01/17
	(60m - 10.40, LJ – 3.87m, SP – 6.39m, HJ – 1.12m, 60m H – 15.40, PV – 2.10m, 1000m – 4:10.09)			



## 2017 WOMEN'S OUTDOOR RECORDS

### \*1200m - Bantam Women

New:	3:53.89	Alexis Lewans (04) RIVA	Regina	10/06/17
Old:	3:54.91	Natalia McCullough (01) QCST	Regina	15/06/14

### 800m - Midget Women

New:	2:14.65	Natalia McCullough (01) Team Sask	Regina	29/07/16
Old:	2:14.65	Natalia McCullough (01) Team Sask	Regina	29/07/16

### 1200m - Midget Women

New:	3:39.65	Natalia McCullough (01) Team Sask	Regina	30/07/16
Old:	3:39.65	Natalia McCullough (01) Team Sask	Regina	30/07/16

### 1500m Steeplechase - Midget Women

New:	5:23.43	Sarah Novakowski (01) Team Sask	Regina	29/07/16
Old:	5:23.43	Sarah Novakowski (01) Team Sask	Regina	29/07/16

### \*4x200m - Midget & Youth Women

New:	1:49.31	Saskatoon Track Club	Regina	13/05/17
Old:	1:52.3	Riversdale Track Club	Saskatoon	27/06/70

### Hammer 3kg – Midget Women

New:	38.31m	Naomi Klassen (01) Team Saskatoon	Estevan	25/07/16
Old:	38.31m	Naomi Klassen (01) Team Saskatoon	Estevan	25/07/16

### Hammer 3kg – Youth Women

New:	52.31m	Tanessa Morris (99) EXCL	Quebec	07/08/16
Old:	52.31m	Tanessa Morris (99) EXCL	Quebec	07/08/16

### Shot Put 4kg – Senior Women

New:	17.88m	Taryn Suttie (90) UNSK	Arizona	09/04/16
Old:	17.88m	Taryn Suttie (90) UNSK	Arizona	09/04/16

## 2016 OPEN WOMEN'S OUTDOOR RECORDS

\*1200m - Bantam Women

New:	3:53.89	Alexis Lewans (04) RIVA	Regina	10/06/17
Old:	3:54.91	Natalia McCullough (01) QCST	Regina	15/06/14

## 2017 MASTER WOMEN'S OUTDOOR RECORDS

### \*100m - W 50

New:	13.63 (0.6)	Kelly Silcox (65) 51 EXCL	Regina	10/06/17
Old:	14.17 (-1.8)	Kelly Silcox (65) 50 EXCL	Vancouver	29/08/16

### \*200m - W 50

New:	28.48 (1.1)	Kelly Silcox (65) 51 EXCL	Regina	11/06/17
Old:	28.95 (1.9)	Kelly Silcox (65) 50 EXCL	Saskatoon	26/06/16

### \*Javelin 500gm – W50

New:	24.06m	Michelle Van De Meutter (66) 50 NBLT	Regina	10/06/17
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### \*Hammer 3kg – W50

New:	23.71m	Michelle Van De Meutter (66) 50 NBLT	Regina	11/06/17
Old:	21.90m	Margaret Tosh (37) 54	Regina	18/07/92

### \*Weight Throw 16lbs – W50

New:	9.45m	Michelle Van De Meutter (66) 50 NBLT	Regina	11/06/17
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### Long Jump - W 55

New:	4.32m (1.9) <b>CR</b>	Muriel Gieni (58) 58 RIVA	Vancouver	28/08/16
Old:	4.32m (1.9) <b>CR</b>	Muriel Gieni (58) 58 RIVA	Vancouver	28/08/16

### \*Shot Put 3kg – W60

New:	9.53m	Selina Coward (54) 62 EXCL	Regina	11/06/17
Old:	9.49m	Selina Coward (51) 64 EXCL	Regina	09/05/15

### \*Javelin 500gm – W65

New:	19.93m	Vi Mizuno (51) 65 SCTM	Regina	10/06/17
Old:	18.56m	Vi Mizuno (51) 65 SCTM	Saskatoon	29/09/16

### \*Weight Throw 12lbs – W65

New:	10.56m	Vi Mizuno (51) 65 SCTM	Regina	11/06/17
Old:	9.65m	Vi Mizuno (51) 65 SCTM	Saskatoon	29/09/16

## 2017 MASTER WOMEN'S OUTDOOR RECORDS

### Weight Pentathlon – W65

New:	2987 pts	Vi Mizuno (51) 65 SCTM	Saskatoon	29/09/16
		(HT - 19.89m, SP – 7.20m, DT – 19.94m, JT – 18.56m, WT – 9.65m)		
Old:	2987 pts	Vi Mizuno (51) 65 SCTM	Saskatoon	29/09/16
		(HT - 19.89m, SP – 7.20m, DT – 19.94m, JT – 18.56m, WT – 9.65m)		

