

## 2017 WOMEN'S INDOOR RECORDS

### \*1200 – Bantam Women

|      |         |                              |           |          |
|------|---------|------------------------------|-----------|----------|
| New: | 3:53.34 | Alexis Lewans (04) RIVA      | Saskatoon | 18/03/17 |
| New: | 3:56.91 | Alexis Lewans (04) RIVA      | Regina    | 10/02/17 |
| Old: | 4:00.25 | Natalia McCullough (01) QCST | Regina    | 08/02/14 |

### \*Shot Put - Bantam Women

|      |        |                           |           |          |
|------|--------|---------------------------|-----------|----------|
| New: | 11.16m | Melissa Crowdis (03) YLTC | Saskatoon | 12/17/16 |
| New: | 11.01m | Melissa Crowdis (03) YLTC | Regina    | 12/03/16 |
| Old: | 10.82m | Kyana Bear (02) UNSK      | Saskatoon | 27/02/15 |

### \*4x100m – Midget Women

|      |       |   |           |          |
|------|-------|---|-----------|----------|
| New: | 50.82 | Saskatoon Track & Field Club  | Winnipeg  | 04/03/17 |
|      |       | (Savannah Sutherland 03, Paige Willems 02, Joelee Helmeczi 02, Kyla Heidt 02) |           |          |
| Old: | 51.02 | Riversdale Athletic Club  | Saskatoon | 05/02/05 |
|      |       | (Leah Weckworth 90, Erica Croteau 90, Jocelyn Bellamy90, Morgan Hedman 90)    |           |          |

### \*Sprint Medley – Midget Women

|      |         |   |           |          |
|------|---------|---|-----------|----------|
| New: | 1:52.86 | Saskatoon Track & Field Club  | Saskatoon | 18/03/17 |
|      |         | (Kyla Heidt 02, Paige Willems 02, Olamide Olaloku 03, Savannah Sutherland 03) |           |          |
| Old: | 153.51  | Saskatoon Track & Field Club  | Saskatoon | 19/03/16 |
|      |         | (Kyla Heidt 02, Joelee Helmeczi 02, Jada Roach 01, Angela Moser 01)           |           |          |

## 2017 OPEN WOMEN'S INDOOR RECORDS

### \*1200 – Bantam Women

|      |         |                              |           |          |
|------|---------|------------------------------|-----------|----------|
| New: | 3:53.34 | Alexis Lewans (04) RIVA      | Saskatoon | 18/03/17 |
| New: | 3:56.91 | Alexis Lewans (04) RIVA      | Regina    | 10/02/17 |
| Old: | 4:00.25 | Natalia McCullough (01) QCST | Regina    | 08/02/14 |

### \*Shot Put - Bantam Women

|      |        |                           |           |          |
|------|--------|---------------------------|-----------|----------|
| New: | 11.16m | Melissa Crowdis (03) YLTC | Saskatoon | 12/17/16 |
| New: | 11.01m | Melissa Crowdis (03) YLTC | Regina    | 12/03/16 |
| Old: | 10.82m | Kyana Bear (02) UNSK      | Saskatoon | 27/02/15 |

### \*4x100m – Midget Women

|      |       |   |           |          |
|------|-------|---|-----------|----------|
| New: | 50.82 | Saskatoon Track & Field Club<br>(Savannah Sutherland 03, Paige Willems 02, Joelee Helmeczi 02, Kyla Heidt 02) | Winnipeg  | 04/03/17 |
| Old: | 51.02 | Riversdale Athletic Club<br>(Leah Weckworth 90, Erica Croteau 90, Jocelyn Bellamy90, Morgan Hedman 90)        | Saskatoon | 05/02/05 |

### \*Sprint Medley – Midget Women

|      |         |   |           |          |
|------|---------|---|-----------|----------|
| New: | 1:52.86 | Saskatoon Track & Field Club<br>(Kyla Heidt 02, Paige Willems 02, Olamide Olaloku 03, Savannah Sutherland 03) | Saskatoon | 18/03/17 |
| Old: | 153.51  | Saskatoon Track & Field Club<br>(Kyla Heidt 02, Joelee Helmeczi 02, Jada Roach 01, Angela Moser 01)           | Saskatoon | 19/03/16 |

## 2017 MASTER WOMEN'S INDOOR RECORDS

### \*60m - W 40

|      |      |                              |           |          |
|------|------|------------------------------|-----------|----------|
| New: | 8.35 | Amanda Stalwick (72) 44 DATC | Saskatoon | 03/12/16 |
| Old: | 8.44 | Amanda Stalwick (72) 43 DATC | Edmonton  | 05/03/16 |

### \*60m - W 50

|      |      |                           |           |          |
|------|------|---------------------------|-----------|----------|
| New: | 8.85 | Kelly Silcox (66) 50 EXCL | Winnipeg  | 03/03/17 |
| New: | 8.86 | Kelly Silcox (66) 50 EXCL | Saskatoon | 28/01/17 |
| New: | 8.87 | Kelly Silcox (66) 50 EXCL | Regina    | 10/02/17 |
| New: | 8.95 | Kelly Silcox (66) 50 EXCL | Regina    | 03/12/16 |
| Old: | 9.10 | Muriel Gieni (58) 54 RIVA | Edmonton  | 02/03/13 |

