

# 2019 Outdoor Provincial Championships Western Canada Games Trials

U12, U14 and U16 Championships

June 15 & 16

Harry Jerome Track, Prince Albert, SK

Hosted by: PA Athletics

Sanctioned by: Saskatchewan Athletics

Sponsored by: City of Prince Albert Destination Marketing Fund

1. All questions and inquiries are to be directed to the meet director; Ron Poetker ([paathletic@gmail.com](mailto:paathletic@gmail.com))
2. Entries will close on June 7<sup>th</sup> @ 5:00 pm.  
Please return entries to: [paathletic@gmail.com](mailto:paathletic@gmail.com)  
PA Athletics will be using Team Manager for entries,  
All teams with more than six entries should use Hy-Tek Team Manager to submit their entries or use the Trackie Reg method at [www.trackiereg.com](http://www.trackiereg.com)  
An entry form is below for athletes who are unattached or do not have access to Hytek software  
Hy-Tek Team Manager Lite can be downloaded free of charge from:  
[www.hy-tek ltd.com/downloads.html](http://www.hy-tek ltd.com/downloads.html)  
Hytek file will be available on the website [www.paathletics.ca](http://www.paathletics.ca)  
  
A late entry fee, double the original fee will be charged to entries received after 5 pm on June 7<sup>th</sup>.  
Changes to entries and scratches may be made up to June 9<sup>th</sup>, 5:00 pm
3. Entry fees: Entry fee on \$25 for the 1<sup>st</sup> and 2<sup>nd</sup> events entered and \$20 for each subsequent event. Combined events will be charged \$40  
Please make all cheques payable to: PA Athletics
4. All Saskatchewan competitors must have a SA membership prior to the meet. Day passes can be obtained from the SA Office at the Saskatoon Field House 2020 College Dr. Ph. 306-664-7644

## DO NOT SENT MONEY FOR DAY PASSES AND MEMBERSHIPS WITH ENTRY MONEY

5. Packages can be picked up at the Finish Line Building at the Track on the Friday evening between 6pm and 8 pm. Payment for all team entries must be made prior to pick up.
6. Awards: Medals will be presented to the top three finishers in each event. Please be available shortly after your event for awards. No medals will be awarded to WCSG trials athletes
7. Selection for the Western Canada Summer Games team will be made at the conclusion of the meet by the Coaches of the Summer Games Team. U18 athletes will not be selected to the WCSG team, in keeping with Athletics Canada team selection protocol.



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8. All Summer Games distances and implements will be consistent with the senior standards for events. Events are open to athletes born in 1999 and later.
9. Spike length is 7mm for the track
10. Athletes will be expected to compete in their own age class only. The sanctioning body, Sask Athletics follows Athletics Canada's LTAD framework
11. Event Offerings for this Meet
  - U12 – (2008 or later) – 60, 150, 600, 1000, LJ (only 3 jumps) HJ, SP (6lb), Discus, Ball throw, (only 3 consecutive throws) 4X100 relay
  - U14 – (2006/2007) – 80, 150, 800, 1200, 80mHurdles, 200m Hurdles LJ, TJ (only 3 jumps) HJ, SP (3kg), Discus, Javelin, (only 3 consecutive throws) 4X100 relay
  - U16 – (2004/2005) – 100, 200, 300, 800, 1200, 2000, 80m/100m Hurdles, 200m Hurdles, LJ, TJ, HJ, PV, SP , Discus, Javelin, Hammer, 4X100 relay
  - WCSG – (1999 -2003) - 100, 200, 400, 800, 1500, 3000, 5000, 5000 RW, 100m/110m Hurdles 400m Hurdles, LJ, TJ HJ, PV SP , Discus, Javelin, ,Hammer ,Heptathlon, Decathlon
  - Special O – 100, 200, LJ, SP
  - Wheelchair – 200, 400, 800W, 1500M
12. Final Schedule will be posted after entries have been submitted.



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