### \*Javelin 500gm – W70

New:	12.43m	Gillian Gracie (43) 74 SCTM	Regina	10/06/17
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### \*100m – W75

New:	15.15 (0.6) <b>WR</b>	Carol LaFayette-Boyd (42) 75 EXCL	Regina	10/06/17
Old:	21.26 (-4.5)	Gwendolyn Boivin (34) 75 UNSK	Kamloops	17/07/09

### \*200m – W75

New:	32.83 (1.1) <b>WR</b>	Carol LaFayette-Boyd (42) 75 EXCL	Regina	11/06/17
Old:	53.91 (1.2)	Gwendolyn Boivin (34) 77 UNSK	Regina	17/06/12

### \*High Jump – W75

New:	1.23m <b>WR</b>	Carol Lafayette-Boyd (42) 75 EXCL	Regina	11/06/17
Old:	.90m	Gwendolyn Boivin (34)75 UNSK	Kamloops	19/07/09

### \*Long Jump – W75

New:	3.85m (-0.5) <b>WR</b>	Carol Lafayette-Boyd (42) 75 EXCL	Regina	10/06/17
Old:	2.32m (-1.9)	Gwendolyn Boivin (34)75 UNSK	Kamloops	17/07/09

### \*Triple Jump – W75

New:	8.19m (0.4) <b>WR</b>	Carol Lafayette-Boyd (42) 75 EXCL	Regina	11/06/17
Old:	5.55m (-0.2)	Gwendolyn Boivin (34)75 UNSK	Kamloops	19/07/09

## 2017 MEN'S OUTDOOR RECORDS

### \*80m – Bantam Men

New:	10.00 (-0.6)	Ryder Hardy (04) RIVA	Calgary	18/06/17
Old:	10.37 (1.2)	Myles Bistriztan (99) QCST	Regina	16/06/12

### \*150m – Bantam Men

New:	17.95 (1.1)	Dayton Uchacz (04) LMTC	Regina	11/06/17
Old:	18.46 (-1.5)	Calvin Napope (00) CCTC	Regina	16/06/13

### 2000m – Midget Men

New:	5:49.34	Ron Maclean (01) TS/EXCL	Quebec	06/08/16
New:	5:49.34	Ron Maclean (01) TS/EXCL	Quebec	06/08/16

### Pentathlon – Midget Men

New:	2817 pts	Brayden Arnason (01) TS/RIVA	Quebec	6-7/08/16
	100m H 33" – 15.24 (-1.2), LJ - 5.28m (2.4), SP (4kg) – 10.62m, HJ - 1.61m, 1000m – 2:56.21			
Old:	2817 pts	Brayden Arnason (01) TS/RIVA	Quebec	6-7/08/16
	100m H 33" – 15.24 (-1.2), LJ - 5.28m (2.4), SP (4kg) – 10.62m, HJ - 1.61m, 1000m – 2:56.21			

### \*110m Hurdles 36" – Youth Men

New:	14.31 (+0.0)	Payne Wylie (00) RIVA	Calgary	17/06/17
Old:	14.32 (1.5)	Payne Wylie (00) RIVA	Estevan	25/07/16

### \*400m Hurdles 33" – Youth Men

New:	55.56	Payne Wylie (00) RIVA	Calgary	16/06/17
Old:	55.77	Jason Reindl (84) STFC	Sherbrooke	12/08/01

### 2000m Steeplechase (.91) – Youth Men

New:	6:24.85	Brayden Mytopher (00) TMSK	Regina	29/07/16
Old:	6:24.85	Brayden Mytopher (00) TMSK	Regina	29/07/16

## 2017 OPEN MEN'S OUTDOOR RECORDS

### \*80m – Bantam Men

New:	10.00 (-0.6)	Ryder Hardy (04) RIVA	Calgary	18/06/17
Old:	10.37 (1.2)	Myles Bistriztan (99) QCST	Regina	16/06/12

### \*150m – Bantam Men

New:	17.95 (1.1)	Dayton Uchacz (04) LMTC	Regina	11/06/17
Old:	18.46 (-1.5)	Calvin Napope (00) CCTC	Regina	16/06/13

### 2000m – Midget Men

New:	5:49.34	Ron Maclean (01) TS/EXCL	Quebec	06/08/16
Old:	5:49.34	Ron Maclean (01) TS/EXCL	Quebec	06/08/16

### Pentathlon – Midget Men

New:	2817 pts	Brayden Arnason (01) TS/RIVA	Quebec	6-7/08/16
	100m H 33" – 15.24 (-1.2), LJ - 5.28m (2.4), SP (4kg) – 10.62m, HJ - 1.61m, 1000m – 2:56.21			
Old:	2817 pts	Brayden Arnason (01) TS/RIVA	Quebec	6-7/08/16
	100m H 33" – 15.24 (-1.2), LJ - 5.28m (2.4), SP (4kg) – 10.62m, HJ - 1.61m, 1000m – 2:56.21			