### \*200m - W 50

|      |       |                           |           |          |
|------|-------|---------------------------|-----------|----------|
| New: | 29.22 | Kelly Silcox (66) 50 EXCL | Winnipeg  | 04/03/17 |
| New: | 29.60 | Kelly Silcox (66) 50 EXCL | Regina    | 11/02/17 |
| New: | 29.94 | Kelly Silcox (66) 50 EXCL | Regina    | 03/12/16 |
| Old: | 30.73 | Rhonda Tremblay (60) 50   | Saskatoon | 19/03/10 |

### \*Weight Throw (16lbs) - W 50

|      |        |                                     |           |          |
|------|--------|-------------------------------------|-----------|----------|
| New: | 10.68m | Michelle Van DeMeutter (66) 50 NBLT | Saskatoon | 18/03/17 |
| New: | 10.35m | Michelle Van DeMeutter (66) 50 NBLT | Saskatoon | 28/01/17 |
| New: | 9.48m  | Michelle Van DeMeutter (66) 50 NBLT | Saskatoon | 14/01/17 |

### \*300m - W 55

|      |       |                              |           |          |
|------|-------|------------------------------|-----------|----------|
| New: | 52.01 | Rhonda Tremblay (60) 56 RIVA | Saskatoon | 27/01/17 |
| Old: | 58.85 | Selina Coward (54) 55 EXCL   | Regina    | 13/02/10 |

### \*400m - W 55

|      |         |                              |        |          |
|------|---------|------------------------------|--------|----------|
| New: | 1:13.91 | Rhonda Tremblay (60) 56 RIVA | Regina | 10/02/17 |
| Old: | 1:32.45 | Joan Vogel 57                | Regina | 05/12/98 |

### \*50m Hurdles - W 55

|      |                        |                           |         |          |
|------|------------------------|---------------------------|---------|----------|
| New: | 8.84 <b>CR/Champ R</b> | Muriel Gieni (58) 58 RIVA | Toronto | 11/03/17 |
| Old: | 8.86 <b>CR</b>         | Muriel Gieni (58) 56 RIVA | Toronto | 15/03/15 |

### \*Triple Jump - W 55

|      |                         |                           |         |          |
|------|-------------------------|---------------------------|---------|----------|
| New: | 9.44m <b>CR/Champ R</b> | Muriel Gieni (58) 58 RIVA | Toronto | 12/03/17 |
| Old: | 9.38m <b>CR</b>         | Muriel Gieni (58) 56 RIVA | Toronto | 15/03/15 |

## 2017 MASTER WOMEN'S INDOOR RECORDS

### \*Weight Throw (12lbs) - W 65

|      |        |                        |           |          |
|------|--------|------------------------|-----------|----------|
| New: | 10.55m | Vi Mizuno (51) 65 SCTM | Saskatoon | 18/03/17 |
| New: | 10.42m | Vi Mizuno (51) 65 SCTM | Saskatoon | 14/01/17 |
| Old: | 10.39m | Margaret Tosh (37) 69  | Saskatoon | 16/03/07 |

### \*50m - W 70

|      |                        |                                   |         |          |
|------|------------------------|-----------------------------------|---------|----------|
| New: | 8.10 <b>CR/Champ R</b> | Carol LaFayette-Boyd (42) 74 EXCL | Toronto | 11/03/17 |
|------|------------------------|-----------------------------------|---------|----------|

### \*60m - W 70

|      |                        |                                   |         |          |
|------|------------------------|-----------------------------------|---------|----------|
| New: | 9.38 <b>CR</b>         | Carol LaFayette-Boyd (42) 74 EXCL | Regina  | 10/02/17 |
| New: | 9.50 <b>CR/Champ R</b> | Carol LaFayette-Boyd (42) 74 EXCL | Toronto | 11/03/17 |
| Old: | 9.50 <b>CR</b>         | Carol LaFayette-Boyd (42) 70 EXCL | Regina  | 09/02/13 |

## 2017 MEN'S INDOOR RECORDS

### \*50m – Bantam Men

|      |      |                       |           |          |
|------|------|-----------------------|-----------|----------|
| New: | 6.74 | Ryder Hardy (04) RIVA | Saskatoon | 18/03/17 |
| Old: | 6.82 | John Evans (67) BKT   | Saskatoon | 30/12/80 |

### \*150m – Bantam Men

|      |       |                       |           |          |
|------|-------|-----------------------|-----------|----------|
| New: | 19.04 | Ryder Hardy (04) RIVA | Saskatoon | 17/03/17 |
| New: | 19.19 | Ryder Hardy (04) RIVA | Edmonton  | 03/03/17 |
| New: | 19.20 | Ryder Hardy (04) RIVA | Saskatoon | 13/01/17 |
| Old: | 19.27 | Atlee Simon (96) QCST | Winnipeg  | 05/03/09 |

### \*200m – Youth Men

|      |       |                          |          |          |
|------|-------|--------------------------|----------|----------|
| New: | 22.53 | Vaughn Taylor (00) EXCL  | Winnipeg | 04/03/17 |
| Old: | 22.63 | Darryl Isbister (68) RIV | Winnipeg | 01/03/85 |
|      | 22.63 | Preston Wilkins (81) STC | Winnipeg | 06/02/98 |

