

# NATIONAL CHAMPIONSHIPS STANDARDS

## ATHLETICS CANADA ENTRY STANDARDS

Saskatchewan athletes achieving the enclosed standards are automatically eligible if:

- Performances have been achieved in a competition which has been sanctioned by: Athletics Canada, Athletics Canada Provincial Branch, USTFA, NCAA, IAAF.
  - Performances have been achieved Outdoors between May 1, 2015 and June 29, 2016 for Juniors and Senior performances.
  - Any athlete that has met the entry standard from May 1, 2015 to June 29, 2016 is eligible to take part.
  - The Saskatchewan Provincial Championships for Combined Events will take place in Calgary, on May 14-15 at the Spring Combined Events meet.
  - The first three finishers at the designated Trials Meet (regardless of standards) are automatically eligible – **Juniors** – Saskatoon, June 25-26, 2016.
  - The designated Trials Meet / Provincial Championship for **Seniors** – Saskatoon, June 25-26, 2016.
- a) Athletes placing 1st, 2nd, and 3rd in the **Senior** category at the SHSAA Championships (June 3-4, 2016 – Regina) are automatically eligible for the Junior Championships. Performances on the track will not count towards National entry or funding due to the 2 false start rule adopted by SHSAA. Also, some throws performances will not count due to different weights used at the championships.
- b) Carded athletes (2016) are automatically eligible to compete in the Championships event in which they are carded. They must process their registration form with appropriate payment to the National Office.

## SASKATCHEWAN ATHLETICS FUNDING STANDARDS

- a) Standards must be achieved OUTDOORS from January 1, 2016 up to and including the National Championships.
- b) Athletes achieving funding standard may receive up to 75% of transportation to the National Championships.
- c) **Athletes achieving funding standards to Nationals and Athlete Assistance Standards must attend Provincial Championships in order to receive provincial funding.** Sask Athletics will accept as an exemption from the Provincial Championships a doctor's certificate for injury, illness, death in the immediate family, letter from University, school, and technical school stating that an individual cannot attend due to commitments of the institution or if an athlete is competing at a conflicting National team event.

## NATIONAL CHAMPIONSHIPS FUNDING

### MEN

| Funding Sr. | Entry Sr.                   | Events               | Funding Jr.     | Entry Jr.                     |
|-------------|-----------------------------|----------------------|-----------------|-------------------------------|
| 10.33       | 10.45                       | 100m                 | 10.86           | 10.90                         |
| 14.14       | 14.80                       | 110mH 1.07cm / .99cm | 14.59 (.99cm)   | 15.20 .99cm                   |
| 21.07       | 21.30                       | 200m                 | 21.77           | 22.20                         |
| 47.04       | 48.00                       | 400m                 | 48.44           | 49.00                         |
| 52.53       | 54.50                       | 400mH                | 54.26           | 57.00<br>(40.00 - 300mH)      |
| 1:49.99     | 1:50.00                     | 800m                 | 1:52.74         | 1:54.00                       |
| 3:46.00     | 3:46.00                     | 1500m                | 3:58.00         | 3:58.00                       |
| 8:53.48     | 9:10.00                     | 3,000SC              | 9:20.12         | 9:50.00<br>(6:20.00 - 2000st) |
| 14:20.00    | 14:20.00                    | 5,000m               | 15:05.18        | 15:10.00<br>(8:40.00 - 3000m) |
| 31:00.00    | 31:00.00<br>14:20 for 5000m | 10,000m              | 32:00.00        | 32:00.00<br>15:10 for 5000m   |
| N/S         | N/S                         | 20km RW / 10km RW    | N/S             | N/S                           |
| 2.12m       | 2.00m                       | HJ                   | 1.99m           | 1.95m                         |
| 4.82m       | 4.80m                       | PV                   | 4.24m           | 4.00m                         |
| 7.40m       | 7.40m                       | LJ                   | 6.84m           | 6.75m                         |
| 14.50m      | 14.50m                      | TJ                   | 14.18m          | 13.75m                        |
| 17.84m      | 16.25m                      | SP                   | 15.54m (6.0kg)  | 14.50m (6.0kg)                |
| 50.88m      | 50.00m                      | DT                   | 46.83m (1.75kg) | 45.00m (1.75kg)               |
| 62.99m      | 62.00m                      | HT                   | 54.73m (6.0kg)  | 45.00m (6.0kg)                |
| 70.04m      | 65.00m                      | JT                   | 55.50m (800g)   | 52.00m (800g)                 |
| 6784 pts    | 5800 pts                    | Dec.                 | 6088 pts        | 5500 pts                      |

### WOMEN

| Funding Sr. | Entry St. | Events     | Funding Jr. | Entry St.                      |
|-------------|-----------|------------|-------------|--------------------------------|
| 11.53       | 11.80     | 100m       | 12.03       | 12.25                          |
| 13.21       | 14.00     | 100mH .84m | 14.44       | 14.80                          |
| 23.82       | 24.15     | 200m       | 24.78       | 25.00                          |
| 53.34       | 55.50     | 400m       | 54.65       | 57.50                          |
| 59.66       | 61.00     | 400mH      | 60.94       | 64.00<br>(45.00 - 300mH)       |
| 2:06.27     | 2:08.00   | 800m       | 2:10.57     | 2:14.00                        |
| 4:19.24     | 4:25.00   | 1500m      | 4:34.66     | 4:42.00                        |
| 10:33.18    | 11:30.00  | 3,000m SC  | 11:38.30    | 12:00.00<br>7:30.00 for 2km St |
| No Event    | No Event  | 3000m      | 9:54.43     | 10:20.00                       |
| 16:45.00    | 16:45.00  | 5,000m     | 19:00.00    | 19:00.00                       |
| 36:48.83    | 37:00.00  | 10,000m    | No Event    | No Event                       |
| N/S         | N/S       | 10km RW    | N/S         | N/S                            |
| 1.78m       | 1.75m     | HJ         | 1.68m       | 1.65m                          |
| 4.08m       | 3.90m     | PV         | 3.31m       | 3.20m                          |
| 6.03m       | 5.90m     | LJ         | 5.54m       | 5.45m                          |
| 12.34m      | 11.90m    | TJ         | 11.78m      | 11.40m                         |
| 14.81m      | 14.00m    | SP         | 12.35m      | 11.60m (4kg)                   |
| 46.94m      | 44.00m    | DT         | 40.10m      | 40.00m (1kg)                   |
| 63.19m      | 57.00m    | HT         | 49.58m      | 43.00m (4kg)                   |
| 48.80m      | 47.00m    | JT         | 42.43m      | 38.00m (600g)                  |
| 5314 pts    | 4000 pts  | Hept       | 4515 pts    | 3800 pts                       |