### \*110m Hurdles 36" – Youth Men

New:	14.31 (+0.0)	Payne Wylie (00) RIVA	Calgary	17/06/17
Old:	14.32 (1.5)	Payne Wylie (00) RIVA	Estevan	25/07/16

### \*400m Hurdles 33" – Youth Men

New:	55.56	Payne Wylie (00) RIVA	Calgary	16/06/17
Old:	55.77	Jason Reindl (84) STFC	Sherbrooke	12/08/01

## 2017 MASTER MEN'S OUTDOOR RECORDS

### Weight Pentathlon – M50

New:	2000 pts	Viorel Magnea (64) 52 DATC	Saskatoon	29/09/16
		(HT - F, SP – 10.36m, DT – 32.39m, JT – 34.66m, WT – 8.31m)		
Old:	2000 pts	Viorel Magnea (64) 52 DATC	Saskatoon	29/09/16
		(HT - F, SP – 10.36m, DT – 32.39m, JT – 34.66m, WT – 8.31m)		

### \*100m Hurdles – M55

New:	20.39 (1.0)	Dale Lawrence (58) 59 UNSK	Regina	10/06/17
Old:	20.65 (-0.4)	Dale Lawrence (58) 58 UNSK	Toronto	13/08/16

### \*3000m – M60

New:	11:40.14	Keith Meszaros (56) 61 SCTM	Regina	11/06/17
Old:	11:50.93	Dave Olsen (55) 60 UNSK	Regina	09/05/15

### 5000m – M60

New:	20:10.73	Keith Meszaros (56) 60 SCTM	Vancouver	29/08/16
Old:	20:10.73	Keith Meszaros (56) 60 SCTM	Vancouver	29/08/16

### \*Shot Put (4kg) – M70

New:	10.59m	Art Battiste (42) 74 SCTM	Regina	13/05/17
Old:	10.53m	Art Battiste (42) 73 UNSK	Regina	07/05/16

### \*Weight Throw (16lbs) – M70

New:	12.05m	Art Battiste (42) 74 SCTM	Regina	11/06/17
Old:	12.00m	Bob Edwards (40) 72 UNSK	Regina	16/06/13

### Weight Pentathlon – M70

New:	2948 pts	Art Battiste (42) 73 UNSK	Saskatoon	29/09/16
		(HT – 25.76m, SP – 10.10m, DT – 30.21m, JT – 26.92m, WT – 11.00m)		
Old:	2948 pts	Art Battiste (42) 73 UNSK	Saskatoon	29/09/16
		(HT – 25.76m, SP – 10.10m, DT – 30.21m, JT – 26.92m, WT – 11.00m)		

### \*400m – M75

New:	1:16.48	Doug Renwick (42) 75 SCTM	Regina	10/06/17
New:	1:20.35	Doug Renwick (42) 75 SCTM	Calgary	13/05/17
Old:	1:24.08	Ken Epp 77	Saskatoon	06/07/13

## 2017 MASTER MEN'S OUTDOOR RECORDS

### \*800m – M75

New:	3:05.18	Doug Renwick (42) 75 SCTM	Regina	13/05/17
Old:	4:08.54	Hylke Van Der Wal 75	Saskatoon	07/07/13

### \*1500m – M75

New:	6:47.24	Doug Renwick (42) 75 SCTM	Calgary	14/05/17
Old:	8:11.37	Ted Rowan (33)	Regina	01/08/08

### \*3000m – M75

New:	14:15.77	Doug Renwick (42) 75 SCTM	Regina	11/06/17
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### \*5000m – M75

New:	23:43.95	Doug Renwick (42) 75 SCTM	Regina	13/05/17
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### \*2000m Steeplechase 30" – M75

New:	10:21.85	Doug Renwick (42) 75 SCTM	Regina	11/06/17
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### \*Pole Vault – M75

New:	1.90m	Doug Renwick (42) 75 SCTM	Regina	10/06/17
New:	1.90m	Doug Renwick (42) 75 SCTM	Regina	13/05/17
New:	1.80m	Doug Renwick (42) 75 SCTM	Calgary	14/05/17
Old:	1.80m	Ted Rowan 75	Kamloops	18/07/09

### \*Decathlon – M75

New:	1576pts	Doug Renwick (42) 75 SCTM	Calgary	13-14/05/17
	(100m – 16.46 (1.7), LJ – 3.44m (2.2), SP – 6.37m, HJ – 1.15m, 400m – 1:20.35, 80m H – 21.38 (1.2), DT – 18.53m, PV – 1.80m, JT – 16.69m, 1500m – 6:47.24)			

### \*Decathlon – M75Age graded

New:	5071pts <b>CR</b>	Doug Renwick (42) 75 SCTM	Calgary	13-14/05/17
	(100m – 16.46 (1.7), LJ – 3.44m (2.2), SP – 6.37m, HJ – 1.15m, 400m – 1:20.35, 80m H – 21.38 (1.2), DT – 18.53m, PV – 1.80m, JT – 16.69m, 1500m – 6:47.24)			