### \*1000m – Youth Men

|      |         |                            |          |          |
|------|---------|----------------------------|----------|----------|
| New: | 2:33.86 | Brayden Mytopher (00) SATS | Winnipeg | 03/02/17 |
| Old: | 2:34.44 | Jaden Porte (97) YLTC      | Winnipeg | 01/02/14 |

### \*60m Hurdles (.91m) – Youth Men

|      |                     |                        |           |          |
|------|---------------------|------------------------|-----------|----------|
| New: | 7.95 <b>Champ R</b> | Payne Wylie (00) RIVA  | Montreal  | 18/02/17 |
| New: | 8.03                | Payne Wylie (00) RIVA  | Saskatoon | 27/01/17 |
| New: | 8.09                | Payne Wylie (00) RIVA  | Edmonton  | 22/01/17 |
| New: | 8.11                | Payne Wylie (00) RIVA  | Regina    | 10/02/17 |
| New: | 8.12                | Payne Wylie (00) RIVA  | Saskatoon | 13/01/17 |
| Old: | 8.27                | Andrew Arndt (90) STFC | Winnipeg  | 03/03/07 |

### \*60m Hurdles (.99m) – Youth Men

|      |      |                          |          |          |
|------|------|--------------------------|----------|----------|
| New: | 8.23 | Payne Wylie (00) RIVA    | Edmonton | 04/03/17 |
| Old: | 8.35 | Lindsay Tallon (80) STFC | Regina   | 15/02/97 |

## 2017 OPEN MEN'S INDOOR RECORDS

### \*50m – Bantam Men

|      |      |                       |           |          |
|------|------|-----------------------|-----------|----------|
| New: | 6.74 | Ryder Hardy (04) RIVA | Saskatoon | 18/03/17 |
| Old: | 6.82 | John Evans (67) BKT   | Saskatoon | 30/12/80 |

### \*150m – Bantam Men

|      |       |                       |           |          |
|------|-------|-----------------------|-----------|----------|
| New: | 19.04 | Ryder Hardy (04) RIVA | Saskatoon | 17/03/17 |
| New: | 19.19 | Ryder Hardy (04) RIVA | Edmonton  | 03/03/17 |
| New: | 19.20 | Ryder Hardy (04) RIVA | Saskatoon | 13/01/17 |
| Old: | 19.27 | Atlee Simon (96) QCST | Winnipeg  | 05/03/09 |

### \*200m – Youth Men

|      |       |                          |          |          |
|------|-------|--------------------------|----------|----------|
| New: | 22.53 | Vaughn Taylor (00) EXCL  | Winnipeg | 04/03/17 |
| Old: | 22.63 | Darryl Isbister (68) RIV | Winnipeg | 01/03/85 |
|      | 22.63 | Preston Wilkins (81) STC | Winnipeg | 06/02/98 |

### \*60m Hurdles (.91m) – Youth Men

|      |                     |                        |           |          |
|------|---------------------|------------------------|-----------|----------|
| New: | 7.95 <b>Champ R</b> | Payne Wylie (00) RIVA  | Montreal  | 18/02/17 |
| New: | 8.03                | Payne Wylie (00) RIVA  | Saskatoon | 27/01/17 |
| New: | 8.09                | Payne Wylie (00) RIVA  | Edmonton  | 22/01/17 |
| New: | 8.11                | Payne Wylie (00) RIVA  | Regina    | 10/02/17 |
| New: | 8.12                | Payne Wylie (00) RIVA  | Saskatoon | 13/01/17 |
| Old: | 8.27                | Andrew Arndt (90) STFC | Winnipeg  | 03/03/07 |

### \*60m Hurdles (.99m) – Youth Men

|      |      |                          |          |          |
|------|------|--------------------------|----------|----------|
| New: | 8.23 | Payne Wylie (00) RIVA    | Edmonton | 04/03/17 |
| Old: | 8.35 | Lindsay Tallon (80) STFC | Regina   | 15/02/97 |

## 2017 MASTER MEN'S INDOOR RECORDS

### \*60m - M 40

|      |      |                           |           |          |
|------|------|---------------------------|-----------|----------|
| New: | 7.58 | Chad Kichula (76) 40 EXCL | Saskatoon | 28/01/17 |
| New: | 7.59 | Chad Kichula (76) 40 EXCL | Saskatoon | 03/12/16 |
| New: | 7.61 | Chad Kichula (76) 40 EXCL | Regina    | 10/02/17 |
| New: | 7.66 | Chad Kichula (76) 40 EXCL | Saskatoon | 14/01/17 |
| Old: | 7.79 | Colin Ellis (67) 44 EXCL  | Winnipeg  | 03/03/12 |

### \*600m - M 60

|      |         |                             |           |          |
|------|---------|-----------------------------|-----------|----------|
| New: | 1:45.89 | Keith Meszaros (56) 60 SCTM | Saskatoon | 03/12/16 |
| Old: | 1:47.42 | Doug Renwick (42) 62 SCTM   | Saskatoon | 07/02/04 |

### \*5000m - M 60

|      |          |                         |          |          |
|------|----------|-------------------------|----------|----------|
| New: | 20:41.42 | Dave Olsen (55) 61 UNSK | Winnipeg | 03/03/17 |
| Old: | 21:01.41 | Dave Olsen (55) 60 UNSK | Winnipeg | 06/03/16 |

### \*High Jump - M 70

|      |                      |                               |         |          |
|------|----------------------|-------------------------------|---------|----------|
| New: | 1.30m <b>Champ R</b> | Roland Delhomeau (45) 72 SCTM | Toronto | 12/03/17 |
| Old: | 1.30m                | Joe Koza (35) 73 UNA          | Regina  | 06/12/08 |

### \*Weight Throw 16lbs - M 70

|      |        |                               |           |          |
|------|--------|-------------------------------|-----------|----------|
| New: | 12.68m | Art Battiste (42) 73 SCTM     | Saskatoon | 27/01/17 |
| Old: | 12.62m | Roland Delhomeau (45) 70 SCTM | Regina    | 11/04/15 |

### \*Heptathlon - M 70

|      |   |                               |           |          |
|------|---|-------------------------------|-----------|----------|
| New: | 2998 pts  | Roland Delhomeau (45) 71 SCTM | Wisconsin | 29/01/17 |
|      | (60m - 10.78, LJ - 3.29m, SP - 8.29m, HJ - 1.21m, 60m H - 14.42, PV - 1.00m, 1000m - 4:37.28) |                               |           |          |
| Old: | 2986 pts  | Roland Delhomeau (45) 70 SCTM | Wisconsin | 07/03/15 |

### \*300m - M 75

|      |         |                           |           |          |
|------|---------|---------------------------|-----------|----------|
| New: | 55.03   | Doug Renwick (42) 75 SCTM | Regina    | 10/02/17 |
| New: | 55.10   | Doug Renwick (42) 75 SCTM | Edmonton  | 03/03/17 |
| Old: | 1:19.45 | Harry Miller (79)         | Saskatoon | 25/04/97 |

### \*400m - M 75

|      |                      |                           |         |          |
|------|----------------------|---------------------------|---------|----------|
| New: | 76.53 <b>Champ R</b> | Doug Renwick (42) 75 SCTM | Toronto | 11/03/17 |
|------|----------------------|---------------------------|---------|----------|

## 2017 MASTER MEN'S INDOOR RECORDS

### \*600m - M 75

|      |         |                           |          |          |
|------|---------|---------------------------|----------|----------|
| New: | 2:07.01 | Doug Renwick (42) 75 SCTM | Edmonton | 04/03/17 |
| New: | 2:11.64 | Doug Renwick (42) 75 SCTM | Regina   | 11/02/17 |

### \*800m - M 75

|      |         |                           |           |          |
|------|---------|---------------------------|-----------|----------|
| New: | 3:05.25 | Doug Renwick (42) 75 SCTM | Saskatoon | 17/03/17 |
| Old: | 5:32.12 | Hylke Van Der Wal (38) 75 | Saskatoon | 15/01/16 |

### \*1000m - M 75

|      |         |                           |           |          |
|------|---------|---------------------------|-----------|----------|
| New: | 4:02.43 | Doug Renwick (42) 75 SCTM | Toronto   | 12/03/17 |
| New: | 4:10.09 | Doug Renwick (42) 75 SCTM | Wisconsin | 29/01/17 |
| Old: | 4:46.04 | Ted Rowan (33) 75 CEN     | Edmonton  | 08/02/09 |

### \*1500m - M 75

|      |         |                           |           |          |
|------|---------|---------------------------|-----------|----------|
| New: | 6:48.19 | Doug Renwick (42) 75 SCTM | Saskatoon | 18/03/17 |
| New: | 6:52.52 | Doug Renwick (42) 75 SCTM | Regina    | 11/02/17 |

### \*3000m - M 75

|      |          |                           |        |          |
|------|----------|---------------------------|--------|----------|
| New: | 14:55.63 | Doug Renwick (42) 75 SCTM | Regina | 10/02/17 |
|------|----------|---------------------------|--------|----------|

### \*50m Hurdles - M 75

|      |                         |                           |         |          |
|------|-------------------------|---------------------------|---------|----------|
| New: | 11.85 <b>CR/Champ R</b> | Doug Renwick (42) 75 SCTM | Toronto | 12/03/17 |
|------|-------------------------|---------------------------|---------|----------|

### \*Pole Vault - M 75

|      |       |                           |           |          |
|------|-------|---------------------------|-----------|----------|
| New: | 2.10m | Doug Renwick (42) 75 SCTM | Wisconsin | 29/01/17 |
| New: | 2.00m | Doug Renwick (42) 75 SCTM | Edmonton  | 04/03/17 |

### \*Pentathlon - M 75

|      |  |                           |         |          |
|------|--|---------------------------|---------|----------|
| New: | 3316 pts <b>Champ R</b>  | Doug Renwick (42) 75 SCTM | Toronto | 12/03/17 |
|      | (60m H – 14.05, LJ – 3.67m, SP – 6.77m, HJ – 1.24m, 1000m – 4:02.43) |                           |         |          |

### \*Heptathlon - M 75

|      |   |                           |           |          |
|------|---|---------------------------|-----------|----------|
| New: | 4232 pts <b>CR</b>  | Doug Renwick (42) 75 SCTM | Wisconsin | 29/01/17 |
|      | (60m - 10.40, LJ – 3.87m, SP – 6.39m, HJ – 1.12m, 60m H – 15.40, PV – 2.10m, 1000m – 4:10.09) |                           |           |          |



## 2017 WOMEN'S OUTDOOR RECORDS

### 800m - Midget Women

|      |         |                                   |        |          |
|------|---------|-----------------------------------|--------|----------|
| New: | 2:14.65 | Natalia McCullough (01) Team Sask | Regina | 29/07/16 |
| Old: | 2:14.65 | Natalia McCullough (01) Team Sask | Regina | 29/07/16 |

### 1200m - Midget Women

|      |         |                                   |        |          |
|------|---------|-----------------------------------|--------|----------|
| New: | 3:39.65 | Natalia McCullough (01) Team Sask | Regina | 30/07/16 |
| Old: | 3:39.65 | Natalia McCullough (01) Team Sask | Regina | 30/07/16 |

### 1500m Steeplechase - Midget Women

|      |         |                                 |        |          |
|------|---------|---------------------------------|--------|----------|
| New: | 5:23.43 | Sarah Novakowski (01) Team Sask | Regina | 29/07/16 |
| Old: | 5:23.43 | Sarah Novakowski (01) Team Sask | Regina | 29/07/16 |

### \*4x200m - Midget & Youth Women

|      |         |  |           |          |
|------|---------|--|-----------|----------|
| New: | 1:49.31 | Saskatoon Track Club   | Regina    | 13/05/17 |
|      |         | Savannah Sutherland (03), Paige Willems (02), Olamide Olaloku (03), Joelee Helmeczi (02) |           |          |
| Old: | 1:52.3  | Riversdale Track Club  | Saskatoon | 27/06/70 |

### Hammer 3kg – Midget Women

|      |        |                                   |         |          |
|------|--------|-----------------------------------|---------|----------|
| New: | 38.31m | Naomi Klassen (01) Team Saskatoon | Estevan | 25/07/16 |
| Old: | 38.31m | Naomi Klassen (01) Team Saskatoon | Estevan | 25/07/16 |

### Hammer 3kg – Youth Women

|      |        |                          |        |          |
|------|--------|--------------------------|--------|----------|
| New: | 52.31m | Tanessa Morris (99) EXCL | Quebec | 07/08/16 |
| Old: | 52.31m | Tanessa Morris (99) EXCL | Quebec | 07/08/16 |

### Shot Put 4kg – Senior Women

|      |        |                        |         |          |
|------|--------|------------------------|---------|----------|
| New: | 17.88m | Taryn Suttie (90) UNSK | Arizona | 09/04/16 |
| Old: | 17.88m | Taryn Suttie (90) UNSK | Arizona | 09/04/16 |

## 2016 OPEN WOMEN'S OUTDOOR RECORDS

|                          |
|--------------------------|
| Hammer 3kg – Youth Women |
|--------------------------|

|      |        |                          |        |          |
|------|--------|--------------------------|--------|----------|
| New: | 52.31m | Tanessa Morris (99) EXCL | Quebec | 07/08/16 |
| Old: | 52.31m | Tanessa Morris (99) EXCL | Quebec | 07/08/16 |

## 2017 MASTER WOMEN'S OUTDOOR RECORDS

### 100m - W 40

|      |             |                              |           |          |
|------|-------------|------------------------------|-----------|----------|
| New: | 13.02 (1.7) | Amanda Stalwick (72) 44 DATC | Saskatoon | 13/07/16 |
| Old: | 13.02 (1.7) | Amanda Stalwick (72) 44 DATC | Saskatoon | 13/07/16 |

### 200m - W 40

|      |             |                              |           |          |
|------|-------------|------------------------------|-----------|----------|
| New: | 27.33 (1.8) | Amanda Stalwick (72) 44 DATC | Saskatoon | 13/07/16 |
| Old: | 27.33 (1.8) | Amanda Stalwick (72) 44 DATC | Saskatoon | 13/07/16 |

### Long Jump - W 40

|      |              |                            |           |          |
|------|--------------|----------------------------|-----------|----------|
| New: | 4.32m (+1.9) | Sandi Arnason (73) 43 RIVA | Saskatoon | 13/07/16 |
| Old: | 4.32m (+1.9) | Sandi Arnason (73) 43 RIVA | Saskatoon | 13/07/16 |

### High Jump - W 40

|      |       |                            |        |          |
|------|-------|----------------------------|--------|----------|
| New: | 1.36m | Sandi Arnason (73) 43 RIVA | Regina | 07/05/16 |
| Old: | 1.36m | Sandi Arnason (73) 43 RIVA | Regina | 07/05/16 |

### Triple Jump - W 40

|      |             |                            |        |          |
|------|-------------|----------------------------|--------|----------|
| New: | 9.01m (0.0) | Sandi Arnason (73) 43 RIVA | Regina | 07/05/16 |
| Old: | 9.01m (0.0) | Sandi Arnason (73) 43 RIVA | Regina | 07/05/16 |

### 50m - W 50

|      |             |                           |           |          |
|------|-------------|---------------------------|-----------|----------|
| New: | 7.61 (-1.7) | Kelly Silcox (65) 50 EXCL | Saskatoon | 25/06/16 |
| Old: | 7.61 (-1.7) | Kelly Silcox (65) 50 EXCL | Saskatoon | 25/06/16 |

### 100m - W 50

|      |              |                           |           |          |
|------|--------------|---------------------------|-----------|----------|
| New: | 14.17 (-1.8) | Kelly Silcox (65) 50 EXCL | Vancouver | 29/08/16 |
| Old: | 14.17 (-1.8) | Kelly Silcox (65) 50 EXCL | Vancouver | 29/08/16 |

### 200m - W 50

|      |             |                           |           |          |
|------|-------------|---------------------------|-----------|----------|
| New: | 28.95 (1.9) | Kelly Silcox (65) 50 EXCL | Saskatoon | 26/06/16 |
| Old: | 28.95 (1.9) | Kelly Silcox (65) 50 EXCL | Saskatoon | 26/06/16 |

### 400m - W 55

|      |         |                              |           |          |
|------|---------|------------------------------|-----------|----------|
| New: | 1:14.09 | Rhonda Tremblay (60) 56 RIVA | Saskatoon | 25/06/16 |
| Old: | 1:14.09 | Rhonda Tremblay (60) 56 RIVA | Saskatoon | 25/06/16 |

## 2017 MASTER WOMEN'S OUTDOOR RECORDS

### 5000m - W 55

|      |          |                        |           |          |
|------|----------|------------------------|-----------|----------|
| New: | 22:55.45 | Jan Smith (59) 56 UNSK | Vancouver | 29/08/16 |
| Old: | 22:55.45 | Jan Smith (59) 56 UNSK | Vancouver | 29/08/16 |

### 2000m Steeplechase 30"- W 55

|      |         |                        |           |          |
|------|---------|------------------------|-----------|----------|
| New: | 8:59.30 | Jan Smith (59) 56 UNSK | Vancouver | 30/08/16 |
| Old: | 8:59.30 | Jan Smith (59) 56 UNSK | Vancouver | 30/08/16 |

### Long Jump - W 55

|      |                       |                           |           |          |
|------|-----------------------|---------------------------|-----------|----------|
| New: | 4.32m (1.9) <b>CR</b> | Muriel Gieni (58) 58 RIVA | Vancouver | 28/08/16 |
| Old: | 4.32m (1.9) <b>CR</b> | Muriel Gieni (58) 58 RIVA | Vancouver | 28/08/16 |

### Javelin 500gm – W60

|      |        |                        |           |          |
|------|--------|------------------------|-----------|----------|
| New: | 23.46m | Vi Mizuno (51) 64 SCTM | Saskatoon | 26/06/16 |
| New: | 23.46m | Vi Mizuno (51) 64 SCTM | Saskatoon | 26/06/16 |

### 1500m – W65

|      |         |                          |           |          |
|------|---------|--------------------------|-----------|----------|
| New: | 7:15.95 | Judy Warick (49) 67 SCTM | Saskatoon | 07/06/16 |
| Old: | 7:15.95 | Judy Warick (49) 67 SCTM | Saskatoon | 07/06/16 |

### 3000m – W65

|      |          |                          |           |          |
|------|----------|--------------------------|-----------|----------|
| New: | 12:44.74 | Judy Warick (49) 67 SCTM | Saskatoon | 26/06/16 |
| Old: | 12:44.74 | Judy Warick (49) 67 SCTM | Saskatoon | 26/06/16 |

### Javelin 500gm – W65

|      |        |                        |           |          |
|------|--------|------------------------|-----------|----------|
| New: | 18.56m | Vi Mizuno (51) 65 SCTM | Saskatoon | 29/09/16 |
| Old: | 18.56m | Vi Mizuno (51) 65 SCTM | Saskatoon | 29/09/16 |

### Weight Throw 12lbs – W65

|      |       |                        |           |          |
|------|-------|------------------------|-----------|----------|
| New: | 9.65m | Vi Mizuno (51) 65 SCTM | Saskatoon | 29/09/16 |
| Old: | 9.65m | Vi Mizuno (51) 65 SCTM | Saskatoon | 29/09/16 |

## 2017 MASTER WOMEN'S OUTDOOR RECORDS

### Weight Pentathlon – W65

|      |          |   |           |          |
|------|----------|---|-----------|----------|
| New: | 2987 pts | Vi Mizuno (51) 65 SCTM  | Saskatoon | 29/09/16 |
|      |          | (HT - 19.89m, SP – 7.20m, DT – 19.94m, JT – 18.56m, WT – 9.65m) |           |          |
| Old: | 2987 pts | Vi Mizuno (51) 65 SCTM  | Saskatoon | 29/09/16 |
|      |          | (HT - 19.89m, SP – 7.20m, DT – 19.94m, JT – 18.56m, WT – 9.65m) |           |          |

### 50m – W70

|      |             |                                   |           |          |
|------|-------------|-----------------------------------|-----------|----------|
| New: | 8.14 (-1.7) | Carol LaFayette-Boyd (42) 74 EXCL | Saskatoon | 25/06/16 |
| Old: | 8.14 (-1.7) | Carol LaFayette-Boyd (42) 74 EXCL | Saskatoon | 25/06/16 |

### High Jump – W70

|      |       |                                   |           |          |
|------|-------|-----------------------------------|-----------|----------|
| New: | 1.26m | Carol LaFayette-Boyd (42) 74 EXCL | Vancouver | 28/08/16 |
| Old: | 1.26m | Carol LaFayette-Boyd (42) 74 EXCL | Vancouver | 28/08/16 |

## 2017 MEN'S OUTDOOR RECORDS

### 2000m – Midget Men

|      |         |                          |        |          |
|------|---------|--------------------------|--------|----------|
| New: | 5:49.34 | Ron Maclean (01) TS/EXCL | Quebec | 06/08/16 |
| New: | 5:49.34 | Ron Maclean (01) TS/EXCL | Quebec | 06/08/16 |

### Pentathlon – Midget Men

|      |   |                              |        |           |
|------|---|------------------------------|--------|-----------|
| New: | 2817 pts  | Brayden Arnason (01) TS/RIVA | Quebec | 6-7/08/16 |
|      | 100m H 33" – 15.24 (-1.2), LJ - 5.28m (2.4), SP (4kg) – 10.62m, HJ - 1.61m, 1000m – 2:56.21 |                              |        |           |
| Old: | 2817 pts  | Brayden Arnason (01) TS/RIVA | Quebec | 6-7/08/16 |
|      | 100m H 33" – 15.24 (-1.2), LJ - 5.28m (2.4), SP (4kg) – 10.62m, HJ - 1.61m, 1000m – 2:56.21 |                              |        |           |

### 110m Hurdles – Youth Men

|      |             |                                  |         |          |
|------|-------------|----------------------------------|---------|----------|
| New: | 14.32 (1.5) | Payne Wylie (00) Prairie Central | Estevan | 25/07/16 |
| Old: | 14.32 (1.5) | Payne Wylie (00) Prairie Central | Estevan | 25/07/16 |

### 2000m Steeplechase (.91) – Youth Men

|      |         |                            |        |          |
|------|---------|----------------------------|--------|----------|
| New: | 6:24.85 | Brayden Mytopher (00) TMSK | Regina | 29/07/16 |
| Old: | 6:24.85 | Brayden Mytopher (00) TMSK | Regina | 29/07/16 |

## 2017 OPEN MEN'S OUTDOOR RECORDS

### 2000m – Midget Men

|      |         |                          |        |          |
|------|---------|--------------------------|--------|----------|
| New: | 5:49.34 | Ron Maclean (01) TS/EXCL | Quebec | 06/08/16 |
| Old: | 5:49.34 | Ron Maclean (01) TS/EXCL | Quebec | 06/08/16 |

### Pentathlon – Midget Men

|      |   |                              |        |           |
|------|---|------------------------------|--------|-----------|
| New: | 2817 pts  | Brayden Arnason (01) TS/RIVA | Quebec | 6-7/08/16 |
|      | 100m H 33" – 15.24 (-1.2), LJ - 5.28m (2.4), SP (4kg) – 10.62m, HJ - 1.61m, 1000m – 2:56.21 |                              |        |           |
| Old: | 2817 pts  | Brayden Arnason (01) TS/RIVA | Quebec | 6-7/08/16 |
|      | 100m H 33" – 15.24 (-1.2), LJ - 5.28m (2.4), SP (4kg) – 10.62m, HJ - 1.61m, 1000m – 2:56.21 |                              |        |           |

## 2017 MASTER MEN'S OUTDOOR RECORDS

### 50m – M35

|      |             |                           |           |          |
|------|-------------|---------------------------|-----------|----------|
| New: | 6.44 (-1.7) | Tim Sebulsky (77) 39 UNSK | Saskatoon | 13/07/16 |
| Old: | 6.44 (-1.7) | Tim Sebulsky (77) 39 UNSK | Saskatoon | 13/07/16 |

### 50 Meters – M40

|      |            |                           |           |          |
|------|------------|---------------------------|-----------|----------|
| New: | 6.56 (1.7) | Doug McLaren (76) 40 UNSK | Saskatoon | 13/07/16 |
| Old: | 6.56 (1.7) | Doug McLaren (76) 40 UNSK | Saskatoon | 13/07/16 |

### 110m Hurdles 39" – M40

|      |             |                           |        |          |
|------|-------------|---------------------------|--------|----------|
| New: | 16.59 (1.4) | Doug McLaren (76) 40 UNSK | Regina | 30/07/16 |
| Old: | 16.59 (1.4) | Doug McLaren (76) 40 UNSK | Regina | 30/07/16 |

### Long Jump – M40

|      |             |                           |           |          |
|------|-------------|---------------------------|-----------|----------|
| New: | 5.35m (1.9) | Doug McLaren (76) 40 UNSK | Vancouver | 28/08/16 |
| Old: | 5.35m (1.9) | Doug McLaren (76) 40 UNSK | Vancouver | 28/08/16 |

### 50m – M50

|      |             |                            |           |          |
|------|-------------|----------------------------|-----------|----------|
| New: | 7.00 (-3.0) | Viorel Magnea (64) 52 DATC | Saskatoon | 25/06/16 |
| Old: | 7.00 (-3.0) | Viorel Magnea (64) 52 DATC | Saskatoon | 25/06/16 |

### Weight Pentathlon – M50

|      |          |   |           |          |
|------|----------|---|-----------|----------|
| New: | 2000 pts | Viorel Magnea (64) 52 DATC                                  | Saskatoon | 29/09/16 |
|      |          | (HT - F, SP – 10.36m, DT – 32.39m, JT – 34.66m, WT – 8.31m) |           |          |
| Old: | 2000 pts | Viorel Magnea (64) 52 DATC                                  | Saskatoon | 29/09/16 |
|      |          | (HT - F, SP – 10.36m, DT – 32.39m, JT – 34.66m, WT – 8.31m) |           |          |

### 100m Hurdles – M55

|      |              |                            |         |          |
|------|--------------|----------------------------|---------|----------|
| New: | 20.65 (-0.4) | Dale Lawrence (58) 58 UNSK | Toronto | 13/08/16 |
| Old: | 20.65 (-0.4) | Dale Lawrence (58) 58 UNSK | Toronto | 13/08/16 |

### Triple Jump – M55

|      |              |                            |           |          |
|------|--------------|----------------------------|-----------|----------|
| New: | 9.17m (-1.2) | Dale Lawrence (58) 58 UNSK | Saskatoon | 26/06/16 |
| Old: | 9.17m (-1.2) | Dale Lawrence (58) 58 UNSK | Saskatoon | 26/06/16 |

### 200m – M60

|      |             |                           |           |          |
|------|-------------|---------------------------|-----------|----------|
| New: | 27.52 (1.6) | Marcel D'Eon (53) 63 RIVA | Saskatoon | 26/06/16 |
| Old: | 27.52 (1.6) | Marcel D'Eon (53) 63 RIVA | Saskatoon | 26/06/16 |



## 2017 MASTER MEN'S OUTDOOR RECORDS

### 400m – M60

|      |         |                             |           |          |
|------|---------|-----------------------------|-----------|----------|
| New: | 1:03.21 | Keith Meszaros (56) 60 SCTM | Vancouver | 28/08/16 |
| Old: | 1:03.21 | Keith Meszaros (56) 60 SCTM | Vancouver | 28/08/16 |

### 5000m – M60

|      |          |                             |           |          |
|------|----------|-----------------------------|-----------|----------|
| New: | 20:10.73 | Keith Meszaros (56) 60 SCTM | Vancouver | 29/08/16 |
| Old: | 20:10.73 | Keith Meszaros (56) 60 SCTM | Vancouver | 29/08/16 |

### \*Shot Put (4kg) – M70

|      |        |                           |        |          |
|------|--------|---------------------------|--------|----------|
| New: | 10.59m | Art Battiste (42) 74 SCTM | Regina | 13/05/17 |
| Old: | 10.53m | Art Battiste (42) 73 UNSK | Regina | 07/05/16 |

### Discus (1.0kg) – M70

|      |        |                           |           |          |
|------|--------|---------------------------|-----------|----------|
| New: | 31.88m | Art Battiste (42) 73 UNSK | Saskatoon | 07/06/16 |
| Old: | 31.88m | Art Battiste (42) 73 UNSK | Saskatoon | 07/06/16 |

### Weight Pentathlon – M70

|      |   |                           |           |          |
|------|---|---------------------------|-----------|----------|
| New: | 2948 pts<br>(HT – 25.76m, SP – 10.10m, DT – 30.21m, JT – 26.92m, WT – 11.00m) | Art Battiste (42) 73 UNSK | Saskatoon | 29/09/16 |
| Old: | 2948 pts<br>(HT – 25.76m, SP – 10.10m, DT – 30.21m, JT – 26.92m, WT – 11.00m) | Art Battiste (42) 73 UNSK | Saskatoon | 29/09/16 |

### \*400m – M75

|      |         |                           |           |          |
|------|---------|---------------------------|-----------|----------|
| New: | 1:20.35 | Doug Renwick (42) 75 SCTM | Calgary   | 13/05/17 |
| Old: | 1:24.08 | Ken Epp 77                | Saskatoon | 06/07/13 |

### \*800m – M75

|      |         |                           |           |          |
|------|---------|---------------------------|-----------|----------|
| New: | 3:05.18 | Doug Renwick (42) 75 SCTM | Regina    | 13/05/17 |
| Old: | 4:08.54 | Hylke Van Der Wal 75      | Saskatoon | 07/07/13 |

### \*1500m – M75

|      |         |                           |         |          |
|------|---------|---------------------------|---------|----------|
| New: | 6:47.24 | Doug Renwick (42) 75 SCTM | Calgary | 14/05/17 |
| Old: | 8:11.37 | Ted Rowan (33)            | Regina  | 01/08/08 |

## 2017 MASTER MEN'S OUTDOOR RECORDS

### \*5000m – M75

|      |          |                           |        |          |
|------|----------|---------------------------|--------|----------|
| New: | 23:43.95 | Doug Renwick (42) 75 SCTM | Regina | 13/05/17 |
|------|----------|---------------------------|--------|----------|

### \*Pole Vault – M75

|      |       |                           |          |          |
|------|-------|---------------------------|----------|----------|
| New: | 1.90m | Doug Renwick (42) 75 SCTM | Regina   | 13/05/17 |
| New: | 1.80m | Doug Renwick (42) 75 SCTM | Calgary  | 14/05/17 |
| Old: | 1.80m | Ted Rowan 75              | Kamloops | 18/07/09 |

### \*Decathlon – M75

|      |  |                           |         |             |
|------|--|---------------------------|---------|-------------|
| New: | 1186pts  | Doug Renwick (42) 75 SCTM | Calgary | 13-14/05/17 |
|      | (100m – 16.46 (1.7), LJ – 3.50m (3.2), SP – 6.37m, HJ – 1.15m, 400m – 1:20.35, 80m H – 21.38 (1.2), DT – 18.53m, PV – 1.80m, JT – 16.69m, 1500m – 6:47.24) |                           |         |             |